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FHM

100 Greatest Bloke Movies!

Because you can't have sex all the time...

What Gets Girls Hot!

20 sexy women tell us everything!

Meadow Soprano

Her first sexy shoot! And, man, has daddy's girl grown up!

'Columbine Killers Spared My Life!'

In the school, in the home and in the mind of the massacre's 'Third Man'

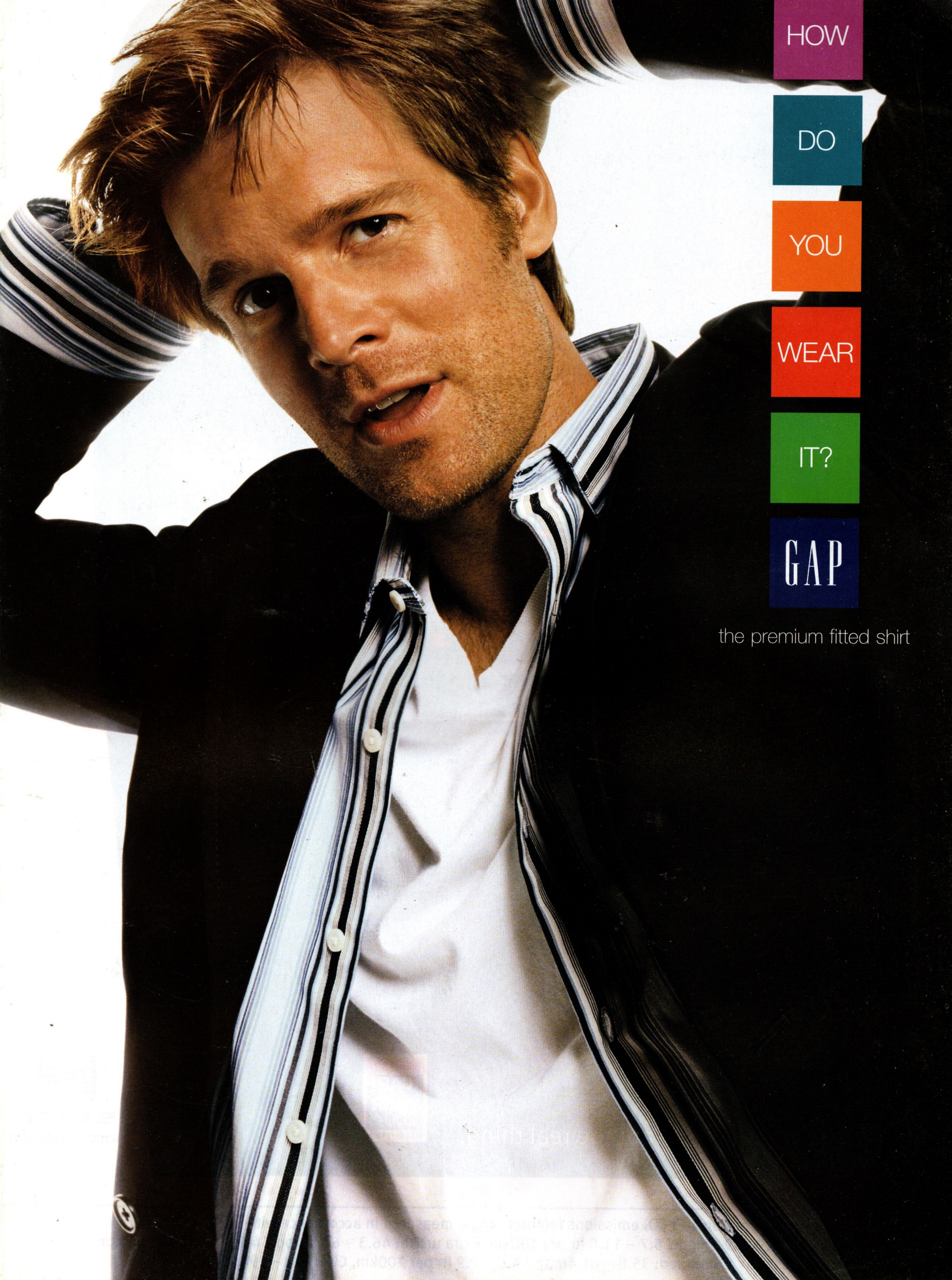
Ding dong!

Frankee's come out to play!

PLUS!
AWESOME
FASHION
SPECIAL!

© Gap 2004

peter krause
with the low rise boot fit jean
& a gap blazer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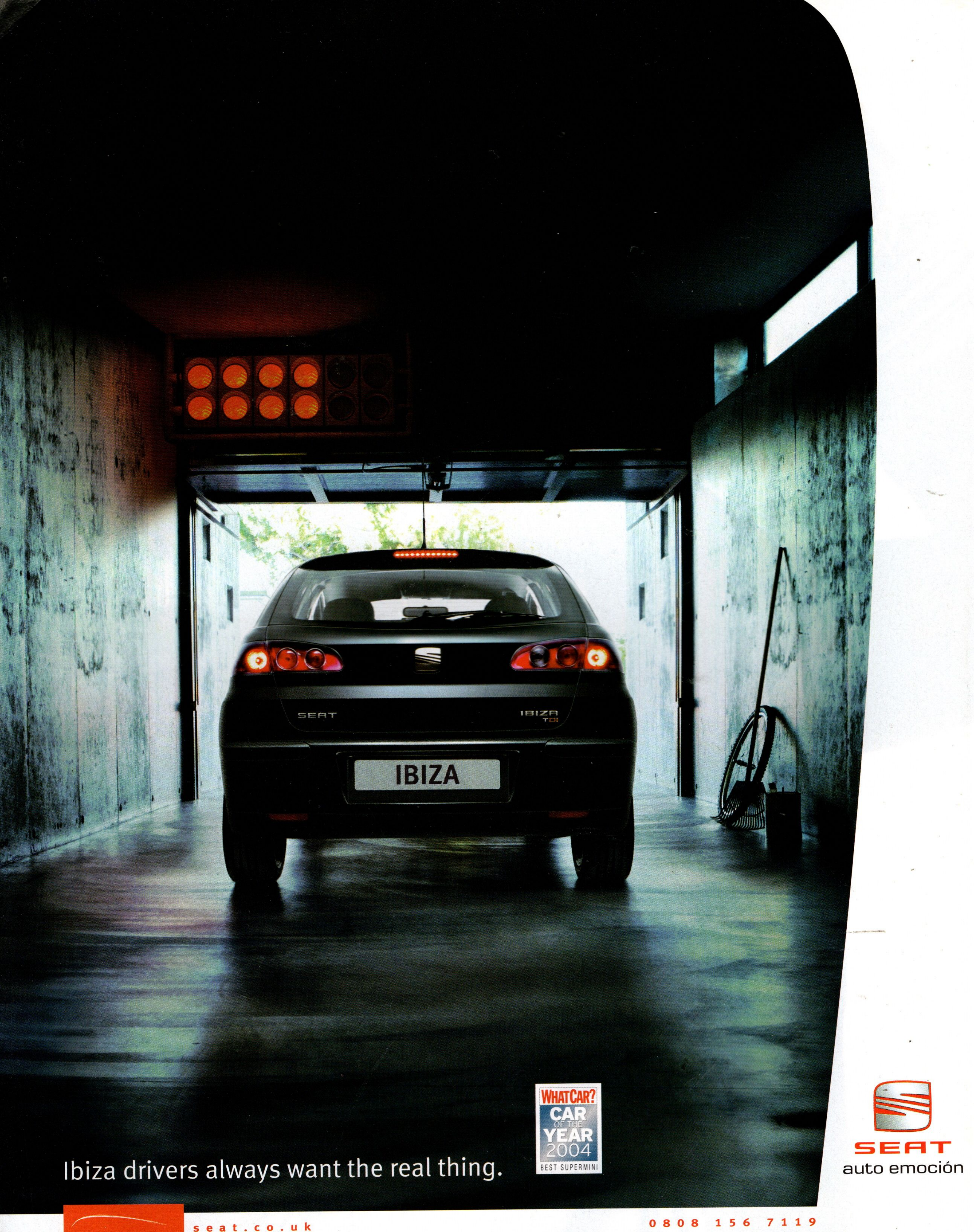
GAP
the premium fitted shirt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Combined: 35.8 – 61.4mpg / 4.6 – 7.9 ltr per 100km, CO_2: 124 – 190g/km.

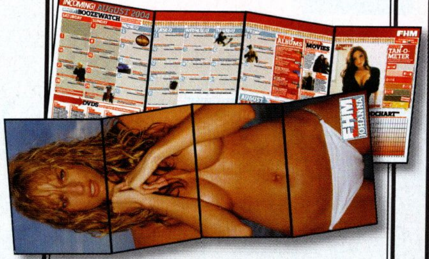
FHM Contents 09/04

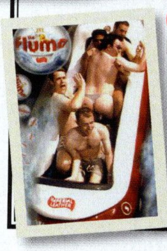
INCOMING!

All hail our brilliant new section, introduced by our very own Miss August, Johanna. Gasp in amazement as: Goldie Lookin' Chain kidnap Li'l Lee! Noel Edmonds parks up outside our office! A fish plays football! And an orang-utan paddles a boat! **016**

034 WALL CHART

Your ultimate day-by-day guide to what's going on this here August.





045 LETTERS

Not just your rants, pics and ponderings, but the legendary **Out Of The Mouths Of Babes** and the even more legendary **Bar Room Jokes**.

Sex CONFIDENTIAL

053 ASK ABI

No lie – it's TV's Abi Titmuss answering your sex queries!

054 LADIES' CONFESSIONS

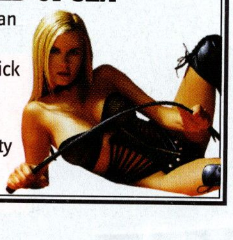
The rudest page in the history of magazines (probably) – and it's all penned by your other halves.

057 GIRLS ON THE SOFA

The old sofa is dead. Long live our new inflatable model, set to tour the country's coolest clubs. This month: **Brighton**.

060 WORLD OF SEX

Who better than porn-lovers **Germany** to kick off our new series on the globe's naughty spots?



The girls of FHM

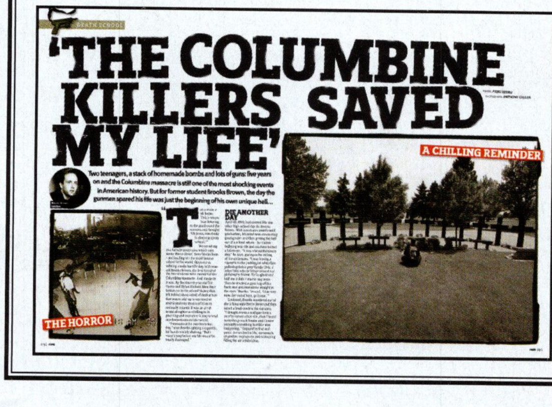
070 FRANKEE

COVER STORY She sings, she swears, she's got big norks... no, it's not Bernard Manning, it's Frankee, worldwide chart-topping honey!

150 JAMIE-LYNN DISCALA

COVER STORY Meadow Soprano has all grown up – you can tell because she's taken lots of her clothes off and let *FHM* take hot photos of her.

FHM Features



DEATH SCHOOL

'THE COLUMBINE KILLERS SAVED MY LIFE'

Two teenagers, a stack of homemade bombs and lots of guns: five years on and the Columbine massacre is still one of the most shocking events in American history. But for former student Brooks Brown, the day the gunmen spared his life was just the beginning of his own unique hell...

DIE ANOTHER DAY

A CHILLING REMINDER

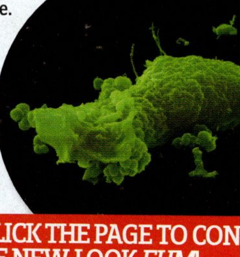
THE HORROR

082 THE COLUMBINE MASSACRE

COVER STORY One day in April 1999 two high school kids marched into their school and shot dozens of their fellow pupils dead. But they spared one kid. Why? Find out here.

090 SEX DISEASES

The assortment of not so delightful ailments you could catch off Janice in Accounts during that bunk up in the broom cupboard.



AND THERE'S MORE. FLICK THE PAGE TO CONTINUE THE RUNDOWN OF THE NEW-LOOK *FHM*!

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FHM Contents 09/04

BIKE SPECIAL!

F1? Pah! Motorbike racing is where it's at. And that's why it's an *FHM* Bike extravaganza!

094 VALENTINO ROSSI
The *enfant terrible* of the world of motorbikes on weeing in his suit, putting Evel Knievel to shame and fending off 14-year-old groupies.

100 STUNT KINGS
They're mental – and they're mental on bikes. Doubly mental! Catch some of the maddest men on two wheels here in gory slow-motion.

FHM09/04

Insider

Our cutting-edge new style section, featuring: the barometer of cool, why white is the ultimate look for summer and the products that really should be crowding your front room out. Digest these pages and never feel left out again. 163

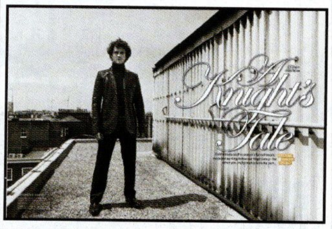
AWESOME FASHION SPECIAL! COVER STORY

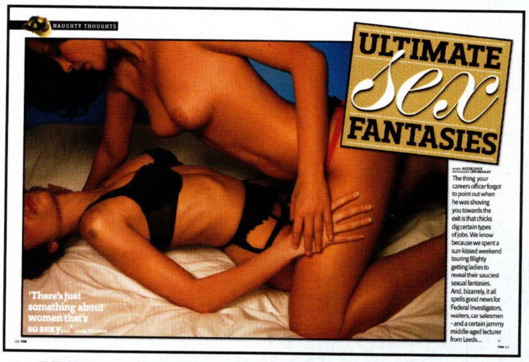
172 CATWALK TRENDS
What was on show at the shows, as seen by *FHM*'s fashion dons.

179 50 IDEAS
A half century of fiendish fashion fancies.

192 RETAIL LOOKS
Trailer trash chic for sale on your high street.

202 HUGH DANCY
We clad the *King Arthur* star in smart clobber. And not a velvet robe in sight.



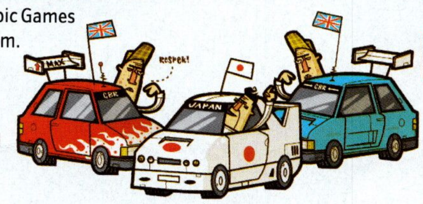


110 ULTIMATE SEX FANTASIES
COVER STORY We took a lusty collection of up-for-it ladies and asked them to imagine their naughtiest carnal scenarios – and here are the schorchingly hot results.

SUPERFREAK!
SPENDS £30,000 A YEAR ON FOOD!
DOWNS 100 PILLS EVERY DAY!
MAKES $1M A YEAR!
ALL THIS AND HE'S STILL ONLY NO 2!

132 BODY BUILDERS
The real-life tale of Yankee bodybuilder Jay Cutler, a man whose dedication to his art means it's agony for him to walk. Yet despite his incredible efforts, he's still not number one in his profession.

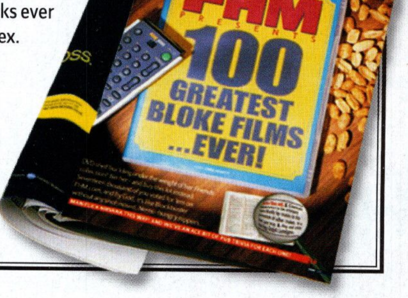
120 THE *FHM* OLYMPICS
Modern Olympic Games are so humdrum. So here's what the Games would look like if *FHM* had anything to do with it.



125 EURO TOUR
FHM turns the tables on the foreigners who come over and snaffle our jobs – we go to the Eastern Bloc and do it to them!

141 100 GREATEST BLOKE MOVIES
COVER STORY As voted for by you, the best man-flicks ever to grace your multiplex.

160 THE EMBALMER
Corpse carer Mark Holland on making stiffs glam and the tricks they play on the new boy.



☑ ESSENTIAL AUGUST

Unsure how to best waste your time this month? Be unsure no longer... 213

10 BEST NEW MOVIES * **10 BEST CONVERTIBLES** * 10 BEACH TIPS FROM OUR HONEYS * **5 WAYS TO UPGRADE ON A FLIGHT** * 10 TIPS TO SURVIVE ALL-DAY DRINKING * **5 COOLEST HAIRCUTS ...AND 20 HOT DATES**

258 TRUE STORIES
It's still here! *FHM*'s famous "endy bit" – now bigger, brasher and funnier than ever before. But just as true.

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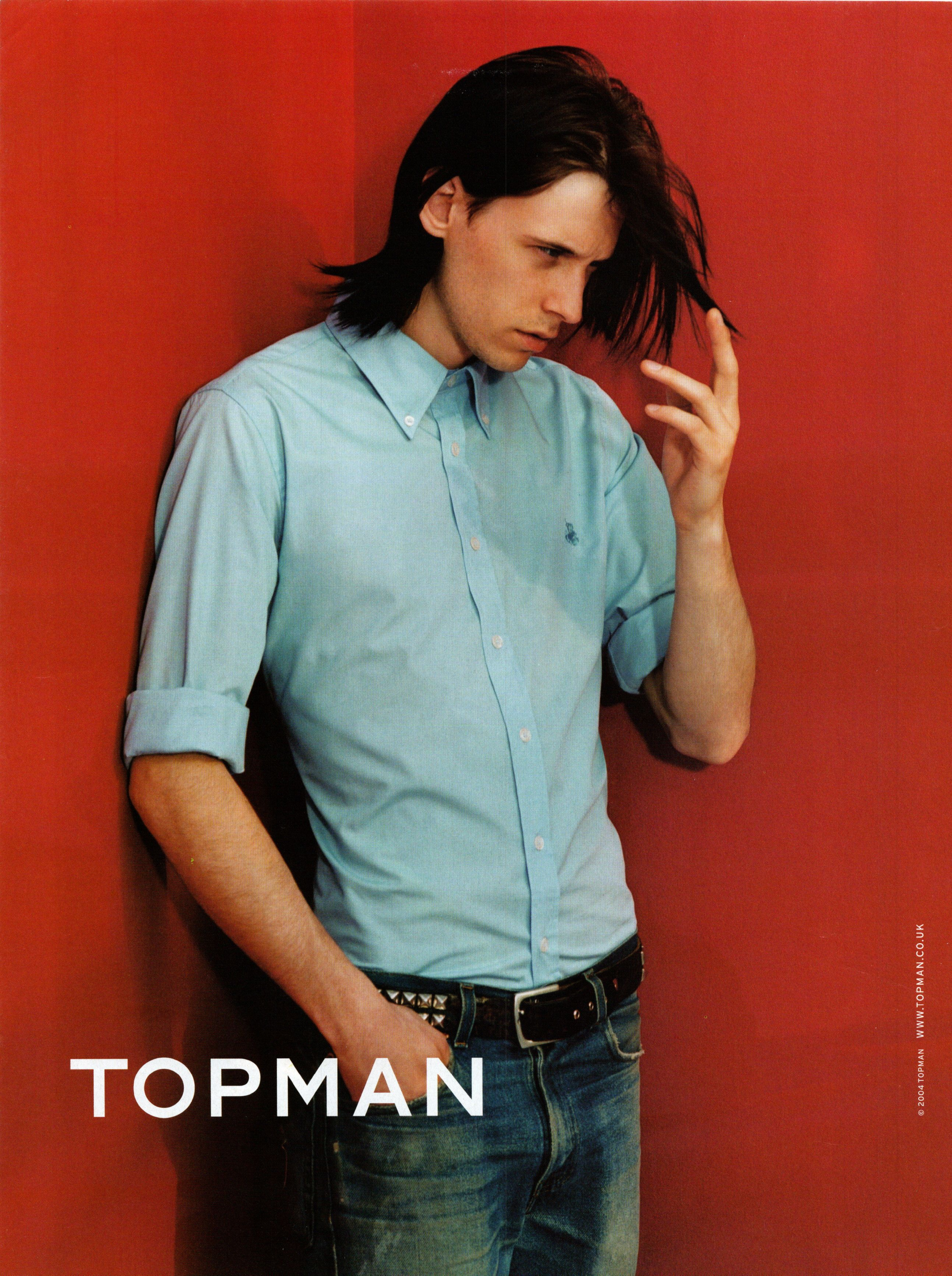
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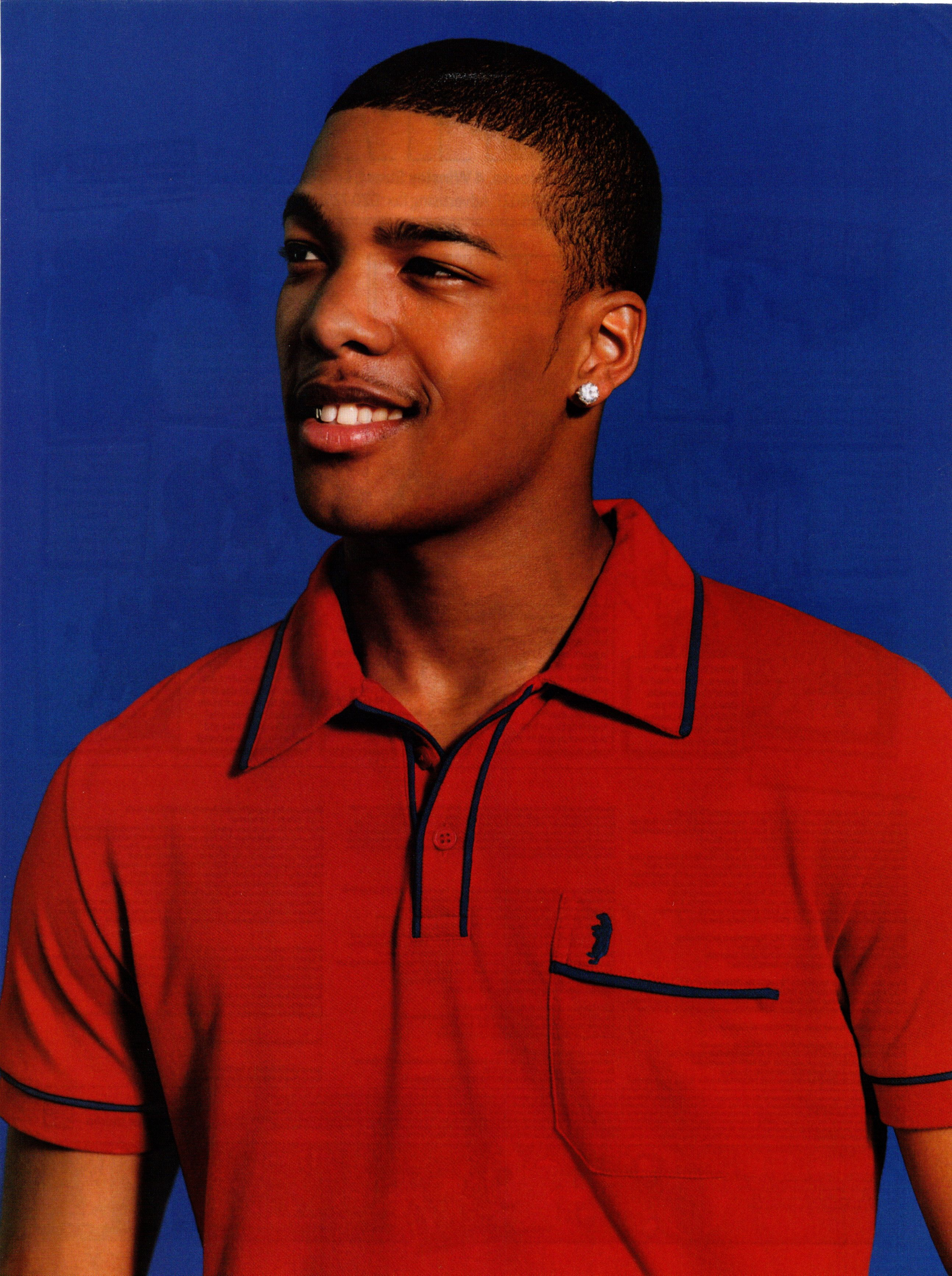

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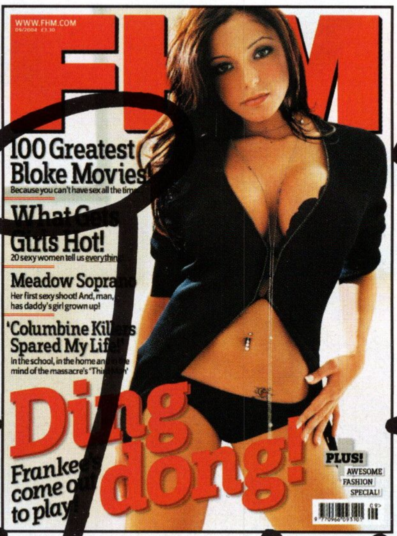
THE INSIDE STORY OF THIS ISSUE...

Failed to bring you the **Girls Of *FHM*** on *Top Of The Pops* despite gatecrashing the Top Ten. Why? Because the BBC claimed they were doing a "best of the year" retrospective and couldn't fit us in. Bottlers – it was too hot for them!



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100 Greatest Bloke Movies
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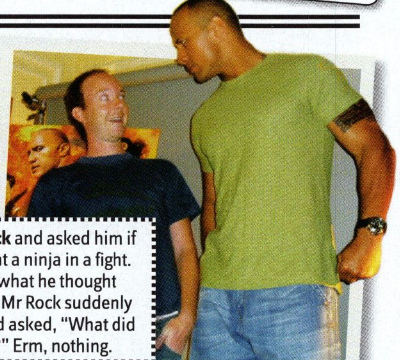
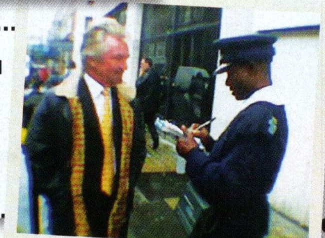
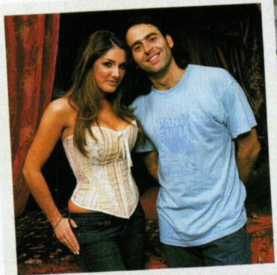
Meadow Soprano
'Columbine Killer Spared My Life'
Ding dong!
Frankee come out to play
PLUS! AWESOME FASHION SPECIAL!



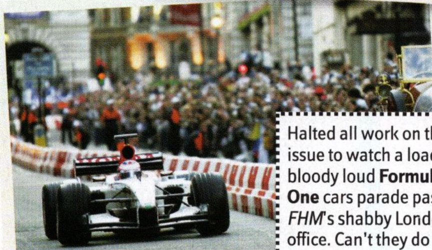
Met **The Rock** and asked him if he could beat a ninja in a fight. Lord knows what he thought we said, but Mr Rock suddenly stood up and asked, "What did you just say?" Erm, nothing.

Witnessed beardy smooth talker **Noel Edmonds** weasel his way out of a parking ticket when he brought his Qpod to *FHM* Towers (p32).



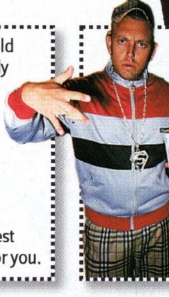


Became best friends with **Ronnie O'Sullivan**, snapped here with lovely Lucy Pinder. And then managed to piss him off in just 24 hours. Sorry, Ron.

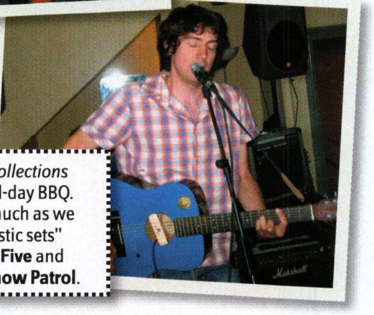


Halted all work on the issue to watch a load of bloody loud **Formula One** cars parade past *FHM*'s shabby London office. Can't they do that every week?

Chris (the 50 year-old workie) spent nearly four days stuck in a cupboard, breathing his own wind and ploughing through the ***100 Best Bloke Movies... Ever™***, searching for the best moments to grab for you.



After **Goldie Lookin' Chain** refused to go up in our hot air balloon, we stormed followed by chavas who thought we were in the band. They didn't believe we were from *FHM*, but they did buy us as rappers.



Went to *FHM Collections* Editor Nick's all-day BBQ. Drank far too much as we watched "acoustic sets" from **Freeform Five** and indie heroes **Snow Patrol**.

THE FHM TEAM

The burning question: *FHM* is all new this month, what else would you like to see get a radical make-over?

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Managing Editor Dominic Smith (020 7182 8034) *Anyone wearing Von Dutch clothing!*
Executive Editor James Mannion (020 7182 8032) *England's penalty-taking technique*
Features Director Mike Peake (020 7182 8040) *Changing Rooms*
Features Editor Ross Brown (020 7182 8037) *Footballers' wages*
Essential Editor Matthew Bingham (020 7182 8042) *The 08:03 Blackheath to Charing Cross*
Incoming Editor Gavin Brett (020 7182 8039) *Kirstie Allsop, courtesy of FHM. Well?*
Insider Editor Rory Buckeridge (020 7182 8027) *The Rail, Maritime and Transport Union*
Senior Staff Writer Chris Bell (020 7182 8041) *Li'l Lee's face. With a snooker ball in a sock*
Staff Writer Little Lee Coan (020 7182 8038) *Trisha (fewer peasants, please)*
Celebrities Assistant Danielle Elkeslassy (020 7182 8025) *Buckeridge's hair*
Office Manager Alex Bradley (020 7182 8029) *England's sporting losing streak*
Editorial Assistant Amy Lindsay (020 7182 8028) *London beer prices*

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Art Editor Dan Knight (020 7182 8011) *The Champion*
Senior Designer Barney Hammond (020 7182 8010) *Aston Villa*
Designer Simon Freeborough (020 7182 8009) *My Civic!*

PICTURE DESK
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Picture Editor Regina Wolek (020 7182 8014) *German football team*
Senior Picture Researcher Andy Greenacre (020 7182 8015) *The pot-holed Camden roads*
Picture Researcher Rob Harborne (020 7182 8016) *The pundits on Match Of The Day*

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FASHION DESK
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Fashion Editor Olie Arnold (020 7182 8007) *My knackered old Peugot 205*
Junior Fashion Editor Jessica Punter (020 7182 8019) *My wardrobe!*
Fashion Assistant Angie Smith (020 7182 8008) *My salary*
Junior Fashion Assistant Charlotte Jones (020 7182 8004) *My flat. Barker, you listening?*

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PA to Managing Director Jenny Patterson (020 7182 8924) *My thighs*

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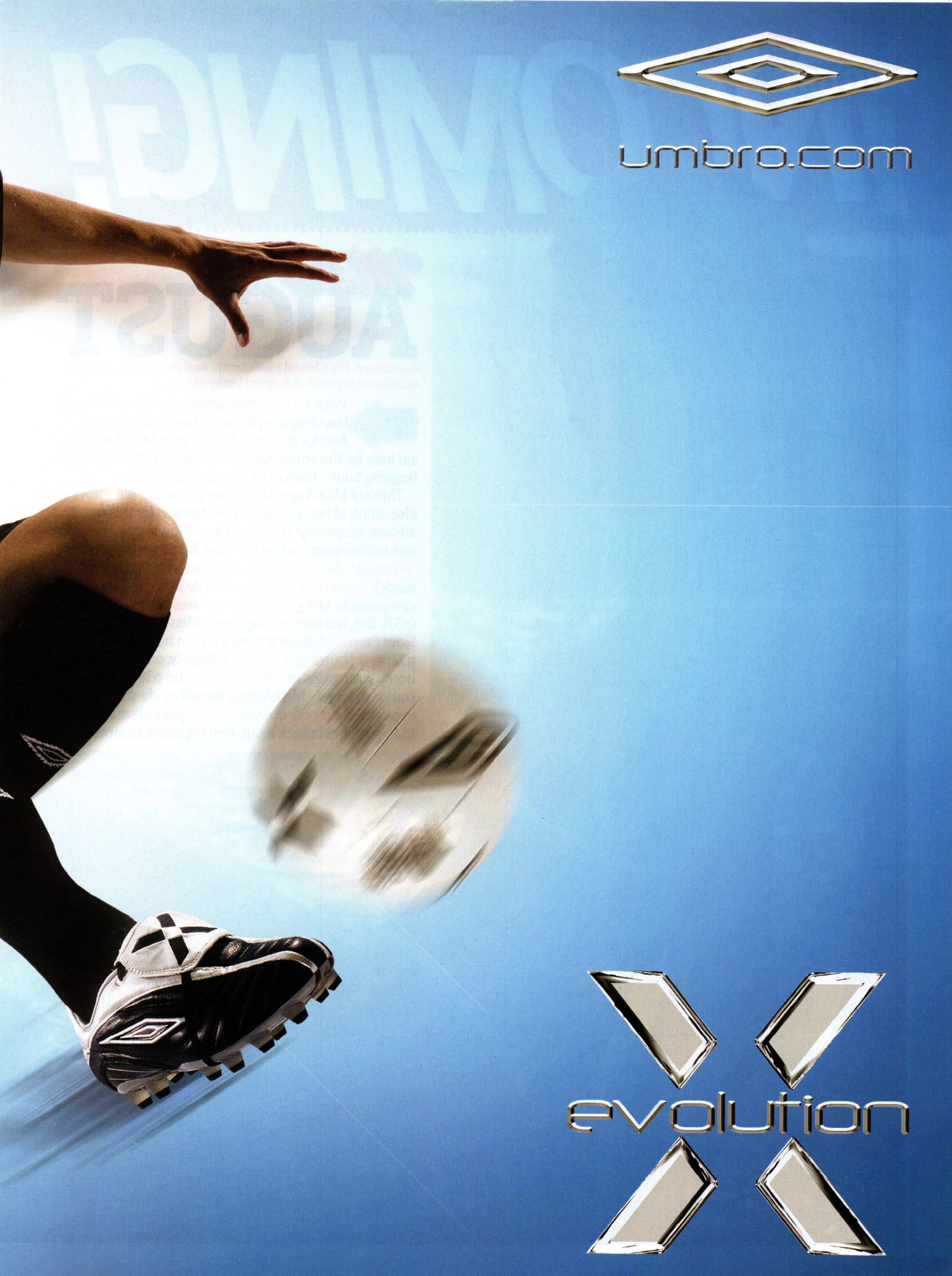
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AUGUST

INCOMING!

Miss AUGUST

Gentlemen, it's a brand new month. And welcoming you with open arms is our Miss August! Lucky old you...

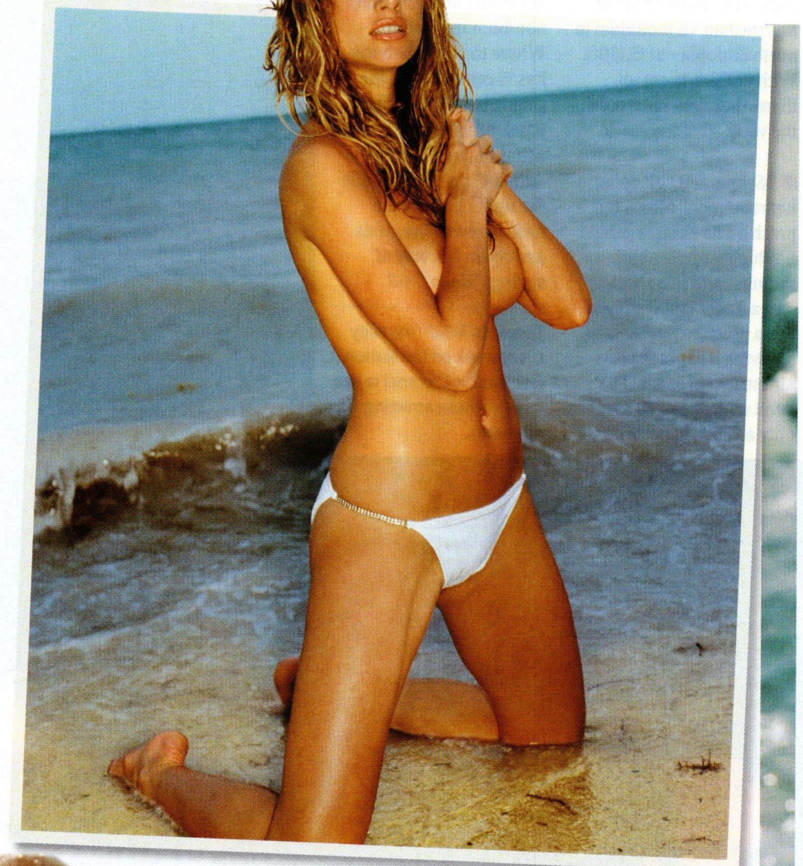
Who be this? Her name is **Johanna Sellgren**. Jaw-dropping beauty. Queen of lady orbs. And for this month only, your Miss August, sat here for the entire month in nowt but a damp, figure-hugging bikini. Look at those sandy crevices!

Think of Miss August however you want. But above all else, think of her as your angelic hostess for this month's all-new *Incoming!* section. In the following pages – each one rubber-stamped by her – she'll be treating you to **'Princess', the canoeing orang-utan** (p29, when you're ready), **women showing you their bums** (p24) and a campaign to bring **new beer technology to Britain** (p37). But, not one to disappoint, Miss August has more! **Noel Edmonds** paying *FHM* a visit in his new toy car on p32; ***FHM* hunting sharks...** in Blighty, out on p34; the horny wrongness of **It's Your Mum!** on p38, plus – how could we forget – Miss August herself as life-size "wall art" in our **all-new pull-out wall chart**, your ultimate guide to August. Best check it out. And enjoy the summer!

Antoine Verglas, Matrix

PLUS! The brand new *FHM* wall chart! With Miss August in her kecks and one *huge* guide to the best of everything this month!

INCOMING! AUGUST 2004
BOOZEWATCH
THE BIG 5 DVDS
AUGUST BUYS
THE BIG 5 ALBUMS
THE BIG 5 MOVIES
TAN-O-METER
AUGUST BEACHES
FHM
JOHANNA
WALL CHART...
...AND WALL 'ART'



GOD BLESS INANE BEER DISCUSSIONS

FHM'S TALK O' THE PUB...

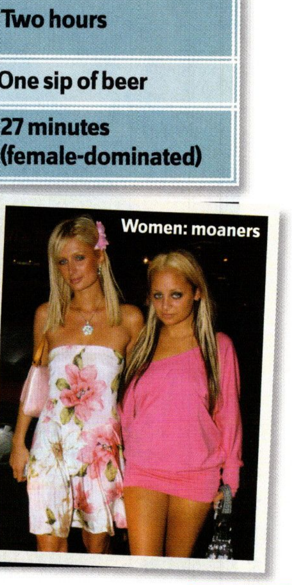
Alcohol-fuelled gibberish from the *FHM* local this month

THE TALK	TIME SPENT
How does Edmonds, Noel, of *Telly Addicts* and *House Party* fame – fantastic man, ever the professional – retain such an immaculately coiffed beard?	18 minutes
Guns don't kill people, rappers do: discuss.	1 hour 38 minutes
Al Murray's stunning Aussie wife. How stunning?	Ongoing
FHM: better with Gordon Ramsay as editor?	16 minutes
Whether by telling us she is "beautiful" and "single", Noel Edmonds – fantastic man, ever the professional – would like an *FHM* staffer to sexually pollute his 21-year-old daughter.	46 minutes
You're drunk. You're horny. It's either Richard, or it's Judy. Decide.	Three seconds
Location, Location, Location honey, Kirsty Allsop. Naked.	Ongoing
Comic Relief vs Sport Relief: better to laugh at, or run for, the disabled?	11 minutes
Budweiser: refreshingly light brew, or the sorry drink of choice for gullible, Yank-loving chavs?	Half a pint
It's 2004. Darts and snooker should be Olympic sports.	43 minutes
His airline's doing great, his stores are shit: where does Richard Branson get all his money?	Eight minutes
Girls kissing: enjoyable fad, or latent homosexuality unexpectedly realised?	Two hours
Weddings.	One sip of beer
Men should wax their balls if they want a "proper blow-job"?	27 minutes (female-dominated)

PUB RANT

The hottest topic in the *FHM* local come closing time...

Said Chris Bell, slurrily: "I'll tell you what annoys me: women moaning about being called sluts if they sleep around. For two reasons. Firstly, it's only other women who call them that; we encourage liberated sexual behaviour. But more importantly, there's a difference: blokes have to make an effort to have sex. The exertion of pulling girls *earns* us the moniker "stud". But women? They just have to not say "no." Tch. Of course, these arguments sort of contradict each other. N'argh. What the hell!"


Women: moaners

➔ GRASS-GOBBLING PRIMATE GETS PUSSY-WHIPPED

MANIMAL!

Forget the fact his cock's hanging out. This gelada baboon has another problem: a world run by females

IT'S TRUE. FOUND only in the mountains of Ethiopia, the grass-eating gelada endures a life dominated by women. The basic social unit averages eight: just one male, three to six females and a kid. Led by a super-dominant female, the unit merges with others to form bands of up to 350 geladas, which in food-abundant periods can increase to almost 700. That averages at over 500 empowered females!

■ The fellas - who can weigh up to 20kg - don't take it lying down, as you can see. "She strayed too close to a bachelor group," explains Chadden Hunter, an Australian wildlife biologist who studies geladas and witnessed this attack, "but I was shocked to see such a ferocious display by her mate." As for all-out female revenge? "He'll wish he'd never started it," says snapper Michael Nichols.

■ The gelada spends much of its 19-year lifespan in peace, soaking up the mountainous habitat. Researchers have spied the critters relaxing at more than 14,600ft - that's Big Ben stacked on top of itself almost 46 times. They've also been spotted atop of Ras Dashan - a mountain in north Ethiopia - at 15,160ft. With nothing to eat up there, they sure must relish the view.

■ Nicknamed "bleeding heart baboon" after a red patch on its chest, a gelada has highly opposable thumbs. Add in a short index finger and the beast has a precise tweezer grip, allowing it to pluck grass and strip it of seeds. That dealt with, a gelada shuffles only a short distance on its padded arse cheeks to the next spot. Such slow foraging has the primate travelling less than 600 metres a day.

■ The gelada has the best vocalisation of any other non-human primate. Where the olive baboon has 15 contact calls, the gelada has 27. The chest patch turns red in agitation, and during the "flip lip" the gelada pulls the upper lip over the nose to reveal the gums and teeth. His way of saying, "Hello." ***GB***

Tune into *Wild Thursday* every week on the National Geographic Channel to see more of these amazing moments.

Photography: Michael K Nichols

Even in heaven, Maurice Gibb chased the ladies

GOOOAAL!
CHAMPIONS LEAGUE

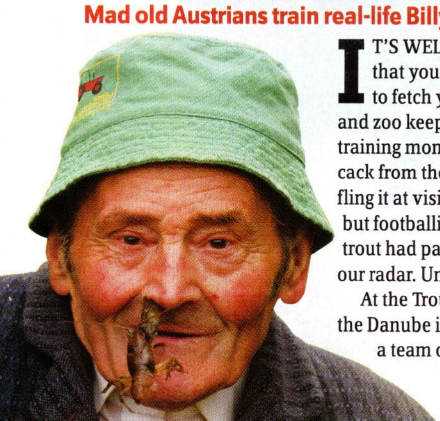
Even at bath time, Keown loved to practice

The starfish back four couldn't stop the golden goal

➡ OPEN OR WRAPPED?

BACK OF THE NET!

Mad old Austrians train real-life Billy the Fish in Trout Circus



IT'S WELL KNOWN that you can train a dog to fetch your slippers, and zoo keepers have been training monkeys to scoop cack from their arses and fling it at visitors for years, but footballing rainbow trout had passed under our radar. Until now.

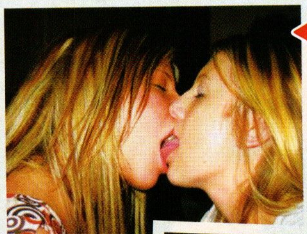
At the Trout Circus near the Danube in Austria, a team of piscine strikers have been entertaining tourists with their silky ball skills since 1954, after a heck of a lot of coaching from owners Karl and Otto Luger. "It took lots of time and patience to train a trout to kick a football," says Karl, whose players can also leap through hoops on demand.

The club is set up just like any other football academy. Youngsters are looked after in a nursery pond and with time, they graduate to the pond for reserve team players, before progressing to the Premiership pond, where they can flap about after the huge floating ball all day long. And while the so-called "Michael Ballack" trout has been relegated to the bench recently, ("He had some problems with his meniscus"), "David Beckham" is a "specially gifted" player, according to Karl.

However, the clearly befuddled 88-year-old would never consider cooking or eating one of his beloved galacticos, though he has been known to eat a worm to "show people how tasty it is." *ST*

YOU'RE NOT A BLOKE!

You can't beat a bit of 'feminism'. And this lot agree! Behold, the wonder of kissing women

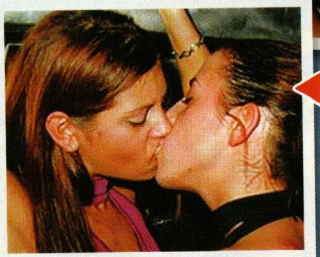


"Before this shot arrived in my life, I don't think I'd ever seen such hot tongue action outside of a dog show. Awesome."
TOM SPENCER, VIA E-MAIL

"Sandy beaches. At night. With horny girls around. Don't you just love them?"
PETE SANDERS, VIA E-MAIL

"Not so much kissing, as tasting. And yet still it's enough to keep me going for months!"
ED, VIA E-MAIL

"Lost in the moment they were – and I was lost in them. Thank Christ for digital cameras."
NEIL T, VIA E-MAIL

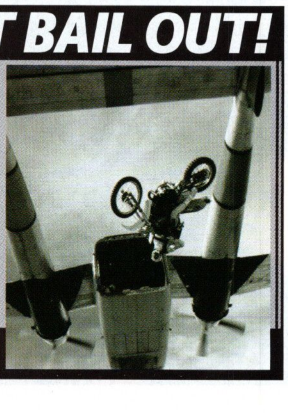


"This was in Ibiza, in a darkened corner of the bar just a month back. I tried my luck, but to no avail. Still, if you don't ask..."
'KNOCKED BACK', VIA E-MAIL

People: such wonderful acts of lady love are happening all over partydom right now! Share the spoils with *FHM*! Send all snaps to the usual address, or e-mail kiss@fhm.com

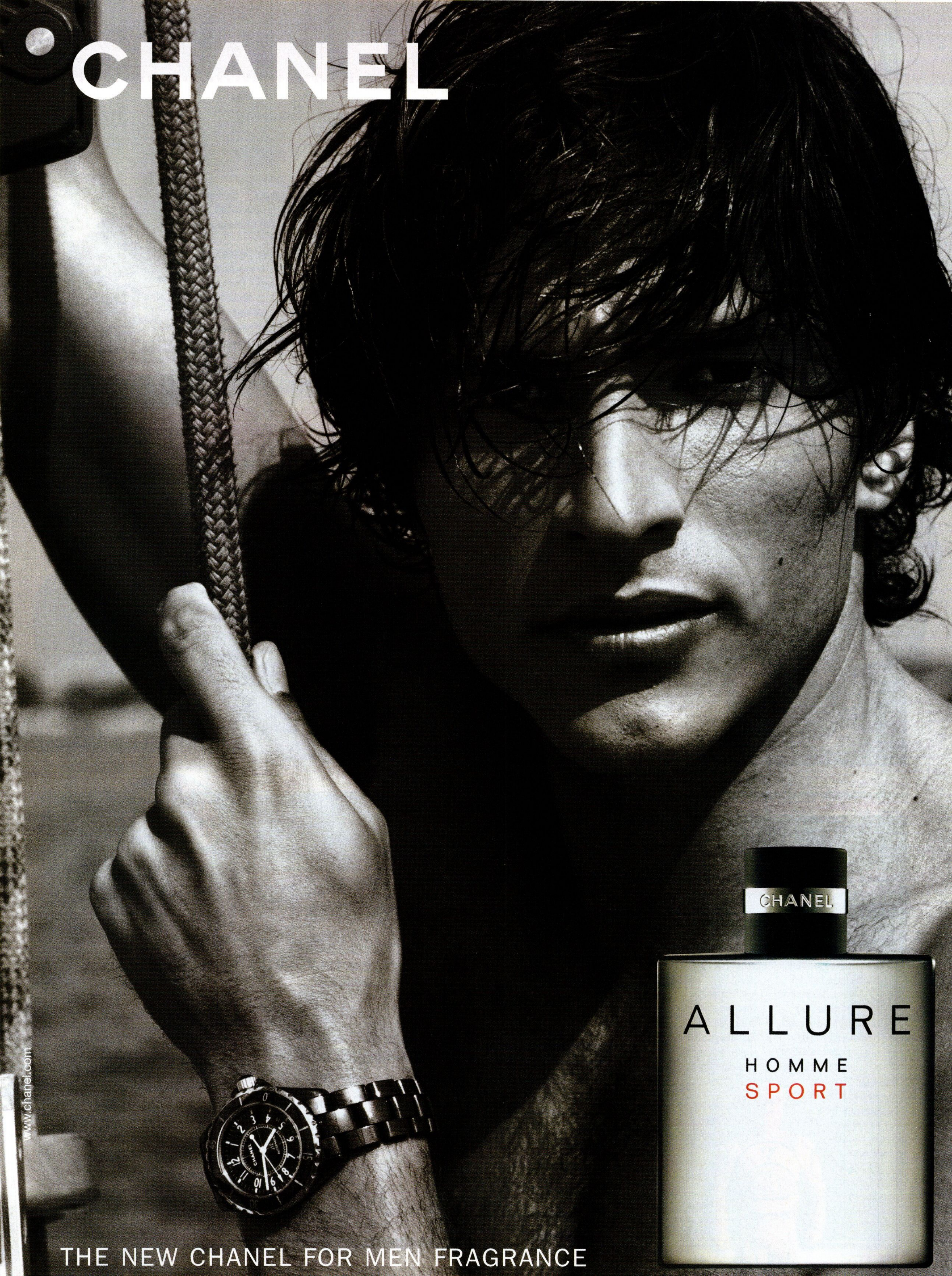
5,000FT BAIL OUT!

DID JIMMY SURVIVE HIS MOST DEADLY BIKE STUNT EVER? FIND OUT!



STUNTS GALORE ON P100

Barcroft Media



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➜ **NO, WOMEN CAN'T DRIVE. BUT DARN, THEY LOOK GREAT!**

FHM AUTOS

MADE IN BRITAIN

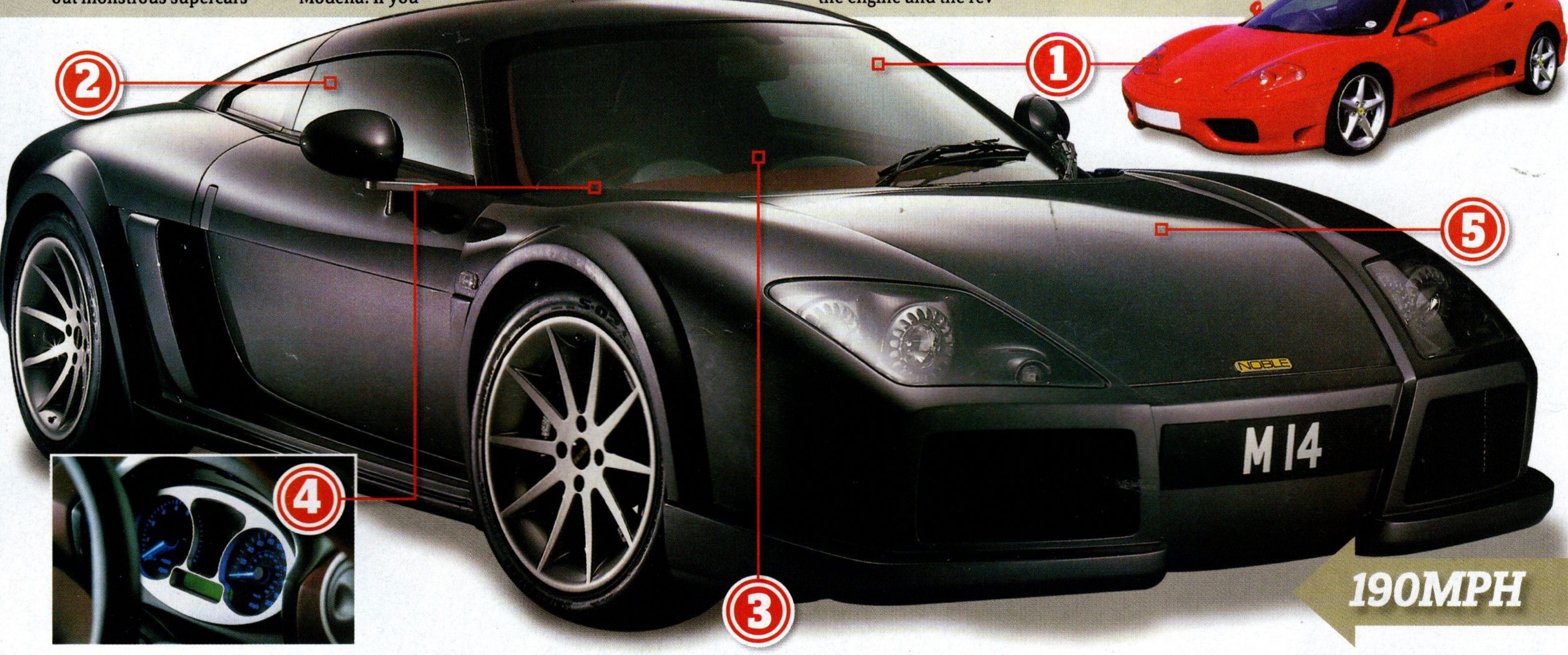
Meet the new Noble M14, a car that wants to beat the living daylights out of Ferrari

BEST KNOWN FOR Walkers crisps and Gary "jug ears" Lineker, Leicester has an unlikely new hero in the form of bearded wonder Lee Noble. For the past five years or so, this canny engineer has been knocking out monstrous supercars from a crappy shed in the Midlands. *FHM* actually drove one on the Cannonball 8,000 last year. Now, Noble has set his sights on troubling Ferrari.

Don't laugh – the Noble M14 really is Leicester's answer to the Ferrari 360 Modena. If you squint a bit, it even looks like a 360 **(1)**. Noble drew it himself before he set to work on the chassis, the interior and the engine. Burbling away behind the driver is a twin turbocharged 3.0-litre V6 **(2)**. Fine, it's based on the unit found in a humdrum Ford Mondeo, but don't let that fool you. With a mighty 400bhp and 385lb-ft of torque, this Brit bruiser will hurry itself to 190mph and see off 0 to 60mph in a tidy 4.3sec. Inside, the cabin is a cunning mix of dead cow, carbon fibre and aluminium **(3)**. There are some lady-pleasing luxuries, such as air-conditioning and a decent stereo, but Mr Noble's best pleased with his new dashboard. Gun the engine and the rev counter needle **(4)** changes from blue to pink to red, at which point it's time to change gear.

Noble's even made a few concessions to practicality – like boot space front and rear **(5)**. Which should keep any lady sweet enough to forget that you've blown 75 grand on your new toy. *AW*

Torment yourself further at: www.noblecars.com



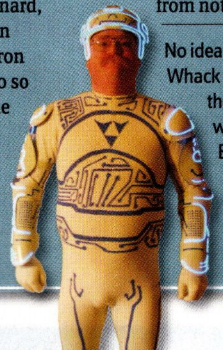
➜ **HAVE YOU LOST WEIGHT, FATTY?**

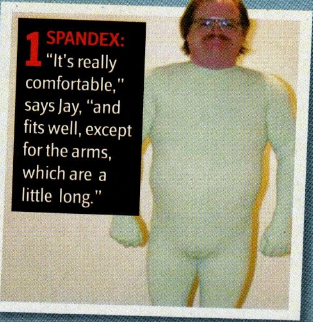
SCI-FI HEROES: BUILDABLE

Tubby geek boy transforms himself into neon movie hero, becomes internet superstar

IT'S MEAN TO SAY IT in front of three million readers, but it's highly probable that this man has never once enjoyed the pleasure of a lady. And trust us, when this starved of honeys, one has no alternative but to branch out into more diverse extracurricular activities. Thus, this here Yank pot-belly, Jay Maynard, decided to turn himself into Tron – the geek hero so nerdy, even the stockroom chimp at our local Games Workshop beats up its fans. Within weeks, his gimp outfit was being e-mailed around the web, and you can see Jay's entire transformation online by typing www.ibiblio.org/jmaynard/TRONcostume into your internet. But, if you're feeling inspired – or you're just deprived of a computer – here's how the big man created that Tron costume from nothing… *LC*

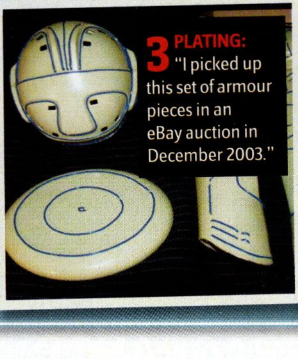
No idea who Tron was? Whack his name into the search box at www.imdb.com. Better still, ask Blockbuster to rent you the video. It rocks, in a weird blue way.





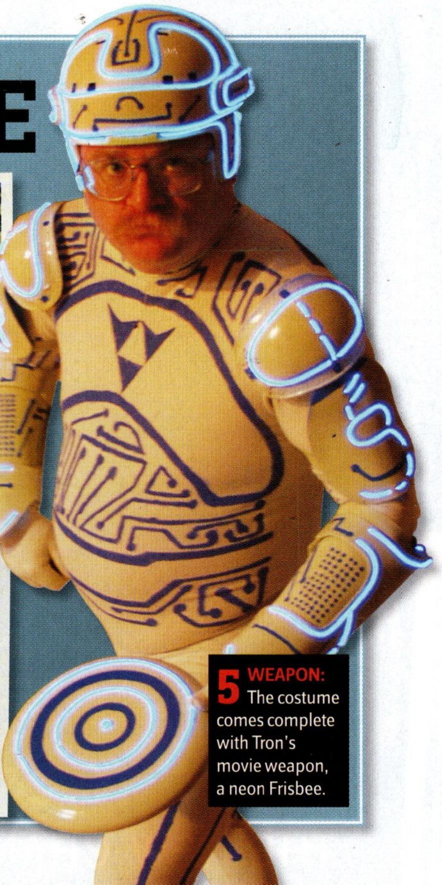
1 SPANDEX: "It's really comfortable," says Jay, "and fits well, except for the arms, which are a little long."

2 PAINT: "It was pretty simple – acrylic paint is easy to work with."



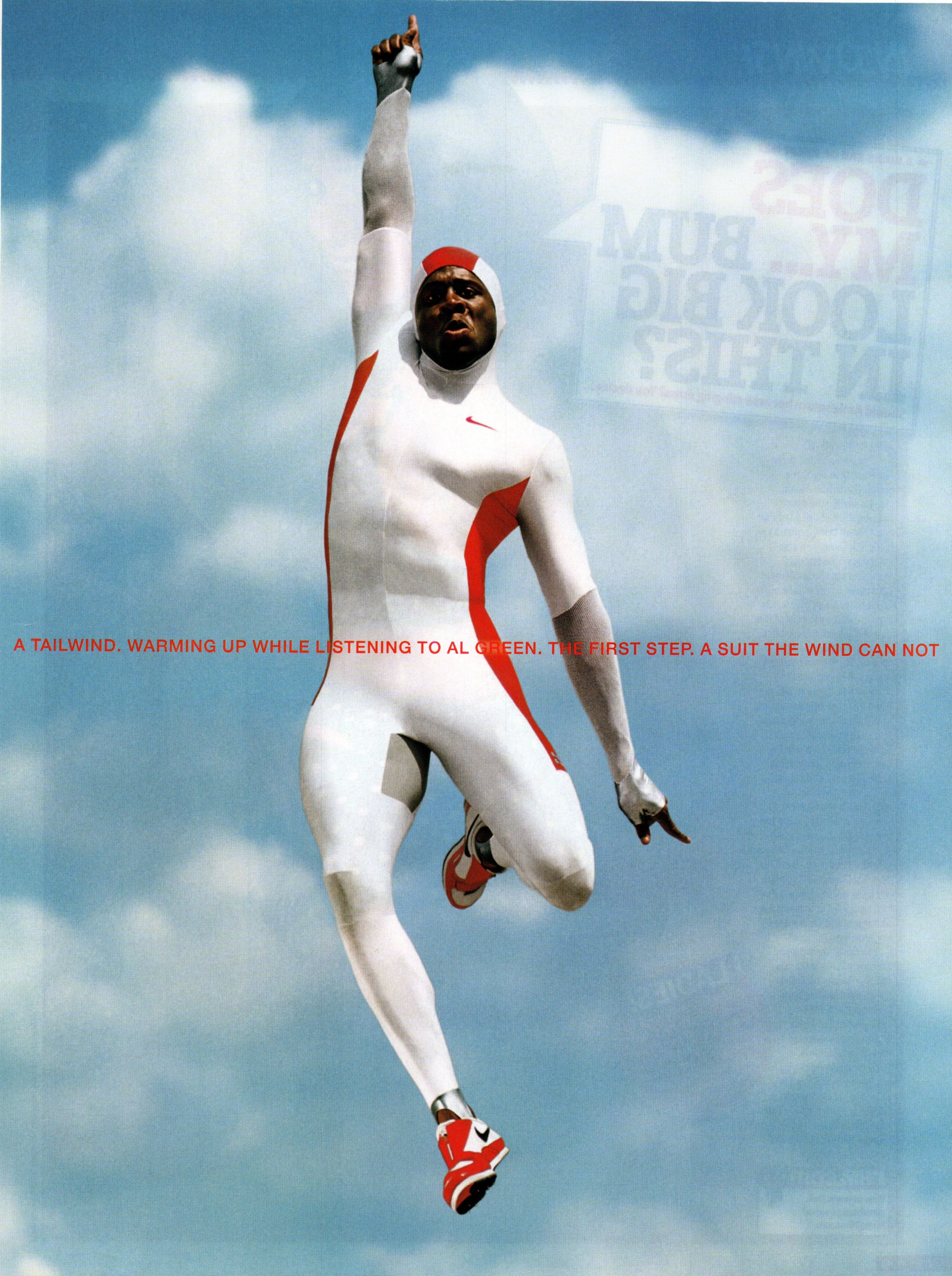
3 PLATING: "I picked up this set of armour pieces in an eBay auction in December 2003."

4 NEON SPECIAL EFFECTS: "I won an award for workmanship – a free membership to next year's Penguicon." [nerd fest]



5 WEAPON: The costume comes complete with Tron's movie weapon, a neon Frisbee.

Alvey & Towers


A TAILWIND. WARMING UP WHILE LISTENING TO AL GREEN. THE FIRST STEP. A SUIT THE WIND CAN NOT

➡ A GIANT BAG OF NEED? ME?

DOES MY... BUM LOOK BIG IN THIS?

Should Amie return her arse-clinging dress? You decide...

CONTRARY TO popular belief, there are actually three certainties in life: death, taxes... and on the spot interrogation about a lady's most recent fashion purchase. Is the skirt-cum-belt arse-huggingly tight enough? Does the colour complement her sacred bottle o' fake tan? Will her chebs be pleasantly strangulated by the cut of this new top? Or left to roam free, as Mother Nature and her own massively over-milked mammaries intended? Answer her, damn it! Did the blind bat even buy something that'll send your pulse racing to an early death (answer: always "yes")? It's a living hell. Or possibly not. Meet *FHM* devotee, Amie Jepson.

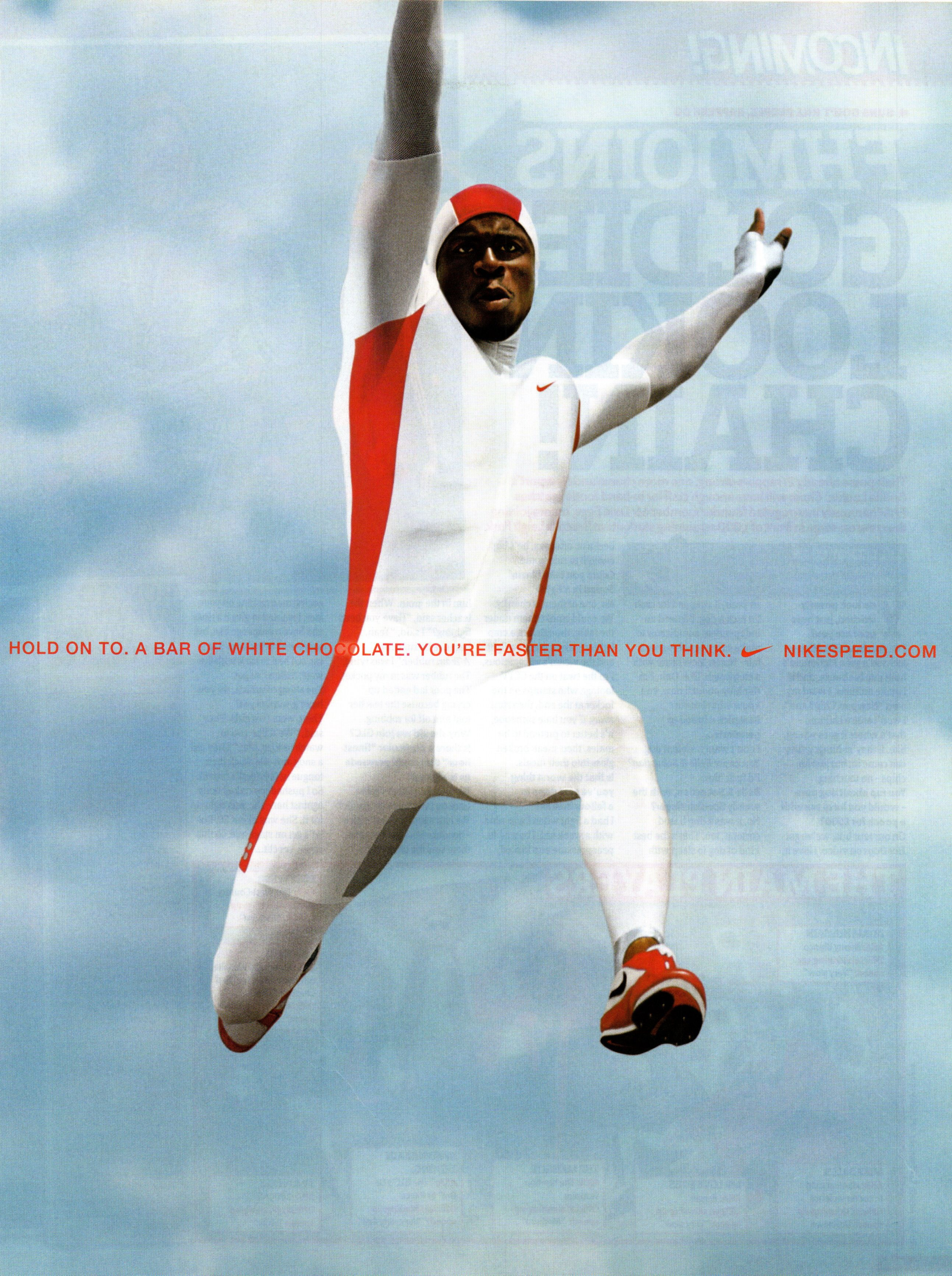
The first few lines of Amie's letter to us were, as you might suspect, mere lady drivel. But then she made a startling declaration: "So, can you and your readers tell me how hot I look in this polka-dot baby doll nightdress I've just bought? I'm in two minds about taking it back - does my bum look big in it?"

In a flash, we whipped 20-year-old Amie (21 this month - happy birthday) down from Nottingham and into the *FHM* fitting room. And here is the sweetly-rumped result! Well, almost. Because aside from simply enjoying Amie's shoot, we're asking you for the verdict, readers: just how hot does Amie look in her cheeky bedwear? Vote now. Results next month!

FHM.com
Vote at www.fhm.com/bum or e-mail bum@fhm.com

LADIES!
Bought some incredibly hot clothing of late? Unsure about your purchase? Then send your details and a photo to the usual address and we'll do our best to slip you into the *FHM* changing room, just like Amie here!

Hair: Kate Hughes. Make-up: Gok Wan, both at Carol Hayes

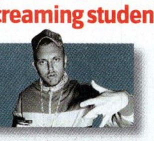

HOLD ON TO. A BAR OF WHITE CHOCOLATE. YOU'RE FASTER THAN YOU THINK.
NIKESPEED.COM

Young Tarby didn't see the steamroller coming

➔ GUNS DON'T KILL PEOPLE, RAPPERS DO

FHM JOINS GOLDIE LOOKIN' CHAIN!

Their posse already 21 rappers-strong, one more charva and Newport's Goldie Lookin' Chain will have enough staff for in-band footie matches. *FHM* nervously interrogated founder member Mr Love Eggs, before joining the crew on-stage in front of 1,000 screaming students at Bristol's Leigh Park



LI'L LEEROY COAN

Our sheep-shaped lad titting about 'wid da crew' (pikeys) in Wales. Innit ?

You look poverty-stricken, just how poor are you?

I've got about £30. Michael Jackson's got a McDonald's built into his house, and if I make millions, I want my own "Newport Chip Land". I won't entice children – that's where it goes wrong, like. If they're hungry, they can come in, but just for chips – no touching.

You rap about dog porn – would you have sex with a pooch for £500?

On our tour bus, we've got *Hot Dogs* on video. I love it, so yeah, if strapped for cash I'd fuck a dog. I'd need an independent adjudicator to make sure everything was fair – Norris McWhirter with a stopwatch, like. Ooh, I'm thinking about it now, you know what I mean?

Best pick a breed to penetrate...

I don't want a violent dog. You know *Belle & Sebastian*? I'd fuck him.

Belle & Sebastian, with the weedy Scottish singer?

No, it was a dog-based cartoon, too. That's the best kind of dog to sleep with because, after sex, he's big enough to ride home.

Could you take Blazin' Squad in a fight?

No, one of them is chunky. We could smoke them under the table, though. I'm a crap fighter – when there's a fight and the victim's unconscious, I'm the twat on the CCTV footage who stamps on the fucker at the end, then runs away. If you hate someone, it's better to pretend to be mates, then sneak broken glass into their meals.

Is that the worst thing you've ever done to a fellow human?

I had a fight when I was nine with a weak kid. I bowed to peer pressure and kicked him in the groin. When the teacher said, "Have you been fighting?" I said, "Yeah, because he stole my *A-Team* rubber." I was lying. The rubber was in my pocket. The poor lad ended up crying because the teacher told him off for robbing.

Why should we join GLC? Is there a particular "finest hour" that could persuade us to sign up?

We found a rubber vagina once on the way to the studio! We had a kick around with it – headers were fun because there was the danger of getting man residue on your face. I wanted to give it a rinse and have a proper go like, but someone backed over it in a car, so I had to stick with the watermelon I've got.

Speaking of which, do you have groupies yet?

There were two girls. They said, "We'd like you to watch us kiss, like." They did a snog and one stuck their tongue in Mystikal's mouth. So I pushed my naked body against her – she was right up for it. She was about 50. But let's get on stage and do this show, yer clit...

THE MAIN PLAYERS

ADAM HUSSAIN
AKA: Benny Blanco
Official skinning-up speed: "Very slow"

BILLY WEBB
AKA: Tim West-Country
Official skinning-up speed: "Medium"

MYSTIKAL
AKA: Bloke who (despite rumours) never touched Charlotte Church
Official skinning-up speed: "Medium"

MIKE BALLS
AKA: Hardest man in soccer violence
Official skinning-up speed: Unknown

MR LOVE EGGS
AKA: Eggsie
Official skinning-up speed: "Very slow"

THE MAGGOT:
AKA: The hip-hop vampire
Official skinning-up speed: "Medium"

DWAYNE XAIN XEDONG
AKA: "The GLC's Dr Dre" or Reece
Official skinning-up speed: "Very, very fast"

TWO-HATS
AKA: 2000AD
Official skinning-up speed: "Slow"

Richard Ansett, Rex Features, LFI, Getty Images

HOW TO SURVIVE GIGGING WITH GLC

HANDLE

First you need a "raz" name to be part of the crew. Li'l Lee just wasn't "safe", so Mystikal re-christened us "Li'l Brian Fuckin' Harvey" instead. "Fucking safe as fuck, Li'l Brian Fuckin' Harvey, innit."

PATOIS

Failing to master townie tongue could result in a stabbing...

Bernie Cliftons: *n.* Cigarettes.

Dean Gaffney or Dean: *n.* Your house.

Posh wank: *n.* Intercourse using a condom.

Shanks and Bigfoot: *vb.* To walk home.

STYLE

On top of nylon leisurewear, chains are a necessity. We bought ours at Enigma in Newquay for £4.99. "It's safe as fuck," enthuses Eggsy, "but nothing compares to Argos's Elizabeth Duke range. Say, if my name was Alan, I'd go, 'Do me up an Alan.' They'd go, '15 quid,' then craft a gold Alan."

TALENT

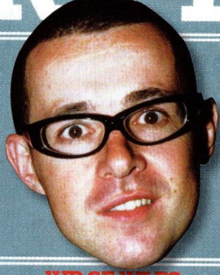
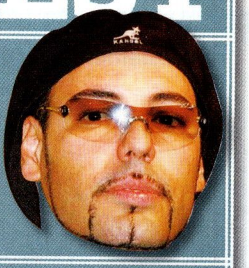
While we've got the moves to dance on stage to *Your Mother's Got A Penis*, only the genuinely Welsh members of GLC have the skills to freestyle like Mr Love Eggs... "*FHM*, it's not a magazine about men, but it involves tits, and sometimes pictures of Tony Benn. Yeah."

Baptisms: fashionable

Two more snips and the chav puppets were free

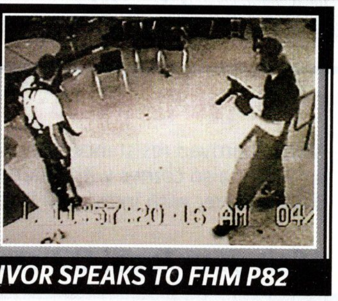
THE FHM

BLOKE TEST

Judge Jules and Roger Sanchez may mix it for a living, but who'll still be standing after the *FHM* Bloke Test?		
WHO DEM?	**JUDGE JULES** **Radio One's Ibiza fave. Not really a judge.**	**ROGER SANCHEZ** **DJ and producer. Never removes his shades.**
EVER MADE HOME PORNOGRAPHY?	I got so far as buying the tripod purely to make it, but never got round to it. I couldn't figure out how to work the camera. 0	Twice. I think consenting porn is a healthy thing. The problem is when you break up with the girl and you want to show the video to your mates afterwards. 1
WHAT'S THE MOST EXPENSIVE THING YOU'VE EVER BROKEN?	The cumulative value of mobile phones I've lost when inebriated must have come to a few grand. Does that count? 0	I recently smashed my $18,000 car. I was trying to park, backed-up, and literally two inches of the fender hit the tree that was by the space. It ripped the face off it! 1
EVER SEEN PORN THAT'S MADE YOU FEEL SICK?	My wife's friend works in the porn industry and the stuff she sends us is sick. Usually dirty, shitty sex. I ran away halfway through it and then my missus showed it to her mum! 1	Erm, no. Actually I did see this one really grim film showing a girl getting shagged by a horse. 1
HAVE YOU EVER BEEN A HAVE-A-GO HERO?	Yeah, when I was at a mate's party and there were these people trying to gatecrash. I tried to stop them and they piled into me! Kicked the shit out of me, they did. 1	Yeah, I've had my ass kicked a couple of times helping out my friends. In New York, part of the code was if your boys are in shit, you're all in shit. I've been there. 1
EVER SHAGGED A WOMAN HEAVIER THAN YOURSELF?	My wife's saying I have! Yes, ex-girlfriends. Not habitually but, you know, a few here and there. 1	Yeah. I wouldn't call her fat, more rotund! Definitely not svelte... I did this all before the age of 19 which is when you usually shag fat girls. You take what you can get. 1
EVER BEEN CHASED BY A COPPER?	I've been chased a few times, but one of them was for vandalising a bus when I was a kid. 1	Yeah, mostly for spray-painting graffiti. Another time I used to sell mix tapes on Broadway. They were trying to bust all the street vendors, but I got away. 1
EVER HAD A NAKED LAPDANCE?	Yes, I did once in Ibiza. It was at the Pink Pussy bar, but I didn't find it particularly sexy. I don't find the concept of paying for sex that appealing. 1	Yes, I have! It's definitely worth the while! I can't tell you where I was 'cause it would incriminate too many people, but it was wicked. 1
BLOKE TOTAL:	It's a five for Jules, whose Judgement Night is on every Sunday at Eden, Ibiza **5**	But seven for Roger, whose Release Yourself is every Monday at Pacha, Ibiza **7**

PEEK-A-BOO!

"OH JESUS, SOMEBODY'S SHOOTING UP MY SCHOOL"



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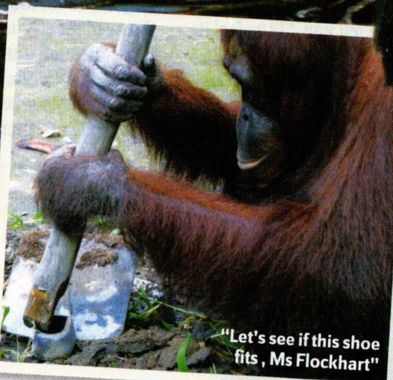
O_2

A dash more onion, and Clyde's minestrone would be ready



"Let's see if this shoe fits, Ms Flockhart"

THEY DON'T JUST PICK TEA, YOU KNOW

'INTO THE CANOE-OO-OO!'

What do you mean you've never seen an orang-utan paddle a boat before? Are you blind?

HAVING ALREADY achieved every self-respecting mammal's dream (becoming a *National Geographic* child cover star), Princess the orang-utan found herself eagerly searching out new climes during adolescence.

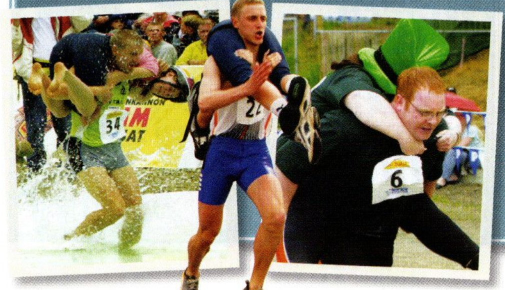
But, like a hairy Aled Jones bravely seeking new horizons beyond his child protégé roots, only masturbation eased the angst after she'd fled the comfort of her Borneo research lab, Camp Leakey, in 1985. Then one hot day, spying on her captors from the treetops, a reason to live caught Princess's eye. Canoeing!

Ever since, the 24-year-old has been merrily thieving oars and paddling against strong jungle river currents in the locals' boats. Oddly, this isn't the plot for yet another crap Disney film, but real-life. Need proof? Over to genuine primatologist, Stephen Brend: "It is well known that orang-utans are a highly intelligent species, but Princess is exceptional." He's seen the said beast riding rapids with his own peepers. And why would he lie? Unless he needed an excuse to explain these snaps of "endangered species in life-threatening situations" to the jungle police. Don't panic, Steve. If the cops do lock you in the type of cage you'd reserve for apes, we'll be the first to hitch a canoe to court and force Princess to testify to her other skills: drawing, tapestry, washing clothes, gardening and fixing tools. This primate loves it all! *LC*

Blessed lamented not choosing Ariel

5 THINGS TO KNOW...

...about the WIFE-CARRYING WORLD CHAMPIONSHIPS 2004



1 Since 1992, couples have been competing every July to win the Wife-Carrying World Championships, held in Sonkajärvi, 340 miles north-east of Helsinki, Finland. Belt it round a track with wifey over your shoulder, set the quickest time and you win!

2 **First prize is, suitably, a portable wooden sauna and steam bath combo for one. Mighty useful for another local event: the Sauna-Sitting World Championships.**

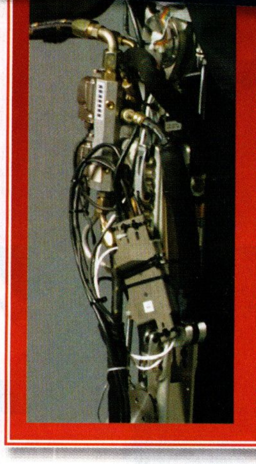
3 Why wife-carrying? In the late 1800s a local bandit was said to have sided only with men who proved their worth on a challenging track. It was also common practice to steal women from neighbouring villages. Dig up the past and there you have it.

4 **Wives must be at least 17, and not necessarily yours. Any wife will do, as long as you carry her upside down over your shoulders. The track is 253.5 metres, with two dry obstacles and a water pit about one metre deep. Drop wifey? A 15 second penalty!**

5 Originally a Finn-only event, Estonians have recently been entering and cleaning up. Watched by 7,000, this year's champs did just that. Estonian Madis Uusorg carried "wife" Inga through in 1m 53secs – a split second ahead of second place. Fancy it? www.sonkajarvi.fi

NANOSECOND GAME

Why it's better than Ker-Plunk! Almost. A bit



Think you're a Poindexter? Then is this...

a)The M4 corridor?

b) Heather Mills' newest limb exposed?

c) Military hardware?

d) A worm?

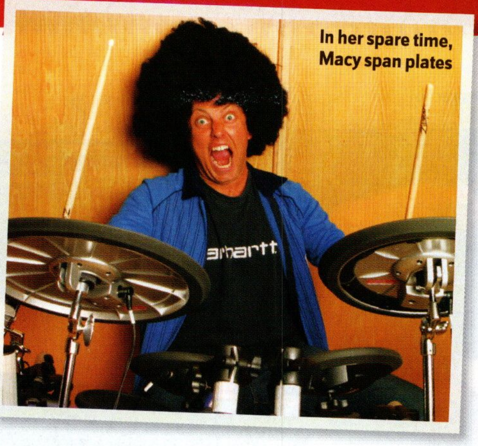
Answer on p41, right now!

PA, Reuters, Bancroft Media

→ **STOP BEATING THAT, START BEATING THESE**

LET'S GET *ROCK!*

Domestic violence just won't do. So don't smack that lady around, twat these magnificent beauties instead!



In her spare time, Macy span plates

THIS HUNK OF TUBES may well resemble the beefy zimmer frame Michelle McManus would need to support her buckling knees in seniority, but thump it and you'll discover its actually Yamaha's DTXPress III electronic drum kit. Of course, there's absolutely no need for drums to be electronic. Ask Phil Collins, he'll tell you, "I can feel it coming in the air tonight, whoa Lord!" Speak to a less pretentious prick of a drummer, however, and they'll say, "a standard snare drum creates 22db of noise without any amplification, thus making the need for electronic intensification utterly futile." But "whoa Lord!" this rubbery Yamaha gem proves the tub-thumping world wrong. With 1,000 sounds, 48 drum kits and 81 programmed songs (that you can pretend to be playing to impress girls/roadies), it's clever enough to make even the whitest Caucasian (Zammo: *Grange Hill* c.1988) appear to have natural rhythm. Need proof? After a mere three days of irritating the close-by *FHM* fashion desk with inane bashing, we could almost play Queen's *We Will Rock You*. Almost. ***LC***

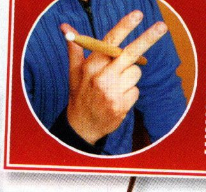
Bash, bash, bash! Prices for the kit start from £899. Interested? See www.yamaha-music.co.uk for more info.

The aborigines turned on Johnny 5

TWIDDLE THOSE STICKS!

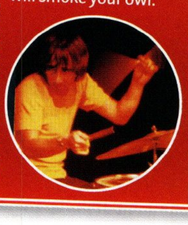
Three easy steps to the move that ensures drum god status

1 Start with an insult: flick the Vs, rest a slab of hewn maple between your digits and rock the thing from left to right by alternately bringing each finger backwards and forwards.



2 Start forcing the drumstick into a more circular movement by bringing your middle finger closer to your palm. You will drop it. Many, many times. Persevere. Or give up.

3 Twelve years later, that stick will be whirring 'twixt your fingers like the blades of a Chinook. Now master the art of lobbing it skyward and you'll be Tommy Lee, and Pammy will smoke your owl.



5 THINGS TO KNOW...

...about the most advanced and warmest wetsuit in the world, the RIP CURL FIRESKIN

1 First things first: the baffling technology of wetsuits. Once you're in the big blue, the skin-tight fit traps a thin layer of water between your pasty hide and the neoprene. As you paddle, heat generated by your body warms the water, giving you a snug insulating layer. And there you have it. Warmth.

2 The Fireskin is the very latest wetsuit technology from the Rip Curl research lab. Having spent decades in "sick barrels", the Rip Curl boys have worked out that by employing a double layer jersey inside the suit – a sort of jumper – you stay warmer in the drink. Which is exactly what they've done here.

3 Fact: it's not just freezing UK waters that'll chill your bones. There's also the wind. Thankfully, Rip Curl have coated the chest of the Fireskin with "GlideSkin" mesh. This exterior reduces wind chill – so you'll feel like you're surfing in Maui, even when metres off a gale-battered Cornwall coast.

4 The Fireskin also comes equipped with special gloopy stuff called Aquaban liquid tape. By laying this over the seams, the board monkeys have eliminated water slipping in through the stitching. A feature not entirely useless while surfing in particularly turd-filled waters. Such as those on Norfolk's sewage-ridden coast.

5 Does it repel sharks? Not yet. But good news: Sharksafe.com have developed a 1kg unit to be worn with a wetsuit that uses a specific frequency to uncomfortably overload antennae in sharky's snout. So he won't lunch on you. Just watch the batteries – they run out after two hours.

Want a wetsuit? Call 01637 850848.

LADY FILTH!

WOMEN SHARE THEIR SMUTTIEST SEXUAL FANTASIES WITH FHM

LOCK THE DOOR AND HEAD FOR P110

MY ANGEL'S WINGS ARE BROKEN AT
DIESEL.COM
For more information: call Diesel London Ltd 020 7833 2255

THE LI'L BLIGHTER ITSELF

QPOD SPORT
BODY: High resistance, moulded central cell mounted on an anti-corrosion chassis
ENGINE: 340cc four stroke single cylinder air-cooled
TRANSMISSION: Automatic
BRAKES: Hydraulic front disc, rear drums
SAFETY: Padded side protection bars, head restraints, three-point inertia seat belts, roll-over protection, safety glass windscreen
DIMENSIONS: L 220cm, W 130cm, H 150cm
WEIGHT: 220kg

→ TWO WHEELS GOOD. FOUR WHEELS BETTER

THE EDMONDS-MOBILE!

Hugo Dixon, LFI

His Crinkley Bottom glory years are well behind him, but would you buy a weird, car-like contraption from this man..?

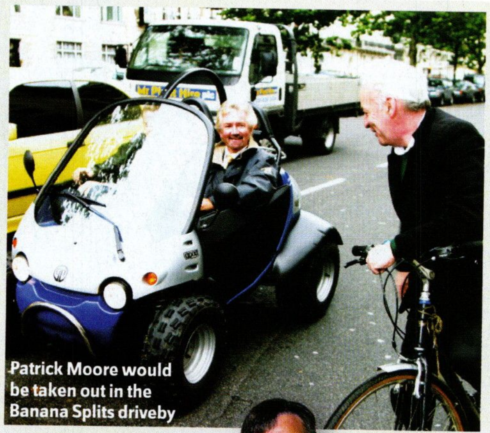
OI! EDMONDS! You're not going to fly that thing, are ya?" For the third time in five minutes, a passing London cabbie has pulled alongside *FHM*'s vehicle. "Give me a minute," says our driver, "the rotor blades are in the back."

A more surreal half hour *FHM* has not enjoyed in ages: none other than Noel Edmonds, former ringmaster of *Noel's House Party* and *Telly Addicts*, is our impeccably-coiffed chauffeur for a bizarre trip in his latest business brainchild, the Qpod. Exempt from the congestion charge and drivable on the road once you hit 16, it's set to revolutionise what scamps whiz around in. Okay, so it doesn't actually fly – but since ragging these "quadricycles" around his farm, he's decided to import them from France. "This is my mid-life crisis," he beams happily. "I wouldn't drive it to Scotland, mind – but it's a good laugh."

And Noel's not wrong. As we rev past baffled pedestrians, Edmonds is guffawing away. He scoffs when we point out the door appears to be made of cardboard. "It's the same plastic as wheelie bins – you'll just bounce." There's a sticky moment driving past his ex-employers in BBC Broadcasting House ("I don't want anyone to see me in this," he says). But the only time he seems un-Edmonds-like is when we suggest a picture showing how small the Qpod is. "Size, eh? Well, you'll just have to get your dick out." Oooh – what would Mr Blobby think? ***CB***

The insane fun of a Qpod starts at £2,995 – check out www.fun-tech.co.uk, or call 0870 600 0087

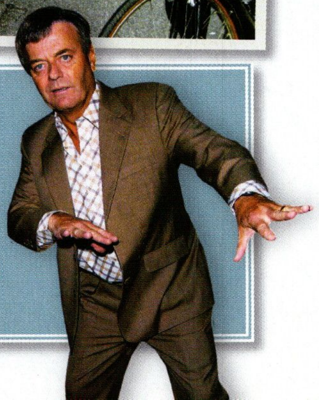
Edmonds unmasked Mr Blobby. Then twatted him



Patrick Moore would be taken out in the Banana Splits driveby

CONSPIRACY THEORY...

Now here's a weird thing: just minutes before Edmonds turned up, *FHM* received an e-mail whose sender had, only moments beforehand, been talking to Tony Blackburn – and he's also going on about selling a cheap buggy car that avoids the congestion charge. Coincidence? We think not. Suddenly, we're imagining some unholy alliance of ex-BBC Radio DJs attempting world domination via small-engined quadricycles. Reid, Brookes, Savile – they could all be in on it. And we'd bet good money DLT's the sinister, shadowy *capo di tutti capi*. "Er, no," says Edmonds, "I don't know what Tony's talking about. But Steve Wright does keep asking for one. Does that count?" Sigh... no.



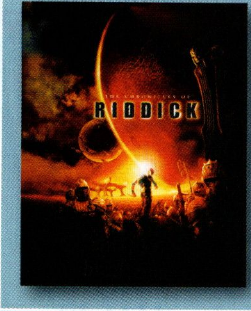
➡ NO FOOLING AROUND AT THE BACK

THE CINEMA... FOR FREE!

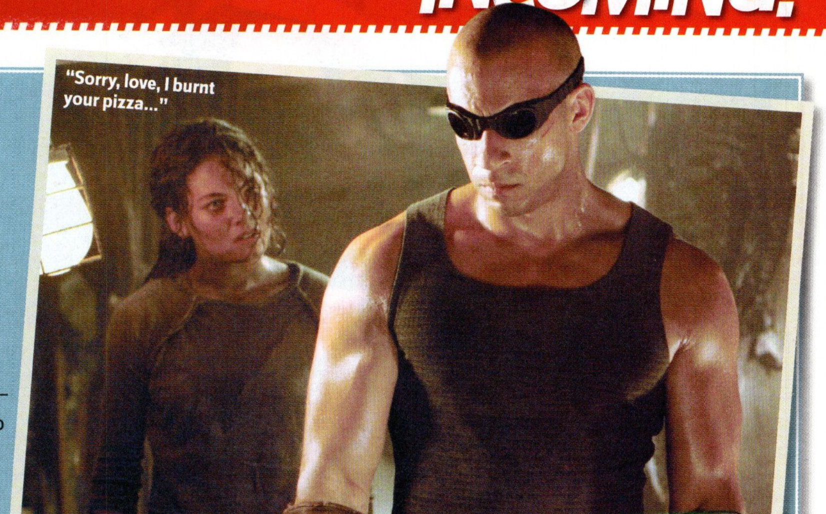
Fancy a trip to your local film house? Save your shekels. It's on us.

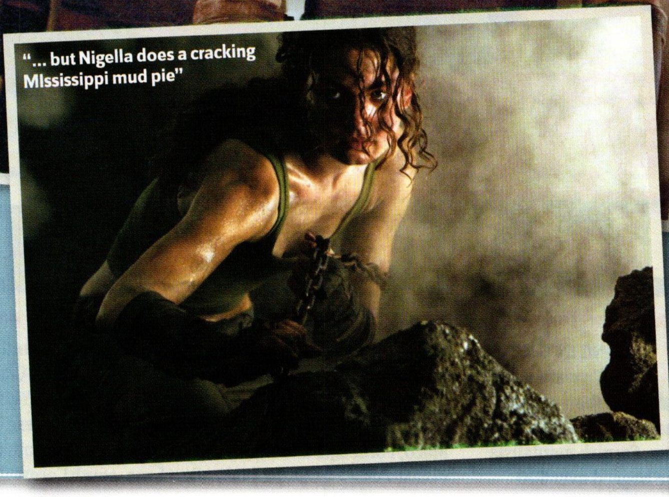
GREED ISN'T A BAD thing. Unless you're poor, in which case it means no one's going to contribute to your state fund-sponging recreational time. But, assuming you're not poor, here's some marvellous greediness: keep your pennies in your pocket and see a special preview screening of sci-fi action flick, *The Chronicles Of Riddick* (cert 15), at the cinema *for free* ahead of its nationwide release on 27 August.

How? Easy. Before August 23, take this copy of *FHM* along to any of the cinemas listed below and, while allotted tickets last, they'll supply you two seats in the cinema for *Riddick*. What is *Riddick*? Well, this is how we spun it on this month's all-new wall chart: "Vin Diesel dusts off his Riddick character from 2000's *Pitch Black* and sets off to save planet Helion from the nasty-sounding Necromongers. Does he use lasers and death-rays? No, he punches them to death! Popcorn-gobblin' fun." So trust us, it's worth a look.



Here are the cinemas to take your *FHM* to: Glasgow Renfrew Street UGC, Brighton UGC, Birmingham Broad Street UGC, Liverpool Showcase, Reading Showcase, Bristol Showcase, Bradford Cineworld, Milton Keynes Cineworld, Basildon UCI, Cardiff UCI, Warrington UCI, Norwich UCI, Edinburgh UCI, Newcastle Silverlinks UCI, Poole UCI, Belfast Movie House (Dublin Rd), West End Vue (Warner), Plymouth Vue (Warner), Manchester Red Cinema, Shepherds Bush Vue (Warner)


"Sorry, love, I burnt your pizza..."


"... but Nigella does a cracking MIssissippi mud pie"

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Best's new liver came via sea pirates

➜ BITE ME

CAN *FHM*...

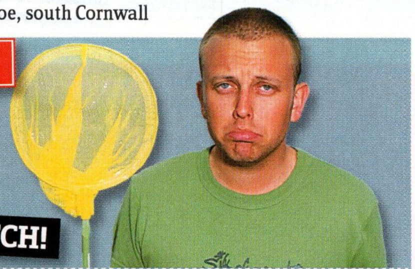
...CATCH A SHARK

Thank God for global warming, things are livening up on our wind-swept shores

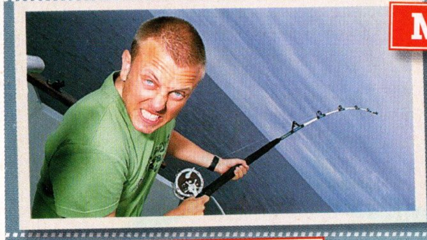
LURKING IN THIS island's waters are more than cod and condoms: in the past two years, Cornish mentalists have bagged over 500 lethal blue sharks. These bite-happy buggers weigh up to 200lbs and hang out with the equally vicious Maco, Porbeagle and – just occasionally – even the odd Great White. "G'aar, and killer whales!" snaps Cap'n Reynolds, hired by *FHM* to help us bag one of these beasts. So we cruise out of Port Looe, south Cornwall to investigate whether Blighty's man-eaters are mere legend or a scrumptious fin soup-bound reality. *LC*

SHARK FISHING METHOD 1: NET

Ten miles off the coast we mash up a McManus-sized portion of mackerel and lob it off starboard. Cap'n then cranks up the engines (laughing manically, naturally) to create a mile-long trail of fish blood and offal, thus luring voracious sea beasties boat-bound. With every sea ripple, we dive in with our net (Woolworths "standard", 99p). Our futile scooping is described matter-of-factly as "shit" by skipper.



NO CATCH!



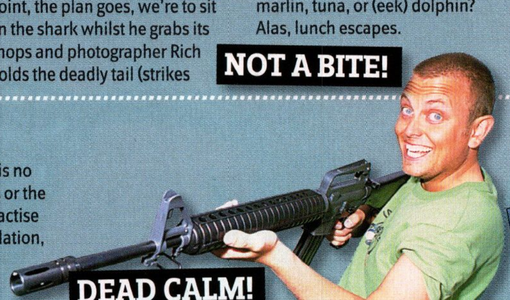
METHOD 2: ROD

The ol' sea dog hands *FHM* his 100lb rod, which can reel in Jaws within 15 minutes – at which point, the plan goes, we're to sit on the shark whilst he grabs its chops and photographer Rich holds the deadly tail (strikes like a rusty machete if released, apparently). We cast out, palms sweating gently. Almost immediately, there's something heavy on the line – is it shark, marlin, tuna, or (eek) dolphin? Alas, lunch escapes.

NOT A BITE!

METHOD 3: AK47

Now this is getting dangerous. On top of sharky threats, a Navy destroyer is approaching from the horizon and we resemble Colombians smuggling Class A's into crack-lovin' Plymouth. Our BB-firing machine gun – not even an AK, but an M16 – is no match for their torpedoes or the resident sealife. So we practise on the local seagull population, peppering their beaks with pellets. No harm done to the gypsy pets.



DEAD CALM!

METHOD 4: TICKLING

It's a simple science – tickle a trout, they fall asleep, you pluck them from water to bap. Could the same be true of sharks? We get within carnivore tickling distance by tempting them with liver and pig hearts, strapped to our head. Quivering in the blood slick, something huge prowls below and we've a hunch it's about as ticklish as Nikki Lauda's face. "Could just be a hungry seal," laughs Cap'n madly, as sphincters blow and we doggy paddle for dear life.

NADA!

If you think you can do better, the Shark Angling Club of Great Britain (01503 262642) will take you into the killer-infested ocean for £30 per person. Got another challenge for our portly staffers? E-mail can@fhm.com or write to "Can *FHM*" at the usual address and we'll get on it!

➜ NOT ORIGAMI

FOLD ME OUT!

We've been burning the midnight oil on our greatest innovation yet. Behold, the *Incoming!* wall chart, featuring...

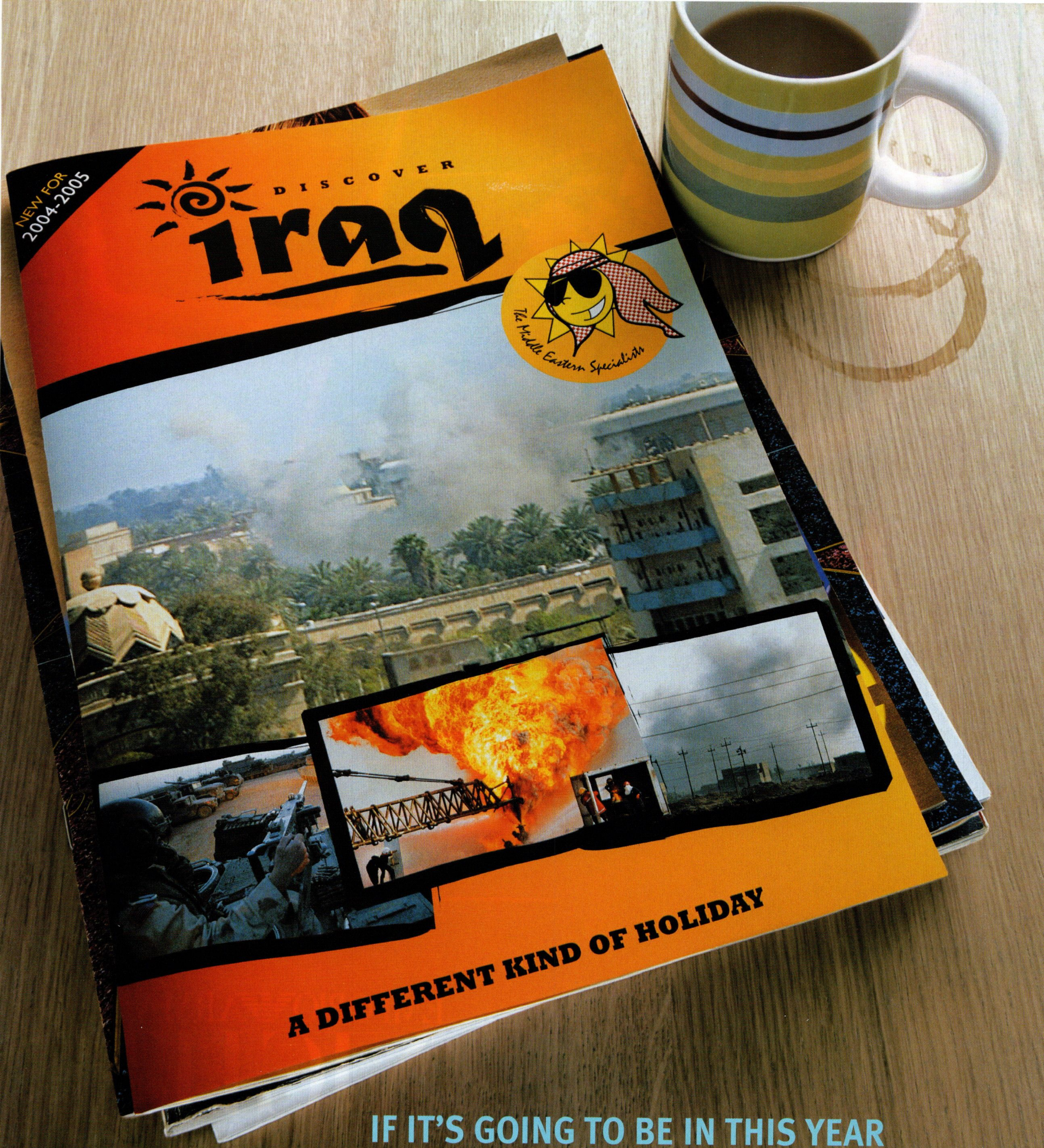
WALL CHART

- ...all the very best – occasionally 'iffy' – events for August! We'll even tell you the hottest places on record last year, so you'll not miss Mr Sun!
- ...our nation's finest lady-watching beaches, August's best DVDs, movies and music. Before you head out, read up!
- ... the Tan-O-Meter! Obviously.
- ...and giant 'wall art' of your very own Miss August. Why she's nearly life-size*!

WALL 'ART'

*Life-size? Only if you love knobbing hobbits.

Photography: Richard Ansett


NEW FOR
2004-2005
DISCOVER
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The Middle Eastern Specialists
A DIFFERENT KIND OF HOLIDAY

IF IT'S GOING TO BE IN THIS YEAR
YOU WANT TO KNOW FIRST.

We couldn't tell you what's going to be the next big thing in holiday destinations, but we can tell you what's going to be massive in music.

TUNE INTO FIRST PLAY FRIDAY. THAT'S ON FRIDAY AT 4PM.

THE BIGGEST HITS - BEFORE THEY'RE BIG

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NIGHT
TWO NEW FRAGRANCES, FOR HIM, FOR HER
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➔ POLITICS. HARDEST GAME IN THE WORLD

CAMPAIGN: BEER FOR BRITAIN!

Sofa-bound men of Blighty! Stand tall and join our crusade

GIVE US OUR BEER!
BURN THEIR CLOGS! KILL THEIR TULIPS! GIVE US OUR BEER!
BURN THEIR CLOGS! KILL THEIR TULIPS!

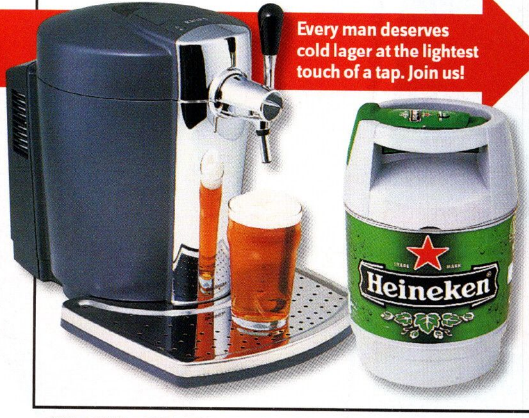
CHRIS BELL
FHM political hot potato tossing himself into the hands of foreign policy

GENTLEMEN: YOUR country needs you. Dust off your Union Jack and shave your head thuggishly, for as of this month we are at war with Europe. Nope, it's not down to the dastardly French/German power axis, or even the relative merits of the single currency - although we agree these are both eye-puncturingly dull issues. No: a simple device has sparked our ire. A technological partnership, in fact, between two Euro-cousins: Dutch lager brewers Heineken and German coffee machine makers Krups. Gentlemen, behold... the BeerTender.

Miles better than the last Dutch-German "collaboration" - when the 32nd Panzer Tank Division instigated Tulip-Flattening Week on the Polders - the BeerTender's main use is to house and refrigerate a four-litre keg of lager. But that's not all: pull on the tap and the pressure system ensures cool beer pours forth, like a tiny pub in your own home! Starting at 499 Swiss Francs (£220) or 549 Francs (£240) for the chrome model, you also get a Starter Kit, replete with glasses, beer-mats, a bar towel and a skimmer (whatever that is).

Potentially life-changing, indeed: that walk to your local isn't quite so inviting now, is it? But in a move that'll turn Kilroy-Silk even oranger with rage, we the Brits have been ignored. "The take-up of the product on the continent was phenomenal," whines the spokesman for Krups, "so stock shortages mean the UK won't see the BeerTender until at least 2005. Sorry."

It shall not be so. As Churchill said, up with this we will not put. As a consequence, we've started a campaign to get the British male the easily accessible lager he deserves. So fill in the form and send it to Krups, South Bar House, South Bar, Banbury, OX16 9AD. We'll let you know when their resolve crumbles... *CB*



Every man deserves cold lager at the lightest touch of a tap. Join us!

Dear Mr Krups,

As a terminally lethargic borderline alcoholic, I was incensed to read in *FHM* that your company is refusing to sell the BeerTender device in the UK due to "stock shortages". In the spirit of European brotherhood, I implore you to reconsider your heinous miscalculation and hear our British cry:

What do we want? Pre-cooled sofa-side Dutch lager. When do we want it? Now! Or at least before summer's warm fronds cease their tender caress.

SO PUT THE EDAM DOWN AND STOP ARSING ABOUT.

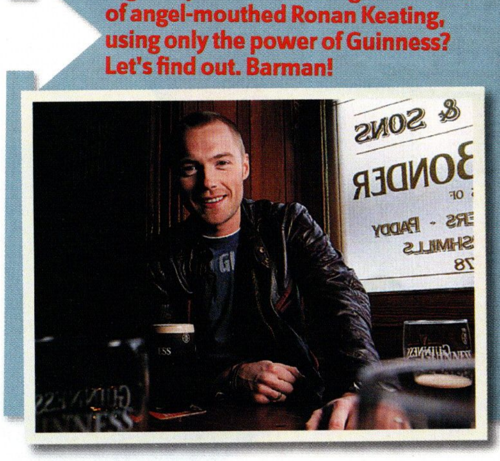
Name:

Signed:

☐ **I am currently thirsty**

CAN FHM...

...get any decent drinking stories out of angel-mouthed Ronan Keating, using only the power of Guinness? Let's find out. Barman!



Hugo Dixon, Richard Ansett, Rex Features, PSC

GUINNESS COUNT: 2

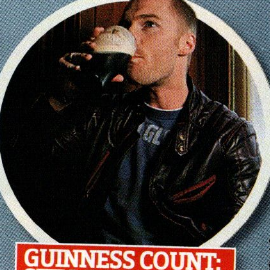
FHM: Good news. There's a tab! Care to divulge the biggest bar bill you've ever picked up?

Ronan: It was in a place in Germany, and the next day the bar bill in the hotel was £6,500. It was my bass player's stag do - we drank some red wine at dinner which was expensive. Then we ordered 96 B52s. I don't know why 96, but 96 B52s later we were absolutely hammered and had to cough up £6,500 the next day. On another occasion, we did a week as Boyzone in Glasgow on tour and every night would be a session. One night in particular, the bill between us all was £15,000.

GUINNESS COUNT: 4

FHM: [Tipsy] Mother of Mary. Ever been in a pub-based fracas?

Ronan: I've been in lots of fights in pubs. Just a few nights ago I was getting chips and this bloke started singing *Life Is A Rollercoaster*. I said, "Very funny," but then he starts going, "Who d'you think you are?" So I said, "Come on then, let's go!" One of his mates then squares up to one of my mates and it all kicks off. Bam! Out the door, the police turn up. My mates are very protective of me, so if there's any scenario they're like, "You get out of here, we'll sort it." It drives me mad because I want to get stuck in.



GUINNESS COUNT: STILL FOUR. JACK DANIEL'S AND GINGER COUNT: 1

FHM: What's been your greatest drinking moment?

Ronan: I'd just got married and we'd been drinking for two days in Vegas. I saw Mike Tyson, so I went over and said, "Michael Collins would kill you." Michael Collins was an old Irish hero from 1916 - I meant Steve Collins. Tyson says, "I think you mean Steve. I respect the man." And with that I get dragged out by security, still shouting at him. Luckily Tyson was going through his Buddhist stage so he was peaceful. So anyway, we're flying home the next day and there's Tyson asleep on a bench in the airport. I'm still pissed so I walk over and smack him in the face and run. Did he come after me? You don't stop to look round when you've just hit Mike Tyson in the face. *DM*

VERDICT: A resounding success, to be sure!

➔ IF IT'S WRONG, WE DON'T WANT TO BE RIGHT

IT'S YOUR... MUM!

When junior here grows up, he'll see Mum in her hottest shoot ever!

WHAT'S THAT? There's nowt appealing about a woman with child? A lady decades beyond her sexual prime? Ah, how wrong you are. This trim filly is 19-year-old Lauren Fleming, perhaps the nation's fittest single mum. That's right: *single.* "I've not had a serious boyfriend in six months," explains the Wigan lass, doting mother of 21-month-old Brandon. "Men don't seem bothered by the fact I'm a mum, and I do enjoy being single – going out and doing what I want, with no bloke trying to control things. But it would be nice to meet someone."

Think you have what it takes to woo Lauren – her 32DD goods *and* the bairn? Before you try, here's some advice from the girl herself...

TAKE HER TO A METAL SHOP: "I had both nipples pierced three months ago, but I really want my clitoris done. Trouble is, I can't find anywhere that can do it! Don't worry – I had my nipples done after I had Brandon. And it's true what they say: the nipples stay permanently erect! That's why I wanted them done. It feels better. I'd quite like it if a guy had a pierced nipple – it would definitely be sexy."

DON'T BOTHER WITH FINE DINING: "My ideal night out is a drink first, then clubbing later. No meal! I don't like eating in public. Just the thought of it turns me right off. Blokes always say, 'I'll take you for a meal,' but I'd rather just go to the pub for a few vodka Red Bulls, then on to a club. Then it would be back to mine and we'd be up all night trying everything. Then he'd be kicked out before breakfast in the morning!"

BE CHEESY – BUY FLOWERS: "No one ever buys flowers for me! Getting flowers and chocolates every so often would be great, because I'm quite romantic at heart. I think the last time I actually got flowers was when I was with Brandon's dad, but only because I made him. That was about two-and-a-half years ago!"

TAKE HER TO THE BALEARICS: "I've never been on holiday with a boyfriend, so if someone can take me away that would be perfect! I like Mediterranean-looking men: tall and dark, but with a great sense of humour. I've never actually been abroad – only to Scotland and Wales. But I'd love to go clubbing all night somewhere fun like Ibiza. That's always been a dream of mine."

LADIES!

Do you have an ex, brother, father, sister, colleague or anyone that you want to surprise in the pages of *FHM*? Then send a pic and details to the usual address and we'll take it from there!

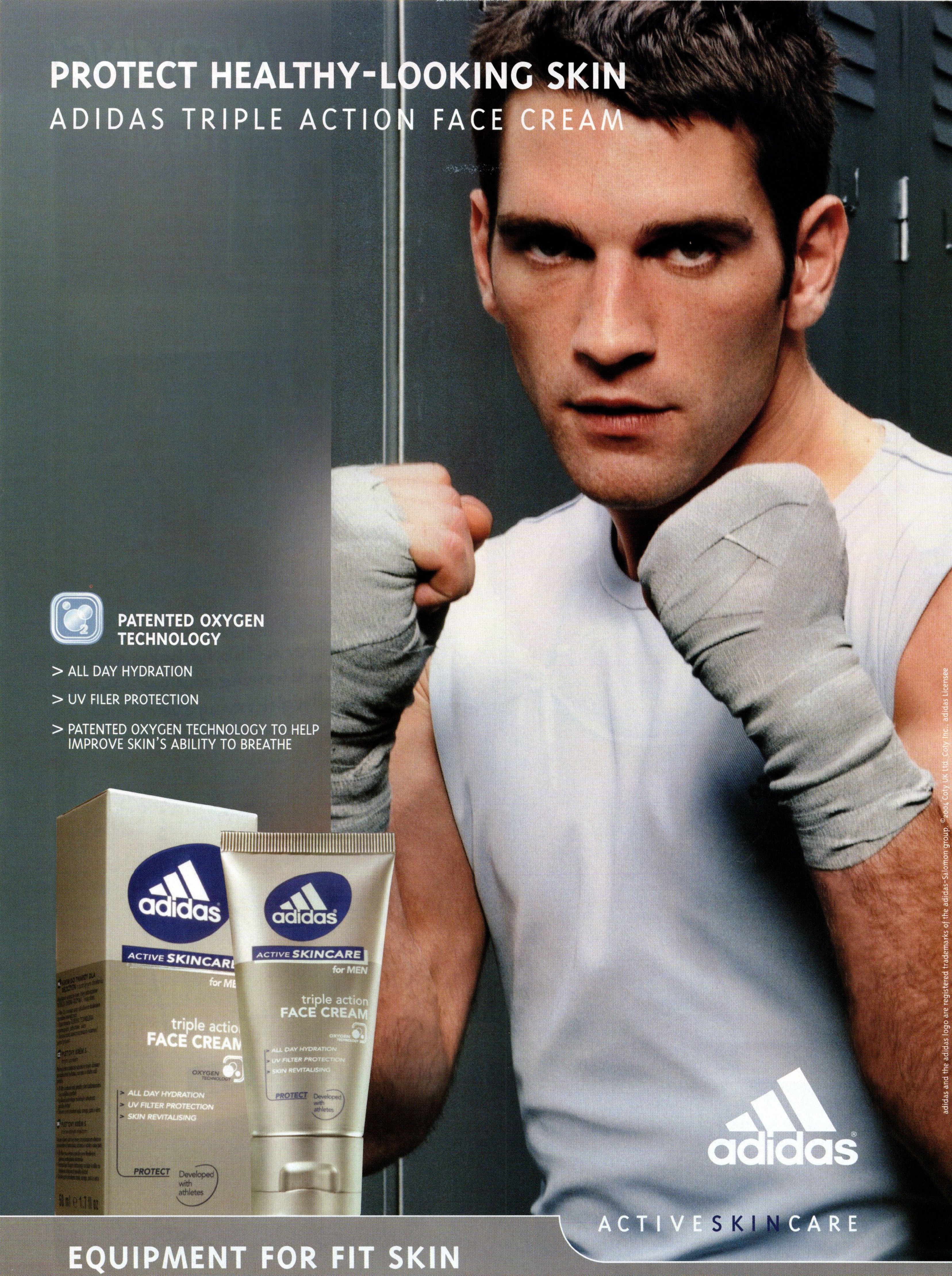
'I had both nipples pierced three months ago, but I really want my clitoris done'

White bra by Lejaby at www.figleaves.com, blue apron mum's own, floral knickers by Co-Co de Mer, cream lace underwear set by Ann Summers, blue and white checked underwear set by www.splendour.com, black satin knickers by Frost French at www.scarlett4u.com, black bra mum's own. Hair and make-up: Mandy Wyson at Time

THE KID

Name: Brandon Fleming
Age: 21 months
Nickname: Brandy
Don't: ...eat your food near the little man – he's practically a bin. "If anyone's eating anything different to him, he'll ignore his food and go straight for yours. He'll eat anything! You have to watch him."

'After a club, I'd take a bloke back to mine and we'd be up all night trying everything'



PROTECT HEALTHY-LOOKING SKIN

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PATENTED OXYGEN TECHNOLOGY

- > ALL DAY HYDRATION
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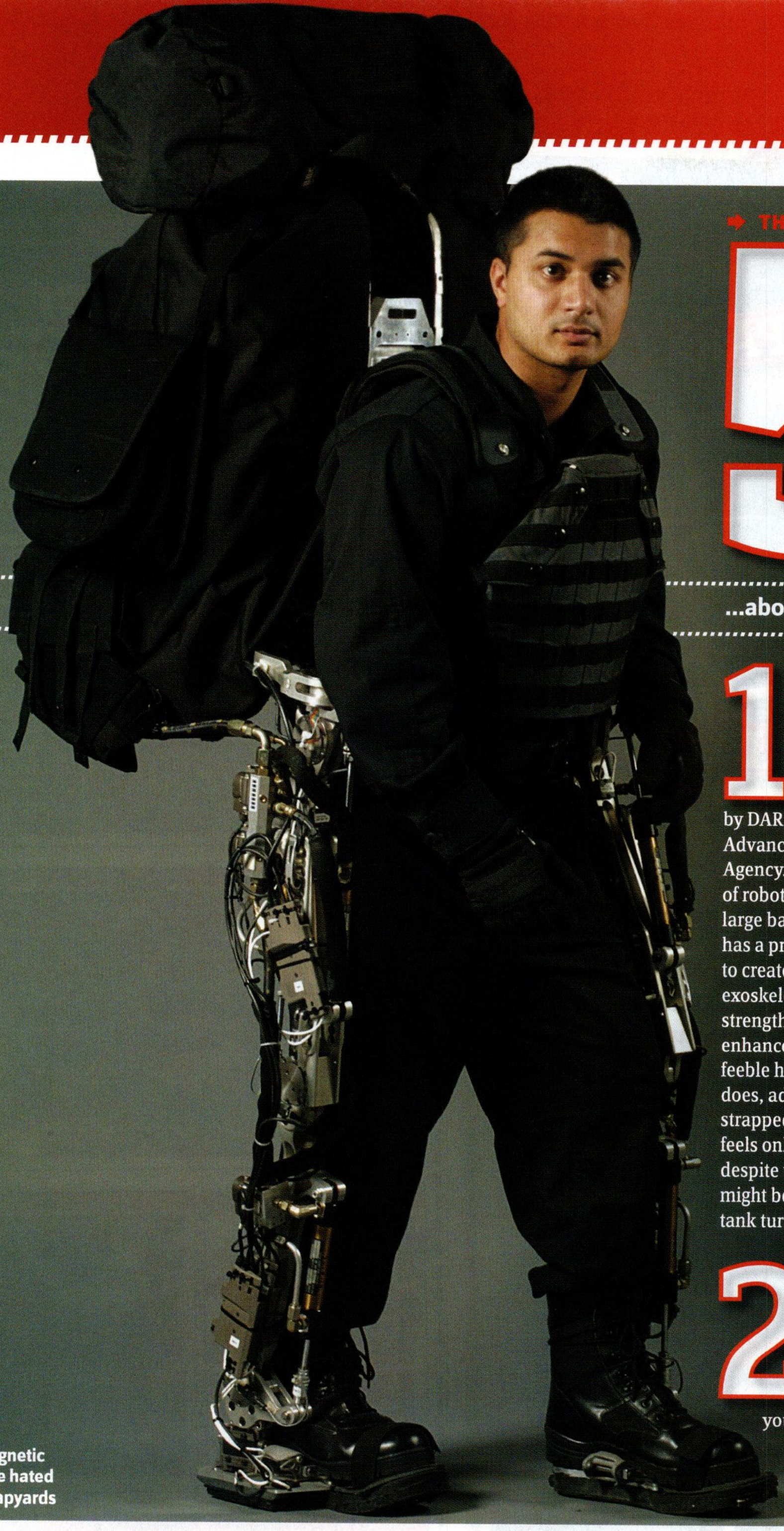


Magnetic Pete hated scrapyards

THESE BOOTS WERE MADE FOR WALKING

5 THINGS TO KNOW...

...about the BLEEX exoskeleton. It just wants to help us all get along

1 Acronym o'clock: BLEEX stands for Berkeley Lower Extremity Exoskeleton, a project funded by DARPA, the Defense Advanced Research Project Agency. Essentially a pair of robotic leg braces and large backpack, BLEEX has a primary objective: to create a self-powered exoskeleton for strength and endurance enhancement of us feeble humans. Which it does, admirably. Once strapped in, the wearer feels only a light load, despite the fact that he might be carrying a new tank turret on his back.

2 So, how does BLEEX move? A joystick? Nope. In fact, all you need do is strap yourself in, think of the final scene from *Aliens* and, as if commanded by Crufts, simply walk on. Sensors in the shoes and along the legs detect movement and kick in with the motor/other wizardry to minimise effort from you. You can squat, bend down, swing from side-to-side. Why, you could even drunkenly stroll back from the pub in this and not feel a thing!

3 BLEEX stopped working? Head for the Esso garage. BLEEX engineer, Homayoon Kazerooni, built his baby to run on petrol housed in a small one-gallon tank in the backpack. The gas provides two hours worth of hydraulic power (keeps you moving) and electric power to feed sensors and clever stuff. If it runs out of juice and there's not a forecourt in sight, just pack the legs away into the backpack and continue unaided.

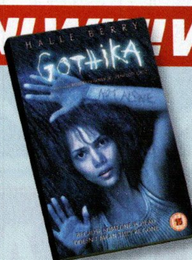
4 Fast, it ain't. Should you bump into some hooligans, BLEEX will only speed you past their skull-bludgeoning tools at two steps per second. But it's not all bad. With more development, BLEEX should liven up in the 'hot-footing it' department, and will even be able to climb stairs. Something that, just like your gran, it seems incapable of doing just now.

5 With even more DARPA millions behind it, BLEEX 2 is already on the way. Due in late 2005, it'll be faster, lighter and nimble as a nicotine-craving monkey. Maybe even with laser cannons attached. DARPA's ultimate vision is of a super-human combat suit that'll let us kick seven shades out of skyscraper-sized invading bugs. Or whatever.

WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN!

HOME CINEMA SYSTEMS: GRATIS

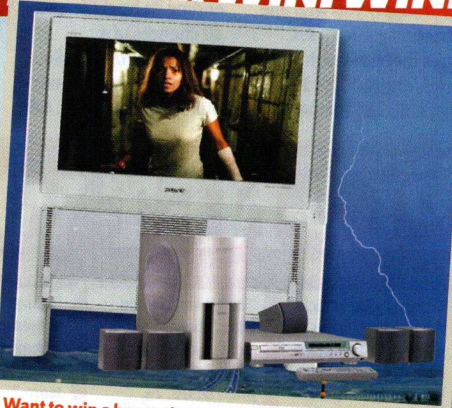
Yep, we've got two to give away, and it's all because of DVD thriller, *Gothika*



THE SIMPLE FACT IS that when Halle Berry inches her way onto celluloid, everyone sits up and takes note. And that's not just because she's got eye-popping norks. Actually it is. But that brings us neatly to her role in *Gothika*, available to rent and buy on DVD (£19.99) and antiquated VHS (£12.99) from August 9.

Grab yourself a copy and you'll be treated to Ms Berry playing Dr Miranda Grey, a brilliant and respected criminal psychologist until her comfortable and stable life is propelled into terrifying jeopardy after a cryptic encounter with a freaky imp. When Grey next wakes up, she finds herself trapped behind bars in the loony bin where she's been working for years. With dark plot twists that keep you on the edge of your seat from start to finish, *Gothika* is a spine-chilling must-have for any horror fan's DVD collection.

And guess what? We're going to do our utmost to ensure you get a copy free of charge! Courtesy of Columbia TriStar Home Entertainment, we've got two copies of *Gothika* on DVD to give away. Crap prize? Not at all! Like we said, there's also two home cinema systems going begging. Which means two of *you* have to win. So get entering right now. Just fill in the box opposite and send it in to the usual *FHM* address. Terms and conditions apply. Good luck!



Want to win a home cinema system? Then fill this in...

Name

Address

Send your entry to: *Gothika* competition, *FHM*, Mappin House, 4 Winsley Street, London, W1W 8HF

Gothika © 2003 Warner Bros. Entertainment Inc. and Columbia Pictures Industries, Inc. All Rights Reserved

PARK LIFE
REAL LIFE

Snake regretted the nine iron for breakfast

→ NEGATIVE GHOST RIDER, THE PATTERN IS FULL

OPERATION: PARK PREDATOR

We bought a plane. From Canada! And then smashed it into tiny, non plane-shaped pieces

BALDING FORTY-something? Paedo-curious? Nauseating to all but your dead mother in the cupboard? Then it's 99.99 per cent science fact that you're a fully signed-up afficionado of the radio-controlled plane. But this life-sapping preface to suicide no longer need be confined to the socially inept. Now it's perverts, too.

Just the other day, *FHM* stumbled upon Canadian website www.rctoys.com, who announced news of The "Predator"! For $750 (about £300 - God bless the crumbling North American economy) plus shipping, they'll supply you with one of these magnificent R/C planes that can reach 50mph *and* 8,000ft! But better still, The Predator also has the option of a small "Eyecam" wireless video camera in its nose. Which means that, once airborne, it - and you - can spy on all sunbathing honeys aplenty!

Naturally *FHM* bought one, then made straight for London's babe-strewn Regent's Park. After ten seconds of struggling through the air like an Air France concorde, our bird was up and flying! Then, before we had a chance to test the Eyecam, disaster: aping *Top Gun*, we lost control and twatted the ground full speed, ending its brief life and all chances of a thorough *FHM* test. So, apologies. Next month: bulls in china shops. *GB*

→ WE KNOW NOT OF WHAT THEY SPEAK

PLANET WOMAN

It's the new footie season, Euro 2004 just gone, surely they'd know the offside rule by now...

"When a player kicks the ball and it goes behind the line at the corner, the referee blows the whistle and it's called off-side."
URIEL CAPUTA, 19, SURREY

"Isn't it kinda to do with... the strikers who can't go in front of the other defenders?"
JAKKI DEGG, 26, LONDON

"I think it's when one of the team's players go further forward than the opposing team."
JESSICA MCGINLEY, 19, DARTFORD

"While it's playing forward towards the goal, it's something to do with the guy behind the last two defenders."
JENNIFER YOUNG, 23, HAMMERSMITH

"I don't really know. There can't be two defenders between the guy and the ball?"
GWYNETH SMITH, 19, LEEDS

AUGUST INCOMING!... POCKET SIZE

Blighted by laziness? Then lucky old you - we've put the best of this month's *Incoming!* into this handy wallet-size strip. Cut out, pop in pocket and produce at pub for hilarity

AUGUST INCOMING!
Miss AUGUST
FHM'S TALK O' THE PUB...

INCOMING!
MANIMAL!

INCOMING!
FHM AUTOS
SCI-FI HEROES: BUILDABLE

INCOMING!
THE EDMONDS-MOBILE!
CONSPIRACY THEORY...

INCOMING!
IT'S YOUR... MUM!

INCOMING!
DOES MY... BUM LOOK BIG IN THIS?

INCOMING!
'INTO THE CANOE-OO-OO!'
5 THINGS TO KNOW...

Photography: Adam lawrence

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WANNA NEW TATTOO

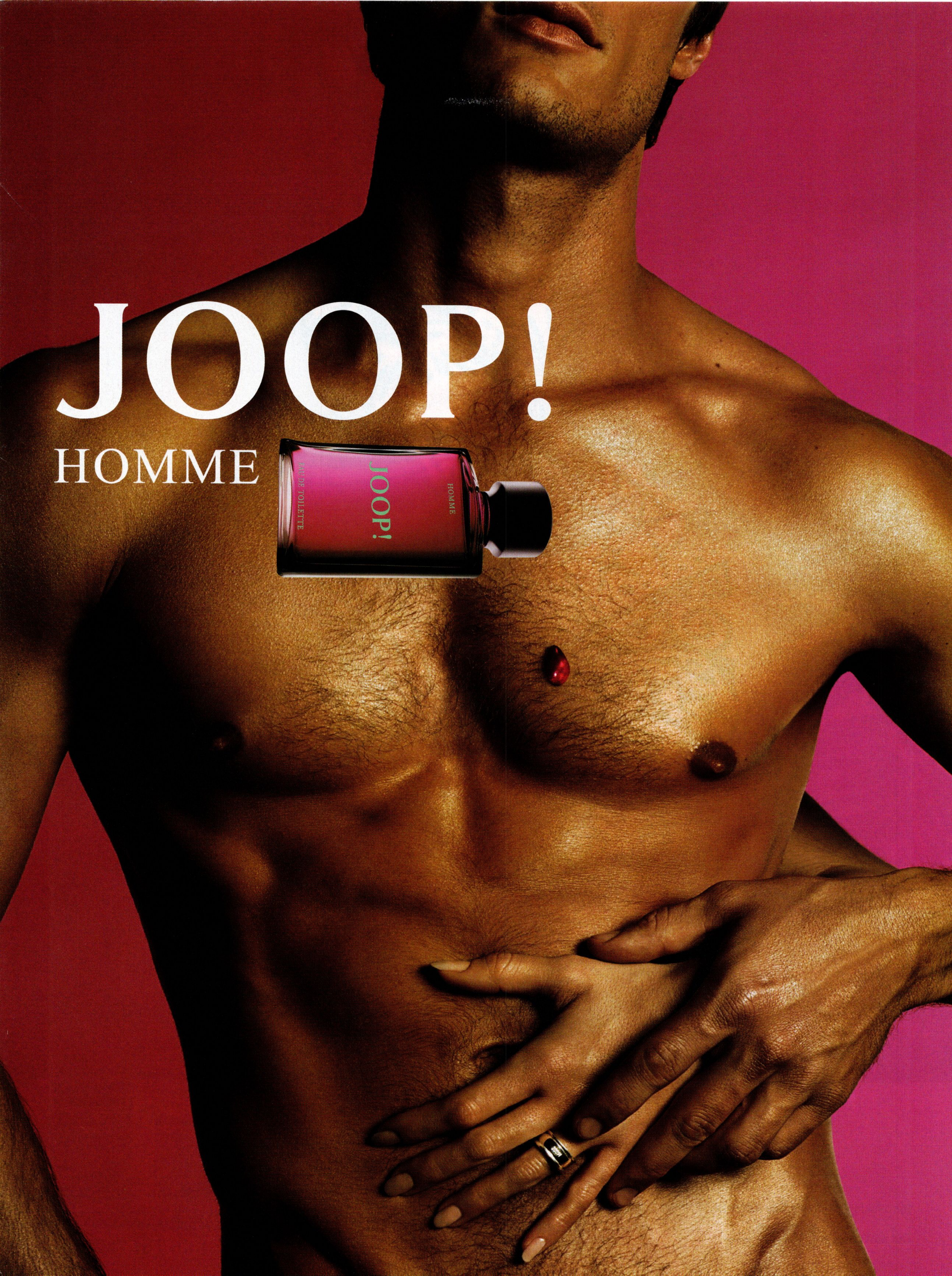
BUT DON'T KNOW WHERE?

Introducing the Game Boy Advance SP Tribal Edition. Play over 400 games in style.

Out now: — F-ZERO GP LEGEND — MAX PAYNE — TOM CLANCY'S SPLINTER CELL PANDORA TOMORROW —

GAME BOY ADVANCE SP

JOIN THE TRIBE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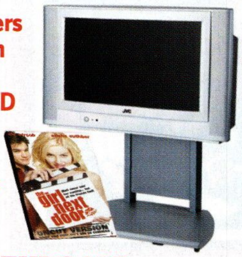
Behold the new-look letters page: Letter Of The Month wins a 28in JVC TV, with runners-up grabbing a DVD of *The Girl Next Door*, with Elisha Cuthbert as a porn star. One more time: *a porn star!*



REVEALED: THE LOST OLSEN TRIPLET

Myself and my mates happened to be watching old Arnie movie *Total Recall* the other night, and realised that the infamous "Midget With A Machine Gun" looks identical to either of the Olsen Twins. It turns out that she also starred as an Ewok in *Return Of The Jedi* - sweet!

NAN O'NAGAN, IRELAND

An Ewok, eh? That electrolysis has worked wonders. Makes you wonder about the furry secrets of the other two billionaire jailbait, eh? What - you've already been thinking about it, you say?

Zoe Ball scrubbed up well for the passport photo

EURO IRE

Don't you feel like a right bunch of tossers? If memory serves, your July Euro 2004 special rubbished the Greek team as "No hopers", with the line: "I wouldn't recognise Greece if they were playing in front of me right now." Large portions of the British press have complained about the Greek team's boring, defensive style. Well, sorry to burst your "bubbles" guys, but England didn't exactly set the world on fire either. The general tone of the entire feature was a typical display of completely unmerited English arrogance - a malady that has encumbered the efforts of your national teams for many a tournament.

STAVROS PAMBALLIS, NICOSIA, CYPRUS

Ouch. However, the fact this was actually David Baddiel's slur pales into insignificance when we realised your name really is Stavros. We're wondering - how many other "peeps" agree?

NORTHERN UPROAR

Just picked up the 10th anniversary edition of *FHM*, sat in my favourite armchair and thought it was time for a bit of reflection. Imagine how pissed off I was when everything I have read for the last ten years was repeated in one issue - what a rip off! I have bought every *FHM* ever released - at an average of £3, that's a total of £360. I could have had a bloody good holiday with that, or a nice new set of alloys for my car. What happened? Did you go on holiday and leave the office junior to sort it out? I demand a refund of at least £1.75.

CHRIS COBB, STOURBRIDGE, WEST MIDLANDS

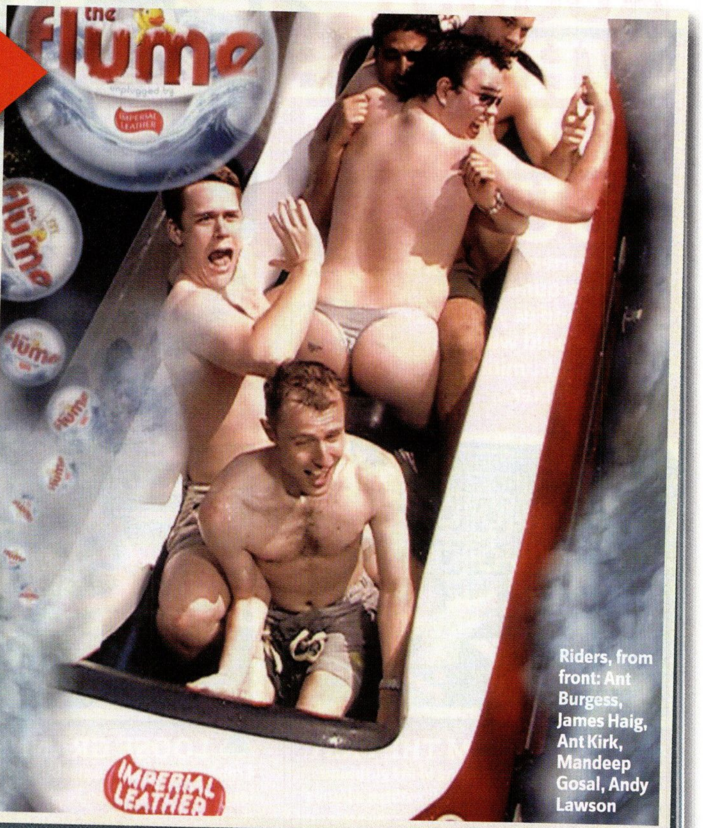
Out Of Office Auto-Reply: Hi! As it was coupled with entertaining (read: cringing) behind-the-scenes tales, we couldn't give less of a shit. You tight-arsed Brummie curmudgeon. See you on the beach!

AUGUST LETTER OF THE MONTH

Me and the guys had a fun time at Alton Towers - the "family" theme park, as we were told when collecting this photo. Despite getting a standing ovation from the queue and ride operators, we were told that this was not suitable behaviour for a family theme park. So here it is, in all its glory, for your more mature readers...

JAMES HAIG, VIA E-MAIL

...and also our small demographic of "podgy homoerotica" enthusiasts, of course. Is that really a gold thong? Still - you can't put a dollar value on advertising like *this*, can you Imperial Leather?



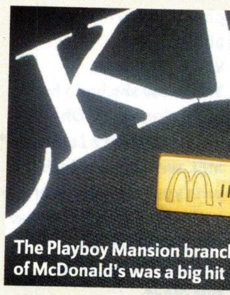
Riders, from front: Ant Burgess, James Haig, Ant Kirk, Mandeep Gosal, Andy Lawson

WHAT'S IN A NAME?

Thought you might like this picture from a recent stag party in Tallinn, Estonia. Imagine our reaction when we were served a Big Mac and fries by the lovely Inge in the local McDonald's. Although when we asked if hairy pie was on the menu, she just looked confused.

LUKE FIELDHOUSE, VIA E-MAIL

Bless her sheltered ex-communist naiviety. But what about her colleagues: Utha Fuka, An Brests and Ythats Abigcock?



The Playboy Mansion branch of McDonald's was a big hit

RED HOT

What do you have against redheads? When you feature a woman, you always mention she's a sexy blonde or a beautiful brunette - but never if she's a hot redhead. Gillian Anderson, Alison Hannigan and your student winner, Alexandra, are all sexy and they all have red hair! Are you ashamed to admit we can be desirable?

KATY PRICE, VIA E-MAIL

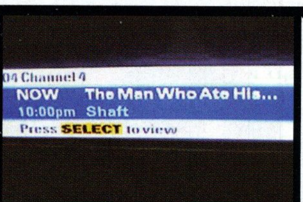
Well-argued, Katy - right up until the point where you named three women we've championed over several years. Maybe the glare from the "lick of fire" in your pants was putting you off.

AUGUST GALLERY

Got a picture phone? No idea where to send those saucy, hilarious or odd shots? Send them here! We'll print the best each month. Mms 07740 770 707 (include '*FHM*' in the message), or e-mail incoming@fhm.com

"Found these bees having sex outside Bedford station - I love to watch."
LEIGH BOWEN, BEDFORD

"Stealthy picture phone work in Magaluf, if I do say so myself."
NICK GRAPH, ESSEX



04 Channel 4
NOW The Man Who Ate His...
10:00pm Shaft
Press SELECT to view

"Saw this on Sky the other night. Sounds interesting."
LYNDON, OXON

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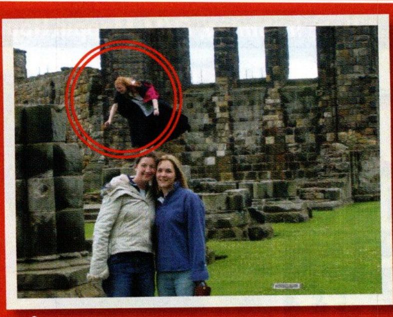
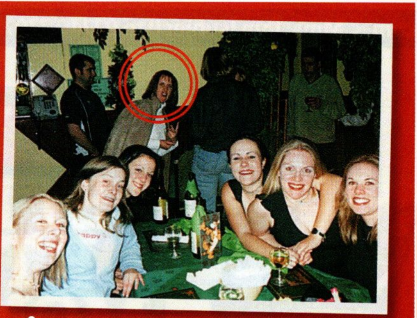
AUGUST WHO THE HELL ARE YOU?

Found someone lurking in the background of your snaps? Send us your pics and you could win £50. And public humiliation for your stalker...



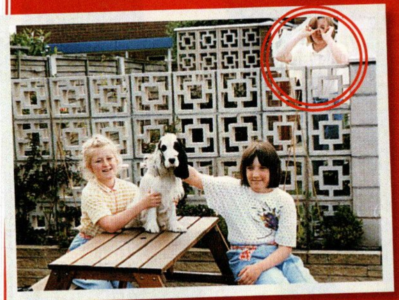
HAG TAKES FLIGHT

"Whilst taking a stroll around St Andrews Cathedral after my graduation," writes James Houston, "I paused to take a photo of my girlfriend and her best mate. We have no idea who the girl in the background is, or if she survived."



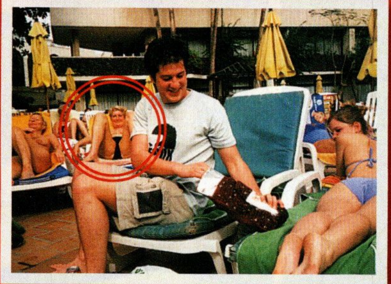
THAT'S JUST MEAN

"This is a photo of me and the girls at an Indian restaurant," writes a traumatised Sarah Hayward from Brackley. "But who's that rude bird @ the back?" Perhaps, like us, she's just someone who can't abide those too street to write "at"?



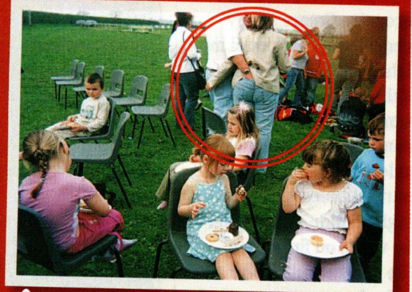
BLAST FROM THE PAST

"I was packing stuff belonging to my girlfriend (blonde on the left)," explains Prestatyn's James Parry, "when this old photo came to my attention." We pray by "old" you mean enough years have passed to make that dog dead, or we're calling 999.



LOOSE GRANNY

Crimbo 2003, and Canterbury's "Stoni" is opening lousy gifts poolside in Tenerife. "The old bird in the background," he scrawls in almost illegible Biro, "was the only interest I got all holiday. Oh well, better than nothing."



PERVERTS!

Sly Caroline Keath from Shepton Mallet caught this couple getting cheeky at her son's birthday bash. "It seems his fingers are right up her crack," she explains. Luckily, Jammie Dodger feasting is distracting the nippers from the live smut.

"Hello, son. Meet your new mum"
gleave tool centre

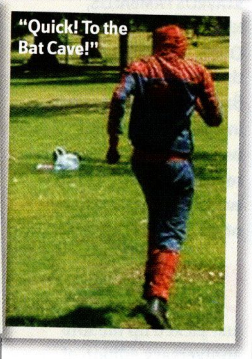
'INTERESTING' READER NO 1

I have come into possession of a promotional outfit that Leilani Dowding, the former Miss Great Britain/Page 3 stunner, wore at the opening of Gleave Tool Centre in Manchester. Sadly, I have now discovered if I want to sell it on eBay it has to be washed - which means all of her lovely sweat etc will be biologically removed by the likes of Persil. Obviously, this will vastly reduce the value of the garment - so please can I put in a request for *FHM* readers to e-mail any private bids to iwantitnow@elgey.co.uk? Maybe they could get their girlfriend to dress up in it - either way, I've attached photos to prove it's all above board.

VINCE, VIA E-MAIL

You know she has a huge bush, don't you? Oh - hang on, that's *Leylandii* *. Still, we wish you luck with your sinister garment-gathering - if only because it's marginally less invasively weird than this bloke...

"Party at Batman's...?"

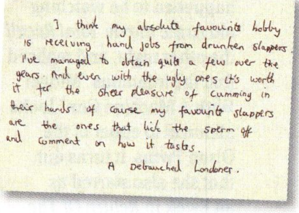

"Quick! To the Bat Cave!"

'INTERESTING' READER NO 2

I am a real part-time super hero. I have no powers as of yet, but made a Spider-Man suit in an attempt to scare off would-be criminals and help stop innocent people from being attacked around London. I have enclosed a few pictures of me in action for your magazine, in the hope that anybody who is in need of my services can get in contact with me. I will charge them as little as £5 per life I save. Check out this picture of me with Louise Redknapp in my new suit.

MARTIN TAYLOR, STEVENAGE, HERTFORDSHIRE

Step away from our Sexiest Woman, Martin. For starters, she's pregnant, and secondly... Dear God, man, just look at yourself. And yet, even the proximity of young children isn't as frightening as...



I think my absolute favourite hobby
is receiving hand jobs from drunken slappers.
I've managed to obtain quite a few over the
years. And even with the ugly ones it's worth
it for the sheer pleasure of cumming in
their hands. of course my favourite slappers
are the ones that lick the sperm off
and comment on how it tastes.
A Debauched Londoner.

(For the record, our designers handled this letter with tongs. Long ones.)

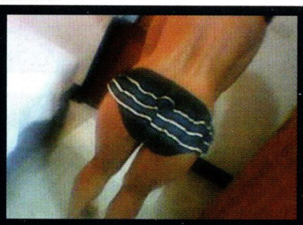
'INTERESTING' READER NO 3

Although being of a certain age (39 years + 120 months), I was shocked when my 22 year-old niece accused me of being FAR too old to read *FHM*. I pointed out that not only have I been a subscriber for several years, but I could afford to buy the big boys toys, gadgets etc... without having to use 80% of a student loan! So come on *FHM*, who is your oldest regular reader?

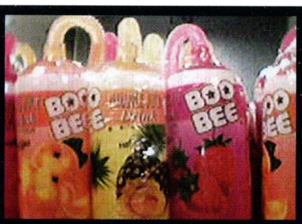
PS Abi Titmuss - top totty... absolutely no need for Viagra!

BRIAN LORD, SWINTON, MANCESTER

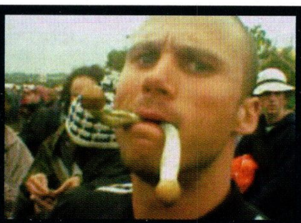
Indeed not: she's a woman for a start, and randy enough. But are any other readers closer to dancing with the Reaper than Brian? There's a "Methuselah" on our subscriber list - could it be?



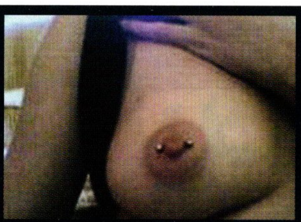
"Do you think her bum looks big in these? Thought I'd ask around..."
J PATTERSON, CORNWALL



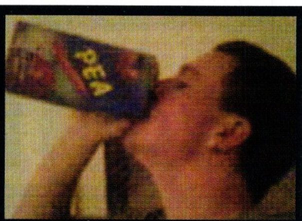
"Saw this in Manchester - wonder if it tastes as good as the real thing?"
ANONYMOUS, MANCHESTER



"Check out my giant mushrooms *FHM*. Taste bloody awful."
BARNEY, BIRMINGHAM



"I'm a big fan and would love to be in the mag. Even if it is just my boob."
HEIDE BOTJE, LONDON



"Hello boys. Here's Phil drinking his own pea in Kavos!"
NICK, RICHMOND

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* Gag copyright Mike Peake, 2004

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OUT OF THE MOUTHS OF BABES

Ladies: lovely to look at, delightful to hold, but can't seem to stop themselves talking complete cobblers...

While watching a TV show on premature babies last month, my girlfriend got agitated. "That's terrible!" she yelled, pointing at the screen. "Using a sick baby to advertise mobile phones!" "Darling", I said, "he's using an oxygen cylinder: it's supposed to have O2 on it."
CHRIS VAUGHAN, LEEDS

While attempting intelligent conversation about the population boom, a female colleague asked: "How many people could this country hold before it sank?" Better still, she then added: "Well, it is only an island."
DAVE RUMSEY, HIGH WYCOMBE

Whilst driving to Scotland, my now ex-girlfriend commented it was a bit early for Easter advertisements, pointing to a roadside restaurant. It broke my heart to tell her that it was, in fact, a Happy Eater.
JOE FAGAN, STOKE-ON-TRENT

While sat in a pub talking about sex with my girlfriend, I offered to give her a pearl necklace. "Fuck off," she protested, "That's where you knock all my teeth out, isn't it?" Er...
GRIFF KING, VIA E-MAIL

After smacking my head on my coffee table, my lady grabbed her mobile. "I'm calling an ambulance," she cried. "You might have percussion..."
JASON JACOB, VIA E-MAIL

AUGUST JOKES

The best wins a recordable DVD, runners-up get a MiniDisc recorder, all from Richer Sounds

LEADS... TO NOWHERE

A phone rings at Greater Manchester police headquarters.

"I'm calling to report my neighbour – he's been hiding marijuana inside his firewood."

"Thank you much for the call," says the desk sergeant, "we'll take it from here."

Within the hour a team of police officers descend on the neighbour's house. They search the shed where the firewood is kept and, using axes, chop up every last piece. But no marijuana. After an uneventful hour, they leave. The phone rings.

"Did the cops show up?" asks the caller.

"Sure did," replies the man, assessing the damage.

"Great," replies the voice, "now it's your turn – I need my allotment dug up. A suspected murder should do it."

LAURA DUNBAR, MANCHESTER

CAFÉ CULTURE

Two old ladies are sat next to one another in a café, enjoying a cup of tea: "Did you come on the bus, dear?"

"I did," says the old girl, "but I managed to make it look like an asthma attack."

DAWN PINDER, VIA E-MAIL

LEAP OF FAITH

Beckham, Zidane and Figo are caught on the roof of a burning building. Local firefighters arrive with nothing but a huge blanket.

"Jump!" they shout to Figo. "Don't worry, we'll catch you!"

Figo looks at Becks and Zidane, gives a nod and leaps from the building. Then, just as he's about to land in the outstretched blanket, the firefighters move out the way, leaving him to fall to his death.

"One less galactico!" they cry with laughter.

Regardless, Zidane has no hope but to jump: "If you move," he shouts, "ze entire French squad will kill you!"

With that, he leaps out. Down he goes until at the last moment, the firefighters move out the way allowing the friar to fall to his death.

Only Beckham is left.

"Just jump," shout the flame-bashers, assuring Becks that his fellow footballers "misjudged".

"How stupid do you think I am?" screams Beckham. "Put that blanket on the ground and stand back!"

DAN HARRIS, VIA E-MAIL

THE ACCUSED

"It was just a simple misunderstanding, your honor," testifies a man charged with indecent exposure.

"Explain yourself," demands the judge.

"Well," says the defendant, "this girl and I were drinking in a bar and she asked me what I wanted most in a woman, so I showed her."

NEIL FLETCHER, VIA E-MAIL

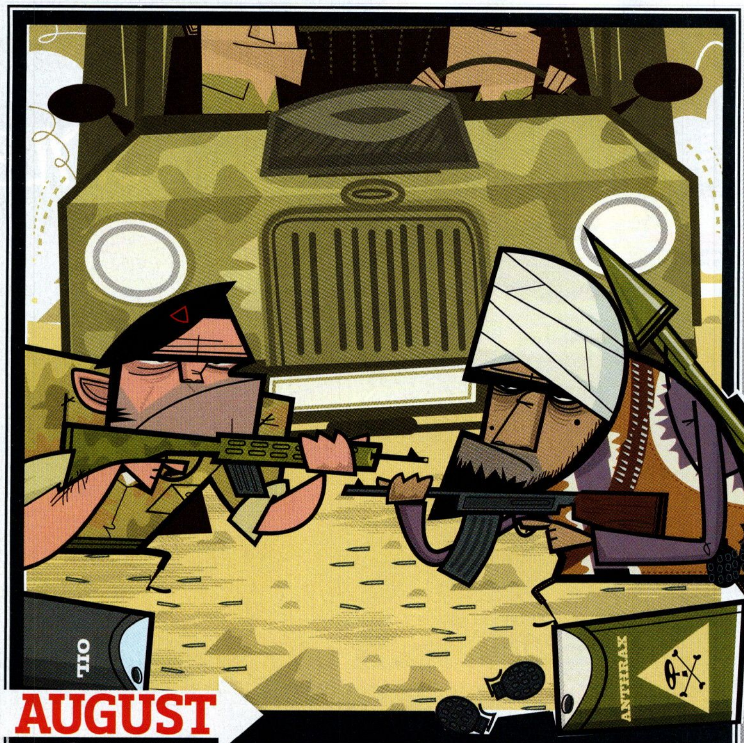


Illustration: David Semple

AUGUST JOKE OF THE MONTH

PATROL HITS A PROBLEM

An American patrol near Basra rolls by two injured men lying unconscious at the roadside. One is a British para, the other an Iraqi insurgent. As the patrol administers first aid, they ask what happened.

"Well," explains the para, "I was patrolling along the highway when I ran into this Iraqi. We pointed our weapons at each other and I shouted, "Saddam Hussein's a wanker!" Then he hollered, "George Bush is an asshole!" We were standing there shaking hands when the truck hit us." MATT CHAINEY, VIA E-MAIL

OPEN FOR BUSINESS

A young man decides to start his own jewellers. He rents a well-placed shop and has it impressively decked out. On the first day of work, he is sat at his desk when in walks a man. Not wishing things to appear dead, the young man grabs the phone and pretends to be in deep negotiation with a customer: "Yes, yes, of course we can undertake your request for £800,000 of uncut diamonds per shipment, three shipments per year."

He nonchalantly gestures to the man to take a seat, before continuing: "Our shipping and forwarding agents will be notified of that particular condition. We must insist upon a letter of credit for £2.4 million being lodged with ourselves before the first delivery. Fine. It's a pleasure doing business with you, Lord Robert!"

He places the phone down, leans back in his chair and smiles at his visitor: "Now, sir, what might we do for you?"

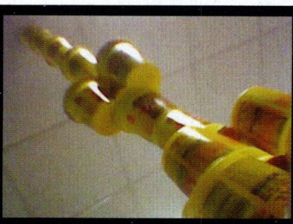
"Nothing," replies the visitor, "I'm here to connect the phones."

SIMON WELLS, ASHBY

SEE YOU NEXT MONTH!

"I think I have the best dog in the whole world. Look at the li'l fella!"
GARETH BRENT, SWANAGE

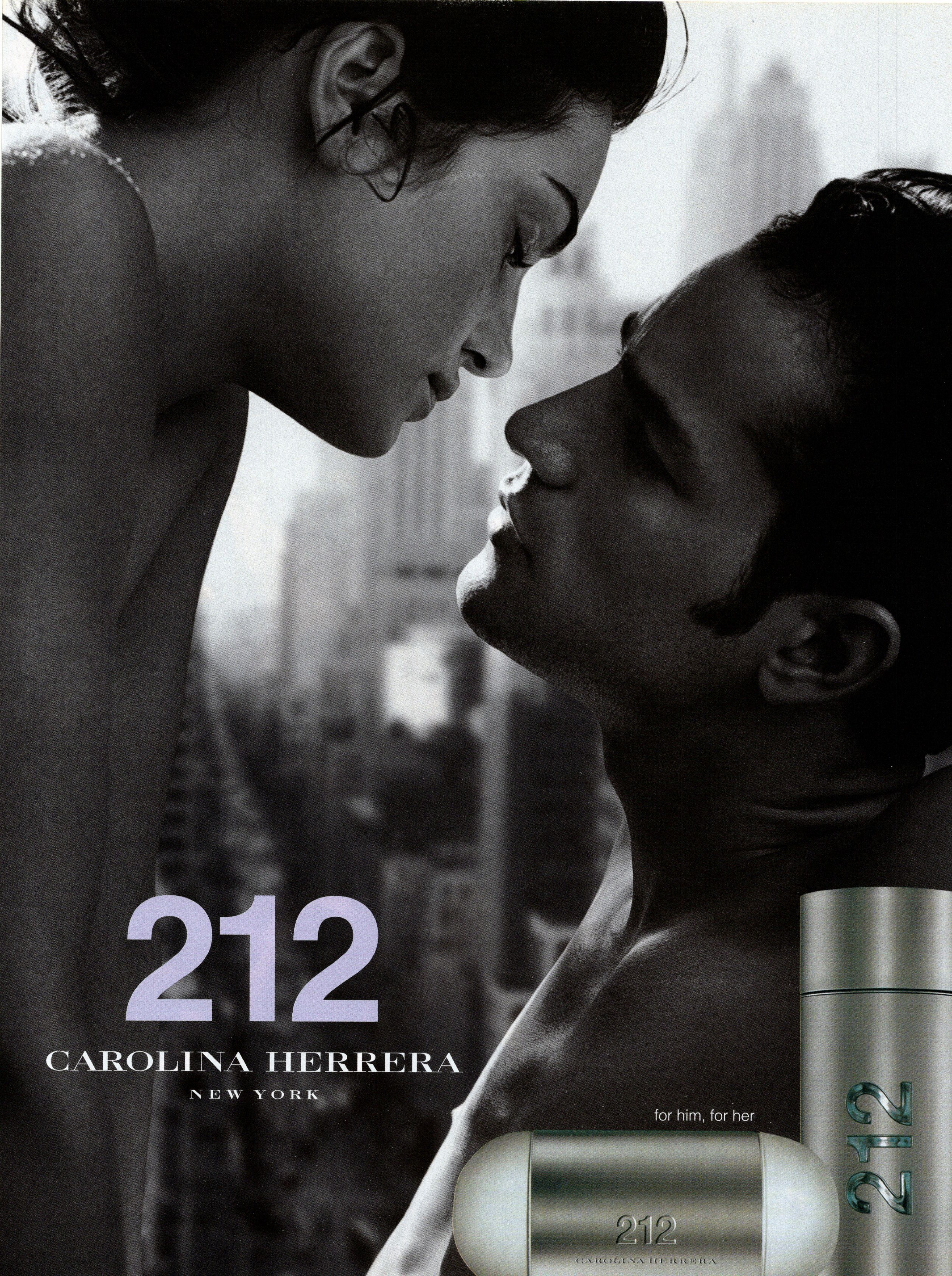
"What do you think of the mini Stone Henge we built, drunk at 11pm?"
JD, LONDON



"Pot Noodle tower – not even Bin Laden could bring this down!"
D RUMSFELD, WASHINGTON

"I recently discovered that I can fit an entire bell in my mouth. Look."
JO ROUSE, ASHFORD

"Who on Earth has a tudor garage in their back garden?"
ROB BROWN, BRIGHTON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CAROLINA HERRERA
NEW YORK
for him, for her
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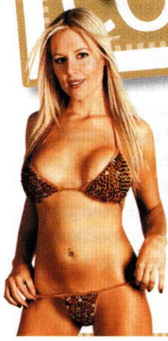
♦Typical 0% finance† example:* 206 GTi 180 2.0 litre petrol 16v 3 door at *£15,215.00 Minimum Deposit (35%) £5,325.25, Customer **APR 0%,** 36 Monthly Payments £274.72, Total Amount Payable £15,215.00. †Offer subject to status. Over 18s only. A guarantee may be required. Retail customers only. Written quotations available on request from Peugeot Financial Services, Quadrant House, Princess Way, Redhill RH1 1QA. Metallic paint available at an optional additional cost of £325.00. *Price quoted is on the road based on the MRRP and includes delivery to dealership, number plates, 12 months' Government Vehicle Excise Duty, £38.00 Government First Registration Fee and applies to 206 GTi 180 2.0 petrol 16v 3 door at £15,215.00. Offers not available in Northern Ireland where alternative offers may apply. Offers apply to vehicles ordered and registered between 1st July 2004 and 30th September 2004 inclusive. §In addition to the Peugeot two year unlimited mileage manufacturer's warranty, all vehicles first registered in the UK and purchased from a UK Peugeot Dealer on or after 1st September 2002 benefit from a free optional additional one year of warranty provided by the Peugeot Dealer network in the UK. This additional warranty carries a mileage limit of 60,000 miles from first registration and is dependent on the manufacturer's recommended servicing being carried out at the specified time or distance intervals. For full details and terms and conditions please consult your Peugeot Dealer in the UK. ‡Service intervals are two years or 20,000 miles for petrol, two years or 10,000 miles for diesel and two years or 12,000 miles for HDi diesel engines. Offers subject to availability. Prices, offers and information correct at time of going to press. Calls to 0845 200 1234 may be recorded for training purposes. Calls will be charged at local rate.

Sex CONFIDENTIAL

Welcome to the section of *FHM* where we celebrate the best thing about being alive. No, not chicken sheesh kebabs – the wonderful world of jiggy!



Ask Abi

Look who we've got to tap out answers to your between-the-sheets problems – it's Abi Titmuss!

Dear Abi

I'm circumcised, and nervous of my new girlfriend's reaction when she finds out. Will she mind? Would you?

JAKE, LONDON

The size, shape and cut of a bloke's manhood simply isn't as important to girls as a lot of you men think it is. Now, I admit, when I was younger I thought that size was everything, but with a little experience, I realised that if a man was good at other stuff – like going down – I didn't worry so much. As for your specific penal "problem", don't fret: I've talked with my girlfriends and they all agreed they preferred a circumcised penis – it's probably cleaner and certainly looks nicer. So don't worry, Jake, I expect she'll be delighted. My only advice is to give your girlfriend some tips if she wants to give you a handjob – there's simply not so much for a girl to play with!

Dear Abi

Every time I have sex with my girlfriend I always come far too early – very disappointing for my girlfriend, and extremely embarrassing for me. What should I do?

TOM, HUDDERSFIELD

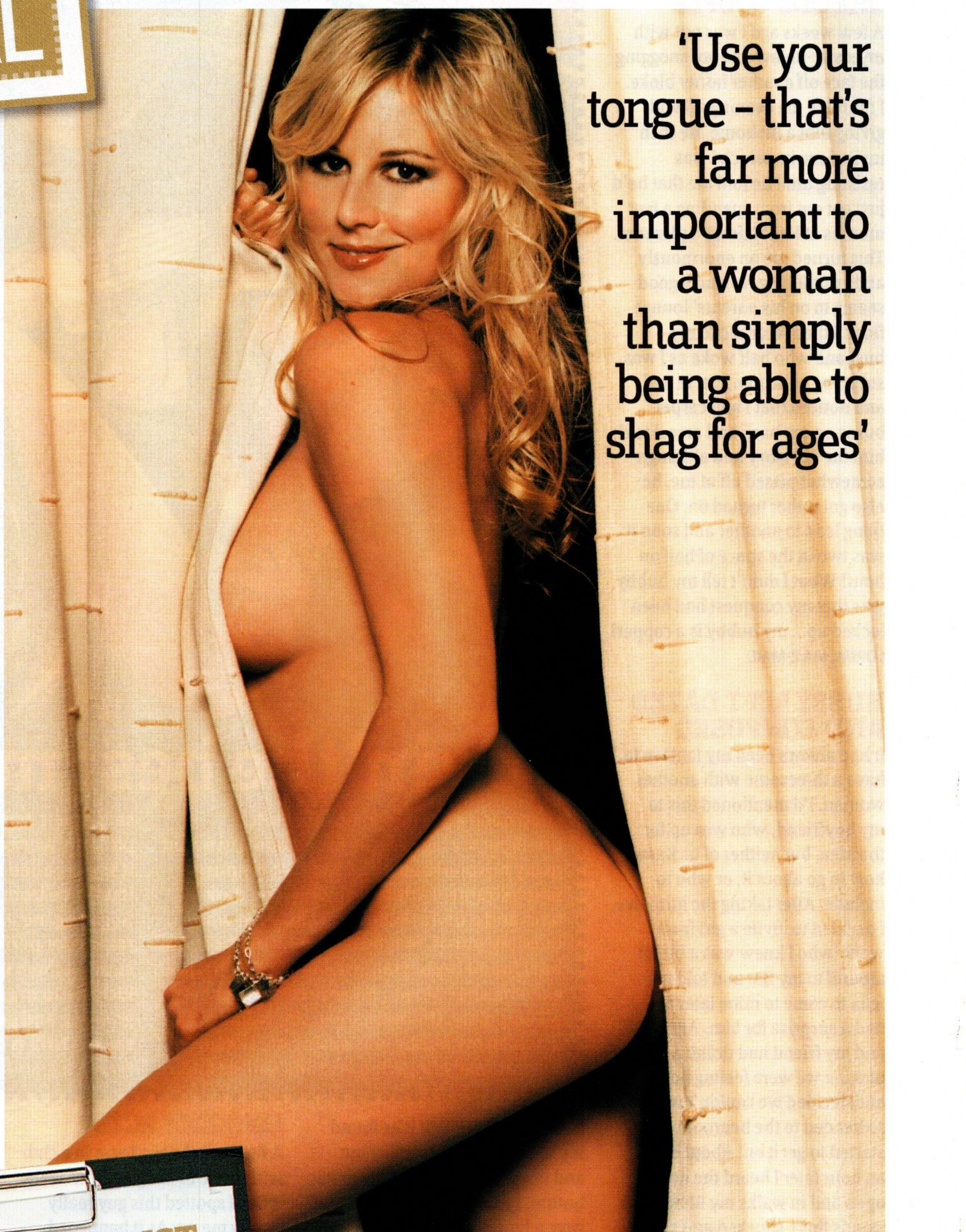
I've asked a whole bunch of guys what they'd do in these circumstances, and every one said that like Ted in *There's Something About Mary* you should "put a wank in the bank" before you meet your girlfriend. That's a good tip but, if you want a woman's point of view, it's not to get too hung up on penetration. Take more time on foreplay, and learn to turn your girlfriend on in other ways. Use your tongue – that's really, really important and far more important to a woman than simply being able to shag for ages. So pay attention to her body: it'll give her loads of pleasure, and I guarantee she won't be bothered that you haven't given her a good shafting – yet. Believe me, that's not all that women want.

Dear Abi

I'm looking to buy my girlfriend a sex toy but have no idea what she'd like. What would you advise me to get?

PETER, LIVERPOOL

Peter, that's an easy one. A vibrator. Don't go for the biggest vibe – stimulation is the best thing, not penetration. Remember that you're not replacing the cock, just adding to it. If you want advice about a specific model, every girl likes a Rabbit. Don't go anywhere near the dodgy-looking sex shops with blacked-out windows. You'll find them on the high street in places like Ann Summers, at the back the shop; don't be embarrassed, just walk right in – no looking around before you step through the door. Good luck!



> 'Use your tongue – that's far more important to a woman than simply being able to shag for ages'

ABI'S MASSAGE CHECKLIST

- ■ Make sure the room's warm before you start. As she begins to relax, her metabolism will slow so she'll feel chilly otherwise.
- ■ Use scented oil or lotion to reduce friction as you knead her bod, being careful not to leave her swimming in the stuff. Warm it gently first. Jasmine or sandalwood not only smell good, but have an aphrodisiacal effect too – at least they do on me!
- ■ Never put direct pressure on her bones, especially her spine. It's her muscles that ache.
- ■ Keep fingers closed together and massage with the entire flat of your hands. Use your finger pads only for working her particularly tight spots.
- ■ Maintain a consistent rhythm – this has a hypnotic, erotic effect.
- ■ Always maintain contact with her skin. Keep one hand on her even when changing positions or adding more massage oil.
- ■ Dim the lights or use candles to make the experience more relaxing. Put on some nice soothing music, whale-sounds, whatever.
- ■ Don't just use your hands and arms; lean into the massage with your bodyweight – you'll last longer.

Dear Abi

My girlfriend keeps nagging at me to give her a massage, but I've never done one in my life. Don't you have to be qualified or something? Help!

BRUCE, MANCHESTER

I'm so glad you've asked me that question – I've got to get this message across on behalf of women worldwide! We *adore* being massaged. Put your healing hands on her and she'll love you for it, because not only is the physical closeness and sense of trust needed for good massage a real turn-on, but the increased blood-flow will arouse her lady-bits and – ultimately – aid her orgasm. If you're not sure where to start, just follow my tips (see left). A few additional points for the massaging man: don't expect a massage in return straight afterwards, because if you've done your job properly you'll be rewarded in some other way! Take your time; this should be a ten-minute job, not a 20-second one. And don't give your girl a smart slap on the rump when you've finished – you're not working in a Turkish rub-and-tug shop! Bearing that in mind, enjoy...

Got a question?

Write to Abi c/o *FHM* at the usual address, or e-mail her at abi@fhm.com

Styling: Gok Wan at Carol Hayes Management. Hair: John Birchall at Carol Hayes using Pantene Pro V. Make-up: Mandy Wysom at Time using Bourjois. Jewellery by Freedom

Ladies' Confessions

When females stray – or get into some very rude situations indeed – they tend to tell us here at *FHM*. And we're more than willing to publicise their filthy shenanigans...

THE ODD COUPLE

A few weeks ago I was out with my sister-in-law and got snogging the face off a rather horny bloke. I rounded the evening off with giving him a lift home. He then invited me in, which I was resisting until he told me that he'd just got out from spending a few months at Her Majesty's pleasure. This turned me on enormously and I dutifully gave him a good seeing to on his parents' lounge floor. I then returned to my husband who half woke as I was stripping off to join him in bed, and noticed that I had carpet burns on my back and arse. I told him the full story and although somewhat pissed off at me, he also got rather turned on. One thing lead to another and soon it was two in the space of half an hour! What I didn't tell my hubby was that my conquest had been locked up... my hubby is a copper!

LORNA, VIA E-MAIL

HUBBY LEFT DAZED AND CONFUSED

It had always been my fantasy to have a threesome with another woman. I'd mentioned this to my boyfriend, who was up for the idea, but neither of us knew how to go about it, or who to include. After taking the initiative, I decided to invite a girl from work (who I knew was a bit bi) around to my flat and told my fella to come to mine later as I had a surprise for him. After me and my friend had drank a bottle of wine we were feeling horny and decided we couldn't wait, so headed to the bedroom and started to get it on. About half an hour later I heard the door open and in walks my bloke who stands there shocked and shouts, "Nic, what the..." It was only his ex whose pussy my head had just been buried in! He'd left her eight months beforehand as he claimed she was a bit of prude in the bedroom! How totally wrong could he be?

KERRY, WIGAN

LADY BUZZES OUT OF CONTROL

I'd recently bought one of those vibrator thongs with a remote control, and wore it proudly to college where I was doing evening classes. In class that night, the boy next to me asked to borrow a pen, snatching my pencil case like the gentleman he was. Rummaging through it he found my vibrator control, took it out and unwittingly pressed my magic button. I wasn't expecting this and gave a little squeak as my pussy was caught unawares. I tried to wrestle it back off him, amid my squeaks and moans of ecstasy. At this point the teacher noticed the commotion, confiscated the remote and started playing with it himself. I think he caught on, what with my face being very red as I was trying to suppress my orgasm. He stopped pressing it to see me relax, then when I was almost recovered, pressed and held it down, watching me from the corner of his eye. My pussy felt like it was exploding, and I let out a cry as quietly as I could, whilst creaming my brand new vibrator thong.

OLIVIA, VIA E-MAIL

Lovin' the best medicine

I had been admitted to hospital after breaking my leg. As I lay bored and frustrated in my hospital bed, I noticed that my nurse was extremely attractive, with long dark hair and a uniform that her cleavage was bursting out of. Maybe it was the medication, but I found myself fantasising about her. One evening she came to my side room to check all was okay. Unfortunately, she walked in whilst my hubby was easing my sexual frustration by fingering me! She smiled and said that it was her job to make sure her patients were comfortable and before I knew it she grabbed my hubby's hand, licked my love juice from his fingers and then began fingering me. I ripped open her uniform to reveal her perfect breasts and began sucking them whilst she continued to finger-fuck me to orgasm as hubby looked on grinning and getting off on it hugely. And they say the NHS is on its knees!

FRANCESCA, SOUTHAMPTON

UNGODLY ACTS

A few months ago I was in a club with some of the girls from work when I spotted this guy really eyeing me up. As it happened, I actually knew him from a few years back so I went over to say a friendly, "Hi". As I approached it was obvious he didn't recognise me. I leaned in and tried to tell him who I was, but the noise was drowning out anything I said, so he leaned in a bit further. I introduced myself and felt his arm slip around my waist. He leaned in further and as I tilted my head to ask if he didn't remember me, his hand slid down onto my arse. He was really up for taking this further so I gave him a little wink and a smile, then asked, "Don't you remember me Brian? You baptised my first child." He almost bolted! But eventually he did get exactly what he thought I was coming over for in the first place.

K, N IRELAND

NAUGHTY NURSE VOLUNTEERS EXCUSE

I'm a nurse in Norfolk, while my boyfriend is at university up north. During term time I visit him three or four times a month, sometimes mid-week in the day. One afternoon when he was supposed to be at lectures we were having a great shag in his room at his hall of residence. Suddenly the door, which we usually secured with the night-latch beforehand opened and there, key in hand, stood the deputy warden – a middle-aged woman – along with two stern, official-looking guys. A stunned silence followed until in a moment of pure insanity I ventured the explanation that I was an NHS sex therapist and my boyfriend was my patient. Ample warning had of course been given about the fire safety inspection, but he'd forgotten entirely. I still love him though!

NIKKI, NORFOLK

EXCITED FEMALE RUINS CAR

My husband and I have always been into a little sexual experimenting, usually with sex toys. Anyway, during our annual stay with my hubby's posh mother, we decided to take some of our favourite toys to help pass the time. While getting ready to go out for a drive in the surrounding countryside, my husband persuaded me to insert a newly acquired vibrator. This was a small chappy that would stay happily inside whilst my husband had the remote control. We pottered around the Dales in his mother's Merc for an hour or two, when to my surprise my husband hit the switch on the remote control. After a few moments I was in heaven and on my way to a multiple orgasm. Now, when I climax I produce lots and lots of fluids, which pleases him no end. However this is not so good for both my tight-fitting jeans and his mother's upholstery, which were both soaking wet. Once back at the house I quickly changed and got ready for our evening guests. To my horror, while coming down the stairs, I was approached by my mother in-law who produced a pack of Tena Lady and a booklet on incontinence. She then professed that she too suffered the little problem I had obviously suffered in her car. If only she knew.

SASHA, FIFE

Illustration: Monica Laita

TELL TALES! WIN STUFF!

Fellas: get your lady to send us her saucy yarns and she could win an Ann Summers Passion Pack worth £200, including sizzling lingerie, a rude book and massage oil, courtesy of annsummers.com! Runners-up get a Heaven vibrator. Send tales to the usual *FHM* address, or e-mail them to: confessions@fhm.com

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Girls on the ON TOUR! sofa

FHM's most famous piece of furniture is no more. But in its place is this cherry-coloured inflatable – and it's set to bounce round Britain's busiest night spots eavesdropping on filthy women chat! First stop: Brighton

AFTER YEARS SPENT cupping the pert behinds of dozens of saucy minxes, the springs on *FHM*'s old sofa finally gave up the ghost. So all hail our new, inflatable sofa! And what better way to christen the thing than lugging it around the country, allowing cheap booze and peer pressure to work their tongue-loosening magic on assorted lucky nightclubbers. This month: Brighton!

THIS MONTH WE VISITED...

Creation,
78 West Street,
Brighton,
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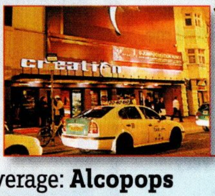
(telephone no: 01273 321628)



Most quaffed beverage: **Alcopops**

Fact: **73% of our frisky south-coast ladies have enjoyed a spot of rumpy on the beach**

CARLA, 19
HELEN, 20
DONNA, 28
SARAH, 20

CHARLOTTE, 21
LUCY, 20
LAURA, 20
LISA-MARIE, 19

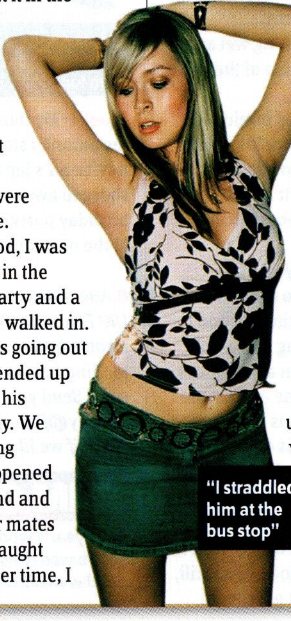
GROUP 1

Just how saucy are you, ladies?

Laura: Very! I once had sex with a guy on a booze cruise at uni. We were going at it in the toilet on the boat while a queue built up outside. The worst thing about it was that two of the guys waiting to piss were ex-shags of mine.

Charlotte: Oh God, I was once having sex in the bathroom at a party and a bunch of people walked in.

Lisa-Marie: I was going out with a guy and ended up having sex with his brother at a party. We were in full swing when the door opened and my boyfriend and a bunch of other mates walked in and caught us. Oops! Another time, I was waiting for a bus with my man and we got really frisky, so I hitched my skirt up, slid my pants to one side and straddled him at the bus-stop. He came, and shortly afterwards the bus did too!



"I straddled him at the bus stop"

What treasures lie in the depths of your underwear drawer?

Laura: Lucy and I are both training to be nurses, so we like to wear suspenders, push-up bras and high heels with our uniforms. When we have them unbuttoned nice and low, our patients certainly get an eyeful!

Lisa-Marie: Going commando is great. Knickers just get in the way sometimes, though I have ended up flashing people by accident. I'm quite an exhibitionist – I love doing nude photos and home videos of me around the house. There's quite a nice one of me being shagged over the kitchen table.

Are you all regulars at Ann Summers?

Lisa-Marie: Once I spent £250 in one trip there, but it was well worth it. I've got this fabulous vibrator kit that has three parts: one for my button, one for inside and one to put on the man's dick when he has sex with you. It's brilliant.

Lucy: Last Friday Laura and I went to an Ann Summers party and I was trying on all the gear. Our lesbian friends were absolutely loving it.

Laura: When I moved to Brighton, I got a whopper chopper for my house. It's an inflatable chair with a built-in dildo!

GROUP 2

What's the all-time best sex you've ever had?

Donna: One night on holiday, I was pretty pissed and got lost on the way back to my caravan. Fortunately, I met an incredibly fit guy who led me home, joined me for "coffee" and promptly fucked my brains out!

Helen: Mine was on holiday too. I had my eye on a barman, so I went up and asked for a sex on the beach. He delivered just that later on...

Carla: Mine was on a beach not far from here actually!

Sarah: The best sex is always drunken. After a night out my bloke got really frisky and we ended up shagging in a field halfway home.

What fantasy gets your fingers wandering south?

Donna: Imagining doing it doggy-style with my man. I love talking dirty too, and usually get really rude yelling at him to fuck me harder up the arse!

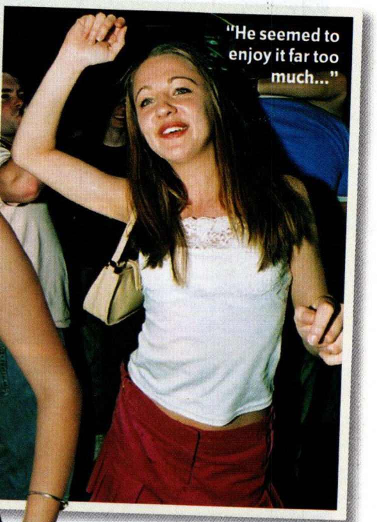
Helen: A guy once asked me to talk dirty and spank him. I told him he'd been a very bad boy, but he seemed to be enjoying it far too much!

Sarah: I find it a real turn-on when guys talk dirty to me.

Carla: I'd love to have sex in a BMW Z3. That would be a complete turn-on. I'm still looking for a man to join me! ▷

'I find it a real turn-on when guys talk dirty to me'

"The best sex is always drunken"



"He seemed to enjoy it far too much..."

GROUP 3

What's your best sex trick?

Hayley: Licking down a man's body really slowly, teasing his dick then giving him an amazing blow-job. All the licking gets them really heated up. Fantastic!

Becky: Really good foreplay! Going down on each other is the hottest thing.

Sarah: I love to rub a man's thighs and stomach, but never quite touch his crotch. It gets a guy so excited, but really frustrates him as well. He can't wait to have you!

Becky: I like to bring in some props to get a man going. Playing in front of him with my vibrator and some pleasure gel is always a good start.

Hayley: I've got loads of props, handcuffs, blindfolds... I like a bit of bondage.

Sounds good... So do you like a bit of porn too?

Becky: I love porn and watch it with my boyfriend all the time. There's some great softcore in my video collection.

Natalie: Yeah, I'm a fan too. I love it when there are three or four girls...

Hayley: One of my ex-boyfriends bought me some porn – that was a good present. We also made a couple of home videos. We took lots of saucy snaps of me in sheer red underwear then filmed ourselves shagging.

Sarah: Home movies sound like a great idea. I'm training to be a teacher, so my favourite porn scenario would have to be in the classroom, all dressed up with glasses and a short skirt on. We could warm up with the long metre stick then make use of the desks!

Natalie: I like the school thing too. I'd like to dress as a little schoolgirl in uniform, wearing a tiny skirt with no pants and try to seduce my "teacher".

"I'd like to dress as a little schoolgirl in uniform"

What's been the strangest fantasy a man has asked you to act out?

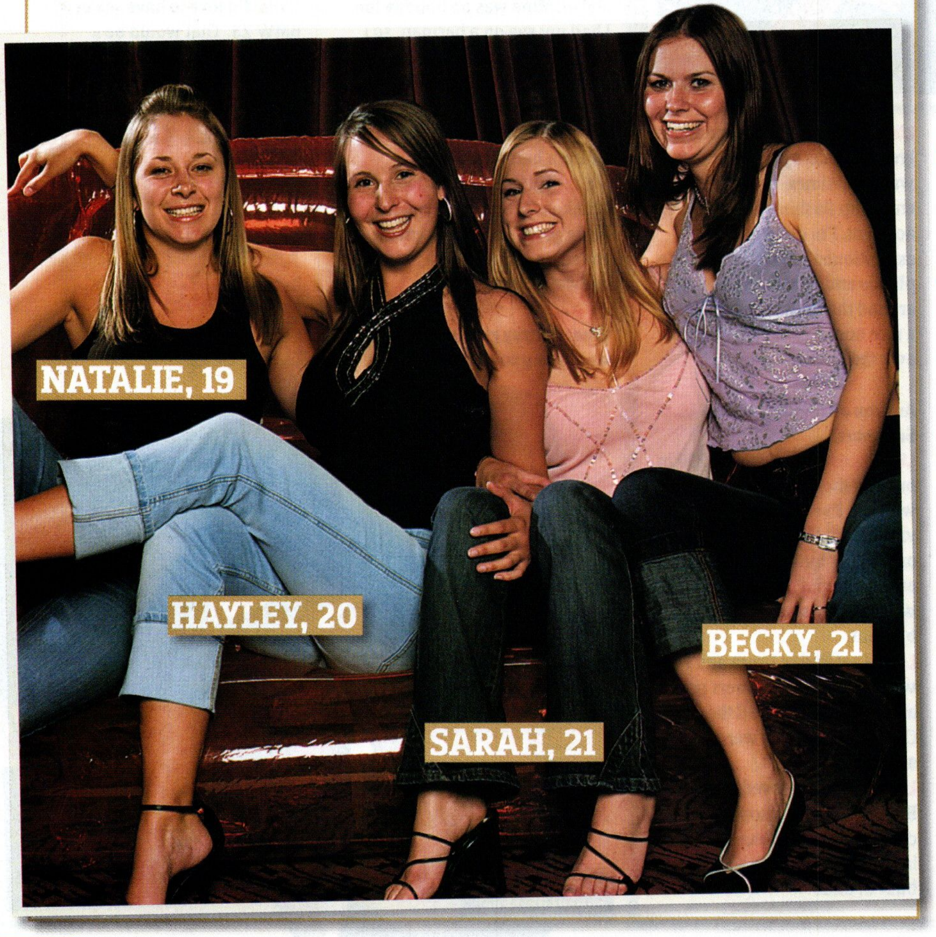
Hayley: A man asked me to dress up in my primary school uniform with white stockings and suspenders and have sex with him. I was very happy to oblige.

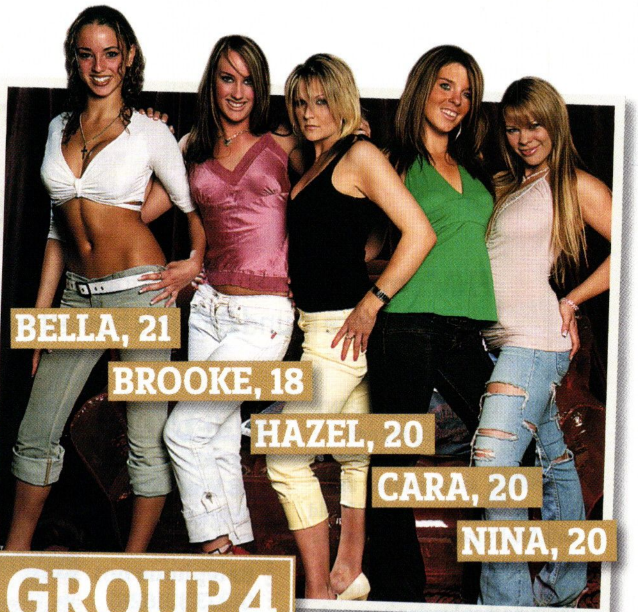
Sarah: The strangest place a guy ever asked me to have sex was on a log in a river! That was a pretty uncomfortable experience.

Hayley: I once had sex in a loo on a building site. Actually, that was pretty rank.

Natalie: I once had a guy ask me to piss on him. I politely declined, got dresssed sharpish and did a runner!

> 'I've got loads of props, handcuffs, blindfolds... I like a bit of bondage'





GROUP 4

Have you ever dressed up to get a man going?

Nina: Oh yes, all the time. Once I put on a corset, suspenders and knee-high boots and he walked in and said, "What are you dressed like that for?" Ungrateful bastard! My dirty maid outfit always goes down well, though.

Cara: I'm always wearing kinky underwear, although the last time I wore it the bloke fell asleep before I had chance to get it off!

Bella: I once dressed up in a PVC catsuit, and the guy wouldn't let me take it off all night! I like being a dominatrix. I've got a whip for use in the bedroom.

Brooke: I love vibrators. Once, using my Rabbit in the middle of the night, I woke up my neighbour because I got carried away and it all got so noisy.

Hazel: I've got a massive vibrator that fills every hole!

Ever got a bit peckish and involved items from the fridge?

Brooke: I once used a carrot and left it in the bin the next day. My mum did wonder what a perfectly-formed carrot was doing in the rubbish.

Cara: I prefer cucumbers!

Nina: I love ice. It's very cold but always gets me horny...

Hazel: I like something wet and slippery. I'm a big fan of the baby-oil massage.

Bella: I buy squeezy bottles of strawberry sauce: trickle it down his body then follow the trail with your tongue. It's very sticky, but makes blow-jobs delicious.

Which page have you bookmarked in the *Kama Sutra*?

Brooke: My favourite position is on top. I love feeling in control.

Bella: I love it when a man picks me up and shags me against the wall. That really gets me going.

Cara: Doggy-style is definitely my favourite position – I like the man to ride me and tell me *exactly* what to do.

Nina: Me too. I like doggy-style in the car. Being outdoors is a thrill, because you might get caught.

Bella: Yeah, alfresco sex is amazing. I once had sex in a park at 7am. There were people walking their dogs but we didn't care, we just went for it.

Nina: That happened to me too! We were in a local castle having vigorous sex and a dog came over to sniff us. I felt so sorry for the poor old man who had to come and retrieve him.

Cara: My best was with an ex in a Spanish nightclub toilet. There were about eight people waiting and listening to us having really loud, dirty sex.

Hazel: Fantastic. I like a bit of exhibitionism. Me and my boyfriend hired a naughty video, and on the way out of the shop got a bit carried away and ended up doing it in the car park!

"My favourite sexual position is on top..."

Brooke: My most public was in a restaurant. I straddled my boyfriend's lap at the table. We shagged away unnoticed, while a birthday party was in full swing at the next table.

● *Attention club owners of the UK! Fancy having your establishment in FHM while playing host to our lusty-lady sofa? Send your offers to amy.lindsay@fhm.com and we'll be in touch if we like what we hear!*

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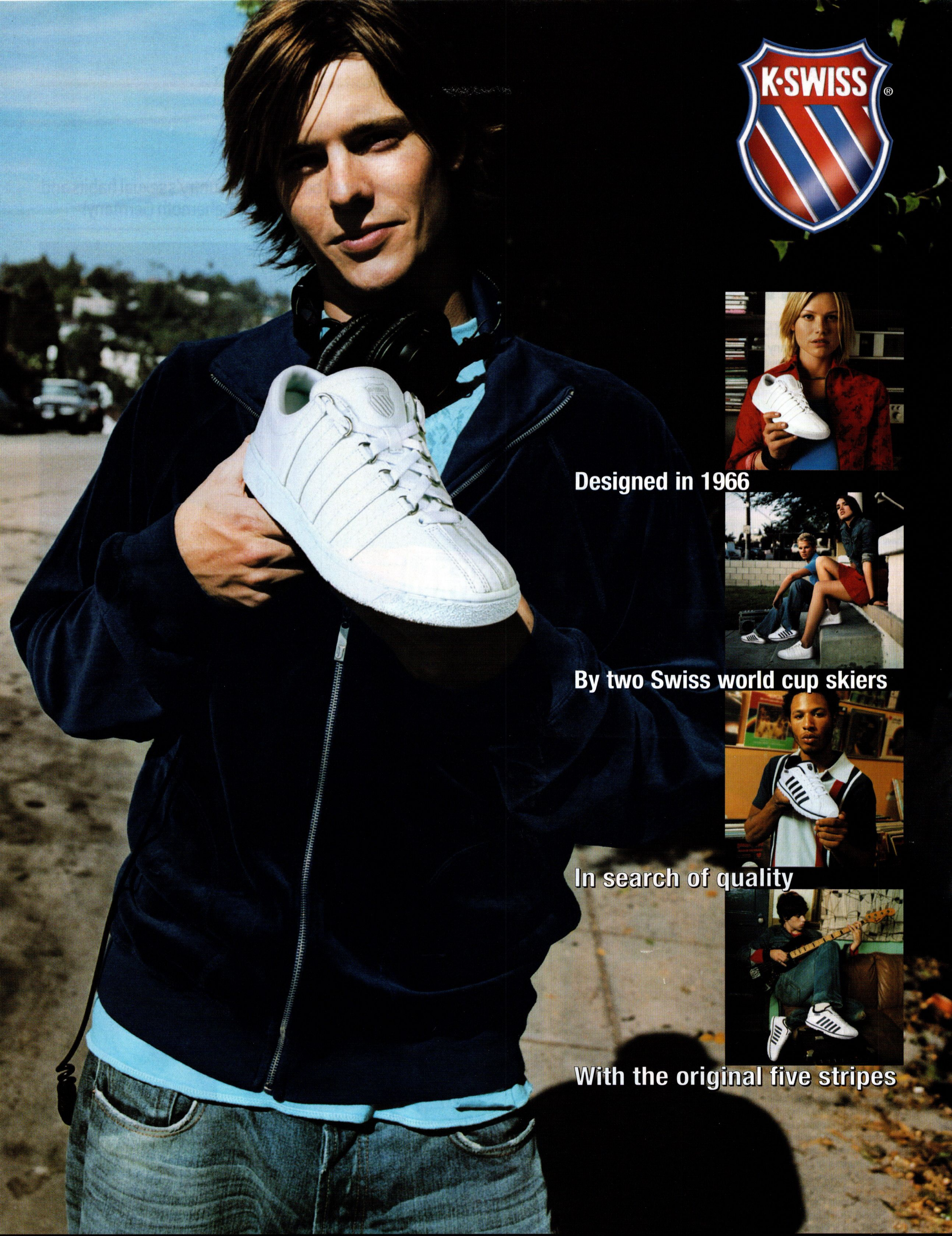
For a year's worth of sofa-based revelations you need www.fhm.com/sofa

Words: Amy Lindsay. Photography: Adam Lawrence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Planet of Sex

Each month *FHM* will, like a pervy David Attenborough picking at a termite's nest, be putting a country's sexual habits and hottest honeys under a spotlight. And to kick us off, welcome formerly half-commie Euro-behemoth Germany!

Germany

THE FACTS

Funny lot, our former mortal enemies. Don't believe us? Then check out these facts from *FHM*'s International Sex Survey 2004 ...

SEXUAL ACTIVITY

18.9%
of adult Germans remain virgins

27.5%
have had no more than four sexual partners

5.7%
have had more than 50

HAVE YOU EVER DONE ANY OF THE FOLLOWING?

Anal sex	**35.7%**
Bondage	**33%**
Group sex (*4 or more people*)	**11.6%**
Sex in a public place	**10.5%**
Dogging	**6.6%**

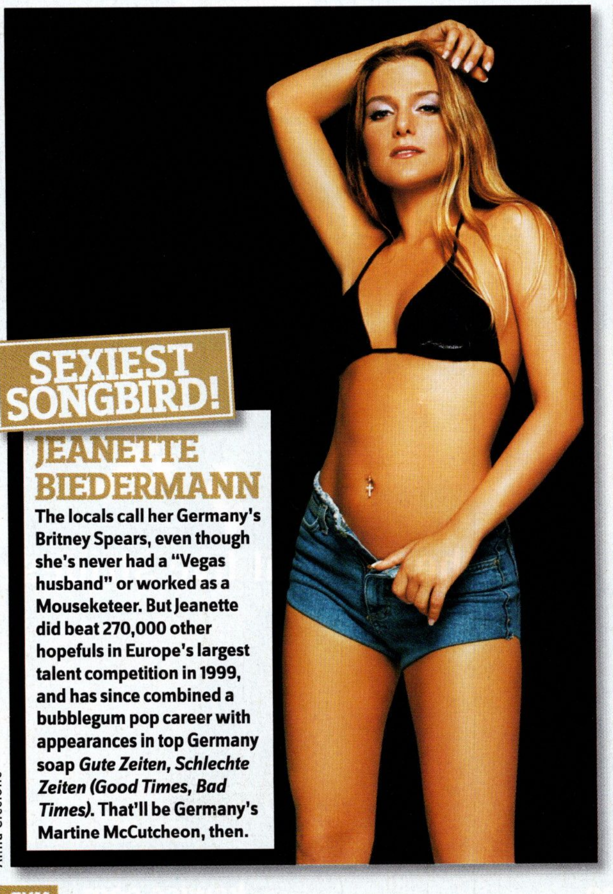
God bless the autobahn! High-quality roadways mean that nearly **33.3%** of lustful Jerries have travelled more than 100 miles solely to have sex

HORNIEST PORN STAR!

GINA WILD

How the faces of sick kiddies must have lit up when children's nurse Michaela Schaffrath turned up for bed baths. Sadly for them, nursie got fed up with the long hours... so she changed her name to Gina Wild and became a hardcore porn star – a decision wholeheartedly endorsed by the organisers of the Venus Awards in Berlin, where she picked up the much-coveted "Best German Actress" gong in 2000. Want to see more of her? Check out 1999's classic *Joker 6: Die Sperma Klinik*.

Steve Rowland

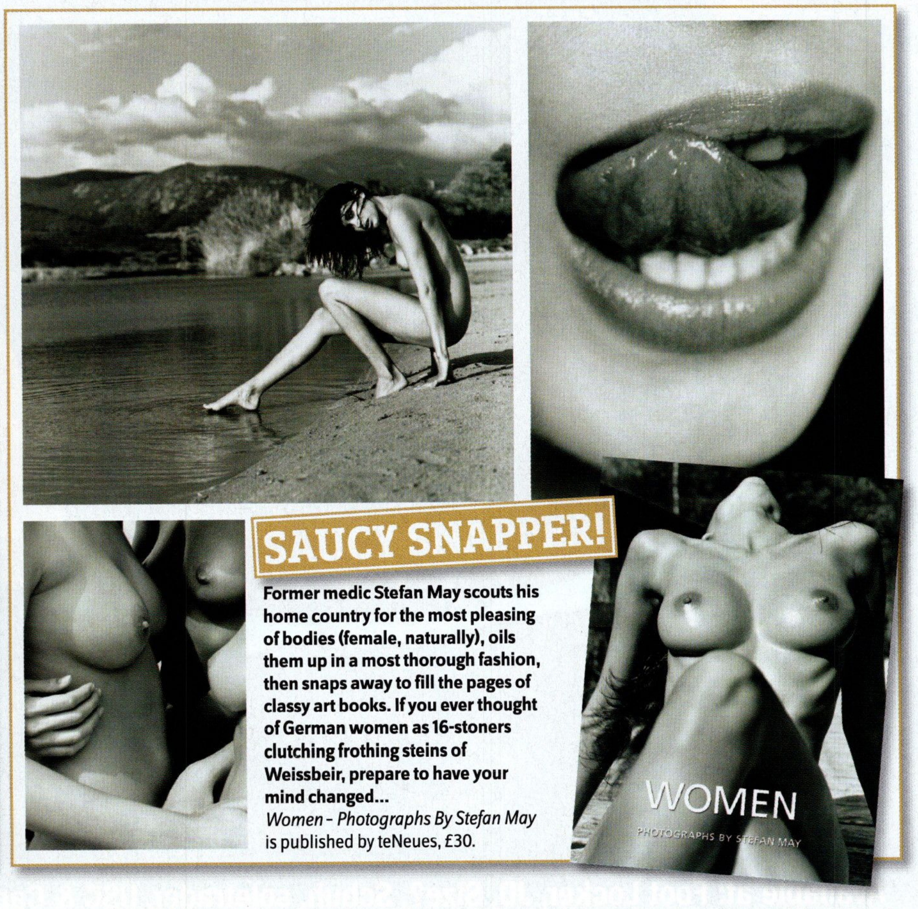


SEXIEST SONGBIRD!

JEANETTE BIEDERMANN

The locals call her Germany's Britney Spears, even though she's never had a "Vegas husband" or worked as a Mouseketeer. But Jeanette did beat 270,000 other hopefuls in Europe's largest talent competition in 1999, and has since combined a bubblegum pop career with appearances in top Germany soap *Gute Zeiten, Schlechte Zeiten (Good Times, Bad Times)*. That'll be Germany's Martine McCutcheon, then.

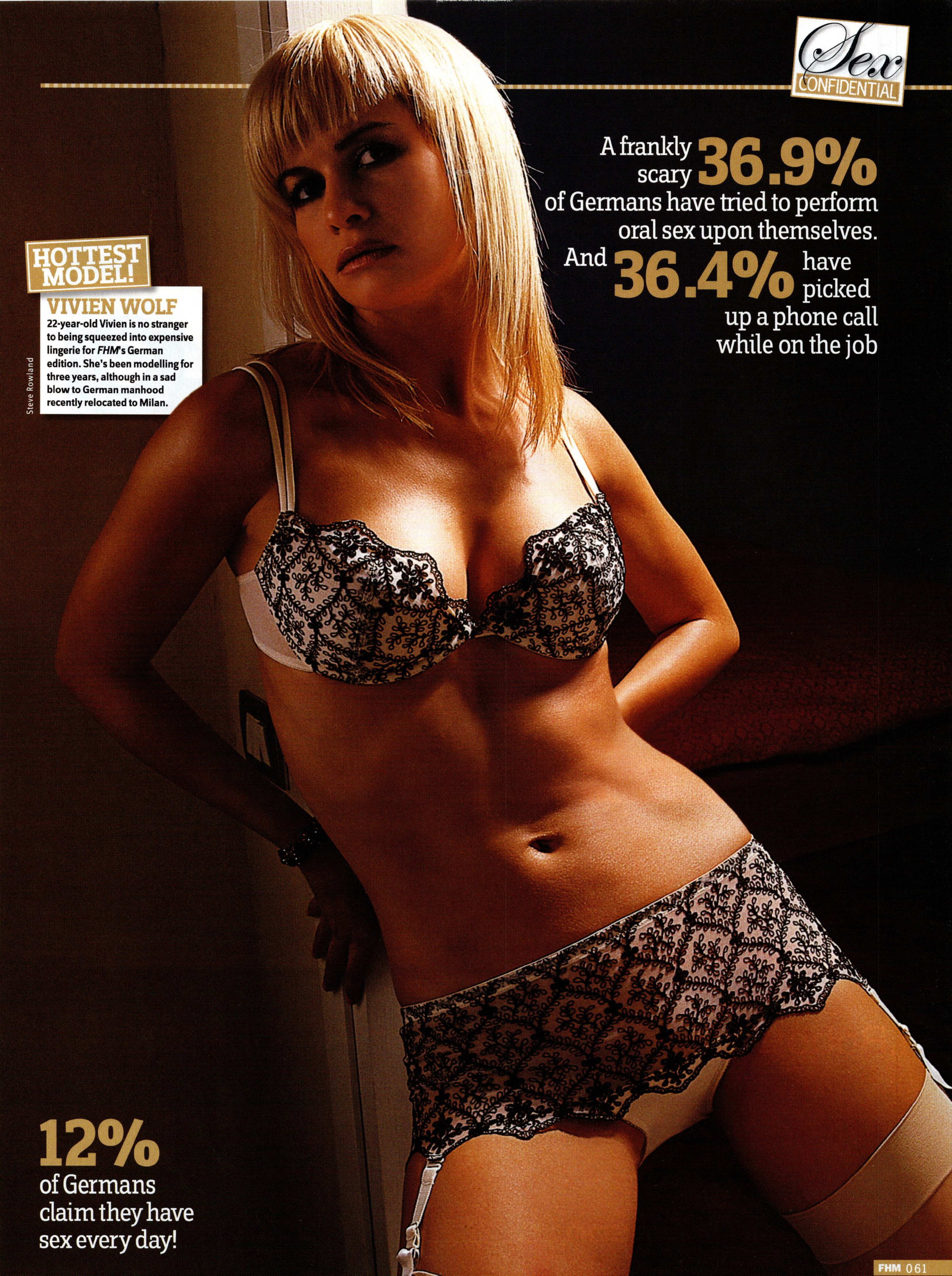
Anna Ciccione



SAUCY SNAPPER!

Former medic Stefan May scouts his home country for the most pleasing of bodies (female, naturally), oils them up in a most thorough fashion, then snaps away to fill the pages of classy art books. If you ever thought of German women as 16-stoners clutching frothing steins of Weissbeir, prepare to have your mind changed...

Women – Photographs By Stefan May is published by teNeues, £30.



A frankly scary **36.9%** of Germans have tried to perform oral sex upon themselves. And **36.4%** have picked up a phone call while on the job

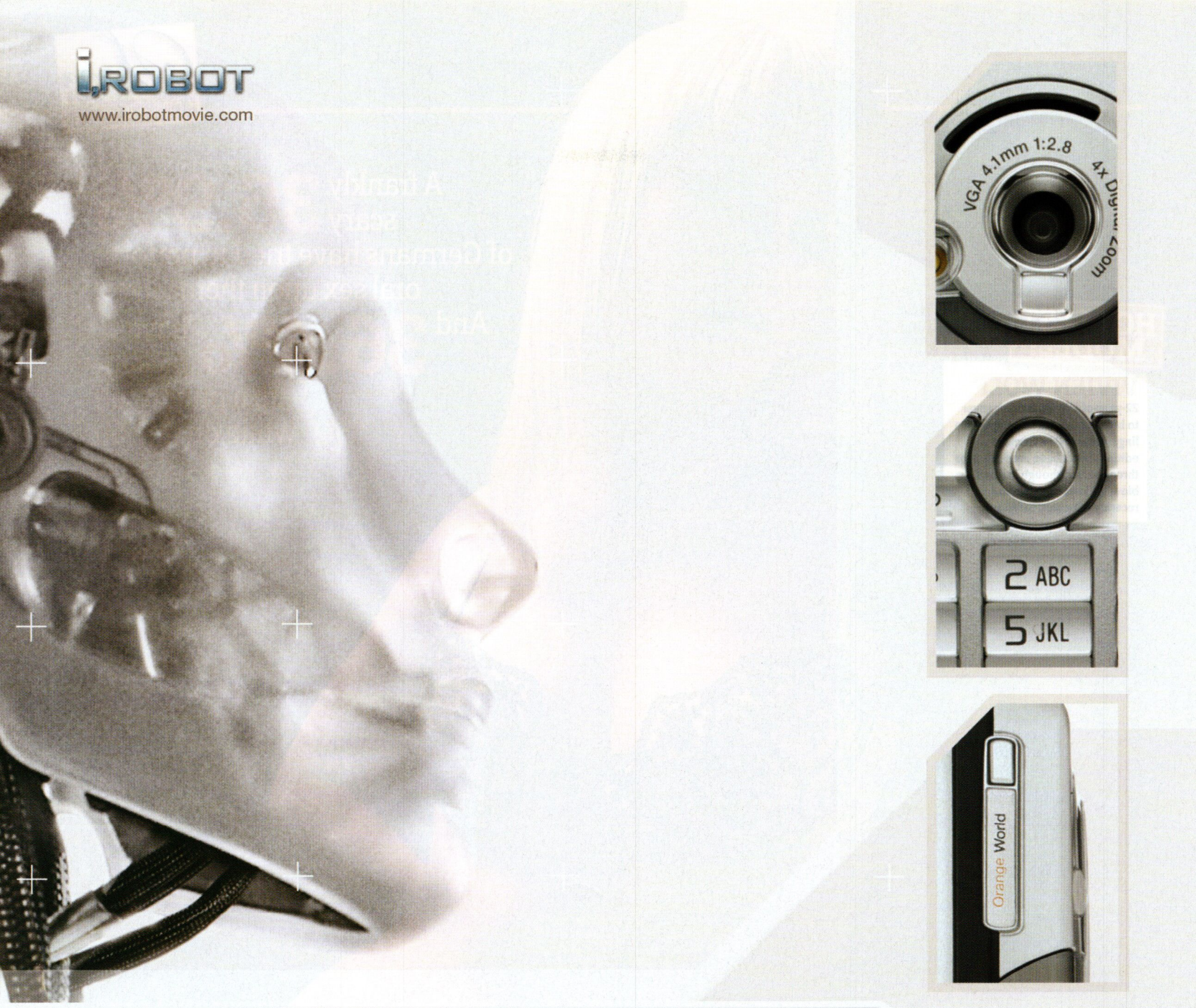
HOTTEST MODEL!

VIVIEN WOLF

22-year-old Vivien is no stranger to being squeezed into expensive lingerie for *FHM*'s German edition. She's been modelling for three years, although in a sad blow to German manhood recently relocated to Milan.

Steve Rowland

12% of Germans claim they have sex every day!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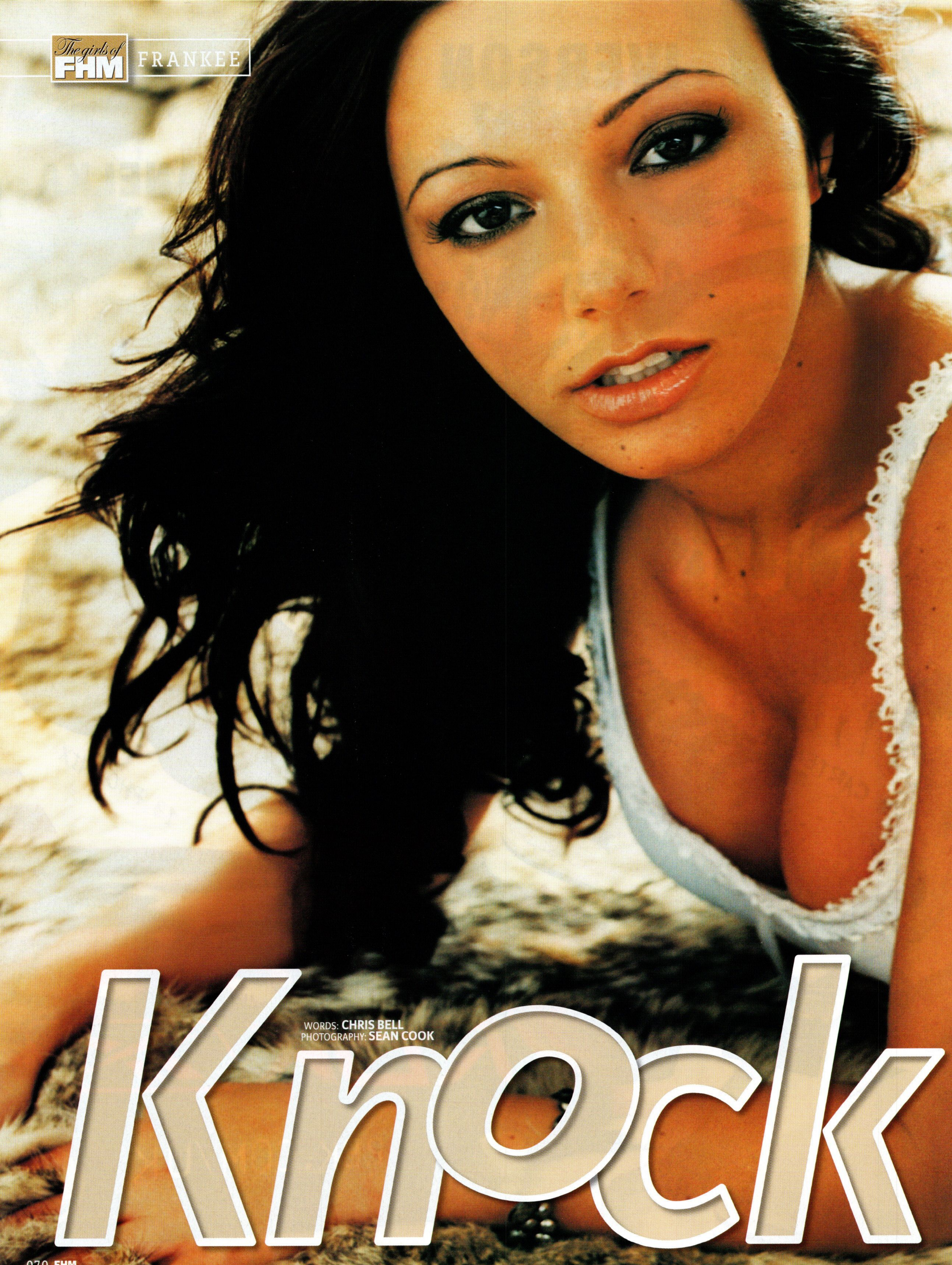

Knock

WORDS: **CHRIS BELL**
PHOTOGRAPHY: **SEAN COOK**

Out!

Ferocious, razor-clawed man-eater, or tough-talking, church-going paper tiger? *FHM* grabs a hold of dirty-mouthed singing sensation Frankee's tail and takes a ride... ▷

Styling: Marcella Martinelli. **Hair:** John Birchall at Carol Hayes Management using Pantene Pro V. Nails by Andrea Fullerton at Michael John. **Make-up:** Kate Bamber using MAC White knickers by Kings Road Sporting Club (020 7589 5418)

Model shown is Corsa Exclusiv 1.4 16v with manual transmission, RRP £10,995 with optional metallic paint at £325. Corsa range starts from £6,995 on the road. Price correct at time of going to press. On the road price includes number plates, delivery, vehicle excise duty & first registration fee. *Terms and conditions apply. Please see your dealer for details. Fuel consumption MPG(L/100km) for the Corsa range: urban 25.7(11.0) – 51.4(5.5), extra-urban 48.7(5.8) – 76.3(3.7), combined 36.7(7.7) – 64.2(4.4). CO_2 emissions for range: 115 – 185g/km.

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VAUXHALL

SWEARING: IT'S NOT BIG, it's not clever, and it's certainly not absolutely hilarious to teach to preschool cousins. But it can bring you fame and fortune - especially, it seems, if you're an ugly bloke. The Sex Pistols, after all, made their name shouting "fuck" on Thames TV. Gordon Ramsay will, in between turning the air blue, run a profitable restaurant or two. And the Manchester Jabba The Hut, Bernard Manning, can reduce his audiences to hearty proletarian guffaws with a mere hint of a cussword. So it's strange then that the latest proponent of profanity is not only female - but resembles a heavenly combination of button-cute pixie and two balloons on a stick.

Frankee may have been a church-going trainee accountant six months ago, but her debut single *Fuck You Right Back* was far and away the rudest song to top the charts since, er, Eamon's mega-selling *Fuck It (I Don't Want You Back)* the week before. Better still, it quickly became a huge international hit and one of the biggest selling singles of the year so far - uniting young and old alike in swearing like pissed-up squaddies.

Which makes Frankee herself even more surprising: she's actually no potty mouth at all. Indeed, when we ask her what's the weirdest thing she's heard a man shout in bed, the 21-year-old is suddenly coy. "I can't even say the words - my dad will read this," she blushes, before lowering her voice to a whisper, "but he shouted, 'Eff me... in my P-U-S-S-Y'. What a weirdo!"

Blimey - could it be that this obscenity-obsessed New York girl is not so tough after all? "Hey - but let me tell you," she barks, as if reading our very minds, "if I was in that relationship, I would have smacked the shit out of him right there..."

Whoaa - with that attitude, plus all your anti-boyfriend songs, do you think anyone's ever actually going to go out with you again?

Ha ha! I hope so. It's a bad song to guys in general - but I hope they realise it's not my whole personality. I did get a couple of ex-boyfriends, though, phoning up to say, "Look I'm really sorry for what I did to you." Jokingly. I hope.

So you never actually would "break the windows out of his car"?

No - I don't want to go to jail. It's something to listen to and go, "Hey, I wish I could do that." Because if there was no jail time, believe me, I would have fucking broke all his windows. Immunity from the law - that's what I need.

So you don't rip up their suits, or set fire to their entire family?

No, only grandmas. Ha, ha! I'm just kidding - what's worse than releasing an international hit record saying, "Yo sex was wack"?

Indeed. If I may refer to my notes: "Fuck all those nights I moaned real loud/ Fuck it, I faked it, aren't you proud?" So what's your faking technique?

Easy - don't over-exaggerate. Men realise that you're faking if you thrash your head around, or scream. You have to act like you act when it's real - if you play it down too much they think you're bored. You have to pretend you're very interested - maybe throw a leg up or something...

'I'm a nice Catholic girl - not really the raunchy type'

Throw... a leg up?

Oh, God - I'm giving up all the women's secrets! Do a little moaning - guys are so into getting themselves off they don't really notice anyway. I guess every woman has her own technique. I'm a nice Catholic girl - not really the raunchy type.

And you studied accountancy at university. Er, why?

I was pretty good at it! I left after a year, but I always go for nerdy guys, so I thought I'd get into a nerdy profession. Get myself a nice, skinny, geeky guy.

Hmmm. You've also said that looks aren't important - and that you look for "trustworthy, funny guys". Pfft - that's what all celebs say.

It's true!

Okay - I write for *FHM*, have no county court judgements, and I'm ugly as sin. Fancy a pint later?

Er... ha ha?

Come on - I'm asking you out.

Really?

Damn straight. There's a pub around the corner - I'll get the first round in.

Well... look... you see, I wouldn't date somebody who would take me to a pub for a first date. Dinner and a movie, something romantic - not "Let's sit at a pub and order a brewsky".

Do you want to go rock climbing?

Rock climbing? And if I don't like you I can just kick you off the rocks? I don't even have to dump you!

Bikini top and sarong by Liza Bruce (020 7235 8423)

'Men realise you're faking if you thrash your head around or scream'

Kaftan by Liza Bruce (020 7235 8423) and yellow bikini bottom by Alberta Ferretti at Kings Road Sporting Club (020 7589 5418)

'Even my mother said, 'Please don't date him, he's the ugliest person I have ever seen'

'I mean, every guy looks at every girl's boobs'

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'I have to get my bras made to my size. And they bounce so much...'

Christ! So, to recap – is that a "no"?
Yeah. Sorry.
Was it the smell?
Ha ha! Nothing in particular, trust me.
So who's the ugliest man you've ever been out with?
Oh, my God. I used to date this guy called Fridge – because his head looked like a refrigerator.
Was it silver – with a door on it covered in magnets?
Kind of. His head was very long and rectangular, and he had flat hair with a crooked nose. Even my mother, the sweetest lady on the planet, said, "Please don't date him, he's the ugliest person I have ever seen." He was just funny. But hideous now when I look back. And a bit of jerk.
What makes a man a jerk in your eyes?
Talking to my breasts. I mean, every guy looks at every girls boobs. But if he's blatantly talking to my boobs, he'd probably get one sentence in before I walk away.
I'm amazed I've lasted this long.
And men should only know the pain we go through. I'm a 32D – I can't find clothes to fit! I have to get my bras made to my size. And they bounce so much, it's quite painful to go to the gym or even walk up stairs.
Nnngh. Look – sorry, but I have to know: was it my dress sense? Or the hair? My hair is a bit gay.
Hey – I said no! You really have to let this go. **FHM**

Frankee's album, *The Good, The Bad And The Ugly*, is in shops now.

Bikini bottom by Kings Road Sporting Club (020 7589 5418)

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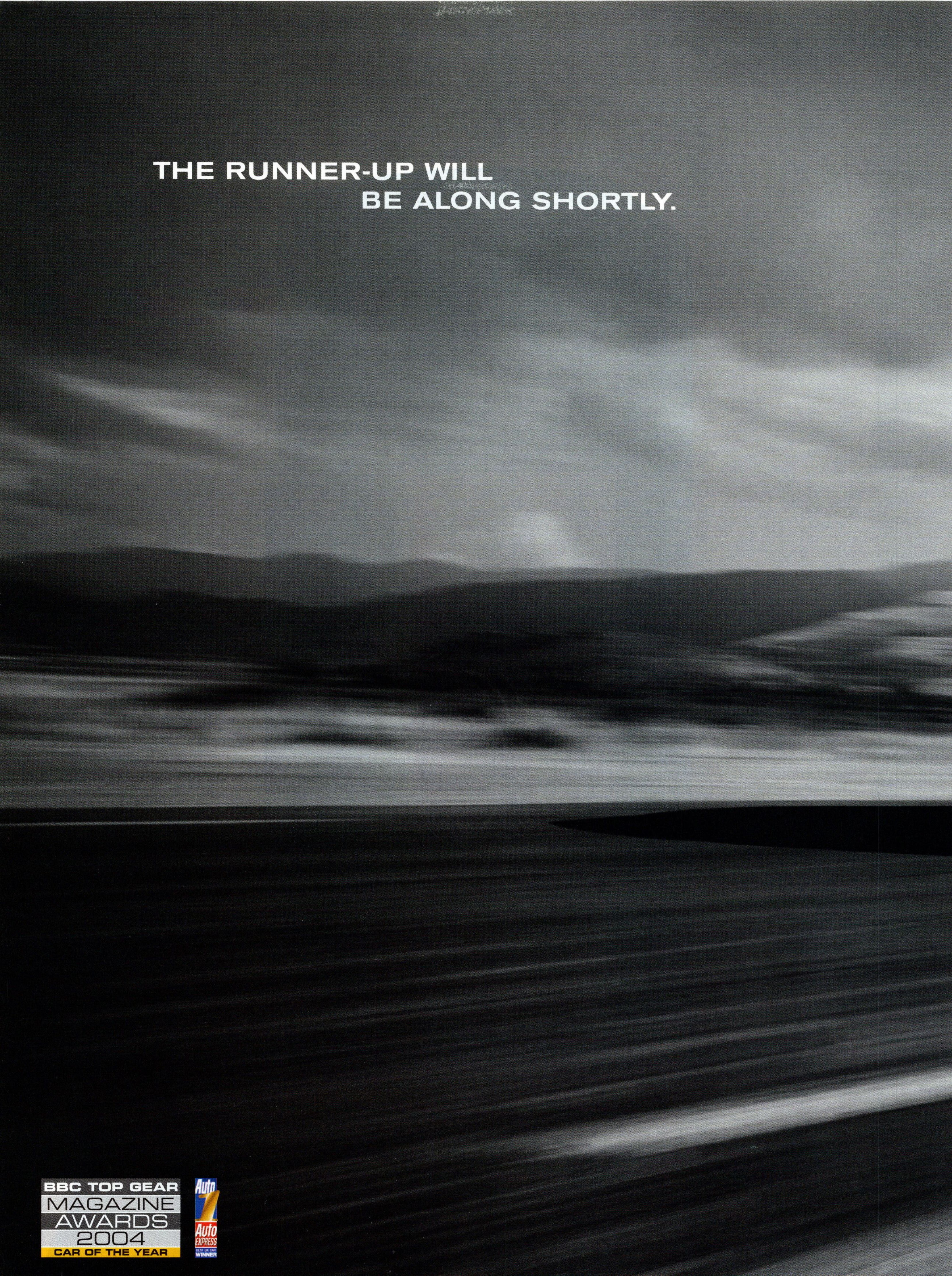
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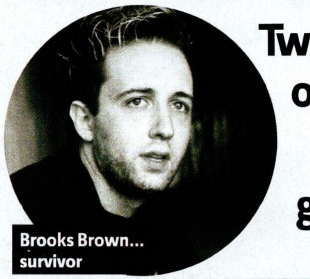
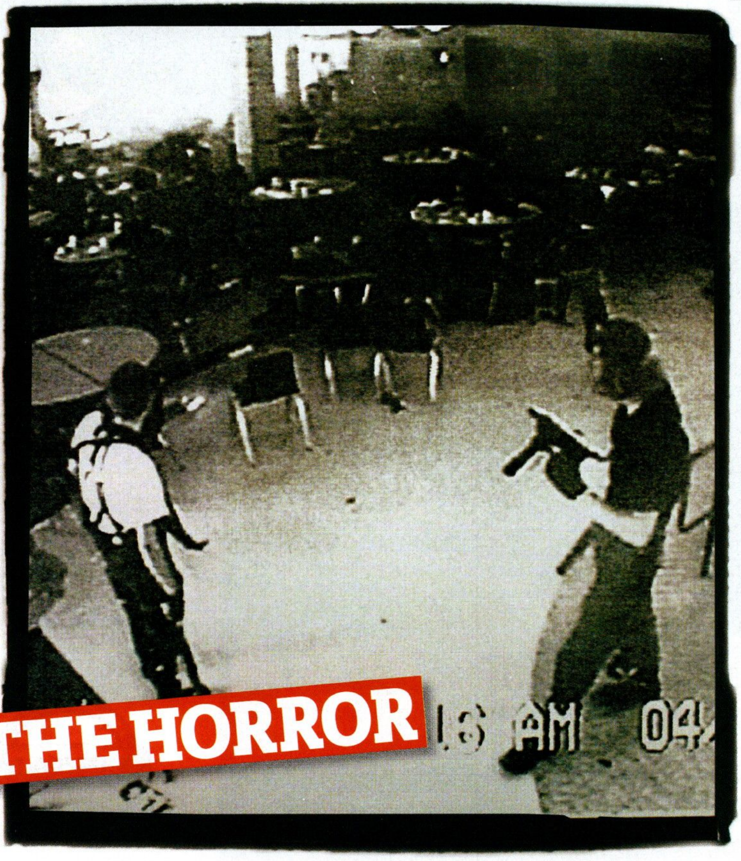
'THE COL KILLERS MY LIFE'

Two teenagers, a stack of homemade bombs and lots of guns: five years on and the Columbine massacre is still one of the most shocking events in American history. But for former student Brooks Brown, the day the gunmen spared his life was just the beginning of his own unique hell...



Brooks Brown... survivor



"THIS IS WHERE IT all began. This is where I sat listening to the gunfire and the screams and thought: 'Oh Jesus, somebody is shooting up my school.'"

We are sitting in a bicycle underpass which runs under Pierce Street, three blocks from - and leading to - the most famous school in the world. Opposite us, reliving a truly horrific day, is 23-year-old Brooks Brown, the best friend of the two students who committed the Columbine massacre. And massacre it was. By the time 18-year-old Eric Harris and Dylan Klebold blew their brains out in the school library, they left behind them a trail of destruction that was to add up to one teacher and 12 students dead and 23 more seriously injured. It was an act of brutal slaughter so chilling in its planning and execution it was to send shockwaves around the world.

"I was one of the survivors that day," says Brooks lighting a cigarette, his hands visibly shaking. "But it wasn't long before my life would be totally destroyed."

DIE ANOTHER DAY

April 20, 1999, had started like any other high-school day for Brooks Brown. With less than a month until graduation, his mind was on securing good grades and then getting the hell out of a school where - he claims - bullying was rife and teachers turned a blind eye. "It was a beautiful sunny day," he says, gazing at the ceiling of the underpass. "I was having a cigarette in the parking lot when Eric pulled up in his grey Honda Civic. I asked him why he'd just missed our philosophy lesson. He laughed and told me it didn't matter any more. Then he fetched a gym bag off his back seat and looked me straight in the eyes. 'Brooks,' he said, 'I like you now. Get out of here, go home.'"

Confused, Brooks wandered out of the school onto Pierce Street and then heard a loud crack in the distance. "I thought it was a nail gun from a nearby construction site, then I heard something much louder and I knew instantly something horrible was happening." Gripped by fear and panic, he ran for his life, the sounds of gunfire, explosions and screaming filling the air behind him.

UMBINE SAVED

WORDS: **PIERS HERNU**
PHOTOGRAPHY: **ANTHONY CULLEN**

niel Rohrbough
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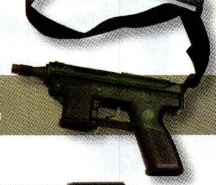
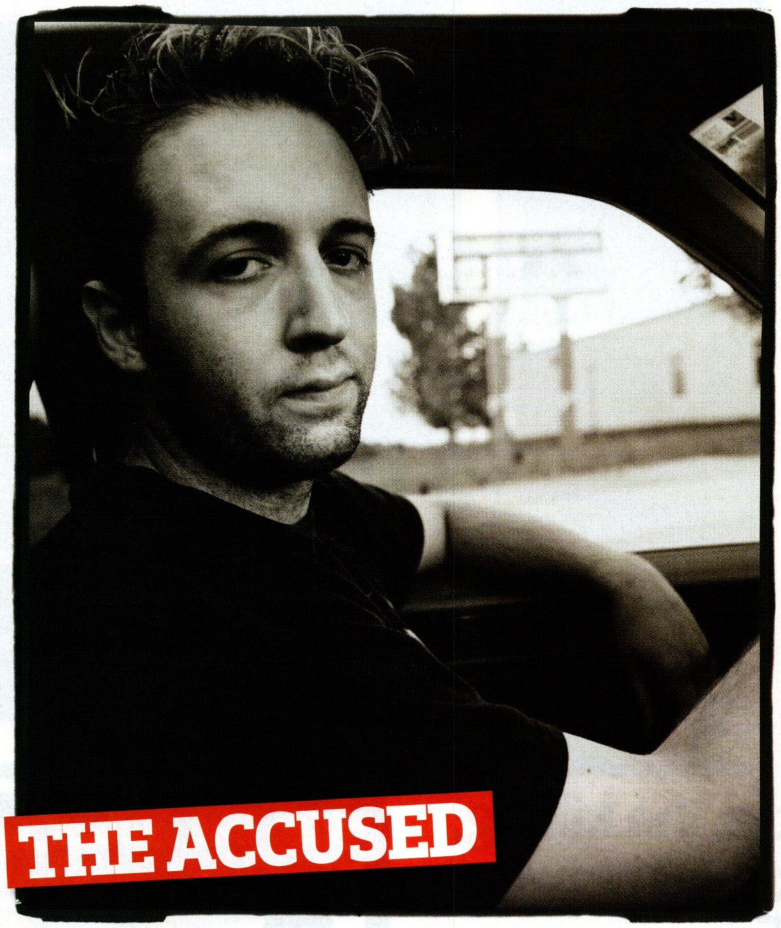
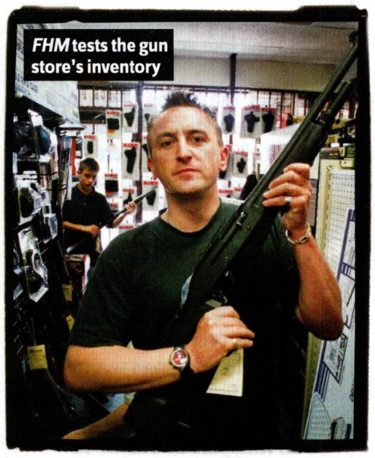




THE ACCUSED



FHM tests the gun store's inventory

The full bullet-by-bullet account

"This is where I came to try and get my head together - as I sat where I am now, it hit me... Eric! No, no, no! Jesus, Eric - what the hell are you doing?"

Brooks points at a row of houses 200 yards away. "See that house on the left? I ran there, borrowed a phone and told my dad that I thought Eric was shooting up Columbine - I still had no idea that Dylan, my best friend, was helping him do it. And then I suddenly thought, 'My brother - he's still in the school!'"

THE AMERICAN DREAM

Within minutes, Brooks' dad arrived. When the pair eventually got home, Brooks was relieved to find his brother already there. "That was the coolest feeling ever," Brooks recalls, breaking into a grin, "when my brother ran outside to greet us. I threw my arms around him and cried."

Brooks savours the moment for a few seconds before composing himself. "Right," he says, "let's get the hell out of here."

Being something of a local "celebrity" - though not a universally popular one - Brooks is keen not to be spotted anywhere near his old school. As we pull away in his battered old Merc, he lets out a big sigh of relief: "Wow!" he says, clearly shaken. "I haven't been back there since it happened. And I never want to go back again."

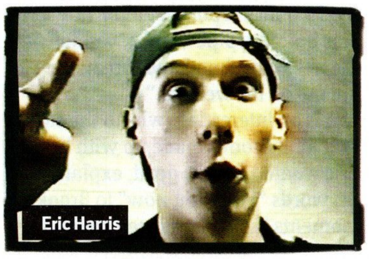
Little does he know that the very next day we'll persuade him to drive up to the front doors of Columbine High School itself...

Columbine is a small, scenic district in the area of Littleton, a wealthy suburb of Denver in Colorado, a state pretty much slap bang in the middle of the USA. A mile above sea level and next to the purple, snow-topped Rockies, it's difficult to imagine a more comfortable bed in which to dream the American dream.

Strange, then, that this should be home to one of America's most vivid nightmares. "Columbine is a God-fearing, bible-thumping type of community," explains Brooks as we pass yet another church. "I don't like churches or anything to do with them. Having said that, I might well take you to a cemetery this afternoon..."

Let's wind back the clock to a time when that cemetery was less full than it is now. It's 11.16am on the cloudless morning of April 20, 1999 - a day that has been carefully chosen for its significance: Hitler's birthday. Despite the heat, two of Columbine's students are wearing trenchcoats. They are standing side-by-side at the top of the steps outside their school, waiting. Eric Harris or Reb (short for Rebel) is wearing a T-shirt that says "Natural Selection". Beneath his coat, he is clutching a pump-action 12-bore and a 9mm carbine rifle, along with knives and homemade bombs. Dylan Klebold - or Vodka, as he is known - is wearing a black T-shirt with the word "Wrath" on his chest. His coat hides a TEC-9 semi-automatic machine pistol and a sawn-off, double-barrelled shotgun. They are waiting because they've just planted two propane bombs in the packed cafeteria, timed to explode at 11.17. The plan - or "NBK" as they have christened it (Natural Born Killers) - was hatched a year ago, a year in which they've worked hard together in the nearby Blackjack Pizza store to save up and buy the necessary guns, ammunition and bomb-making materials. The plan is as simple as it is brutal: the bombs will go off, killing probably 300 students, and as the survivors stumble out, Harris and Klebold will cut them down with swathes of relentless gunfire. Silently, the pair watch the clock.

Dylan Klebold



Eric Harris

> "Eric and Dylan did what they did because of hopelessness, bullied to the point of despair"

NATURE/ NURTURE

Chance, divine intervention - call it what you will. For some reason, both bombs fail to detonate. Instead, for 40 minutes, the two best friends embark on a bestial tour of vengeance.

The question asked that day by the survivors, the grieving families, the police, the paramedics picking through the carnage and the rest of the world was: "How did it come to this?" How did two bright kids born into loving families, stealthily morph into hate-filled, merciless killers?

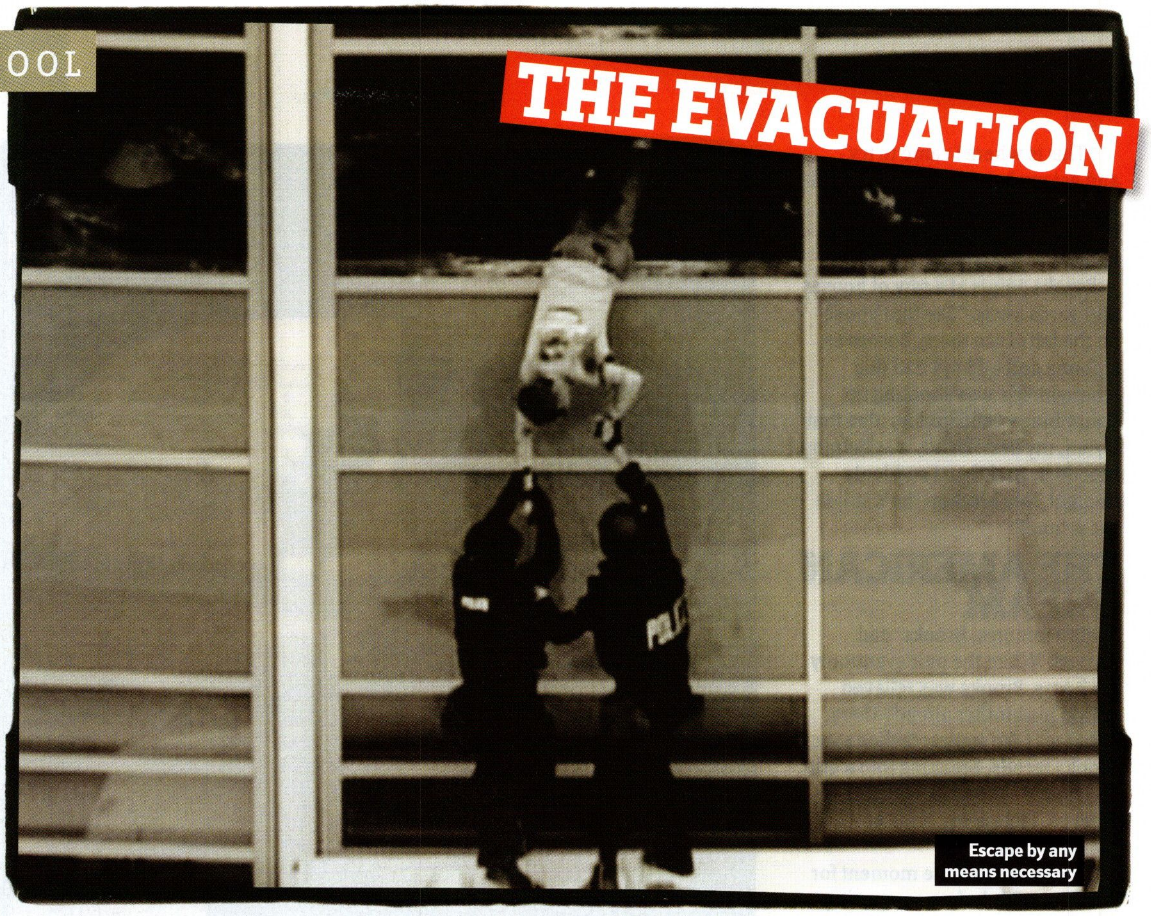
Most people have been quick to write off Harris and Klebold as two aberrant adolescents raised on a diet of bloodthirsty video games, aggressive lyrics and movies glorifying violence. But a few, like Brooks Brown and fatty activist Michael Moore, dared to suggest a less comfortable explanation - that the problem comes not from without but from within, that Eric and Dylan became what they were because two of the very foundations upon which the American way of life is built - the schools system and the police force - are rotten to the core.

"I don't do publicity any more," says Brooks, "but I like *FHM* and I'm keen to get my message across to a different audience." In the years since the massacre, Brooks has written a book, *No Easy Answers - The Truth Behind Death At Columbine*, worked with Michael Moore on the Oscar-winning film *Bowling For Columbine* and spread his message on virtually every US news and chat show. We ask him what that message is.

"Eric and Dylan did what they did because of hopelessness. They didn't fit in at school and they were relentlessly bullied to the point of despair by the school jocks - the kids on the football team. Most of the teachers were coaches, so they turned a blind eye to it. In the end, Eric and Dylan withdrew into their own world, fed on each other's delusions and emerged as monsters. My message is intended for any kid being bullied at school: 'You are not alone; there are others just like you; do not lose hope.'"

For Brooks, the notion of not losing hope was to be tested to the limit in the months after the massacre. "At first, I wandered round in a daze," he says. "When I wasn't numb, I was curled up in a ball, sobbing." Then, when his grief, anger and confusion - compounded by a lack of sleep and appetite - were almost too much to bear, things got worse.

"I knew something was wrong at Rachel Scott's funeral," says Brooks, shaking his head. "There were dirty looks and whispers and some so-called friends made it clear they didn't want me there." Brooks grabs his car keys, "Come on," he beckons, "I want to show you something."



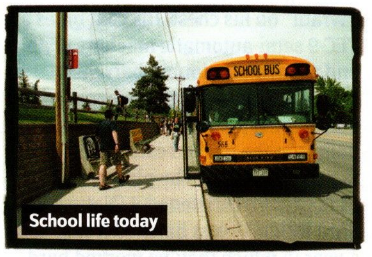
Escape by any means necessary

THE OUTSIDER

Ten minutes later, we pull into a shopping mall and buy the biggest bunch of flowers they have. Then, we take a left into the Olinger Memorial Cemetery, a vast rolling green field dotted with flowers and headstones.

> "A year before the killing, I filed a police report detailing how Eric was building pipe bombs"

SWAT teams in, pupils out



School life today

"I really miss her," says Brooks, as we lay the flowers at Rachel Scott's grave. Eric and Dylan's first victim, she and Brooks had met through the school's debating club where, despite her being a devout Christian, they had formed an unlikely friendship. Behind Rachel's grave is an arc of 13 black marble crosses each bearing the photograph of one of the victims: The Columbine Memorial. Brooks walks us round. "Rachel was a good friend. Dave Sanders was my teacher for three classes. Kelly Fleming I knew because my friend dated her little sister..." For every cross there is a connection. "So I knew 'em a lot," he laughs nervously. The silence is broken only by the eerie tinkling of windchimes placed by mourners in the 13 memorial trees behind us. It is a place of impossible sadness.

As we leave to head across town to Brooks' parents' house, he explains what happened at a memorial service held shortly after Rachel's funeral.

"I went to sit with my friends on the stage and that was the first time I heard, 'Brooks is a murderer'. I couldn't take it, so in full view of everyone I got up and left."

A week after that, with a reserve school set up so that students could finish their year, Brooks' parents came home to a call from the Columbine school counsellor. "We believe it would be in Brooks' best interest not to return to the school," said the answerphone message.

If the school didn't want to know him, the media certainly did. "I was doing three or four interviews a day," Brooks explains, "from *Fox News* to the *Today* show. I wanted people to know that Columbine High was a nightmare place for bullying and that the massacre could have been prevented."

How?

"Well, a year before the killing, I filed a police report detailing how Eric was building pipe bombs, vandalising the neighbourhood and threatening to kill me on his website."

It is an interesting twist to the story that until Brooks made up with him, Eric wanted Brooks dead, explaining his words "I like you *now*" to Brooks, moments before he started shooting.

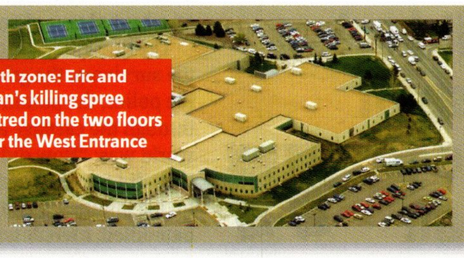
"Not only did the police not follow my report up," Brooks continues, "for two years after the killings they denied I ever made it."

With the police being criticised for their cack-handed response to the massacre and Brooks pointing out that they should have stopped it from ever happening, things turned dirty.

In an interview on NBC, Jefferson County's Sheriff John Stone said: "I'm convinced there are more people involved. Brooks Brown could be a possible suspect. Why did Harris warn Mr Brown to leave the school? Is this a smokescreen?"

FORTY-SIX MINUTES OF MURDER

The Columbine massacre as it unfolded...

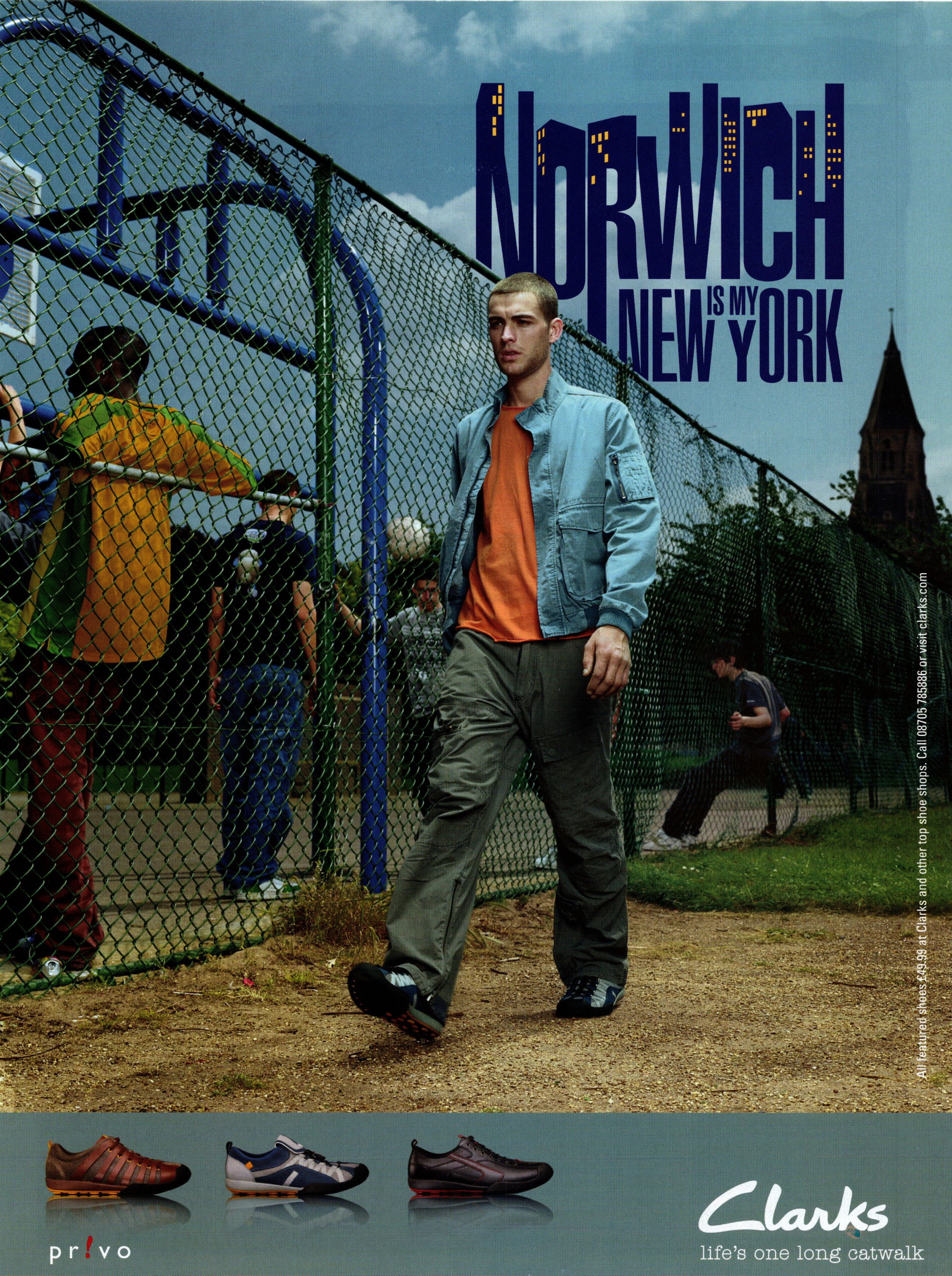


Death zone: Eric and Dylan's killing spree centred on the two floors near the West Entrance

11.10am Eric Harris and Dylan Klebold arrive in separate cars and pull into the car park at Columbine High school. Eric speaks to Brooks Brown and tells him to "Go home".

11.14am The boys carry two 20lb propane bombs (built using internet instructions from The Anarchist's Cookbook and with timers set for 11.17am) into the crowded cafeteria in duffel bags and leave them under tables. They return to their cars to wait for the explosions.

11.19am Two pipe bombs planted in an open field several blocks away explode. They are timed to distract police officers away from the school.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THE KILLERS

> "Eric and Dylan created this tragedy, but Columbine created them"

It looked like a concerted attempt to discredit Brooks - and it worked.

"That was my lowest point," Brooks says as we pull into his parents' drive. "I became depressed as hell - they were trying to push me to the point of suicide. Afterwards, I was walking through a parking lot when a girl leaned out of her car and screamed 'You fucking murderer'."

Brooks' name was dragged through the mud and he was shunned all over town. He took a lie-detector test to prove his innocence and passed. Still the police weren't satisfied: two months later they visited his parents. Having got hold of one of their son's old notebooks, they thought he was about to slaughter his own family.

WANTED MAN

"The police read a poem I had clearly dedicated to Robert Craig," explains Brooks. "He was a Columbine student I knew who, a few months before the massacre, shot dead his dad before killing himself. It was a pretty dark poem, but the police took it to mean I was plotting against my parents. My dad basically told them to get lost."

Brooks' mum and dad come out to greet us and it's soon obvious how close they all are. It's not long before Randy, Brooks' dad, ushers us into what used to be Brooks' bedroom, which he now jokingly calls "The Columbine War Room". Packed from floor to ceiling with files, newspapers, video tapes, reports, scribbled notes, maps and diagrams, it is an awesome testament to how Randy and Judy Brown have fought tooth and nail to clear their son's name.

"No journalists have been in here," says Brooks' father as *FHM* surveys the room, mouth agape. "For the last five years, I've sat in here until sometimes four in the morning, drinking Red Bull and analysing everything."

On the wall is a police map of the school, plotting the location of every bullet and shell fired by Eric, Dylan and the police. The detail is extraordinary, right down to a fragment of tooth from slain teacher Dave Sanders and the contorted body outlines of the dead.

Around the dinner table, Brooks' parents give us a frightening account of the "negligence, corruption, insensitivity, buck-passing, bullying and deceit" displayed by the school and police force before and after the massacre. Through dogged persistence and a stubborn refusal to lie down, they have lifted the lid on a frightening can of worms that goes right to the heart of American society. "It's shaken my belief in everything we know," shrugs Randy, with a sad smile. "I used to believe our police and schools did a good job, but that's just bullshit. Our society is seriously screwed up."

As if more evidence were needed, he puts on a video Eric and Dylan made some months before the massacre. It shows them, faces contorted with anger, cursing the bullies who had tormented them and the teachers who allowed it to happen. "More rage, more rage! Keep building it on!" spits Eric, eyes burning through the television screen. "You've been giving us shit for years. I'm going to kill you all!"

For us, it's a harrowing end to a long, overwhelming day.

SHELL SHOCK

The next morning, with Brooks busy editing a documentary he is making, *FHM* heads off to the Green Mountain Guns store, where Eric and Dylan brought their ammunition. Numerous rifles and shotguns line the walls and we are allowed to pick up whatever we want to pose for photos. If we'd brought any ammo with us, we could easily have had a loaded gun in our hand - just like the mother of one of Columbine's injured students did six months after the massacre, when she walked into a pawn shop, asked to see a pistol, slipped a bullet in the chamber and blew her brains out.

For lunch, we head to Blackjack Pizza and get talking to chef Dan Lab, who was in the cafeteria when Eric and Dylan began shooting. "Me and a friend found a room in the kitchens," he recalls. "We barricaded ourselves in with 50lb sacks of flour until the SWAT team rescued us."

From there, it's only a short drive up Pierce Street until a menacing sandstone building looms into view. According to Brooks' girlfriend, Columbine High School was designed by an architect who built jails.

Before leaving the UK, we'd phoned Columbine High hoping to secure an interview with Principal Frank DeAngelis - still in charge of the school five years after the killings. We were told to stay well away.

Undeterred, *FHM* parks up and saunters onto the school fields. Wandering unchecked past students jogging and having passed the new Columbine Memorial Library, we're soon standing at the top of the stairs at the West Entrance thinking: "This is where it all began."

Later, long after most students have gone home, Brooks agrees to drive up to the front entrance of Columbine for "a very quick photo". He is visibly nervous as he pulls up by the school sign, which - incredibly - depicts an American revolutionary soldier with a gun next to the words, "Rebel Pride".

The irony is not lost on Brooks who, as the school recedes in his rear-view mirror, is in philosophical mood. "Eric and Dylan created this tragedy," he concludes, "but it was Columbine that created Eric and Dylan." **FHM**

11.20am Realising that their propane bombs have malfunctioned, Harris and Klebold enter the school and fire their first shots from the top of the stairs at the west entrance, aimed at students outside the cafeteria. Seventeen-year-old Rachel Scott is killed and Richard Castaldo paralysed. As they walk, they throw small bombs all around them. Three students are gunned down as they leave the cafeteria. Five more are sprayed with bullets as they eat lunch on the grass. The gunmen then return to the cafeteria entrance to have another go at the injured.

11.25am Harris and Klebold enter the school shooting and laughing as they walk down the north hallway. Teacher Dave Sanders is shot as he tries to flee. Bombs and bullets cause carnage everywhere.

11.29am They enter the library, killing Kyle Velasquez, who is still sitting at a computer desk rather than hiding underneath it. One of them yells, "Yahoo!" as they shoot out of the windows at policemen and escaping students. Klebold shoots three schoolmates under a table. Harris bangs on top of a table and says, "Peek-a-boo!" before killing Cassie Bernall underneath. The kick from his shotgun blast breaks his nose. Nine more students are killed under their desks.

11.37am They leave the library and search classrooms, eyeballing students but not firing.

11.44am Harris and Klebold return to the cafeteria where they fire and throw bombs at an unexploded propane bomb. It fails to detonate.

12.00pm They head back to the library and fire at policemen and paramedics through the windows

12.06pm Harris and Klebold withdraw to the south side of the library, where each boy shoots himself in the head.

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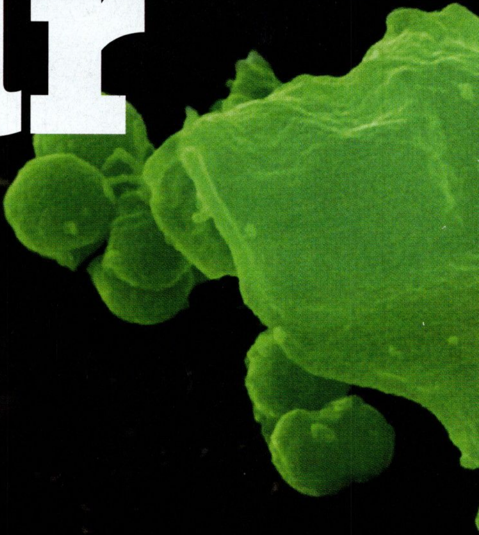
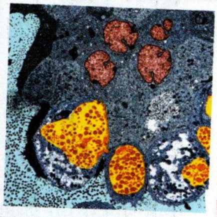
WORDS: **LEE COAN**

Just one more bug trying to ruin your sex life!



Chrome-domed boffins have just discovered that four in ten British blokes don't bother with a rubber when they shag a total stranger. Oh, it's an exciting game, but Lord it's risky – as *FHM* found out as we worked out the odds of catching a sexually transmitted infection...

CHLAMYDIA

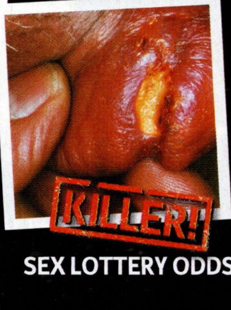


The science: Evil bacteria "Chlamydia Trachomatis" jumps ship during oral sex, proper nookie or, oddly, by getting spunk in your eye.
The mess: A 2002 government survey found that one in ten people under 25 have this mucky infection. What's more, 90% of the carriers don't even know they're diseased.
Worst-case scenario: Though 75% of carriers show no symptoms, the other quarter suffer an itchy red scrote, fire wee, swollen or achy balls. Plus, you'll gift "vaginal discharge" and "infertility" to your next female partner. The lucky sow.

SEX LOTTERY ODDS: 14/1

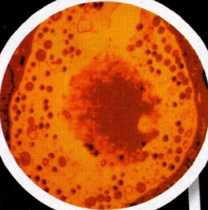
SYPHILIS

The science: It's simple – Mr Pecker rubs against infected lesions inside a vagina/anus, scabs crack, exciting-sounding "Treponema Pallidum" bacteria escapes... and then writhes into your bloodstream to start munching your organs.
The mess: Popular with gays (60% of 2002's new syphilis victims were hommers). Syphilis also makes you five times more susceptible to HIV. Worrying.
Worst-case scenario: Initial warts, rashes, lesions, foaming mouth and loss of hair seem happy memories once the blindness, paralysis, brittle bones and heart failure kick in.



SEX LOTTERY ODDS: 953/1

NSU



The science: Your tongue or penis has to barely enter a chlamydia, herpes, thrush, gonorrhoea or warts-infected vagina (or rectum for you Greeks) and on top of catching that disease you'll probably develop Non-Specific Urethritis, too.
The mess: With more than 90,000 new British sufferers every year, this largely unheard of infection is the most prevalent amongst Blighty's studs.
Worst-case scenario: Burning pee-pee, "cloudy" penis discharge, an aching cock, red japseye, and an inflamed prostate gland which will make you think you've got cancer (you'll cry and have to ask a GP to prod your bits).

SEX LOTTERY ODDS: 6:1

HIV

The science: Have unprotected jiggy with an HIV carrier and there's a 70% chance the virus will infect you, then a 100% chance it'll develop into the fatal AIDS.
The mess: There's an estimated 40 million HIV carriers in the world – 50,000 in Blighty. Since Satan invented the virus in 1982, it's killed 12,760 UK citizens.
Worst-case scenario: Left to wait for the Reaper for years – Mark Fowler-style – before developing AIDS. Breaking out in lesions... pneumonia... and slowly, agonisingly croaking. See *Philadelphia* for graphic, fun-free education (the film, not the tasty cream cheese).

SEX LOTTERY ODDS: 206:1

GONORRHOEA

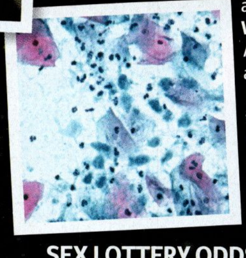
The science: Penis or mouth merely brushing the infected innards of fanny (English) or fanny (American) allows "Neisseria Gonorrhoea" microbes to worm across and start spreading their special, gloopy mucous.
The mess: "The Clap" has terrorised the promiscuous since French hookers first reported leaky fannies in 1378. Today, Britain averages 24,000 new cases annually.
Worst-case scenario: Ladies suffer vomiting, bloodier periods, abdominal pain, fever, agony during intercourse and yellow juice dripping from their bits. Us gents, meanwhile, enjoy penis discharge and a constant urge to wee - regrettable, as tinkling smarts like buggery.
SEX LOTTERY ODDS: 47:1

HERPES

The science: A cheery nosh from someone sporting face-biscuits and this grim virus will spread sores across your undercarriage. Shag and it hops like a 'roo from genital to genital.
The mess: While 80% of Yankee adults have oral herpes, UK stats show 18,379 new victims caught its genital subsidiary in 2002 - women out-diseasing the boys by nearly two to one.
Worst-case scenario: Sore, itchy, leaky wounds that are yours for life. Though they'll disappear at times, there is no cure for herpes. You can always pass it on, and another blistery blight is always just around the corner.
SEX LOTTERY ODDS: 64:1

TRICHOMONIASIS

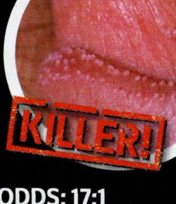
The science: As if vaginas weren't scary enough, get a microscope and you'll see "Trichomoniasis Vaginalis" parasites waving their four antennae. Every lass needs a few, for cleanliness, but come a bacteria upset (caused by dirty pants) and the bugs breed so much they'll seek asylum on you.
The mess: While 120 million women worldwide have what they call "a yeast infection", only 250 unlucky British chaps get this thrush-like disease annually.



Worst-case scenario: Aside from fire water and occasional penis discharge, there are few symptoms. But it's not all rosy - seeing a foamy/smelly/itchy vadge may make you lose your erection - now that's serious.
SEX LOTTERY ODDS: 4,695:1

GENITAL WARTS

The science: There are more than 100 types of "Human Papillomavirus", which pop up 12 weeks after oral, genital or anal sex with an infectee.
The mess: A shocking 69,000 new British victims every year, who - according to coolnurse.com - may see their sausage-verucas clustering together to form "a small cauliflower". Caution: do not eat.
Worst-case scenario: Warts on the tip of the bell-end, and/or along the penis shaft, ball-sack, anus and even the throat - you'll have a lot of explaining to do. Pass it on to the missus and it may develop into infertility or cervical cancer (cue chemo, baldness and death).



SEX LOTTERY ODDS: 17:1

HEPATITIS B

The science: Exchange bodily fluids (blood/spunk) with an infectee and there's a 70% chance you'll pick up this incurable killer virus.

The mess: There's 180,000 known sufferers in the UK, but 50% have no idea they carry this deadly virus - half the time Hep B shows no symptoms. Alas, that doesn't mean, when you pick it up, you won't turn yellow then die.
Worst-case scenario: There's a one in ten chance you'll lose your appetite (which is good, because everything you eat, you'll puke), then comes stomach cramps, dark urine, light stools, jaundice, liver cancer and sometimes... death.
SEX LOTTERY ODDS: 39:1 FHM

Science Picture Library, Rex Features

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GAULOISES
YAMAHA
DAINESE
THE DOCTOR
46

Schu

WORDS: **LEE COAN**

Faster than macher!

Sex-starved teenage groupies, near-fatal crashes at 200mph, shaving your head to look like a pensioner and pissing in your leathers... all in a day's work for Valentino Rossi, the Schumacher of bike racing – but bonkers!

AS *FHM* PUSHES aside the swarm of screaming fans and battles to the front of the Netherlands Moto GP's 125,000 strong crowd, it's apparent that the wee Italian we're escorting is a tad popular. Though we barely recognise the pube-haired racer that these groupies are wrestling to get near, it's obvious Valentino Rossi is a star of David Beckham proportions. "In Italy," shouts his manager, over the baying requests to sign chests, "Vale is bigger news than Alessandro Del Piero and Francesco Totti combined!" But we're in Holland? Word of motor-sport's most exciting World Champion seems to be spreading fast. And at a time when his dull F1 compadres are grinding a once electrifying sport into the ground, it's no surprise that the wild overtaking, competitor in-fighting and death defying stunts of F1 motorbiking's "Doctor Rossi" are taking the planet by storm. Christ, he already has five World Championships in the bag, a sixth on the way (despite now riding for the technically inferior Team Yamaha), all at the age of 25! It kind of makes our, "Are you any relation to Status Quo's Francis Rossi?" line of questioning seem disrespectful. Especially considering that, whilst trying to think of replacement questions, we may have said, "Congratulations on winning, Francis." But his English is a bit iffy, so he probably didn't notice... ▷

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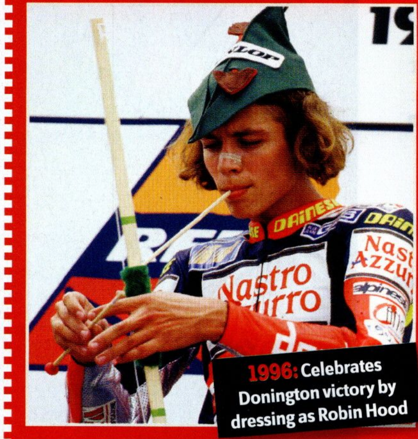
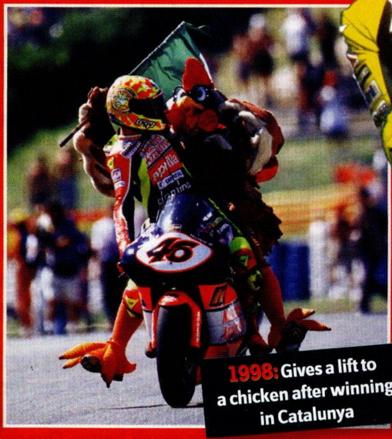
The making of a mentalist

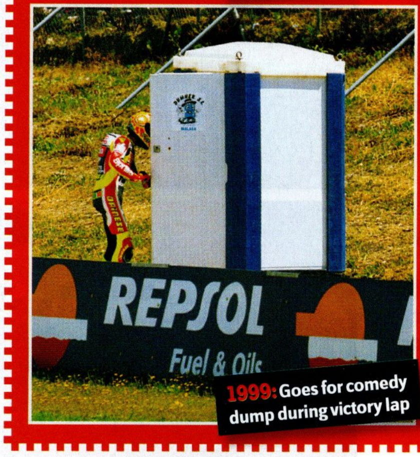
Valentino loves celebrating his victories – by being daft...



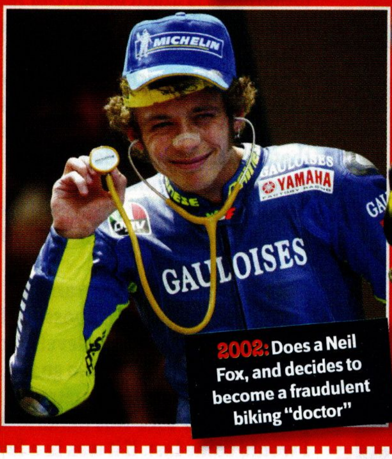
1996: Celebrates Donington victory by dressing as Robin Hood



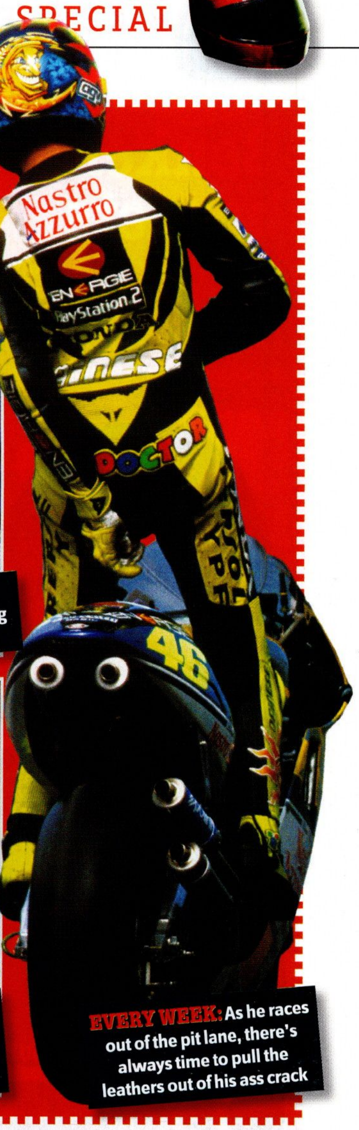
1998: Gives a lift to a chicken after winning in Catalunya



1999: Goes for comedy dump during victory lap



2002: Does a Neil Fox, and decides to become a fraudulent biking "doctor"



EVERY WEEK: As he races out of the pit lane, there's always time to pull the leathers out of his ass crack

Unbelievably, your motorbike is faster than an F1 car. What's been your most pant-filling moment on these mental machines?

There are a lot of scary moments in every race. It's not always the crashes that are the most frightening – it's the fast slides on tight corners. At Donington in 2001, I crashed down the hill at 200mph and slid for a long way. It was spectacular, but I knew on that bit of track there was enough space for me to slide and not hit the barrier.

So, can sliding on your arse at 200mph sometimes be fun?

No, never. Ha ha! Never! It's too fast and way too scary! In Suzuka in 2002 – the first race in Moto GP – I slid and crashed at 200mph. As the bike was crashing, I knew I was too close to the wall and in a lot of trouble, but there's nothing you can do to stop it – that's scary. Luckily, that time I managed to hold onto the bike until the end of the corner, so I'd slowed down a bit by the time I slammed into the wall, so I didn't get hurt too badly.

Thank God. On the street, what's the longest police chase you've ever been involved in?

Oh, the longest chase with the police is only about a kilometre. When I was speeding on my scooter as a kid, sometimes I used to make them chase me. But it was never for long – a car is always going to out-race a scooter.

You live in London now. What's the fastest you've ever ridden through our capital's streets?

On the road I drive slowly, simply because in London it's hard to drive fast. I'd have to jump over the buses to get anywhere. I have, of course, considered doing this, but I already have enough craziness on the track.

You're into doing some Evel Knievel-style stunts, then?

Yes. I'd like to jump over 30 crocodiles!

A fine idea. What's the most bonkers stunt you can do on your 225mph bike?

I always try to push the limits of what you can do on these bikes a little bit. Like, I sit on the petrol tank and then wheelie. Then I do the nac-nac...

The nac-nac?

Yes, the nac-nac [where he brings his left leg over the bike to the right side and stands on the footpeg with one foot: tricky]. I also do the double nac-nac – one side then the other. I've also got the one where I stand up on the seat and do a wheelie, too. That's fun.

What would be your ultimate trick?

I want to try and do more stunts, but I never have time to try them out – I'm always testing or racing. The second problem is our bikes are not designed for this kind of thing. They are the most powerful motorbikes in the world and are quite difficult to force into tricks. But I'm passionate about riding freestyle and doing something different, so I will always be trying new tricks.

> 'I have lots of female groupies, but the problem is that most of them are only 14 or 15'

Good chap! As you're up to insanely dangerous stuff at work, are you a sensible chap in your spare time?

Yes, I'm very quiet. I like to sleep a lot. If I'm not racing, I'll usually sleep for most of the day. But then I'll go out at night. That way there are less people around and I can just get on with my life without getting mobbed by fans.

What would happen if you walked down the street in Rome at midday?

No, I couldn't do that. It would be too dangerous. Even if I wear a cap and sunglasses, one person spots me and goes, "Rossi!" then there's a cry of, "Aaaahhh!" and I'm swamped by people. In London it's possible for me to go out on the street, though.

What's the most mental fan you've ever come across?

There are a lot of mad fans. The craziest seem to be the members of my fan club. They drive me crazy.

Do they turn up at your house?

Yes, a lot. And because I'm known as "The Doctor", they often turn up wearing a stethoscope. In Australia there are lots of crazy men who shave "46" into their hair and dye what's left of it in my colour – bright yellow. I've even seen grown men who've painted themselves entirely yellow.

What about female groupies – do they throw themselves at your feet?

Oh yes.

Fantastic! Do you ever get time to enjoy their attention?

The problem is, they're far too young. They're 14 or 15, so it's a little weird.

As "The Doctor", do you pretend to administer "medical examinations" to eager (older) fans?

No, never. I started competing in the World Championships after I finished school, so it was impossible for me to train up and become a proper doctor.

But if your team-mate crashed horribly, you'd be first on the scene – with your stethoscope?

Fuck no, it had better not be me – I wouldn't have a clue what to do. I hope my team-mate never crashes. ▷

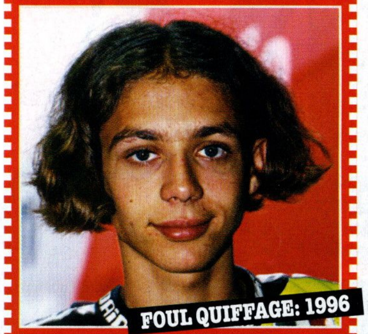
VITAL STATISTICS

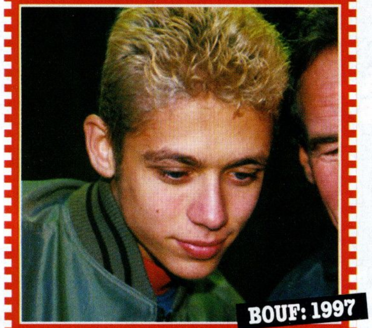
All the numbers you need to know about the motorbike genius...

6,000,000 – pounds sterling Rossi earns a year (before sponsorship deals)
1995 – the year in which Valentino won his first (125 class) GP
1,250 – bhp/tonne ratio of Rossi's insane 220mph bike
439 – miles *FHM* travelled to meet him
357 – points earned in the 2003 season (a record number)
46 – the number Rossi rides under
38 – Grand Prix races Rossi won before turning 23 (more than any other rider in the 53-year history of the World Championships)
23 – number of consecutive podium finishes Rossi achieved to break another record
18 – years before Rossi's dad would get back on a bike, after a near fatal crash in 1982
0 – number of other men ever to be crowned Moto GP World Champion

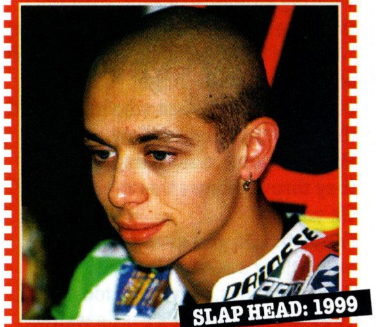
Bonkers barnets

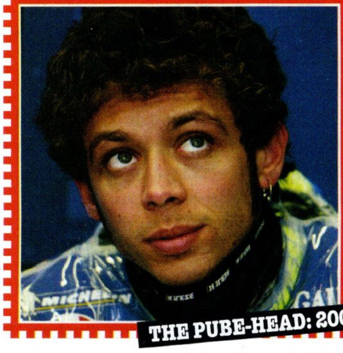
Whilst it's hard to tell what Schumacher's sporting under his red cap, Valentino couldn't be more eager to celebrate his wacky barber's handiwork...


FOUL QUIFFAGE: 1996


BOUF: 1997

ITALIAN FLAG: 1998


SLAP HEAD: 1999


THE PUBE-HEAD: 2004

Getty Images, Gold And Goose, Reuters

Us too. You've had a career-long spat with your rival, Max Biaggi. Now that you consistently beat him, do you still loathe the chap?
Aaahh, it's slowly becoming better because we're both getting a little bit older. Today, we both prefer not to speak about our differences and sort it out on the track.

If it came to blows, who would win in a brawl?
Aaahh, erm, I don't know. But it would be a very good fight.

Excitement, such as this bitter rivalry with Biaggi, has lead to Moto GP stealing countless fans from Formula One cars. How would you jazz-up their increasingly dull sport?
Yes, the F1 is not very exciting for the fans, but it's also not much fun for the people riding the cars. Racing motorbikes is much better. Our races are far more open and exciting. But not only that, the whole Moto GP scene is full of much younger people - young riders, young people working in the paddock. We have more fun - that's just what's needed.

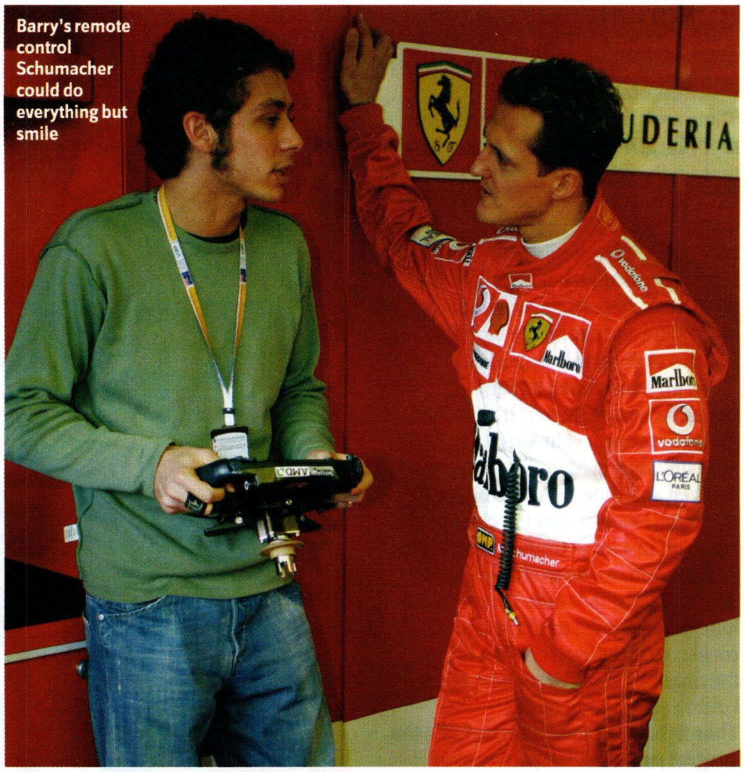
There's been a rumour of you competing in F1 for Ferrari - if you raced Schuey's motor next Sunday, would you win?
I have tried out the F1 Ferrari, but I don't think it would be possible for me to compete at a good level. For me to fully understand how to go fast, I would need many kilometres of practice. If the race was tomorrow, I would come last. If it was in a few months, then... we would see.

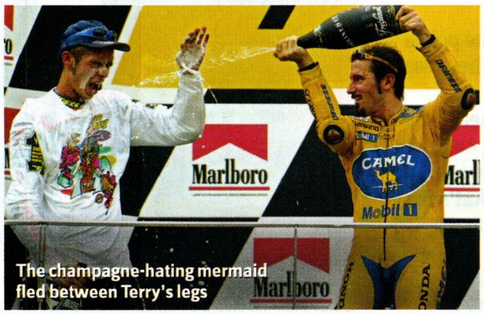
Do you think, given enough kilometres of practice, you could become World Champion racing anything? Say... ostriches?
Racing the ostrich? What's an ostrich?

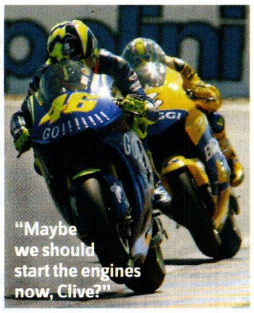
A giant bird. Like Rod Hull had but, erm, less Emu-ey...
Ah, okay. Since I was a young boy, I've had good enough balance to ride anything. Especially motorbikes, but also cars and, yes, animals too. Ha ha! I don't know if I could be number one - it depends on how experienced the other ostrich riders were.

Naturally. You once pulled up on a victory lap to use a Portaloo. Was it clean in there?
Yes - very nice. This was my favourite ever celebration. In the warm up, I noticed that there was a toilet in a very strange place - it was inside the track so none of the crowd could use it, but halfway around the circuit so none of the teams could go either. I decided that, if I won, I'd use it. People thought I was crazy.

Ever had to tinkle mid-race?
Erm, I go to the toilet a lot. It's odd, I need to piss over 10 times a day. Sometimes when I'm in my suit, before I've started racing, this is a problem. But when I start to race, I forget about pissing.


Barry's remote control Schumacher could do everything but smile

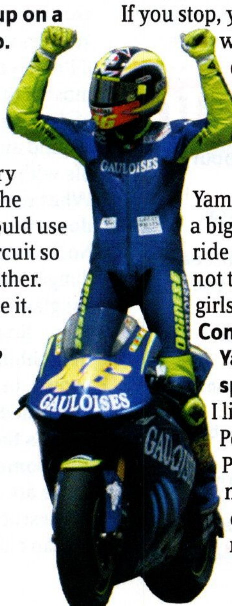

The champagne-hating mermaid fled between Terry's legs


"Maybe we should start the engines now, Clive?"

'Sometimes during practice laps I'll piss in my leathers, but never during a proper race'

But occasionally do you just have to wee inside your leathers?
Sometimes during the practice laps I'll go in my suit, but never during a race. In F1, they piss all over the car.

Can you have sex on a bike?
If you stop, yes. But I've never tried while driving. I think it'd be quite difficult, but not impossible.



What bike should you buy to impress honeys?
A good one is the Yamaha XJ1300 because it has a big seat for two people to ride on - it looks cool, but it's not too fast. It won't scare the girls too much.

Considering you get free Yamahas, what do you splash your millions on?
I like Porsches, so I buy Porsches! Except for Porsches, I don't spend much money. Oh, except on shoes and CDs. I love music. I spend a lot of my spare time in London in music shops.

What tunes get you pumped before a race?
Today I was blasting out Nirvana's *MTV Unplugged In New York*. It's mellow, but good for getting ready to race.

What about the Quo?
I don't know. Who are "the Quo"? Sing to me their song...

"Whoaa, we're in the army now..."
I know the name, but I can't recall this music. I will look it up.

Finally, you've had a lot of wacky barnets - what's been your favourite?
My favourite was in 1999 in Imola. My chief mechanic had no hair - he had the haircut that old men sometimes have, you know... a slap head. So I had the same haircut shaved in. Ha!

And when you went for the multi-coloured look, did you do the undercarriage, too?
What, down there? No - just the top. Nowhere else. **FHM**

So Rossi fancies a few stunts, eh? Turn over to see the boys he has to beat

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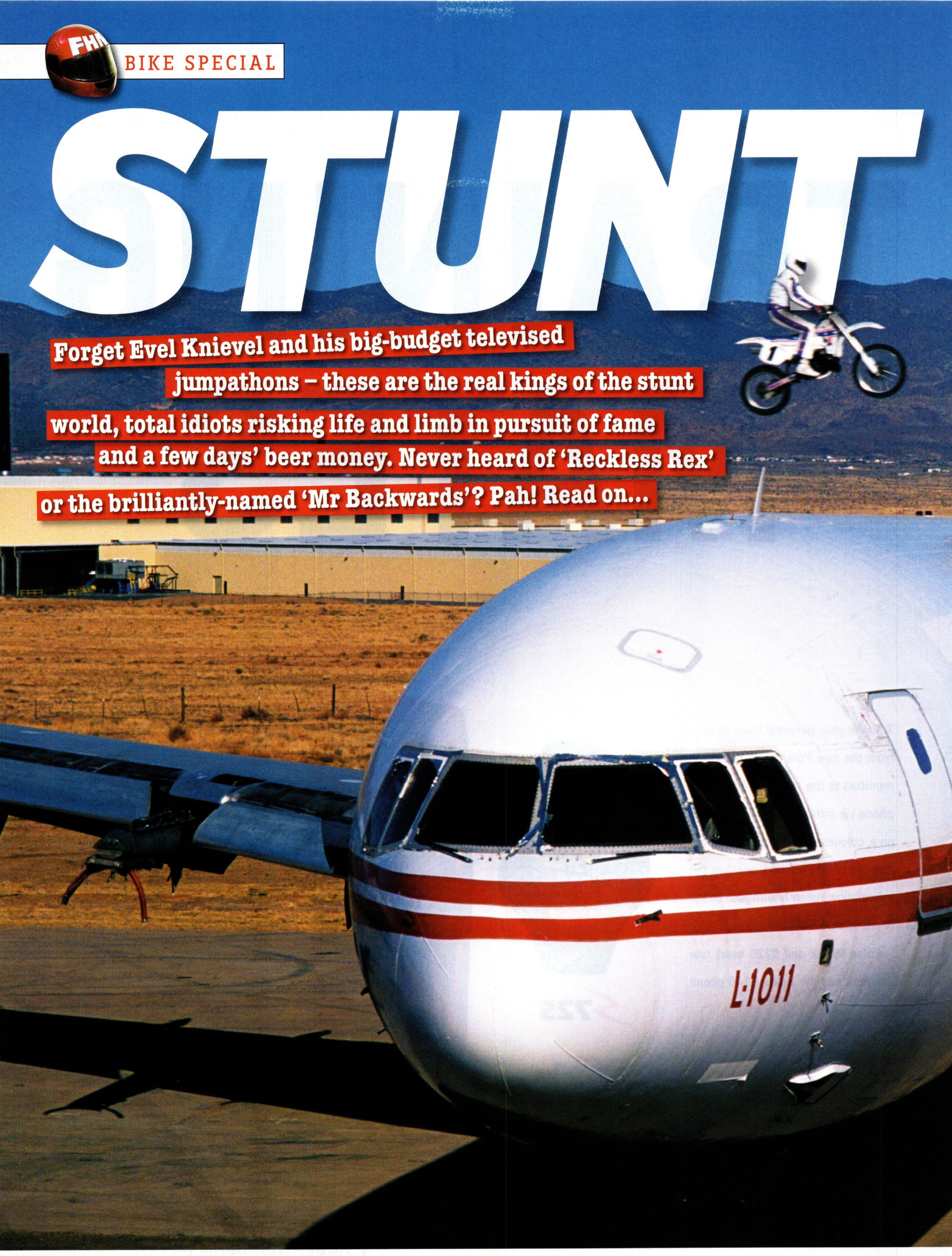


STUNT

Forget Evel Knievel and his big-budget televised jumpathons – these are the real kings of the stunt world, total idiots risking life and limb in pursuit of fame and a few days' beer money. Never heard of 'Reckless Rex' or the brilliantly-named 'Mr Backwards'? Pah! Read on...

WORDS: **BEN PURVIS** PHOTOGRAPHY: **JEFF WERNER/INCREDIBLE FEATURES**

KINGS!

I DARE YOU
THE ULTIMATE CHALLENGE

MILE HIGH CLUB!

Who? Doug Danger
Challenge: Clear a jet on his bike
Why? TV special
Did he make it? Yes

Doug Danger (sadly, not his real name) has been setting records since the late Seventies, and while this stunt went no further than previous attempts, it was higher - and more eye-popping - than most. On March 18, 2000, he took a 1,200ft run-up to clear this Lockheed TriStar airliner, racing up a 120ft-long ramp - 20ft high but just 4ft wide - in an effort to clear the wingspan of the plane. He made the 160ft jump at 73mph despite a strong headwind, with a maximum height of 30ft giving him just a narrow clearance over the top of the plane. On landing, he was phoned by dead-man-walking Evel Knievel, who wanted to croak a hearty congratulations down the blower. ▷

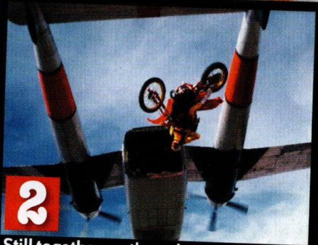
HIGHLAND
SPRING
Pure natural mineral water from Scotland

1 Davis and the motorbike exit the plane together at 5,000ft...

LEAP OF FAITH!

Who? Jimmy Lynn Davis
Challenge: Jump from a plane... on a bike
Why? For US TV show *That's Incredible*
Did he make it? He did

Davis was the mid-Eighties show's skydiving expert and the bike was little more than a wacky prop. He rode out of the plane at 5,000ft, with an outsized parachute attached to both him and the bike. The aim was to land in the California desert and ride off without crashing. This was actually Jimmy's second attempt – first time round, the parachute got tangled in the handlebars and Davis had to cut himself loose and use his reserve 'chute, letting the unfortunate bike plummet to the ground. "My first attempt was a disaster," he confirms. "Leaving the plane, the motorcycle flipped sideways and the parachute hung up on the handlebars. There was a very real danger that the bike might land on top of me."

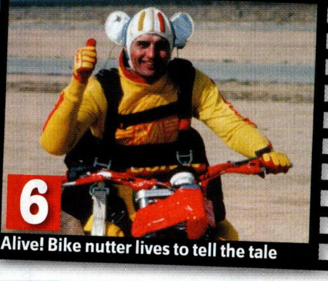


2 Still together, as they plummet to earth

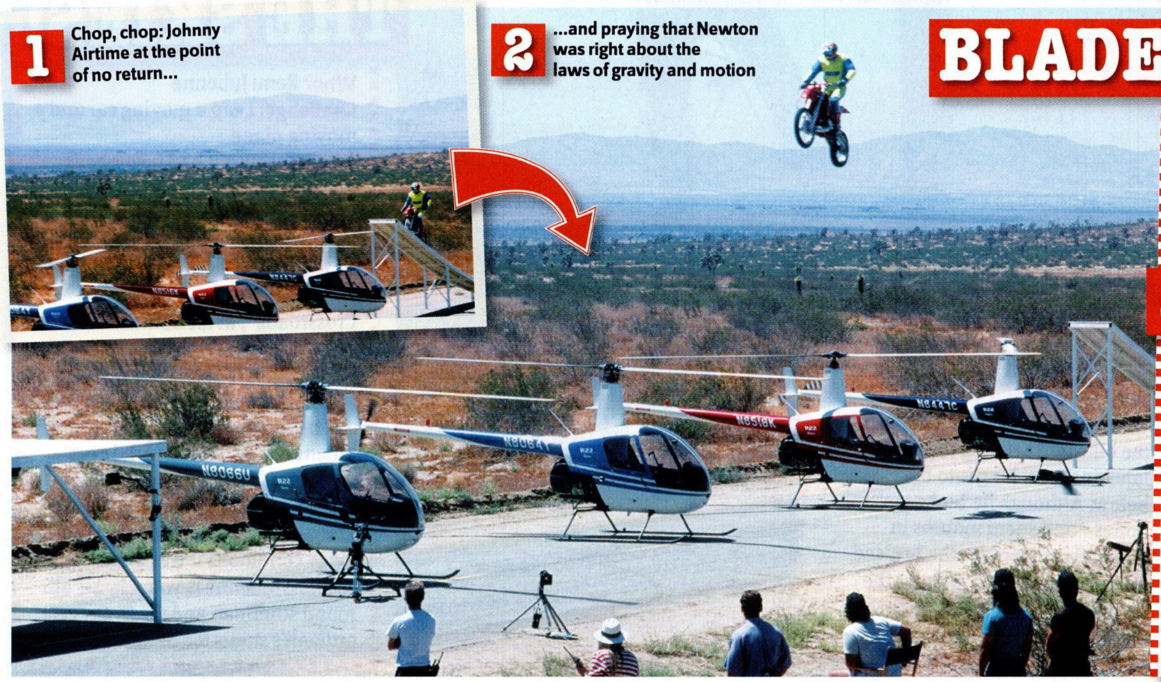
3 The moment of parachute-opening truth

4 Relief for Davis as the 'chute deploys

5 'Only' the tricky landing to negotiate...



6 Alive! Bike nutter lives to tell the tale



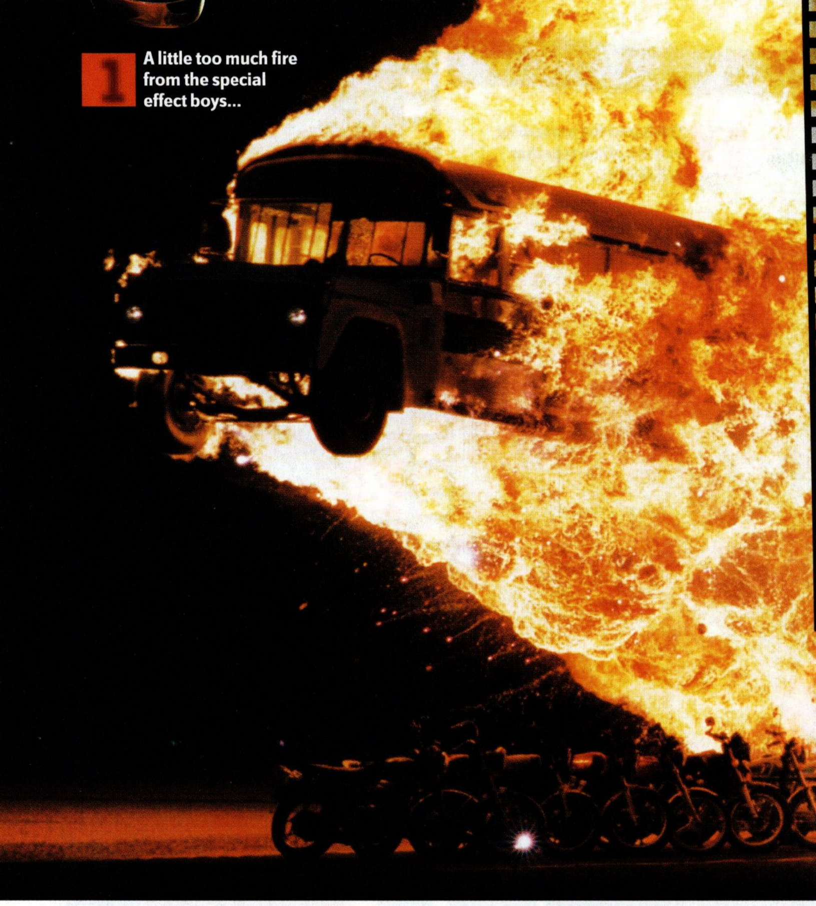
1 Chop, chop: Johnny Airtime at the point of no return...

2 ...and praying that Newton was right about the laws of gravity and motion

BLADE-RUNNER!

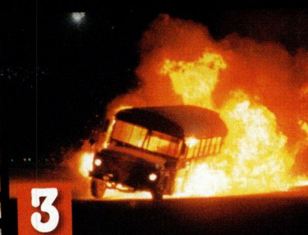
Who? Johnny Airtime
Challenge: To leap his way over four helicopters
Why? To set a world record for US TV show *The Ultimate Challenge*
Did he make it? Oh, yes

Johnny Airtime was the master of bike jumps in the early Nineties and this leap is still the longest-ever over 'copters. Of course, it was only going to be a proper stunt if the blades were spinning – so that's what happened. Airtime still made the 1992 jump look easy. Interestingly, under the bizarre and complex rules of record-setting, the type of helicopter used in stunts of this type is strictly governed – the small Robinson R22 used here is the one you've got to clear. ▷



1 A little too much fire from the special effect boys...

2 At 109ft, the burning bus sets a record...



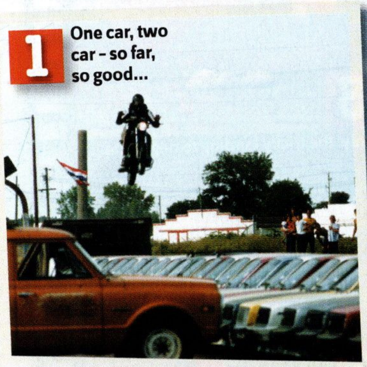
3 ...and then explodes on impact

4 Luckily, stunt bloke survives!

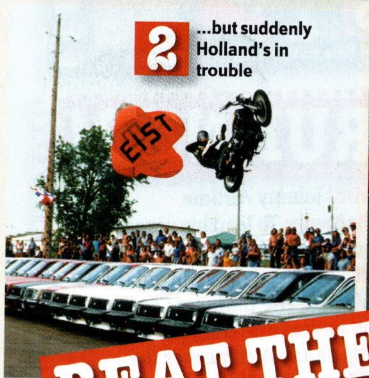
TICKETS PLEASE!

Who? Steve Hudis
Challenge: Jump over 15 bikes in a flaming school bus
Why? Bit of a laugh
Did he make it? He did!

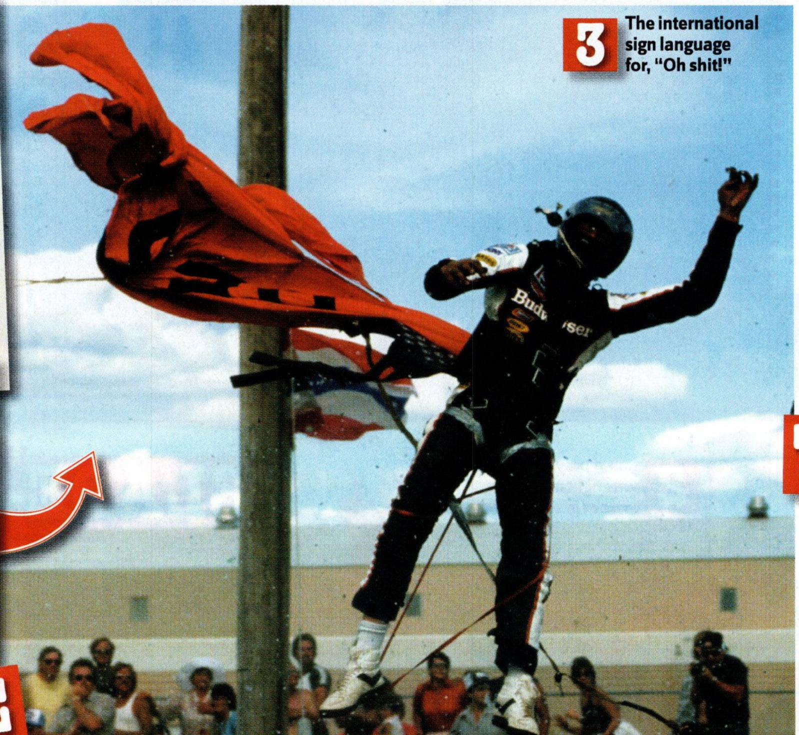
TV show *I Dare You* thought it would be a hoot to combine its coverage of stunt rider Bubba Blackwell's record-breaking 15-bus bike jump in 1990 with a stunt to try to clear 15 bikes in a bus. Although the ten-ton bus was expected to plummet straight into the two-wheelers, driver Hudis really wanted to clear them: he hit the ramp at 60mph, soared 109ft and beat the existing bus-jumping world record by 10ft. Unfortunately, the special effects crew went a bit overboard with the pyrotechnics and the entire bus became an inferno, trapping Hudis for 20 seconds after landing. He lived!



1 One car, two car – so far, so good...



2 ...but suddenly Holland's in trouble

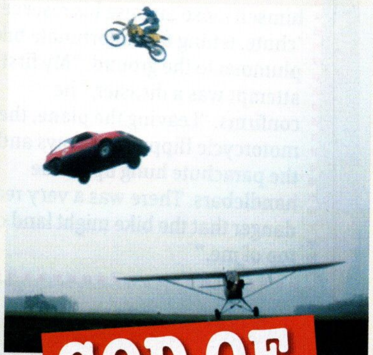


3 The international sign language for, "Oh shit!"

BEAT THE TRAFFIC JAMS!

Who? John Holland
Challenge: 50-car jump
Why? World record attempt
Did he make it? No

Holland's 1991 attempt to clear 50 cars over a distance of 265ft went horribly wrong before he'd even got halfway. The reckless goon used two parachutes to slow him and the bike from 100mph on landing, but embarrassingly they went off mid-flight, pulling him off the bike and sending both man and machine smashing into the cars below. Although he broke several bones – and spent months in hospital recovering – the bruised daredevil vowed to attempt the record again when he was fit. He never did, though.



GOD OF THE SKIES!

Who? Remi Julienne
Challenge: Leap a moving car and a moving plane
Why? Because it had never been done before
Did he make it? Yes

Legendary stunt co-ordinator Remi Julienne pulled off this stunt, "Dangerous Crossroads", at an airfield near Paris in 1990. Timing was crucial – for the stunt to work, a low-flying plane, car and bike all had to cross at exactly the same moment. Julienne rode the bike while his colleagues Lucien Canou and Gilbert Bataille manned the plane and car respectively, and despite foggy conditions it was a complete success. Julienne is your classic all-round stuntman and these days co-ordinates stunts for Bond flicks. ▷

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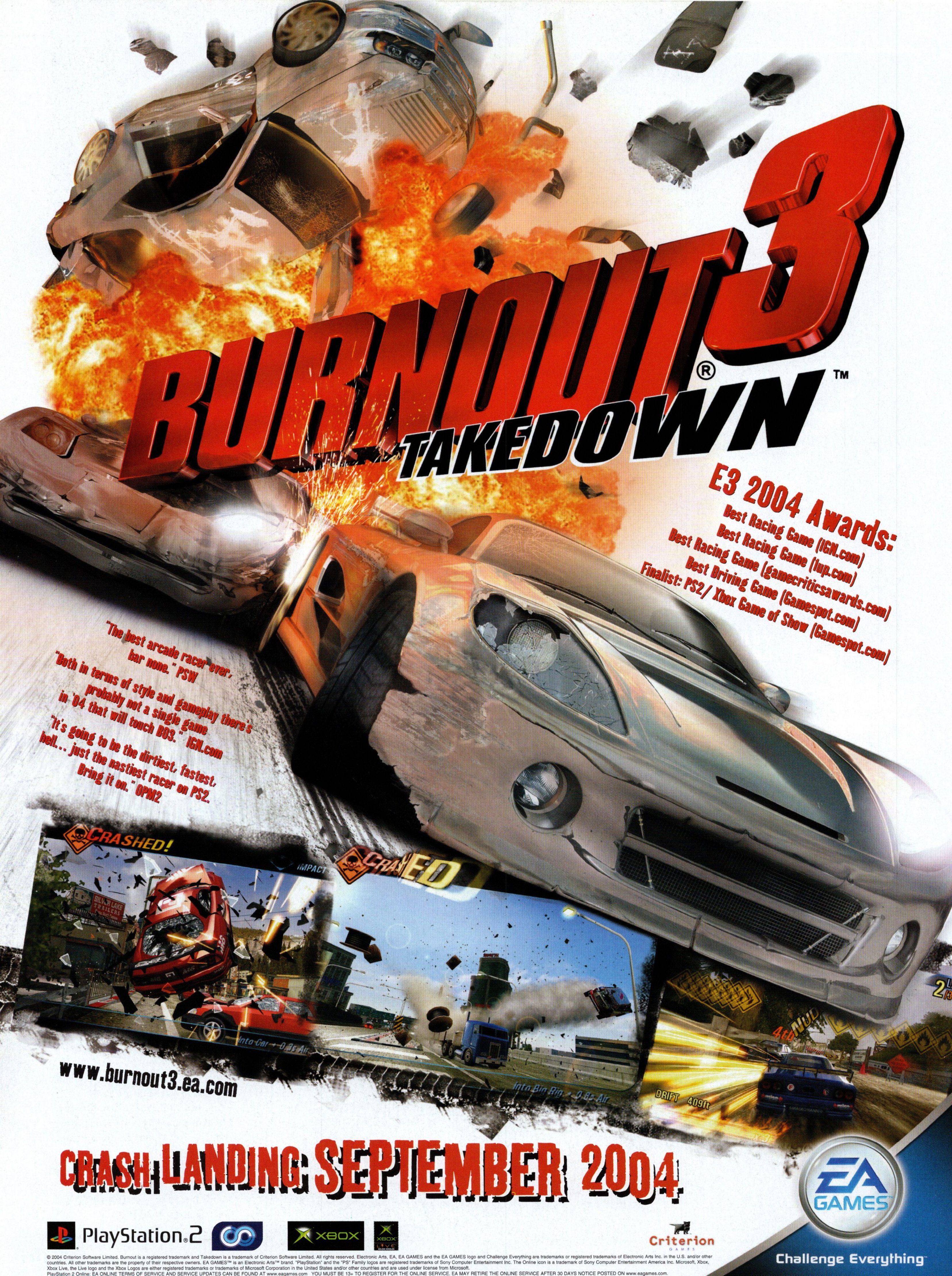
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Best Driving Game (Gamespot.com)
Finalist: PS2/ Xbox Game of Show (Gamespot.com)
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"Both in terms of style and gameplay there's probably not a single game in '04 that will touch BO3." IGN.com
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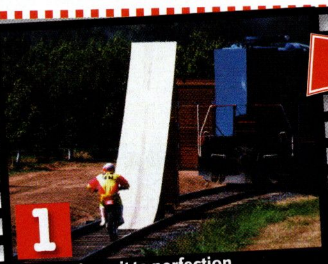
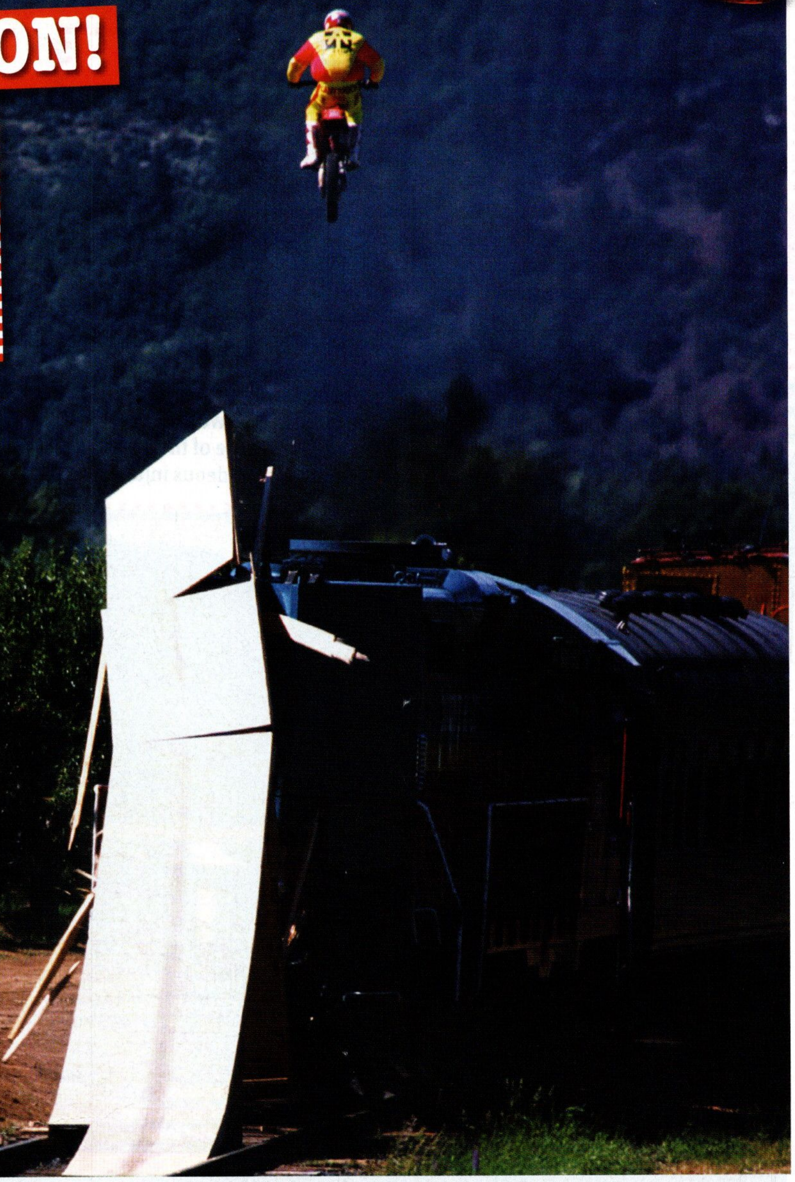
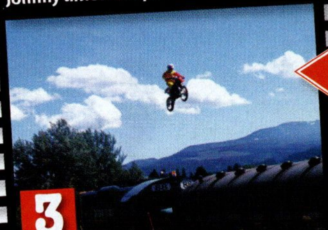
8.55 FROM PADDINGTON!

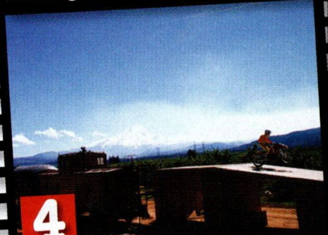
Who? Johnny Airtime
Challenge: Jump over a train
Why? For a TV special, *Live! The World's Greatest Stunts*
Did he make it? Yes

Airtime's 1990 train jump at Mount Hood in Oregon, USA, was truly death-defying. The plucky wheel-jockey rode along the track between the rails at 80mph, straight towards a freight train coming the other way at 23mph. Just as he left the ramp, the train ploughed into it. A slight curve in the track allowed a landing ramp to be set up alongside the rails and Airtime hit it perfectly, after a colossal 180ft leap in the air.


1 Johnny times it to perfection


2 Seconds later, the ramp is history

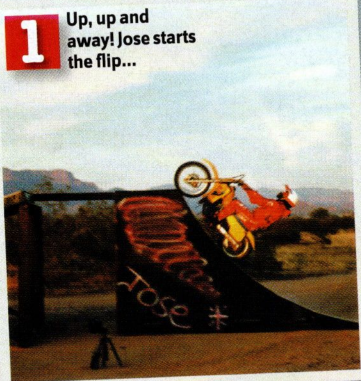

3 Airtime gets a lovely view of the roof...


4 ...before touching down safe and sound

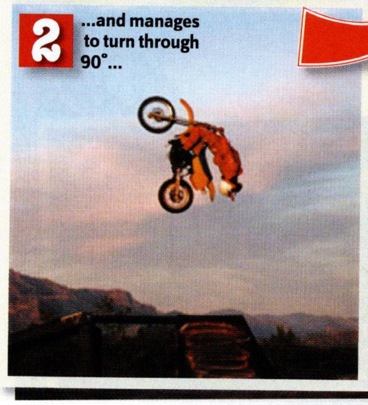
MR SOMERSAULT!

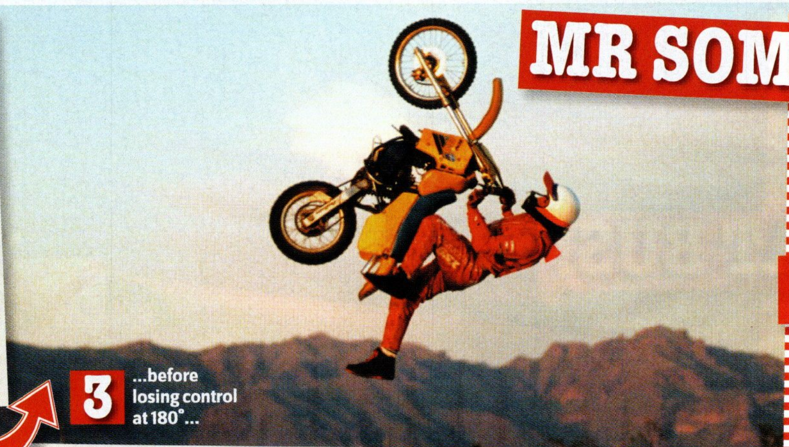
Who? Jose Yanez
Challenge: Backflip... on a bike
Why? Because it had never been done before. Sound familiar?
Did he make it? Not even close

Backflips may have become commonplace in freestyle motocross in the last couple of years, but in the mid-Eighties only the truly insane had even thought about it. Jose Yanez was the BMX star who managed the first successful bicycle backflip in 1984, but translating the feat to a motorbike was a disaster. But what balls! Even when it's clear the trick isn't going to work, he sticks with it and his laughable effort did him no lasting damage – he was merely winded. Yanez eventually managed the motorcycle backflip, but only on an 80cc kids' bike. Carey Hart is hailed as the man who did the first backflip on a proper motorcyle, at the X-Games in 2000. ▷



1 Up, up and away! Jose starts the flip...


2 ...and manages to turn through 90°...

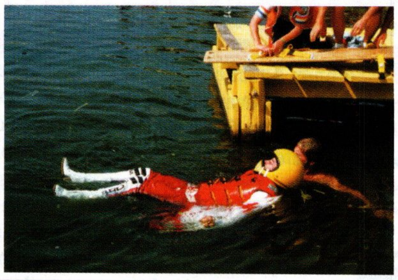

3 ...before losing control at 180°...

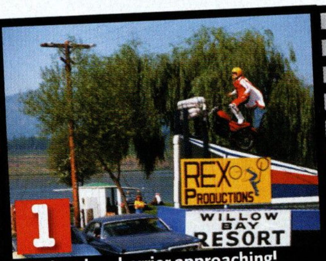
4 ...and coming down hard on the ramp

LOOK! NO BIKE!

Who? "Reckless" Rex Phelps
Challenge: "Cannon" jump
Why? Record attempt
Did he make it? Yes

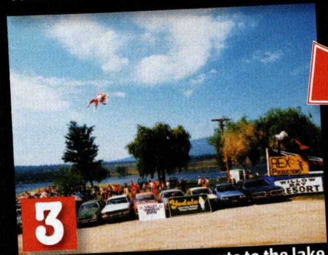
Reckless Rex's unique take on distance jumping involves leaving the bike behind. On this occasion in the mid-Eighties, in Spokane, Washington, he hit the ramp at 60mph, riding up it until the bike hits a barrier at the top of the ramp. Rex, standing on the seat, is flung 138ft over 12 cars, landing in a lake and setting a world record. Rex built an entire career around this type of jump, complete with a frankly shit caped suit. He also takes credit for pioneering motorcycle backflips, albeit landing in water rather than on hard land like the latest breed of freestylers. His career ended in the late Eighties after one attempt went wrong and he hit the edge of the water tank, suffering hideous injuries.



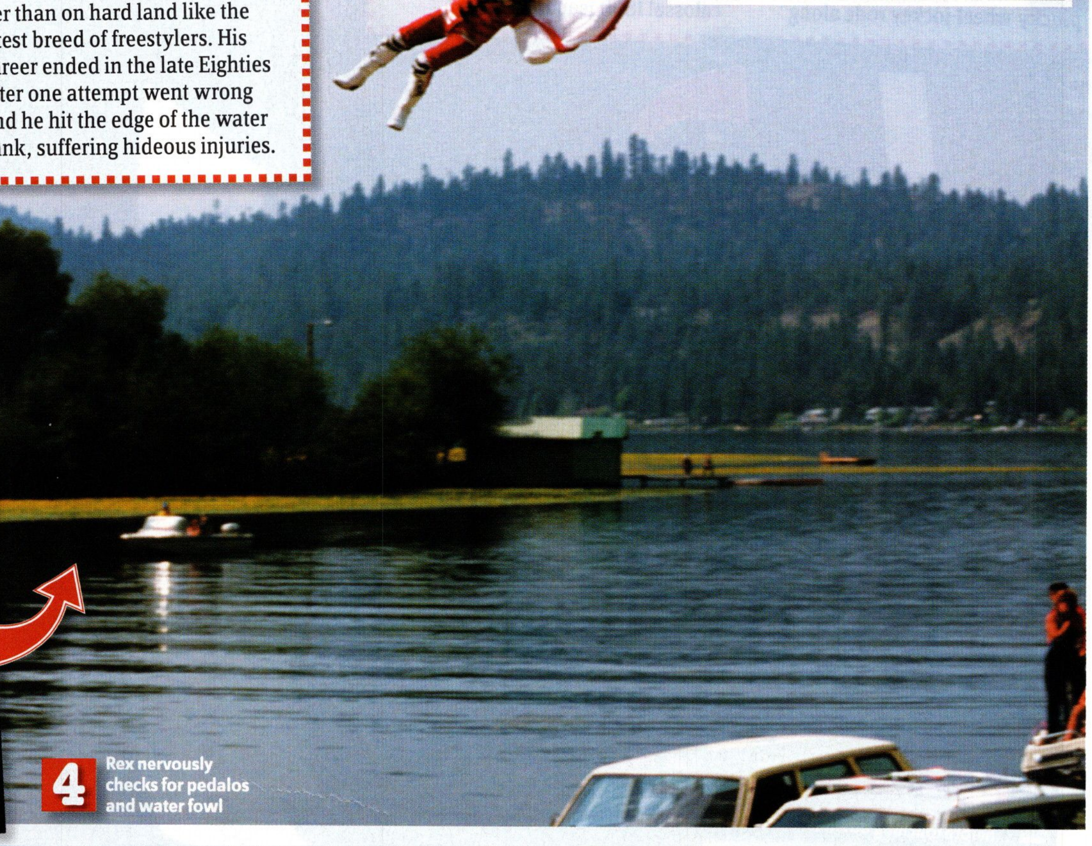


1 Caution: low barrier approaching!

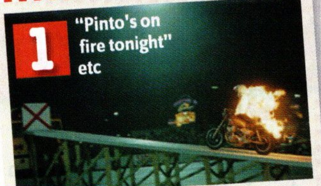
2 Too late – Reckless takes a flier



3 Sailing over the cars en route to the lake



4 Rex nervously checks for pedalos and water fowl

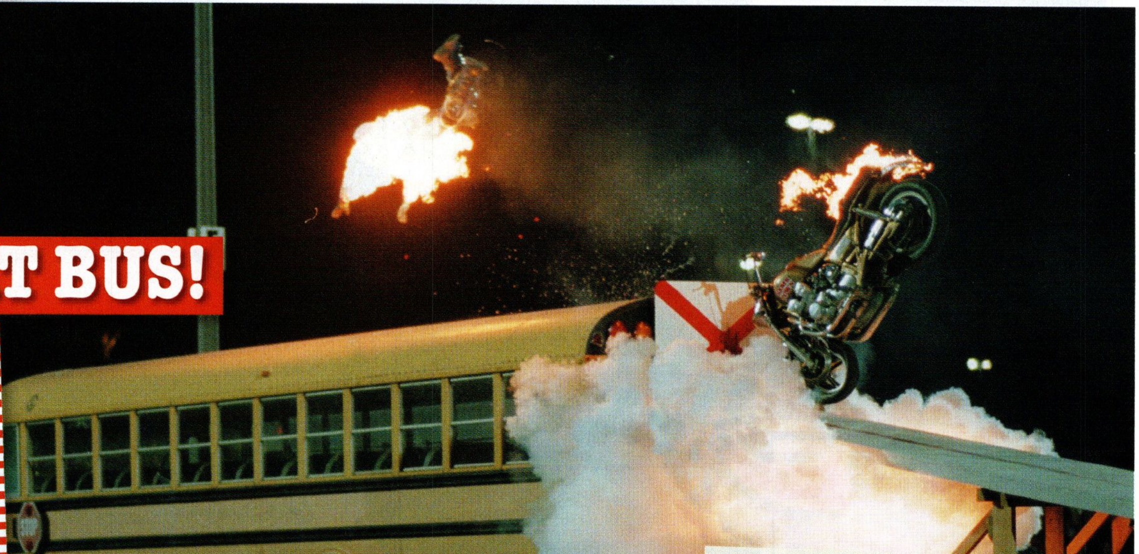


1 "Pinto's on fire tonight" etc

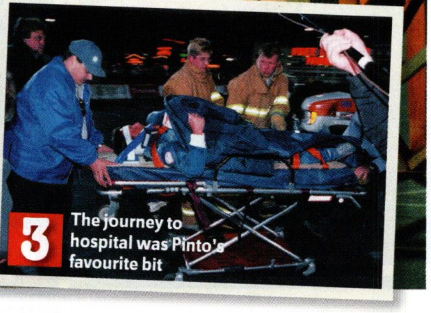
MIND THAT BUS!

Who? Dennis Pinto
Challenge: To twat into the side of a bus at high speed
Why? No idea
Did he make it? After a fashion

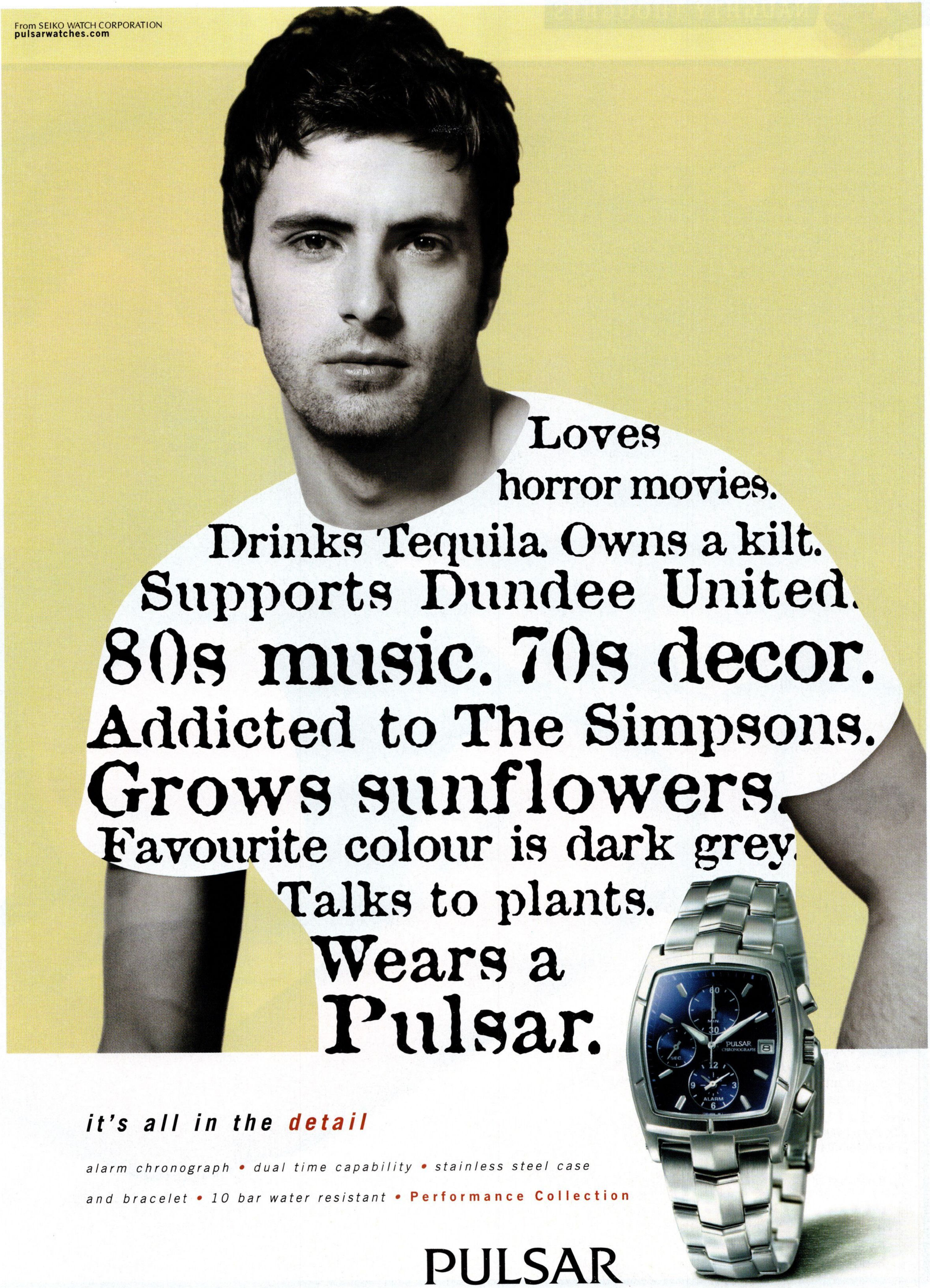
You can imagine the planning meeting: "Right lads, for my next stunt, I'm going to go up this ramp, straight into the back of a bus. Oh, and I'll be on fire." Quite why Pinto needed a big red target to help him hit the back of a stationary 30ft vehicle is a mystery, but the man is clearly mad. The idea was to bounce off the bus and land, in flames, in a giant stack of highly flammable cardboard boxes. Not surprisingly, he suffered a few burns and a poorly arm. FHM



2 Bike in flames, driver in flames, bus unharmed



3 The journey to hospital was Pinto's favourite bit



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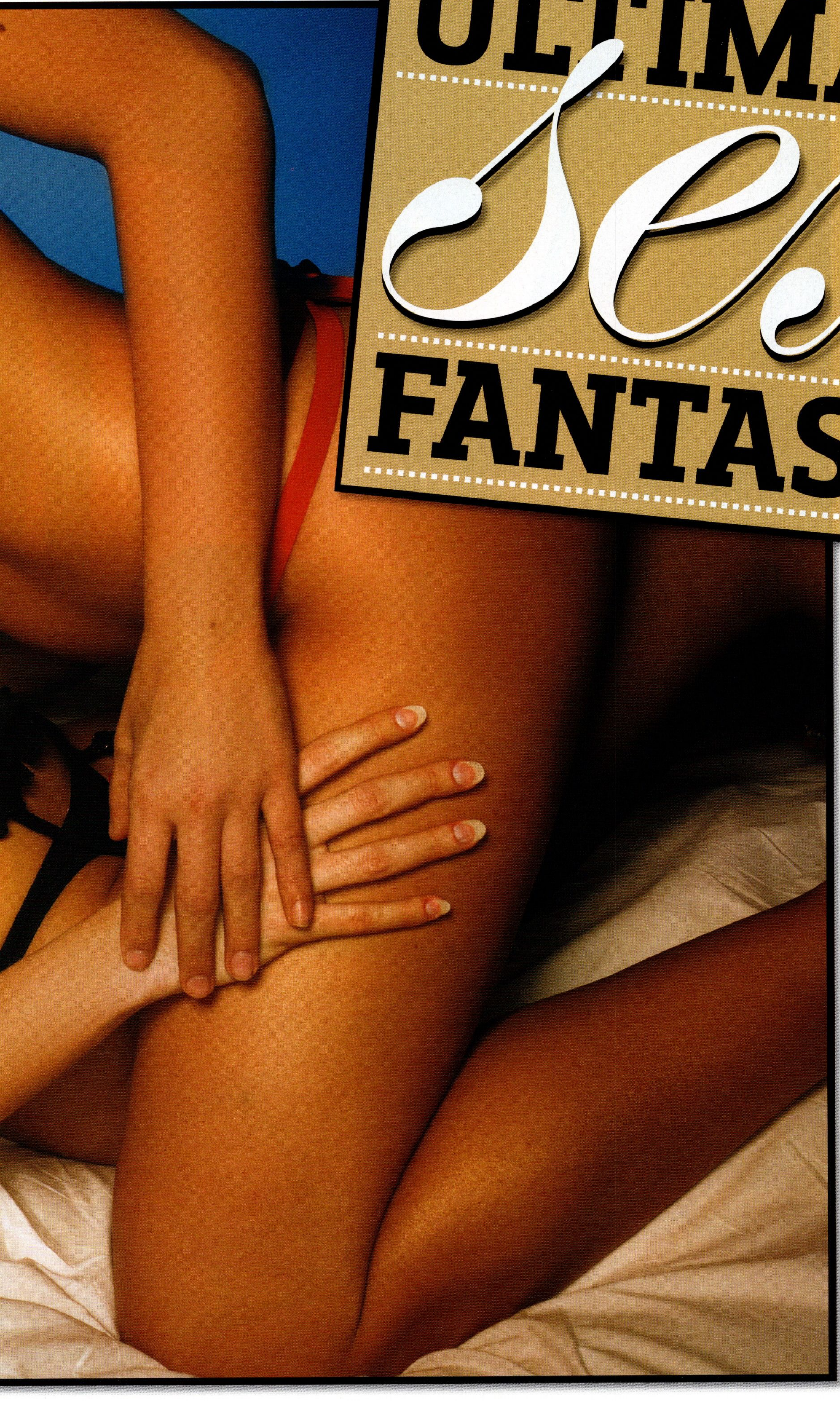
PULSAR

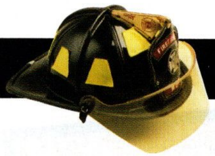
'There's just something about women that's so sexy…' Emma, 20, London



ULTIMATE *sex* FANTASIES

WORDS: **ROZZIE JOYCE**
PHOTOGRAPHY: **LEVI BRADLEY**

The thing your careers officer forgot to point out when he was shoving you towards the exit is that chicks dig certain types of jobs. We know because we spent a sun-kissed weekend touring Blighty getting ladies to reveal their sauciest sexual fantasies. And, bizarrely, it all spells good news for Federal Investigators, waiters, car salesmen – and a certain jammy middle-aged lecturer from Leeds... ▷



EMMA

AGE: 20
FROM: LONDON

There's just something about women that's so sexy. I'm in a club and I spot this one woman who's tall, dark, really sexy. She's got to have great legs, great hair and big, kissable lips. She catches my eye. My boyfriend's off speaking to his mates, so I go over and ask if she wants a drink. We down some tequila slammers and suddenly she grabs my hand, pulls me into a dark corner and starts kissing me. Even though I'm worried about my boyfriend catching us, I want to get more physical. I pull her through a door into this tiny store cupboard where we strip down to our underwear and touch and feel and kiss each other till we both come. Then we get dressed, go back out and my boyfriend's none the wiser.

CLAIRE

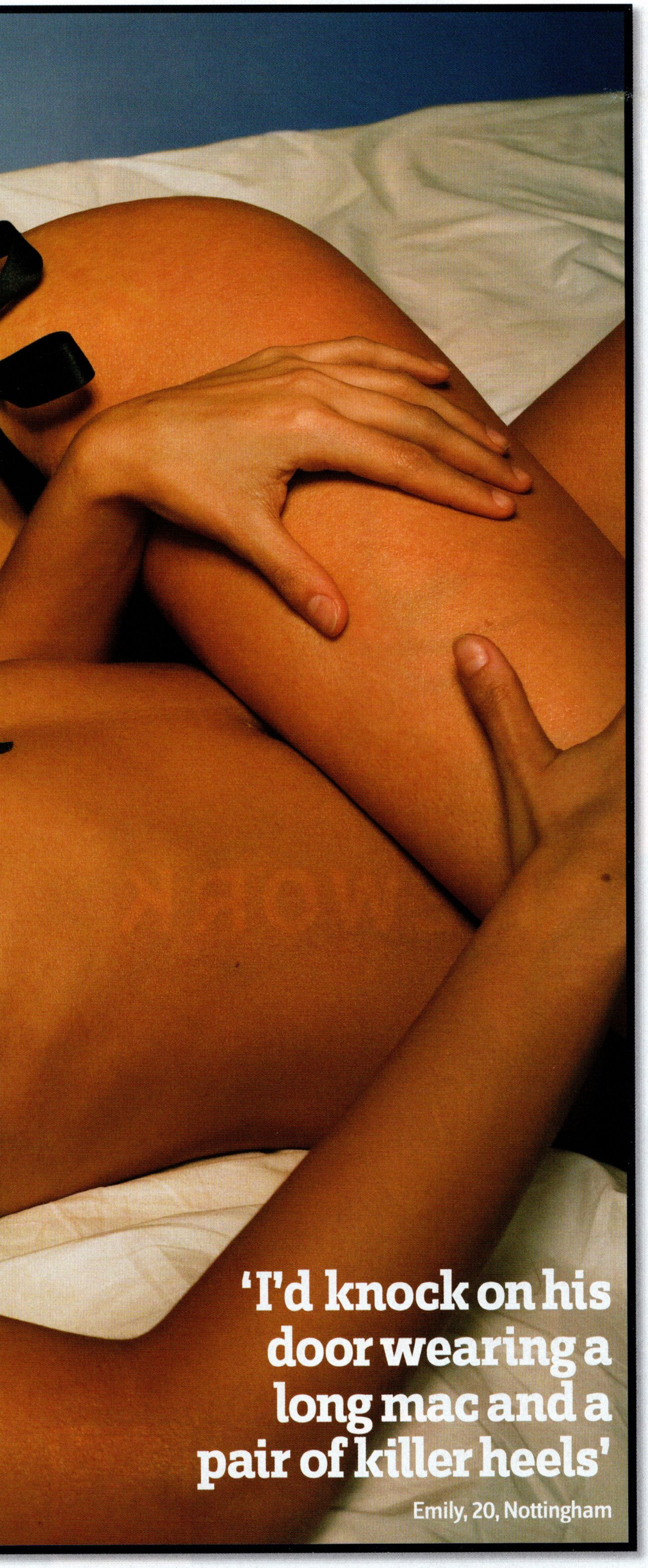
AGE: 21
FROM: LEEDS

It'd be great to get fucked by a rich, handsome older man in the penthouse suite of a posh hotel. I'd go there in disguise like I'm a secret agent – dark glasses, long coat, thigh-high boots and sexy lingerie. I walk in, whip off my coat and eat him alive. He has to be really rough with me though, throwing me about, smashing things up and making a real mess of the room. There'd be honey and chocolate sauce and squirty cream, which we'd smother all over each other then lick off. There'd be whips and handcuffs and by the end of a mammoth four hour session I'd be black and blue. I'd also love to have some girl-on-girl action in a slippery mud bath in a field. There'd be three of us and after we'd made each other come, a load of firemen would turn up to hose us down with their "powerful spray". I've also thought about sex in the air whilst skydiving. Think it's possible?

LIZZIE

AGE: 25
FROM: YORKSHIRE

My fantasy's with a gorgeous, well-endowed male model in a giant, sweeping four-poster bed in a converted castle in the middle of some remote moorlands somewhere. We'd be there for the weekend and wouldn't leave the bedroom once. I'd be wearing an intricately woven, specially imported, cream silk negligee and he'd be wearing these tight little boxers that showed off his hefty package. It'd be 48 hours of amazingly filthy sex in all different positions, only stopping to drink champagne and slurp ice cream off each other's bits.



‘I’d knock on his door wearing a long mac and a pair of killer heels’

Emily, 20, Nottingham

RACHEL

AGE: 19
FROM: BERKSHIRE

Definitely sex with a football player. I’m a massive QPR fan and there’s this one player who’s the ultimate fantasy shag – he’s perfect. It takes place in the showers after a home game at Loftus Road. He’s all grubby and sweaty from the game and I’m just a humble fan who’s snuck in to congratulate him. I shake his hand but something happens and I just start kissing him. He doesn’t stop me so I push him into the showers where we have amazing sex under the steaming hot water for as long as he can last.

LIZ

AGE: 19
FROM: WEST MIDLANDS

I really like overpowering guys; the kind of guy who’s gonna protect you from harm. Danger’s a real turn-on, so my fantasy’s a bit like an action film. I’m in a lift with this guy when there’s some kind of major explosion. One of the lift cables snaps so we’re hanging from the top of this really high building, like the Empire State or something, and I’m clutching onto him for dear life. After a while, we realise we might not make it out alive so we start snogging each other’s faces off and clawing at each other’s clothes and having mad, passionate sex up against one of the mirrored walls. Luckily the FBI turns up and stages a dramatic rescue. This dark, swarthy Colin Farrell-type pulls me out through the ceiling and hoists me up through the lift shaft to safety – I’m in my knickers and bra by the way. We just make it before the lift goes crashing down to the ground and explodes in a ball of flames.

KATY

AGE: 20
FROM: LEEDS

I’m a student and I have this fantasy about having sex with my lecturer. He’s middle-aged and he’s so hot I can’t stop thinking about him. I go along to his office for a little extra one-on-one tuition, pretending I need some help with my work. I’m wearing something really revealing like a short skirt with a slit up the side and flashing some serious cleavage. I lean over and my boobs touch him but I don’t move away and he gets a big hard on. I slip my hand down onto his thigh and before I know it he can’t control himself. He unzips and hitches up my skirt, pushes me back and soon we’re having crazed, insatiable sex on his desk.

EMILY

AGE: 20
FROM: NOTTINGHAM

I’ve always fancied the whole gangster’s moll thing. The dark, swarthy Latino type, all rugged and brooding – all that pent-up aggression just waiting to be vented. It’d be the middle of the night and I’d knock on his door wearing a long mac and a pair of spiky, killer heels. He’d be in a dark, crumpled suit, looking dishevelled and incredibly sexy – all stubbly and roughed up – with a cigar in one hand and a brandy in the other. I open my mac and let it drop to the floor so I’m stood there stark naked apart from the killer heels. He yanks me inside, throws me on top of the pool table and does me right then and there.

VIKKI & KATE

AGE: 19 AND 20
FROM: CHESHIRE AND NEWCASTLE

Vikki: We both love men in uniform – firemen, soldiers, fighter pilots. I reckon I’d like a policeman best. He’s got to be really hot though, not like Chief Wiggum… urrgghh, can you imagine? Anyway, he trots along on his massive stallion and arrests us both. Not sure what we’ve done – probably been corrupting young men or something. He instructs us to get on the back of his horse where he cuffs us both and makes us perform various sexual acts to please him. Then he has sex with each of us in turn. I have to wear his big, black helmet and Kate has to keep a firm grip on his big, fat truncheon. Ha ha!

AIMEE

AGE: 19
FROM: MANCHESTER

I’d dress up in a really sharp suit, Gucci or Prada or something, and go to this really flashy showroom pretending like I’m planning to buy a car. I see this red Maserati and tell the sales guy I wanna take it for a test drive. So we take it for a spin and I totally floor it. The sales guy, who’s wearing a suit, is bricking it – but he’s so turned on he can’t even speak. I pull up in a lay-by next to some woods and I’m so frisky I just drag him out the car and start mauling him. I start leading him into the woods but we’re so horny we don’t even make it that far. I just push him down on the bonnet of the car and fuck him there. He’s totally gobsmacked. Then I drive back to the showroom and say I never wanted the car anyway, leaving him to tell his boss why there’s a huge great dint in the bonnet. ▷

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WON'T LET YOU DOWN

LAUREN

AGE: 19
FROM: CHESHIRE

I want to be rescued from a burning building by a gorgeous fireman who picks me up in his big, muscular arms and carries me out. He takes me back to the fire station where he lays me down to examine me. My clothes are all burnt and torn and hanging off. Luckily, I've got some gorgeously sexy underwear on underneath, really lacy and silky, and he can't stop staring. I get up and walk slowly over to the fireman's pole, my clothes falling off as I walk. I nearly faint and have to grab onto the pole to steady myself. He runs over and catches me in his big arms, but he can't keep his hands from wandering and soon he's pulling at my underwear and rubbing himself against me. We kiss each other intensely then he's lifts me up and fucks me up against the pole.

ROSALYN

AGE: 27
FROM: LEEDS

I'm a PA, so my fantasy is to have sex with my 60-year-old boss. I go into the office one day looking sexy in something figure-hugging that emphasises my bum and tits. I keep bending over and brushing past him and being really flirtatious. He gets so fired-up that all he can think about is doing me. At the end of the day, I walk into his office, kick the door shut and unbutton my shirt. I sweep everything off his desk, climb on top and rub my heeled foot in his groin till he can't resist me any longer. Then, when we're screwing on his desk, I say: "How does it feel to have sex with someone 30 years younger than you?" It gets me every time.

VICCI & HELEN

AGE: 18 AND 19
FROM: LEEDS

Helen: Our ultimate fantasy is to be stuck in a lift with a dominant man. Without saying a word, he and I go over and start ripping Vicci's clothes off. We tie her to the handrail. He starts shagging me up against the wall with Vicci watching. He turns me round and bends me over and starts fucking me and makes her suck my tits and lick my pussy. She's getting so horny. We untie her. He starts making me tweak her tits and finger her while he fucks me hard...

Vicci: Then Helen reaches orgasm and she starts licking me all over. He fucks me while she's feeling me. Then I reach orgasm and so does he. The lift starts moving, we put our clothes back on and go our separate ways.

> 'She reaches orgasm and starts licking me all over'
>
> Vicci, 18, Leeds

KATIE

AGE: 21
FROM: EDINBURGH

There's two men and me in a really expensive apartment. We're getting pissed up on champagne and guzzling strawberries and Italian chocolates. The guys are both gorgeous; one's a blonde, bronzed surfer type with a cute arse and the other's a Mediterranean type with a six pack. I'm the centre of attention so they're licking and kissing and feeding me. They lift me into the Jacuzzi, one up the front, one up the back, where I have sex with each one of them in turn. They lift me out and rub me dry then carry me to bed for more of the same.

LOUISE

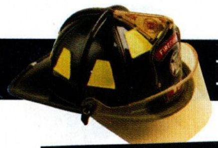
AGE: 25
FROM: YORKSHIRE

I'm in this tiny, remote village on the edge of a rainforest and it's so hot that I'm barely wearing anything. Sweat's dripping down my back and my cleavage. I'm sitting in the shade trying to keep cool with my eyes closed and suddenly I'm blindfolded and kidnapped by this tall, mysterious stranger. He drags me kicking and screaming into the rainforest, throws me into this freezing cold lagoon then picks me up and carries me over to this really powerful waterfall. He rips off my clothes, bends me backwards over this massive rock and screws me right there in the middle of the jungle.

SANDRA

AGE: 28
FROM: CHORLEY

I'd like to go out to a restaurant with no knickers on and get really turned on throughout the meal. I'd have the guy, whoever he is, talk dirty to me for the entire time we're in there. Halfway through I'd tell him I've got no knickers on, which would make him really horny and I'd let him finger me under the table. Then we'd go back home and I'd have him fuck me senseless and make me come like I've never come before in my life. In fact, we wouldn't have to make it home. We could do it in the alley or the toilets or a field. Wherever, really! ▷



GEMMA

(Er, yes! It's that Gemma! 2003 High Street Honey finalist Gemma Walker - we bumped into her up north!)

AGE: 21
FROM: LEEDS

I used to go out with a jockey and one of my ultimate fantasies is being taken to the stable with this huge horse that he races. I strip off my clothes and climb on top of the horse so I'm straddling it naked, facing forward. He climbs on behind me and fucks my arse till he comes all over me and the horse. Another one - and I've actually played this out - is that I come home to my boyfriend and we're both gagging for it. He's sat on the couch in just his tracky bottoms watching a dirty film and I just leap on him. I love a man to take control so he picks me up and carries me into the bathroom. He pushes me into the shower and starts fucking my ass but he doesn't want to come so he drags me back out and throws me on the bed. There's candles all round the room and we screw each other senseless, dripping wet.

NICOLA & BELLA

AGE: BOTH 19
FROM: CHESHIRE AND MILTON KEYNES

Nicola: Mine's a mile-high fantasy. Not your average quickie in the loo - something a lot raunchier. I'd be on a long-haul flight to Mauritius or the Seychelles. I'm wearing a little skirt and a low-cut top to keep cool. I'm flying first class and my friend Bella is the air hostess. She's wearing this cute, tight-fitting uniform and she's plying me with alcohol. She tells me the captain would like to meet me and asks if I want to go see his cockpit - ha ha! - which I do. He's already horny and hard so I just unzip him and straddle him. Bella can't resist and joins in. We then have an incredible, scream-inducing threesome on the captain's seat of a jumbo jet.

KIMBERLEY

AGE: 19
FROM: NOTTINGHAM

I love the idea of having sex in a public place. I'd go to a fancy restaurant with my boyfriend and there'd be this gorgeous waiter serving us. When my boyfriend goes to the loo, the waiter crawls under the table, making it insanely difficult for me to concentrate for the rest of the meal and earning himself a very big tip. Either that or sex in a carwash. I'd get all soapy and wet and have sex with a mechanic and get blown dry at the end. FHM

'We have an incredible threesome on the captain's seat'

Nicola, 19, Cheshire

Make-up by Gok Wan at Carol Hayes using Pout
Bed and mattress from Nights In Iron (020 7636 6866)

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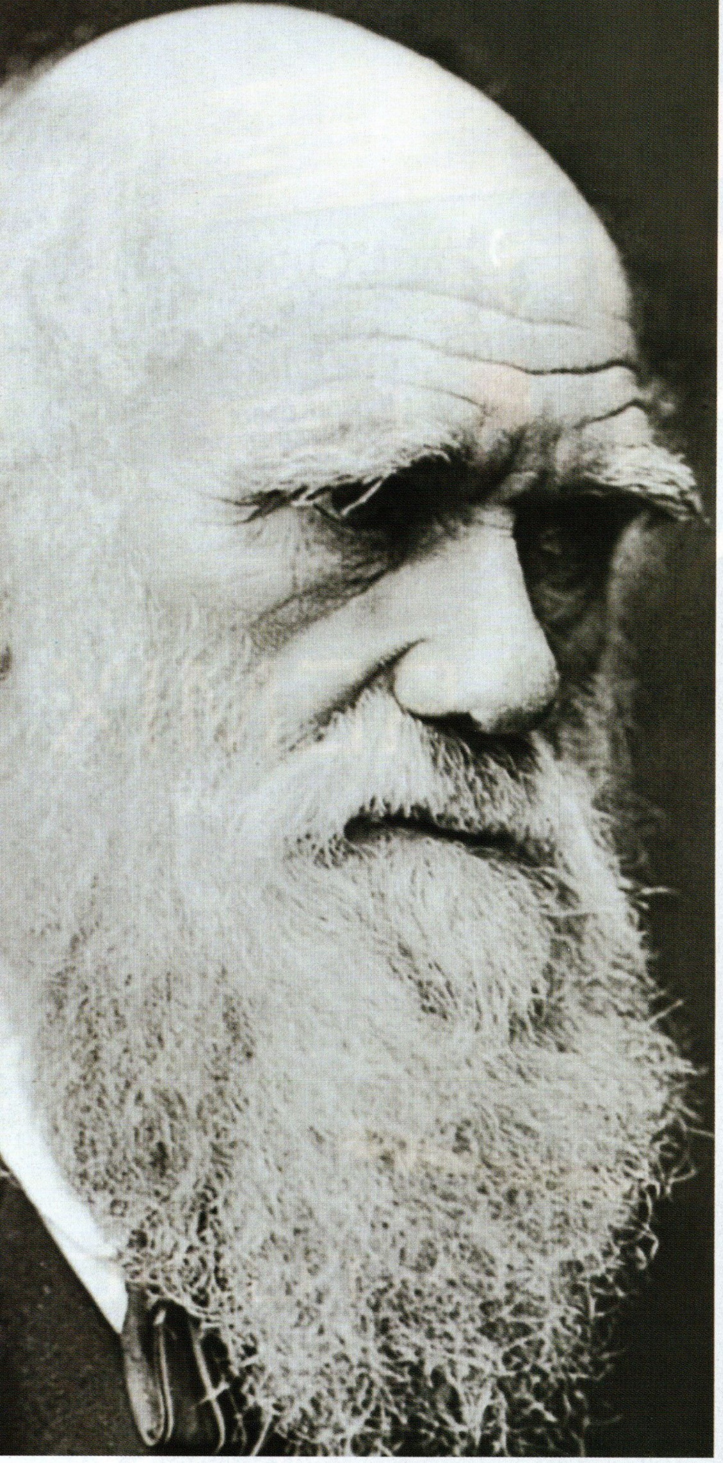
EVOFHM01/evo

DARWIN MAY HAVE THE THEORY...



The Mitsubishi Lancer Evolution VIII 260. Darwin reckoned that only the strongest and fittest survived, that's why we know he'd have loved to get his hands on the new Evolution VIII 260. With its curvy sleek bodywork, state-of-the-art audio and cutting edge technology it gives excellent performance both on-track and on-road. And if that hasn't got your pulse racing, think about it's

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Model shown for illustrative purpose only. The OTR price includes the cost of delivery to the dealer's premises, number plates and VAT @ 17.5%, along with

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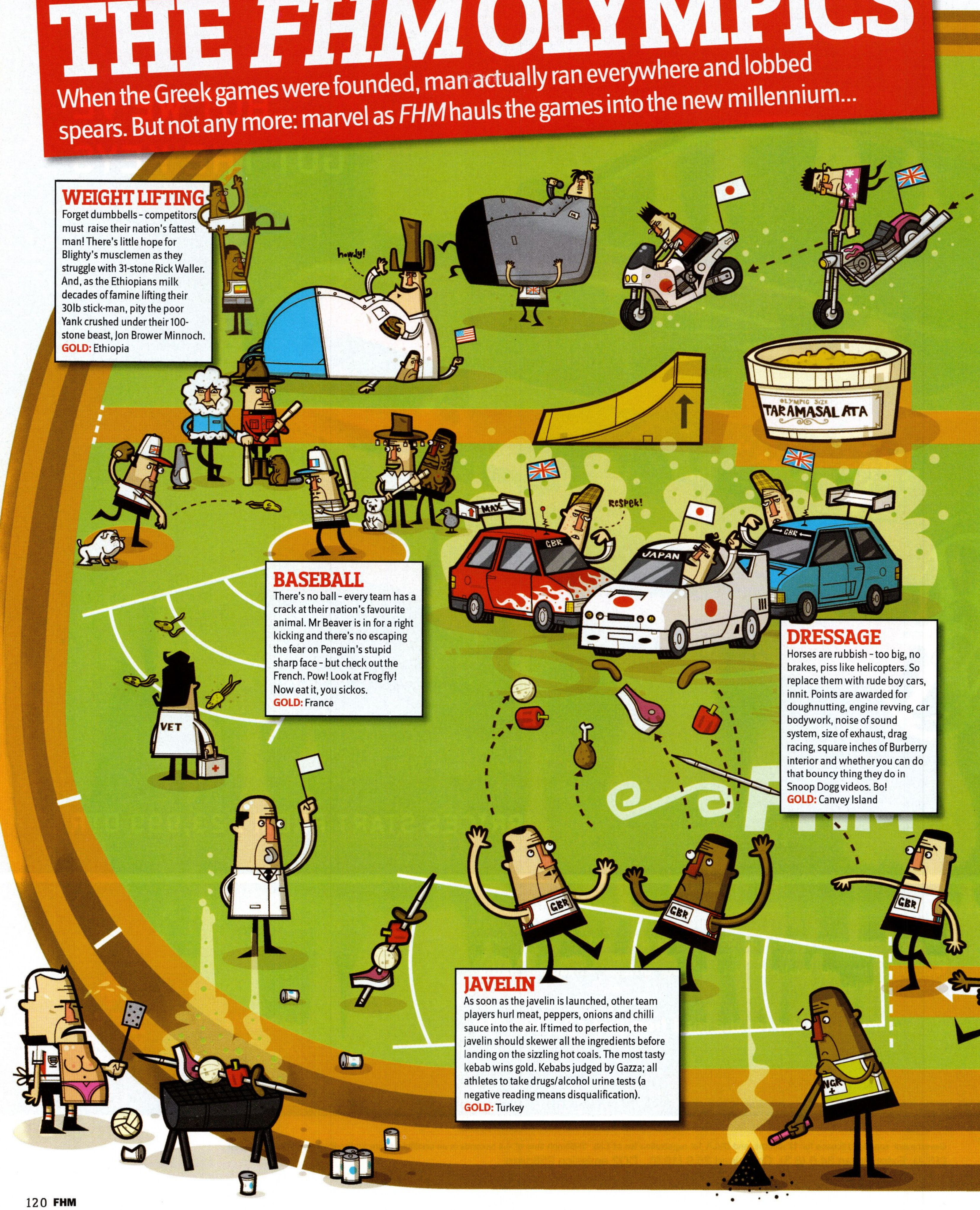
(15.4), Extra Urban 34.0 (8.3), Combined 25.9 (10.9). CO2 emission 258g/km.

WORDS: **LEE COAN** ILLUSTRATION: **DAVE WHITTLE**

THE *FHM* OLYMPICS

When the Greek games were founded, man actually ran everywhere and lobbed spears. But not any more: marvel as *FHM* hauls the games into the new millennium…



WEIGHT LIFTING

Forget dumbbells – competitors must raise their nation's fattest man! There's little hope for Blighty's musclemen as they struggle with 31-stone Rick Waller. And, as the Ethiopians milk decades of famine lifting their 30lb stick-man, pity the poor Yank crushed under their 100-stone beast, Jon Brower Minnoch.

GOLD: Ethiopia

BASEBALL

There's no ball – every team has a crack at their nation's favourite animal. Mr Beaver is in for a right kicking and there's no escaping the fear on Penguin's stupid sharp face – but check out the French. Pow! Look at Frog fly! Now eat it, you sickos.

GOLD: France

DRESSAGE

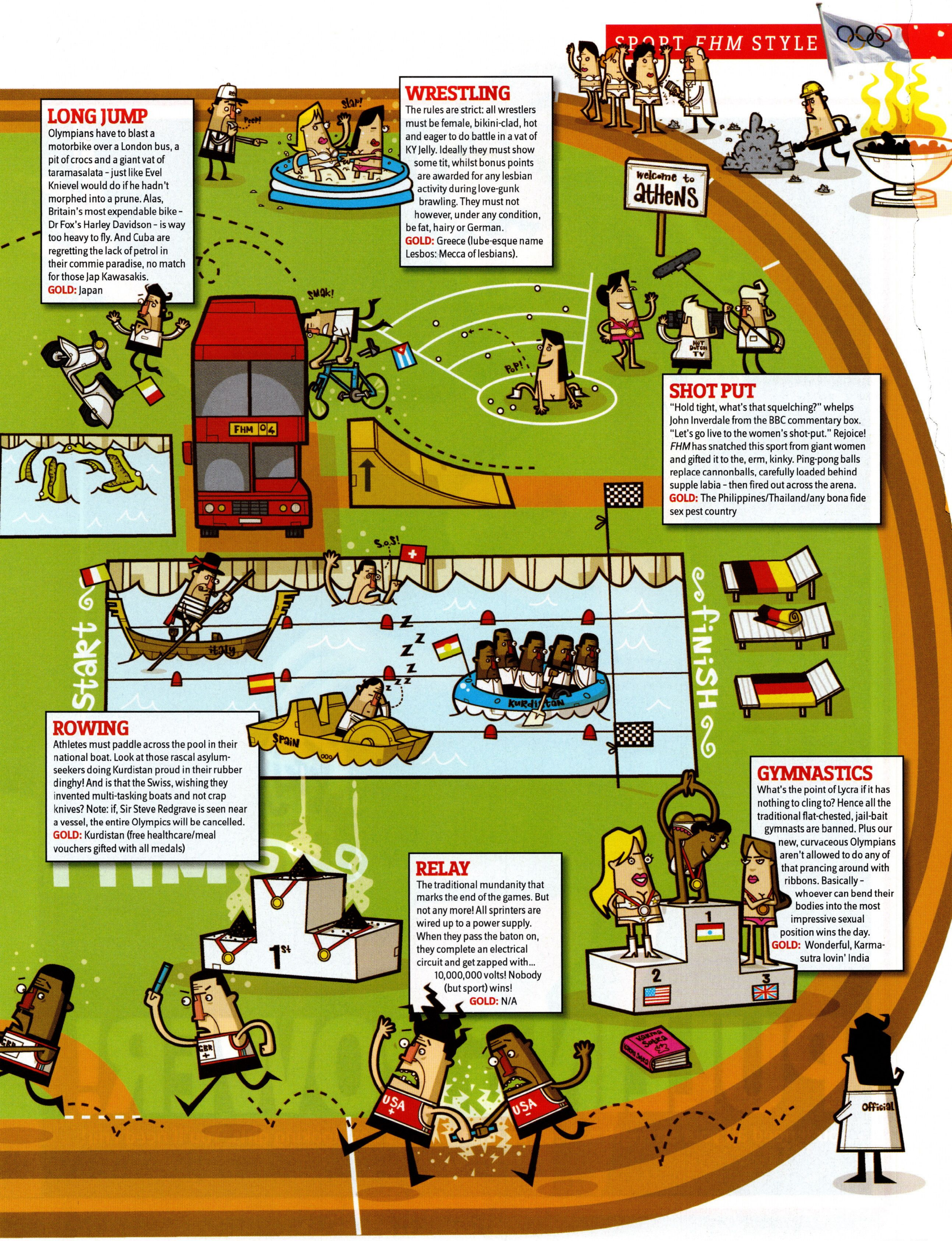
Horses are rubbish – too big, no brakes, piss like helicopters. So replace them with rude boy cars, innit. Points are awarded for doughnutting, engine revving, car bodywork, noise of sound system, size of exhaust, drag racing, square inches of Burberry interior and whether you can do that bouncy thing they do in Snoop Dogg videos. Bo!

GOLD: Canvey Island

JAVELIN

As soon as the javelin is launched, other team players hurl meat, peppers, onions and chilli sauce into the air. If timed to perfection, the javelin should skewer all the ingredients before landing on the sizzling hot coals. The most tasty kebab wins gold. Kebabs judged by Gazza; all athletes to take drugs/alcohol urine tests (a negative reading means disqualification).

GOLD: Turkey



LONG JUMP

Olympians have to blast a motorbike over a London bus, a pit of crocs and a giant vat of taramasalata – just like Evel Knievel would do if he hadn't morphed into a prune. Alas, Britain's most expendable bike – Dr Fox's Harley Davidson – is way too heavy to fly. And Cuba are regretting the lack of petrol in their commie paradise, no match for those Jap Kawasakis.
GOLD: Japan

WRESTLING

The rules are strict: all wrestlers must be female, bikini-clad, hot and eager to do battle in a vat of KY Jelly. Ideally they must show some tit, whilst bonus points are awarded for any lesbian activity during love-gunk brawling. They must not however, under any condition, be fat, hairy or German.
GOLD: Greece (lube-esque name Lesbos: Mecca of lesbians).

SHOT PUT

"Hold tight, what's that squelching?" whelps John Inverdale from the BBC commentary box. "Let's go live to the women's shot-put." Rejoice! *FHM* has snatched this sport from giant women and gifted it to the, erm, kinky. Ping-pong balls replace cannonballs, carefully loaded behind supple labia – then fired out across the arena.
GOLD: The Philippines/Thailand/any bona fide sex pest country

ROWING

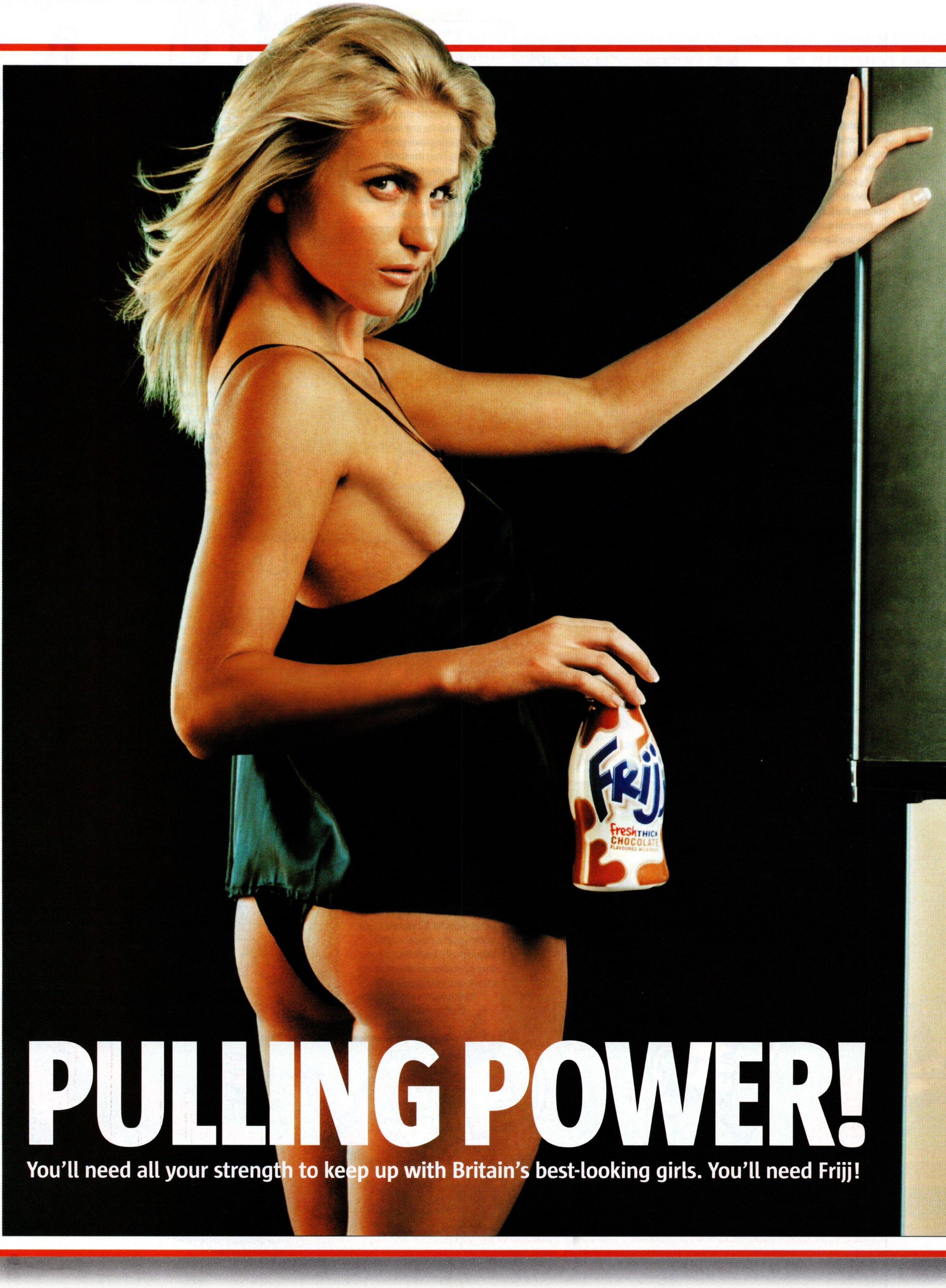
Athletes must paddle across the pool in their national boat. Look at those rascal asylum-seekers doing Kurdistan proud in their rubber dinghy! And is that the Swiss, wishing they invented multi-tasking boats and not crap knives? Note: if, Sir Steve Redgrave is seen near a vessel, the entire Olympics will be cancelled.
GOLD: Kurdistan (free healthcare/meal vouchers gifted with all medals)

RELAY

The traditional mundanity that marks the end of the games. But not any more! All sprinters are wired up to a power supply. When they pass the baton on, they complete an electrical circuit and get zapped with... 10,000,000 volts! Nobody (but sport) wins!
GOLD: N/A

GYMNASTICS

What's the point of Lycra if it has nothing to cling to? Hence all the traditional flat-chested, jail-bait gymnasts are banned. Plus our new, curvaceous Olympians aren't allowed to do any of that prancing around with ribbons. Basically – whoever can bend their bodies into the most impressive sexual position wins the day.
GOLD: Wonderful, Karma-sutra lovin' India


Frijj
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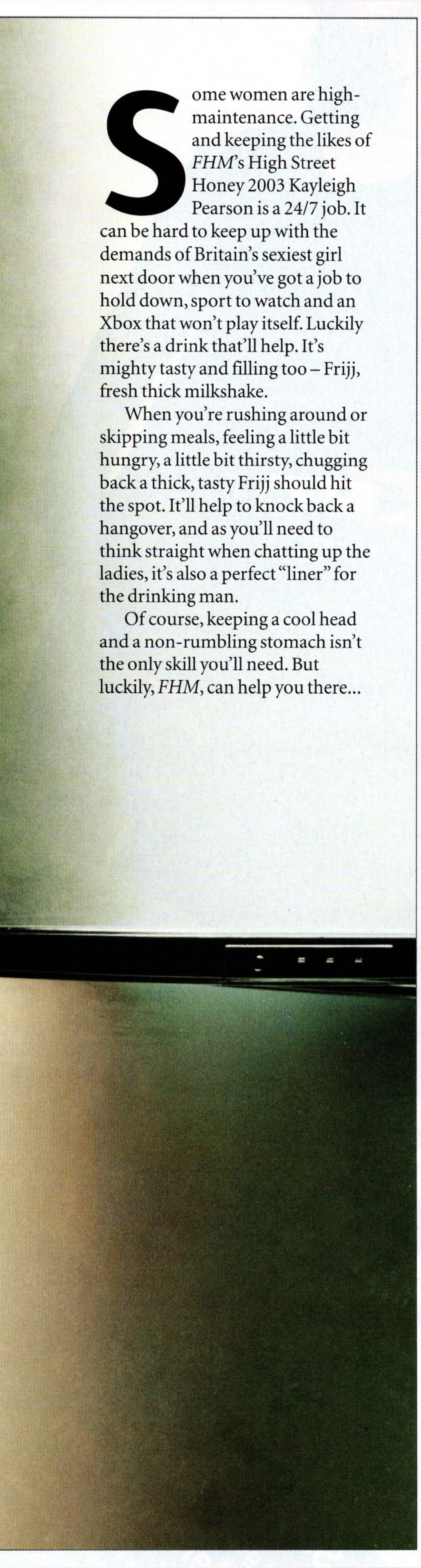
PULLING POWER!

You'll need all your strength to keep up with Britain's best-looking girls. You'll need Frijj!



Some women are high-maintenance. Getting and keeping the likes of *FHM*'s High Street Honey 2003 Kayleigh Pearson is a 24/7 job. It can be hard to keep up with the demands of Britain's sexiest girl next door when you've got a job to hold down, sport to watch and an Xbox that won't play itself. Luckily there's a drink that'll help. It's mighty tasty and filling too – Frijj, fresh thick milkshake.

When you're rushing around or skipping meals, feeling a little bit hungry, a little bit thirsty, chugging back a thick, tasty Frijj should hit the spot. It'll help to knock back a hangover, and as you'll need to think straight when chatting up the ladies, it's also a perfect "liner" for the drinking man.

Of course, keeping a cool head and a non-rumbling stomach isn't the only skill you'll need. But luckily, *FHM*, can help you there...

HOW TO PULL A HONEY...

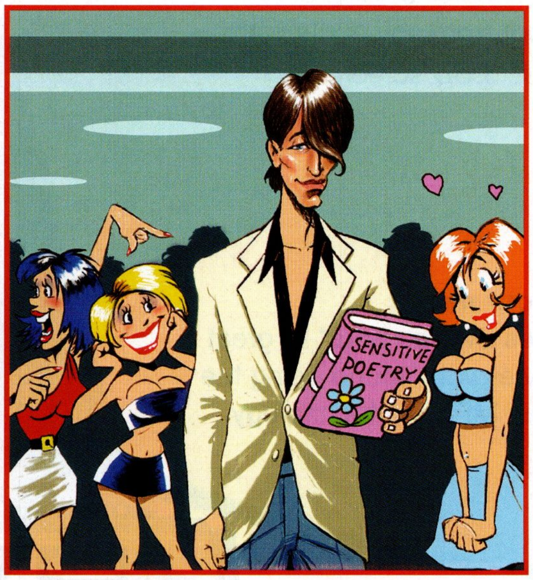
Ferraris and Rolexes don't do any harm, but there are simpler ways to turn yourself into a honey-magnet...

GET GROOMED

You don't have to cover yourself in aftershave – just take a little care. Make sure your hair is clean, your body is spotless, your breath is fresh and minty, and take the trouble to wash and iron your pulling shirt. Don't own an iron? Then take the lazy man's option, and buy something new...

STRAIGHTEN UP

If you're meeting a honey in a sit-down situation, good posture, with shoulders relaxed, triggers subconscious arousal responses in your target. Face the girl, arms uncrossed, and lean forward slightly. Use your eyes – whether in conversation or across the room – to look at her a little longer than necessary, keeping a small smile on your face at the same time. Just don't ruin the good work by winking.



'LOOK' INTERESTING

Wear something that's going to get you noticed – a designer top or a pair of retro trainers. Carry a magazine that says something about you (preferably not *Carp Gazette*). It'll get you noticed, and provide that all-important first-thing-to-talk-about.

LEARN TO DANCE

Dancing is sex standing up. If you class yourself as a mover and shaker on the dance floor, you'll be moistening the undergarments of not just Flatley-loving mums but their luscious daughters too.

DON'T DO THE ROUNDS

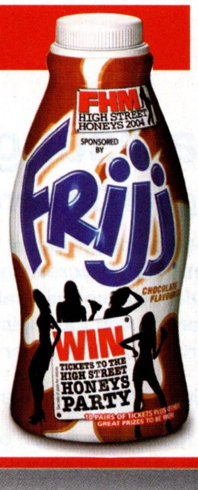
Honeys know they're the best in town, so if you're going to charm these lovely lasses don't "warm up" your act on any lucky ladies first – no woman wants to feel like second best. Choose your Honey wisely, give her your all... and if you're going to go home alone, at least it'll be with dignity.

WIN TICKETS TO HONEY HEAVEN!

How you could be attending *FHM*'s ace and exclusive High Street Honeys Party...

Now you're armed with the skills you'll need to woo even the most demanding of high-class ladies, here's the chance to put your new moves to the test. At the local nightclub? Oh no – at a party crammed with such wall-to-wall perfection that any red-blooded male in attendance might just think he's died and gone to Honey Heaven. Frijj, purveyor of thick, milky goodness, is giving away ten pairs of tickets to this year's exclusive *FHM* High Street Honeys Party. As well as tickets to the party, those fine Frijj folk will pay for your travel to London, put you up in a swanky hotel and also throw in a wad of spending money.

Check promotional packs of Frijj to find out how you could be in with a chance of going to the party. And even if you don't win tickets, you could still get to console yourself with one of 100 subscriptions to *FHM* or one of 1,000 High Street Honeys CD-Roms. Fantastic!



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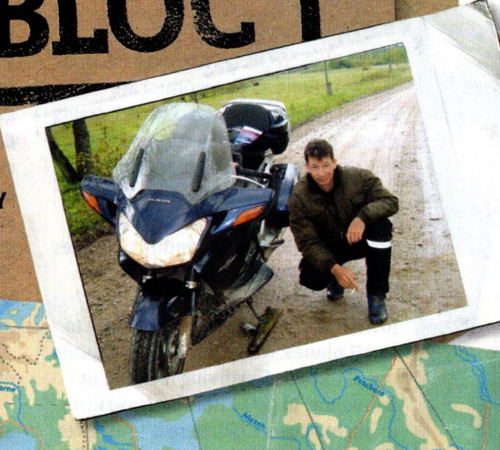
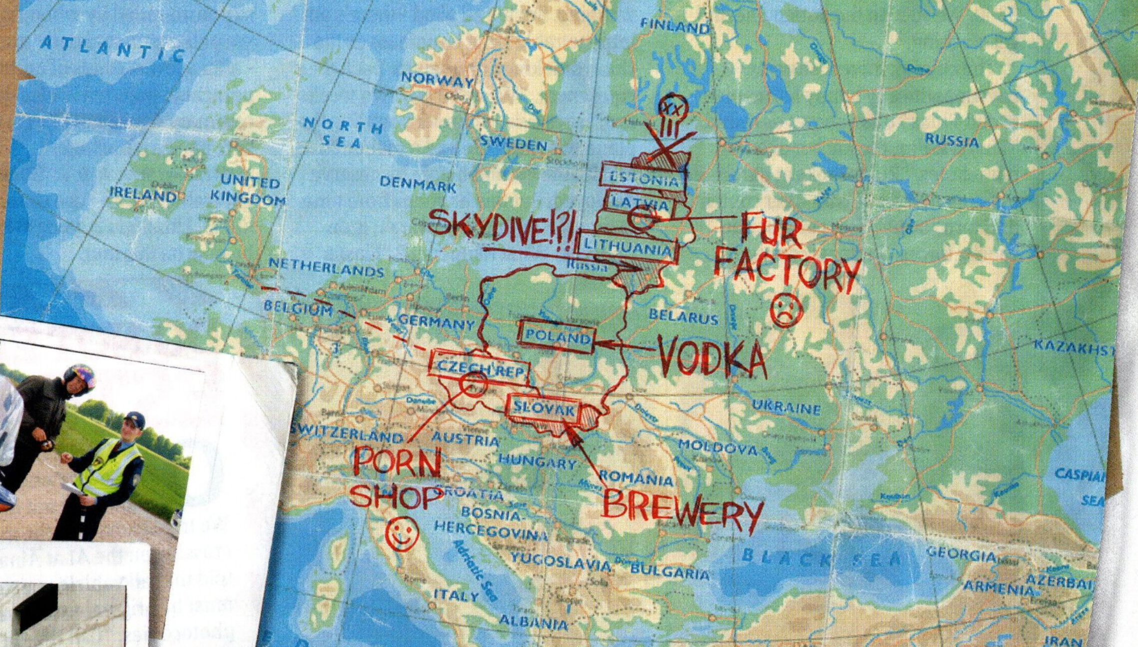
OPERATION: TURN THE TABLES ON THE EASTERN BLOC

So the Eastern Europeans think they can come over here and nick our jobs, eh? Let's see how they like it...

WORDS: JOHN CANTLIE
PHOTOGRAPHY: ROB MACKINLAY



MAY 1, 2004. TEN new countries join the European Union and the visa borders come down. May 2. Everyone moves to Britain looking for work. What's wrong with these people? Do they really want to spend the rest of their lives in a Margate tower block? Don't they have jobs of their own back home? Convinced that there must be loads of great stuff up for grabs, *FHM* hatches an ambitious plan – Operation Turn The Tables On The Eastern Bloc. One Honda motorbike. Six countries. Six days. Six jobs. How bad can it be? ▷


ICELAND
1: MACEDOINE
2: SLOVENIE
3: LUXEMBOURG
ATLANTIC
NORWAY
FINLAND
SWEDEN
NORTH SEA
DENMARK
IRELAND
UNITED KINGDOM
RUSSIA
ESTONIA
LATVIA
LITHUANIA
SKYDIVE!?!
FUR FACTORY
NETHERLANDS
BELGIUM
GERMANY
POLAND
BELARUS
VODKA
CZECH REP
SLOVAK
UKRAINE
KAZAKHS
SWITZERLAND
AUSTRIA
HUNGARY
MOLDOVA
ROMANIA
PORN SHOP
BREWERY
CROATIA
BOSNIA-HERCEGOVINA
YUGOSLAVIA
BULGARIA
Adriatic Sea
BLACK SEA
GEORGIA
ARMENIA
AZERBAI
CASPIAN SEA
ITALY
ALBANIA
GREECE
TURKEY
IRAN
SYRIA

BECOME A...

SKYDIVE INSTRUCTOR

JOB Nº: 1

LOCATION: Kaunas, Lithuania

HOURS: Ten-hour days, three days per week, March to September

GOOD THINGS:	Fun work; short hours
BAD THINGS:	Three per cent of Lithuanian parachutes malfunction
PAID	**GROSS WAGES PER MONTH:** 2,000 Litas (£400)

FIRST STOP, LITHUANIA. WHAT a country! The women are gorgeous and the cobbled streets clank to the sound of trams (built in 1909, admittedly). The place also has a rich aviation heritage – they ran the invading Soviet Airforce ragged (for a while) in 1940 with a handful of planes – so we fire the bike up and head for Pociunai airfield, just south of the town of Kaunas. But we're not here to shoot planes. Nope, we're here to jump out of the sky. Skydiving is cheap in Lithuania. To get to training level three in Blighty costs £750: here it's just over £200. We sign on the dotted line and get cracking.

The chief skydive instructor – a psychopathically happy Lithuanian called Vidas Zube – shows us round. "This is Ridas, the packer of our parachutes." Ridas looks at our outstretched hand with utter contempt and turns away. "He is ex-Russian special forces, Spetnatz commando, you know? He can be strange." He can be as strange as he wants, but can the grumpy fucker pack a parachute? "Oh, da, da. He has many jumps, has to cutaway maybe ten times. He is very experienced." Oh, great. Zube doesn't speak much English and the four-hour ground school is more like 50 minutes. "Pull here. If nothing happens or it goes bad, pull here and again here."

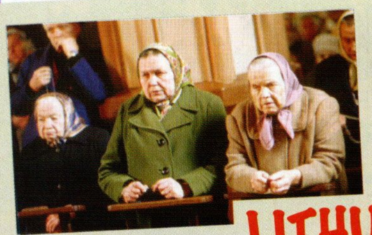
Erm, "goes bad"?

"Da, if the main canopy doesn't open or you are not slowing down."

My parachute harness weighs a ton and has indecipherable Russian on the webbing. But it's all good – there's an impenetrable air of happiness as the chain-smoking Lithuanians pack their equipment. "We lost a guy two weeks ago," says Luis, a jumper boarding the plane with me. "He had a malfunction and hit the ground before his reserve deployed. But this happens from time to time." Another guy, Marek, is on crutches. What happened? "I lost a control toggle as I came to land. Hit the ground at 70km/h, bounced two metres into the air, smashed my femur. But this happens from time to time."

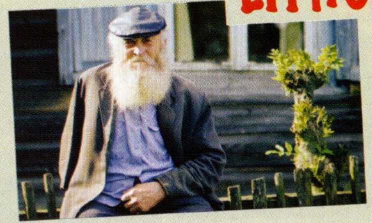
Things don't get any better when we see the plane. The Antonov A-2, built in 1947, is a piece of shit. Its single engine belches smoke as it splutters into life and struggles down the runway, roaring, "Fools! I'm going to fall to pieces! You're all gonna die!" The ride to jump altitude is slow and bumpy, but we make it and then it's time to pile out the door. After 50 seconds of hammering through the sky surrounded by whooping lunatics, we pull the ripcord and – mercifully – after a few seconds of nothing, a parachute pops out. Ridas the Spetnatz commando may not like us, but he can sure pack a parachute.

***FHM* rating:** ★★★★☆ Good people, enjoyable job, average chance of being killed, Lithuania is going to take some beating on this tour.



Famous for: Dodgy aviation
Currency: 5 Litas to £1
Pint of beer: 52p
Three-bedroom house: £11,500
Useful phrase: "Tas Kalasnikovas neuztaisytas, ar ne?" That AK47 isn't actually loaded, is it?

LITHUANIA



DO NOT ENTER: ESTONIA

OUR PAPERS, ALTHOUGH good everywhere else, are apparently not in order. We tried to enter at the main border crossing on the A1 at Ainazi, only to be told that all vehicle registration papers must be original when we only have photocopies. "Call Honda UK; they'll confirm we have the bike legally." Not possible. "Call the British Embassy; they'll confirm we're journalists." Not possible. Oh, piss off, then. ▷

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O-TASTY
in 70 secs
01:10
RUSTLERS
FLAME GRILLED
Quarter Pounder
70
SECONDS

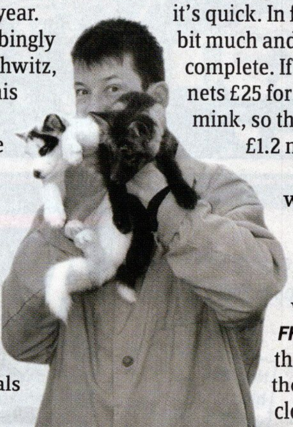
BECOME A...

FUR FARMER

JOB Nº: 2
LOCATION: Riga, Latvia
HOURS: Five-hour day in winter, eight-hour day in summer, four days per week

GOOD THINGS:	Fine supply of warm garments
BAD THINGS:	The smell; electrocuting foxes; self-loathing
	GROSS WAGES PER MONTH :
	250 Lats (£250)

JUST 30KM FROM THE CAPITAL, Riga, lies the Gauja Fur Farm, and as Latvia is famous for only two things - fur and cod - it seems only fair that we dabble in a spot of mink bothering. Guaja is the biggest fur farm in Latvia, producing 100,000 mink and fox skins a year. The entrance is disturbingly similar to that at Auschwitz, but the manager - Arnis Veckaktins - greets me with a smile as the gates slam shut behind us.



Farming mink may be controversial in the UK, but for our Latvian friends it's just another day at the office. A very smelly day. The animals chew through 40 tons of fish brains and meat offal *every day*. A freezer holds 4,000 tons of grey flesh and a forklift caked in guts moves the slabs to the kitchen, where evil black smoke belches from the chimneys.

There are 40 workers at Gauja, each earning £250 per month. "The female animals are having pups now," says Arnis. "They'll be pelted in November."

Pelted? That means "killed", right?

"Yes. We have a box full of carbon dioxide. We drop minks into it, wait 20 minutes, then pull the dead ones out."

Job for the day: feeding the little buggers with a ladle. They hate me. Snarling teeth greet me at every cage, and I'm happy to move on to the foxes. Sadly, they have it far worse.

"As the foxes are too big for the gas box, we kill them using electricity."

Er, how? Arnis tells us, but it's a bit distressing, so trust us when we say it's quick. In fact, the whole thing is a bit much and this is one job we fail to complete. If you're interested, Guaja nets £25 for a fox skin and £11 for a mink, so the farm turns over about £1.2 million per year.

If, like us, you're wondering what the hell we're doing here, worry no more - the bike roars into life and we're gone!

***FHM* rating: No stars** People think you're Rudolph Hess, the smell never leaves your clothes.

LATVIA

Famous for: Fur trade, cod fishing
Currency: 1 Lat to £1
Pint of beer: 67p
Three-bedroom house: £14,000
Useful phrase: "Es nekad nevienu neesmu meginajis piekukulot, bet vai £15 bus pietiekami, virsnieka kungs?..."
I've never bribed anyone - is £15 enough?

WORK AS A...

BEER BREWER

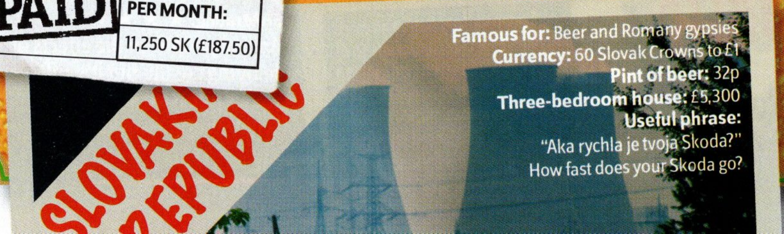
JOB Nº: 3
LOCATION: Poprad, Slovakian Republic
HOURS: 10-hour shift work, three days on, three days off

GOOD THINGS:	Free beer on special occasions
BAD THINGS:	Poprad is ugly; Slovaks are a dour bunch
PAID	**GROSS WAGES PER MONTH:**
	11,250 SK (£187.50)

SLOVAKIA IS FAMOUS FOR GOOD beer, and local brewery, Tatran, churns out 2.3 million pints per year. The hours are criminally long though, and workers spend whole days grafting in the barrelling house.

Chief brewer Tomos Ziemianin runs us through the basics. "Malt and barley are cooked in these vats to bring out the sugar," he says, pushing us into the main control room. It's fantastic - a proper pre-Perestroika nuclear-beer power plant, with vast iron switches and dials linked to four hissing copper vats. "We can process 48,000 pints of raw beer in 12 hours, then the hops are added and fermentation begins." Then he leaves us alone, so we do what any man would do in a brewery - piss about. Buttons pressed until alarms go off, a blast on the forklift till we crash, then a quick dash to the car park and we're away.

***FHM* Rating:** ★★☆☆☆ Twenty years experience needed for promotion, free beer hand-outs, but only occasionally. ▷



SLOVAKIA REPUBLIC

Famous for: Beer and Romany gypsies
Currency: 60 Slovak Crowns to £1
Pint of beer: 32p
Three-bedroom house: £5,300
Useful phrase:
"Aka rychla je tvoja Skoda?"
How fast does your Skoda go?

WORK AS A...

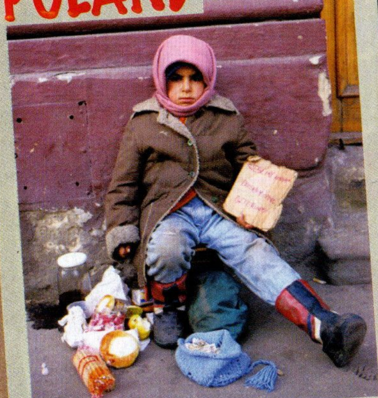
VODKA ★ DISTILLER

JOB Nº: 4	
LOCATION: Krakow, Poland	
HOURS: 12-hour days, 8am to 8pm, Sundays off	
GOOD THINGS:	Krakow is party central; vodka from £1 per bottle
BAD THINGS:	Long hours; imminent unemployment
PAID	**GROSS WAGES PER MONTH:** 1,500 Zlotys (£214)

POLAND AND VODKA. Inseparable partners since the 15th century, when the Poles discovered that vodka made a cracking drink, rather than an average anaesthetic. Hence our arrival at Krakow's Destylernia Polmos, a 73-year-old distillery that has only closed once, back in 1944, when the Nazis shot 29 distillers... because they could. A quick check for men in trench coats and we're on the assembly line, working like proper locals. But the best bit is company director, Marian Cwiertniak. Marian is a good man. He's also completely barking. "The Polish people must count on themselves to make our future!" he roars and twists the cap off a bottle of Cracovia Supreme. A little after 4pm and, with a full bottle-and-a-half inside us, he slaps us on our backs and it's time to hit the road. Literally.

***FHM* rating:** ★★★☆☆ Honest work, 20,000 litres of pure vodka.

POLAND



Famous for: Being invaded, vodka
Currency: 7 Zlotys to £1
Pint of beer: 46p
Three-bedroom house: £7,000
Useful phrase: "Nie wkurwiaj mnye, zabije cie."
Don't fuck with me, I could have you shot.

BECOME A...

PORN SHOP ATTENDANT

EROTIC CITY

JOB Nº: 5	
LOCATION: Prague, Czech Republic	
HOURS: 10am to 10pm, three days per week	
GOOD THINGS:	Non-stop blistering wankfest; weirdos
BAD THINGS:	Stupid questions
PAID	**GROSS WAGES PER MONTH:** 10,000 CK (£207)

A SIMPLE MATHS equation. The Czech Republic plus Stag Party Destination Capital equals Porn. Lots of porn. Where else could we possibly think of getting a job? Blundering into Erotic City, manager Paul Maeir agrees to try us out. "There are 20 erotic shops in Prague, all for the tourists" he says. "Czechs don't use our products. Maybe that is strange." His biggest sellers? Rubber cocks.

"You'd be surprised how forward the girls are who come here. I didn't think that working in a porn shop would get me laid." But soon the unthinkable happens. After 12 hours flogging fisting videos, it gets boring. The best thing about re-stocking the shelves is watching the weirdos who drift in after dark. Old women with young men, dykes looking for amyl nitrate, and an old guy with a monocle, buying a shitload of Dutch sweat. He speaks German, I don't, we ring it through on the register and leave it at that. Have a good night, pops.

***FHM* rating:** ★★★★☆ Advise people on the effects of delaying cream, but it's still just a sales job. Next stop: home. Eastern Europe sucks! **FHM**

CZECH REPUBLIC

Famous for: Beer and porn
Currency: 47 Czech Crowns to £1
Pint of beer: 44p
Three-bedroom house: £10,500
Useful phrase: "Kolik to bude za vsechny tri?"
How much for all three of you?

Corbis, Network, Alamy, Magnum, Katz

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- DOWNS 100 PILLS EVERY DAY!
- MAKES $1M A YEAR!
- ALL THIS AND HE'S STILL ONLY NO 2!

WORDS: **ANDREW VONTZ** PHOTOGRAPHY: **ANDREW BRUSSO**

Fanatical Yank bodybuilder Jay Cutler has devoted every waking second of his life to getting buff. It hurts when he walks, he drinks no liquid for three days before a contest... and wherever he goes, people snigger behind his back. But he thinks it's worth it: whatever it takes to be No 1... ▷

"Good news, Fido. I've found them spare dog legs!"

AK!

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“THE IDEAL THING about my home is it’s all one storey - I hate stairs,” says champion bodybuilder Jay Cutler as he trudges through his airy million-dollar mansion in a Las Vegas gated community. Beneath his basketball shorts, each of Cutler’s legs is meatier than a side of Aberdeen Angus and his lats look like giant wings, flesh triangles so solid and substantial that his arms don’t brush his torso. Still, Cutler huffs and puffs like a fat kid as he trundles outside onto his back porch, the burden of 280 pounds taxing his 5ft 9in body as severely as if it were pure flab.

Jay “A Cut Above” Cutler has won the Arnold Classic - the sport’s second most prestigious competition - three times, but has yet to bag the top prize in bodybuilding: a Mr Olympia title. Twice he’s come second behind the sport’s reigning champ - 5ft 11in, 280-pound Ronnie Coleman, a man so solid he looks like he’s been carved out of 200-year-old maple. Cutler has endured unimaginable training torture - more than a decade of pills, weird sleeping patterns, tasteless meals and hour after painful hour in the gym - and he’s still only second best.

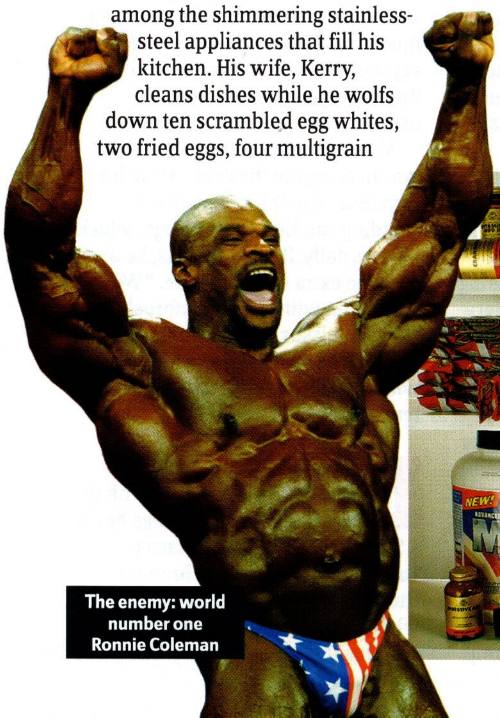
"Back, giant spider, back! And lose the stupid hats!"

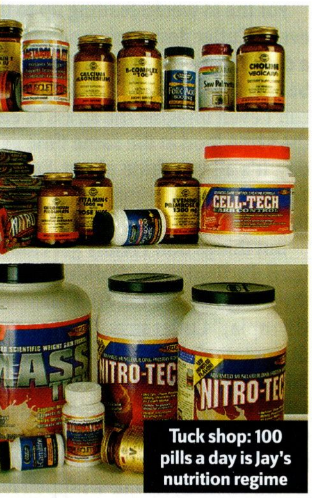
Outside, Cutler settles into a $1,500 chair that was custom-built to hold his weight. His office computer has a special keyboard with widely-spaced keys to accommodate his sausage-like fingers. When he buys trousers he grabs 38s, even though he only has a 34-inch waist - smaller sizes won’t fit over his thighs.

“I know I’m a freak,” he says. “But that’s the state I need to achieve to win.”

Two hours later, Cutler settles in among the shimmering stainless-steel appliances that fill his kitchen. His wife, Kerry, cleans dishes while he wolfs down ten scrambled egg whites, two fried eggs, four multigrain pancakes with spray-on butter and sugar-free syrup, a cup of oatmeal, a cup of coffee and half a gallon of sugar-free Tang (American powdered drink). “I have to get my calories in and that means eating every hour-and-a-half, even through the night,” says Cutler in a Bostonian monotone. “I need to be a machine.”

Cutler spends £30,000 a year on food - more than many pro bodybuilders make in a year. Bending over his plate, he speed-shovels eggs into his mouth with a plastic fork. “I hate hot food,” he says. “I eat with plastic forks because I used to leave my metal forks in the bowl. They’d get hot and I’d forget and put it in my mouth and burn my tongue.”


The enemy: world number one Ronnie Coleman


Tuck shop: 100 pills a day is Jay's nutrition regime

‘I DO THINGS NO ONE ELSE WOULD DO. MY LIFE IS SIMPLE: IT’S TRAINING, EATING AND SLEEPING’

Cutler shuffles to a kitchen cabinet and opens it to reveal shelves full of sweets. “See all of this crap?” he asks. “I buy it when I’m dieting for contests and put it in here, but I never eat any of it. I give it all away.”

The next cabinet brims with bottles of supplements. “I take about 100 pills a day,” he explains. Cutler designs his own training and nutrition scheme. He visits a doctor three times a year to ensure his routine isn’t endangering his life, but that’s all. No coaches, no gurus, no tired ex-champs pushing him through an extra set of reps at the gym - just hard work. “How do I win a contest? I do everything no one else would do,” he says. “My life is very simple: it’s training, eating, sleeping.”

When prepping for last March’s Arnold Classic, Cutler’s schedule went like this: wake up at 8am, then alternate bouts of eating, exercising and napping until 5am. Then kip for three hours - his longest uninterrupted slumber for the day - before waking up and starting all over again. He did this every day for 14 weeks.

Cutler’s obsessive approach to training bleeds into every area of his life. He brushes his teeth ten times a day, sorts his 40 muscle shirts by colour, meticulously cleans his 38 pairs of shoes and arranges the staggering array of MuscleTech nutritional supplements in his pantry so neatly you could mistake it for a branch of Holland & Barrett.

As Cutler settles back down at the table, a vibrant senior citizen bounds into the kitchen. The man stands just ▷

5ft 4in and looks like he doesn't weigh more than a tube of Pringles. "Hi, Dad," says Cutler, standing to greet his father, Bob, who grabs a cup of coffee. Having moved to Vegas a year ago to be closer to his son, Cutler's old man visits almost every day.

"I'm impressed with what Jay does, but the sport doesn't impress me," Bob later says to *FHM*. "The judging is subjective. It's not like hitting home runs where you can count them. Besides, your body's only created to do so much and Jay's making his do more than it's supposed to."

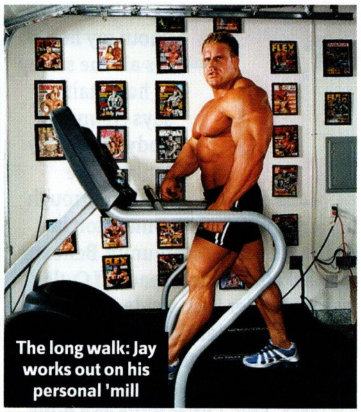
Indeed, his lifestyle is so draining that, throughout the day, Cutler moves very little. He spends much of his time planted on a comfy leather couch napping or watching TV. If the phone rings, he politely asks someone to bring it to him. His wife always cheerfully complies. He's even earned the nickname Garfield because, besides working out, all he does is sleep, eat and lie around.

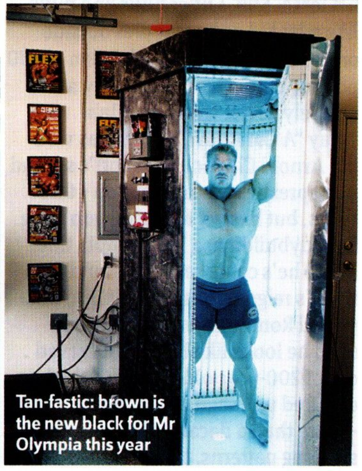
It's a relationship that seems to suit both Jay and Kerry just fine. "It works for us," Kerry says. "Part of my job is to keep this business going."

The two met when they were 15. "I told her, 'You've got to join the gym if you want to see me,'" Cutler says. Ever since, his schedule has dictated their social life. "Look at my lifestyle. How much can I really hang out?" he says. "We don't go to clubs and bars. I live in Vegas, but I only go to the strip if it's a special occasion."

"The friends we have are few and they understand," says Kerry.

Jay's dad tops up junior's tan-in-a-jar


The long walk: Jay works out on his personal 'mill


Tan-fastic: brown is the new black for Mr Olympia this year

Later in the day, Cutler holds forth while sprawled on his favourite couch. "I credit my success to my family," he says. "They taught me about hard work. At the time, I despised them for it. Other kids had fun while I spent eight hours a day chopping wood and pushing a lawnmower."

By the time he was 11, Cutler was hefting 80-pound concrete blocks while working for his brothers' construction business in Sterling, Massachusetts. "I was always the strongest kid," he says. "The first time I went in the gym I benched 315 pounds – and I'd never lifted weights before."

Pumping iron to relieve school stress, Cutler began to compete professionally as a bodybuilder. He won the teenage nationals in 1993 and made the pro circuit three years later – astonishing progress. "He was under 30 when he came second in the 2001 Mr Olympia competition," says Wayne DeMilia, head of the International Federation of Bodybuilders. "In this era, that's unheard of."

'YOU FEEL LIKE YOU'RE GOING TO DIE, BUT THAT'S USUALLY WHEN YOU LOOK YOUR BEST'

Bodybuilders peak at age 35. Cutler has just turned 30. And he's determined to become Mr Olympia before bowing out. "All I care about is October 30 – Mr Olympia," he says. "My life is winning and that's it."

For the 14 weeks leading up to the event, Cutler downs six pounds of fish a day. "Every time I go to the bathroom, I shit oil," he says. "You can't even imagine the stress of eating the same food at the same time every day. It's all you think about. For bodybuilders, dieting is the hardest thing you do."

But things don't really get crazy until the final push. "I didn't drink for three days before the 2001 Mr Olympia," Cutler says. "I was eating dry oatmeal; it's like sawdust. Your body has to pull fluid from somewhere to digest something that dry, so it pulls fluid from under the skin." The dehydration turns him into a vein-riddled, shrink-wrapped lump of muscle. "Your mouth is so dry you don't speak," he says. "You're walking on bones because you have no padding in your feet. You have no functioning skills whatsoever. You actually feel like you're going to die. But when you feel that way, it's usually when you look your best."

Also important is the perfect fake tan. To bring out the contrasts in his physique, Cutler has installed a standing sun-bed in his garage, which he uses daily. Before contests, he also goes the extra insta-tan mile. "We put on Pro Tan with foam paintbrushes," says his missus. "It's like painting a house." Six coats and a once-over with a $1,000 airbrush later, Cutler is ready for the judges.

It may sound insane, but it's a routine that works. Along with the tanning bed, Cutler's garage holds a $160,000 2002 Porsche Carrera Turbo, a BMW X5 and a chromed Hummer H2 rolling on the fattest wheels you've seen – a prize for winning the Arnold Classic. The walls ▷

'THEY CALL ME DR BUFF!'

Impress the in-laws with some red-hot posing action...

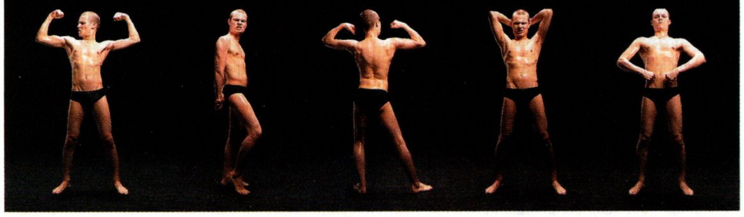
FRONT DOUBLE BICEPS "Don't lean too far back or your bi's will look smaller," advises our man in the know, Jay Cutler. Just flex those guns until it looks like you're smuggling baseballs.

SIDE TRICEPS "Grab your wrist from behind to make your tricep look like an arrow of power," says Cutler, before issuing a warning: "Many people aren't flexible enough to reach and grab their wrists."

REAR DOUBLE BICEP "It's almost like you're doing a pull-up," Cutler suggests. "That will show off all the knots in your back. It takes heavy time to get a great back." Preach it, muscle-brother!

ABDOMINAL AND THIGH Pop those abs and quads – oh, yeah! Again, flexibility may be an issue for bigger chaps. "Some guys can't get their arms up over their heads," Cutler says.

FRONT LAT SPREAD Show off your body's vicious taper, spreading your lats like wings. "Some people lean over too far," Cutler says. Badasses look like Vin Diesel, minus the manky vest.



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are plastered with 35 framed magazine covers featuring Cutler's Herculean physique and against one wall sits a giant cardboard box. Inside are 800 copies of his training DVD, *Jay Cutler: New, Improved And Beyond.* "I want to sell all 800 by October," he says. "That's 25 grand right there."

If training is Cutler's first love, making money is his second. His mobile phone rings and he pops in his ear piece while settling into a chair. "You're sure we can sell the properties on Friday?" he asks. "Okay, great." He hangs up. "That was a real-estate deal I'm working on," he explains. "People come to me because they know I'm all about making money."

All told, Cutler claims to pull in roughly $1 million per year in real-estate deals, prize money, endorsements and appearance fees. He travels about 25 weekends a year, earning $3,000 to $5,000 per appearance. The travelling, however, has its price. "Every weekend I travel, I lose 10 pounds from not getting enough calories," he complains.

Partly for that reason, he and Kerry rarely go on holiday. Their last one came in 2000, after Cutler finished a competition. "They say you gain 15 pounds on a cruise within a week - I gained 15 pounds in the first five hours because I was rebounding from the show," he recalls. "They want me to come back because I was the talk of the ship. I put a life jacket on when I tried to snorkel and it didn't fit. Then I realised I couldn't swim and started sinking. I paid a hundred bucks to go snorkelling and I had to sit in the boat and watch my wife do it."

Ten more squeezes on the Trigger Master and the workout would be done

Later that afternoon, Cutler strides into the Gold's Gym that's ten minutes from his house. He does 30 to 90 minutes of cardio daily and then spends an hour-and-a-half each day actually lifting weights - which doesn't seem much, given his size. But it's enough. He targets a different set of muscles in every workout and overloads them with such ferocious intensity that he's shattered for the rest of the day.

"To beat Mr Olympia, you've gotta put him in retirement. It's like a regime change," says Rick Belcastro, Cutler's training partner. Ronnie Coleman has owned the Mr Olympia title for the past six years. "Cutler's going to put him in retirement this year," Belcastro says. "I bet the farm on it."

'IDEALLY WHEN I'M DONE I'LL BE 230 POUNDS, NOT JACKED BEYOND BELIEF'

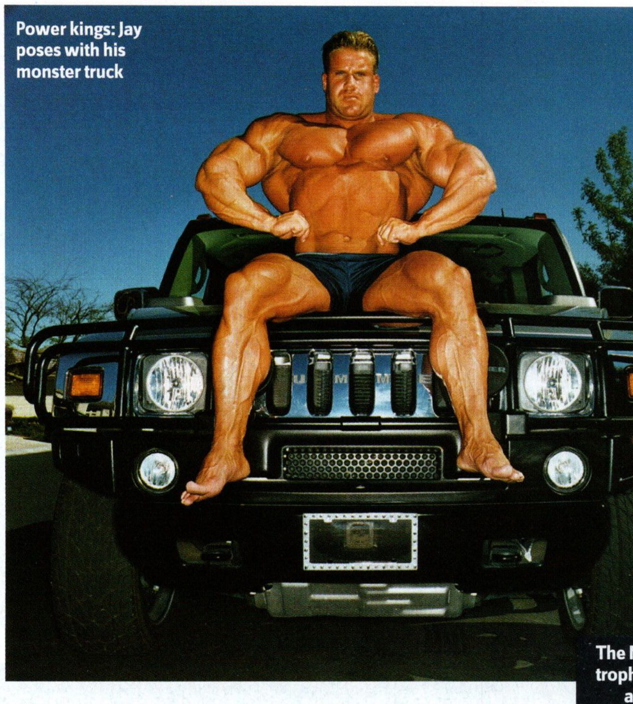
A nervous musclehead approaches as Cutler drops the 65-pound dumbbells he'd been using for lateral raises. "Congratulations - I saw the show on pay-per-view," the man says, referring to Cutler's victory at the Arnold Classic. Cutler shakes the guy's hand politely before moving to a treadmill. And that's about the extent of Cutler's fame. Although he's one of the top athletes in his field on the planet, he's known only to the handful of gym nuts who follow the sport. On the street, no one asks for an autograph or offers congratulations.

As Cutler walks to his car, he passes an overweight woman and her husband. Both do a double take as he passes. The woman puts her arms out and stomps her feet like a giant, laughing. Cutler notices.

"People stare and laugh at me," he admits. "I'd think it was crazy, too, if I were a normal person. I look at myself in the mirror and it's not my ideal to look the way I do, but that's what it takes to win. When I'm done, I'll be 230 pounds, muscular, but not jacked beyond belief."

But that's not all he sees in the future. "I guess I'll always be known as Jay Cutler, probably one of the best bodybuilders of the century," he says with a shrug, as he settles down on the sofa before another nap.

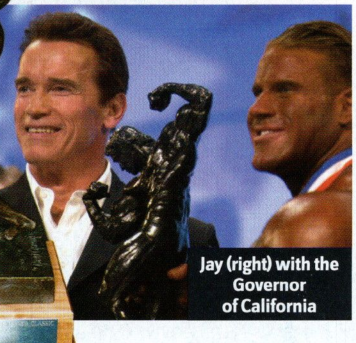
And if his dream comes true this October, all his efforts might just have been worth it. FHM



Power kings: Jay poses with his monster truck

Sizing up the competition: Jay versus Ronnie

The Mr Olympia trophy: what it's all about



Jay (right) with the Governor of California

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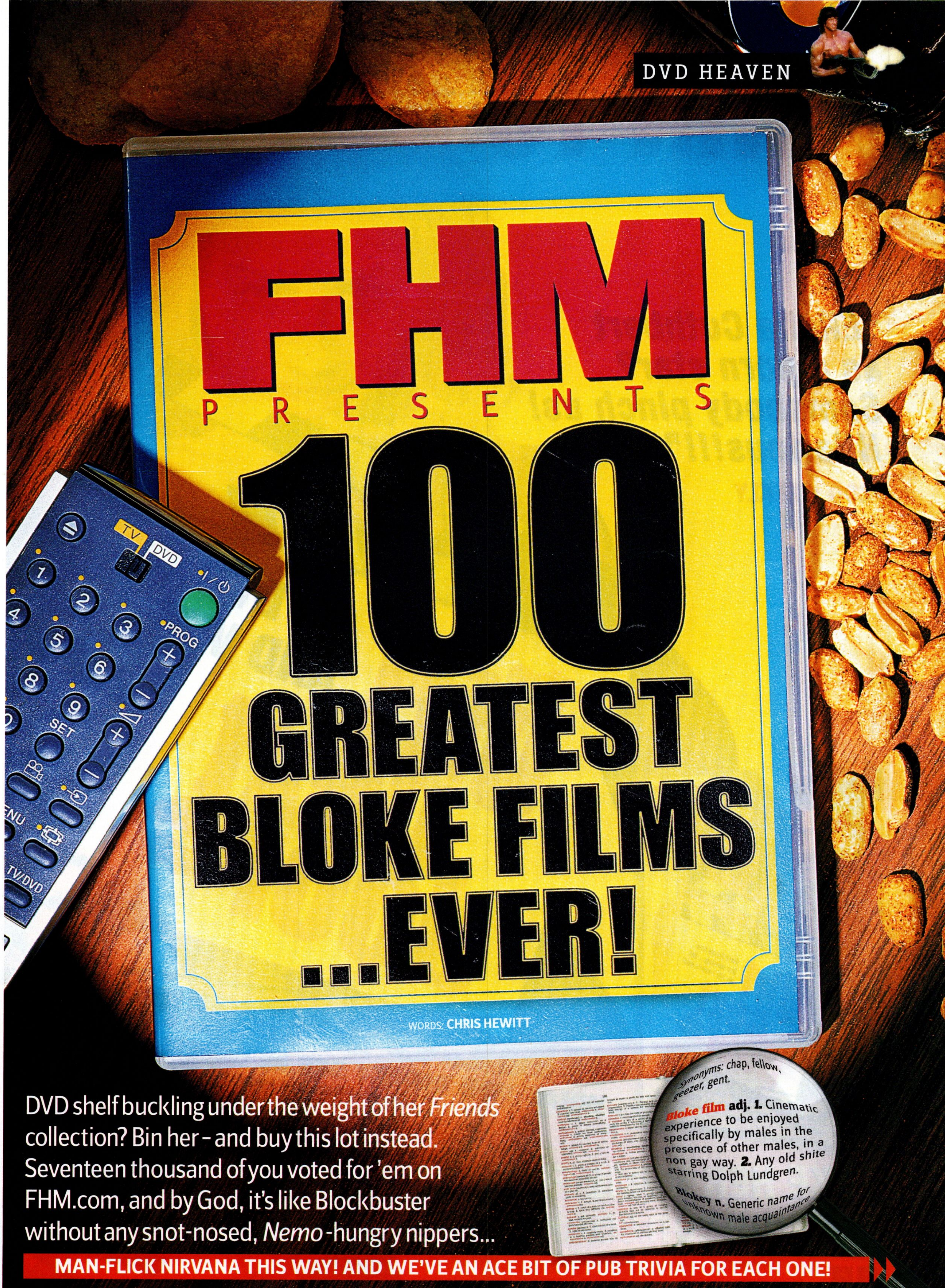

FHM PRESENTS

100 GREATEST BLOKE FILMS ...EVER!

WORDS: **CHRIS HEWITT**

DVD shelf buckling under the weight of her *Friends* collection? Bin her – and buy this lot instead. Seventeen thousand of you voted for 'em on FHM.com, and by God, it's like Blockbuster without any snot-nosed, *Nemo*-hungry nippers...

Synonyms: chap, fellow, geezer, gent.

Bloke film adj. 1. Cinematic experience to be enjoyed specifically by males in the presence of other males, in a non gay way. **2.** Any old shite starring Dolph Lundgren.

Blokey n. Generic name for unknown male acquaintance

MAN-FLICK NIRVANA THIS WAY! AND WE'VE AN ACE BIT OF PUB TRIVIA FOR EACH ONE!

PORN TO BE WILD!
"Elisha Cuthbert as a porn star? Somebody pinch us! Hilarious!!!"
-ZOO WEEKLY
ON DVD AND VIDEO
the girl next door
UNCOVERED
WHAT YOU DIDN'T SEE IN CINEMAS
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Matt never saw her coming... but all his friends had!
TAKE HER HOME FROM 9TH AUGUST
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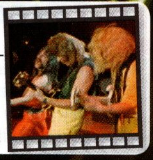
100 THIS IS SPINAL TAP 1984



Of the film's $3 million budget, $10,000 was given to the stars to develop the script. They blew the cash on a 20-minute, improvised showreel. It worked. The rest is rock history...

99 THE DIRTY DOZEN 1967

Jim Brown, who plays the fast-running Patterson, was a quarterback with the Cleveland Browns. He was last seen as the coach in *Playmakers Of New Orleans*.

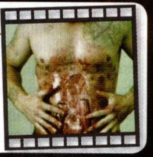
98 LA CONFIDENTIAL 1997

Despite being a critical favourite, *LA Confidential* lost to *Titanic* in the Best Picture race at the 1998 Oscars. Incredibly, no movie set in Los Angeles has ever won Best Picture.

97 GROSSE POINTE BLANK 1997

Benny "The Jet" Urquidez - the assassin who gets it with a well-placed ballpoint pen - is Cusack's real-life kickboxing instructor. He's also starred in a few flicks with Jackie Chan.

96 CHOPPER 2000



Eric Bana did a DeNiro for the role of psycho crim Mark "Chopper" Read, putting on 13kg of body fat in just four weeks via a fast food diet. The sequences where he's relatively slim were shot first.

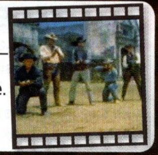
95 BATMAN 1989

Warner Bros must have wished the Caped Crusader wore his undies outside his trousers. Michael Keaton used 28 different variations on the rubber batsuit during filming, at a total cost of $250,000.

94 EQUILIBRIUM 2002

Director Kurt Wimmer came up with the film's kick-ass concept of gun-kata - an extension of martial arts with guns - by practising in his back garden. *Ground Magnum Force*, anyone?

93 THE MAGNIFICENT SEVEN 1960

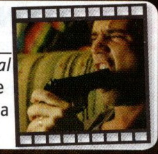


Want to know where the Magnificent Seven are buried in real life? Go to www.findagrave.com/php/famous for details. Robert Vaughn is the only gunslinger still alive.

92 BOOGIE NIGHTS 1997

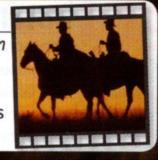
Aged 17, Paul Thomas Anderson shot a dry run for *Boogie Nights* - a 30 min short called *The Dirk Diggler Story*. It didn't star Mark Wahlberg and his 13-inch prosthetic dong.

91 LETHAL WEAPON 1987



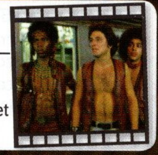
As part of his $250,000 deal for writing *Lethal Weapon*, action-scribe extraordinaire Shane Black (*The Last Boy Scout*) managed to blag a role in *Predator* as the short-lived Hawkins.

90 UNFORGIVEN 1992



The Wild West? Hardly. *Unforgiven* was shot almost entirely on location in Canada, with one brief sojourn to California to find a dusty 19th Century railroad that was still in operation.

89 THE WARRIORS 1979



Walter Hill's ultra-violent urban legend was based on *The Anabasis*, an ancient Greek tale depicting Xenophon's epic struggle to get home through hostile enemy territory.

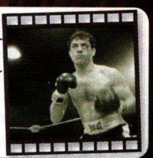
88 HIGHLANDER 1986

For his role as Scottish-accented Egyptian Ramirez, Sean Connery was only on set for seven days. Many long shots are of doubles, while his voice-over was recorded later in the Scot's bathroom. Shplendid.

87 ROAD TRIP 2000

The "professional" actresses refused to get naked for the shower scene, forcing director Todd Phillips to jump in his car, nip down to the local strip club and recruit some proper nekkid ladies.

86 RAGING BULL 1980

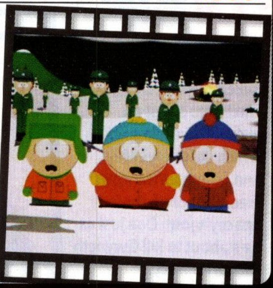


Everyone knows Bobby DeNiro put on shitloads of weight to play fallen boxer Jake La Motta, but the ultimate method man also went through rigorous boxing training and won two out of three amateur matches.

85 BATTLE ROYALE 2001

The name of the school that the kids attend, Shiroiwa, is Japanese for "Castle Rock", the town where many Stephen King novels are set. Author, Koushun Takami, is a King fan.

84 SOUTH PARK: THE MOVIE 1999



South Park: Bigger, Longer And Uncut sits proudly in the *Guinness Book Of World Records*, its 399 swear words (including a remarkable one hundred and thirty three uses of the word "fuck") making it the most profane animated movie ever. Just ahead of that arsewipe, *Bambi*.

83 SCUM 1979

Ray Winstone bagged the role of hard-arse ladder-climbing psycho Carlin because director Alan Clarke liked the way he walked down a corridor; "Like he had the biggest knackers in the world and knew it".

82 WHERE EAGLES DARE 1968

Clint Eastwood at first passed on playing second fiddle to a Brit, Richard Burton. But an $800,000 fee - then an astronomical sum - changed his mind. Funny, that.

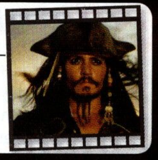
81 THE DEER HUNTER 1978

Meryl Streep was briefly married to co-star John Cazale before he died from cancer in March 1978. His scenes were shot first, because of his weakened state.

80 TAXI DRIVER 1976

The stage direction written in the script for the infamous "You talkin' to me?" scene had just five words: "Travis looks in the mirror." DeNiro blagged the rest, with Scorsese prompting him just out of shot.

79 PIRATES OF THE CARIBBEAN 2003

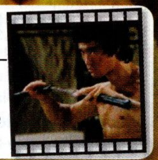


Ardent *Fast Show* fan Depp refers twice to it: the line "and then they made me their chief" is from a "Which was nice" skit and on a deleted scene, Depp says, "I'll get me coat."

78 JAWS 1975

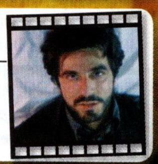
Possibly the film's scariest moment - Hooper pokes around underwater and comes up with a severed head - was filmed in the swimming pool belonging to Steven Spielberg's editor, Velma Fields.

77 ENTER THE DRAGON 1973



A young, unknown stuntman - Jackie Chan - made his debut in this. Bruce Lee needed to punch someone through a window, Jackie volunteered and his career was away.

76 CARLITO'S WAY 1993

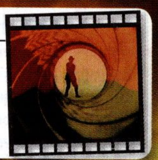


Director Brian de Palma wanted to film the movie's frantic climax at the World Trade Centre, but the 1993 bombing there made that impossible...

75 TRUE ROMANCE 1993

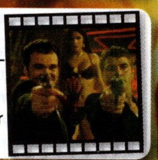
In the script's original ending Christian Slater's Clarence Worley met his maker thanks to a bullet through the eye in the hotel room shootout.

74 GOLDFINGER 1964



That's not Connery in the legendary Bond gun-barrel introduction - that's a stuntman called Bob Simmons, who performed the honours for the first three Bond movies.

73 FROM DUSK TILL DAWN 1995



This movie was the first script Tarantino ever sold: he was commissioned to write it by special effects team KNB FX in return for their agreeing to work on *Reservoir Dogs*.

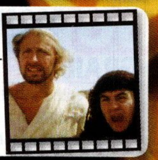
72 PORKY'S 1982

Dan Monahan, who played the fresh-faced, sex-starved teenager Pee Wee, graduated from his high school in 1973 - a full nine years before he started shooting Bob Clark's seminal sex comedy.

71 BASIC INSTINCT 1991

Sharon Stone's costume is meant to emulate that of Kim Novak in Hitchcock's *Vertigo*, another flick about a cop after an icy blonde. Novak didn't whack her muff out, mind.

70 MONTY PYTHON'S LIFE OF BRIAN 1979



The film was banned in several countries for blasphemy, including Ireland and Norway. In Sweden, the poster sold the movie as "The film that is so funny it's banned in Norway!"

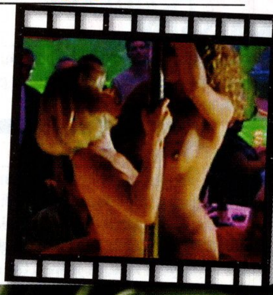
69 ROCKY IV 1985

No surprise to learn that, at the height of the Cold War, Stallone wasn't going to film in Russia. The Siberian mountain he trains on? Wyoming - Sly didn't even get a stamp on his passport.

68 DOG SOLDIERS 2002

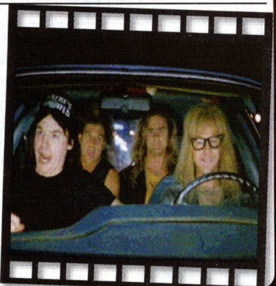
Director Neil Marshall wanted a pack of wolves chowing down on the movie's heroes, but all he could afford was two mechanical heads and three body suits.

67 SHOWGIRLS 1995



The movie - a kitsch classic with more lip-licking nudity than your average porn flick - swept the board at the 1996 Golden Raspberries. And for the first time in the award show's history someone turned up in person to collect the silverware - director Paul Verhoeven.

66 WAYNE'S WORLD 1992

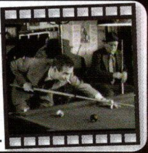


Donna Dixon - the incredibly hot dream woman that Garth lusts after - is now married to once-funny-now-fat Dan Aykroyd. On a less depressing note, actors Mike Myers and Dana Carvey both damaged their necks performing the *Bohemian Rhapsody* headbanging sequence.

65 THE UNTOUCHABLES 1987

Bob Hoskins was originally set to play Al Capone until DeNiro got the job. Hoskins didn't care - he was "paid off" with $200,000.

64 THE HUSTLER 1961

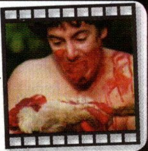


The movie was shot in a real pool room; Ames Billiard Academy in Times Square. It's no longer there, sadly, although one corner of the room now houses the studio for ABC News' *Good Morning America*.

63 DIRTY HARRY 1971

Harry may have bragged about how his .44 Magnum was the most "Powerful handgun in the world" but the actual gun he uses is a .45 as they only had blanks for that calibre gun in the studio.

62 AN AMERICAN WEREWOLF IN LONDON 1981



The name of the porn film watched by David is *See You Next Wednesday* - a John Landis trademark that appears in many of his films.

61 THE LAST BOY SCOUT 1991

Hot off *Lethal Weapon*, scribe Shane Black sold his pitch for this actioner to Warner Bros for a then-record fee of $1.75 million. The movie grossed $59 million - not a bad return.

60 MONTY PYTHON AND THE HOLY GRAIL 1975

Python with fewest roles: Graham Chapman, with four (although that includes King Arthur). Python with most: Michael Palin, with ten.

59 HEAT 1995

Hannibal Lecter fans, take note. Both Ted Levine - Buffalo Bill in *The Silence Of The Lambs* - and Tom Noonan - the Tooth Fairy in *Manhunter* - appear in Michael Mann's peerless crime thriller.

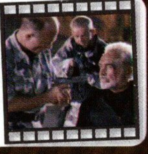
58 FACE/OFF 1997

Hard to believe, but the film was originally conceived as a hardcore sci-fi flick set in the future, with Sly Stallone and Arnie in the hot seats. "I need your boots, your motorcycle... and your friend's face".

57 THE TEXAS CHAINSAW MASSACRE 1974

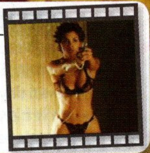
Ed Neal, "The Hitch-hiker" in the film, is this year auctioning off most of the film's props, including Leatherface's mask.

56 THE ROCK 1996



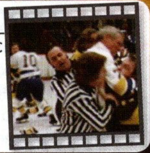
VX gas, the chemical stolen by Ed Harris' bad guy, stops your nerve endings from firing, leading to all-over muscular contractions and death. 10mg is enough. But it doesn't melt your face, as seen in the movie.

55 SWORDFISH 2001



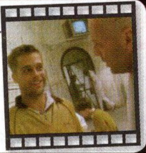
FHM cover star Halle Berry vehemently denies the rumour that she got an extra $500,000 to pop her norks out for one scene. That's $250k per funbag if maths isn't your strong point.

54 SLAPSHOT 1977



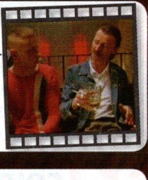
The Hanson brothers, the psychotic players who turn the team around, were originally going to be played by three brothers - Steve, Jack and Jeff Carlson - until Jack was called up to play for a real hockey team.

53 12 MONKEYS 1995



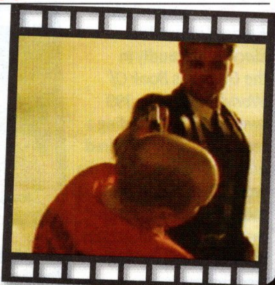
Looking at the bodies in the aftermath of a fight, Bruce Willis says, "All I see is dead people." Sound familiar? Should do - the words are echoed by Haley Joel Osment in *The Sixth Sense*.

52 TRAINSPOTTING 1996



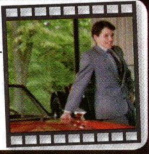
It's well known that much of the film had to be dubbed for stupid Yank audiences - but did you also know it's the most frequently nicked DVD in Oz?

51 SEVEN 1995



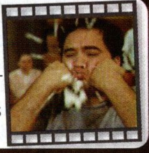
Brad Pitt threatened to walk if New Line executives forced director David Fincher to shoot an alternative ending, in which detectives Mills and Somerset (Morgan Freeman) catch Kevin Spacey's John Doe just as he's about to kill Gwyneth Paltrow's Tracy.

50 FERRIS BUELLER'S DAY OFF 1986



The Bueller family's car's license plates were personalised and refer to other John Hughes films, eg Tom Bueller's reads MMOM (*Mr Mom*). Jeanie's reads TBC - you work it out.

49 NATIONAL LAMPOON'S ANIMAL HOUSE 1978

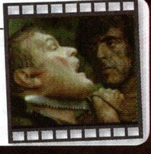


Donald Sutherland banked $50,000 for two days' work - but if he'd taken the gross points offered to him, he'd have earned $17m by now.

48 RAIDERS OF THE LOST ARK 1981

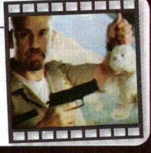
Two facts: Harrison Ford had the shits when he shot the Arab swordsman scene, and the hieroglyphics in the Well of Souls depict R2-D2 and C3-PO, being worshipped by Egyptians.

47 FIRST BLOOD 1982



John Rambo dies at the end of David Morrell's original novel. Sly Stallone, being Sly Stallone, wasn't too keen on that. The late change caused Kirk Douglas - originally Colonel Trautmann - to back out.

46 CON AIR 1997

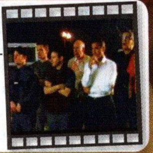


The "Put the bunny back in the box" line - indeed, the entire beautifully barking mad bunny sub-plot - was included in the movie only thanks to star Nicolas Cage's canny suggestion.

45 OLD SCHOOL 2003

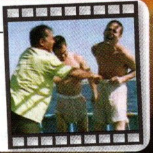
Amazingly, director Todd Phillips sees *Old School* as an overtly comedic version of... *Fight Club*. Yup, it surprised us, too. And that's why Vince Vaughn is invariably dressed as Brad Pitt's character.

44 OCEAN'S ELEVEN 2001



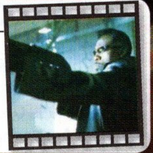
As if there aren't enough faces in the movie, there could have been more. Bruce Willis, Bill Murray, Johnny Depp, Mike Myers and Michael Douglas all flirted with the project.

43 JACKASS 2002



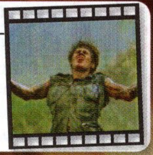
The movie was originally given an NC-17 cert and was only cut down to an R when all scenes of "extraction and insertion" were removed. Perhaps this scared off Brad Pitt, who was originally set to cameo.

42 BLADE 1998



Originally, when Blade exited the building he was to have discovered that the Blood God he'd just defeated had, in fact, turned everyone in the world into vampires. Budget constraints quickly stopped that one.

41 PLATOON 1986



Over 20 blood bombs were meant to explode during Willem Dafoe's death scene. Not one went off. Still, he impressively writhed about like a loon anyway, so Oliver Stone left the scene in.

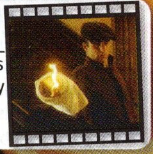
40 LEON 1994

The final day: a group of extras, dressed as cops, loiter on the street. Then, from round the corner, sprints a man who's just robbed a shop. Confronted with so many "cops", he surrendered immediately. Berk.

39 PREDATOR 1987

The evil alien may have finally stood at over 7ft 2in (thanks to giant Kevin Hall), but for two days Arnie's adversary was a piddly 5ft 8in; Jean-Claude Van Damme managed 48 hours before walking off the set.

38 THE GODFATHER PART II 1974



Robert DeNiro's Best Supporting Oscar win is still the only time two different actors - Bobby and Marlon Brando - have won Oscars for playing the same character.

37 NAKED GUN 1988

The makers penned 15 golden rules of comedy. Rule 3: actors must ignore background action. Rule 9: obscure jokes aren't worth it. Rule 15: There are no rules. For the rest, go here: http://go.to/zaz_fan

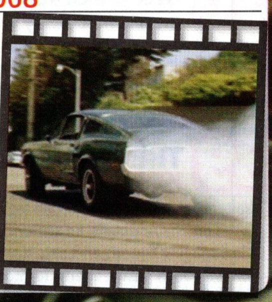
36 THE GOOD, THE BAD AND THE UGLY 1966

This, the third in Leone's trilogy, is actually a prequel: as it progresses, Clint gradually accrues his *Fistful Of Dollars* clothes.

35 ALIEN 1979

The movie's final life-size Alien suit, designed by Swiss genius/freaky weirdo H R Giger and worn by Nigerian beanpole actor, Bolaji Badejo, contained real human bones.

34 BULLITT 1968



One month after divorcing his second missus, Ali MacGraw, Steve McQueen tried - and failed - to replace his woman by buying back one of the two 1968 Mustang 390 GTs that were used in the film's classic San Francisco car chase. The sequence later (sort of) turned up in an ad. For cars, naturally.

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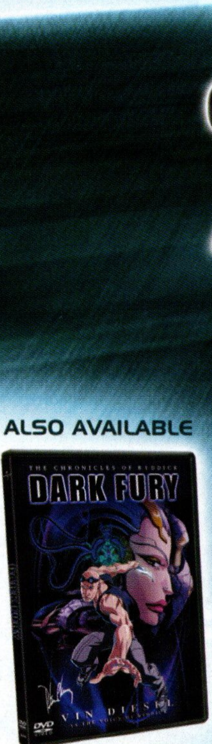
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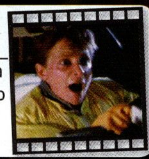
33 ROCKY 1976

Bette Midler – then a huge star – passed on playing Rocky's wife, Adrian. Thank. Christ. For. That. The part of the perenially worried wifey went instead to the rather cute little Talia Shire.

32 BACK TO THE FUTURE 1985

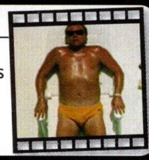


Eric Stoltz was replaced by Michael J Fox just a few days into filming and Claudia Wells, who plays Marty's girlfriend Jennifer, was also a replacement – for actress Melora Hardin.

31 SAVING PRIVATE RYAN 1998

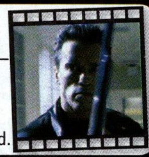
Originally, Hanks' Captain Miller was to have survived, but Tom insisted he bit the dust. Shame he didn't insist there were some British soldiers in WW2 while he was at it.

30 SEXY BEAST 2000



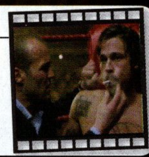
Sir Ben Kingsley claims that his shit-scary Don No, no, no, no, no! Logan, was largely based on his grandmother. Hands up who's bricking themselves at the mere thought of Nana Kingsley?

29 T2: JUDGEMENT DAY 1991



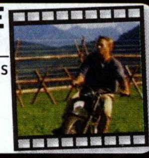
How's this for a nice little earner? Ol' Pig Heart banked $15 million to play the Terminator again. He had 700 words of dialogue. Now that's, ooh... $21,429 per word.

28 SNATCH 2000



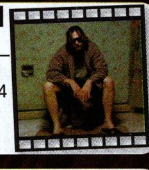
True, Guy Ritchie had his missus' *Lucky Star* in the movie, but he wanted *Rivers Of Babylon*, switching only when he discovered it'd cost too much. Ironically, *Lucky Star* ended up being twice as pricey.

27 THE GREAT ESCAPE 1963



Steve McQueen may not have done the film's classic motorbike jump, but he does do all the other riding himself. In fact, at one point he plays one of his own German pursuers.

26 THE BIG LEBOWSKI 1998

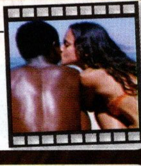


The film has inspired a festival, The Lebowski Fest. Tickets for the New York event on Aug 14 are still available and the inspiration for El Duderino, Jeff Dowd, will be in attendance.

25 KILL BILL VOLUME 1 2003

The House of the Blue Leaves sequence took eight weeks to shoot – six weeks longer than scheduled. It also plays in full gory technicolour in the Japanese version.

24 CITY OF GOD 2002

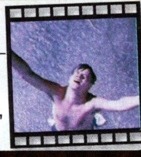


Seu Jorge, who plays Knockout Ned, is a real-life samba star in Brazil. In the movie, when he kills for the first time, one of the women who congratulates him is the mother of the real-life Knockout Ned.

23 TOP GUN 1986

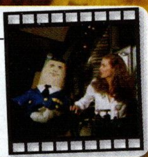
Spotting an opportunity to sign up a few hundred young Yanks, the US Navy set up recruiting booths inside cinemas to capture excited, testosterone-fuelled men. It worked – recruitment levels rose to a record high.

22 THE SHAWSHANK REDEMPTION 1994



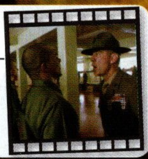
The picture of a young Morgan Freeman on Red's parole papers? That's Freeman's son, Alfonso. One of his last acting gigs was in, erm, *The Shark Tank Redemption* (2000). Honest.

21 AIRPLANE! 1980



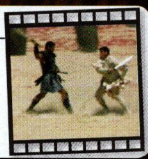
It may sound comical, but the line "We've got to find someone who can fly this plane... and who didn't have fish for dinner", was robbed – word for word – from cheesy 1957 disaster movie, *Zero Hour!*

20 FULL METAL JACKET 1987



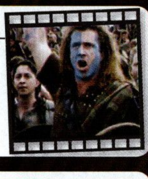
Former US Marines instructor R Lee Ermey (who plays Sgt Hartman) landed the part after ranting drill-style for 15 minutes, while being pelted with fruit. Without flinching.

19 GLADIATOR 2000



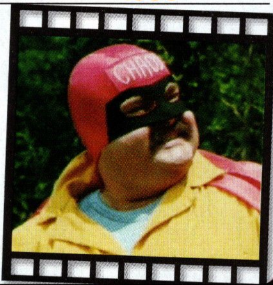
History has it that Emperor Commodus (Joaquin Phoenix) did indeed engage in gladiatorial combat. And when he wasn't fighting, he was having a harem of 300 women and 300 men at his beck and call.

18 BRAVEHEART 1995



Pint-sized Mel Gibson is only 5ft 10in in his stocking soles. The real William Wallace was reportedly a towering 6ft 6in. Interestingly, standard door frames are exactly the same size.

17 CANNONBALL RUN 1980



The movie was based on an actual series of races that took place in the mid Seventies in America. Brilliantly, director Hal Needham actually entered the competition, driving the same custom-fitted ambulance used in the movie. He wasn't victorious.

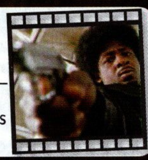
16 BAD BOYS 1995

For those of you who think Will Smith and Martin Lawrence are bad, consider this: the film was initially developed for no-talent "comedians" Dana Carvey and Jon Lovitz. A lucky escape.

15 THE USUAL SUSPECTS 1995

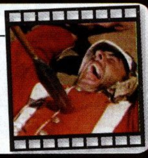
The script was so confusing that even right up until he saw the film, Gabriel Byrne was convinced that his own character – Dean Keaton – was Keyser Soze. What a chump.

14 LOCK, STOCK AND TWO SMOKING BARRELS 1998



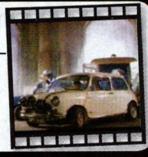
The gang's hide-out in Park Street, SE1, was also Sam West's lodgings in *Howard's End* as well as in video game, *The Getaway*.

13 ZULU 1964



It's a cracking film, but in the real world around 100 British soldiers fought in the real battle for Rorke's Drift, of which 17 bit the dust. The Zulus lost over 300 of their warriors.

12 THE ITALIAN JOB 1969



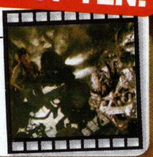
Michael Caine hadn't passed his driving test while making this. Oh, and Caine's "great idea" that was set to kick off a sequel? Wait for the bus's petrol to run out, then step off. Hmm.

11 RESERVOIR DOGS 1991

The lady who gets plugged by Mr Orange was Tim Roth's dialogue coach and the woman dragged out of her car by Mr Pink also managed to get shot in *Pulp Fiction*. Unlucky.

... AND THE TOP TEN!

10 ALIENS 1986



Sure, it looked like there were hundreds of the buggers, but only six alien suits were used for the film, most of which were augmented with rubber johnnies standing in for alien tendons.

09 THE MATRIX 1999

Washington sniper Lee Boyd Malvo was obsessed with *The Matrix*. Notes found in his cell contained multiple references to the flick, including the line, "You are a slave to the Matrix control." The fruitloop.

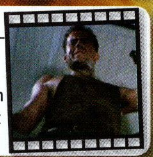
08 THE GODFATHER 1972

For Sonny's death scene, James Caan had 147 exploding blood bags strapped to his body. And, according to the man himself, they hurt "like a motherfucker". Weed.

07 GOODFELLAS 1990

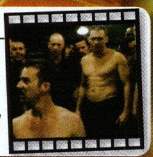
Hard to believe, but *Goodfellas*' real-life "hero" Henry Hill opted out of the Witness Protection Programme in 1987. Even harder to believe, he's still alive! And working as a counsellor! Hurrah!

06 DIE HARD 1988



Despite only having starred in a few flop films and TV show, *Moonlighting*, Bruce Willis received a then-record $5 million for his role as kick-ass cop, John McClane. If it helps, imagine Ross Kemp as Batman.

05 FIGHT CLUB 1999



Before his main introduction, Brad Pitt's Tyler Durden appears in four single-frame flashes – on a walkway in an airport, after the narrator's rehab, at the copy machine and after the visit to the doctor.

04 SCARFACE 1983

In the final shootout, Al Pacino got a little too close to his "leetle friend", grabbing the blazing-hot barrel of his gun and seriously burning his hand. Filming had to be shut down for a couple of weeks.

03 APOCALYPSE NOW 1979

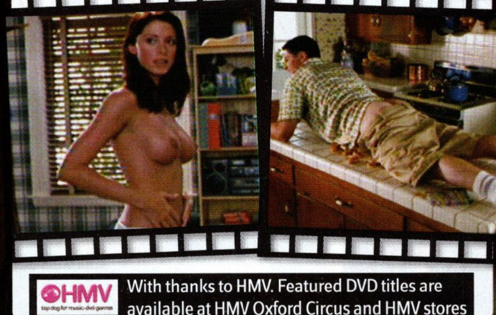
Martin Sheen's voice-overs were actually performed by his brother Joe Estevez. His son, Charlie, later took the piss by spoofing the voice-overs in *Hot Shots*.

02 PULP FICTION 1994

Jack Rabbit Slims (the bar where Travolta and Uma Thurman dance) is advertised on the radio in *Reservoir Dogs*; and the Big Kahuna burger pops up in *From Dusk Till Dawn*.

01 AMERICAN PIE 1999

When screenwriter Adam Herz sent the original *Pie* script to the studios, he pitched it as "Untitled Teenage Sex Comedy That Can Be Made For Under $10 Million That Most Readers Will Probably Hate But I Think You Will Love."



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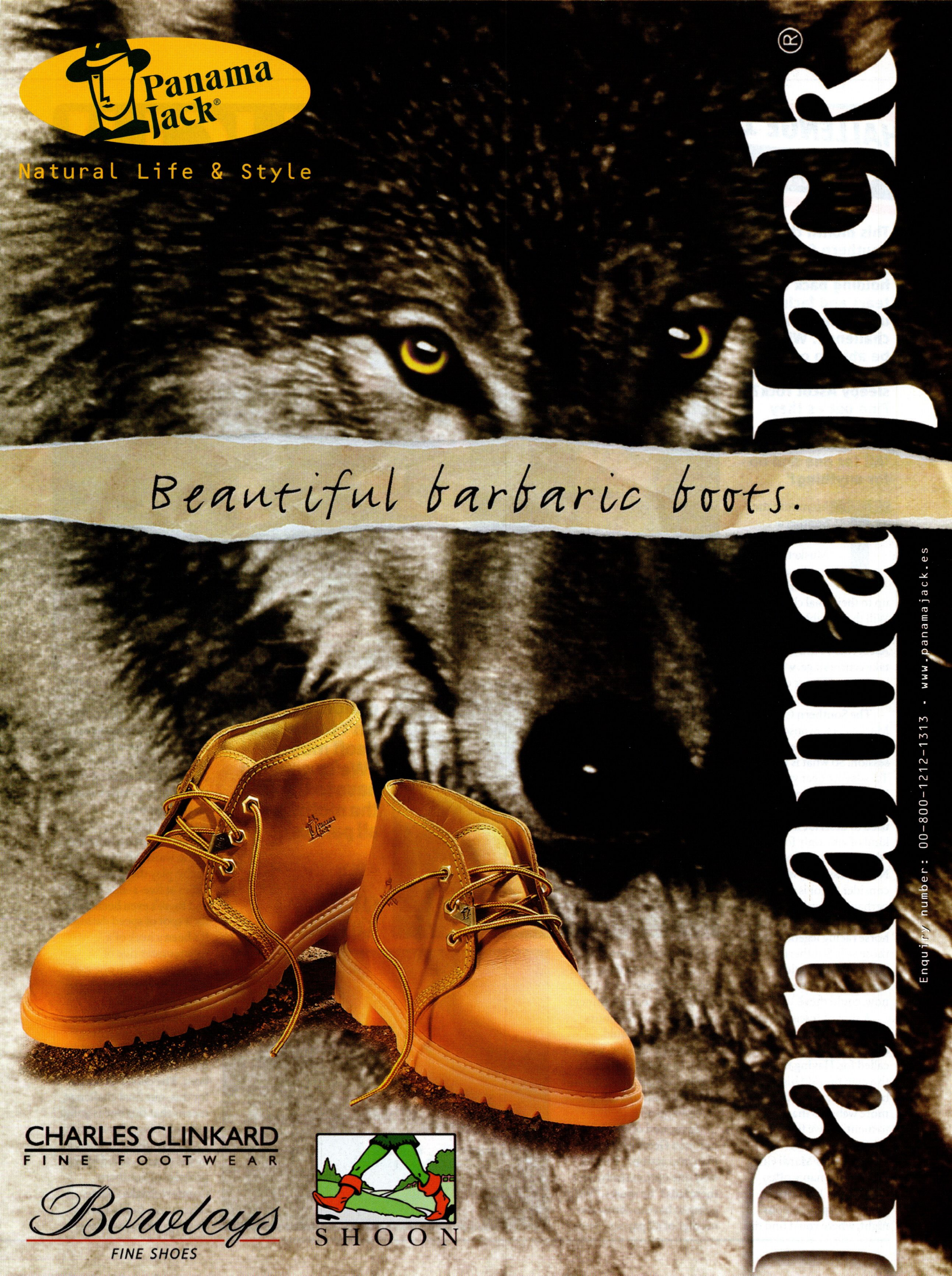
Lord of The Rings? Pah, family film! *Star Wars?* Not yet on Region 2 DVD...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This month the Southern Comfort Musketeers are holding back the tears and facing up to their final challenge. Will they be able to organise a party that'll make sleepy Ascot rock? Find out as they take centre stage, with one last cry of 'All for one and up for anything!'

Fat Tuesday
SOUTHERN COMFORT

This month the Southern Comfort Musketeers are holding back the tears and facing up to their final challenge. Will they be able to organise a party that'll make sleepy Ascot rock? Find out as they take centre stage, with one last cry of, "All for one and up for anything!"

The Southern Comfort Musketeers' swansong is to recreate a "Fat Tuesday" session. So what is Fat Tuesday we hear you cry? Well, it's an expression taken straight out of New Orleans, used to describe a special kind of vibe only found in "the party capital of the US". Not an easy task, when you consider Ascot is a place perhaps less well known for its party atmosphere than its horse racing legends. Well, those wily Southern Comfort folk couldn't exactly make it easy for us now, could they?

A spot of research into this whole Fat Tuesday business was most definitely called for. Having thumbed through the odd history book and trawled through more websites than we care to mention, we find out that the term is a direct translation of Mardi Gras, and was the name often given in the 1800s to a genuinely spontaneous night, where you'd find the best mix of live music, an incredible atmosphere, and where everyone from bootleggers to shoe-shiners were welcome. Rumours have it that you could literally feel the vibe, where a better time got had – and a better drop got poured – and where literally anything could happen.

At the end of the day it's our man Geoff who puts the plan into action. "There's only one option really, isn't there lads?" he muses, "We're going to have to throw the mother of all parties." Now, when it comes to living it up, then there's no doubting the Musketeers' pedigree. For the past eight months the four friends have pulled together in all kinds of situations. They've trotted the globe to go shark diving, glacier climbing, wakeboarding, deep sea fishing, entertain at a hen night, watch Six Nations rugby, play the England ladies at five-a-side football and there's even been time for a spot of speed dating. It's been a heck of a rollercoaster ride of challenges – each one met with enough verve to have made their literary namesakes proud. "All for one and up for anything!" has been the motto, and that's exactly the way it's been. The choice of location for this, our final challenge, means that this one is going to be nothing, if not testing.

"There's only one option, really, isn't there lads?" Geoff muses. "We're going to have to throw the mother of all parties"

SOUTHERN COMFORT

As friends are drafted in by the dozen – lured by the promise of Southern Comfort drinks and an eclectic, no-holds-barred shindig – the Musketeers

bang heads and come up with the entertainment we'll be needing for the evening, to make sure we hit that authentic, happening New Orleans-type vibe. A magician, a DJ, cocktail barmen and a few fancy lady-pleasing masks are called in but, first up, we're booked in to see a tarot reader. Well, we might as well find out how the night is going to pan out.

So, how did the night go? Well, "sweet" – as they'd say on the banks of the Mississippi and, of course, just as our mystic tarot lady predicted. The festivities kicked off with us Musketeers playing a game of Southern Roulette at the bar, a spinning game card which is used to decide whether the players have won big or have to do a dare. It's preferable to a game of Russian Roulette, that's for sure.

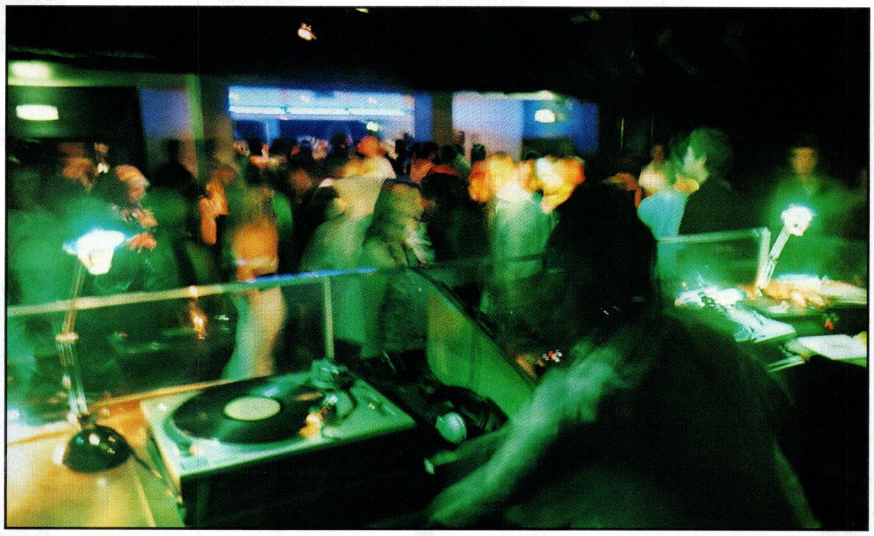
Matt and Lewis bag themselves a dare each, and have to jump behind the cocktail bar to whip up some Southern Comfort cocktails. Surprisingly, they pull off a virtuoso, beginners-luck type of performance – with a little help from their new best mate, the barman. In fact, so good are they that it's not long before revellers, other than Geoff and myself, are actually ordering drinks from them. It's Fat Tuesday cocktails all round, naturally; that's a measure of Southern Comfort, fresh lime juice and bitters, all poured over ice and topped with ginger beer. An awesome concoction.

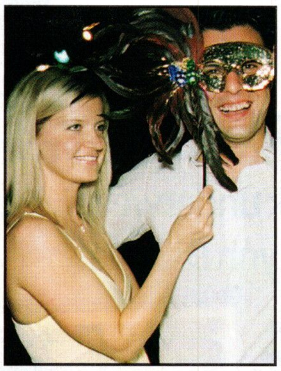
The guys are also dab hand at turning out a variety of other Southern Comfort cocktails, so much so that they can't get away from the bar. Hurry up, fellas, there's a big queue forming here…

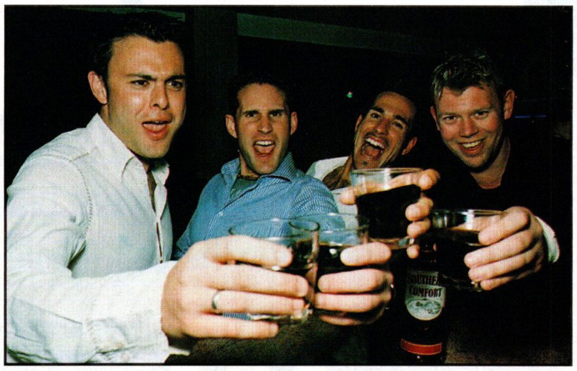
The magician in residence does tricks that would make anyone's jaw drop. One piece of sleight-of-hand wizardry involving three rubber balls – no hang on, four rubber balls, no wait a second, *no* rubber balls, has the audience applauding like crazy. As well they might.

At the end of the night, with all our dancing done and the final curtain coming down, the Southern Comfort Musketeers meet up one last time to clink glasses – all in agreement that it's been a huge success. Still, the crowd didn't need much encouragement to have a good time. Could be that the Fat Tuesday vibe lives on not too far from where you are now, as it turns up where it wants, when it wants – like a spirit that just won't quit.

Maybe you just didn't get word yet…







Now do it yourself

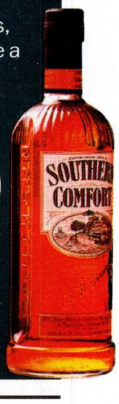
As every socialite knows, anyone can look good at a party – but the art of throwing one yourself is something special. Trick is, to make sure it's as simple as possible, while keeping a few tricks up your sleeve for later.

To that end, we hired wand-waver Bruce Munton to confound the crowds at our own shindig with his sleight of hand. If you'd like to do the same, you can contact him through www.magicians-london.co.uk. If, on the other hand, you're looking for something less ordinary then, like us, you could try professional tarot reader Lee Van Zyl. She stunned four sceptical Musketeers with her prophesying and we reckon you should make up your own minds by contacting her at www.crystaloracle.com. And, should you ever end up in Ascot in need of a good night out then why not try Club One – the spot we chose for our own bash. Head to www.cluboneascot.com and you'll find all the details.

Win a trip to New Orleans!

The Southern Comfort Musketeers may well have brought the Fat Tuesday vibe to Ascot but, Mardi Gras or not, it's always party time in New Orleans. Think you could handle a trip to a place where the unofficial state motto is, "let the good times roll"? Then do Southern Comfort have a prize for you! They'd like to whisk you and a pal off for a seven-night break to New Orleans where you'll stay in a three star hotel, soak up the party atmos and, best of all, take an airboat ride across the swampy marshes. For a chance to win, go to www.fhm.com/southerncomfort and fill in the form. You'll be entered straight into the draw. Terms and conditions apply. UK residents aged 21 or over only. Only one entry per person. Closing date is September 1, 2004.

Fat Tuesday from Southern Comfort



KNOW YOUR COMFORT LEVEL. DRINK RESPONSIBLY.

Bada bing!

WORDS:
MIKE PEAKE
PHOTOGRAPHY:
STEPHEN DANELIAN

You've seen her in *The Sopranos*. Now see her in white underwear, blue underwear, black underwear... Yes, it's fiery little Meadow herself, Jamie-Lynn DiScala!

Daddy's girl: Jamie-Lynn as Meadow in *The Sopranos*

TRUST US; THE FIRST question you want to ask when you're doing an interview with a cast member from *The Sopranos* - America's brilliant and super-cool Mob drama - is this: how many people do you need to call to have someone whacked?

Of course, you're secretly praying for the star to whisper the phone number of a heavy-set thug in a wife-beater and a special Italian code-word, but you know they're going to say, "Oh, don't be silly." Or at least you think you do...

"I'd need to make just one phone call for that," shrugs Jamie-Lynn DiScala, the grumpy-teen-turned-smouldering-brunette who's been slowly turning up the heat as the delectable Meadow Soprano for the past five years. "I won't say why, but it's definitely because I'm on the show."

Refreshingly for a Yank actress, there's nothing that's out of bounds when you're talking to Jamie-Lynn. The apocryphal (but sometimes very real) scrap of paper headed "Taboo Subjects" never materialises and, even though she's married (to her manager! At 23!), she'll even talk about sex. In fact, she's got something for our naughty fantasies feature elsewhere in this issue... ▷

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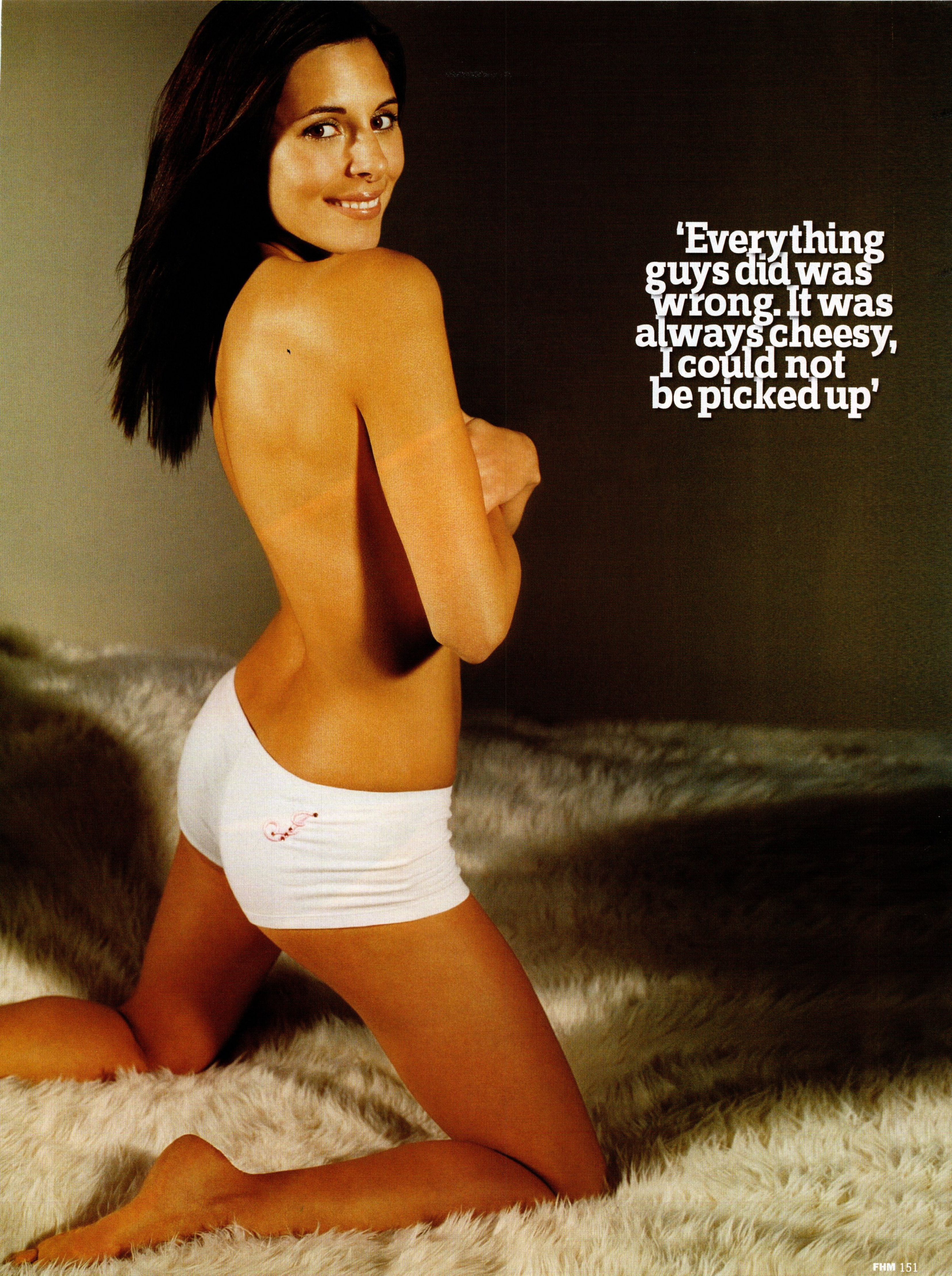
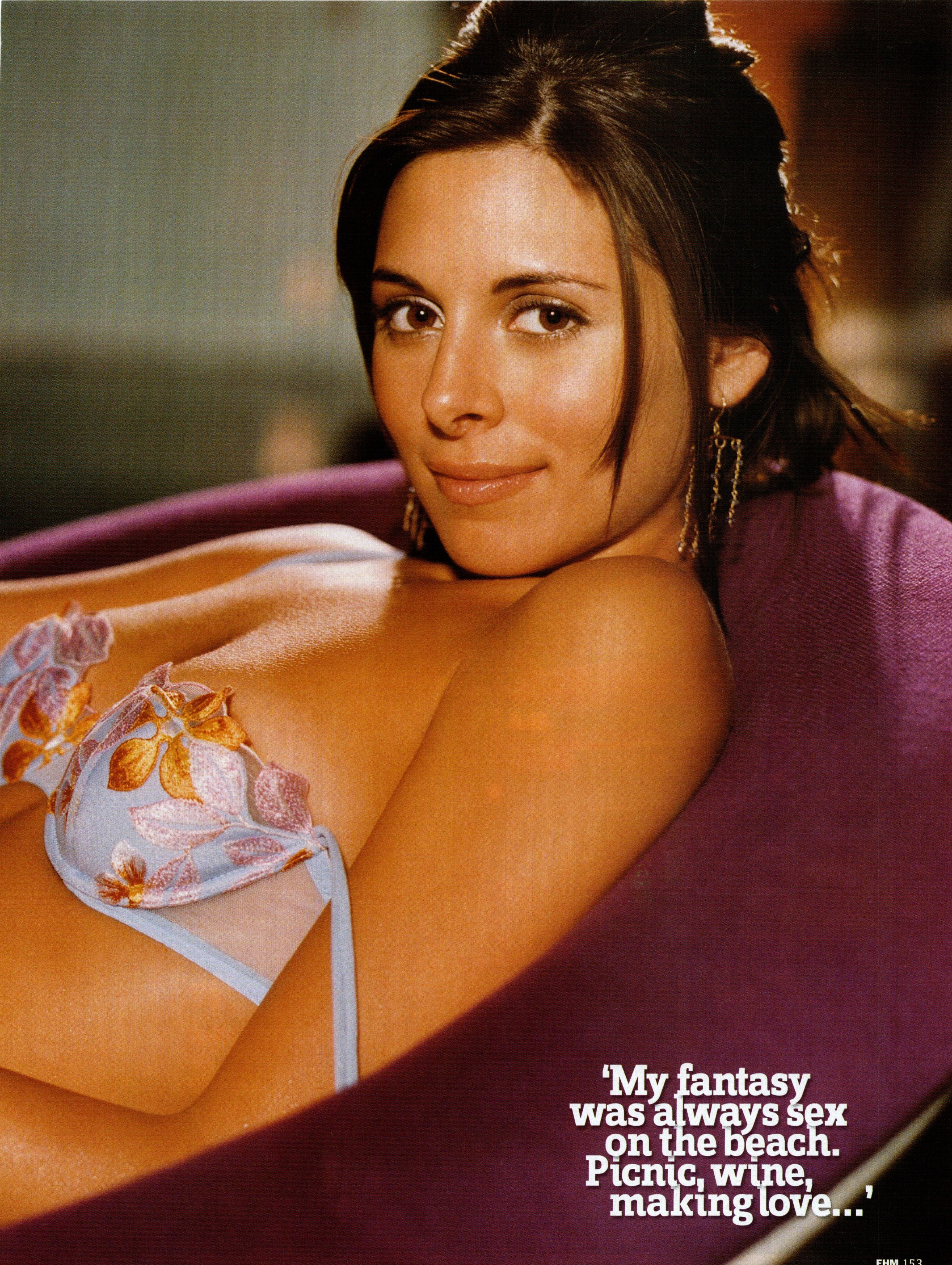


'Everything guys did was wrong. It was always cheesy, I could not be picked up'



'My fantasy was always sex on the beach. Picnic, wine, making love...'

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'British men? They like to drink and they're very polite'

"Mine was always sex on the beach," she says. "Picnic, bottle of wine, and making love in the sand. For me, that's risqué, because it's in public, and you're sort of breaking the law. I guess my husband is a bit inhibited when it comes to that because God forbid anything happens and the world will know - it's probably not the right thing for my career to end up on the front page of the *National Enquirer* for that."

Now, if it wasn't for the trouser-ruffling set of pictures of Jamie-Lynn over the following pages, we'd be feeling a certain professional obligation to detail her glittering résumé - high school thesp... forays into the world of singing... bizarre cameo in a Mariah Carey vid - but if you just have a quick sneak peek at them thar snaps you'll happily forego the CV. Besides, there's fast-talkin' to be done. Like this:

What's your best story about a gun, a funeral or a pile of dog shit?
I was dating this guy who lived in Vegas and the two of us went to a shooting range because I'd never done it before. And I went and shot a gun for the first time and it was a crazy experience and the owner of the gun range recognised me and took some pictures and gave us his card and so on...

And?...
Well, later that night my boyfriend told me the owner had called asking if we wanted to swing with his wife and I went, "Oh my gosh - that's so much fun! I've never done that before." And my boyfriend's like, "What are you talking about?" And I went, "That sounds like so much fun - I'd love to go swing dancing." Of course, when I realised - eww! He must have been impressed with my gun technique, right?

Absolutely. We love Vegas - any other good stories?
My husband and I went to get married in Las Vegas and he was playing blackjack and he was up - a lot. ▷

'I've always been a girl with a bad mouth'

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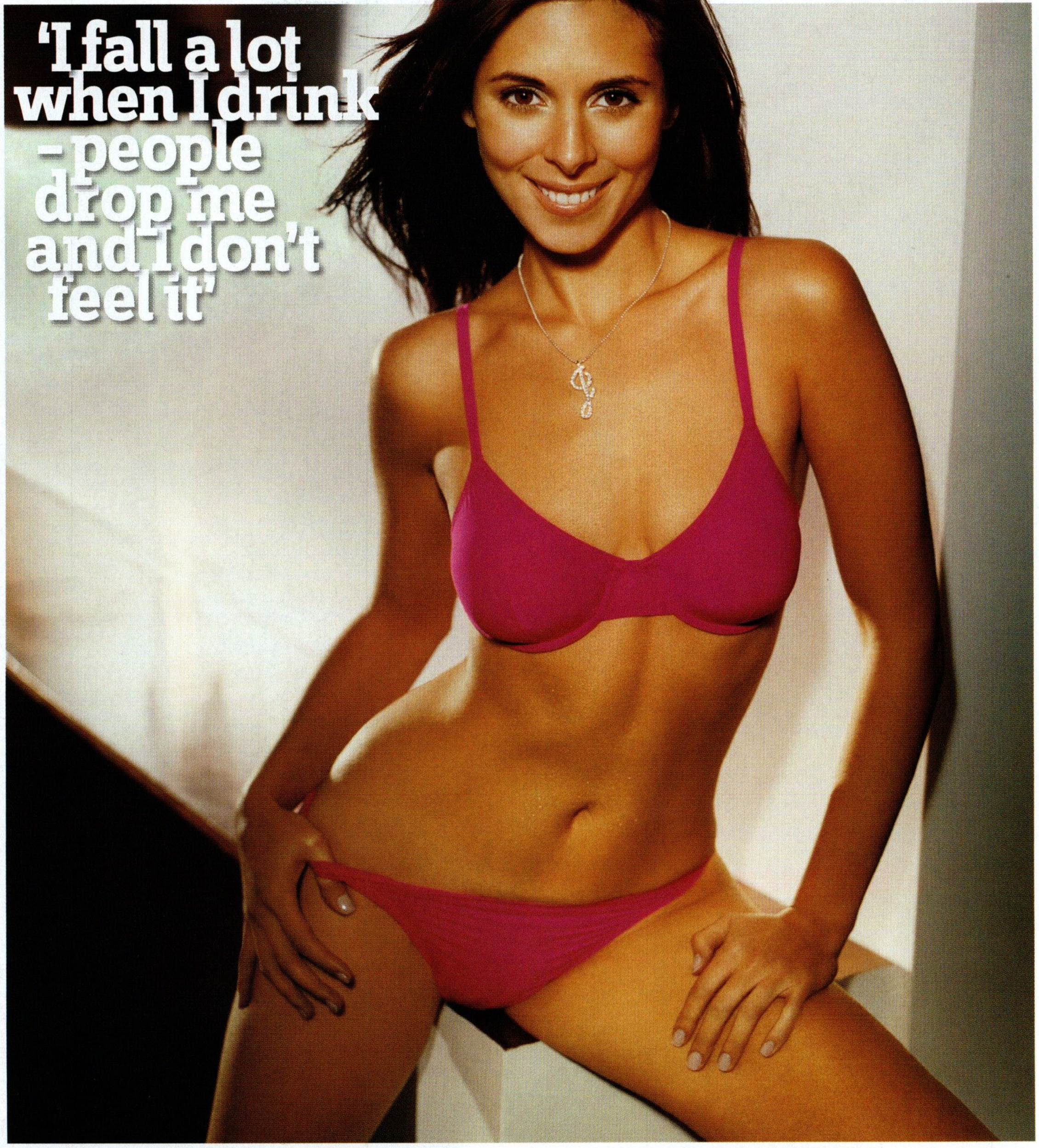

'I fall a lot when I drink – people drop me and I don't feel it'

Thousands?
Oh, tens of thousands. Now, when he's on a roll he's like, "I can't stop, I'm on a roll," so I said, "Okay, well at least give me some of the money and I'll let you continue," so I took some of the money and 20 minutes later he's back shaking my purse and, of course, it ended up with him losing it all.

When you're out partying, are you most likely to wake the next morning with inexplicable bruises or missing key items of clothing?
Oh, the wounds, definitely. I fall a lot when I drink – I've been known to have people drop me and not feel it. It's kind of great, cos I'm kind of numb when I drink but I've woken up with bruises on my butt and my arms and I've no idea why they're there.

Do you have a party trick when you're drinking?
I can make three loops with my tongue. That's it – I curl my tongue and make... three loops. It's kind of something you have to see...

And does it have any use in everyday life?
Ha ha! Maybe! Probably in a way that I wouldn't want to share!

One of the greatest scenes in *The Sopranos* was in the second series when your Aunt Janice was having sex with Richie Aprile, who had a gun to her head. Is kinky cool?
Depends to what extent, but yeah. I mean, I don't know about kinky as far as being an actress – that's a little uncomfortable to me – but with my husband... maybe. But we're not crazy kinky – we don't dress up or anything!

What's your favourite swear word?
Definitely "fuck". Because it can be for a good thing – fucking great – or a bad thing, like fucking bitch.

Do you find yourself swearing a lot more after *The Sopranos*?
I've always been a girl with a bad mouth. It really helps on the show that there's no censorship, because when you're able to curse like you would at home it's much better: you wouldn't normally go, "Oh, sugar."

Didn't you once have some swearing episode on *The Big Breakfast*?
Oh God. It was the first time I'd been to London and I was completely out of it. I had sinusitis but I didn't know; the doctors were shooting me with morphine and I was in a lot of pain and I was so sick that I wouldn't let them put make-up on me or do my hair. So there I am on *The Big Breakfast*, completely miserable, and the presenter's sounding like Charlie Brown's teacher to me – "wah-wah-wah-wah". Anyway, he starts and I say "piss" straight away. He shushes me, apologies, tells me I can't say that so I apologise... and not two minutes later I've said it again.

What did you think of British men?
Well, I didn't get much experience of them but I'd say they're fun – they like to drink and they're polite. I'm very into how gentlemanly they are.

Eh? Did we live up to the Austin Powers "bad teeth" stereotype?
Ha ha! Well, I really wasn't looking out for that, but yeah, I did see some pretty bad teeth, but we got bad teeth in America, too.

Before you married, what was the best move a bloke ever made on you?
Everything guys did was wrong. I couldn't have a guy come up and say something because I immediately thought it was cheesy, I could not be picked up.

Why so hostile?
I think it's from watching my older brothers over the years and knowing their intentions. I apologise now to all the men who tried to pick me up.

Give us a glimpse of one of your brothers' techniques...
He's going to kill me for telling you. Okay, first, he would come up and say, "Can I ask you a personal question?" The girl would say yes. Then, "Do you find me attractive?" More times than not, the girl would say yes. "Are you in a relationship?" If yes, he would say, "Is it monogamous?" Then he asks her what colour panties she's wearing. Sounds like she'd slap him in the face, but it always worked.

Awesome. Have you ever had any trouble with the police?
Only the time I had a big party at my parents' house. I was having a water fight with one of my friends and I'd bought this Super-Soaker water gun which comes with a backpack that you fill with water and I was running around playing and got to the front door and didn't see the cop and sprayed him with water.

And, uh, just to complete the picture... what were you wearing?
Oh, jeans and a top and heels and...

Hello?! This is *FHM*!
Oh! Panties... a push-up bra and a little garter.

Excellent. Finally, what's the weirdest thing you've read about yourself on the internet?
That I was having a problem with my bowel movements. I was in hospital a few years ago and someone from the *National Enquirer* came to the hospital to try and interview me. Obviously, there was no way I was going to do an interview, but I guess they were fishing for information and they must have overheard one of the nurses say, "Did she have a bowel movement today?" which is a totally normal question to ask, and I guess the answer was, "No". So it was like I'm dying from this rare neurological disease... and I can't take a shit. I thought it was funny.

Want us to get onto the internet and start a new one?
Yeah – now I'm having trouble peeing! **FHM**

The Sopranos returns to C4 this month.

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THE EMBALMER

Corpse beautifier Mark Holland on smiley faces, stinky farts and post-mortem boners...

How did you get into this strange old game?
It's a family business. My grandfather offered me a job as an embalmer when I was 18. It had never crossed my mind, but I said I'd give it a go. I'd seen coffins and bodies from an early age and they didn't worry me.

Talk us through the embalming process...
First we select an artery for the injection of the embalming fluid - mostly we use the carotid artery in the neck as it's large and easy to get to. We make an incision so we can see the artery and put in a tube, and then inject the embalming fluid. In the adjacent vein to the artery, you insert another tube and the blood exits out of there. We pump a pint of embalming fluid in per stone of body weight, which is about the same amount of blood the body carries.

How long does it take?
Between 20 and 45 minutes, depending on the size of the body. You need to keep a check on the flow; if too much goes in, the body looks engorged and puffy. The blood naturally sinks to the lowest level in the body, like a tide mark, which creates a staining of the tissue. You can see this as a red line on the skin. The embalming fluid removes all that.

Nice. Does it sometimes get a bit whiffy in there?
Yes, as the body decomposes there will be gases in the lungs and intestines, and we have to let them out so the body doesn't do anything embarrassing in front of the deceased's family. This is the part that we don't like talking about very much. We release these gases with a long hollow needle called a trocar, which is introduced into the abdomen to remove the fluids from the lungs, heart, intestine, stomach and bladder. We then pour a strong formaldehyde fluid into the lungs and cavities to stop further build-up of gas after the embalming process. It is rather nasty.

Any dangers peculiar to your trade?
Exposure to formaldehyde can cause cancer, so we wear gloves at all times. We have big extraction fans and there's only so long we're allowed to work. It dries your skin out something rotten - it's horrible. I remember my old grandpa working on bodies with formaldehyde with a fag hanging out of his mouth and no gloves on, but that's how people worked then.

Can you catch anything nasty off an over-ripe stiff?
Any corpse is potentially dangerous. We have to be aware of HIV and hepatitis. The recommendation from our institute is not to embalm a body that has died because of AIDS - it's just too risky. Personally, I'm more frightened of hepatitis, so we keep our jabs up to date.

What do you do if everything except the face is disfigured? Have you ever put a head in a coffin with a "body" made up of old socks?
You can only reconstruct what the body and your skills allow to be done - you can't rebuild what isn't there. In some cases it just isn't possible for us to do anything, but we will almost always attempt some sort of reconstruction. There are times when you have to advise members of the family that they shouldn't see the body. If the lower part is damaged, we can disguise that using a special gown and arrange the body so it's not evident.

> **Q Ever had a corpse too mangled to work on?**
> **A If it's been in the canal for weeks we're going to struggle**

But is a corpse ever so mangled you can't work on it?
Bodies that have had severe arthritis are difficult to work on, because the skeleton itself has become so twisted - we're not in the business of breaking bones just to make the body look good. And bodies that are too decomposed - there is nothing we can do. If the body's been in a canal for two weeks, we're going to struggle.

Have you ever had cause to say, "Let me through, I'm an embalmer!"?
I've tried it in big crowds, but it doesn't work. People just give you funny looks and stay where they are.

Are you any good at stuffing chickens?
I'm absolutely rubbish at stuffing poultry. People used to give me pheasants and pigeon to prepare, but I can't bring myself to pluck them, let alone draw them. I don't know why - I just can't do it. I must have one of the hardest stomachs in England, but those things make me squeamish.

What else gets to you?
Dead children. No embalmer gets used to it. I've cried after seeing dead kids. We're hard to the job because we have to be, but the children are never easy. Doesn't matter if you've done this job for 50 years, it's always tragic.

Ever had any "supernatural" moments?
I don't believe in life after death. I've been in and around this business most of my life and I've never seen a ghost or been given any reason to believe in the supernatural.

Do you ever eat your lunch in the embalming room?
No, simply because with all those chemicals sloshing around, and with the deceased in there, it's not a good idea. I know one chap who keeps milk in the body fridge, though.

Embalming fluid is basically anti-freeze. Can you get pissed on it?
I wouldn't want to use embalming fluid in my car - God knows what it would do to the cooling system. And you couldn't get drunk on it - it would kill you. It's so strong it makes your eyes stream.

What's the classic practical joke that's always played on the new boy?
I think the most popular is for one of the guys to climb into the fridge, then for the funeral director to ask his assistant to go fetch the body - and it's a live one! That generally gets the kind of reaction they're looking for.

What tricks do you have for making the dead look surprisingly perky?
I like to put a hint of a smile on their face. It's something I do. Not a cheesy grin - just a little tweak at the corners of the mouth. The muscles are pliable after the embalming fluid has gone through, so you can mould the face into the shape you want.

Ever got it horribly wrong and ended up with a corpse that looked like Jack Nicholson as The Joker?
Not since I've been professional. When I was a student... well, let's just say that all students make mistakes.

Ever had to bash down an erection?
No, but I know an embalmer who gave some old fella a monstrous erection by over-pressurising his arterial system with fluid. Apparently it was pretty impressive, but wouldn't have looked good in the coffin. He had to let a bit of pressure out and his dignity was restored.

What everyday grooming products do you use to tart up a body?
The families often supply it - "Mum used Boots" or "Mum used Revlon". We can also get make-up from the embalming supplier, and they do a range that's very heavy, like stage make-up. It's called Leichner. But I prefer not to use any make-up, and just let the embalming fluid restore the natural colour to the face.

Does the British Association of Embalmers have annual get-togethers, where you discuss cool new gadgetry?
We have an annual conference. This year it's in Portsmouth - and we have a quarterly magazine, *The Embalmer*, of which I'm editor. It's a voice for all the embalmers in the UK, somewhere where they can air ideas and read features on new techniques.

Do you think Walt Disney will ever be reanimated?
No, I can't see in the next 30 years that cryonics is going to work. Walt Disney is frozen by liquid nitrogen in the hope that one day the technology will be there to reactivate him. But freezing a body damages the tissue anyway.

What's your own dream funeral?
Huge piss-up, loads of music, big party. I wouldn't want to be embalmed because I don't want people gawking at me in a chapel, I want people to remember me how I was.

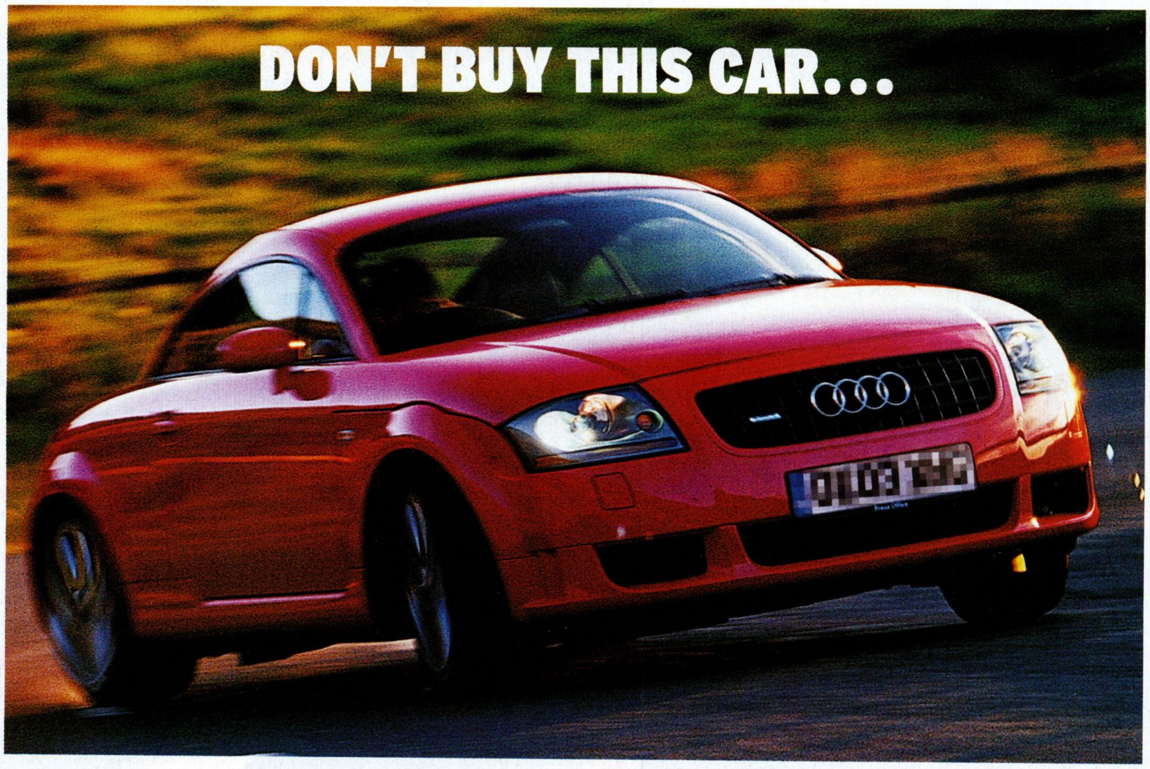
Finally, if your girlfriend was up for it, would you put her make-up on for her?
Only if she laid out flat and remained completely still. **FHM**

Interview by John Cantlie.

Photography: Nick Cunard

DANGER
Harmful fumes
De'

The tubby Stormtrooper crashed through the roof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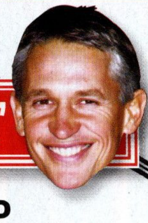


▲ PSP

We've played Sony's games **console/ MP3 player/DVD** thingumy and we're hard-pressed to think of a better gadget.

▲ *Match Of The Day*

Welcome back, old friend. **Saturday night football** just wasn't the same without you.

MATCH OF THE DAY
BBC SPORT

▲ *The Mighty Boosh*

Wacky, zoo-based sitcom from **Perrier Award winners**, currently on rotation on BBC3. Needs to come to terrestrial. Write to your MP...

▲ Cooler Coke

For the trend-conscious fizzy pop aficionado, Coca-Cola have launched "couture bottles" of their sugar-laden goo, designed by Brit fashionista Matthew Williamson. Er, great.

▲ Find a pub

Orange customers **text "pub"** to 300, they triangulate your mobile's position then send you a text with directions to the nearest boozer. Hurrah!

▲ Ben Affleck

The chisel-chinned J.Lo spurner recently won the three-day **California State Poker Championship**, winning a much-needed $356,000 and beating a roomful of pro gamblers and Tobey Maguire.

▲ Picking your nose

Fingers up your schnoz keep it far cleaner than a handkerchief, and eating bogies strengthens the body's immune system. So says Austrian lung specialist, Friedrich Bischinger. We're with you, Fritz.

What's on your prison tray?

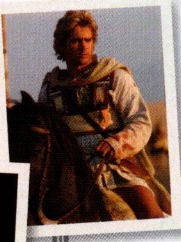
Jonathan King

▼ *Observer Food Monthly*

Gastro-rag has a cosy chat with "music maestro" **Jonathan King** about prison grub. Maybe they forgot he's a convicted kiddie fiddler?

▼ Big Bang debunked

University Of Virginia astronomer **Mark Whittle** has proved that the universe began with a "quiet wimper", not a bang. Aw.

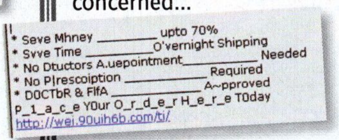


▼ Colin Farrell's cock

So astonishingly large it was **too distracting** for preview audiences of *Alexander* and sadly had to be, er, chopped.

▼ The Championship

A shiny new, important-sounding moniker ain't fooling anyone. It'll always be **The First Division** as far as we're concerned...



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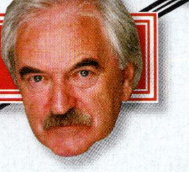
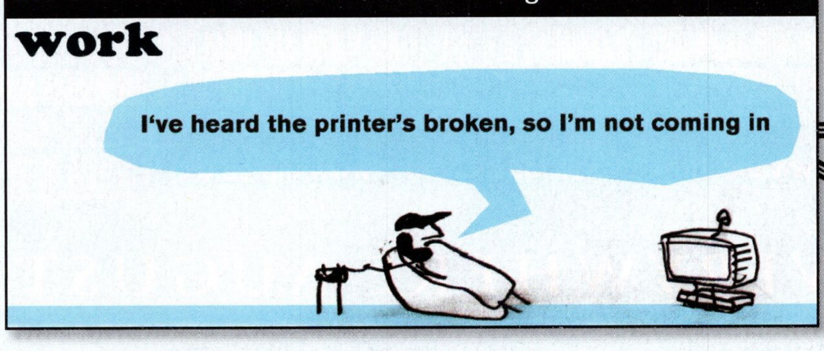
▼ Nintendo DS

Two screens, one of them touch sensitive. Why, exactly?



MODERN TOSS Because working life is rubbish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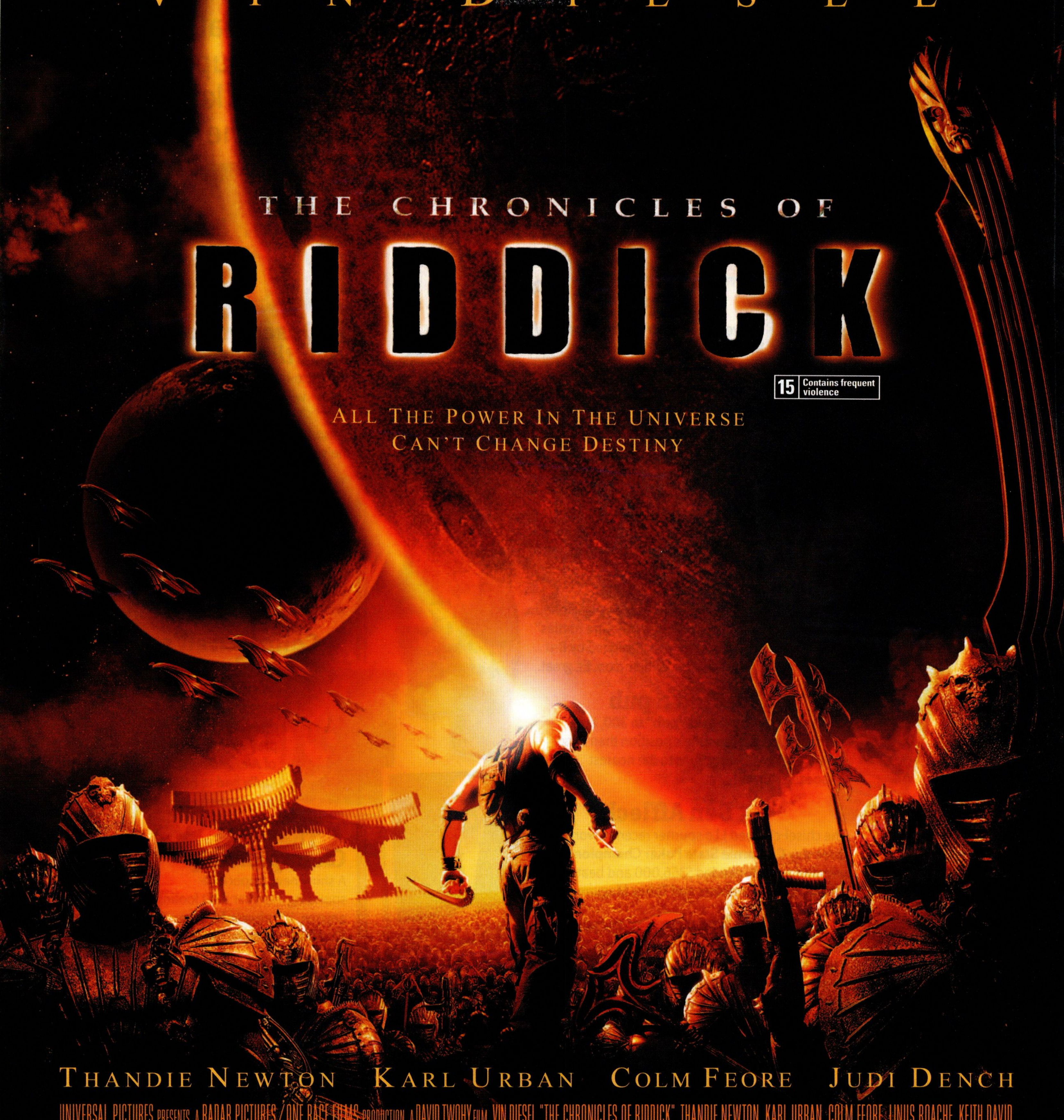

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THE CHRONICLES OF

RIDDICK

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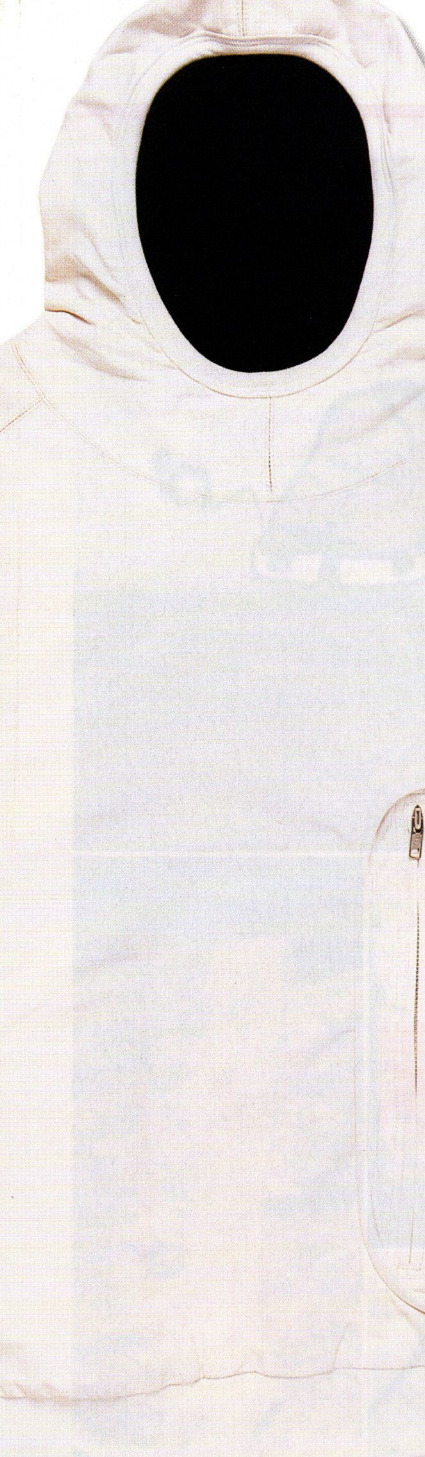

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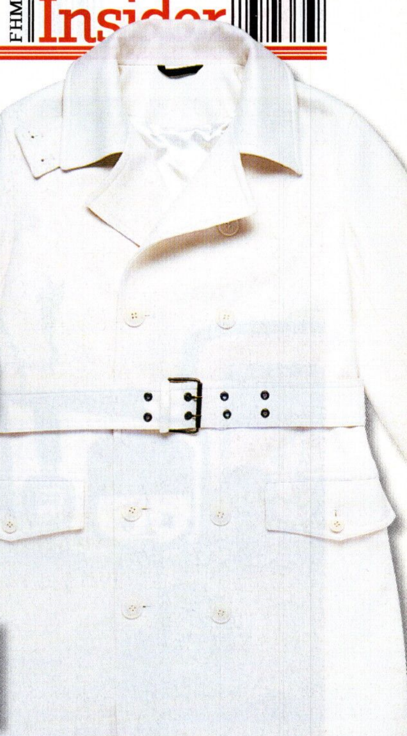


Topman double-breasted coat Another cutting edge garment from the high street chancer. **(£70, 0800 731 8284)**

WHITE OUT

Our three weeks of sun have begun, so *FHM*'s gone all white this month...

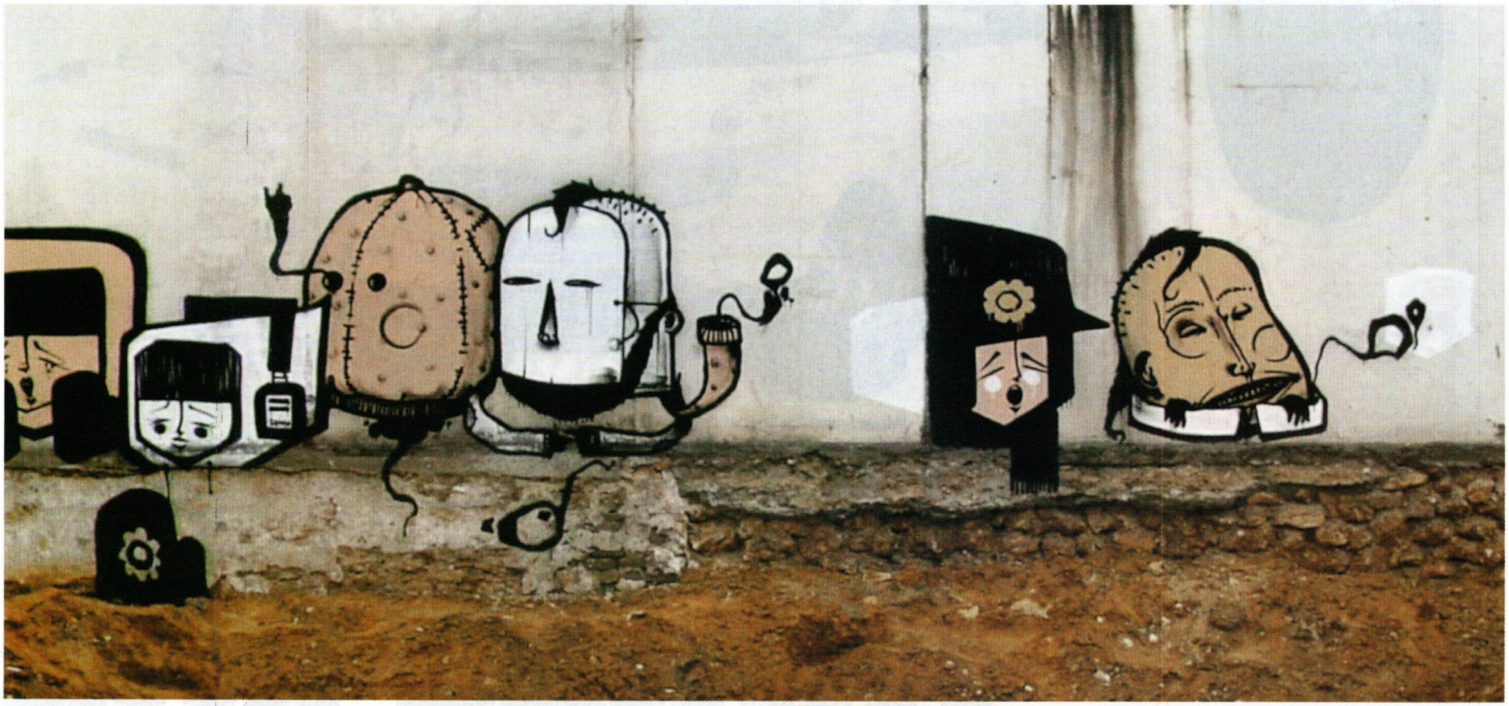
Tivoli Audio
iPAL

Horace white leather hoody Ragamuffin style, in spotless white leather. **(£220, 020 7434 2567)**

Tivoli iPAL radio Cracking little wireless designed to look iPoddy. **(£140, 01702 601410)**

Pointer Hunter High trainers Retro sneaks in lily white. Nice. **(£95, www.pointer.com)**

Apple Airport Express Plug into wall. Plug into stereo. Stream songs direct from iTunes on your Mac. Enjoy. **(£99, www.apple.com/uk)**

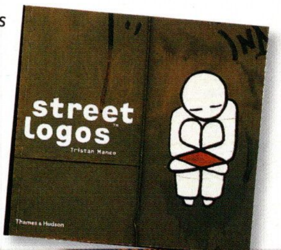


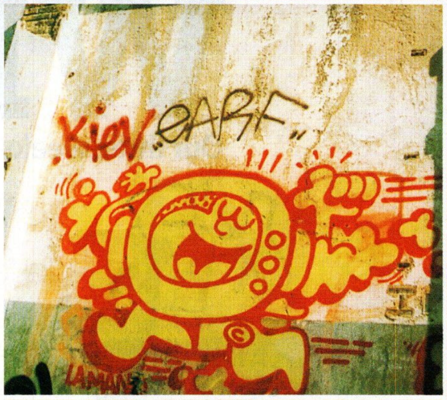
ART ATTACK!

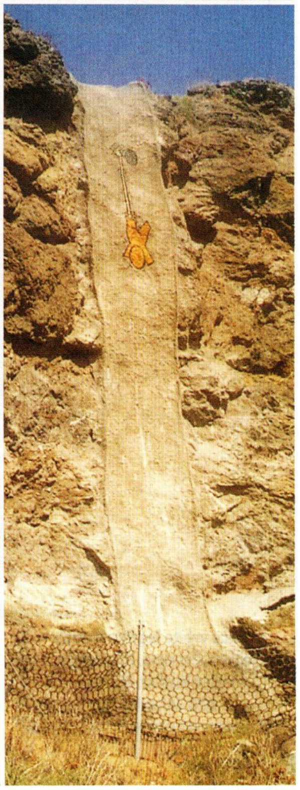
In praise of graffiti monkeys who keep your council paint-slappers in work

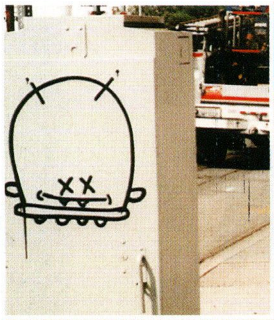
SPRAY CAN-TOTING PIKEY VANDALS to some, heroic street artisans to others, graffiti artists probably make your dad grumpy, but *FHM* heartily approves of a well-daubed piece of wall expression. As does Tristan Manco, who's trawled the world to unearth the pick of the paint terrorists for his book, *Street Logos*. These days, graffiti artists are graphic design maestros who use high tech techniques like screen printing, stickering and even neon-enhanced logos - which are all beautifully displayed in this exhaustive tome. Till the next lick of whitewash, that is.

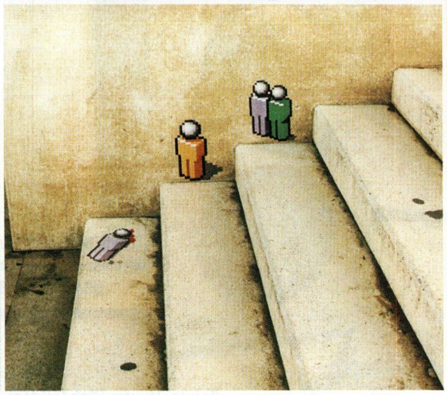
Street Logos by Tristan Manco is available now for £9.95* from Thames and Hudson.

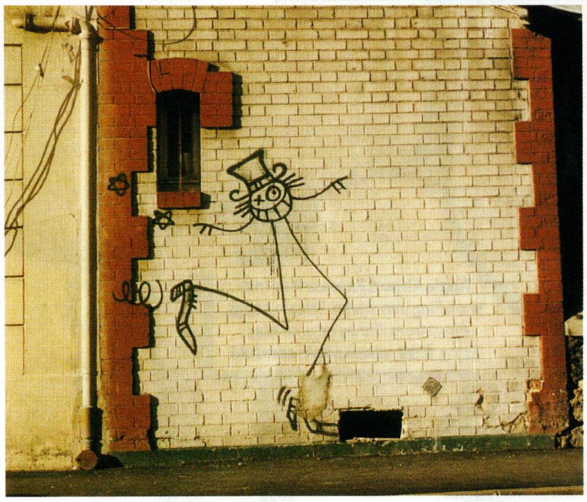


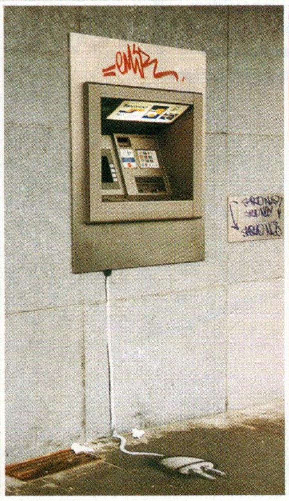


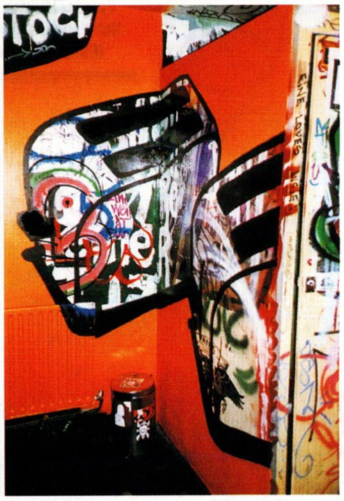


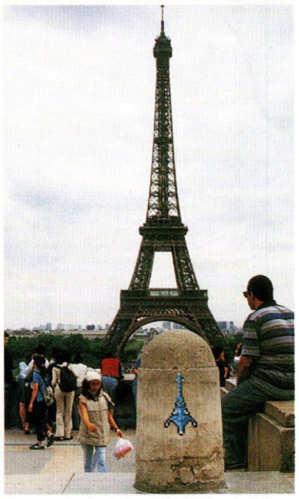












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A collection of five "anti perfumes", these niffs come in Garage (contains traces of kerosene), Tar (with grilled cigarettes), Dry Clean (metallic incense), Skai and Soda. They sell them as socially incorrect fragrances. Try before you buy, eh. (www.liberty.co.uk)

ADIDAS FLIP-FLOPS

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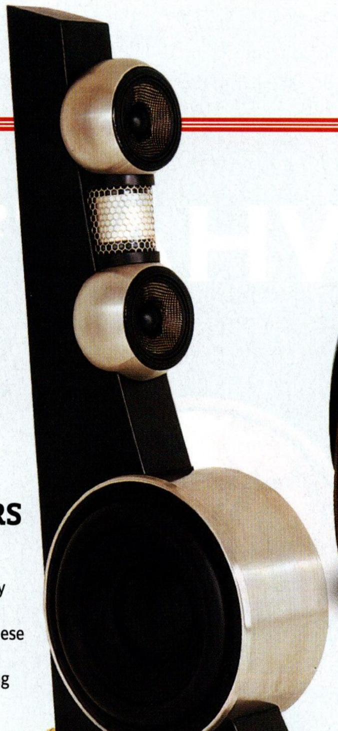
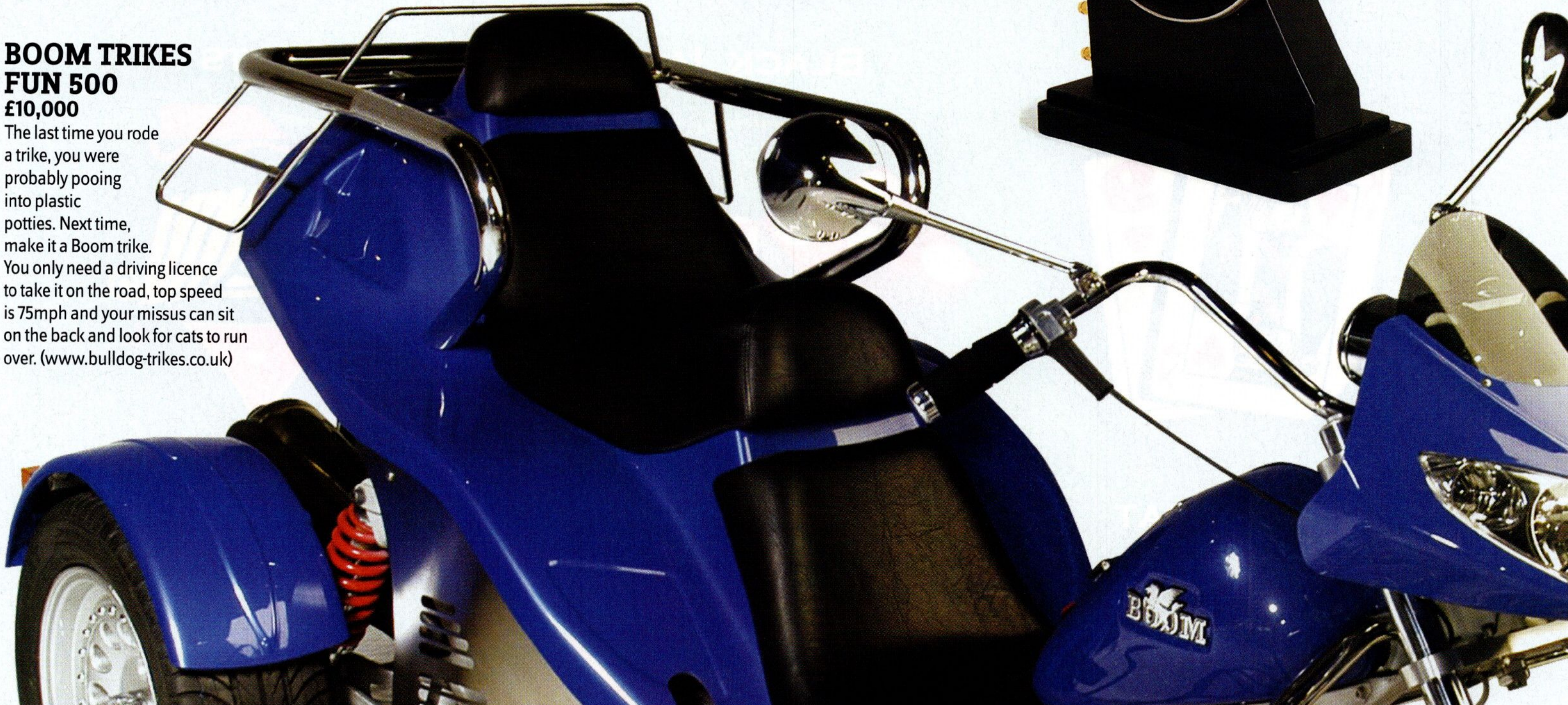
Brilliantly packaged – just pop your flops out of the heavily-branded circular housing and you're good to go. Great for beach, gym, or fannying about at home. Girl footwear successfully crosses over to man. Bet you thought you'd never see flip-flops in *FHM*. Frankly, neither did we. (www.adidas.com)



ANTHONY GALLO REFERENCE 3 SPEAKERS

£2,400 the pair

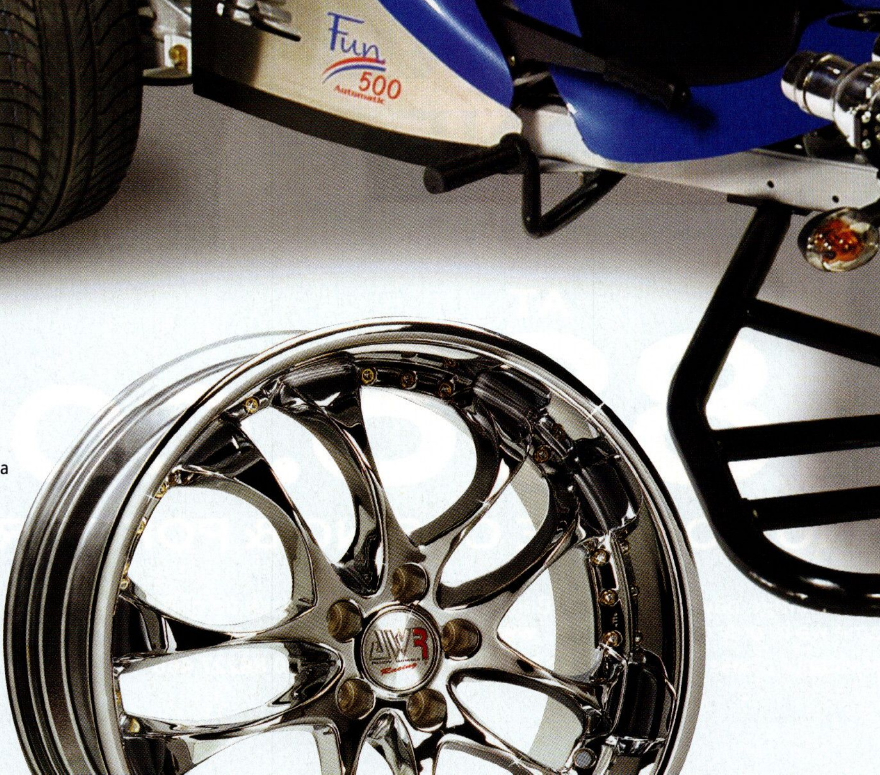
Solid, gorgeous, as heavy as a pony and – because they've found a means to do away with bulky woofer casing – incorporating a bass bin as striking as this. Quality-wise, these beasts are designed to highlight the sound difference of SACDs, but we just like looking at them. (www.anthonygallo.co.uk)



BOOM TRIKES FUN 500

£10,000

The last time you rode a trike, you were probably pooing into plastic potties. Next time, make it a Boom trike. You only need a driving licence to take it on the road, top speed is 75mph and your missus can sit on the back and look for cats to run over. (www.bulldog-trikes.co.uk)



AWR AQUILLA WHEELS

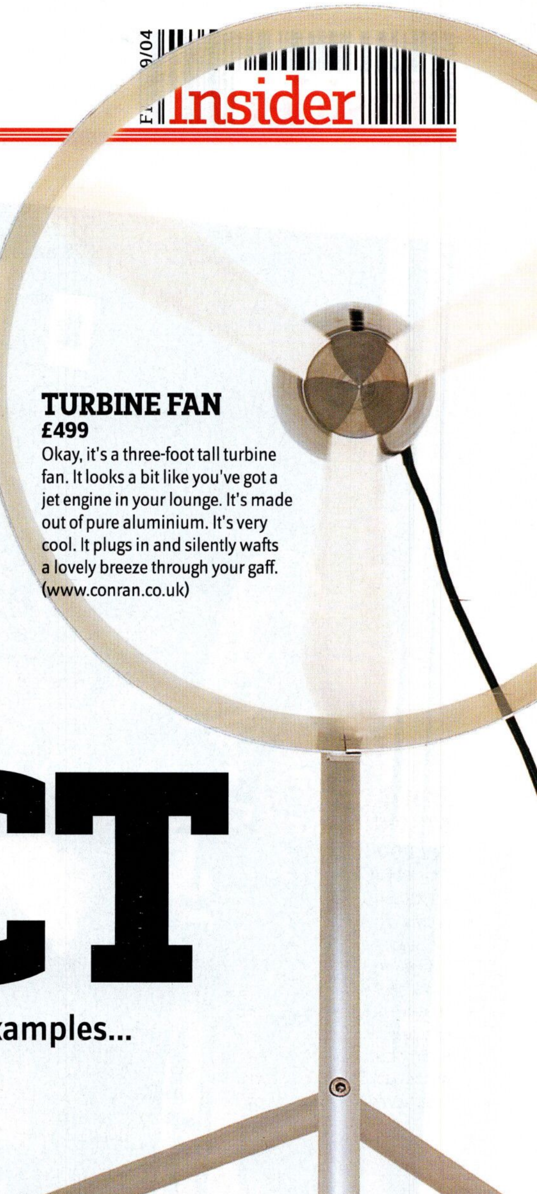
£143,000

At £143,000 a pop (£715,000 a set, including a spare), these rims take 100 hours to create. Each one has a GPS tracker – should you leave your motor unattended in South London – and 21 gold screws with diamond insets. Ridiculous, but in a good way. (www.wheelmadness.co.uk)

NISSAN 350Z ROADSTER

£28,000

The 350Z was the toast of car journos, and slicing off the roof adds exactly 35 per cent more desirability. We like the addition of an opening in the seat back, so the driver can feel the wind thundering down his backside as he drives. (www.nissan.co.uk)



TURBINE FAN

£499

Okay, it's a three-foot tall turbine fan. It looks a bit like you've got a jet engine in your lounge. It's made out of pure aluminium. It's very cool. It plugs in and silently wafts a lovely breeze through your gaff. (www.conran.co.uk)

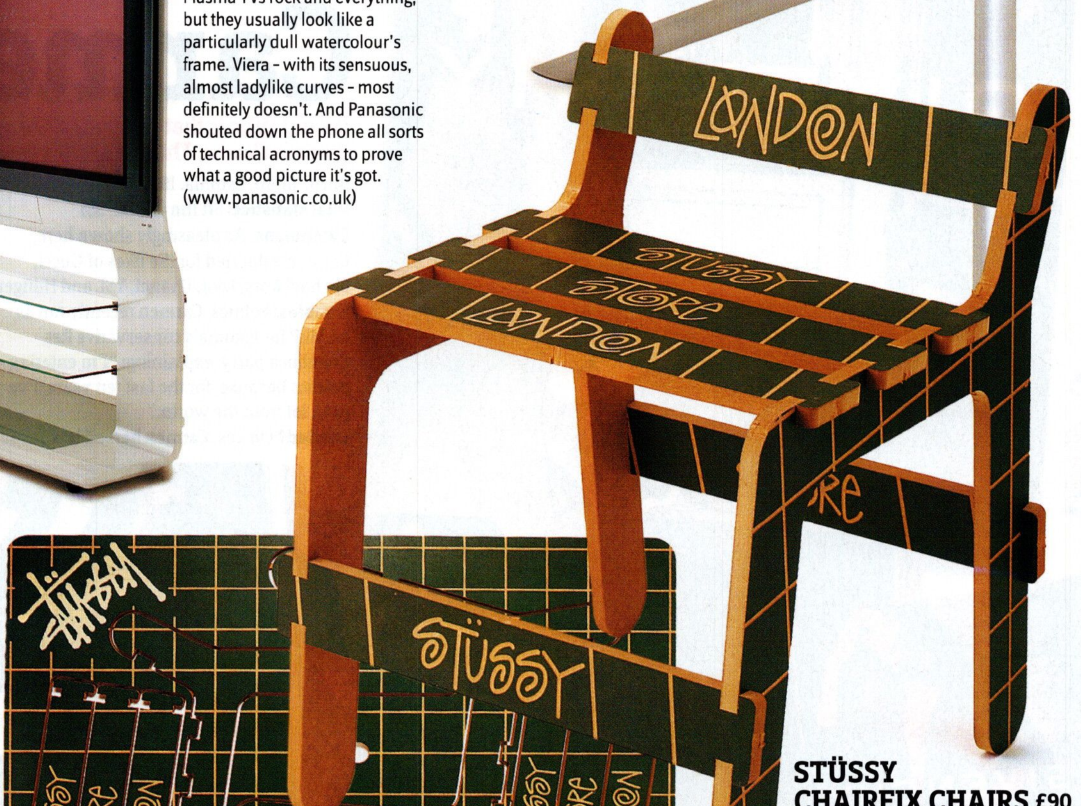
PRODUCT

We can't tell you how to spend your money, but we can give a few good examples...

PANASONIC VIERA PLASMA TV

£6,000

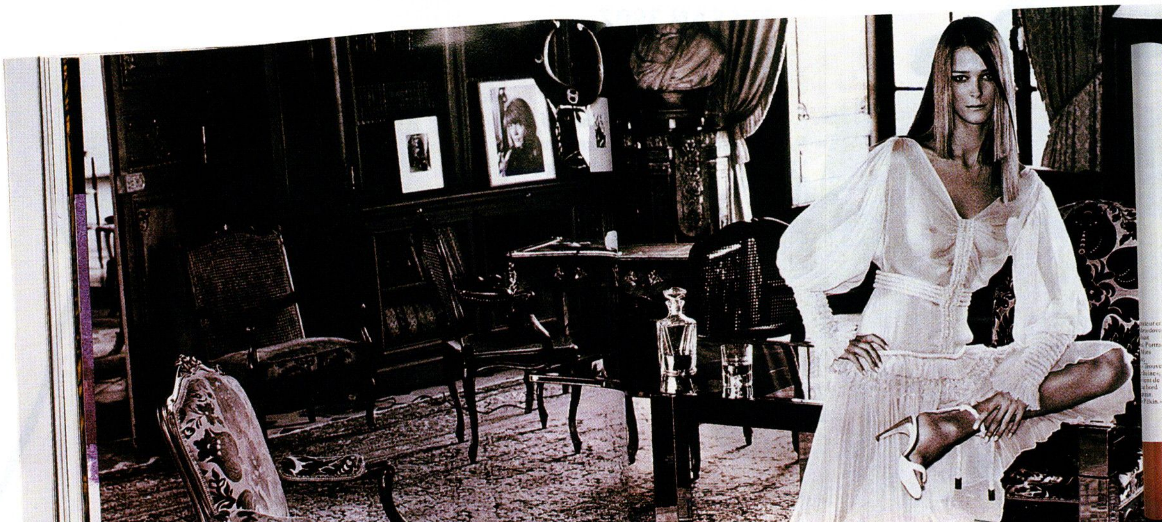
Plasma TVs rock and everything, but they usually look like a particularly dull watercolour's frame. Viera – with its sensuous, almost ladylike curves – most definitely doesn't. And Panasonic shouted down the phone all sorts of technical acronyms to prove what a good picture it's got. (www.panasonic.co.uk)

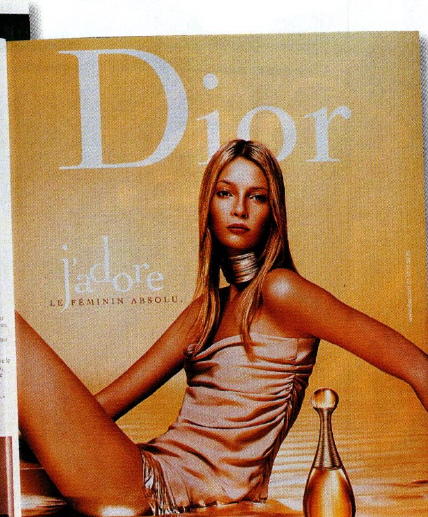


STÜSSY CHAIRFIX CHAIRS

£90

Collaborating with artist Ben Wilson and inspired by old Airfix kits, Stüssy are flogging these Chairfix (see what they've done there) chairs. You prise 'em out and snap 'em together. Although, strangely, we prefer them slim and sleek, still in the pack. (www.stussystore.co.uk)





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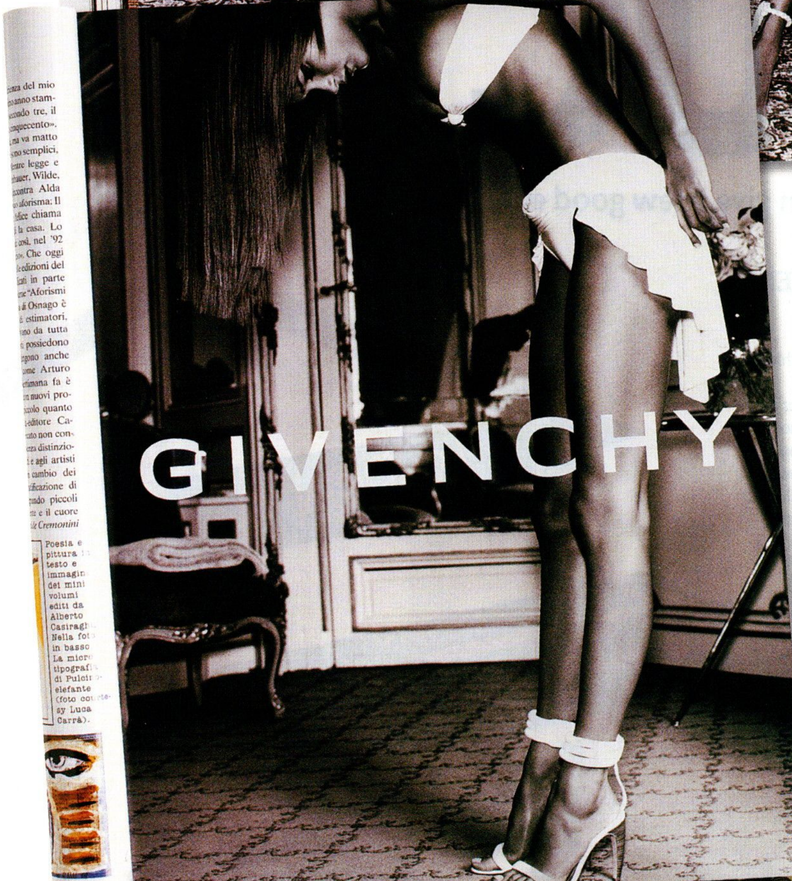


WHO'S THAT GIRL?

Carmen Kass

Damn! Who is that woman? *FHM* unearths the world's best models you don't yet know. This month, it's Gucci, Chanel and Dior lady, Carmen Kass

Born: Tallin, Estonia. 1978

Vital statistics: 5ft 11in (35, 23, 35)

Campaigns: As pleasingly shown here, Carmen's dazzled for the likes of Gucci, Michael Kors, Dior, Chanel, YSL and Hilfiger.

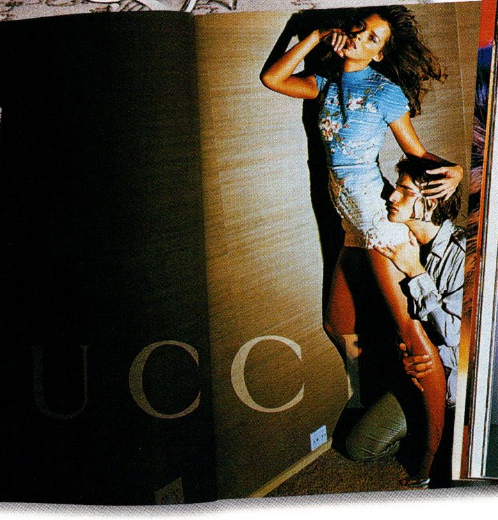
Hobbies: Politics. Carmen recently ran as an MEP for Estonia's conservative Res Republica party, explaining: "I'm entering politics because, for the last ten years, I've got a lot from the world."

Loaded? Oh yes. Carmen herself has boasted that she's Estonia's richest woman. But seeing as Russian troops only marched out ten years ago, that's not saying much.

It's not all modelling: During the Russian occupation, 12-year-old Carmen had to hide under a bridge to escape Russian tanks.

Awards: She took Gisele Bundchen's crown as VH1/ *Vogue* Model Of The Year 2000. Past Miss Paide and Miss Jrvamma (Estonian beauty pageants).

Bonus fact: She's very good at chess.



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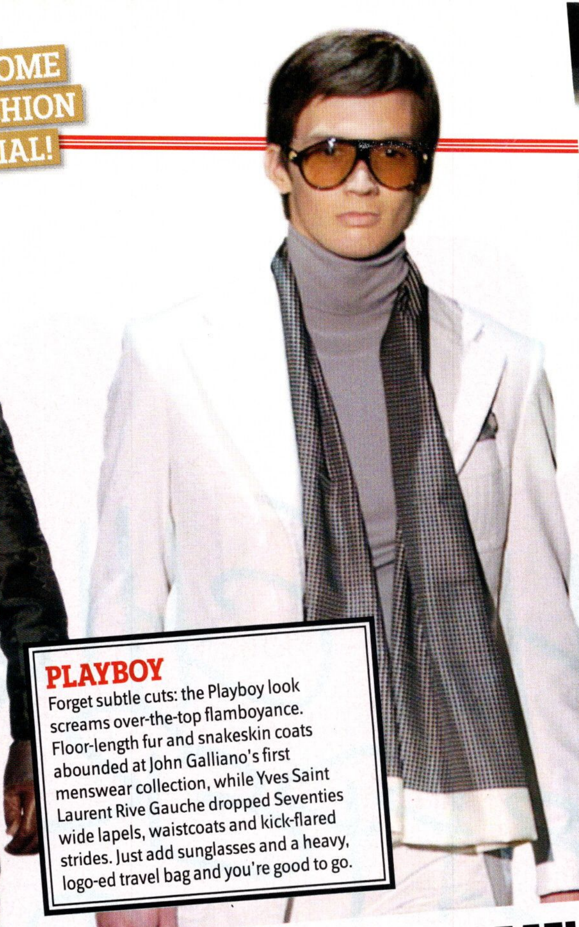
Autumn/ Winter '04

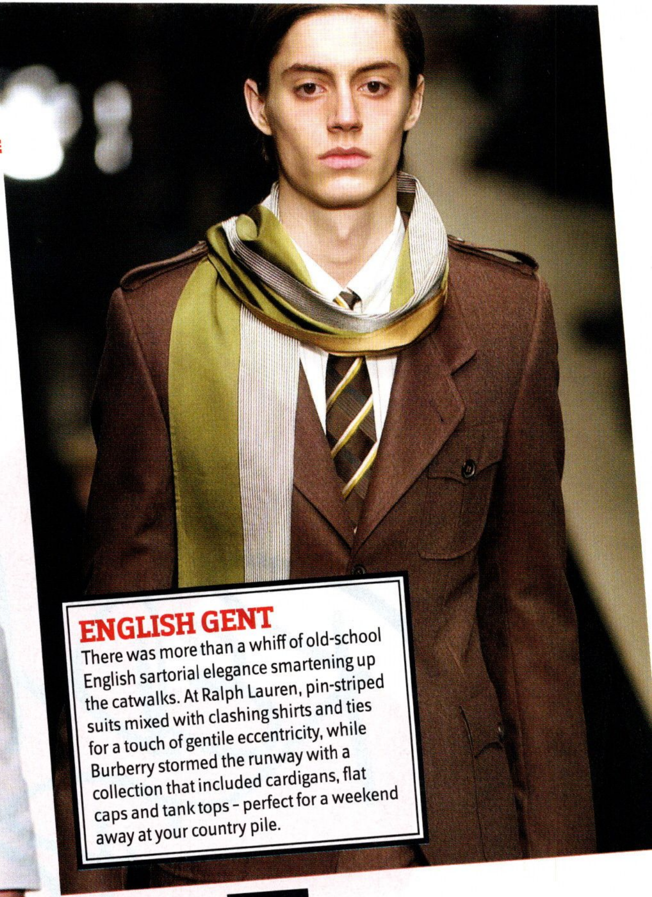
Trends

Forewarned is forearmed: to lead the style pack you need to plan ahead, so check out these key winter looks now



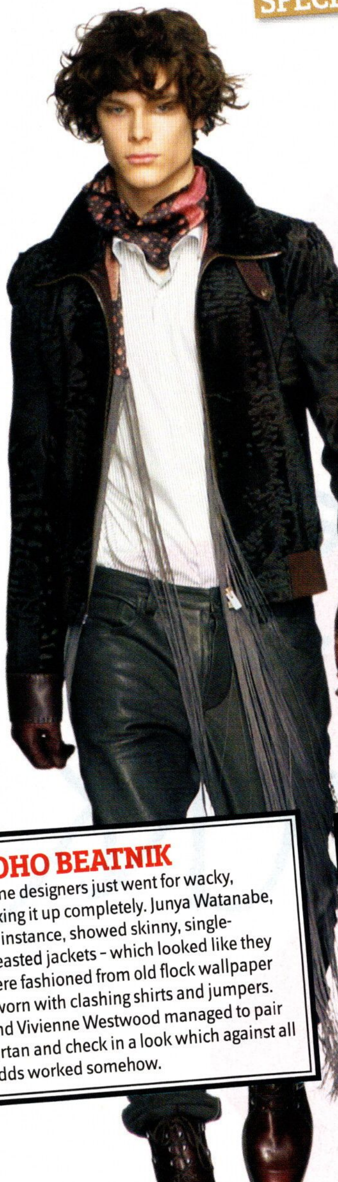
PLAYBOY

Forget subtle cuts: the Playboy look screams over-the-top flamboyance. Floor-length fur and snakeskin coats abounded at John Galliano's first menswear collection, while Yves Saint Laurent Rive Gauche dropped Seventies wide lapels, waistcoats and kick-flared strides. Just add sunglasses and a heavy, logo-ed travel bag and you're good to go.



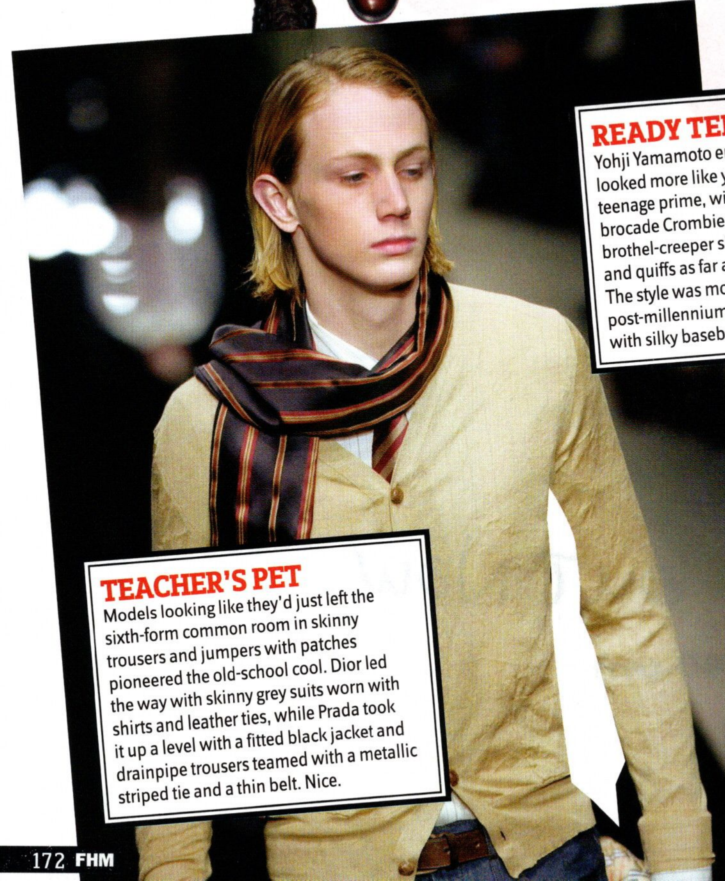
ENGLISH GENT

There was more than a whiff of old-school English sartorial elegance smartening up the catwalks. At Ralph Lauren, pin-striped suits mixed with clashing shirts and ties for a touch of gentile eccentricity, while Burberry stormed the runway with a collection that included cardigans, flat caps and tank tops – perfect for a weekend away at your country pile.



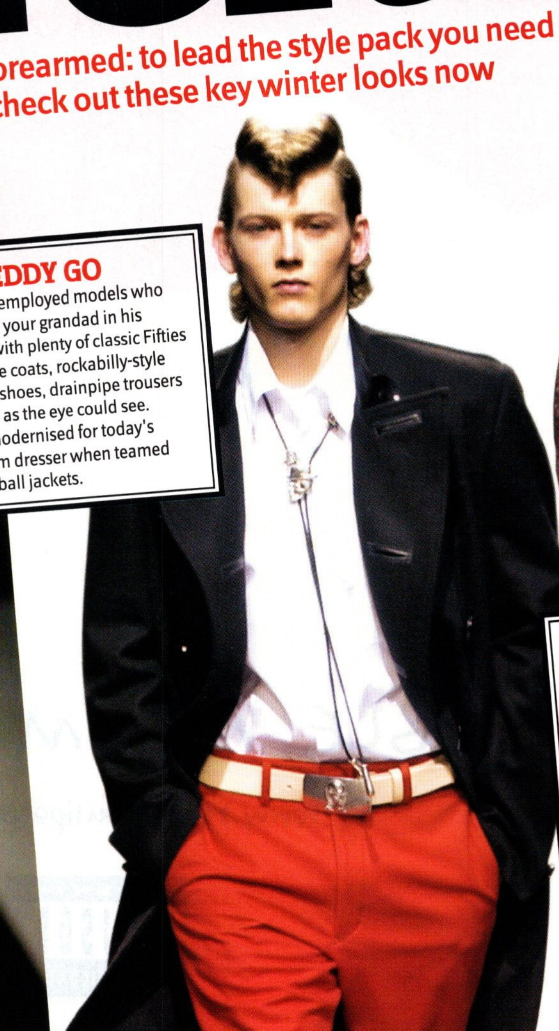
BOHO BEATNIK

Some designers just went for wacky, mixing it up completely. Junya Watanabe, for instance, showed skinny, single-breasted jackets – which looked like they were fashioned from old flock wallpaper – worn with clashing shirts and jumpers. And Vivienne Westwood managed to pair tartan and check in a look which against all odds worked somehow.



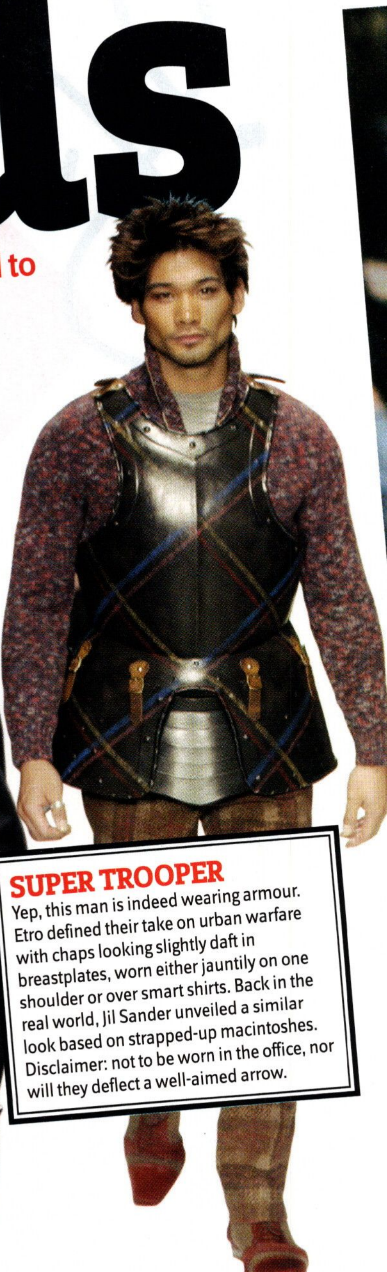
TEACHER'S PET

Models looking like they'd just left the sixth-form common room in skinny trousers and jumpers with patches pioneered the old-school cool. Dior led the way with skinny grey suits worn with shirts and leather ties, while Prada took it up a level with a fitted black jacket and drainpipe trousers teamed with a metallic striped tie and a thin belt. Nice.



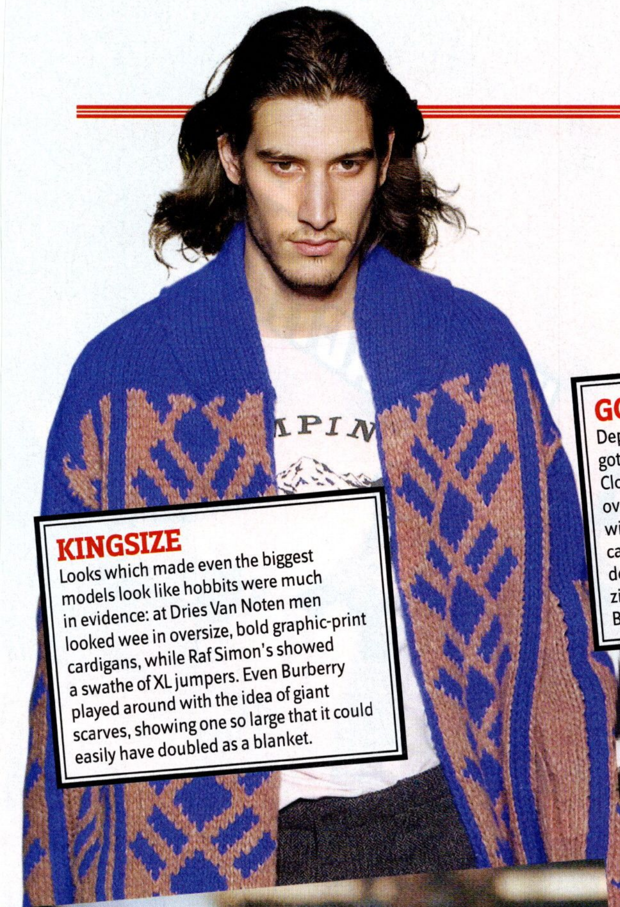
READY TEDDY GO

Yohji Yamamoto employed models who looked more like your grandad in his teenage prime, with plenty of classic Fifties brocade Crombie coats, rockabilly-style brothel-creeper shoes, drainpipe trousers and quiffs as far as the eye could see. The style was modernised for today's post-millennium dresser when teamed with silky baseball jackets.



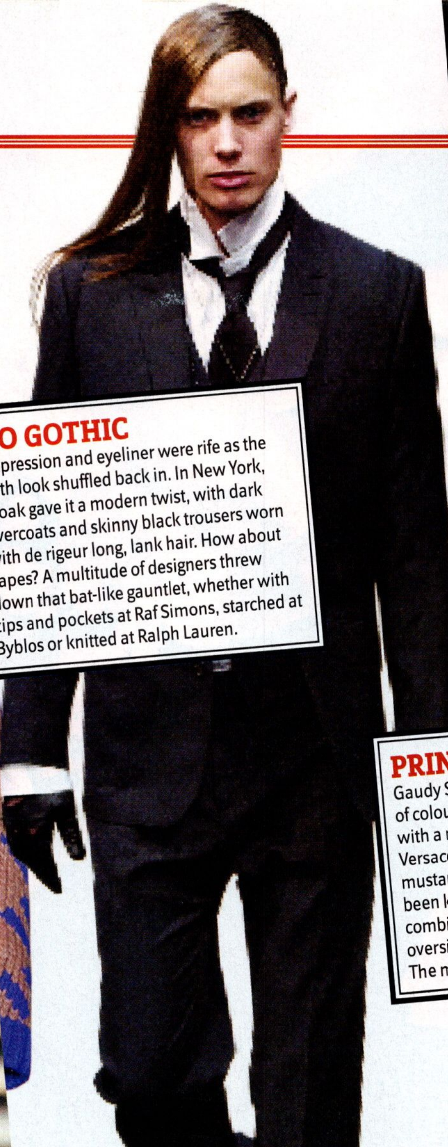
SUPER TROOPER

Yep, this man is indeed wearing armour. Etro defined their take on urban warfare with chaps looking slightly daft in breastplates, worn either jauntily on one shoulder or over smart shirts. Back in the real world, Jil Sander unveiled a similar look based on strapped-up macintoshes. Disclaimer: not to be worn in the office, nor will they deflect a well-aimed arrow.



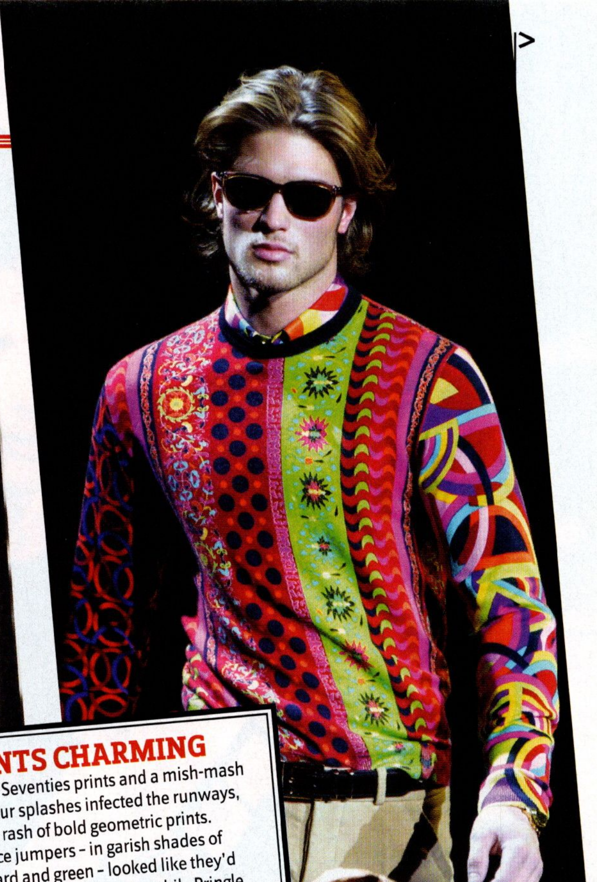
KINGSIZE

Looks which made even the biggest models look like hobbits were much in evidence: at Dries Van Noten men looked wee in oversize, bold graphic-print cardigans, while Raf Simon's showed a swathe of XL jumpers. Even Burberry played around with the idea of giant scarves, showing one so large that it could easily have doubled as a blanket.



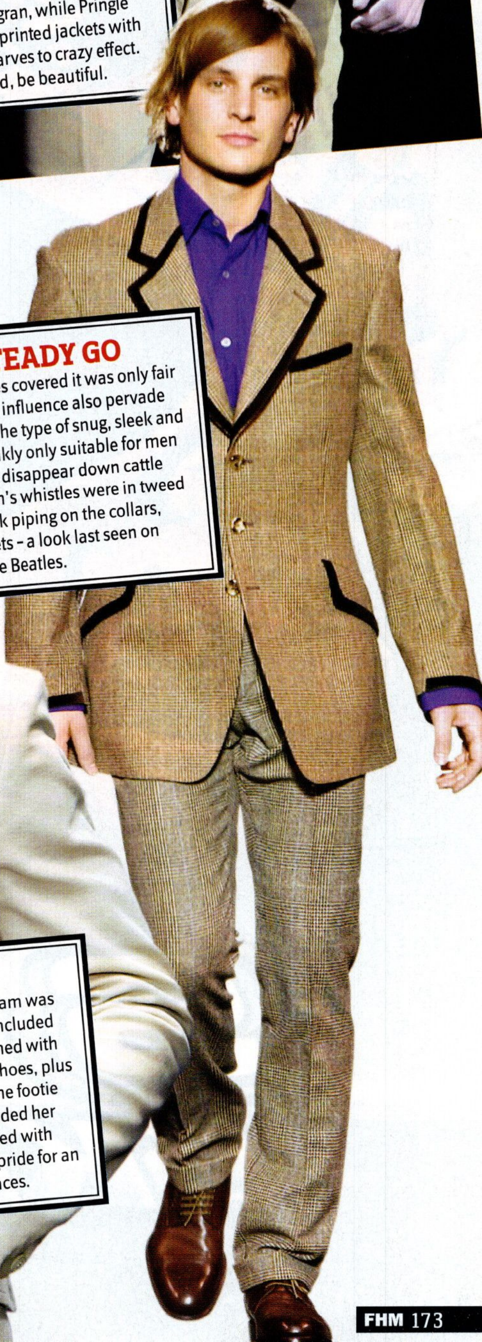
GO GOTHIC

Depression and eyeliner were rife as the goth look shuffled back in. In New York, Cloak gave it a modern twist, with dark overcoats and skinny black trousers worn with de rigeur long, lank hair. How about capes? A multitude of designers threw down that bat-like gauntlet, whether with zips and pockets at Raf Simons, starched at Byblos or knitted at Ralph Lauren.



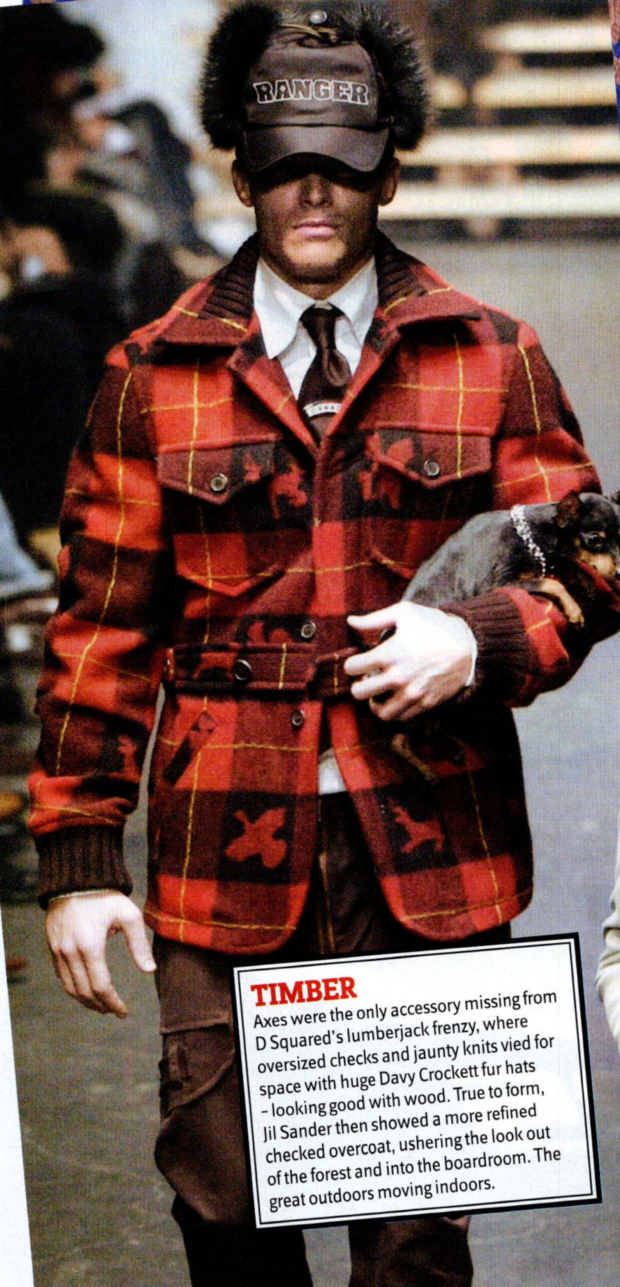
PRINTS CHARMING

Gaudy Seventies prints and a mish-mash of colour splashes infected the runways, with a rash of bold geometric prints. Versace jumpers – in garish shades of mustard and green – looked like they'd been knitted by your gran, while Pringle combined geometric printed jackets with oversize diamond scarves to crazy effect. The message? Be bold, be beautiful.



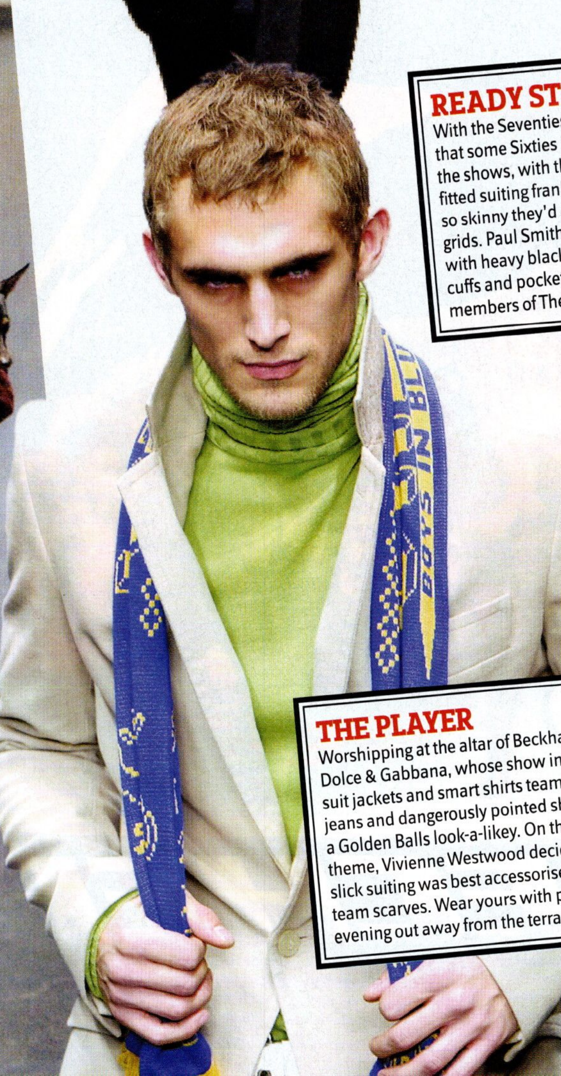
READY STEADY GO

With the Seventies covered it was only fair that some Sixties influence also pervade the shows, with the type of snug, sleek and fitted suiting frankly only suitable for men so skinny they'd disappear down cattle grids. Paul Smith's whistles were in tweed with heavy black piping on the collars, cuffs and pockets – a look last seen on members of The Beatles.



TIMBER

Axes were the only accessory missing from D Squared's lumberjack frenzy, where oversized checks and jaunty knits vied for space with huge Davy Crockett fur hats – looking good with wood. True to form, Jil Sander then showed a more refined checked overcoat, ushering the look out of the forest and into the boardroom. The great outdoors moving indoors.

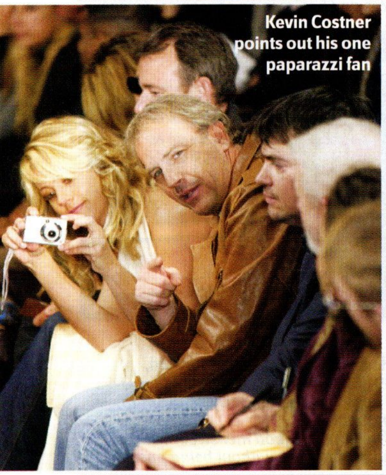


THE PLAYER

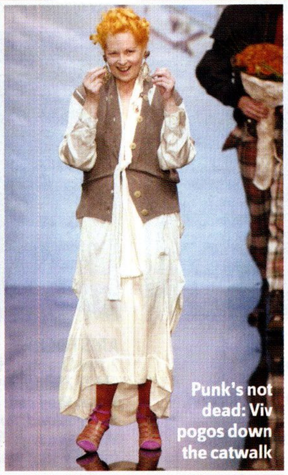
Worshipping at the altar of Beckham was Dolce & Gabbana, whose show included suit jackets and smart shirts teamed with jeans and dangerously pointed shoes, plus a Golden Balls look-a-likey. On the footie theme, Vivienne Westwood decided her slick suiting was best accessorised with team scarves. Wear yours with pride for an evening out away from the terraces.

WE PUT THE S IN ACTION!
SKECHERS

Two-tone: Madness model for Yohji Yamamoto



Kevin Costner points out his one paparazzi fan



Punk's not dead: Viv pogos down the catwalk

The lap of luxury: Tom Ford's final show at Gucci

For fox sake: John Galliano bares all

AUTUMN/ WINTER SHOWS

ESSENTIAL FASHION SPECIAL!

It's not all dressing up in cool clobber – sometimes our fashion team work, too. Here's their pick of this year's best shows...

STUFF WAFER-THIN blokes with cheekbones you could slice paper on; **Yohji Yamamoto** cast the shows best catwalkers by miles – a motley crew of Eighties musicians, including every member of **Madness**, the original angry man **Billy Bragg** and **Terry Hall** from **The Specials**. Everybody: "This town is coming like a ghost town..."

When the celebs weren't storming the catwalks, there was the usual smattering of big names across those ultra-desirable front-row seats. **Dior** showed off ex-Skunk Anansie singer Skin and Pet Shop Boy Neil Tennant. But there wasn't a lot of love in the room for **Kevin Costner** at **Ralph Lauren**. Rather than the dazzle of flashbulbs he was expecting, the paparazzi turned on the *Dances With Wolves* star and roundly heckled him. At least he wasn't savaged, which almost happened to those whose bums occupied the choice seats at **Yves Saint Laurent.** A menagerie of big-haired poodles used as accessories went postal, trying to chomp holes out of the ranks of cooing fashion editors. It's a dangerous job sometimes.

SHOWSTOPPER 1

Vivienne Westwood decided to dance like a loon down the catwalk to the delicate strains of punk. The audience went bonkers – hardly surprising, considering Viv is 63 years old!

SHOWSTOPPER 2

John Galliano decided to mark the unveiling of his first-ever menswear collection by taking to the stage in full Madame Pompadour make-up, topless and wrapped in a fox stole. Really.

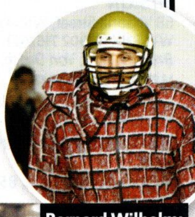
BYE BYE TOM

There wasn't a dry eye in the house at **Tom Ford**'s final collections for **Gucci** and **Yves Saint Laurent**, before he heads for Hollywood. His final presentation begged the question "How much do you want these clothes?", although at times it was difficult to focus on the clobber – the Gucci runway was full of pole dancers. The man took a well-earned bow and fashion is now officially slightly less glamorous.

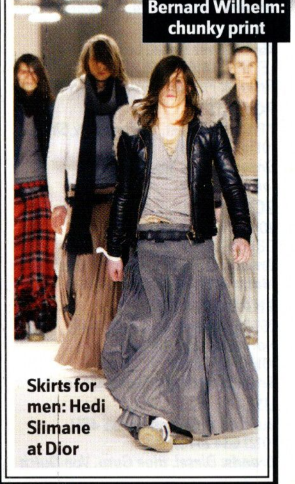
ARE THEY SERIOUS?

Just say no to these fashion disasters

To a soundtrack of Eighties *Top Gun* soft-rock anthems, **Bernard Wilhelm** showed brightly printed tees and jackets worn over US football protective gear. Chunky, but not funky. Avoid. **John Galliano** may be the fashion editor's darling – and his first-ever menswear show didn't disappoint – but even the most flamboyant male dresser would stop short at full-on Madame Pompadour make-up. Go on, we dare you... We love **Hedi Slimane**'s stylish take on schoolboy dressing at Dior, but what about the long, gathered skirts he featured? We don't think so. **Gaultier** has tried for years to dress blokes in skirts. He's failed; trust us, so will Hedi...



Bernard Wilhelm: chunky print

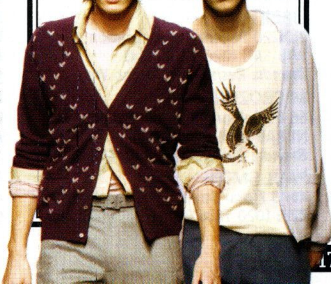


Skirts for men: Hedi Slimane at Dior

FHM APPROVES...

A big thumbs up for these – honest!

Everyone (and we mean *everyone*) featured a cardigan in their show. Skinny at **Burberry**, printed at **Westwood** and relaxed at **Pringle**, they came in every shape and colour. Go for a neutral shade and wear it with a shirt and jeans – your grandad would be proud.



FHM Shops for men...

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We enlisted a posse of secret shoppers - armed with *FHM*'s mighty credit card -

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AUGUSTUS
127 Regent Street, Leamington Spa,
CV32 4NX (01926 832485)
Brands: *Burberry, Stone Island, Diesel*

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68 Victoria Street, Wolverhampton,
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LE1 5ET (01162 625535)
Brands: *Prada, G-Star, One True Saxon*

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Brands: *Boss, Stone Island, John Smedley*

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THACKERAYS
251-255 Wellingborough Road,
Northampton, NN1 4EJ
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USC
Bullring, Birmingham, B5 4BU
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Brands: *Diesel, Blue Guru, Von Dutch*

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50 Carnaby Street, London, W1F 9QA
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DIESEL
72 King's Road, London, SW3 4UG
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DUFFER
34 Shorts Gardens, London, WC2H
9AP (020 7836 3722)
Brands: *Duffer, Vicri, Oeuf*

GAP
376 Oxford Street, London, W1C 2DZ
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318 Oxford Street, London,
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Brands: *Paul Smith, Diesel, DKNY*

HUGO BOSS
184 Regent Street, London, W1B 5TL
(020 7734 7919)

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174-176 Regent Street, London,
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Brands: *Red Dot, Dunhill, G-Star*

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9DG (020 7836 7828)

RICHARD JAMES
29 Savile Row, London, W1S 2PY
(020 7434 0605)

SELFRIDGES
400 Oxford Street, London, W1A 2LR
(0870 8377 377)
Brands: *Duffer, Nigel Hall, Hugo Boss, G-Star, Paul Smith, Polo Ralph Lauren*

SIZE?
33-34 Carnaby Street, London,
W1F 7DW (020 7287 4016)
Brands: *G-Star, Seal Kay, Can't Skate*

START
59 Rivington Street, London, EC2A
3QA (020 7739 3636)
Brands: *Red Ear, Maharishi, Lee Jeans*

TED BAKER
9 Floral Street, London, WC2E 9HW
(020 7836 7808)

TOPMAN
214 Oxford Street, London, W1W 8LG
(020 7636 7700)

URBAN OUTFITTERS
Seven Dials Warehouse, 42-56
Earlham Street, London, WC2H 9LJ
(020 7759 6390)
Brands: *Junk de Luxe, Lee Jeans, Dockers, Penguin*

ZARA
333 Oxford Street, London, W1C 2HY
(020 7629 4958)

NORTH/NORTH EAST

BOARDWALK
42-44 Eldon Street, Barnsley, S70 2QN
(01226 203891)
Brands: *Etienne Ozeki, Red Ear, Paul Smith Jeans, Red Dot, Belstaff*

BOX
24 Newport Road, Middlesborough,
TS1 5AE (01642 888711)
Brands: *Lambretta, Triad, Henri Lloyd*

BROTHER TO BROTHER
Unit 11, The Plaza West One,
8 Fitzwilliam Street, Sheffield, S1 4JB
(01142 799947)
Brands: *Marc Jacobs, G-Star, Ozwald Boateng*

ELEVEN
56 John Street, Sunderland,
SR1 1QH (0191 564 1155)
Brands: *Hackett, Paul Smith, Fake London, Dries Van Noten, Daddy*

ETON
38 Division Street, Sheffield, S20 7PQ
(01142 700829)
Brands: *Henri Lloyd, Boxfresh, Diesel*

GATE
24 John Street, Sunderland, SR1 1JG
(0191 564 1825)
Brands: *Jacki Jones, Energie, Ice Jeans*

HARVEY NICHOLS
107-111 Briggate, Leeds, LS1 6AZ
(01132 048888)
Brands: *Earl Jeans, Juicy Couture, Prada*

JULES B/FISH
50-54 Acorn Road, Newcastle-Upon-
Tyne, NE2 2DJ (0191 281 7855)
Brands: *Pal Zilerl, Hugo Boss, Canal*

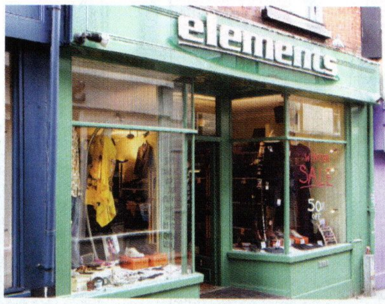
PSYCHE
175-187 Linthorpe Road, Middlesbrough,
TS1 4AG (01642 888333)
Brands: *Paper Denim Cloth, Pepe, Etro*

SMITHS/BROKEN STONES
21-29 Laneham Street, Scunthorpe,
DN15 6LJ (01724 873737)
Brands: *Blue Guru, Old Glory, Firetrap*

STRAND
153 Briggate, Leeds, LS1 6LY
(01132 438164)
Brands: *SBU, Lee, Richmond, Paul Smith, Evisu*

TOPMAN
44 Briggate, Leeds, LS1 6HD
(01132 434232)

EAST ANGLIA



ELEMENTS
12 Lower Goat Lane, Norwich, Norfolk, NR2 1EL
(01603 618661)
What they sell: *Oliver Spencer, Etienne Ozeki, D&G, Burro, Energie, Blood & Glitter*
What we say: *Plenty of good individual pieces, a friendly atmosphere and the music's terrific.*

Philip Browne

PHILIP BROWNE
1A Guildhall Hill, Norwich, NR2 1JH (01603 664886)
What they sell: *Prada, Replay, Fake, Diesel, Givenchy, Vivienne Westwood*
What we say: *Upstairs is a cool, fresh suiting section, with the right air of sophistication; downstairs is a great mix of killer pieces and basics in an easy environment.*

freespirit

FREESPIRIT
18 Sidney Street, Cambridge, CB2 3HG
(01223 307411)
What they sell: *Animal, Quiksilver, O'Neill, Ripcurl, Columbia, Mambo*
What we say: *Bright and fresh store, with a large range on offer.*

Aristocrat
Aristocrat

ARISTOCRAT
2 The Chantry, Hadham Road, Bishops Stortford,
CM23 2SE (01279 652019)
What they sell: *Boss, Armani, Burberry, Paul Smith, Stone Island, Paraboot*
What we say: *Two floors of good menswear with friendly staff who are attentive without being pushy.*

JAVELIN
www.javelinonline.co.uk

JAVELIN
37 Abbeygate St, Bury St Edmunds, IP33 1LW
(01284 754559)
What they sell: *Full Circle, Duffer, Blue Guru, Etienne Ozeki, Peter Werth*
What we say: *Intelligent use of space. Airy, bright, open and warm.*

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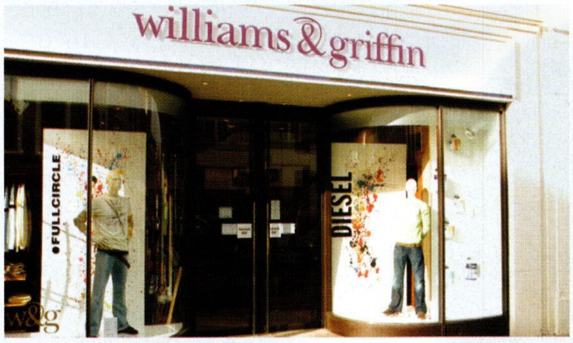
to test out each and every store shortlisted in 100 Doors. So they come with a genuine *FHM* seal of approval...

CLUES
2 Westgate Arcade, Peterborough, PE1 1PY (01733 703546)
What they sell: *Firetrap, Ringspun, Bench, Gas, Boxfresh, Quiksilver*
What we say: *Attractive store, if a little cramped.*



WILLIAMS & GRIFFIN
152 High Street, Colchester, CO1 1PN (01206 571212)
What they sell: *Boxfresh, Canali, Pringle, Full Circle, Fred Perry, Henri Lloyd*
What we say: *Good father-and-son store, with suits and more formal gear upstairs and the casual stuff on the ground.*

GIULIO
20-32 King Street, Cambridge, CB1 1LN (01223 316 100)
What they sell: *Gucci, Paul Smith, Prada, Hugo Boss, Dolce & Gabbana, Stone Island*
What we say: *Probably the most complete collection of designerwear in East Anglia.*

Michelle Hepburn/James Perrin

UNION
69 Grey Street, Newcastle, NE1 6EF (0191 233 1114) or 23 High Bridge, Newcastle, NE1 1EW (0191 261 0180)
Brands: *Chef De Ville, Duffer, Carhartt*

NORTH WEST

BANK
25-27 Chestergate, Macclesfield, SK11 6BX (01625 619618)
Brands: *Hooch, Bench, Firetrap, Henri Lloyd, Full Circle, Ted Baker*

BLUEBERRIES
101 Topping Street, Blackpool, FY1 3AA (01253 622358)
Brands: *Juicy Couture, One True Saxon, Diesel, Paul Smith, Napapijri*

FLANNELS
4 St Ann's Place, Manchester, M2 7LP (0161 832 5536)
Brands: *Gucci, Prada, Burberry, Evisu, Punk Royal, Oki-Ni concept area*

HURLEY MENSWEAR
83 Piccadilly, Manchester, M1 2BZ (0161 228 1490)
Brands: *Paul & Shark, Henri Lloyd, D&G, FCUK, Duck And Cover, Lacoste*

KENDALLS
Deansgate, Manchester, M60 3AU (0161 832 3414)
Brands: *DKNY, Timberland, Gas, Ringspun, Versace Jeans Couture*

NORTON BARRIE
Springfield House, Water Lane, Wilmslow, SK9 5AA (01625 528233)
Brands: *Boss, Canali, Burberry, Pal Zileri, Armani Jeans, Etienne Ozeki*

OI POLLOI
70 Tib Street, Manchester, M4 1LG (0161 831 7781)
Brands: *Lee, Fjällräven, Woolrich, Oliver Spencer, Belstaff, Oi Polloi*

OPEN
54 Church Street, Liverpool, L1 (0151 708 3320)
Brands: *Lacoste, Napapijri, Rockport, Henri Lloyd, Adidas, Ted Baker*

QUEST RELAY
Unit 50, Clayton Square Shopping Mall, Liverpool, L1 1QR (0151 707 1159)
Brands: *Henri Lloyd, Paul & Shark, Lacoste, Sonneti, Caliban, Boxfresh*

TESSUTI
14-20 Watergate Street, Chester, CH1 2LA (01244 312585)
Brands: *Stone Island, CP Company, Prada, Polo, Aquascutum, Evisu*

USC
20-24 Regent Crescent, Trafford Centre, Greater Manchester, M17 8AE (0161 755 0402)
Brands: *Diesel, FCUK, Full Circle, Henri Lloyd, Jack & Jones, Von Dutch*

NORTHERN IRELAND

CARTER
9-11 Upper Queen Street, Belfast, BT1 6LS (02890 243412)
Brands: *Mulberry, Boss, John Varvatos*

CLOCKWORK ORANGE
25 Wellington Place, Belfast, BT1 6GQ (02890 249830)
Brands: *Tommy Hilfiger, Energie, Ted Baker, Religion*

PULSE
4 Arthur Street, Belfast, BT1 4GD (02890 333595)
Brands: *G-Star, Diesel, Gas*

SCOTLAND

AB1O
Unit 4-5 The Academy, Belmont Street, Aberdeen AB10 1LB (01224 627312)
Brands: *D&G, G-Star, Replay*

ATTITUDE
256 Union Street, Aberdeen, AB10 1TP (01224 646982)
Brands: *Replay, Urban Stone, Peter Werth, Boxfresh*

CRUISE
180 Ingram Street, Glasgow, G1 1DN (0141 572 3232)

CRUISE DENIM
223 Ingram Street, Glasgow, G1 1DA (0141 229 0000)
Brands: *Prada, Burberry, SBU*

DR JIVES
111-113 Candleriggs, Glasgow, G1 1ND (0141 552 5451)
Brands: *Silas, Alife, Stüssy, APC*

HUGO
31 Princes Square, 48 Buchanan Street, Glasgow, G1 3JX (0141 248 4111)

KAFKA
15 Rosemount Viaduct, Aberdeen, AB25 1NE (01224 648888)
Brands: *Armani, Stone Island, Belstaff, Paul Smith Jeans, Burberry*

OPEN
Buchanan Galleries, Buchanan Street, Glasgow, G1 2FF (0141 331 2373)
Brands: *Marvel, Peaceful Hooligan, Lee, Blood & Glitter, Henri Lloyd*

XILE
Unit 26, Princes Mall, 3 Waverly Bridge, Edinburgh, EH1 1BQ (0131 556 6508)
Brands: *Cycle, G-Star, Lee, Diesel, Schott, One True Saxon, Versace*

SOUTH/SOUTH EAST

BENTALLS
Bentalls Shopping Centre, Wood Street, Kingston-upon-Thames, KT1 1TX (020 8546 2002)
Brands: *Ted Baker, Paul Smith, Hugo Boss*

BONE
36 High Street, Lewes, BN7 2LU (01273 488800)
Brands: *John Smedley, Duck And Cover, Joseph, Ben Sherman*

CECIL GEE
Unit 137, Upper Guild Hall, Bluewater Park, Greenhithe, DA9 9SS (01322 624341)
Brands: *Religion, Trip, Duffer, Hugo Boss*

CHOICE
Unit 38, Thames Walk, Bluewater Shopping Centre, Greenhithe, DA9 9SS (01322 427659)
Brands: *Duffer, Prada, Paul Smith, Griffin, Stone Island, Dolce & Gabbana*

D COPPERFIELD
12-14 High Street, St Albans, AL3 4EL (01727 865884)
Brands: *Boss, Red Ear, Armani*

FIVE O
16 East Bargate, Southampton, SO14 2DJ (02380 232559)
Brands: *Diesel, Duffer, Stüssy, Levi's Vintage, Fresh Five, One True Saxon*

HOUSE OF FRASER
The Oracle Centre, Reading, RG1 2AS (01189 557600)
Brands: *Diesel, Ted Baker, Duffer, Polo*

MICHAEL CHELL
6-14 St Leonard's Road, Windsor, SL4 3BW (01753 862589)
Brands: *Paul Smith, Ralph Lauren, Vivienne Westwood, Hugo Boss, Gieves*

PER LUI
145 High Street, Watford, WD17 2ER (01923 800848)
Brands: *Ted Baker, Paul Smith*

RICHMOND CLASSICS
9-11 Richmond Hill, Bournemouth, BH2 6HE (01202 290992)
Brands: *D&G, Paul Smith, Maharishi*

TOPMAN
Unit L91, Lower Thames Walk, Bluewater, Greenhithe, Kent, DA9 9SL (01322 427767)

USC
90-93 Broad Street, Reading, RG1 2AP (01189 394700)
Brands: *Henri Lloyd, Von Dutch, Firetrap*

WOODHOUSE
Unit 62a, Lower Thames Walk, Bluewater, Kent, DA9 (01322 423 470)
Brands: *Etro, Paper Denim Cloth, Kenzo, Seal Kay, Canali, Armani*

WOODIES
20-21 Duke Street, Brighton, BN1 1AH (01273 776777)
Brands: *Kenzo, Reporter, Full Circle, Urban Stone*

SOUTH WEST

CECIL GEE
Unit 155 Upper Level, The Mall, Cribs Causeway, Bristol, BS10 7TT (01179 509932)
Brands: *Hugo Boss, D&G, Burberry*

CODY
8-9 Whimple Street, Plymouth, Devon, PL1 2DH (01752 266146)
Brands: *Armani, Boss, Hatchett, Stone Island, Duffer, Paul Smith Jeans*

CONWAY JEANSWEAR
147 Armada Way, Plymouth, Devon, PL1 1HX (01752 266983)
Brands: *Levi's, Firetrap, Diesel, Fred Perry, G-Star, FCUK*

COOSHTI
57 Park Street, Bristol, BS1 5NW (01179 290850)
Brands: *Diesel, Replay, Duffer, G-Star*

JOHN ANTHONY
108 Broadmead, Bristol, BS1 3DN (01179 220799)
Brands: *Duffer, Etro, Paul Smith, Stone Island, Versace, Patrick Cox*

MAX OUT
4-5 Central Square, Newquay, Cornwall, TR7 1EX (01637 872019)
Brands: *Hugo Boss, Boxfresh, Energie*

QUIKSILVER BOARDRIDERS
29A River Street, Truro, Cornwall, TR1 2SJ (01872 223224)

ZUMA JAY
Bell Vue, Bude, Cornwall, EX23 (01288 354956)
Brands: *Reef, Mambo, No Fear, Animal, Quiksilver*

WALES

CHESSMAN
10-14 Castle Arcade, Cardiff, CF10 1BU (02920 256148)
Brands: *G-Star, Duffer, Von Dutch, Lois Jeans, Full Circle, Box Fresh*

DROOGHI
16 High Street Arcade, Cardiff, CF10 1BB (02920 230332)
Brands: *Duffer, Levi's Vintage, Adidas Originals, Maharishi*

HOWELLS
14-18 St Mary Street, Cardiff, CF10 1TT (02920 231055)
Brands: *Paul Smith London, Crombie, Versace Classic, Ralph Lauren, Boss*

MOUSTACHE
2-4 Belle Vue Way, Swansea, SA1 5BY (01792 652727)
Brands: *D&G, Ozwald Boateng, Belstaff*

PAVILLION
3 Wharton Street, Cardiff (02920 235333)
Brands: *Lacoste, Burberry, Hands, Peaceful Hooligan, D&G*

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FHM.com and Holsten Pils are keeping the nation giggling this month with our ongoing StandUp Tour. If you're out and about in Bristol, London, Oxford, Cambridge, Liverpool, Leeds Manchester or Newcastle and fancy a chortle – or think you could tread the boards yourself – head to www.fhm.com/holstenpils.

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STUDIO PHOTOGRAPHY: **TANYA CHALKIN**
FASHION: **JESSICA PUNTER**

50 BEST BUYS

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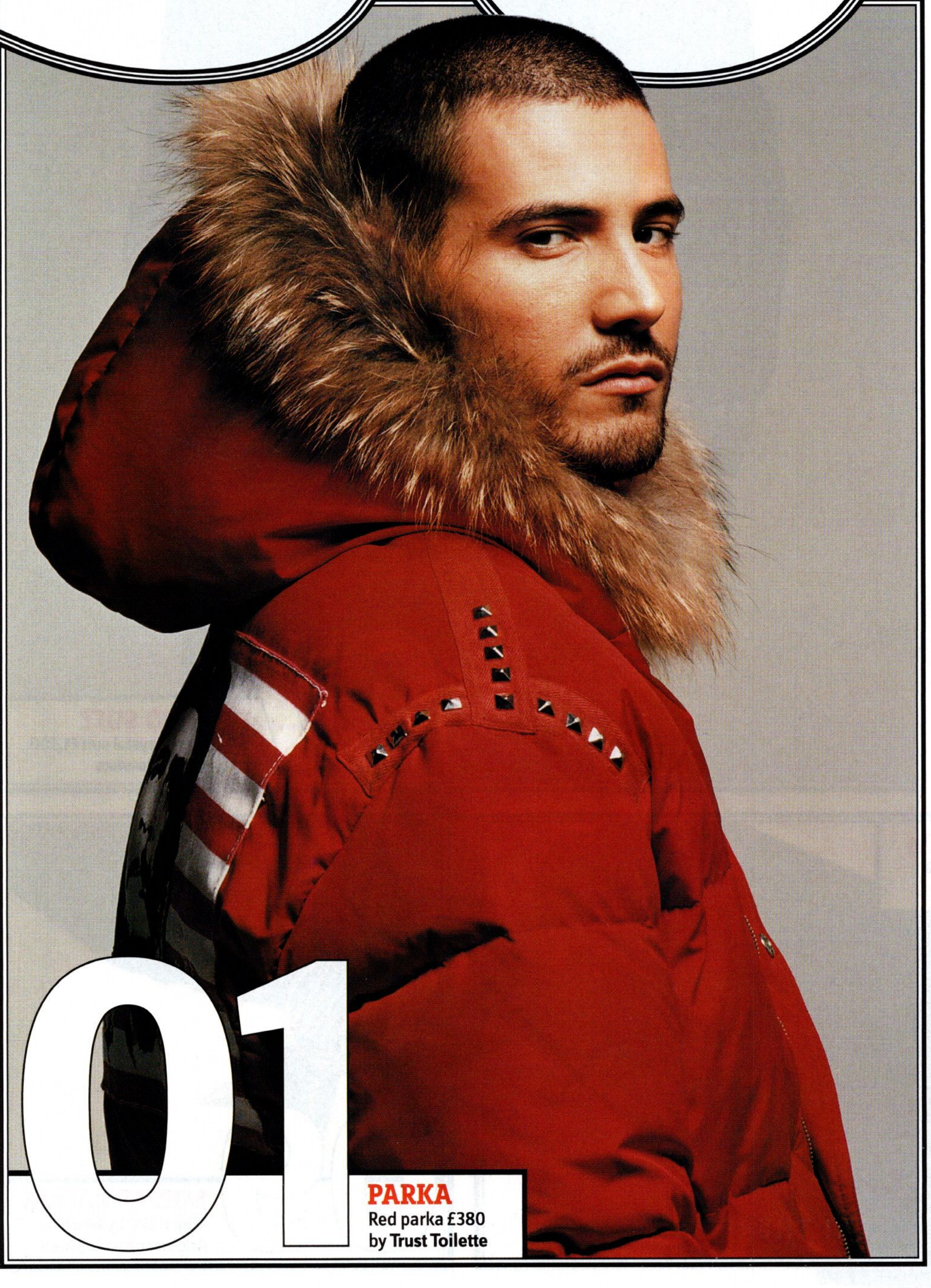
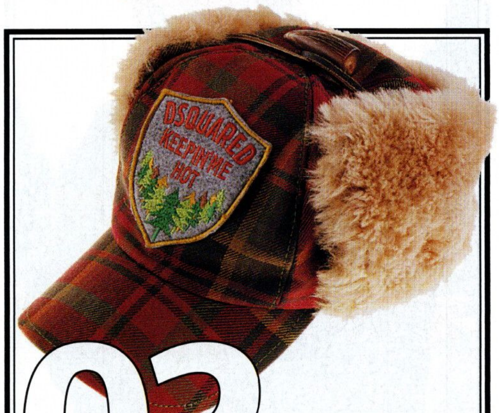
A half-century of cool new design ideas to splash your cash on. Because you can't go naked all the time...



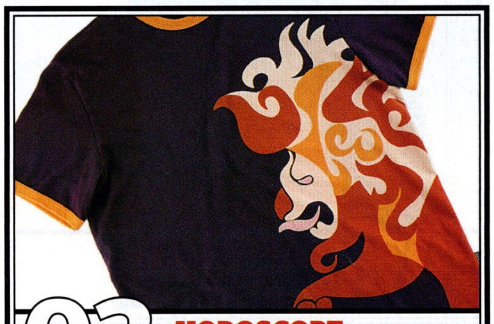
01

PARKA
Red parka £380
by **Trust Toilette**



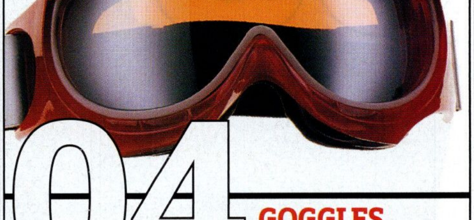
02

HUNTER HAT
Fur-lined checked hat
£154 by **DSquared²**



03

HOROSCOPE
Leo motif T-shirt £55
by **Paul Smith Jeans**

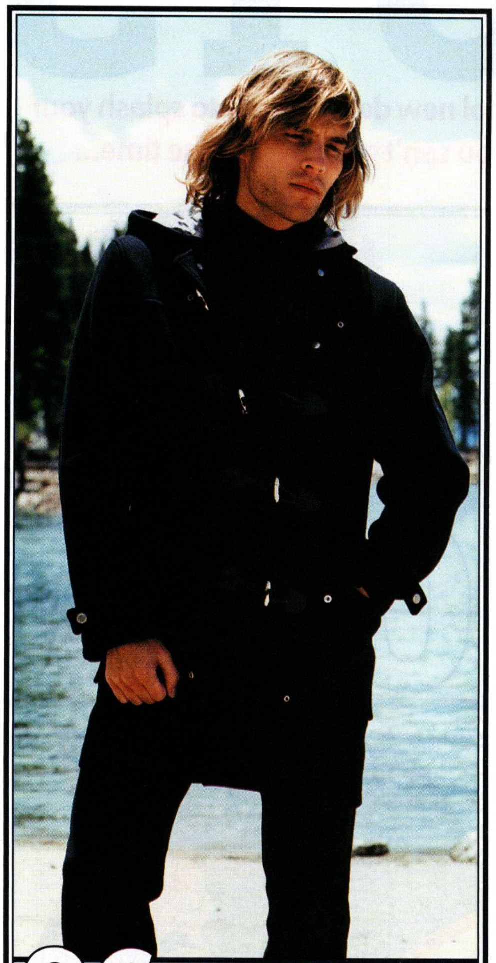


04

GOGGLES
Snow goggles £79
by **The North Face**

Photography assistant: Ben Gold. Models: Daniel C at Warning and Pablo at Models 1. Grooming: Gok Wan at Carol Hayes

05 **GLOVE-MITTENS**
Black fingerless gloves/mittens
£15 by **Triple 5 Soul**



06 **DUFFEL COAT**
Black wool duffel coat with
silver toggles £150 by **Sisley**

07 **BEADED SUIT**
Swarowski crystal suit £1,500
by **Gieves & Hawkes**

08 **BLACK DENIM**
Black denim jeans £70
by **Levi's Red Tab 501**

09 **MEDAL BADGE**
Medal £20 by **Martin Andersson at Topman**

10

TROLLEY BAG

Black travel bag £160 by **Mandarina Duck**

12
nixon
9
30
6

11

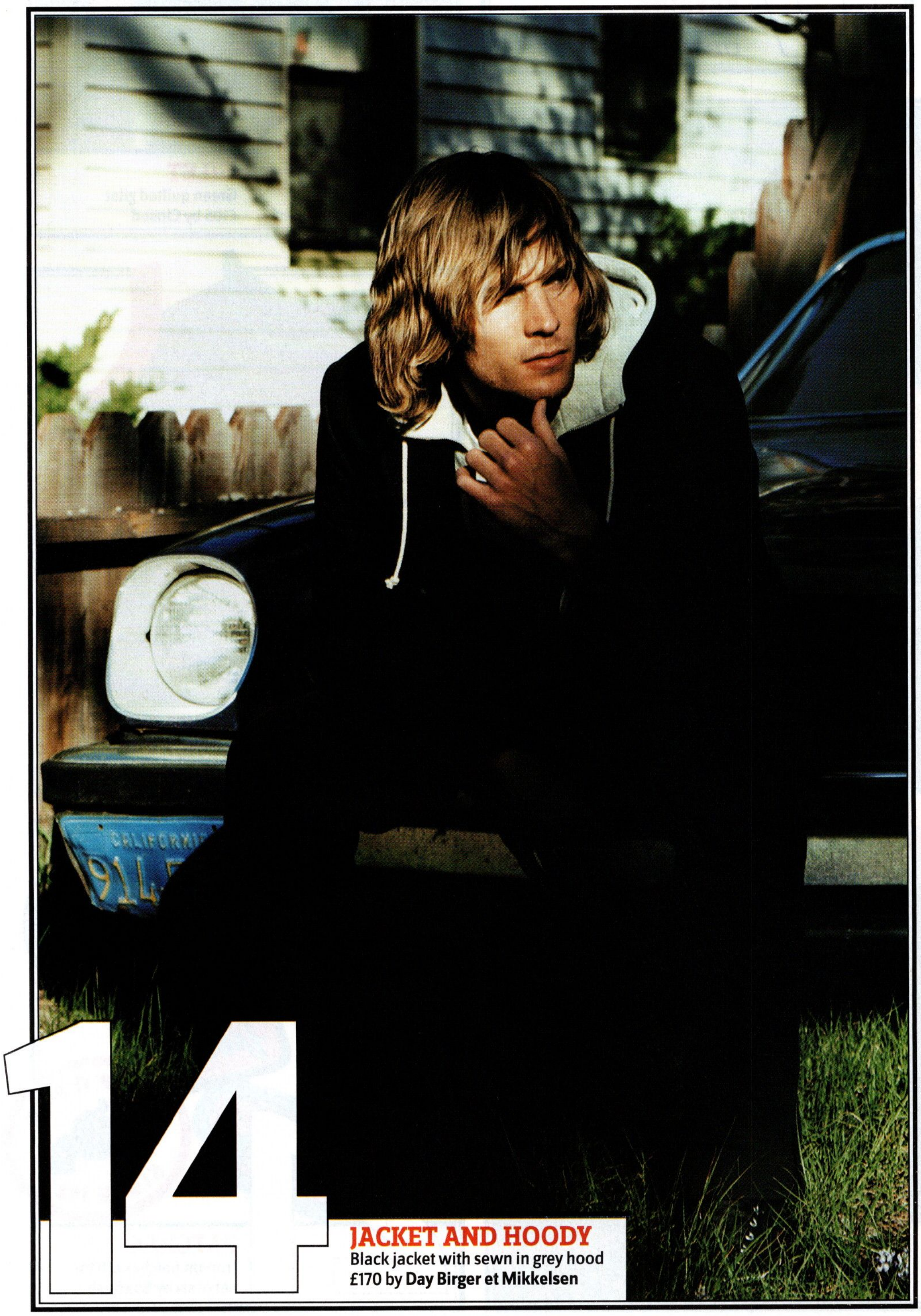
WATCH

Recycled riveted leather strapped watch £120 by **Nixon**

12

STUDDED JEANS

Black jeans with pyramid studs £230 by **Moschino**



14

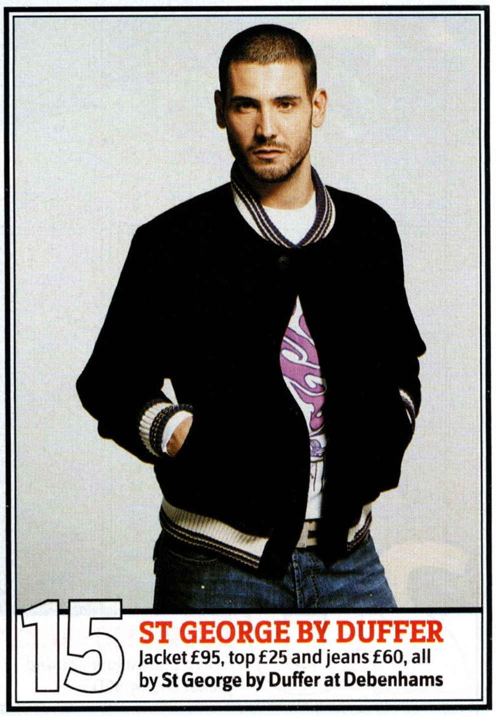
JACKET AND HOODY

Black jacket with sewn in grey hood £170 by **Day Birger et Mikkelsen**

13

STARS

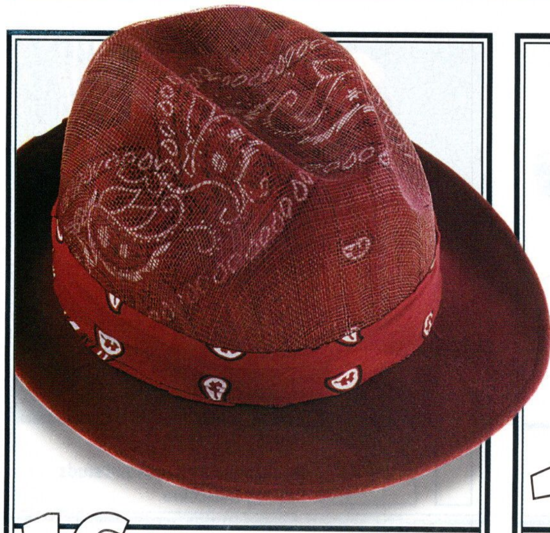
Wool scarf £25 by **Autograph at Marks & Spencer**



15

ST GEORGE BY DUFFER

Jacket £95, top £25 and jeans £60, all by **St George by Duffer at Debenhams**



16

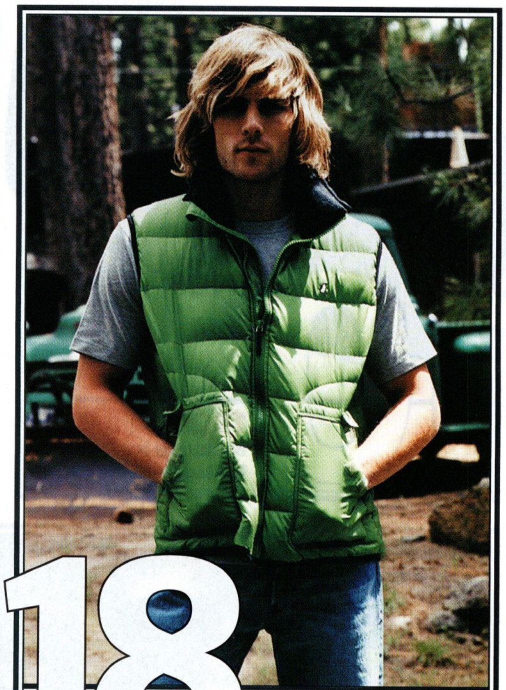
BANDANA TRILBY

Printed straw bandana trilby £125 by **Bernstock Spiers**

17

KEYRING

Leather robot keyring £77 by **Prada**



18

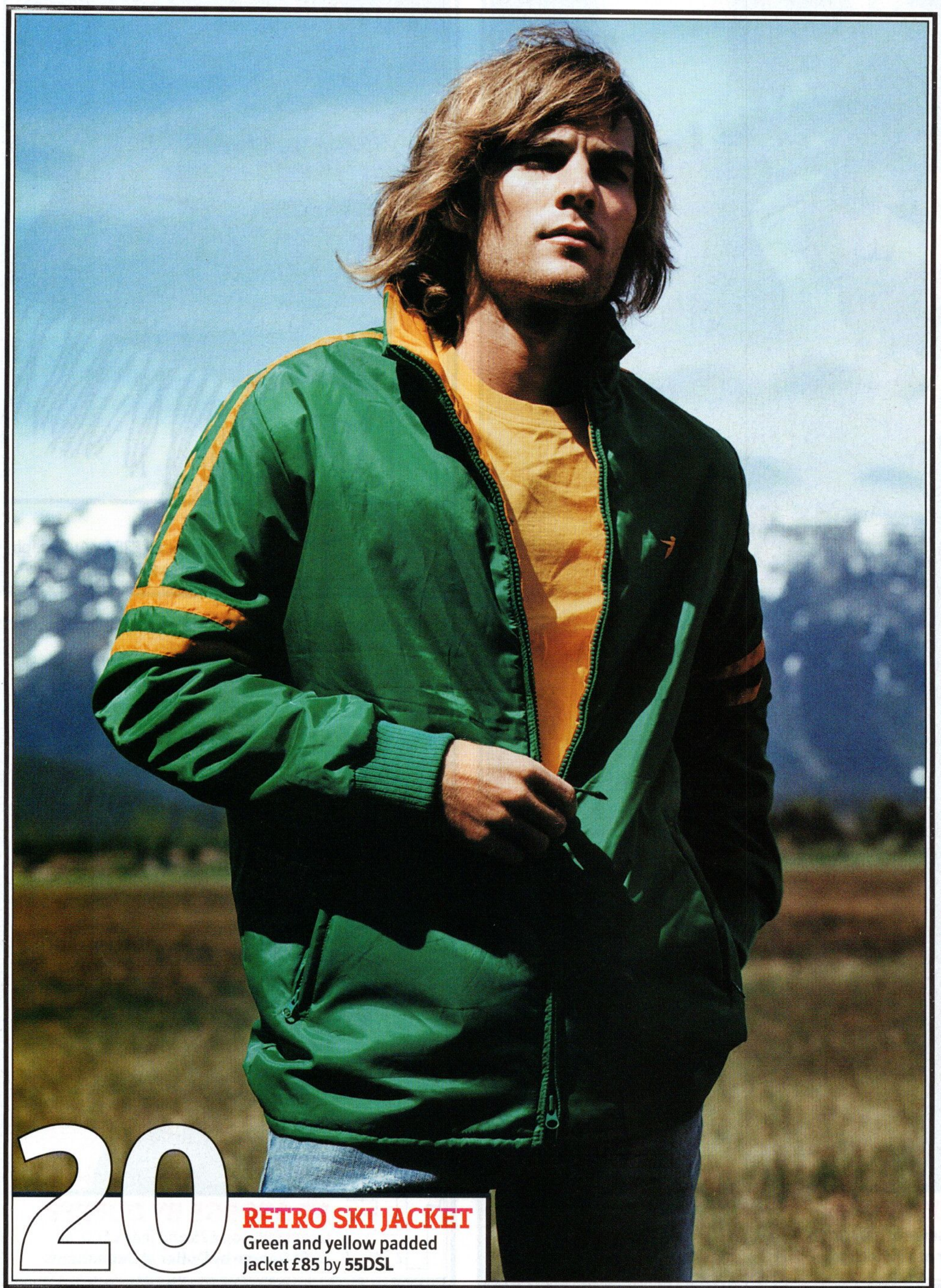
GILET

Green quilted gilet £105 by **Closed**

19

FIVE COLOUR

T-shirt £79 by **Anglomania by Vivienne Westwood**



20

RETRO SKI JACKET

Green and yellow padded jacket £85 by **55DSL**

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SAYS
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21

PATCHES

Iron-on patches £10 for set of six by **Boxfresh**

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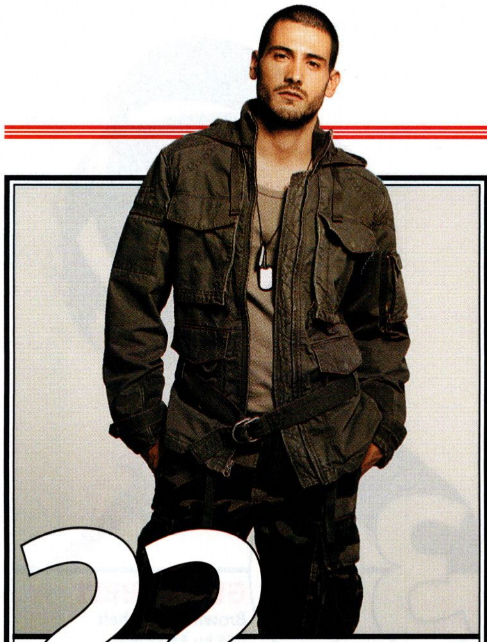
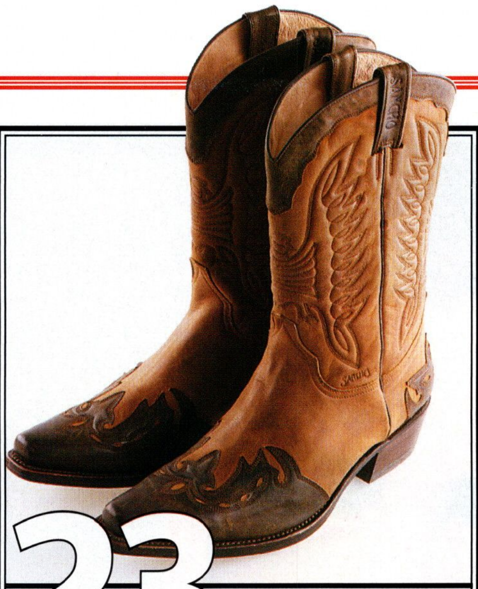


22

MULTI-POCKET

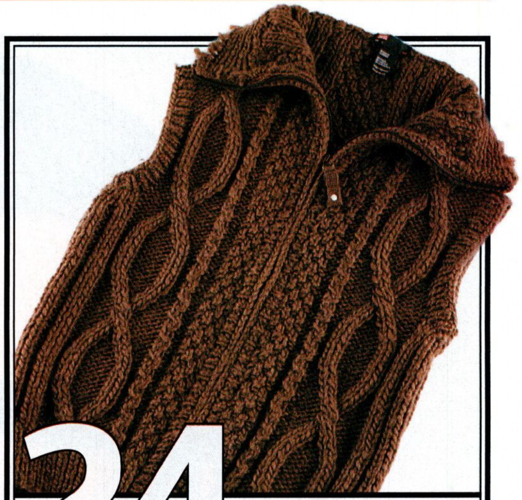
Jacket £68 and cord combats £40 by **Gap**



23

COWBOY BOOTS

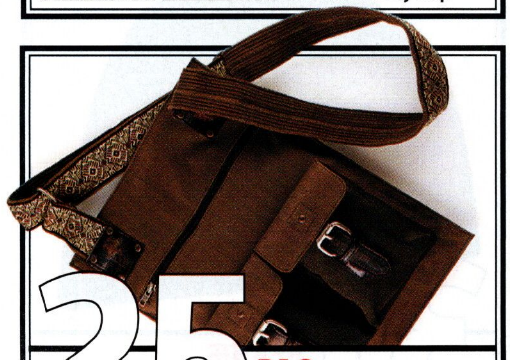
Two-tone leather cowboy boots £120 by **River Island**



24

CHUNKY KNIT

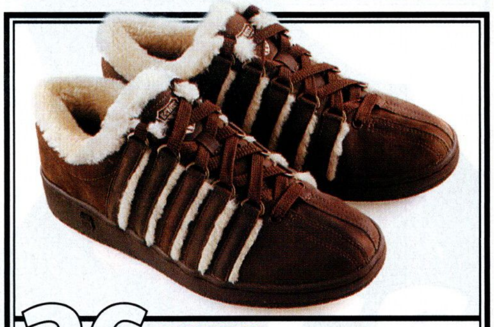
Cable knit wool gilet £120 by **Diesel**



25

BAG

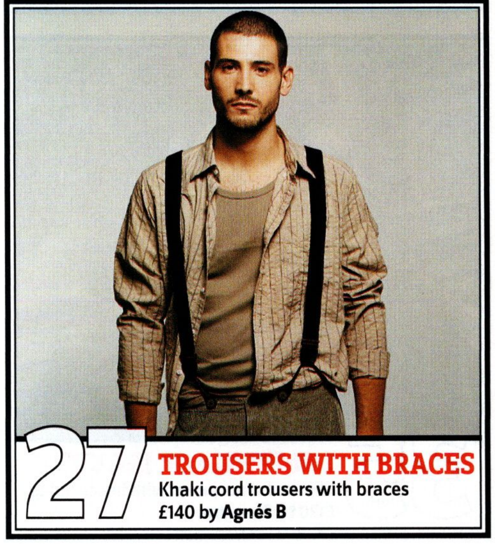
Green shoulder bag with guitar strap £29.50 by **Gap**



26

FLEECE

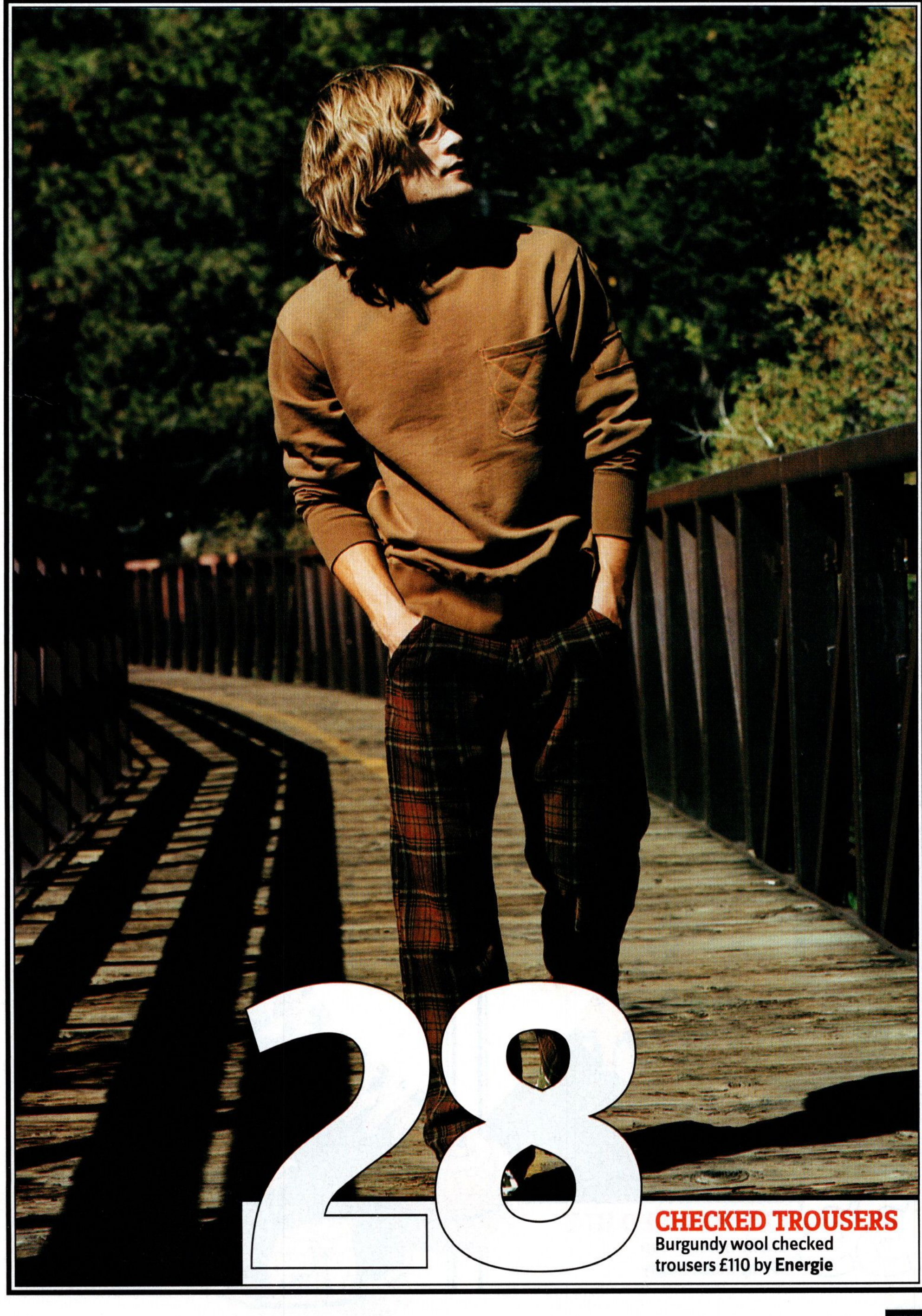
Brown suede fleece trainers £60 by **K-Swiss**



27

TROUSERS WITH BRACES

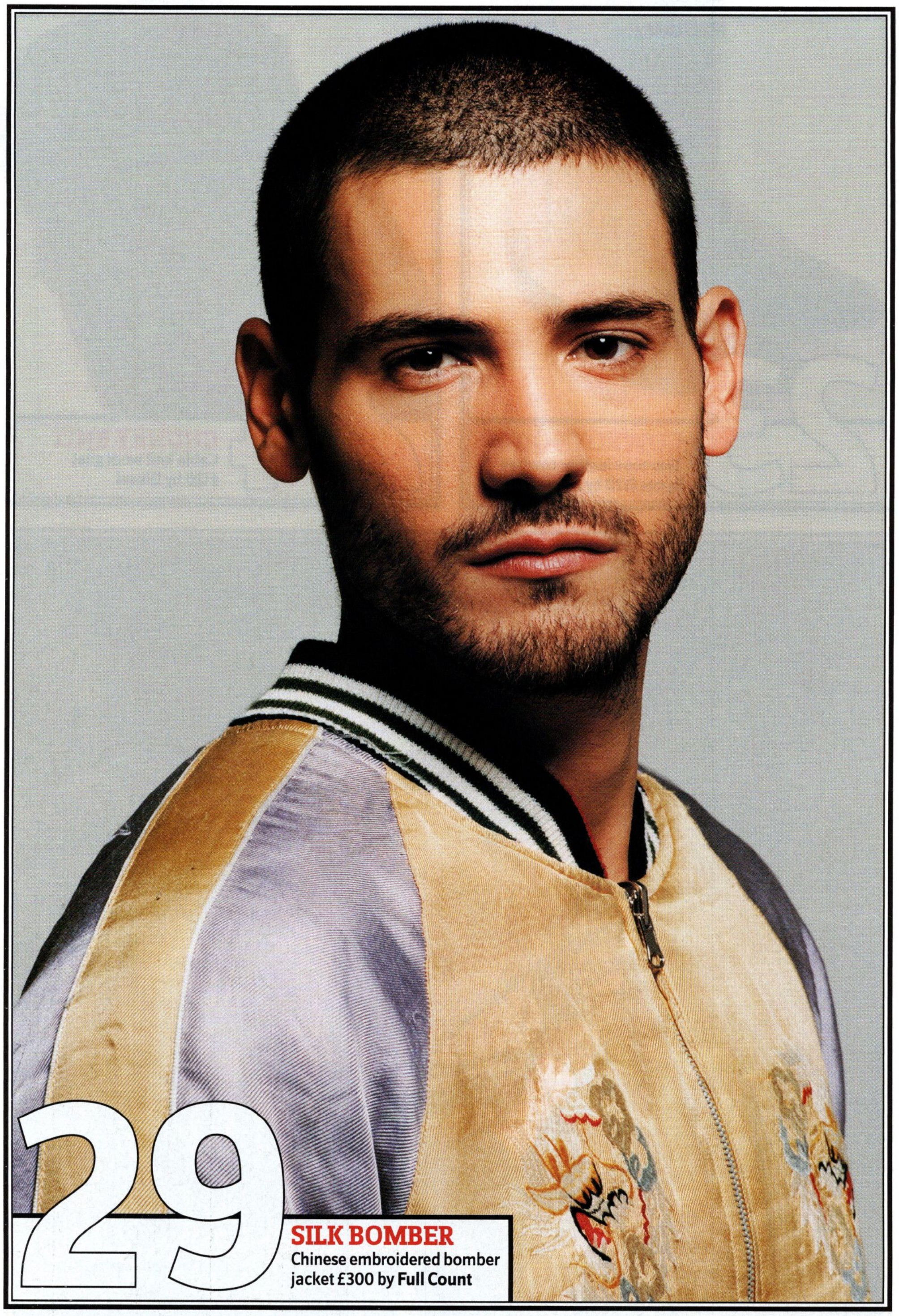
Khaki cord trousers with braces £140 by **Agnés B**



28

CHECKED TROUSERS

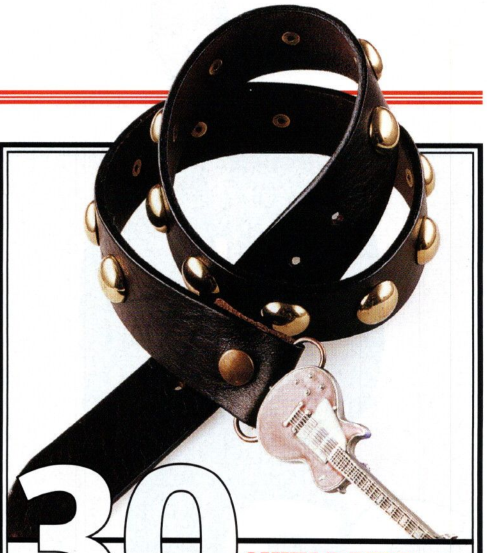
Burgundy wool checked trousers £110 by **Energie**



29

SILK BOMBER

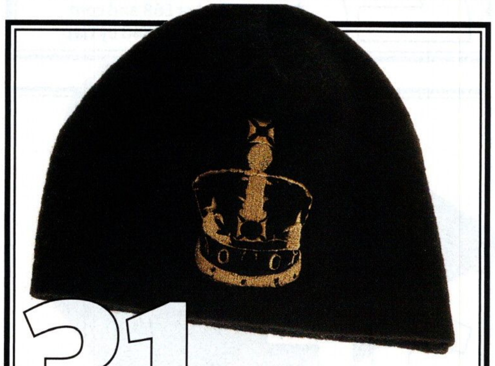
Chinese embroidered bomber jacket £300 by **Full Count**



30

GUITAR BELT

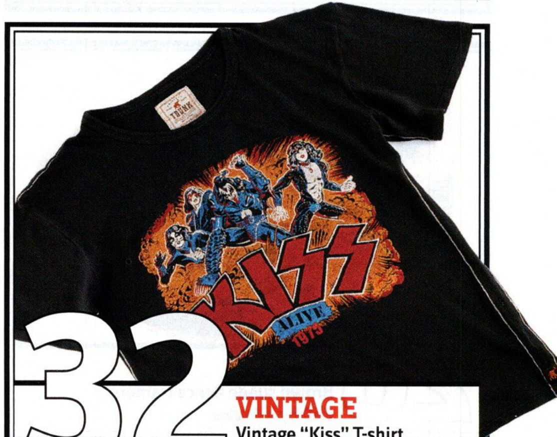
Brown leather belt £65 by **All Saints**



31

BEANIE

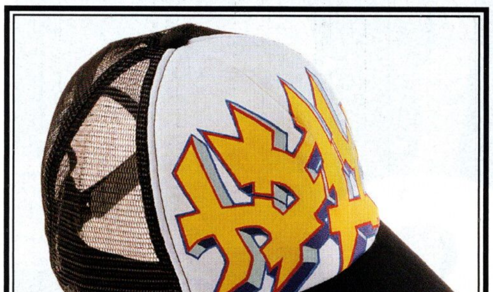
Crown motif wool hat £50 by **A'N'D**



32

VINTAGE

Vintage "Kiss" T-shirt £65 by **Trunk**



33

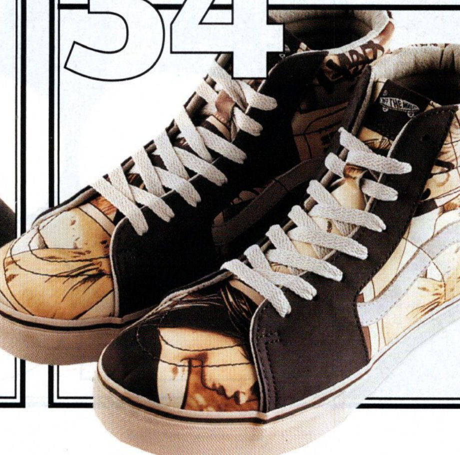
CUSTOMISED HAT

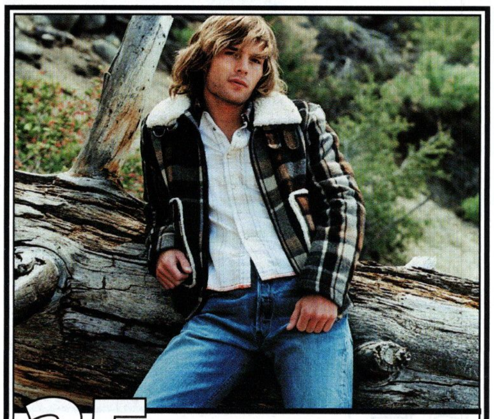
Graffiti baseball cap £60 by **Metal Bogey**

34

MANGA

Manga print hi-top trainers £75 by **Vans**





35

LUMBERJACK JACKET

Checked wool jacket with fleece lining £120 by **Benetton**

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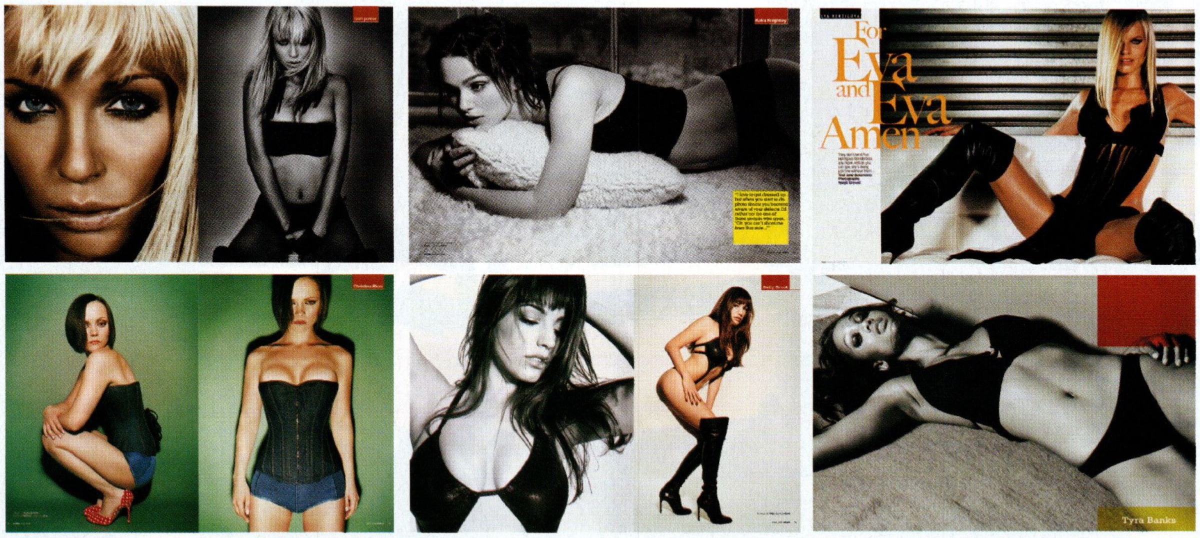

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On sale August 5

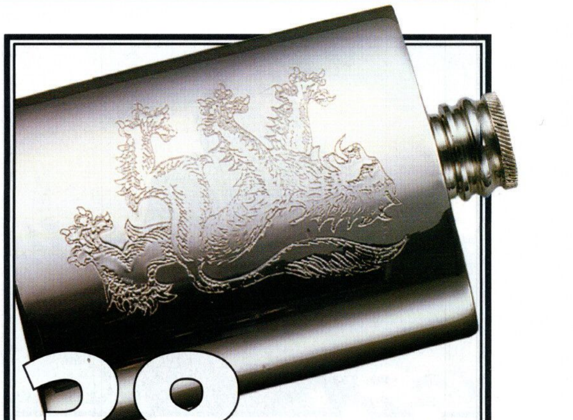
G-SHOCK
CASIO
FROGMAN

36

CAMOUFLAGE
"Frogman" watch £250
by **G-Shock/Addict**

37

BIKER JACKET
Customised leather jacket
£718 by **Earl Jean**

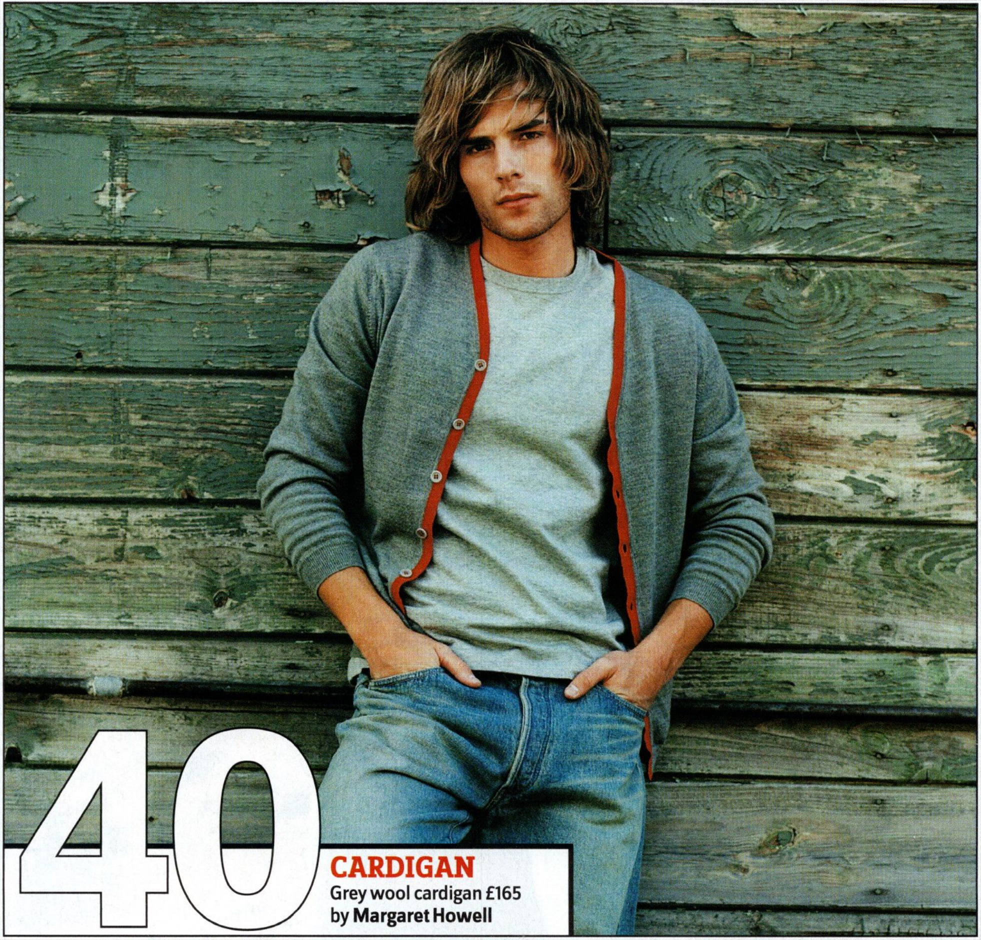


38

HIPFLASK
Silver hipflask
£49 by **Pringle**

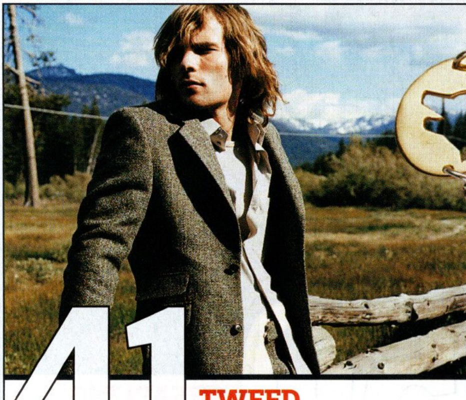
39

MICKEY MOUSE MOTIF
Grey sweatshirt with sparkly Mickey
Mouse image £65 by **Ink & Paint**



40

CARDIGAN
Grey wool cardigan £165
by **Margaret Howell**

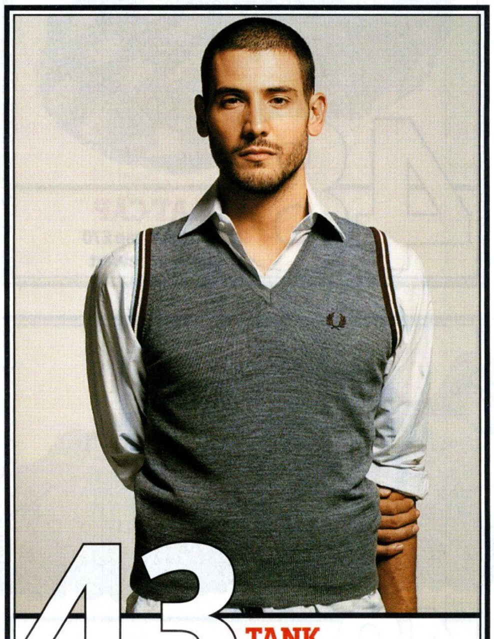


41

TWEED
Harris Tweed suit £220
by **Topman**

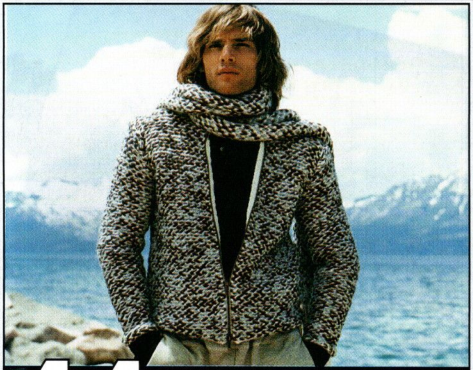
42

CHAIN
Wolf pendant chain
£150 by **Jacey Withers**



43

TANK
Grey tank £100 by **Fred Perry**
& Comme des Garçons Shirt

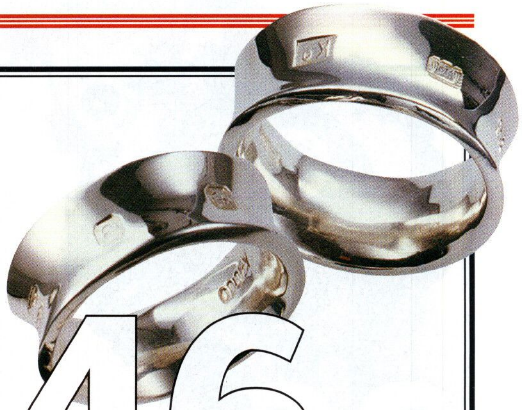


44 SWEATER AND SCARF

Chunky wool sweater £495 and scarf £195 by **Pringle**

45 CHECKED SHIRT

Black and white checked shirt £120 by **Diesel**

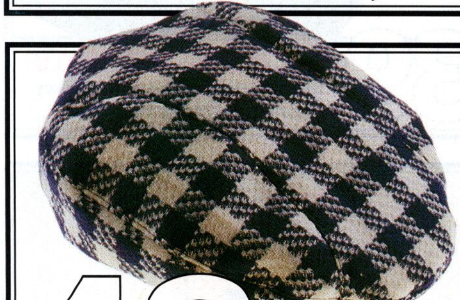


46 RINGS

Rings £28 and £35 by **Kaleido**

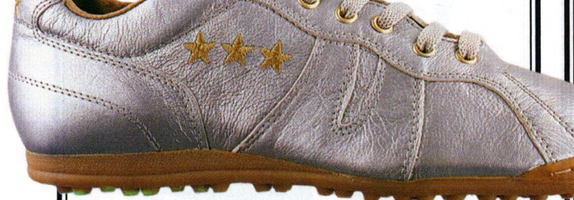
47 iPOD CASE

White leather iPod case £10 by **Gravis**



48 FLAT CAP

Wool flat cap £70 by **Noel Stewart**

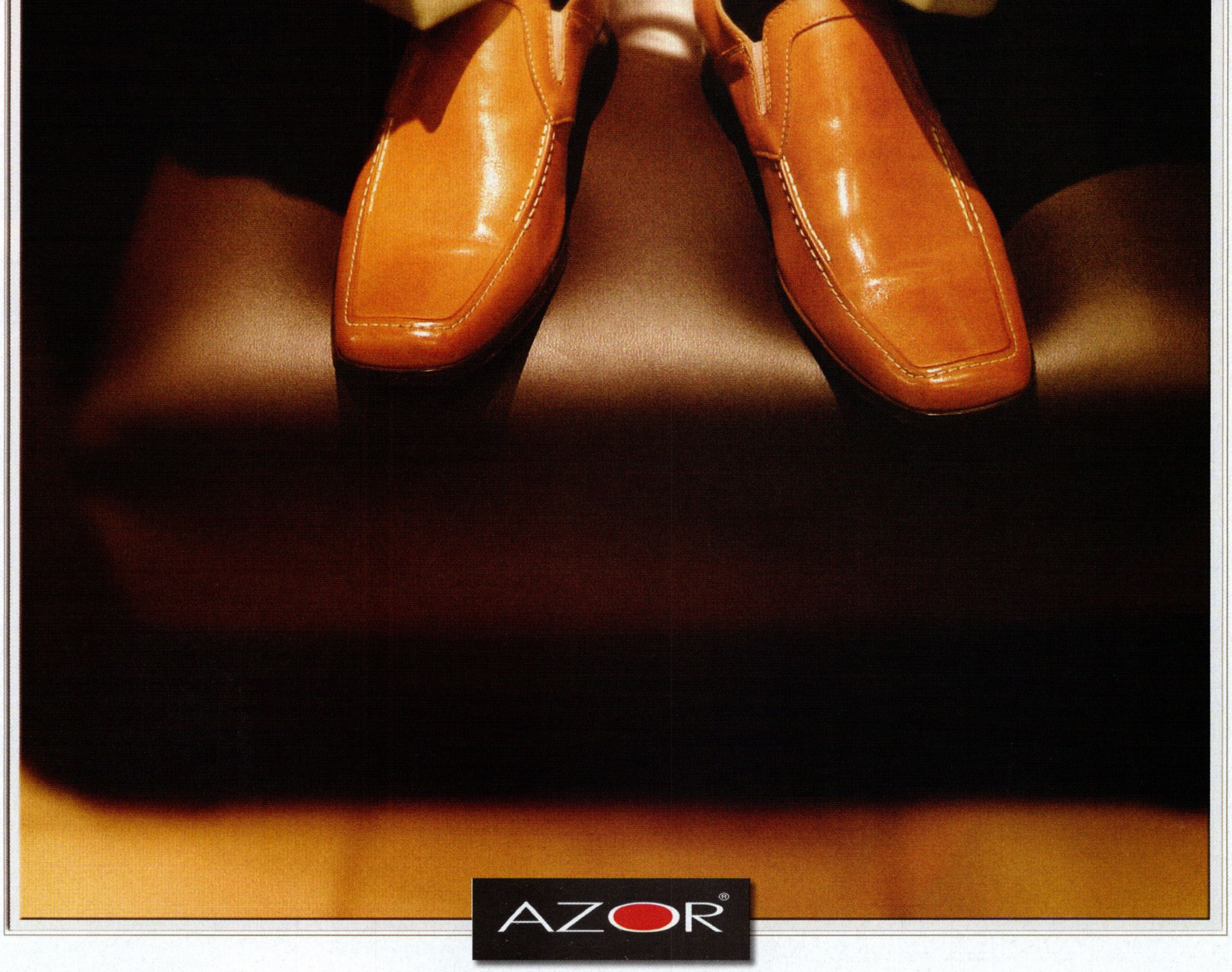


49 SILVER

Leather trainers £160 by **Pantofola d'Oro**

50 SHEARLING

Cream coat with belt £250 by **Topman**



For details of your nearest stockist
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White hooded top £25 by Topman, yellow logo T-shirt £35 by Duffer Of St George and white cotton sweatband £13.50 by Energie

Grey sweatshirt £55 by All Saints, striped vest £20 by French Connection and white canvas pumps £30 by Converse

Park & ride

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Midwest trailer trash chic from mid-priced high street stores

PHOTOGRAPHY: **PERRY CURTIES** FASHION: **JESSICA PUNTER**

Starlite
SUN
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Grey and black satin baseball jacket £90 by Boxfresh, white cotton T-shirt £8 by H&M, worn denim jeans with key chain £130 by Fake London and black canvas belt with white skull print £10 by Vans

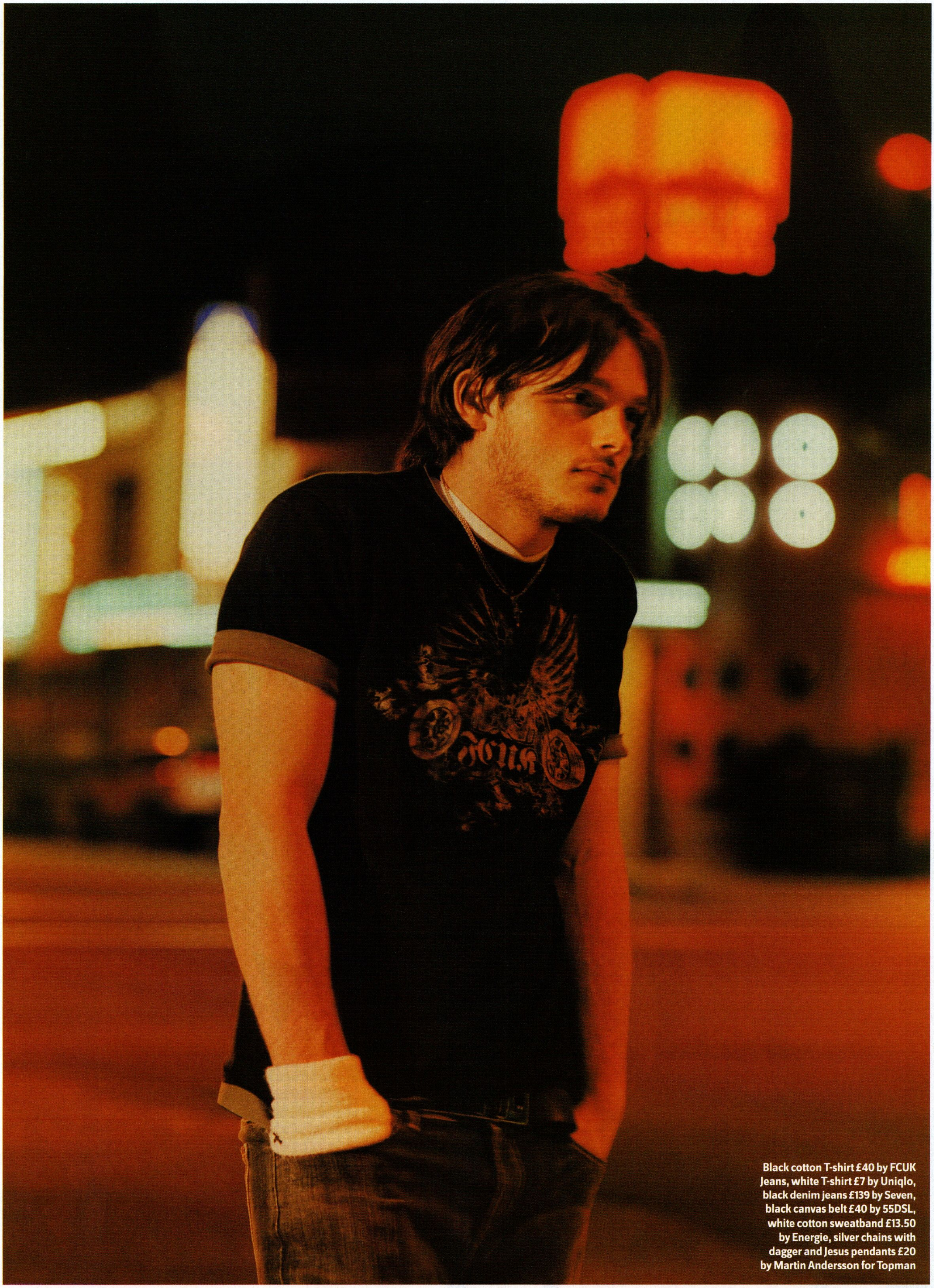
Red checked wool shirt £25 and white ribbed cotton vest £15, both by River Island, denim miniskirt £65 by Levi's and leather cowboy boots £70 by Urban Outfitters

White sweatshirt £65 by All Saints and silver chains with dagger and Jesus pendants £20, both by Martin Andersson for Topman

Pink and black satin jacket £55 by Boxfresh

Green hooded jumper £110 by Diesel and denim jeans £110 by 55DSL

Striped yellow and grey vest £20 by French Connection, cropped jeans £105 by Fornarina, gold chain £18 by Dakota and gold chain with heart pendant £10 by Boxfresh



Black cotton T-shirt £40 by FCUK Jeans, white T-shirt £7 by Uniqlo, black denim jeans £139 by Seven, black canvas belt £40 by 55DSL, white cotton sweatband £13.50 by Energie, silver chains with dagger and Jesus pendants £20 by Martin Andersson for Topman

Black and cream baseball jacket £160 by All Saints, sweatshirt £78 by One True Saxon and silver chains with dagger and Jesus pendants £20 by Martin Andersson for Topman

Pale denim jacket £80 by FCUK Jeans, green sleeveless checked shirt £35 by Pepe Jeans, yellow vest with green heart print £50 by Fornarina, stonewash denim miniskirt £32 by Renewal at Urban Outfitters and gold charm necklace £24 by Dakota

Photography Assistant: Rene Gomez
Hair and Make-Up: Kiki Benet and Alexis Brazel at The Rex Agency
Models: August at Bleu and Chloë at Warning

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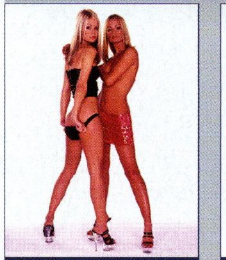
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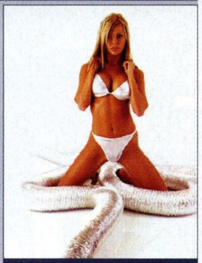
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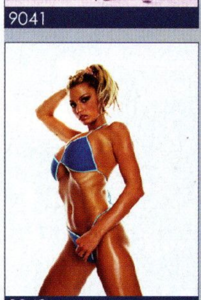
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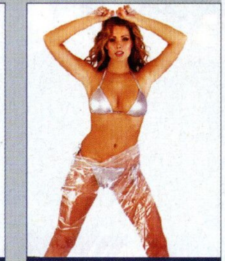
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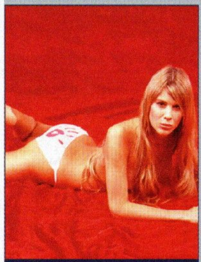
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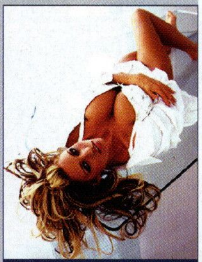
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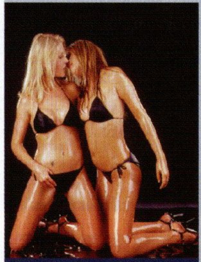
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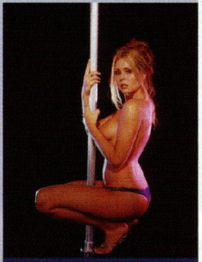
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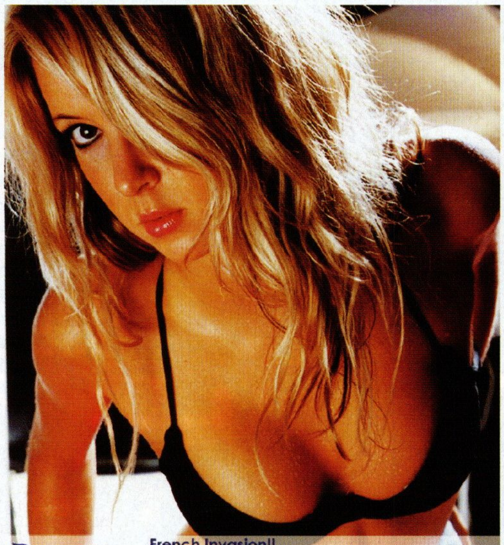
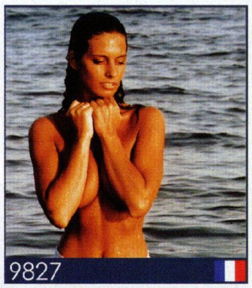


French Invasion!!
Feast your eyes on what strolls along the French high street, our FHM France brothers have given us this sneak peek. Get them on your mobile by texting BABE and the mademoiselle's code to 88066.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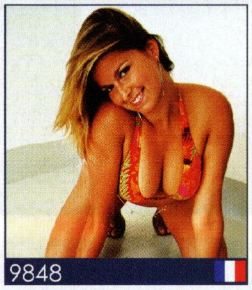
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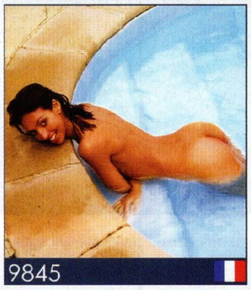
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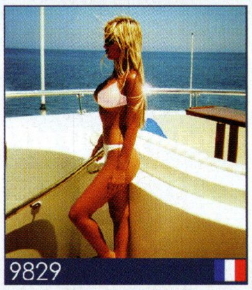
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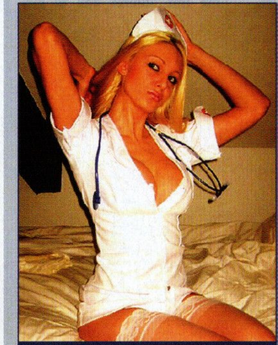
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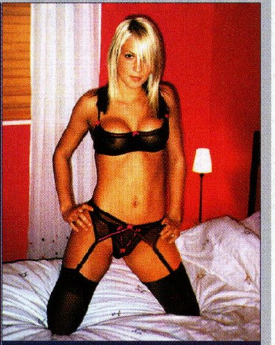
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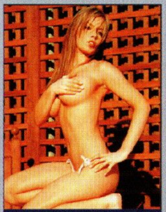
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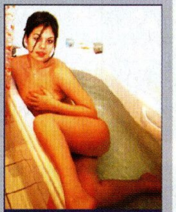
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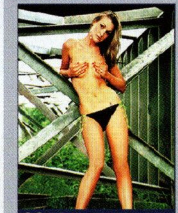
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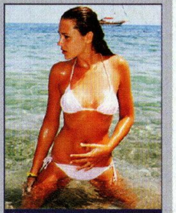
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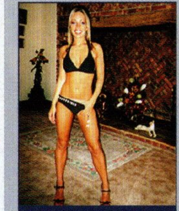
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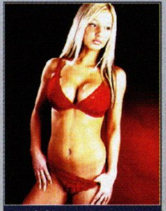
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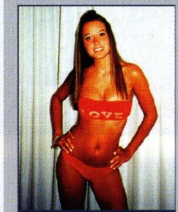
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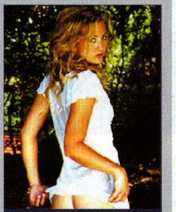
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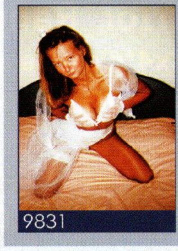
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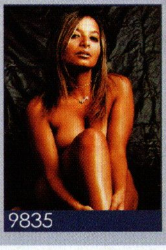
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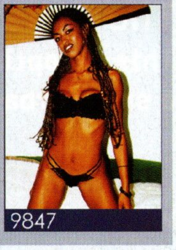
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FHM Mobile Games

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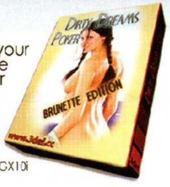

Chicks with Bricks

These girls are kept imprisoned behind a wall of bricks. Guide the paddle so that the ball doesn't leave the screen and destroy the wall to set the ladies free.

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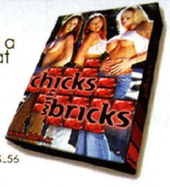
Siemens: C60, C62, M55, M56, MC60, S55, S56, S57, SL55, SL56
Motorola: T720, T720i, T721, T722i Sharp: GX10, GX10i,



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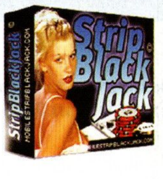
Compatible on all Nokia Colour phones



Calls cost £1.50 p/m from landline phones. Calls made from mobiles may cost more. Callers must be 16 or over. Colourbackgrounds cost £4.50 charged as 3 x £1.50 reverse billed messages. Java Games charged as £6 or 4 x £1.50 reverse billed messages. High Street Honeys subscription service charged at £1.50 on subscription and £1.50 per week thereafter. To Unsubscribe text STOP HSH to 88066. You will incur standard SMS, WAP and GPRS charges where applicable. Please check billpayers permission before you call. Please check the website to ensure your phone is compatible. www.FHM.com. Please allow 24 hours for delivery in extreme cases due to network traffic. You may be contacted by FHM with Offers and Info. To unsubscribe call our Customer Care Line. Customer Care Numbers UK: 0871 872 1813 IRL: 01 248 9871. Address PO Box 4427, London W1A 7QP. Thank You.

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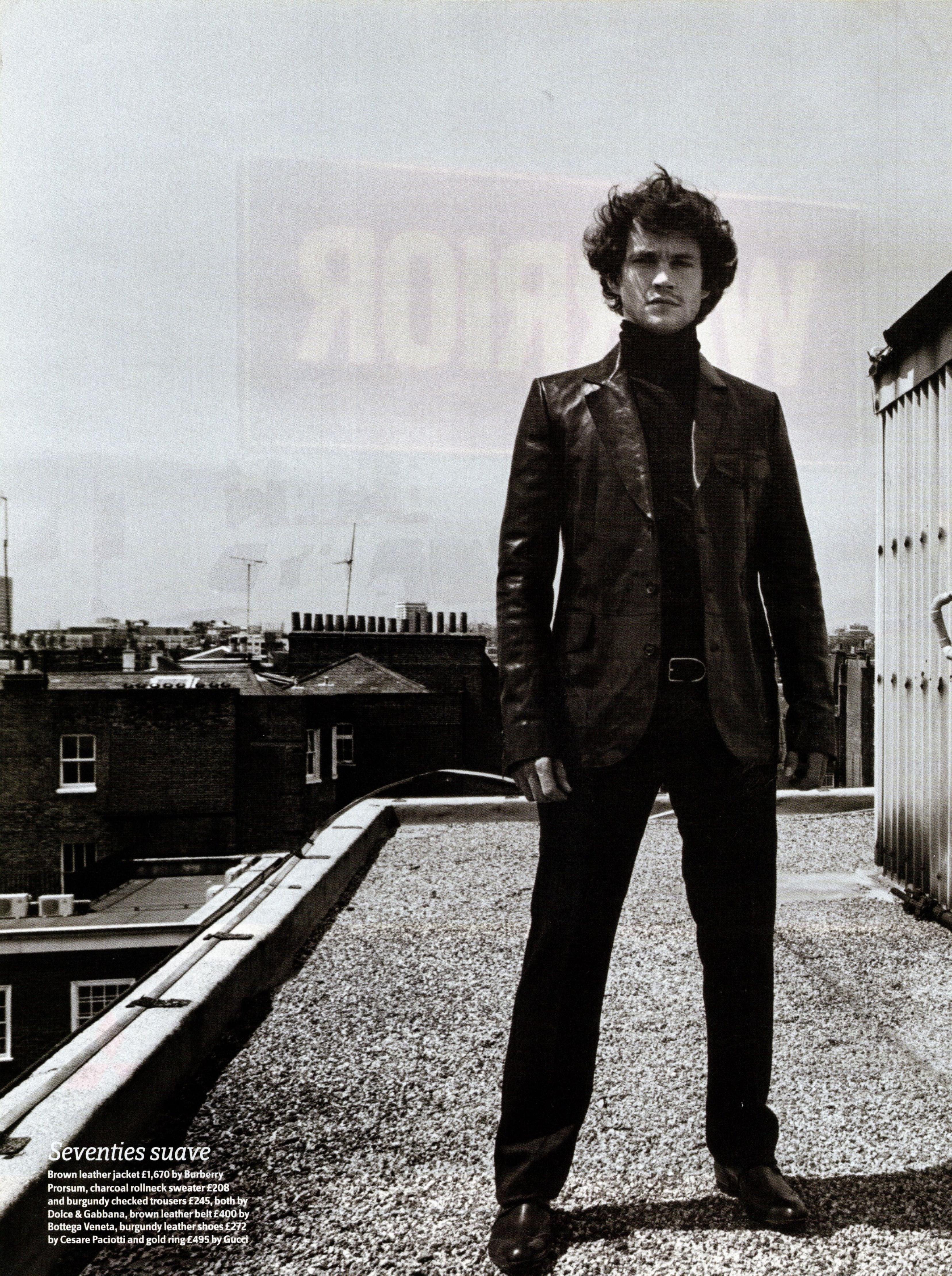
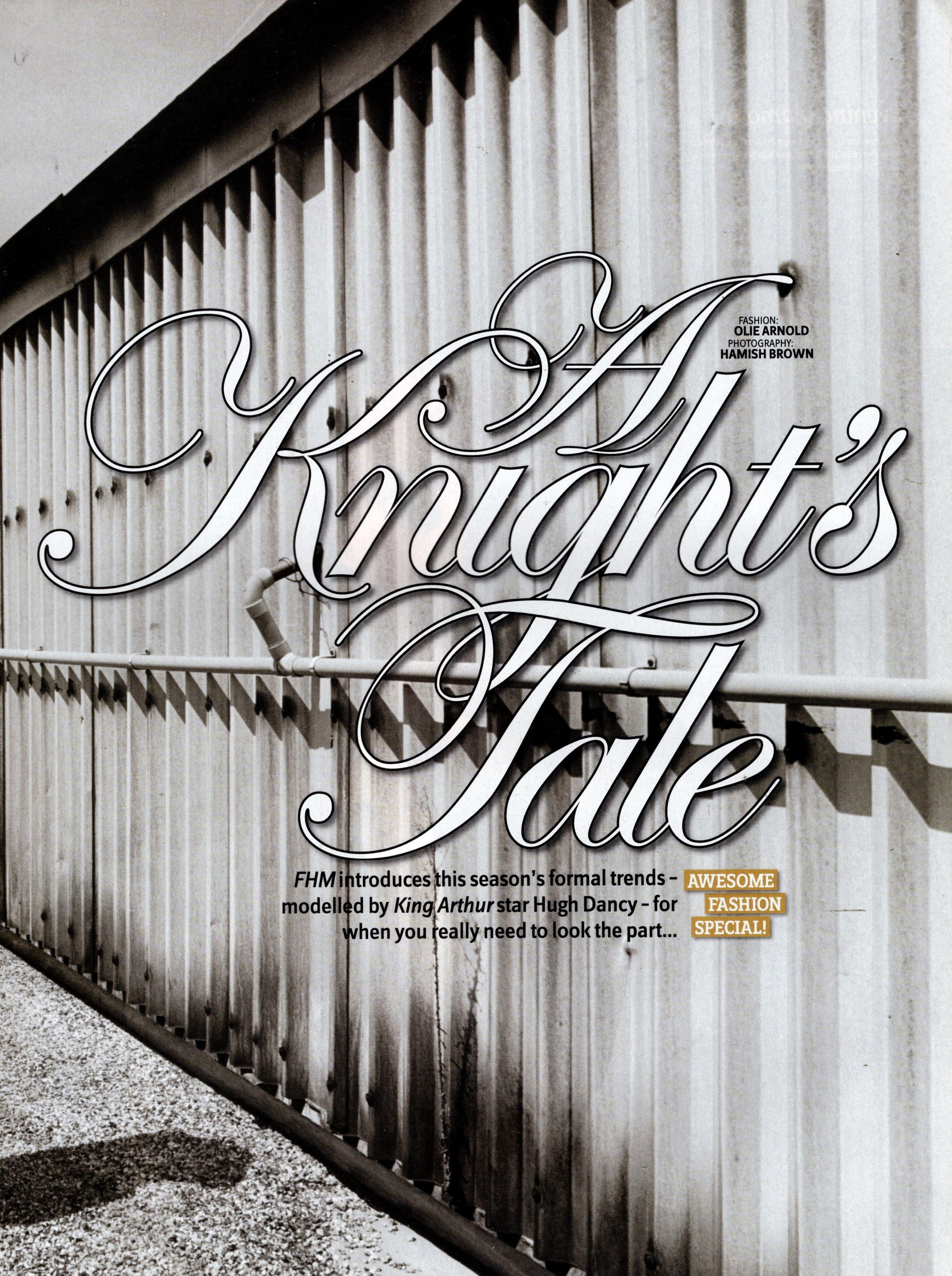


Seventies suave

Brown leather jacket £1,670 by Burberry Prorsum, charcoal rollneck sweater £208 and burgundy checked trousers £245, both by Dolce & Gabbana, brown leather belt £400 by Bottega Veneta, burgundy leather shoes £272 by Cesare Paciotti and gold ring £495 by Gucci



A Knight's Tale

FASHION:
OLIE ARNOLD
PHOTOGRAPHY:
HAMISH BROWN

FHM **introduces this season's formal trends – modelled by *King Arthur* star Hugh Dancy – for when you really need to look the part...**

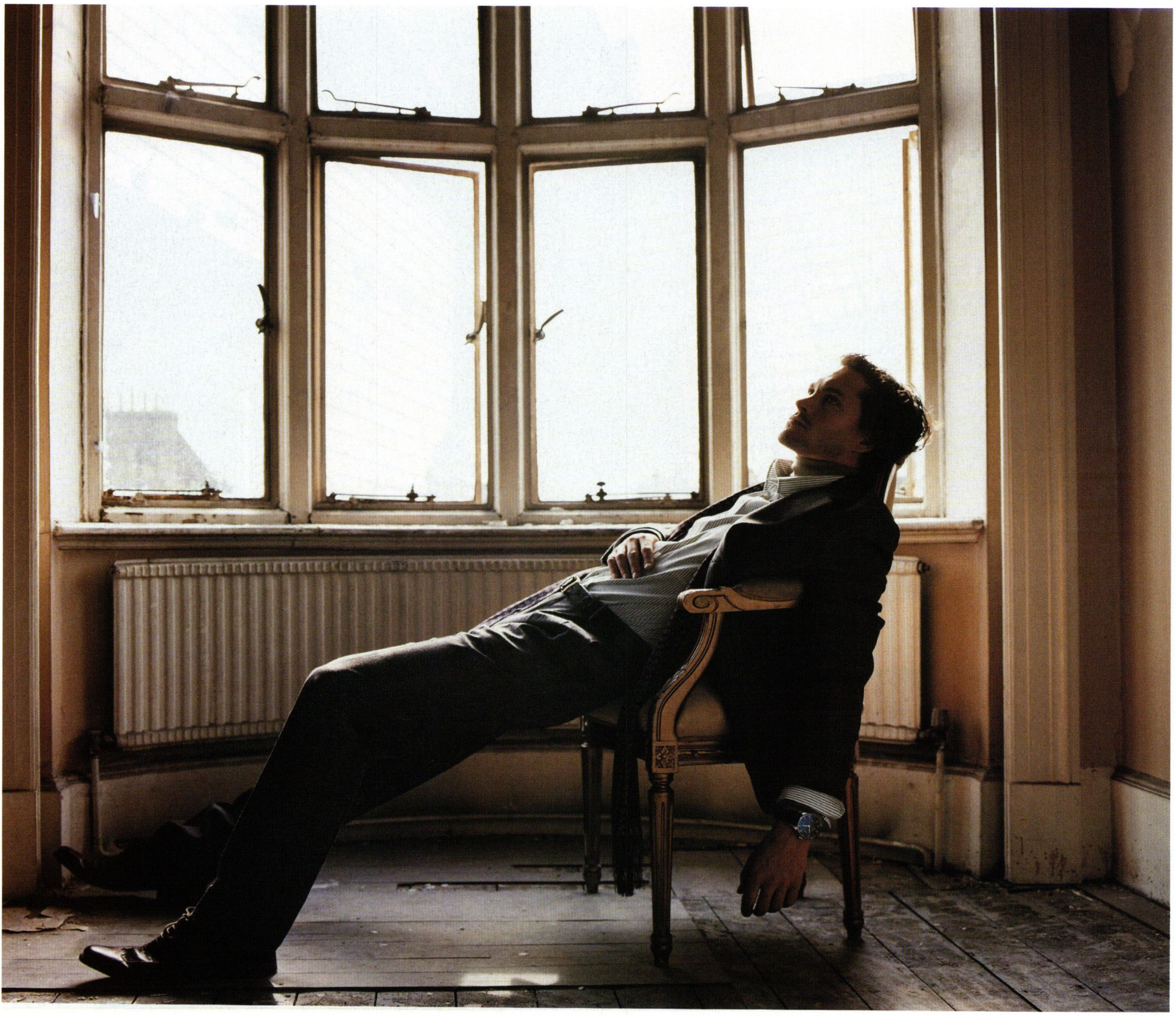
AWESOME FASHION SPECIAL!

Evening glamour

Black tuxedo £1,300 by Emporio Armani, white dress shirt £230 by Brioni and black sequence scarf £99 by Nicole Farhi

Beatnik

Brown checked woollen single-breasted coat £965 by John Varvatos, beige shirt £115 by Burberry London, black moleskin trousers £190 by Calvin Klein, black tie £50 by Dior Homme by Hedi Slimane and black leather shoes £325 by Emporio Armani



Country gent

Brown checked single-breasted suit £550 by Miu Miu, white striped shirt £150 by Moschino, beige rollneck sweater £215 by Yves Saint Laurent Rive Gauche, burgundy silk scarf £79 by Nicole Farhi, brown leather brogues £198 by n.d.c, brown leather belt £400 by Bottega Veneta and Portuguese 5001 watch £5,900 by IWC

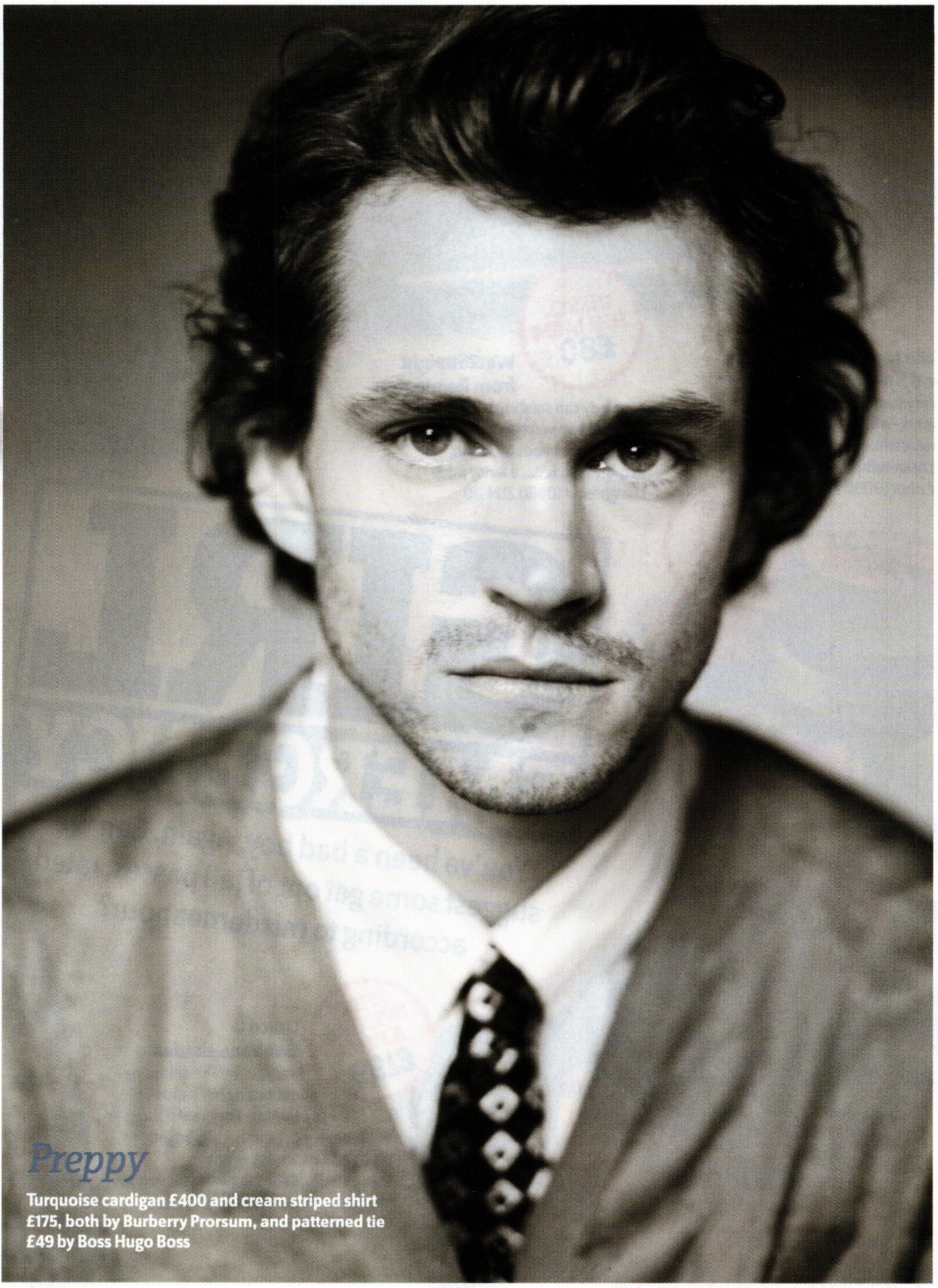
Double-breasted

Black double-breasted jacket £859 by Dior Homme by Hedi Slimane, black and white striped shirt £95 by Kenzo, brown herringbone trousers £120 by Paul & Joe and black tie £75 by Gucci

Sixties three-piece

Charcoal pinstriped single-breasted three-piece suit £590 by Gieves, black V-neck T-shirt £69 by Robert Cary-Williams, watch £1,900 by Asprey and gold ring £495 and silver chain £140, both by Gucci

Hugh Dancy is one of our hottest young Brit thesps. Already a veteran of weighty-tomed lit adaptations like *Daniel Deronda* and *David Copperfield*, he's worked with the mighty Ridley Scott in *Black Hawk Down* and is currently sharing celluloid space with Kiera Knightley and Clive Owen as Galahad in "revisionist" summer blockbuster *King Arthur*. Now he's the official face of man-fragrance Burberry Brit. Mr Dancy, let's talk fashion...



Preppy

Turquoise cardigan £400 and cream striped shirt £175, both by Burberry Prorsum, and patterned tie £49 by Boss Hugo Boss

You're currently the face of Burberry Brit Man; how did that come about?
Well, I guess they were looking for someone. And I suppose they decided they wanted an actor rather than a model; somebody obviously British. And I don't know much more – you'd have to ask them.

So is Keira Knightley as jaw-droppingly gorgeous in real life as she is on screen?
Astonishingly, she is, yes. I'd be doing her an injustice if I didn't tell you that she is even more beautiful in real life. The secret of her success is that she manages to make guys wilt and collapse around her, like dying flowers. But the girls don't seem to mind. You'd think there would be knives drawn, but it didn't seem to be like that.

Do you like being snapped or do you find it a chore?
I don't hate it. Let's face it, I probably wouldn't have become an actor if I didn't like dressing up to some degree, but I think it just depends on who's there and what they want you to do. I mean, sometimes you turn up to a shoot and you feel like there's an agenda. Like someone is really good buddies with the most outlandish designer in the country, so they're trying to squeeze you into a jester suit with a hole where there shouldn't be. But on the whole, no, I actually kind of enjoy it.

Were you a fan of the clobber we put you in?
Yeah, sure. The thing with the clothes on these shoots is that you know you probably wouldn't throw them all together in quite the same way, ha ha! But, yeah, there were a couple of bits and pieces there I'd definitely wear. There was a Miu Miu suit that I had my eye on. But I'm actually still wearing hand-me-downs.

Hand-me-downs! From who?
Oh God, from, like, four generations ago – pre-War stuff. I own a sort of leather waistcoat that my grandmother made for my grandfather during the Second World War. And also there's a sheepskin coat – not a Ron Atkinson coat, but one that my grandad took from a German, who in turn had liberated it from a Russian soldier. It's about five inches thick. It was designed for the winter in Siberia and I used to wear that to go to work when I was 18.

Nice! What would you say is your biggest-ever fashion faux pas?
God. [Hugh ponders for a long time] I'm only pausing because I think I'm really spoilt for choice.

Are you picking out the best of many?
I did recently invest in lots of brightly coloured socks, which I thought was a really good idea. And then subsequently went and did a series of interviews on American TV. And all you can really see is the socks – they take centre stage. It's like the socks were being interviewed.

So what was going through your mind when you bought them?
Well, I was in the airport and I had some time to kill and the socks spoke to me, ha ha! They said, "Yeah Hugh, don't you think it would be kind of fun and quirky to own us..."

And you listened to their harpy call?
"It's either these socks or sit at the gates with all those ugly people," they said. Ha ha!

What's the most you've spunked on one single item of clothing?
Well, I bought a leather jacket for about £650, so it wasn't outrageous. It was worth it, but the only problem was that I was in Paris and my Visa card was immediately cancelled, so I had to walk everywhere after that.

You earnt it, then. You've played many characters from classic literature; how comfortable are those tight breeches?
Not very comfortable. One of my dressers told me that a literary adaptation had been ruined for him because he couldn't help but notice that from scene to scene the actor was dressing to the left, then he was dressing to the right! That gives you an idea of how tight those trousers can be.

Have you ever considered "bulking up"?
Ha ha! No, I'm proud to say that I haven't. There's always a chance it'll slip down or something, so then it just looks like you've got a weird lump on your thigh.

Finally, are you a fan of the bust-enhancing corset and the tit-shelf they create?
Well, in a word: yes.

Do you ever find your eyes drifting down?
God, well, it's probably happened, but you can always go back and do another take! But given what you were asking about the trousers just now, you should probably be asking the ladies the same question! **FHM**

King Arthur is showing at cinemas now.

Interview by Rory Buckeridge

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In man-talk, it's... sunglasses for seven year-olds - and inexplicably trendy (0163 527 7299)

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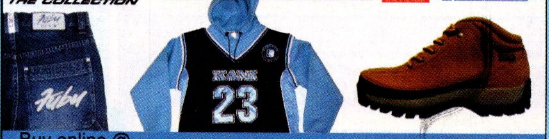

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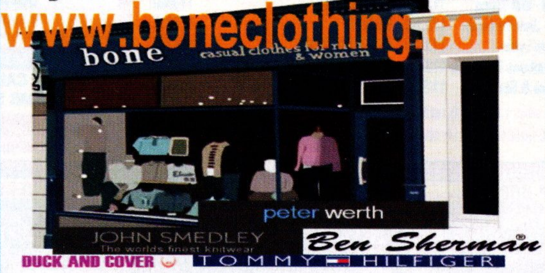

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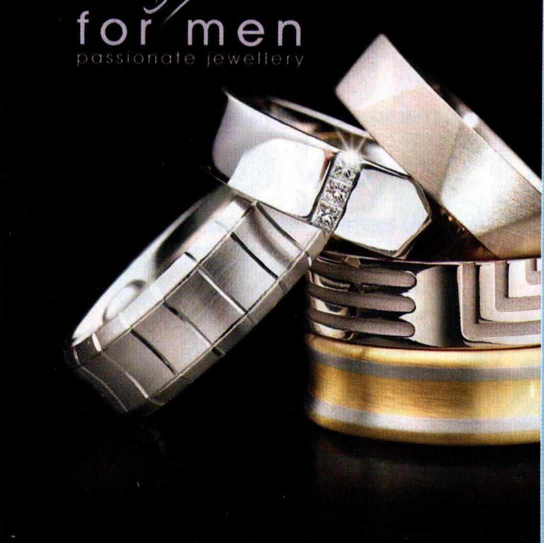

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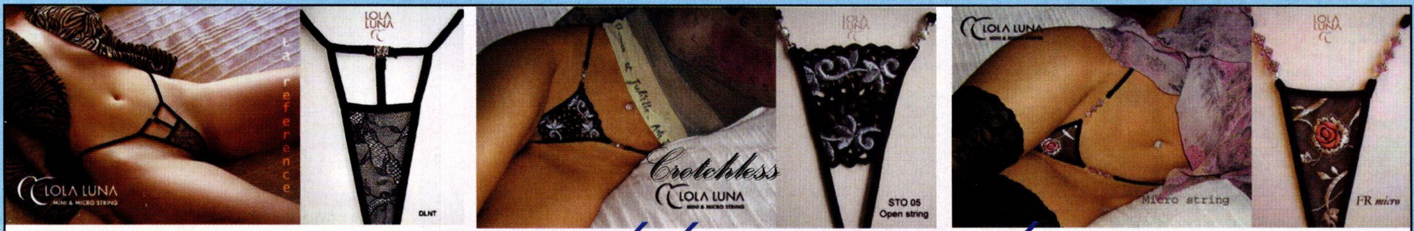

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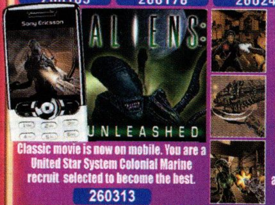

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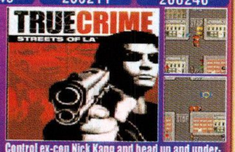

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BREATHE - blu cantrell feat. sean paul #	112521
MOVE YA BODY - nina sky feat jabba	114218
TOO HOT TO HANDLE - f.y.a	114244
MISUNDERSTOOD - cristian alexander	114250
CALIFORNIA DREAMING - b womack	114261
1980 - estelle	114263
IGNITION - r kelly #	112588
NO DIGGITY - blackstreet #	111211

DANCE

COME WITH ME - special d	113678
STUPIDISCO - junior jack	114257
FEELING FINE - ultrabeat	113288
TAKE ME TO THE CLOUDS ABOVE - lmc	113456
FLY ON THE WINGS OF LOVE - xtm	112705
RHYTHM IS A DANCER - snap vs cj #	112485
PRETTY GREEN EYES - ultrabeat	112877
IF I WERE YOU - candee jay	114168
MASS DESTRUCTION - faithless	113959
SATURDAY NIGHT - ud project	113626
IT CAN'T BE RIGHT - 2 play ft. raghav	113973
INSOMNIA - faithless #	111763
I LIKE IT - narcotic thrust	113844

REGGAE

TURN ME ON - kevin lyttle#	113100
I'M STILL IN LOVE WITH YOU - s paul ft. #	113410
DUDE - beenie man feat ms thing	113702
LAST DROP - kevin lyttle	113914
GET BUSY - sean paul #	112634

FOOTBALL

3 LIONS - baddiel & skinner#	111494
WOO HOO - CARLING AD - 5 6 7 8's	114166
THE GREAT ESCAPE - s wednesday	111354
VINDALOO - fat les #	111349
ALL TOGETHER NOW - the farm #	113982

PARTY TIME

I'M YOUR MAN - shane richie	113289
CHA CHA SLIDE - dj casper #	113506
BUILD ME UP BUTTER - foundations #	113009
SUMMER OF 69 - bryan adams #	112531
U CANT TOUCH THIS - mc hammer #	111616
ONE STEP BEYOND - madness #	111278
I THINK WE'RE ALONE NOW - tiffany	114178
ICE ICE BABY - vanilla ice #	112552
HEY BABY (UHH AHH) - dj otzi #	111446
DING DONG SONG - gunther & s girls	113962
BROWN EYED GIRL - van morrison #	111327
KUNG FU FIGHTING - carl douglas	111419

Look for the # symbol for available True Tones

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Wolf Whistle	221525
Evil Laugh	221524
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Laser	221517
Falling Bomb	221516
Explosion	221515
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Gun Shot	221512
Wolf	221511
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FHM
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BOOK OF LISTS
AUGUST
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NEW!

374 WAYS TO GET THE MOST OUT OF LIFE THIS MONTH

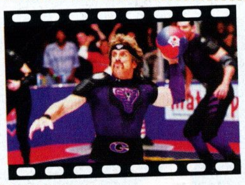
- Summer soft-top motors
- Olympic events we might win
- Digital camera round-up
- Hot-weather haircuts
- International chat-up lines
- August festivals guide
- Lose that beer-gut
- Top holiday spots
- CDs, movies and all the best entertainment reviewed
- ... and much, much more!

It all starts over the page

Photography: Andy Barter

10 BIG AUGUST MOVIES YOU WON'T AVOID...

1 *I, ROBOT*
Starring: *Will Smith, Bridget Moynahan*
Mega-budget sci-fi vehicle for Smith. When a metal man is implicated in the murder of a human, Smith's "robotophobic" cop gets the case. Not as smart as *Minority Report*, but a corking ride nonetheless.
Best bit: When the robos go loco. ★★★★☆

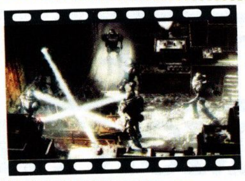


2 *DODGEBALL: A TRUE UNDERDOG STORY*
Starring: *Ben Stiller, Vince Vaughn*
Very funny, instantly forgettable stupidity from the *Zoolander* team. With fatties, lesbians, Spandex, wheelchairs, Chuck Norris, cock-cancer hero Lance Armstrong and pirates ahoy, what's not to like?
Best bit: Nerds hit with spanners. ★★★★☆

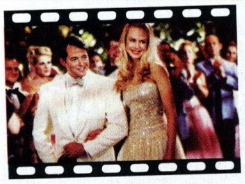
3 *THE BOURNE SUPREMACY*
Starring: *Matt Damon, Franka Potente*
2002's *Bourne Identity* gets a cracking follow-up. Damon's super-assassin is forced out from the shadows when a copycat killer taps a Chinese politico. Car chases, telescopic sights and stoner girlfriend all return.
Best bit: Brian Cox's evil CIA suit. ★★★★☆

4 *THE VILLAGE*
Starring: *Joaquin Phoenix, William Hurt*
An isolated hamlet has an uneasy truce with the toothsome nasties outside its borders. Sorry, *had* an uneasy truce... It's from M Night *Sixth Sense* Shyamalan, so expect a big twist about ten minutes from the end.
Best bit: Seeing those bad boys. ★★★★☆

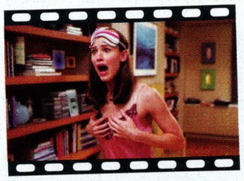
5 *SPARTAN*
Starring: *Val Kilmer, William H Macy*
Classy, talky, paranoid thriller. Kilmer's hard-as-nails Secret Serviceman finds his "I'm just a soldier" ethos stretched a little thin when his own guys start bustin' caps at him.
Best bit: The boathouse shoot-out.
★★★★☆



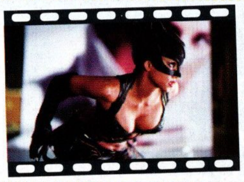
6 *SKY CAPTAIN AND THE WORLD OF TOMORROW*
Starring: *Jude Law, Gwyneth Paltrow*
Retro, nerdy shoot-em-up, with just about everything except the actors created on a laptop. The battling blimps and killer robots are great fun – shame the story's so lame.
Best bit: The dogfight through NY. ★★★☆☆



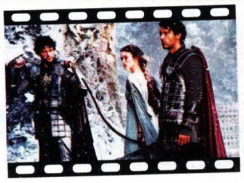
7 *THE STEPFORD WIVES*
Starring: *Nicole Kidman, Matthew Broderick*
Do women in Stepford do nothing but bake and shag? Does the sinister Men's Club have anything to do with it? The original Seventies version was disturbing; this goes for laughs.
Best bit: Christopher Walken as the chief of the bad guys. ★★★☆☆



8 *13 GOING ON 30*
Starring: *Jennifer Garner, Mark Ruffalo*
Jenny's a geeky 13-year-old transformed into a 30-year-old New Yorker by a magic spell in this fun body switch flick. It's your standard date movie, but Garner's a real charmer.
Best bit: Dancing to Michael Jackson's *Thriller*. ★★★☆☆



9 *CATWOMAN*
Starring: *Halle Berry, Frances Conroy*
Bizarre Batman-free spin-off. Halle's mild-mannered designer stumbles upon a corporate plot, and – as the press release puts it – is "reborn with the strength, speed, agility and ultra-keen senses of a cat".
Best bit: Berry in leather. That's it. ★★☆☆☆



10 *KING ARTHUR*
Starring: *Clive Owen, Keira Knightley*
Owen is Arthur in this dull costume epic. The extras look like escapees from a Slipknot concert; the music's an Old Spice ad. What's that whiff? The smell of 1,500-year-old cheese.
Best bit: Fighting on the frozen lake.
★★☆☆☆ *MB/JR/LC*

10 CONVERTIBLES YOU COULD BE DRIVING – TODAY!

Buy second-hand. Enjoy for summer. Flog in October. And this is all you might pay...

1 VW BEETLE CONVERTIBLE 1.6 (2003)
Pay around: £16,085
It's hard not to tootle a revamped Bug 100 yards down the road without a brace of bikini-clad honeys leaping in the back (no actual guarantee).

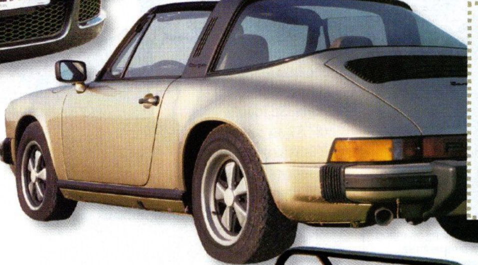
2 AUDI TT 1.8 QUATTRO ROADSTER (2001)
Pay around: £15,000
If a car's credibility remains intact being driven by Hugh Grant, it can survive anything. The perfect summer motor.

6 MERCEDES SLK230 (1998)
Pay around: £11,495
A Merc you can drive without wearing slippers? Somehow this slipped past the dullness inspectors at Dusseldorf (or wherever...).

8 VAUXHALL VX220 ROADSTER (2001)
Pay around: £14,995
You'll need the skills of a contortionist and the top rolled back to get in and out of the thing, but expect a classy ride once finally sitting down.

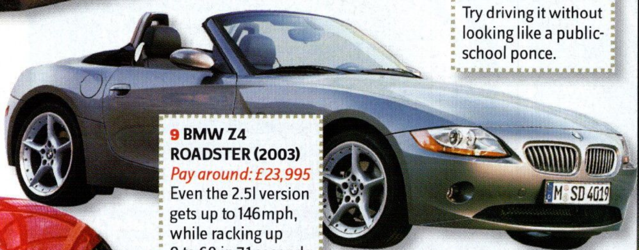
3 LOTUS 340R (2000)
Pay around: £20,950
They only made – guess what? – 340 of the things, which means the carbon-fibre wonder might take some tracking down. But it'll sure be worth it, buddy.

4 AC COBRA (1978)
Pay around: £15,995
Daft Yank muscle car. All thoughts of mpgs and the cost of a replacement wing mirror will go out the door at the first rev of that seven-litre engine.



5 PORSCHE 911 TARGA (1976)
Pay around: £7,995
Not a soft-top, but once you've persuaded the glass roof to slide back, you'll be blissfully exposed to the elements.

7 CATERHAM SUPER SEVEN SPRINT (1988)
Pay around: £9,995
Caterham's Lotus clones have been around for decades. Try driving it without looking like a public-school ponce.

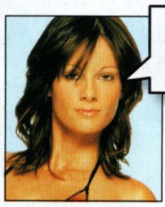


9 BMW Z4 ROADSTER (2003)
Pay around: £23,995
Even the 2.5l version gets up to 146mph, while racking up 0 to 60 in 7.1 seconds. That's just the sort of thing a magistrate likes to hear.

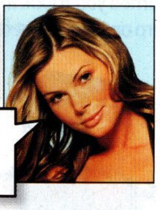
10 SMART ROADSTER (2003)
Pay around: £15,850
Merc-engineered, so despite looking like you could pick it up with one hand it drives like a mofo and will go forever. *RB/MB*

10 BEACH DOS AND DON'TS

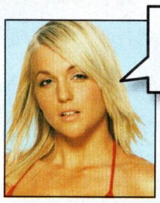
We asked *FHM*'s very own High Street Honeys, Class of 2003, about the best and worst things they've seen blokes do on holiday beaches. Listen and learn...



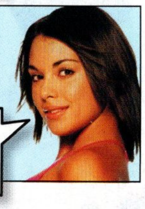
1 Karen Young: "Don't get pissed at 11am – it's so unattractive seeing drunken prats falling into pools. But a few cold beers by 2pm is fine..." 👎



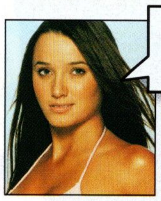
👍 **2 Charlotte Marshall:** "If I'm going topless, I hate it when the guy I'm chatting with does nothing but stare at my boobs! Try and look me in the eye, boys."



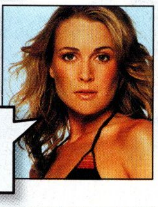
3 Kayleigh Pearson: "Try and keep an element of cool on the beach. Get some decent shades, a nice cap and funky flip-flops, rather than stinky Reebok classics and a Union Jack towel." 👎



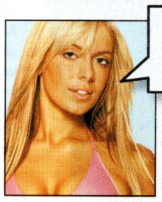
👍 **4 Alex Khan:** "You may have had a great time in Greece in 2002, but there's really no need to have the fact tattooed across your lower back. Tacky tats are the worst."



5 Anna Fronda: "My mates and I always take the piss out of foreigners in tiny Speedos. Trust me, they look bad on *everyone*. Just wear shorts, lads!" 👎



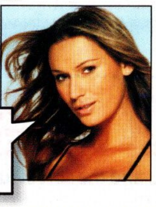
👍 **6 Charlie Stainton:** "Do splash the cash! If you're sitting on the beach near some girls, offer to get us a drink or a Cornetto. It's an easy ice breaker."



7 Rachel Hammond: "Grow up, guys, and realise that burying your mates up to the neck in the sand really should have stopped when you were on holiday with your mummy and daddy." 👎

👍 **8 Abbie Scott:** "Take a Frisbee to the beach 'cause it's a great way of getting talking to us girls. Just don't hit us with it accidentally on purpose – not funny!"

9 Melanie Boorman: "It's really obvious, but use suncream. There's nothing worse than a crispy bloke. A girl just doesn't want to feel the remains of someone's back under her nails..." 👎



👍 **10 Gemma Walker:** "The chances of me pulling a man with a hairy back are zero, so do the right thing guys and get it waxed. If I wanted to pull a bear, I'd go to the zoo. Or Italy."

10 TIPS ON SURVIVING ALL-DAY DRINKING

August sun; cool pubs; hangover by teatime. Or maybe not...

1 Munchies are your friend
Drink on an empty stomach and you're asking for trouble. Eat lots of carbs.

2 Choose your weapon
Avoid continental lager and select a four per cent "session beer".

3 Stick with it
Expect "lows" at around 3pm and 8pm, but you'll soon get a second wind.

4 Keep yourself busy
Bar games can take your mind off the intoxicating effects of hard liquor.

5 Go on tour
Moving between pubs gives you "stolen" downtime to regroup.

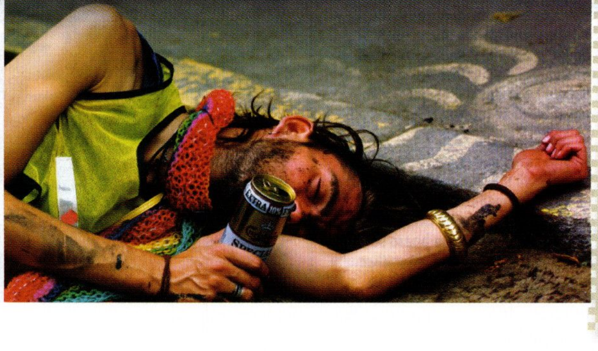
6 Tactical chunder
The Romans threw up to make room for more chow – learn from them.

7 Buddy up
Select a sensible drinking pacemaker, then stick with him throughout the day.

8 The plant pot shuffle
Locate a suitable receptacle for your pint. Check the coast is clear. Pour.

9 Camouflage your drinks
Buy your own booze, and order a cheeky pint of low-alcohol beer.

10 Get inside help
Buy the barmaid a drink and she'll help you use our tips to reach closing time. *ST*



5 WAYS TO UPGRADE YOUR FLIGHT

No more paying for sarnies...

1 Charm your booker
Agents can add "Commercially Important Passenger" to your booking. The airline'll think you're a corporate bigwig inexplicably flying cattle class!

2 Pick your moment
The check-in jobsworth isn't going to upgrade you when others are listening. Wait till you're in a queue of one.

3 Ditch the family
Business Class with eight brats and a missus smelling of baby sick in tow? It's simply not going to happen.

4 Stick to the same airline
When airlines upgrade, it's their gold flyers who get to go behind the curtain.

5 Know what not to say
Try telling the truth: "Are you by chance upgrading passengers on this flight? If so, I'd like to be considered." *ST*

Illustration: Peter Liddiard. Auto Express Picture Library, Alamy

5 HIGH-STREET ICE CREAMS

Worried you'll look like a gaylord as you slurp on newsagent-fare? Not anymore...

1 CORNETTO "WHIPPY"
Don't consume straight from the shop's freezer, but allow to warm a little for a surprisingly authentic "ice cream van" experience.
Rating: ★★★★☆

2 WALL'S CORNETTO MINT
A minty, macho start fades too soon into a coneful of chalky ice-cream. A slog, but nothing too fancy in there to cast doubts on your sexuality.
Rating: ★★★☆☆

3 CADBURY'S STRAWBERRY FLAKE 99
A genuine Flake is the high-point of this garish yellow cone, but strawberry sauce takes it close to bird-food. Risky.
Rating: ★★☆☆☆

4 CORNETTO LOVE POTION NO 1
Promises a "spicy bite", meaning weird chilli-sprinklings on tiramasu. You take the top half, she chows down on the rest. For couples only.
Rating: ★★☆☆☆

5 M&MS CONE
A measly nine M&Ms sit atop fudge and vanilla ice cream. *Lots* of ice cream, then a knob of chocolate at the end of the cone. Disappointing. ***MB***
Rating: ★★★☆☆

Expect to pay 99p for each, depending on mood of shopkeeper/rising ambient temperature.

5 CUSTOMS-ALERTING IMPORTS

Our eagle-eyed gatekeepers aren't solely on the look-out for gypsies and poor people...

1 Tree bits
It's illegal to bring in more than five tree seedlings, 2kg of chestnuts or 50 flowers. And restrict yourself to no more than five non-manufactured pieces of wood, without bark, up to 1m long.

2 Bushmeat
An estimated 7,431 tonnes of illegal meat products enter Britain every year. "Bushmeat" is typically smoked cuts from African rats, antelopes, gorillas and forest elephants. Mmm... elephant.

3 Birds
To qualify as a pet for legal UK import, birds must have lived with you for at least two months. Be aware that there's a limit of two pet birds per person or six per family. And the pest-ridden things have to travel with you.

4 Weapons
Flick knives, butterfly knives, push daggers, belt-buckle knives, death stars, swordsticks, knuckledusters, blowpipes and telescopic truncheons: all on Customs' shit-list.

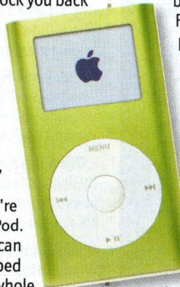
5 Pet fur
A 2002 law banned the import of domestic animal pelts. So lovers of "Asian jackal" (Alsatian) will be disappointed, as will anyone ordering a coat made out of "goyangi" or "mountain cat" (pussies). ***MB***

10 MUSIC DOWNLOAD WEBSITES...

...and the sort of tunes they've got on offer. Go geeks!

1 www.mycokemusic.com
The sugar-water giant's site boasts almost 300,000 tracks, but its Windows Media files won't work on a Mac. The Beastie Boys' *Ch-Check It Out* made it onto our desktop for a mere 99p when *FHM* sniffed round.

2 www.wippit.com
For £50 a year you can burn CDs to your heart's content. Don't want to commit? Then single tracks will knock you back 79p. Bonus freebies include everything from Coldcut to Lenny Kravitz hits. Offers 200,000 songs, but no previews.



3 www.apple.com/uk/itunes
PC and Mac OS X-friendly, it's the best place for downloading tunes if you're flash enough to own an iPod. Over half a million tunes can be previewed, then snapped up for 79p a pop. Burn a whole album to CD for under eight quid.

4 www.mp3.com
A search engine for MP3s instead of monkeys and porn. Type in a track and you'll be told of places legally offering the tune. At our last look, The Vines' album was fresh on the cyber-shelves.

5 www.napster.co.uk
The original pirate, now one of the best online music stores. Pay a tenner a month for a tasty musical buffet – all the tracks you can eat from bands like The Streets and Ash, plus internet radio.

6 www.bleep.com
Small but perfectly formed online shop from Aphex Twin label, Warp Records. Amongst the 150-or-so albums are some real gems (try the new album *Louden Up Now*) at 99p per track. Leads the way in design and ease of use.

7 www.amazon.com
Surprisingly good for promo freebies from big names. *FHM* pocketed brand-new tracks from Franz Ferdinand and 50 Cent without paying a penny.

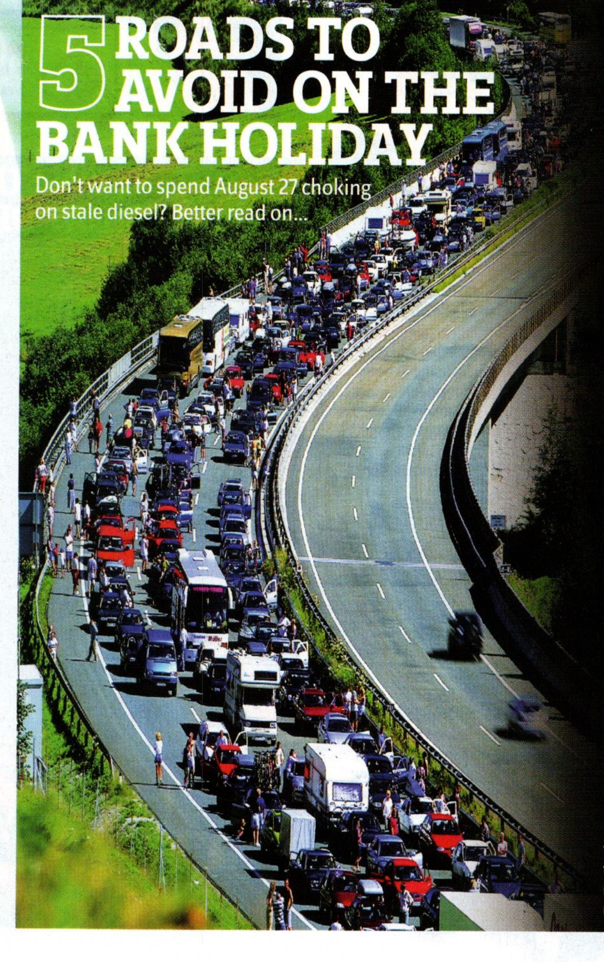
8 www.kazaa.com
Massive file-sharing network – with all the legal and viral problems you'd expect. Opens the door to millions of popular music, movie and game files, any of which might be a law-breaker if copyrighted. Beware!

9 www.real.com/rhapsody
Only available to PC users, Real have packed in 600,000+ tunes. Sign up for $9.99 and you can stream your music or burn it to CD, easy as pie. Kylie's *Slow* was online here, and nowhere to be found at iTunes.

10 www.emusic.com
A huge catalogue of 400,000-plus tunes, with the bonus of a two-week trial that bungs you 50 free MP3s with no catch. Subscribe for under ten bucks a month and the above-board set-up means your favourite multi-millionaire artists don't go hungry. ***DM***

5 ROADS TO AVOID ON THE BANK HOLIDAY

Don't want to spend August 27 choking on stale diesel? Better read on...



1 The M4/M5 interchange
According to AA Roadwatch, the West Country suffers a double whammy: 21 million individual trips to the place a year, and just the one motorway – the M4. Expect chaos around the M5 interchange at Bristol; real pessimists should also avoid the A30 and A38.

2 The A303 (southbound)
Some day they're going to build a £120m, two-mile tunnel past Britain's premier Neolithic site. That day is not in August 2004. You'll get some lovely views of the ancient stones from this slimline section of the A303, which passes just a few hundred yards from the landmark... and an hour or so in which to enjoy them.

3 The A34
According to Chieveley's official website, "there are no events listed for August 2004". Nonetheless, thousands of motorists will spend a frustrating amount of time in or near the sleepy Berkshire town on the Bank Holiday, as ill-timed junction improvements of the M4 spread seasonal four-wheeled cheer.

4 The M4 (Severn Bridge)
Hard to believe, but some fools will be heading for Wales this weekend. The Severn bridge has a main span of 3,240ft, with 1,000ft side-spans. Towers are about 445ft above high-water level and carry some 8,320 wires with a total length of 18,000 miles, compressed into cables of 20in diameter. Fascinating facts to digest, as you crawl over the damn thing.

5 The A4, A329 and A4074
Normally inhabited by IT contractors in Mondeos, all routes in and around Reading are guaranteed to be busy at the weekend as punters flock to, then flee from the festival, their bloodstreams rich with intoxicating substances – just to make those journeys extra-special. ***ST***

Illustration: Peter Liddiard. PSC, Rex Features

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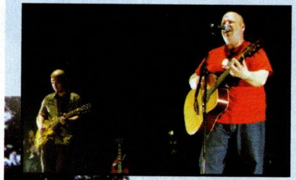
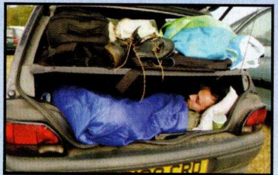
5 WAYS TO GET THE BEST OUT OF V2004

FESTIVAL PASS
Nº1
ACCESS ALL AREAS

With last year's festival being such a stormer, they had to go some to top it – and, by George, it looks like they might just have done that

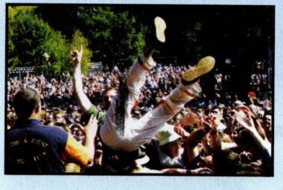
1 Who's playing?
On the Hylands and Weston Park main stages you'll see The Strokes, The Pixies, N*E*R*D, Snow Patrol, The Thrills, Pink, The Charlatans and Dido (time to go to the bar). Meanwhile, the *NME* stages entertain the likes of Jet, Elbow, Keane, Massive Attack and the Scissor Sisters.

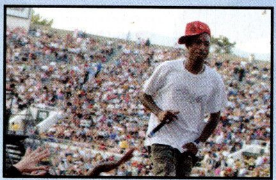




2 If you're on a tight budget...
Camping tickets have already sold out, so go for a single-day ticket at £46.50 (www.vfestival.com).

3 If money's no object...
Shun the great unwashed by purchasing a weekend ticket without camping (previously on sale at £82.50, but you'll probably need to sell your soul on eBay to get one now), then check into a local hotel. For Hylands Park try The Atlantic Hotel, New Street, Chelmsford; rooms from £70 per person per night; 01245 268168. For Weston Park, try the Park House Hotel, Park Street, Shifnal; rooms from £45 per night per person; 01952 460128.





4 How to pretend that this isn't your very first V Festival experience:
"Storming 90-minute set from the Chili Peppers last year," you can remark to your gaping entourage at Weston Park, "but just the one encore. Great cover of *I Feel Love*, however." A mention of The Prodigy and the Foo Fighters on the same bill in '97 should also convince.

5 This year, don't miss:
A breathless greatest hits set from The Pixies, and achingly hip indie noodlers The Killers on the *NME* stage.

When and where? Saturday 21 and Sunday 22 August, Hylands Park, Chelmsford, and Weston Park, Staffordshire. *RH*

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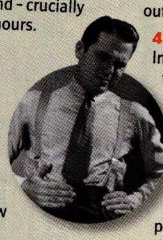
5 SICKIES TO PULL ON A SUNNY DAY

Run out of relatives' funerals? Here's some new excuses

1 Urticaria
Known as nettle rash, symptoms include itchy weals on face or body. Unsightly and – crucially – fades within 24 hours.

2 Concussion
Come in to the office with the hangover from hell? Handily, dizziness, headache and nausea are the symptoms of a blow to the head.

3 Suspected Alport Syndrome
A cause of kidney failure, but in its early stages it causes mild deafness, back pain and piss problems – which could turn out to be nothing. Result!



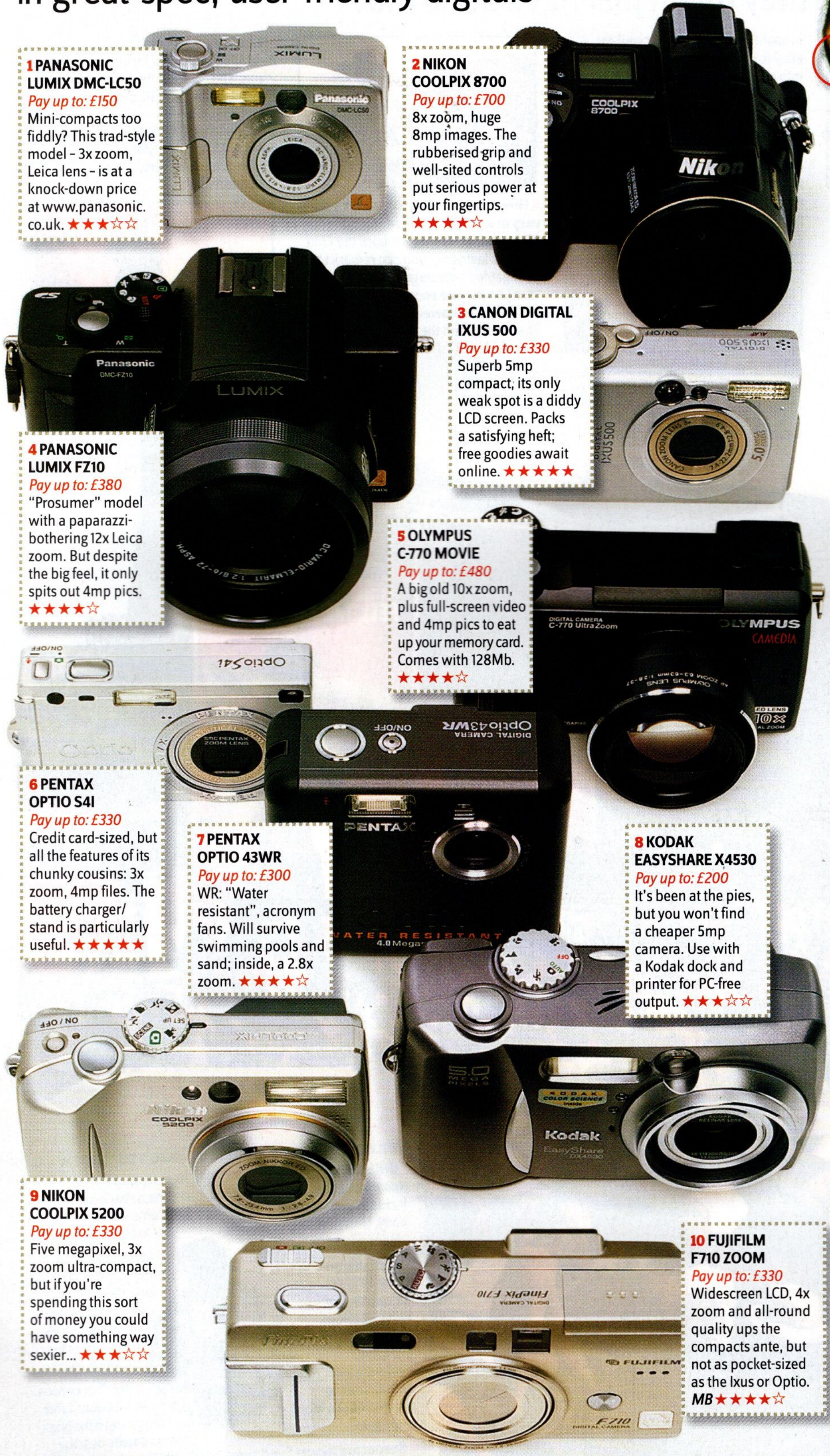
4 Urine retention
Imagine you're bursting for a slash, but can't go. Condition can occur constantly, intermittently or just the once. Perfect.

5 Bacillus cereus
Aka 24-hour food poisoning. If the boss wants details descibe diarrhoea, vomiting and cramps. *ST*

Getty Images, PA, Retna, Rex Features, Zefa

10 NEW MUST-HAVE DIGITAL CAMERAS

Expose your holiday vistas to nothing but the best in great-spec, user-friendly digitals



1 PANASONIC LUMIX DMC-LC50
Pay up to: £150
Mini-compacts too fiddly? This trad-style model - 3x zoom, Leica lens - is at a knock-down price at www.panasonic.co.uk. ★★★☆☆

2 NIKON COOLPIX 8700
Pay up to: £700
8x zoom, huge 8mp images. The rubberised grip and well-sited controls put serious power at your fingertips. ★★★★☆

3 CANON DIGITAL IXUS 500
Pay up to: £330
Superb 5mp compact; its only weak spot is a diddy LCD screen. Packs a satisfying heft; free goodies await online. ★★★★★

4 PANASONIC LUMIX FZ10
Pay up to: £380
"Prosumer" model with a paparazzi-bothering 12x Leica zoom. But despite the big feel, it only spits out 4mp pics. ★★★★☆

5 OLYMPUS C-770 MOVIE
Pay up to: £480
A big old 10x zoom, plus full-screen video and 4mp pics to eat up your memory card. Comes with 128Mb. ★★★★☆

6 PENTAX OPTIO S4I
Pay up to: £330
Credit card-sized, but all the features of its chunky cousins: 3x zoom, 4mp files. The battery charger/stand is particularly useful. ★★★★★

7 PENTAX OPTIO 43WR
Pay up to: £300
WR: "Water resistant", acronym fans. Will survive swimming pools and sand; inside, a 2.8x zoom. ★★★★☆

8 KODAK EASYSHARE X4530
Pay up to: £200
It's been at the pies, but you won't find a cheaper 5mp camera. Use with a Kodak dock and printer for PC-free output. ★★★☆☆

9 NIKON COOLPIX 5200
Pay up to: £330
Five megapixel, 3x zoom ultra-compact, but if you're spending this sort of money you could have something way sexier... ★★★☆☆

10 FUJIFILM F710 ZOOM
Pay up to: £330
Widescreen LCD, 4x zoom and all-round quality ups the compacts ante, but not as pocket-sized as the Ixus or Optio. *MB* ★★★★☆

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10 CELEBRITY TATTOOS TO UNVEIL ON THE BEACH

Because if it's good enough for Sir Sean's forearm...

1 The Anchor
Emerging from its naval origins with heterosexuality intact, this hard-man tatt has been popularised by two-fingered war hero Winston Churchill and even, reportedly, Prince Charles.
Pain rating: ★☆☆☆☆

2 The Hypocrite
Sir Sean Connery, the World's Sexiest Man (and not a balding, curmudgeonly septuagenarian) has "Scotland Forever" on his forearm - despite seldom setting foot in the rain-drowned land since the Sixties.
Pain rating: ★☆☆☆☆

3 The Mate Gag
Join Wayne Rooney, who had "Then" inked onto his shoulder after he saw his mate had "OK" on his.
Pain rating: ★☆☆☆☆

4 The Ironic Git
Aside from dog-tags permanently painted around his neck, unusually white rapper Eminem also boasts an arrow pointing to his right wrist with the slogan, "Slit Me."
Pain rating: ★★☆☆☆

5 The Apology
Fancy a permanent whiney reminder that you once wronged a loved one?

Lanky hoop-splitter Kobe Bryant did: after being arrested on rape charges, he inked a "tribute" - his wife's name - onto his right upper arm.
Pain rating: ★★★☆☆

6 The Power Of Expression
A little-known cosmetic hoax used by women on HRT and James Brown: stenciling on your eyebrows.
Pain rating: ★★★☆☆

7 The Sexual Exaggerator
Darkness lead singer Justin Hawkins has a fire painted across his lower belly and over his crotch.
Pain rating: ★★★☆☆

8 The Mistake
Women: can't live with 'em... shouldn't have their names indelibly etched onto your body. Sean Penn had "Madonna" lasered off his shoulder), Johnny Depp had "Winona forever" cunningly changed to "Wino forever" after his breakup.
Pain rating: ★★★★☆

9 The Special Lady Treat
Prepare for your teeth to be gritted: booze-sponge ex-actor - ex-everything - Oliver Reed had an eagle tattooed... on his Johnson. After the six-hour needle session, "sparrow" might be more descriptive.
Pain rating: ★★★★★

10 The Lunatic
Yank Dennis Smith filed his teeth to needle points then spent £100,000 tattooing himself with orange and black stripes. Now he wants fur implants. And then to be shot by gun-crazed hunters, hopefully.
Pain rating: ★★★★★(★) *CB*

5 WAYS TO DEFUSE A FIGHT

As the mercury soars, so do tempers. Better memorise this...

1 Holler an expletive
When faced with unruly Provos in Northern Ireland, former SAS hero Andy McNab would simply scream, "Fuck off!" If you can pull off the local accent , that helps.

2 Act like a pussy
When up against a sober adversary (a rambler, say, miffed that you've left a gate open), put them into a relaxed state of mind. Use a soothing voice, drop your arms, and apologise. You'll live to fight another day.

3 Let confusion reign
Commandos lob thunder grenades to disorientate their targets. You can confuse your aggressor by getting your old fella out. He'll either be intimidated by your magnificence or amused by your pitiful display...

4 Don't sweat the small stuff
Since most fights are an escalation from a minor disagreement, identify the root cause of the confrontation. "I got sand on your Solero? Let me go and buy you another."

5 Flee
In a fight, the aggressor is not the one that throws the first punch, but the one who insists on fighting. If your enemy is hell-bent on mangling your face, point behind them ("Good Lord! Is that Ronnie O'Sullivan ?") and run. No one need ever know. *ST*

Camera Press, Hulton, PSC, Redferns, Retna

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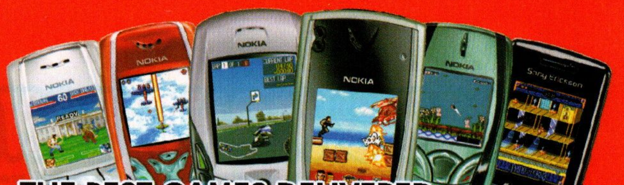

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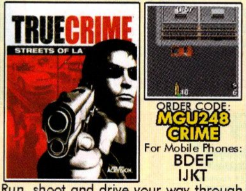

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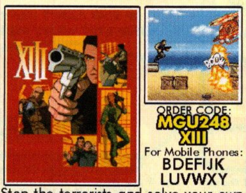

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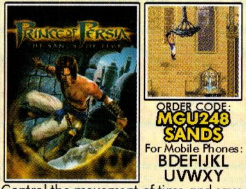

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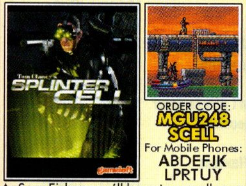

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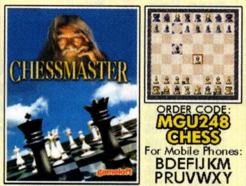

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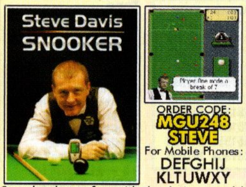

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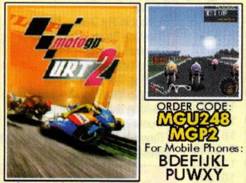

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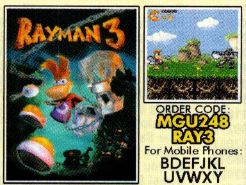

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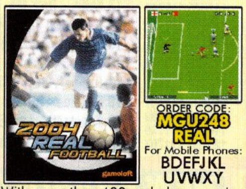

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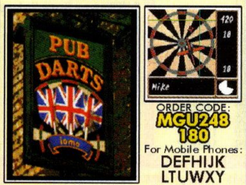

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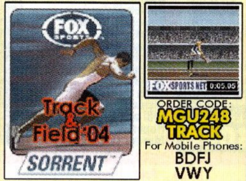

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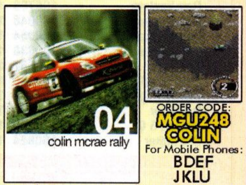
The cards are on the table, and it's up to you to take them all off again. Can you deal?

COLIN MCRAE RALLY 04™



ORDER CODE: MGU248 COLIN
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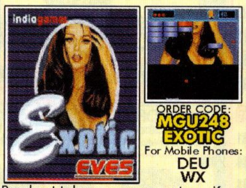
Speed across various terrains in your high-powered rally car. Have you got what it takes to be Colin McRae?

NAUGHTY NIKKI

ORDER CODE: MGU248 NIKKI
For Mobile Phones: BDEJKT

Nikki just loves smart men. Show her the size of your IQ, and she may just show you something in return.

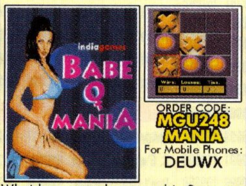
EXOTIC EVES



ORDER CODE: MGU248 EXOTIC
For Mobile Phones: DEU WX

Breakout takes a saucy new turn. Keep smashing the blocks with your bat and ball to reveal an exotic surprise.

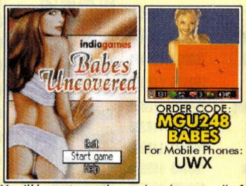
BABE O MANIA



ORDER CODE: MGU248 MANIA
For Mobile Phones: DEUWX

What happens when noughts & crosses becomes strip-tac-toe? Never before has getting XXX been so appropriate.

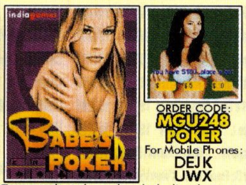
BABES UNCOVERED



ORDER CODE: MGU248 BABES
For Mobile Phones: UWX

You'll have to work very hard to see all of these lovely ladies. Uncover 75% of the screen and avoid the balls to advance.

BABES POKER



ORDER CODE: MGU248 POKER
For Mobile Phones: DEJK UWX

To see what these lovely ladies have to offer, you must show them a good hand. Just don't tell them where it's been.

SEXY POKER 2004

ORDER CODE: MGU248 SEXY
For Mobile Phones: BDEFIJKL PRUVWXY

Play strip poker whenever you want... Three animated girls take great pleasure in adding a little fantasy to your mobile.

FRUIT MACHINE
For: ABCDEFJKNOPSTWY
Order Code: MGU248 SLOT

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For Mobile Phones: BDEFJKWX
Order Code: MGU248 MAN

RED DWARF: SIMULANTS' REVENGE
For Mobile Phones: BDEJKPTUY
Code: MGU248 DWARF

EVIL DEAD PINBALL
For Mobile Phones: BDEJT
Order Code: MGU248 DEAD

SNOOD
For Mobile Phones: BDKLT
Code: MGU248 SNOOD

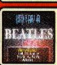
EUROSPORT™ CYCLING
For Mobile Phones: DEJ
Order Code: MGU248 BIKE

PLANET ZERO
For Mobile Phones: ABDEFJMOPR
Code: MGU248 PLANET

TOM CLANCY'S® SPLINTER CELL: EXTENDED OPS
For Phones: BDEFIJKMPQRU
Order Code: MGU248 OPS

SPEED DEVILS™
For Mobile Phones: ABDEFNOY
Order Code: MGU248 DEVIL

NIGHTMARE CREATURES™
For Mobile Phones: BDEFJKU
Order Code: MGU248 MARE



(M)TRIVIA: BEATLES
For Mobile Phones: BDE
Code: MGU248 BEATLES

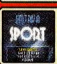
SKATE & SLAM™
For Phones: ABDEFJKLNOTUY
Order Code: MGU248 SK8

WWE™ MOBILE MADNESS: HARDCORE
For Mobile Phones: BDEFT
Order Code: MGU248 HARD

FOX SPORTS BOXING
For Mobile Phones: BDEJTUVWY
Code: MGU248 BOXING

EUROSPORT™ HORSERACING
For Mobile Phones: DEJ
Order Code: MGU248 RACE

SHARK HUNT
For Mobile Phones: BDEFJVW
Code: MGU248 SHARK



(M)TRIVIA: SPORT
For Mobile Phones: BDE
Code: MGU248 SPORT

RAYMAN® BOWLING
For Phones: ABDEFIMPQRVWXZ
Order Code: MGU248 RAYB

CALL OF DUTY
For Mobile Phones: BDEFIJKSUY
Order Code: MGU248 COD

PRINCE OF PERSIA® HAREM ADVENTURES
For: ABDEFIJKLOPQRTUVWXZ
Order Code: MGU248 POP

LOTUS CHALLENGE
For Mobile Phones: BDEJK
Order Code: MGU248 LOTUS

RAINBOW SIX 3 RAVEN SHIELD
For Mobile Phones: BDPQVWX
Code: MGU248 RAVEN

YAO MING BASKETBALL
For Mobile Phones: BDJTUVWY
Code: MGU248 DUNK

RAYMAN® GOLF
For: ABDEFIMNOPRVWXY
Code: MGU248 RAYG

SPLASHDOWN™ RIDES GONE WILD
For Mobile Phones: BDEFJKLUY
Code: MGU248 SPLASH

PAT CASH PRO TENNIS
For Mobile Phones: DEFJKLUY
Order Code: MGU248 CASH

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For Mobile Phones: BDEJKT
Order Code: MGU248 PEN

RAIL RIDER™ THE DEVIL'S MINE
For Mobile Phones: ABEFNO
Order Code: MGU248 RAIL

ALIENS™ UNLEASHED
For Mobile Phones: BDEIJTWY
Code: MGU248 ALIENS

VENUS WILLIAMS TENNIS
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Code: MGU248 VENUS

PUB POOL
For Mobile Phones: DEFGJKUWXY
Order Code: MGU248 POOL

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For Phones: ABCDEOPTUW
Order Code: MGU248 ASTER

TOP GUN: AIR COMBAT™
For Mobile Phones: DEJT
Order Code: MGU248 TOP

SERGEI FEDEROV FACE-OFF HOCKEY™
For Mobile Phones: BDEF
Code: MGU248 HOCKEY

THE DAY AFTER TOMORROW
For Phones: BDEFIJKUWXY
Order Code: MGU248 TOM

SIBERIAN STRIKE™
For Phones: ABDEFJOTUVWXY
Order Code: MGU248 SIB

THE ITALIAN JOB
For Mobile Phones: DEFIJKPSTUY
Order Code: MGU248 JOB

ATARI® CENTIPEDE®
For Phones: ABCDEOPTW
Order Code: MGU248 CENTI

GARFIELD
For Phones: BDEFIJKUWX
Order Code: MGU248 GARF

HELLO KITTY™ BOOGIE WOOGIE
For Phones: BDEJKLPUWXY
Order Code: MGU248 KIT2

WWE™ MOBILE MADNESS: CAGE
For Mobile Phones: BDEKT
Order Code: MGU248 CAGE

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For Mobile Phones: EF
Order Code: MGU248 SIB2

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Text the correct **ORDER CODE** & **PHONE MODEL** to **88600**

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Text **MGU248 WORMS GX10** to **88600**

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NOKIA		
	3410	A
	3510i	B
	6310i	C
	3100	D
	3200	D
	3300	D
	5100	D
	6100	D
	6610	D
	6800	D
	7210	D
	7210i	D
	7250	D
	7250i	D
	3650	E
	3660	E
	7650	E
	NGage	E
	6600	F
SAMSUNG		
	Z100	G
	Z105	H
	E700	I
	S300	S
SHARP		
	GX10	J
	GX10i	J
	GX20	K
	GX30	L
SIEMENS		
	C60	M
	C55	N
	M50	O
	M55	P
	S55	P
	SL55	Q
	MC60	R
MOTOROLA		
	T720	T
	T720i	T
	V300	U
	V500	U
	V525	U
	V600	U
SONY ERICSSON		
	T630	V
	T610	W
	Z600	X
SAGEM		
	My V65	Y
LG		
	5300i	Z
	5400	Z
	7100	Z

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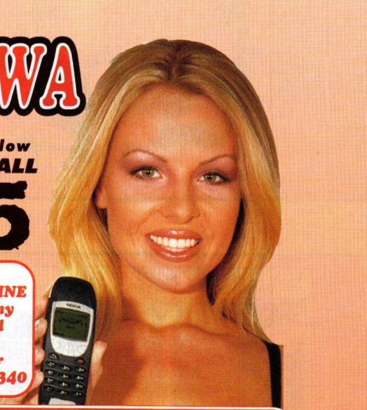
Yes, every tone listed is available in conventional mono tone and the NEW polyphonic style which combine various instruments and actually sound like real stereo music. You can check if your phone takes a polyphonic or mono tone below



TO ORDER YOUR POLY RINGTONE BY TEXT:

poly
Text: Poly+ Order Code to
88833

TO ORDER YOUR MONO RINGTONE BY TEXT:

mono
Text: Mono+ Order Code to
88833

THE ORDER CODE IS A 6 DIGIT NUMBER NEXT TO THE TONE YOU WANT LISTED IN THE MONO COLUMN OR THE POLY COLUMN

e.g. If you wanted the Poly Airwolf Theme (108213) Text: POLY 108213 to 88833

e.g. If you want the Mono Airwolf Theme (100621) text MONO +100621 to 88833

TO ORDER ANY POLY OR MONO TONE FEATURED CALL

0907 787 8215

OR ORDER FAST BY FAST TEXT †

IF YOU CAN'T FIND THE SONG YOU WANT THEN TEXT:

Text: Ultratone + SONG TITLE to 80189

ONLY AVAILABLE ON NOKIA

e.g. If you want the Abba song WATERLOO text ULTRATONE WATERLOO to 80189

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e.g. If you want Tatu's latest record text ULTRATONE TATU to 80189

TONE PREVIEW LINE
Listen to any tone listed BEFORE you order
0906 782 9340

TONE OF THE WEEK
Woo Hoo – Carling Ad
(Mono) 151554 (Poly) 151555

CHECK PHONE COMPATIBILITY BELOW ■ YOU MUST LEAVE A SPACE BETWEEN EACH WORD & CODE ■ TEXT ORDER FROM S. IRELAND - TEXT TO 57080

GREATEST TOP 50 RINGTONES

Tone	Mono	Poly
Airwolf	100621	108213
Knightrider	100131	107030
Indiana Jones	100126	108821
Pulp Fiction	100695	109012
Fools & Horses	101226	108315
BBC Cricket	100685	116171
Joe 90	100805	111696
Benny Hill	100013	109279
The Simpsons	100219	107052
Get Carter	100896	108313
Italian Job	100691	107026
The A Team	100682	107898
Magnificent 7	100668	108832
Magic Round...	100663	107900
Winnie the Pooh	100253	107831
James Bond	100016	107023
Dambusters	100703	118331
Halloween	100048	109159
The Muppets	100064	108209
Great Escape	100038	107003
Eye of the Tiger	100687	108299
Beverly Hills Cop	100010	108195
Banana Splits	100804	108264
Rainbow	100696	108301
Hawaii 5 0	100690	108384
Godfather	100884	108294

Tone	Mono	Poly
Phoenix Nights	102796	107872
Stay Another... – E17	101766	118334
Enter the Dragon	101246	108312
Hope & Glory	101743	108447
S o t Water – D.Purple	100084	108369
You'll Never Walk Alone	100379	107041
Fields of A'ray – Celtic	100381	108273
Kingstown Town – UB40	100939	109845
T'lar Bells – M.Oldfield	100094	107004
Faith – G.Michael	100218	118339
Do you like... – DJ Piper	100589	118334
Sweet Child of Mine	101084	107012
Bat out of...– M.Loaf	100343	119445
Next... – Snoop/Dre	100392	118335
The Way I Am – Eminem	100339	108210
Stan – Eminem	100328	108329
Eminem – Lose yourself	108002	107810
21 Secs – So Solid Crew	100861	107882
Hey Baby – DJ Otzi	101061	107048
U'Ground – Girls Aloud	108378	107893
Sk8er Boi – A.Lavigne	108011	110068
Cheeky Girls – C Song	107986	107817
Bad Intentions – Dr Dre	101566	118363

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we'll tell you all your favourite artist(s) tones
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TOP TV AD TONES

Tone	Mono	Poly
A Shot in the Dark – Nissan	151536	151537
Cha Cha Twist – Coca Cola	151538	151539
Channel Surfing – iPod	151540	151541
Easy Rider – HSBC	151542	151543
Feeling The Love – Lynx	151544	151545
Fizzy in Your Mouth – Landrover	151546	151547
Nothing But A Heartache – KFC	151548	151549
Theme from SWAT	151550	151552
Theme from SWAT–Chicago Town Pizza	151551	151553
Woo Hoo – Carling	151554	151555

TV - NEW ADDITIONS

Tone	Mono	Poly
Footballers Wives	149916	149252
Boon	149929	149310
Charmed	149936	149317
Dynasty	149945	
Golden Girls	149956	149399
Inspector Morse	149963	149347
Kojak	149964	149348
League of Gentleman	149965	149349
Lost in Space	149969	149353
Police Squad	149974	149361
Skippy	149985	149373
Open All Hours	149989	149359
Vision On	150002	149389
Will and Grace	150006	149394
Rupert the Bear	150019	117136
Murder City	150020	149732

CHART TONES

Tone	Mono	Poly
DJ Sammy - Heaven	102511	107808
R.Miles - Children	100111	108251
Coldplay - Clocks	108122	112591
C.Aguilera - Fighter	116897	118082
D J Sammy - Sunlight	112694	120223
J.Timberlake - Rock...	108146	117264
S.Twain - Forever/Always	116898	119379
S.Paul - Get Busy	110980	117183
Busted – You Said No	112640	116166
L.Maffia – All Over	112595	116164
D.Sneddon – Don't Let Go	112695	116165
R 5 + O.C– Make Luv	111639	112589
50 Cent – In Da Club	110993	111140
DMX – X Gon' Give it to Ya	110338	116167
White Stripes – 7 Nation	116170	116168
Triple 8 – Knockout	112620	116169
Jnr Senior – Move your Feet	110619	110626
K.Marsh – Cry	112606	115485
R.Williams – Come Undone	112605	115736
Madonna – American Life	112693	115735
G.Gates– Sprit	111214	111137
Mis-teeq – Scandalous	111173	111685
Blur – Out of Time	115729	115734
D.B'field – I Can't Read U	110537	115483
J.Lo&LL.Cool J – All I ...	110313	111138
D-Side – Speechless	112631	115737
Plummet – Damaged	115730	115738
D.Goodrem – Born to Try	110320	111139
Ready for Love - Elton	121732	121707

THIS WEEKS TOP 20

	Tone	Mono	Poly
1	Usher - Burn	149910	149218
2	Girls Aloud - The Show	152512	152514
3	Britney Spears - Everytime	152236	151304
4	McFly - Obviously	152316	152056
5	Mario Winas - I Don't Wanna Know	149908	149137
6	Kylie Minogue - Chocolate	149937	149318
7	Outkast - Roses	149980	149368
8	George Michael - Flawless	152516	152051
9	Blue - Bubblin'	152517	152047
10	O-Zone - Dragostea Din Tei	123624	152080
11	Black Eyed Peas - Let's Get It Started	126503	152367
12	Jay Sean feat. Rishi Rich - Eyes on You	152317	152323
13	Kellis - Trick Me	150000	149387
14	Basement Jaxx - Good Luck	146054	143730
15	Cassidy feat R Kelly - Hotel	149027	146493
16	Beverley Knight - Come As You Are	152318	152324
17	Ordinary Boys - Talk Talk Talk	152513	152515
18	Frankee - F.U.R.B (F U Right Back)	151235	151237
19	Anastacia - Left Outside Alone	149210	149132
20	Brandy ft. Kanye West - Talk About Our Love	152237	151579

FOOTBALL TONES

Tone	Mono	Poly
Come on England	100875	109315
All Together Now	100929	116970
England – Gr Escape	100382	116473
England – Vindaloo	100329	116473
England – 3 Lions	100950	106997
Arsenal – 1-0	100940	108300
Villa – My Old Man	110617	110925
B'ham – Keept...	100495	120603
B'burn – Wild Rover	100803	108455
Cardiff – Men of ...	101742	116253
Celtic – Fields of...	100381	108273
Charlton – Valley...	100144	116993
Chelsea – Blue is...	100499	120596
Crewe – Blue Moon	100489	108265
E'ton/W'ford – Z Cars	100380	120619
Fulham – Al Fayed	121003	110853
Here We Go	120494	120495
If You Know Your...	102345	120601
Leeds – Marching...	100375	110510
LFC – Never Walk...	100379	107041
Man City – Blue...	100489	108265
M.Utd/Spurs –Glory...	100493	108278
Boro – UR My Boro	111005	110970
M'wall – No One...	100787	109336
N'castle – Blaydon...	110616	110875
Forest – Land...	100750	108447
R'gers – Simply...	100802	120612
Sheff U – Agadoo	100004	115741
S'ton – When the...	100378	116256
Stand Up If U Hate	100941	108300
S'land – Daydream...	100491	108938
W'Brom – The Lord...	110618	110952
W'Ham – Forever...	100377	110852

TOP CHART ALBUMS

Tone	Mono	Poly
Maybe Today - Anastacia	151270	151274
Rear View - Anastacia	151271	151275
Sexy Single - Anastacia	151272	151276
Where Do I - Anastacia	151273	151277
Must Get Out - Maroon 5	151295	151298

Tone	Mono	Poly
Sunday Morning - Maroon 5	151296	151299
The Sun - Maroon 5	151297	151300
Git Up - D12	151278	151283
I'll Be Damned - D12	151279	151284
Just Like U - D12	151280	151285
Loyalty - D12	151281	151286
U R The One - D12	151282	151287
Ain't it Fun - Guns N Roses	151288	151291
Since I... - Guns N Roses	151289	151292
Sympathy... - Guns N Roses	151290	151293
Tour De France Intro - K'Werk	151330	151336

NEW RELEASES

Tone	Mono	Poly
Cinnamon Girl - Prince	152340	152362
Help Y'rself - Amy W'hse	152342	152364
Nasty Ghetto - Sugababes	152347	152369
Outrageous - Britney Spears	152349	152371
Some Girls - Rachel Stevens	152353	152369
Thats All Right - Elvis Presley	152355	152371
Wonderwall - Ryan Adams	152357	152379
All the Kings... - Joss Stone	152439	152448
Leave (Get Out) - Jo Jo	152328	152329
Love Them Hos - Eamon	152346	152368
Guilty - The Rasmus	152443	152452
You Come... - PJ Harvey	152447	152456
W'melon - Boxer Rebellion	151248	151260
What a Waster - Libertiners	151249	151261

TARANTINO

Tone	Mono	Poly
Kill Bill 2 - Film Theme	151196	151209
Kill Bill - Film Theme	151197	151210
Coconut - R'voirDogs	151192	151205
G'nght Moon - Kill Bill 2	151193	151206
Hooked on... - R'voir Dogs	151195	151208
Magic Carpet- R'voir Dogs	151199	151213
Son of a ... - P. Fiction	151201	
You Never Can... - P.Fiction	151203	151216
Girl, You'll be a... - P.Fiction	151228	151230
Reservoir Dogs - Theme		151214

FILM & TV

Tone	Mono	Poly
A.Powers	101077	107793
Avengers	100622	109090

Tone	Mono	Poly
Battle of the Planets	100841	119446
Blue Peter	101221	118087
Bob the Builder	100816	119447
Buffy	100681	108216
Chariots of Fire	100628	108523
Charlies Angels	100502	119451
Chefs Song	102688	118085
Chitty Bang Bang	100807	110883
Dads Army	100686	118330
Dallas	100021	112298
Dawsons Creek	100749	109873
Deer Hunter	100752	108579
Deep Space 9	101304	109128
Dirty Dancing	110028	110107
Doctor No	100115	118081
Dr Who	100629	109127
Dukes Hazard	102689	118336
Eastenders	100029	108388
Entertainer	100030	108319
Friends	110615	108276
Gladiator	110031	119454
Good/Bad/Ugly	100689	109256
Grange Hill	101170	112302
Grease	101754	108383
Indiana Jones	100126	108281
Inspector Gadget	100384	108572
Jaws	100764	109171
Jesus Christ S'star	100889	118359
Jim'll Fix It	101225	119461
Jurassic Park	100667	109176
Hope and Glory	100750	108447
Laurel & Hardy	101145	119462
Matrix	116230	107800
Miami Vice	101308	109117
Mission Impossible	100412	107896
Monty Python	100055	108392
Muppets	100064	108209
Pink Panther	100632	107771
Postman Pat	100147	109216
Professionals	100694	108321
Pulp Fiction	100695	109012
Rhubarb/Custard	100077	107031
Rockford Files	100697	111698
Rocky	101343	111697
Rupert the Bear	101239	117136

Tone	Mono	Poly
Saint	116229	109011
Scooby Doo	102302	107020
Sesame Street	100082	109238
Sex and the City	102187	107002
Simpsons	102191	107052
Smurfs	101228	108570
Spiderman	100997	108355
Star Trek	101546	108317
Star Wars	100086	119450
Starsky & Hutch	100698	118091
Teletubbies	100091	118095
Thunderbirds	100090	109258
Top Gun	100699	108304
Trigger Happy	102693	119467
X Files	101385	109022
Zip-A-D-Doo-Da	101174	109281

60S

Tone	Mono	Poly
Whiter... – P.Harum	100794	109737
Bad...– C.Clearwater	101552	107802
Blue Moon – Marcels	100849	108265
Bye Love – E.Bros	101350	108443
Congrats – C.Richard	101677	108589
Fun Fun Fun – B.Boys	101318	108395
God Only...– B.Boys	102433	109780
Good ...– B.Boys	102434	109401
Jailhouse... – Elvis	100762	109509
Jumpin...– Stones	100835	109781
Love Me...– Elvis	100763	109511
Mrs Robinson – S&G	101434	108461

Tone	Mono	Poly
Pretty...– R.Orbison	100788	108993
Sound of Music	101815	108669
Surfin USA – B.Boys	100662	108390
That'll Be...– B.Holly	101438	108480
We've...– Carpenters	100648	109918
Wouldn't ...– B.Boys	101327	108953
You've Lost That...	100796	109295

DANCE

Tone	Mono	Poly
Children – R.Miles	100111	108251
C. E'wood – Gorillaz	100437	107759
Don't Call...– M.Ave	100209	107748
I Got to...– D.B'field	101454	107018
My Vision – Jakkata	102700	108763
Shake Ur...– Shy Fx	101848	108244
Superstar – Love Inc	109977	107822
Tour De...- K'work	121449	121451

R'N'B TONES

Tone	Mono	Poly
All... – JLo&LLCJ -	110313	111138
Always... – J.Rule	101564	107029
Scandalous – M.Teeq	111173	111685
All Over – L.Maffia	112595	116164
Beautiful – S.Dogg	110318	110388
Can't...– K.Rowland	112602	116460
Girlfriend – N Sync	101975	108236
Get Back – M.Teeq	120359	121377
Bump– 2BK+P.Diddy	108079	111689
Dilemma – N&K	107901	108310
Call Me – Tweet	102450	108266

To order ANY Poly or Mono tone featured

CALL: 0907 787 8215 (24 hrs/7days)

IMPORTANT: If you can't get through on your mobile, call from your home or office phone and send it to your mobile (be sure to get the bill payers permission before calling)

1.Call the number above
2.Quote the 6-digit code
3.Receive your selection

From Ireland Call:
1580 880 319

OR ORDER YOUR TONE BY TEXT
For Poly: text Poly + order code to 88833
For Mono: text Mono + order code to 88833

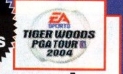
WWW.LOGOS2ORDER.CO.UK
FOR 1000'S MORE MONO & POLY TONES

HELP LINE: 0871 872 8661

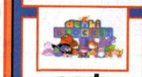
NEW BRANDED JAVA GAMES
To order branded games, call
0907 786 1217

NEW 2004 GAMES

code
144155
EA SPORTS™ FIFA Football 2004 Mobile International Edition


code
144154
EA SPORTS™ Tiger Woods PGA TOUR® 2004

code
116138
XS Snowboarding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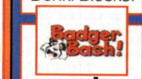
115524
Denki Blocks!

code
115528
Quarantine

code
116137
X-Change


code
115523
Badger Bash!

code
115527
Picasso

code
110249
Magnetron

COMPATIBLE PHONES and costs: FIFA 2004(£7.50)- Nokia 3100 /3300 /3510i /3650 /5100 /6100 /6610 /6800 / 7210 /7250 /7250i /7650 /NGage Siemens S55 Motorola T720 Sharp GX10 /GX20 **Tiger Woods 2004**(£7.50)- Nokia 3100 /3200 /3300 /3510i /3650 /5100 /6100 /6610 /6800 / 7210 / 7250 / 7250i /7650 Motorola T720 Sharp GX10 /GX20 **XS Snowboarding**(£6)- Nokia 3300 /3410 /3510i /3595 3650 /5100/6100 /6210 /6610 /6800 /7210 /7250i /7650 /NGage Motorola T720 Samsung A500/N400 Sharp GX10 Siemens M50 /S55 /C55 **Denki Blocks!**(£6)- Nokia 3410 /6310 /3650 /7650 /NGage Sharp GX10 Siemens C55 /M50 **Quarantine**(£6)- Nokia 3300 /3410 /3510i 3650 /5100 /6100 /6800 /7210 /7650 /NGage Motorola T720 Sharp GX10 Siemens C55 /M50**X-Change**(£4.50)- Nokia 3100 /3300 /3410 /3650 /5100 /6100 /6610 /6310i /6800 /7200 /7250i /7650 /NGage Motorola T720 /i95 Siemens C55 /M50 **Badger Bash!**(£4.50) - Nokia 3300 /3410 /3590 /5100 /6100 /6210 /6310 /6610 /6800 /7200 /7250 /7250i /7650 /NGage Motorola T720 Sharp GX10 Siemens S55 /M50 Samsung A500 /N400 Sanyo 4900 /5300 /8100 **Picasso**(£4.50) - Nokia 3300 /3400 /3590 /3650 /5100 /6100 /6610 /6800 / 7210 /7250i /7650 /NGage Samsung A500 /N400 Sanyo 4900 /5300 /8100 Siemens S55 Motorola T720 LG 5350 **Magnatron**(£4.50) - Nokia 3300 /3410 /3650 /5100 /6100 /6200 /6610 /6800 / 7210 /7250i /7650 /NGage Siemens S55 Motorola T720)

TOP 6 JAVA GAMES
To order these games, call
0907 786 1217

code
107729
Xtreme boxing

code
107152
Tank Wars

code
111585
NiniBall

code
110206
Extreme Speed

code
124295
Break M

code
110259
Summer Games04

COMPATIBLE PHONES: EXTREME SPEED - Nokia 7650 /7210 /6610 **XTREME BOXING** - Nokia 7650 /7210 /3650 /3410 / 6310i / Motorola T720 Sharp GX10 **SUMMER GAMES** - Nokia 7650 /7210 /3410 /6310i / 3510i Siemens M50 **TANK WARS** - Nokia 7650 / 3650 Motorola T720 Sharp GX10 **BREAKM** - Nokia 7650 /7210 /3410 / 3510i **NINIBALL** - Nokia 7650 /7210 /3650 /6610

Phone Compatibility: **Polyphonic Ringtones:** •**Nokia:** 3300 3510i 3650 5100 6100 6610 6800 7210 7250 7650 •**Samsung:** T100 S100 N600 N620 A400 A800 V200 •**Sony Ericsson:** T300 •**Panasonic:** GD87/E GD96 •**Sharp:** GX10 •**Motorola:** T720 C330 C350 •**Siemens:** A55 C55 S55 SL55. Your phone must be WAP activated before you call and you will be charged by your WAP provider for the normal cost of a download.

Phone Compatibility: **Mono Ringtones**: **Nokia:** all models except 5110 3650 7650•**Ericsson:**T29 39 65 66 68i•**Siemens:** 45 50 & 55 series •**Samsung:**T100 V200 • 89189 txt messages cost £1.50 per message. SET 4673, London WC1N 3XX Physchic Services 18+ Medium Line: There is no guarantee the medium will make a connection. Call are recorded for protection and are for entertainment only.

This is a service from Teleworld, CY-1087, Nicosia, Cyprus. * Landline Calls to 0907 numbers cost £1.50 per minute at all times. Calls to 0906 numbers cost £1.50 p/min and 09067 numbers cost £1p/min. † Text ringtones cost £5 T Mobile & Virgin (£6 on O2, Orange, Vodafone). Calls from mobiles may cost more. Make sure you have bill payer's permission. Please allow up to 2 hours for delivery of your order. Customer Support UK 0871-872-8661 (Ireland: 1850 927222) or write to Fun Tones, PO Box 9107, Birmingham B7.

HOLIDAY DESTINATION 1 No.1

5 PLACES TO GO IN IBIZA

It's only the size of the Isle of Man, but thankfully more fun...

Home to more clubs than Tiger Woods' garage and enough bare flesh to tire a butcher, the white island is a place where you can be whatever you want to be – as long as it's mashed and sunburned.

1 A great beach
Playa d'en Bossa may have the longest stretch of beach on the island, but San Antonio is where the party goes on all day. When your lust for life has been sated, catch a ferry across the bay to your pick of five chilled beaches.

2 A tasty restaurant
The Curry Club, also in San Antonio. Enjoy the authentic British eating experience, courtesy of a head chef specially flown in from London.

3 A kicking club
Most places don't get going until 2am. You won't go far wrong with Amnesia (www.amnesiaibiza.com), El Divinio (www.eldivinio.com), Eden (www.edenibiza.com), Space (www.space-ibiza.com) or Pacha (www.pacha.com).

4 A great hotel
The Hacienda is the only five-star gaff on the island. Situated on a cliff-top in San Miguel, it's guaranteed Chav-free.

5 A bit of culture
Visit the Church of Jesus in Ibiza Town, home to "the greatest work of art on the island": a painting of Mary breast-feeding Jesus. Highbrow *and* risqué. *RH*

Visit www.arcktravel.co.uk for flights to Ibiza. August prices start from £145

GARY LINEKER PREDICTS THE PREMIERSHIP FINISHING ORDER

The legendary striker and *Match Of The Day* presenter on who'll set the league alight this season – and who'll go all Wolves on us

TOP 5 TEAMS

1 Arsenal
Gary thinks Thierry and the boys will be celebrating again: "They're playing really well and will take some stopping this season."

2 Man Utd
"They have a point to prove after last season," says Gary, "and it will be interesting to see how the new players fit in. Ronaldo in particular has had a great Euro 2004."

3 Chelsea
"Chelsea should do well this next season, but it takes a while for a new manager and a new team to gel."

4 Liverpool
It's Champions League football again for the Reds. "It's hard to predict how they'll fare with a new manager," says Gary, "although Steven Gerrard staying is a huge boost."

5 Newcastle
With a host of clubs battling for the fourth Champions League spot, Lineker sees the Toon just missing out. "But if Woodgate and Bellamy return to full fitness, they'll do well."

RELEGATED

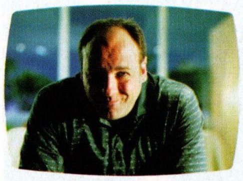
18 West Brom
"It's hard to predict relegation spots," says Gary. "But it'll be difficult for the three teams that have come up from Division One." So that's West Brom down...

19 Norwich
Norwich will be relying on lesser names such as Darren Huckerby and Arsenal loan man David Bentley to get the goals to keep them up. Oh dear.

20 Crystal Palace
We're with Lineker, on this one: Crystal Palace is another promoted team that'll be struggling to compete with the big boys this season.

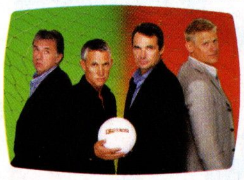
Getty Images, Rex Features, Demon Agency

10 TOP TV PROGRAMMES ON THIS MONTH

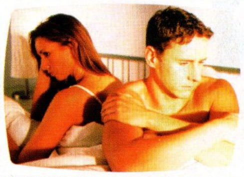


1 THE SOPRANOS
E4, starts August
What is it? Fifth, and penultimate, season of the Mob drama, and it still rocks. Tony's having another crack at Dr Melfi, while facing a new headache in newly-paroled cousin Tony Blundetto, played by Mr Steve Buscemi.
Why watch? It's *The Sopranos*! ★★★★★

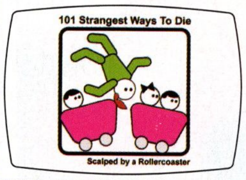
2 BORAT AND BRUNO SPECIALS
Channel 4, August
What is it? With Ali G showing his age, Sacha Baron Cohen gives his other two creations a run-out. Borat goes hunting in Texas; Bruno meets gangsta rappers in Memphis.
Why watch? To see if Cohen really is a one-trick pony. ★★★★☆



3 MATCH OF THE DAY
BBC1, starts August 14
What is it? After three years away, footie returns to BBC, with a bonus – a new Sunday night highlights show with added games and punditry called... *Match Of The Day 2*. Cunning!
Why watch? Football on *both* weekend nights. At last! ★★★★☆

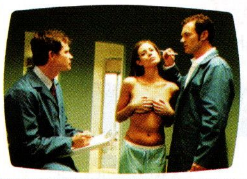


4 THE SEX INSPECTORS
Channel 4, mid-August
What is it? New series with experts Tracey Cox and Michael Alvear advising couples whose sex lives have gone off the boil. Six weeks, six couples, six problems. Simple!
Why watch? It'll make you "braver and better in bed". Apparently. ★★★☆☆

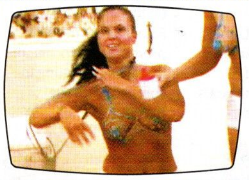


5 101 STRANGEST WAYS TO DIE
Channel 4, ends August 2
What is it? Ex-*FHM* scribe Grub Smith's urban myth investigation concludes with this show. Meet the American who choked to death... while eating his own body. Nice.
Why watch? Because it's perfect nonsense to repeat down the pub on Friday. ★★★☆☆

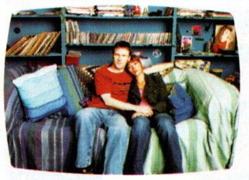
6 TERROR ALERT
Sky One, starts July 29
What is it? Chris Ryan brings us six disaster situations, assessing just what their impact would be. Includes killer flu, nuclear bombs and – watch out Cornwall – a mega-tsunami.
Why watch? Could you survive an anthrax attack? Ryan shows you how. ★★★☆☆



7 NIP/TUCK
Channel 4, August
What is it? First terrestrial outing for the classy plastic surgery drama. Sexy women, flash cars and eye-poppingly gory operations add up to an entertaining US import.
Why watch? The best TV show ever starring an ex-*Home And Away* star. ★★★☆☆



8 BIG BROTHER
Channel 4, finishes August 6
What is it? The most action-packed, nudity-filled *BB* comes to an end. Which egotistical muppet will walk off with the dosh and the chance of becoming the next, er, Cameron?
Why watch? To see Michelle's norks. Again. ★★★☆☆



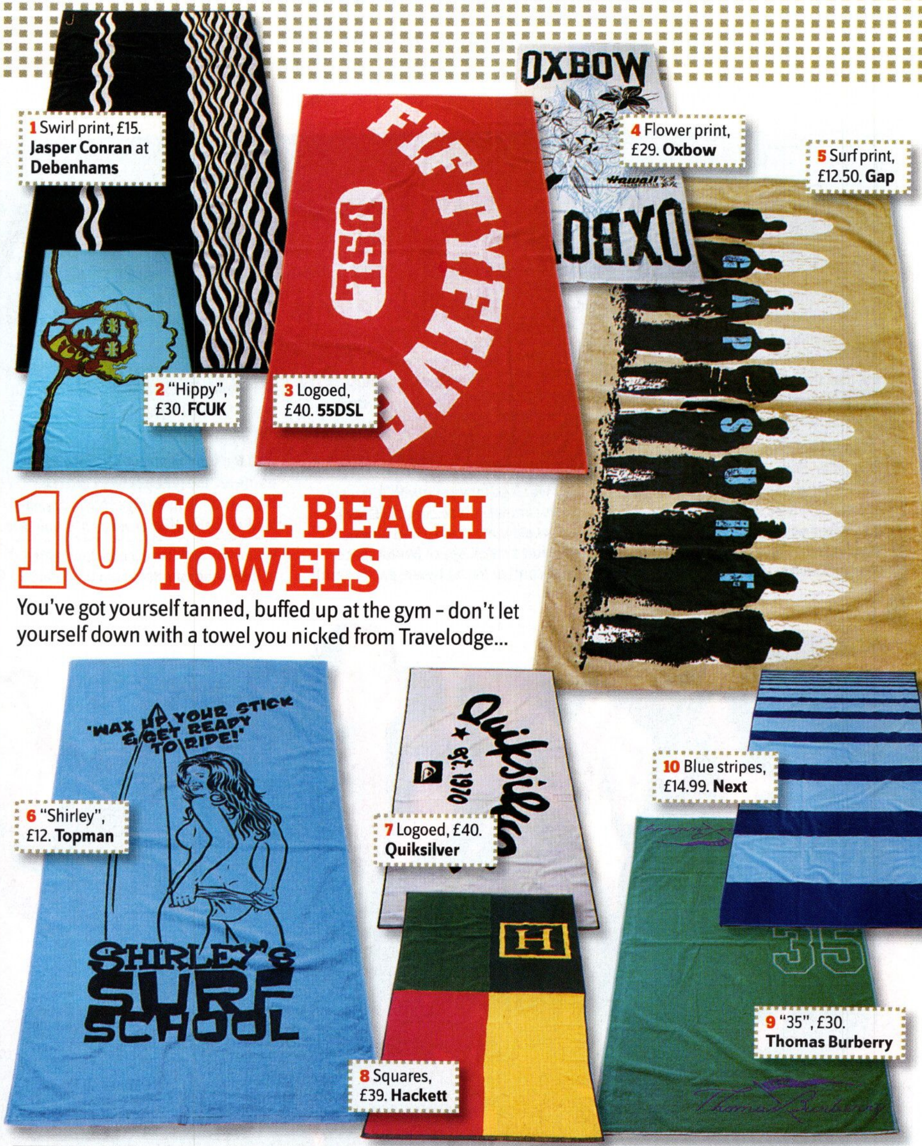
9 NY-LON
Channel 4, late August
What is it? New lady-pleasing drama series about a transatlantic relationship between a London trader and a New York shop assistant after a chemical-induced meeting in a club.
Why watch? To show your girl what great taste you've got – she'll love it. ★★★☆☆

10 MY BREASTS ARE TOO BIG
Channel 4, August 11
What is it? Breasts are wonderful things. But what happens when they're just too big? That's the question posed by this one-off doc.
Why watch? To follow Holly (32E) and Becca (34F) as they seek breast reduction ops. Which look bloody painful. ★★★☆☆ *DS*

Rex Features

10 COOL BEACH TOWELS

You've got yourself tanned, buffed up at the gym – don't let yourself down with a towel you nicked from Travelodge...



1 Swirl print, £15. **Jasper Conran** at **Debenhams**

2 "Hippy", £30. **FCUK**

3 Logoed, £40. **55DSL**

4 Flower print, £29. **Oxbow**

5 Surf print, £12.50. **Gap**

6 "Shirley", £12. **Topman**

7 Logoed, £40. **Quiksilver**

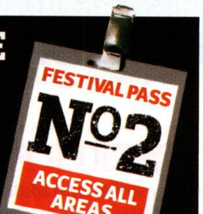
8 Squares, £39. **Hackett**

9 "35", £30. **Thomas Burberry**

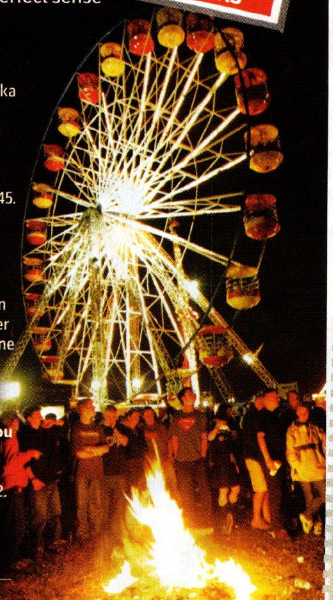
10 Blue stripes, £14.99. **Next**

Stockists: **Thomas Burberry** 020 8328 4221 **Hackett** 020 7730 3331 **Topman** 0800 731 8284 **Quiksilver** 020 7436 6800 **Oxbow** 020 7722 0200 **Gap** 0800 427 789 **55DSL** 020 7439 1300 **Jasper Conran at Debenhams** 020 7408 4444 **Next** 0870 243 5435 **FCUK** 020 7399 7200

5 WAYS TO GET THE BEST OUT OF THE CARLING WEEKEND



It's a right old hotch-potch of bands, but as it's sponsored by a lager giant, after several cans the line-up will make perfect sense



1 Who's playing?
The Darkness, 50 Cent, The White Stripes, Morrissey, Ash, The Streets, Franz Ferdinand, Supergrass... Top ska and punk acts burn up the Concrete Jungle stage or you can "make some shapes" at the Dance Stage.

2 If you're on a tight budget...
Single day tickets are available for £45.

3 If money's no object...
Just because three-day tickets (£105) include camping and car parking, doesn't mean you have to rough it. Try the Millennium Madejski Hotel in Reading – prices start from £42.50 per person per night. In Leeds, the Crowne Plaza Hotel will be delighted to take your custom at £49 per person per night.

4 How to pretend to others that you come every year:
Just mention the gangs of pissed-up youths burning stuff in Leeds in 2002.

5 This year, don't miss:
Goldie Lookin' Chain on the main stage. They're going to be huge. *RH*

When and where? Friday, August 27/Saturday, August 28/Sunday, August 29, Richfield Avenue, Reading and Bramham Park, Leeds.

5 GREAT BETTING WEBSITES

Cricket. Olympics. Tennis. All happening this month! Place your bets here...

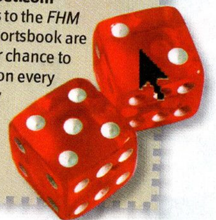
1 www.betfair.com
Gamble not just on sport, but on the financial markets, reality TV shows and so forth. If you're brave, you can offer odds to other users.

2 www.888.com
The daddy of online casinos. Downloadable software results in rapid play; practice with funny money until you don't stand out as a "rabbit" when you gamble for real.

3 www.paddypower.com
Offers bets on any sport out there and more unusual stuff besides. Fancy dropping a quid on seeing a man on Mars before 2010 at 25-1?

4 www.igsport.com
IG was the first firm to bring spread betting to British online thrill seekers. Speculate on anything from sports to finance, but be careful – it's mighty complicated and carries high levels of risk, so read the guide first.

5 www.fhmbet.com
Yes, the doors to the *FHM* casino and sportsbook are open. It's your chance to have a flutter on every sport and ritzy casino game you can think of – and all at top odds. *MA*



Mobile Pix

Get the best Colour Backrounds downloaded to your phone! You must have a WAP enabled Colour Phone to order.

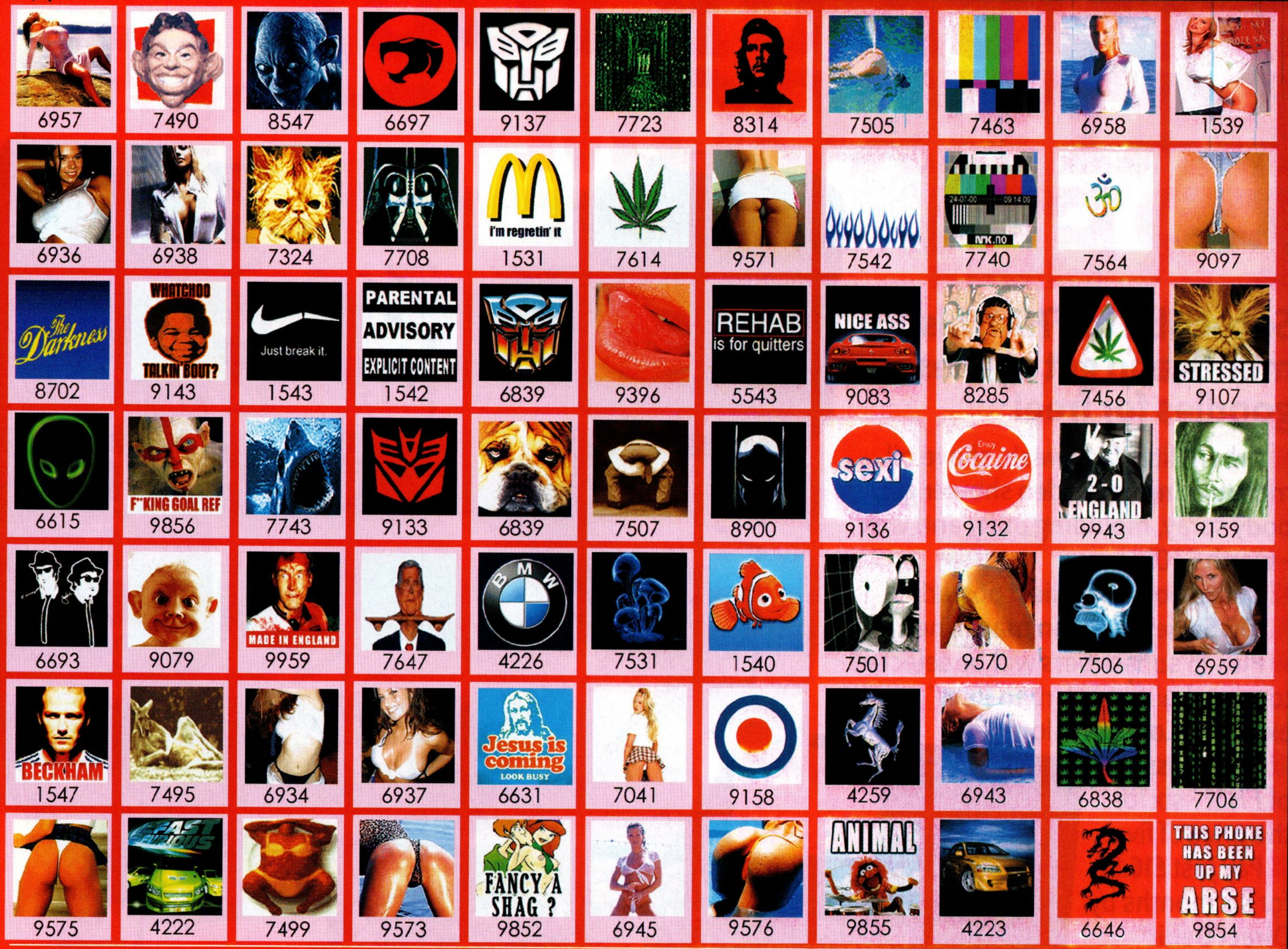
Text **FMOB RANDOM** to **89331** for more wallpapers sent straight to your phone for only £1.50 per pic.

2 for 1 Get 2 Colour Backgrounds for the price of 1 when you order by calling the number below!

Call **0906 664 5648** or text **FMOB + CODE** to **88066**

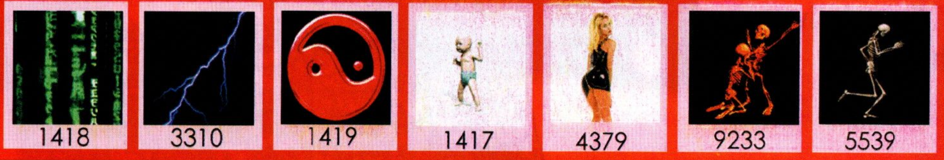
Make sure you have a wap enabled colour phone before you order. Irish Customers call **1580 908 822** or text your order to **57767**

bang


6957 7490 8547 6697 9137 7723 8314 7505 7463 6958 1539
6936 6938 7324 7708 1531 7614 9571 7542 7740 7564 9097
i'm regretin' it
NRK.NO
8702 9143 1543 1542 6839 9396 5543 9083 8285 7456 9107
The Darkness
WHATCHOO TALKIN' BOUT?
Just break it.
PARENTAL ADVISORY EXPLICIT CONTENT
REHAB is for quitters
NICE ASS
STRESSED
6615 9856 7743 9133 6839 7507 8900 9136 9132 9943 9159
F**KING GOAL REF
sexi
Enjoy Cocaine
2-0 ENGLAND
6693 9079 9959 7647 4226 7531 1540 7501 9570 7506 6959
MADE IN ENGLAND
BMW
1547 7495 6934 6937 6631 7041 9158 4259 6943 6838 7706
BECKHAM
Jesus is coming LOOK BUSY
9575 4222 7499 9573 9852 6945 9576 9855 4223 6646 9854
FAST FURIOUS
FANCY A SHAG ?
ANIMAL
THIS PHONE HAS BEEN UP MY ARSE

Mobile Animations

The latest in mobile entertainment. Watch these screensavers dance and move! Call 0906 664 5648 or text FMOB + CODE to 88066.


1418 3310 1419 1417 4379 9233 5539

Mobile Games

Strip Blackjack

The classic casino game come to your phone...with a twist

Text **FMOB 9054** to **89331**

Strip Poker

You know what to do. Beat the girls and they reveal all...

Text **FMOB 9055** to **89331**

Compatible on all Nokia Colour Phones

Road Racer

Select a car
Press 5 to select
00'33"06

Be ready to be taken away by the breathtaking driving experience at Road Racer in Paris, Berlin and London.

Text **FMOB 6778 to 88066**

Compatible Phones: Nokia: 3100, 3200, 3300, 3510i, 3530, 3595, 3650, 3660, 5100, 6100, 6108, 6200, 6220, 6230, 6600, 6610, 6800, 6820, 7200, 7210, 7250, 7250i, 7600, 7650, 8910i, N-Gage

Space Warrior

SPACE WARRIOR
MAIN MENU
NEW GAME
SETTINGS
INSTRUCTIONS
ABOUT
SELECT
EXIT

In the role of Space Warrior 3167, your mission is to exterminate the evil invaders and bring peace back to the earth. Make good use of your laser gun to proceed in the different levels of adventures.

Text **FMOB 6782 to 88066**

Compatible Phones: Nokia: 3100, 3200, 3300, 3510i, 3530, 3595, 3650, 3660, 5100, 6100, 6108, 6200, 6220, 6230, 6600, 6610, 6800, 6820, 7200, 7210, 7250, 7250i, 7600, 7650, 8910i, N-Gage, Motorola: A835, C375, E380, V300, V500, V600, V690, Siemens: A60, C60, M55, MC60, S55, S57, SL55, Sony Ericsson: Z1010

Dream Team Football

Bring the latest excitement onto your mobile with Dream Team Soccer! Choose your own favourite soccer country from 32 available.

Text **FMOB 6779 to 88066**

Compatible Phones: Nokia: 3100, 3200, 3300, 3510i, 3530, 3595, 3650, 3660, 5100, 6100, 6108, 6200, 6220, 6230, 6600, 6610, 6800, 6820, 7200, 7210, 7250, 7250i, 7600, 7650, 8910i, N-Gage, Motorola: A835, V300, V500, V600, Samsung: SGH-S208, SGH-S300, X100, X108, X600, X608, Sharp: GX 10, GX 12, Sony Ericsson: Z1010

Ringtones

Call **0907 787 9622** and follow the instructions. or text FMOB + CODE to 88066. To order the polyphonic version of the code over text add POLY after the CODE. eg FMOB 9119 POLY

9119	Britney Spears	Toxic
9006	DJ Casper	Cha Cha Slide
9408	Peter Andre	Mysterious Girl
8093	Kelis	Milkshake
7165	50 Cent	In Da Club
1206	Abba	Dancing Queen
0495	Atomic Kitten	Ladies Night
6505	Avril Lavigne	Sk8ter Boi
9276	Beenie Man	Dude
8189	Beyonce Knowles	Crazy In Love
8589	Beyonce Knowles	Baby Boy
8368	Big Brovaz	Baby Boy
7497	Black Eyed Peas	Shut Up
9120	Black Eyed Peas	Hey Mama
8565	Black Eyed Peas	Where Is The Love
8826	Blazin Squad	Here For One
4140	Blazin Squad	Flip Reverse
7470	Blink 182	Feeling This
8234	Blu Cantrell	Breath

6454	Christina Aguilera	Dirrty
0754	Darude	Sandstorm
8568	Dido	White Flag
6481	Eminem	Lose Yourself
8711	Jamelia	Superstar
6397	Kevin Lyttle	Turn Me On
8889	LMC Vs U2	Take Me To The Clouds...
0397	Michael Jackson	Billie Jean
5188	Michelle	All This Time
8587	P.I.M.P	50 Cent
5872	Scooter	The Logical Song
8063	Sean Paul	'm Still In Love With You
7794	Sean Paul	Get Busy
8370	The Darkness	A Thing Called Love
7621	Tomcraft	Loneliness
8400	Ultrabeat	Pretty Green Eyes
7491	Will Young	Leave Right Now
8098	XTM	Fly on the Wings of Love
8835	50 Cent	Many Men

Dance Classics

4028	P P K	Resurrection
1068	Ian Van Dahl	Castles In The Sky
0754	Darude	Sandstorm
0134	Bomfunk MC's	Freestyler
0603	Alice Deejay	Back In My Life
0616	Delirium	Silence
1233	Uncle Kracker	Follow Me
0208	Robert Miles	Children
1243	DJ Otzi	Hey Baby
0218	Sash	Equador
0619	DJ Quicksilver	Belissima
0339	Fragma	Tocas Miracle

Tv and Film

6508	TV & Film	Sex and the City
5150	TV & Film	Phoenix Nights
0022	TV & Film	Benny Hill
1575	TV & Film	Only Fools and Horses
0785	TV & Film	Buffy Vampire Slayer
1481	TV & Film	Eastenders
1284	TV & Film	Fraggle Rock
1573	TV & Film	Itchy and Scratchy
0083	TV & Film	Rhubarb And Custard
0076	TV & Film	The Muppets
0870	TV & Film	Fame
1564	TV & Film	Friends

Calls cost £1.50 p/m from landline phones. Calls made from Mobiles may cost more. Callers must be 16 or over. All Tones Graphix and Animations cost £4.50 (6 Euros) chrged as 3 x £1.50 reverse billed messages. Java Games charged as £6. To unsubscribe text STOP EURO to 89039. You will incur stantard SMS, WAP and GPRS chrges where applicable.Please check billpayers permission before you call. Please check the website to ensure your phone is compatible. Please allow 24 hours for delivery in extreme cases due to network traffic. You may be contact by BADA BING with Offers and Info. To unsubscribe call our Customer Care Line. Customer Care Numbers UK: 0871 872 1813 IRL: 01 248 9871. Address PO Box 4427, London W1A 7QP. Thank You.

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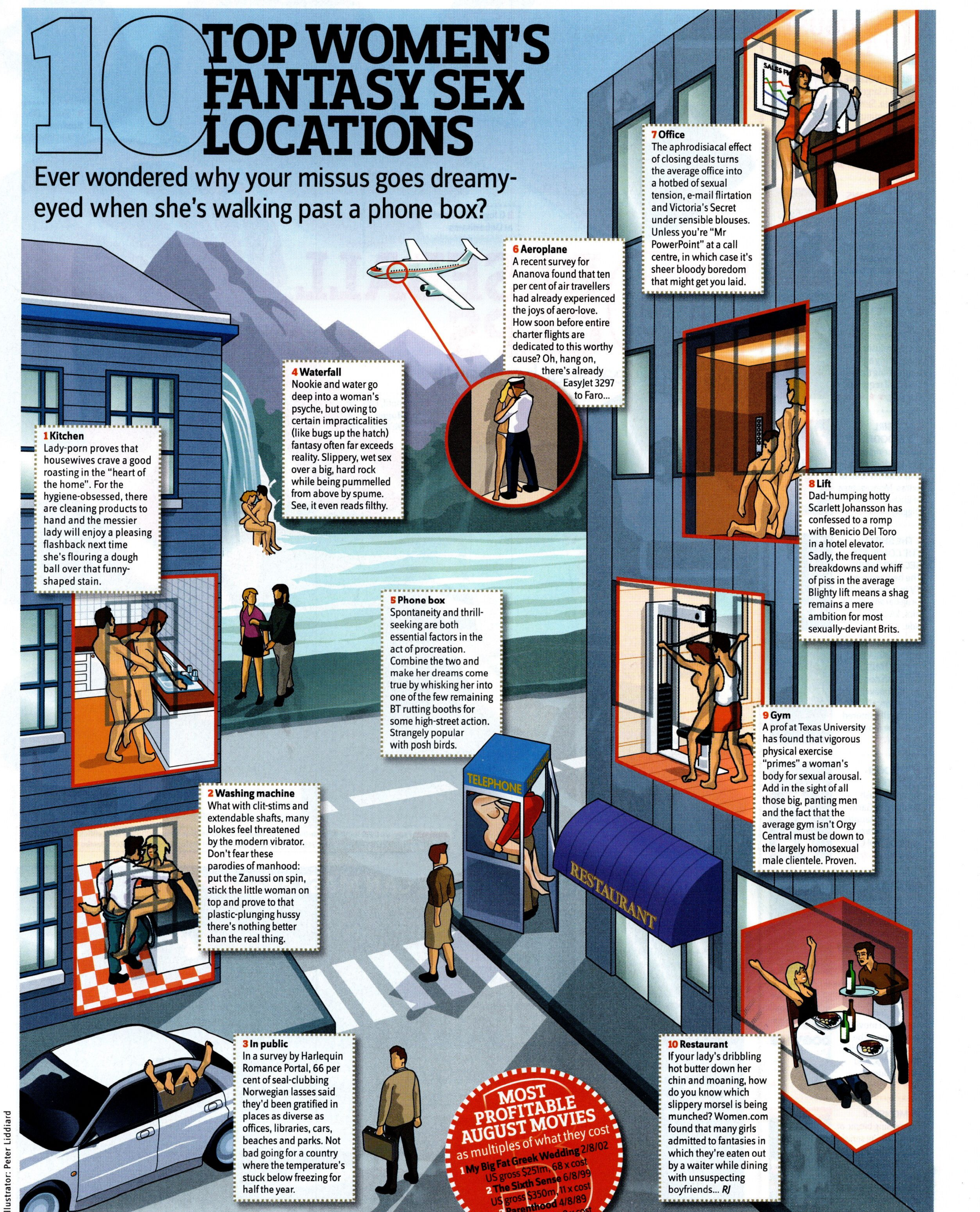
10 TOP WOMEN'S FANTASY SEX LOCATIONS

Ever wondered why your missus goes dreamy-eyed when she's walking past a phone box?



1 Kitchen
Lady-porn proves that housewives crave a good roasting in the "heart of the home". For the hygiene-obsessed, there are cleaning products to hand and the messier lady will enjoy a pleasing flashback next time she's flouring a dough ball over that funny-shaped stain.

2 Washing machine
What with clit-stims and extendable shafts, many blokes feel threatened by the modern vibrator. Don't fear these parodies of manhood: put the Zanussi on spin, stick the little woman on top and prove to that plastic-plunging hussy there's nothing better than the real thing.

3 In public
In a survey by Harlequin Romance Portal, 66 per cent of seal-clubbing Norwegian lasses said they'd been gratified in places as diverse as offices, libraries, cars, beaches and parks. Not bad going for a country where the temperature's stuck below freezing for half the year.

4 Waterfall
Nookie and water go deep into a woman's psyche, but owing to certain impracticalities (like bugs up the hatch) fantasy often far exceeds reality. Slippery, wet sex over a big, hard rock while being pummelled from above by spume. See, it even reads filthy.

5 Phone box
Spontaneity and thrill-seeking are both essential factors in the act of procreation. Combine the two and make her dreams come true by whisking her into one of the few remaining BT rutting booths for some high-street action. Strangely popular with posh birds.

6 Aeroplane
A recent survey for Ananova found that ten per cent of air travellers had already experienced the joys of aero-love. How soon before entire charter flights are dedicated to this worthy cause? Oh, hang on, there's already EasyJet 3297 to Faro...

7 Office
The aphrodisiacal effect of closing deals turns the average office into a hotbed of sexual tension, e-mail flirtation and Victoria's Secret under sensible blouses. Unless you're "Mr PowerPoint" at a call centre, in which case it's sheer bloody boredom that might get you laid.

8 Lift
Dad-humping hotty Scarlett Johansson has confessed to a romp with Benicio Del Toro in a hotel elevator. Sadly, the frequent breakdowns and whiff of piss in the average Blighty lift means a shag remains a mere ambition for most sexually-deviant Brits.

9 Gym
A prof at Texas University has found that vigorous physical exercise "primes" a woman's body for sexual arousal. Add in the sight of all those big, panting men and the fact that the average gym isn't Orgy Central must be down to the largely homosexual male clientele. Proven.

10 Restaurant
If your lady's dribbling hot butter down her chin and moaning, how do you know which slippery morsel is being munched? Women.com found that many girls admitted to fantasies in which they're eaten out by a waiter while dining with unsuspecting boyfriends... *RJ*

MOST PROFITABLE AUGUST MOVIES

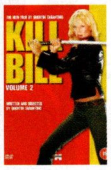
as multiples of what they cost

1 **My Big Fat Greek Wedding** 2/8/02
US gross $251m, 68 x cost
2 **The Sixth Sense** 6/8/99
US gross $350m, 11 x cost
3 **Parenthood** 4/8/89
US gross $144m, 9 x cost

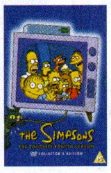
Illustrator: Peter Liddiard

10 AUGUST DVDS

1 KILL BILL VOLUME 2
Like *Vol 1*, largely extras-free. Simply enjoy 136 minutes of head lopping, plot twisting and hardboiled-dialogue snarling. ★★★★★

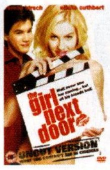


2 THE SIMPSONS SEASON FOUR
The bestest season? Mr Plow, Homer's heart op... four discs of yellow-skinned fun, Easter eggs and extras. ★★★★☆

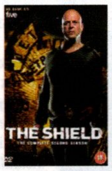


3 24 SERIES 3
Missed it on Sky? Sucker – it's more explosive, compelling and hard-hitting than ever. Still required viewing. ★★★★☆

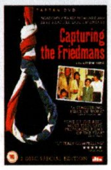
4 THE GIRL NEXT DOOR
Porn-star-moves-in-next-door-com, plus a barrel-load of extras. More footage of Elisha Cuthbert! Diggety! ★★★★☆



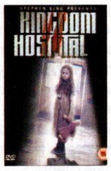
5 THE SHIELD: THE COMPLETE SECOND SERIES
The best show on TV in box-set format. Drug barons, dodgy dics, LA politics. A ride. ★★★★☆



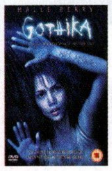
6 CAPTURING THE FRIEDMANS
Car-crash doc. US family unravels after allegations of child abuse, all captured on home movies. ★★★☆☆



7 KINGDOM HOSPITAL
Try and banish thoughts of Garth Marenghi. Haunted hospital... crazy doctors... no! Can't do it! ★★★☆☆

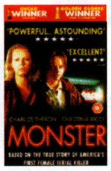


8 GOTHIKA
Haunted hospital... crazy doctors. Halle wakes in a rubber room, accused of murder. Don't worry – a spook did it. ★★☆☆☆



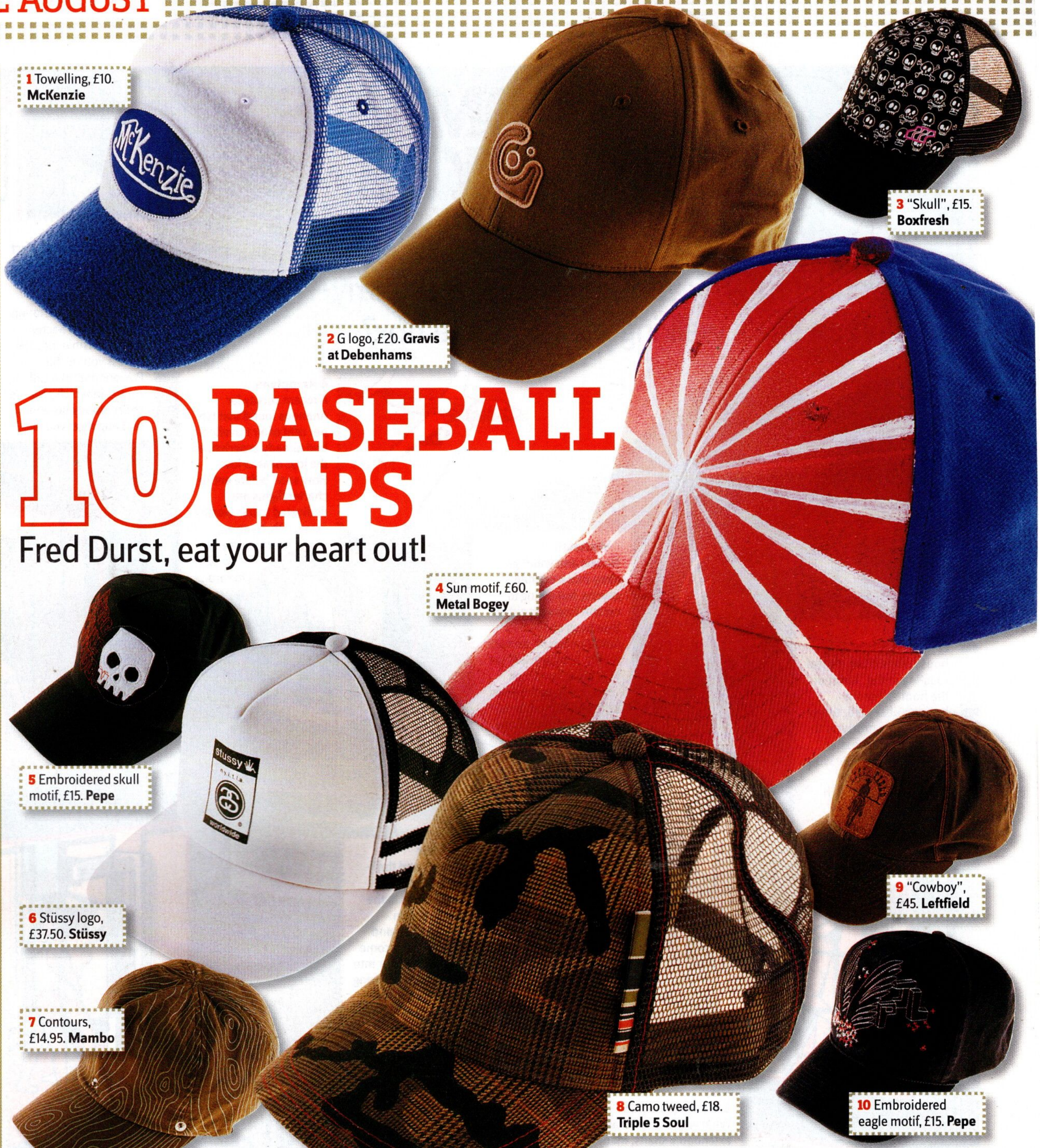
9 DOGVILLE
Barking mad, wanky art movie pretending to be some sort of thriller. With songs. And Nicole Kidman. ★★☆☆☆

10 MONSTER
Depressing biopic of bean-flicking serial killer Aileen Wurnos, played under a layer of ugly-juice by Charlize Theron. *MB* ★★☆☆☆



10 BASEBALL CAPS

Fred Durst, eat your heart out!



1 Towelling, £10. **McKenzie**

2 G logo, £20. **Gravis at Debenhams**

3 "Skull", £15. **Boxfresh**

4 Sun motif, £60. **Metal Bogey**

5 Embroidered skull motif, £15. **Pepe**

6 Stüssy logo, £37.50. **Stüssy**

7 Contours, £14.95. **Mambo**

8 Camo tweed, £18. **Triple 5 Soul**

9 "Cowboy", £45. **Leftfield**

10 Embroidered eagle motif, £15. **Pepe**

Stockists: **Pepe** 020 8960 7001 **McKenzie** 0161 767 1010 **Stüssy** 020 7836 9418 **Pepe Jeans** 020 8960 7001 **Leftfield** 020 7759 6390 **Metal Bogey** 020 7354 4942 **Gravis** 020 7436 3037 **Boxfresh** 020 7612 0000 **Triple 5 Soul** 020 7612 0000 **Mambo** 020 7384 4403

5 SUMMER SPORTS ANYONE CAN MASTER

Minimal equipment, easy learning curves: what are you waiting for?

1 Ultimate Frisbee
A cross between girlie netball and touch rugby, played on an American Football-style pitch. Insanely easy to pick up and the only bit of kit you need is a bog-standard Frisbee. www.ukultimate.com

2 Wakeboarding
The watery version of snowboarding takes a little effort to pick up, but on the upside is brilliant fun. Catered for by most watersport centres and relatively inexpensive, as long as you're only hiring the equipment. www.wakeboard.co.uk

3 Dodgeball
Amazingly, they didn't make this up just for the film. Make the slow, fat knacker your first target – especially if he's your boss. www.dodge-ball.com

4 Petanque
Coffin-dodging Frenchmen, taking it easy after a lifetime of burning sheep, play this in their thousands. Only Jean-Pierre calls it *boule* – and he's almost certainly much better at it than you are. www.britishpetanque.org

5 Tug of war
Incredible but true: tug of war has had an official governing body since 1958. They're currently recruiting novice teams for competitions all over the country and will even offer "coaching". In what? Pulling stuff? www.tugofwar.co.uk *MA*

PSC, Alamy

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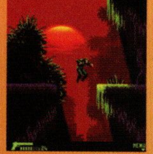

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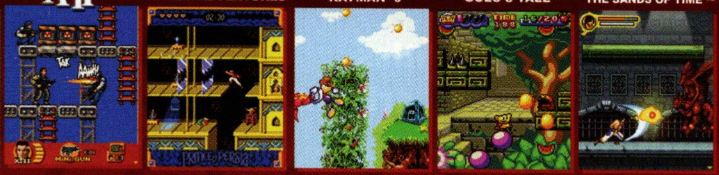

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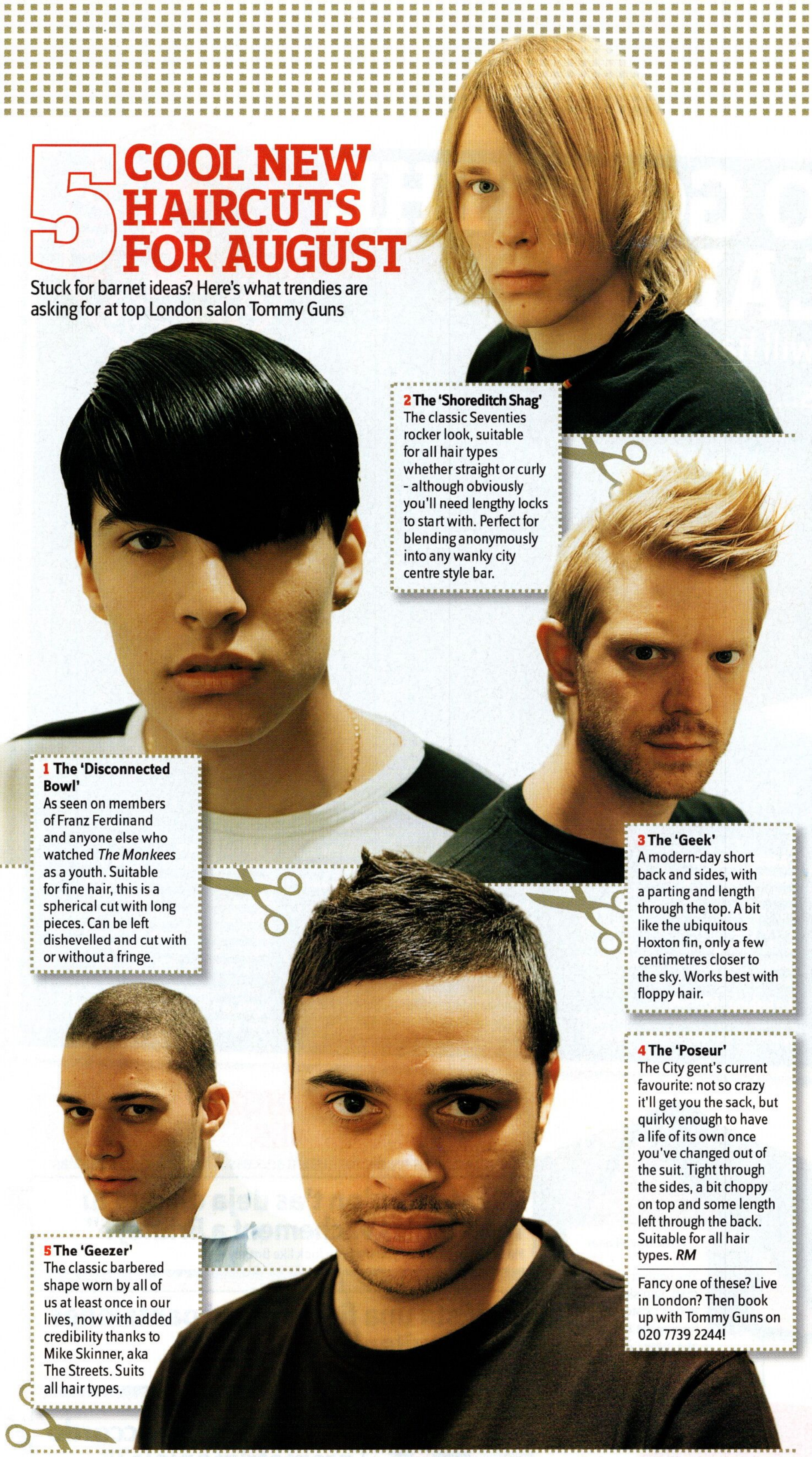
5 COOL NEW HAIRCUTS FOR AUGUST

Stuck for barnet ideas? Here's what trendies are asking for at top London salon Tommy Guns



1 The 'Disconnected Bowl'
As seen on members of Franz Ferdinand and anyone else who watched *The Monkees* as a youth. Suitable for fine hair, this is a spherical cut with long pieces. Can be left dishevelled and cut with or without a fringe.

2 The 'Shoreditch Shag'
The classic Seventies rocker look, suitable for all hair types whether straight or curly - although obviously you'll need lengthy locks to start with. Perfect for blending anonymously into any wanky city centre style bar.

3 The 'Geek'
A modern-day short back and sides, with a parting and length through the top. A bit like the ubiquitous Hoxton fin, only a few centimetres closer to the sky. Works best with floppy hair.

4 The 'Poseur'
The City gent's current favourite: not so crazy it'll get you the sack, but quirky enough to have a life of its own once you've changed out of the suit. Tight through the sides, a bit choppy on top and some length left through the back. Suitable for all hair types. *RM*

5 The 'Geezer'
The classic barbered shape worn by all of us at least once in our lives, now with added credibility thanks to Mike Skinner, aka The Streets. Suits all hair types.

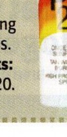
Fancy one of these? Live in London? Then book up with Tommy Guns on 020 7739 2244!

5 SMART SUN-BLOCKERS...

...that won't leave you smelling like a lady

1 BANANA BOAT PROTECTIVE TANNING OIL
(SPF8 240ml £5.99)
America's favourite hits our shores. Loaded with carrot extract and aloe vera, this spray gives a long-lasting tan at a very reasonable price.
Stockists: www.bananaboat.co.uk

2 P20 "ONCE A DAY" SUN FILTER
(SPF20 100ml £11.95)
Apply this ultra-high-factor gunk after breakfast... and that's it for the rest of the day. Perfect for anyone cursed with milky-white skin. Or holidaying vampires.
Stockists: www.p20.co.uk



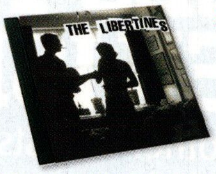
3 PIZ BUIN ALLERGY
(SPF15 200ml £13.99)
This moisturising goo was developed for anyone "allergic" to the sun, which in English means the high SPF (sun protection factor) helps protect against peeling and UVA irritation.
Stockists: Nationwide

4 DERMALOGICA FULL SPECTRUM WIPES
(SPF15 15x wipes £18.80)
Baldies! Run a less-mess towelette over your chrome dome!
Stockists: 0800 591818

5 NIVEA SUN SUN-SPRAY
(SPF15 200ml £12.49)
The bottle fits snugly in your hand, so no oily slippage as you apply. Also has a nifty upside-down spray, which means it spritzes the parts other bottles don't reach.
Stockists: 0800 616 977

Mark Whitfield, Dan Smith and Natalie Lumsdaine

10 NEW ALBUMS RELEASED THIS MONTH



1 THE LIBERTINES
The Libertines *(Rough Trade)*
In between rehab, impromptu gigs, scoring crack, thieving, doing time and (maybe) being bummed in jail, The Libertines have recorded 14 new tracks. Thank God 2004's most hyped album is this good.
Listen to when: Pretending you smoke - to look cool. ★★★★☆

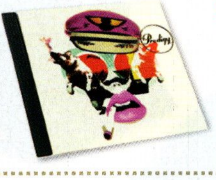
2 GOLDIE LOOKIN' CHAIN
Greatest Hits *(Must Destroy Records)*
Security around GLC's first release has been tighter than their Matalan threads. But what has trickled out of Newport makes us want to rap, do drugs and rip off PJ & Duncan, just like them.
Listen to when: Your home-arrest ankle bracelet has left you trapped at your mum's gaff. ★★★★☆

3 BENT
Ariels *(Open)*
Nottingham duo Bent ditch the quirky samples for proper songs - and the results are fantastic. Fluffy ballad *As You Fall* would make Saddam smile; *Silent Life* is the cheeriest thing we've heard in years.
Listen to when: Nursing your August bank holiday hangover. ★★★★☆

4 GROOVE ARMADA
The Best Of... *(Jive)*
Groove Armada have been producing quality dance tunes for seven years. Cue this truly spanking round-up, from chilled classic *At The River* to dancefloor destroyer *Superstylin'*.
Listen to when: Saying, "Oh yeah I liked that one. And that one. And..." ★★★★☆

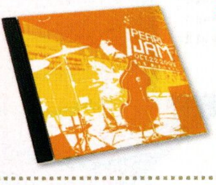
5 THE THRILLS
Let's Bottle Bohemia *(Virgin)*
After one of the best debuts in years - *So Much For The City* - The Thrills return with another dose of sun-drenched American-sounding pop. Contains more hooks than Bob Nudd's tackle-box.
Listen to when: Imagining the dreary old UK is sunny California. ★★★★☆

6 SKINNY MAN
Council Estate Of Mind *(Low Life Records)*
Storming rap debut from Skinny who, though not quite a crack-selling Fiddy Cent, is still no stranger to a bit of "bird". Lush production, big tunes... by golly gentlemen, we may have unearthed a genuine British talent!
Listen to when: On remand. ★★★★☆

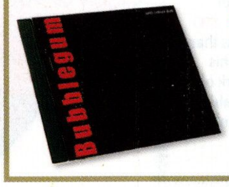


7 PRODIGY
Always Outnumbered, Never Outgunned *(XL)*
Approximately 352 years since the last Prodge long-player had us legging it to HMV, they're back - minus Keith and Maxim, but with more of the shouty beats that made their name. Rockin' in places, but did this *really* take seven years?
Listen to when: Annoying next door. ★★★☆☆

8 HEAD AUTOMATICA
Decadance *(Warner Bros)*
Singer Daryl Palumbo is normally so furious (his Crohn's disease makes him guff constantly), he screams like an autistic kid at Alton Towers. But his latest metal gem is relaxed, yet punchy.
Listen to when: Teaching a lady how to mosh. ★★★☆☆



9 PEARL JAM
Live At Banaroya Hall *(Ten Club/BMG)*
When we heard the Pearl Jam plug was being pulled 12 years after the original MTV session, we assumed Gramps Veder was being put down. Alas the old soap-dodger lives, but on the upside this new acoustic rant oddly rocks.
Listen to when: Too old to wash. ★★★☆☆



10 MARK LANEGAN BAND
Bubblegum *(Beggars Banquet)*
The bloke in the sunnies who used to wail for Queens Of The Stone Age provides the moodiest album of the year. Josh Homme and PJ Harvey help ease Mark through the agony of going it alone.
Listen to when: Scaring small children with your ghetto blaster. ★★★☆☆ *LC/RBK/DS*

5 PLACES TO GO IN THE GREEK ISLANDS

HOLIDAY DESTINATION No.2

Time it right and the other tourists will have legged it to Athens for the Olympics...

Ah, Greece. There's so much more to it than sun-kissed beaches and great scenery – the inhabitants love smashing plates, invented anal sex and sell porno in the supermarkets. Plus there's this...

1 A great beach
Shipwreck Beach on Zakynthos. White sand, clear water and – you guessed it – a shipwreck. Thanks to, ahem, a local who ran his boat ashore while smuggling fags.

2 A tasty restaurant
Taverna Nikolas, Agni Bay, Corfu. Right on the beach, so expect top seafood. You can stay there if you've overdone the retsina and in 1998 "it was chosen by the BBC for the filming of the series *Fasten Your Seatbelt*, starring Toyah Wilcox". Now that's a recommendation.

3 A kicking nightclub
Captain Corelli can stick his mandolin where the sun don't shine – we want something we can dance to. From the 80 bars and clubs in Kavos, Corfu's self-styled "biggest and best party town", check out Future-Atlantis, Venue or The Limelight. Ladies guaranteed.

4 A great hotel
Corfu's Miramare Hotel not only has a 500-year-old olive grove as a back garden, it also has a private beach and a bar slap-bang by the water's edge. Call (066610) 75224/75226 to make a reservation.

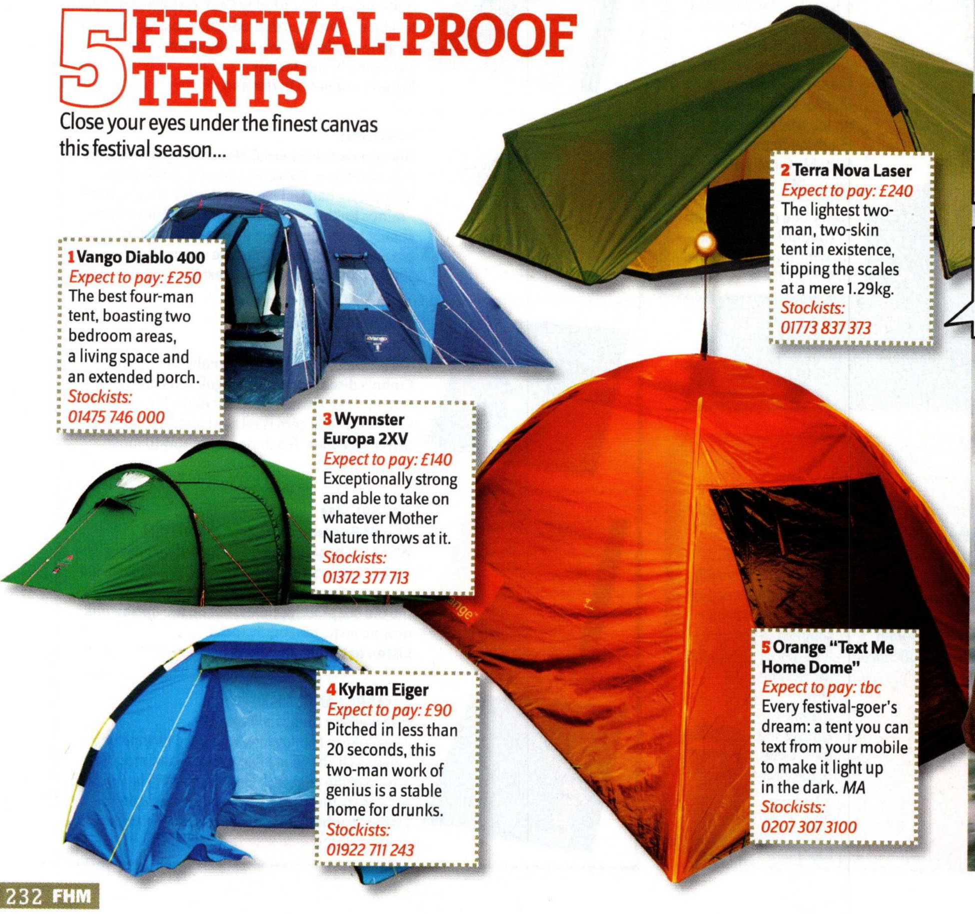
5 A bit of culture
Crete is the birthplace of one of the oldest civilizations in Europe, the Minoans. So take a day off from the beach to visit the spectacular ruins of the Palace of Knossos, birthplace of the Icarus and Minotaur legends, and only rediscovered in 1878. Class. *RH*

Visit www.gemstone.co.uk for cheap flights to the Greek Islands, starting from £161.

Alamy, Powerstock

5 FESTIVAL-PROOF TENTS

Close your eyes under the finest canvas this festival season...



1 Vango Diablo 400
Expect to pay: £250
The best four-man tent, boasting two bedroom areas, a living space and an extended porch.
Stockists: 01475 746 000

2 Terra Nova Laser
Expect to pay: £240
The lightest two-man, two-skin tent in existence, tipping the scales at a mere 1.29kg.
Stockists: 01773 837 373

3 Wynnster Europa 2XV
Expect to pay: £140
Exceptionally strong and able to take on whatever Mother Nature throws at it.
Stockists: 01372 377 713

4 Kyham Eiger
Expect to pay: £90
Pitched in less than 20 seconds, this two-man work of genius is a stable home for drunks.
Stockists: 01922 711 243

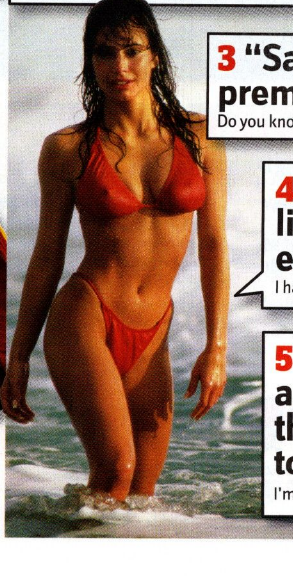
5 Orange "Text Me Home Dome"
Expect to pay: tbc
Every festival-goer's dream: a tent you can text from your mobile to make it light up in the dark. *MA*
Stockists: 0207 307 3100

5 FOOLPROOF HOLIDAY CHAT-UP LINES

Memorise, then repeat for instant success with the ladies overseas

1 "Est-ce qu'on t'as deja dit que tu ressembles vachement a Britney?" *(French)*
Has anyone ever told you that you look like Britney?

2 "¡Esta una fiesta en mi pantalones – y te invitan!" *(Spanish)*
There's a party in my undercrackers – and you're invited!



3 "Sai cos'e un accordo prematrimoniale?" *(Italian)*
Do you know what a pre-nuptial agreement is?

4 "Glaubst du an liebe auf den ersten blick" *(German)*
I have a degree in loving, pussycat.

5 "I just saw you and instantly knew that we could be together." *(Australian)*
I'm tired of self-abuse. Fancy a quickie? *ST*

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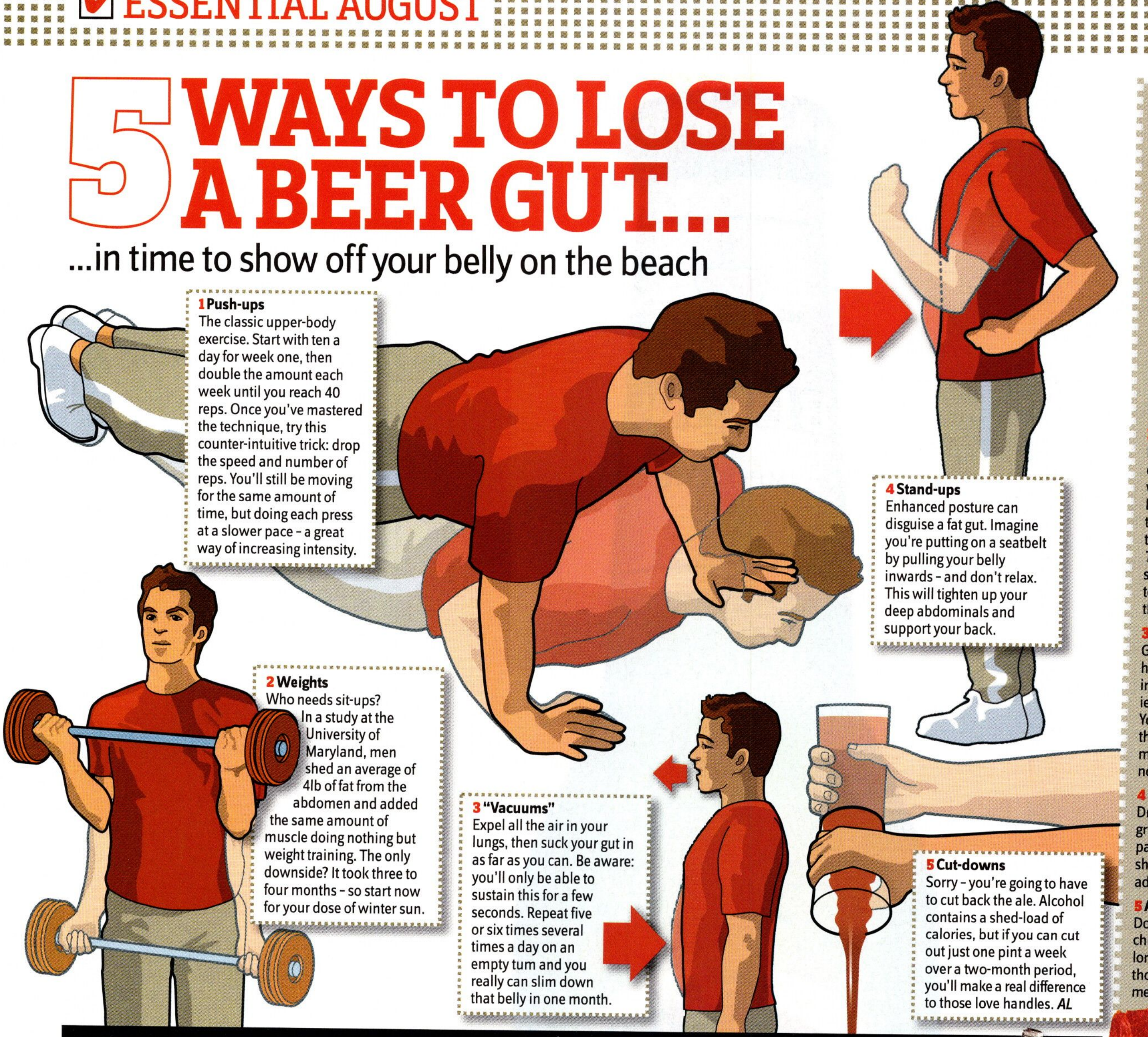
5 WAYS TO LOSE A BEER GUT...

...in time to show off your belly on the beach



1 Push-ups
The classic upper-body exercise. Start with ten a day for week one, then double the amount each week until you reach 40 reps. Once you've mastered the technique, try this counter-intuitive trick: drop the speed and number of reps. You'll still be moving for the same amount of time, but doing each press at a slower pace – a great way of increasing intensity.

2 Weights
Who needs sit-ups? In a study at the University of Maryland, men shed an average of 4lb of fat from the abdomen and added the same amount of muscle doing nothing but weight training. The only downside? It took three to four months – so start now for your dose of winter sun.

3 "Vacuums"
Expel all the air in your lungs, then suck your gut in as far as you can. Be aware: you'll only be able to sustain this for a few seconds. Repeat five or six times several times a day on an empty tum and you really can slim down that belly in one month.

4 Stand-ups
Enhanced posture can disguise a fat gut. Imagine you're putting on a seatbelt by pulling your belly inwards – and don't relax. This will tighten up your deep abdominals and support your back.

5 Cut-downs
Sorry – you're going to have to cut back the ale. Alcohol contains a shed-load of calories, but if you can cut out just one pint a week over a two-month period, you'll make a real difference to those love handles. *AL*

10 TIPS FOR THE PERFECT BARBECUE

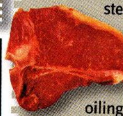
Because whatever they say, nobody *really* likes your crematoria chicken...

1 Go with charcoal
Yes, it's fiddlier than gas, but charcoal burns hotter, sears like a bitch, makes your grub taste better and enables you to fling on woodchips and other smokey extras for genuine BBQ authenticity.

2 Ignite first time
Make a pyramid out of charcoal and douse it with lighter fluid. Let the stuff soak in, then put the flame to it. Don't expect *The Towering Inferno*, but you should see smoke. Allow the briquettes to burn for up to 30 minutes until they're covered with white ash.

3 The Mississippi Test
Gauge your blaze's intensity by holding your hand three or four inches over the coals and counting, ie one Mississippi, two Mississippi... You should only be able to get to three for high heat, four or five for medium and ten for a cool fire. Try not to cry while anyone's watching.

4 Control flare-ups
Dripping meat juice or a crowded grill can cause blow-back. Don't panic: just thumb a beer, give it a shake then spritz the coals (while adding beery tastiness to your cuts).

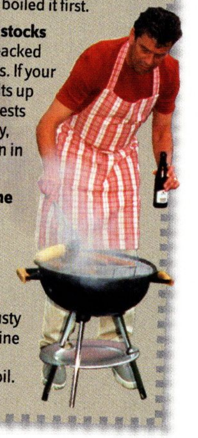


5 Accessorise
Don't spunk all your cash on cow chunks. Hold some back and buy a long-handled basting brush to keep those cuts moist; an instant-read meat thermometer – essential for steaks; a fish basket, if there's a girl or a veggie on the guest-list; and a spray bottle for on-grill oiling and/or marinading.

6 Poke the meat
Too cheap for a meat thermometer? Jab a pinkie at your steak. Squishy means it's still raw inside; soft means it's rare; firm but yielding is medium; firm and springy is well done.

7 No-brain veggies
Veggies are a piece of piss to barbecue, but take forever... unless you've par-boiled them earlier in the day. Brush tomatoes, peppers and corn with oil and seasoning. Grill medium-hot, turning often. When a fork sinks in without fuss, they're done.

8 Boil any marinade
Unless you've told A&E to expect 20 food-poisoning cases later that afternoon, never do any last-minute basting with leftover marinade. Unless you've boiled it first.



9 Emergency stocks
Get in scrote-packed hot-dog sossies. If your fancy cuts go tits up and hungry guests are turning ugly, grill from frozen in minutes.

10 Minimise the clear-up
Brush grill parts with vegetable oil before cooking to minimise crusty stickiness and line cooking grates with heavy tinfoil. Job done! *MB*

5 WAYS TO GET THE BEST OUT OF CREAMFIELDS

According to their website, 'Creamfields gives us unbridled hedonism, an experience that will leave us with unforgettable memories of a moment in time that can never be repeated.' Until next year, that is

1 Who's playing?
This year's line-up includes The Chemical Brothers, Goldfrapp, The Scratch Perverts, Dynamite MC, Tim Westwood, Josh Wink, Scissor Sisters, Armin Van Bueren, A Man Called Adam and The Tidy Boys. Can't be bad.

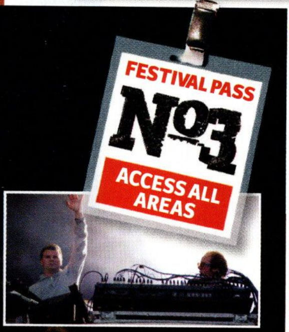
2 If you're on a tight budget...
Don't worry. Tickets are only £49.

3 If money's no object...
Buy all your mates a ticket, too.

4 How to pretend you're a regular:
Happen to mention, "Sasha played a storming set in 2001, didn't he?"

5 This year, don't miss:
The Chems playing live at the festival for the first time. *RH*

When and where? Saturday August 28, the old airfield, Speke, Merseyside.



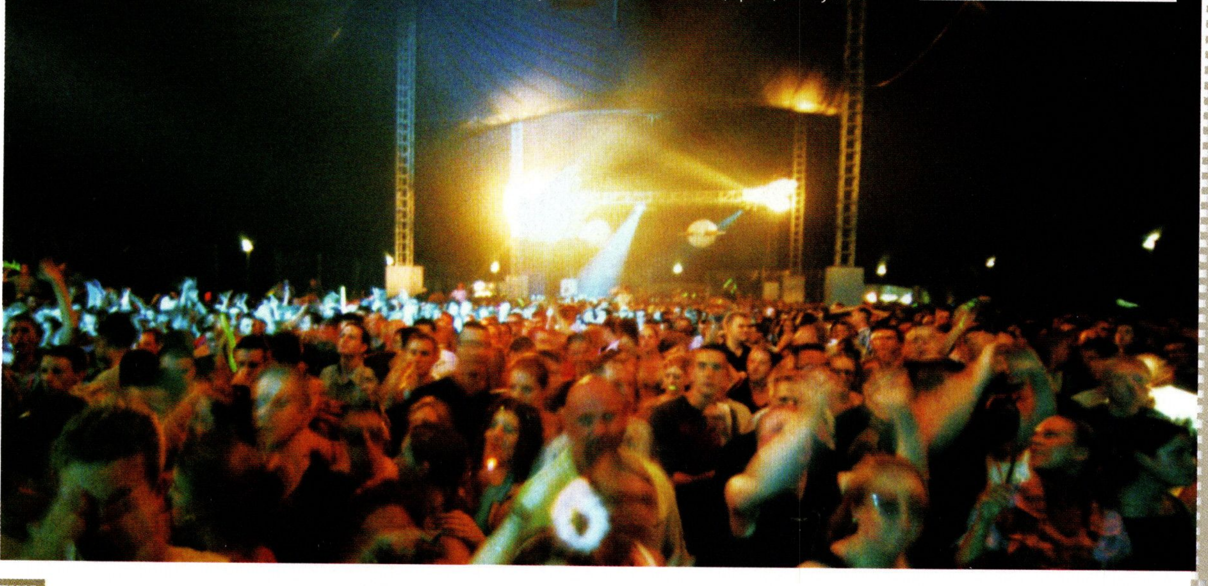


Illustration: Peter Liddiard. Rex, Redferns

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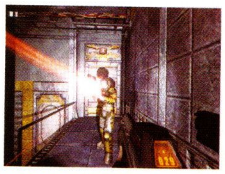
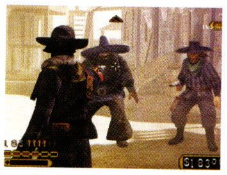
10 GREAT GAMES OUT THIS MONTH

1 DOOM 3
(PC, £39.99)
Experiments on Mars go tits up, unleashing hordes of demonic zombie bastards – which ache to be blown apart in shadowy corridors with handguns, shotguns, railguns etc… On a rocket-fuelled PC it's a work of art.
Months of fun? Six, easy. ★★★★☆

2 FULL SPECTRUM WARRIOR
(Xbox, £39.99)
Created originally to help US Army grunts avoid eating bullets in Iraq, you control two four-man squads through enemy territory, *Black Hawk Down*-style, and hope they don't bite the big one. Tense and fun.
Months of fun? Two. ★★★★☆

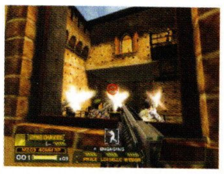


3 THE CHRONICLES OF RIDDICK: ESCAPE FROM BUTCHER BAY
(Xbox, £39.99)
Prequel game to Vin Diesel's sci-fi movie. The first-person sneak-and-shooter sees Diesel's cueball con trapped on a prison planet. Creepy, tense and violent. Which means we like it.
Months of fun? Two. ★★★★☆



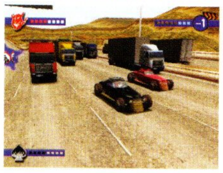
4 RED DEAD REVOLVER
(Xbox, PlayStation 2, £39.99)
Gun-slinging, whisky-chugging Wild West shooting spree. You're Red Harlow, on the vengeance trail to find the dirty dog who killed your Maw and Paw. Involves bar brawls, Injuns and quick-draw shoot-outs.
Months of fun? A couple. ★★★★☆

5 SPIDER-MAN THE MOVIE 2
(All formats, £39.99)
Grand Theft Spidey. Roam a giant New York, solving crimes, careening between buildings. The feeling of flying is awesome, as are the graphics. Shame about the repetitive missions.
Months of fun? Story, less than one; three for all secrets. ★★★☆☆

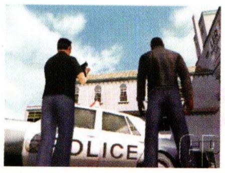


6 RAINBOW SIX 3: BLACK ARROW
(Xbox, £19.99)
Update to the king of Xbox Live's shooting portfolio. New levels; the graphics and lighting have been subjected to a bit of spit and polish; and it runs more smoothly online with less time lag. A big office favourite.
Months of fun? Three, easy. ★★★☆☆

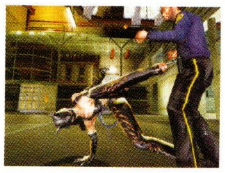
7 THIEF: DEADLY SHADOWS
(PC, Xbox £39.99)
Stealthy sneaker that's been around for yonks. The latest features great graphics and sound, but is much slower and more brain-taxing than other stalker games. Crouching, sapping people from behind and making no noise are vital.
Months of fun? Three. ★★★☆☆



8 MASHED
(Xbox, PlayStation2, £39.99)
Frenzied, ridiculously competitive multiplay driving game which'll have you chicken-walking across your lounge or screaming at the screen. Four cars race, fail to keep up and you drop off the track. Pure evil in its addictiveness.
Months of fun? Six. ★★★☆☆



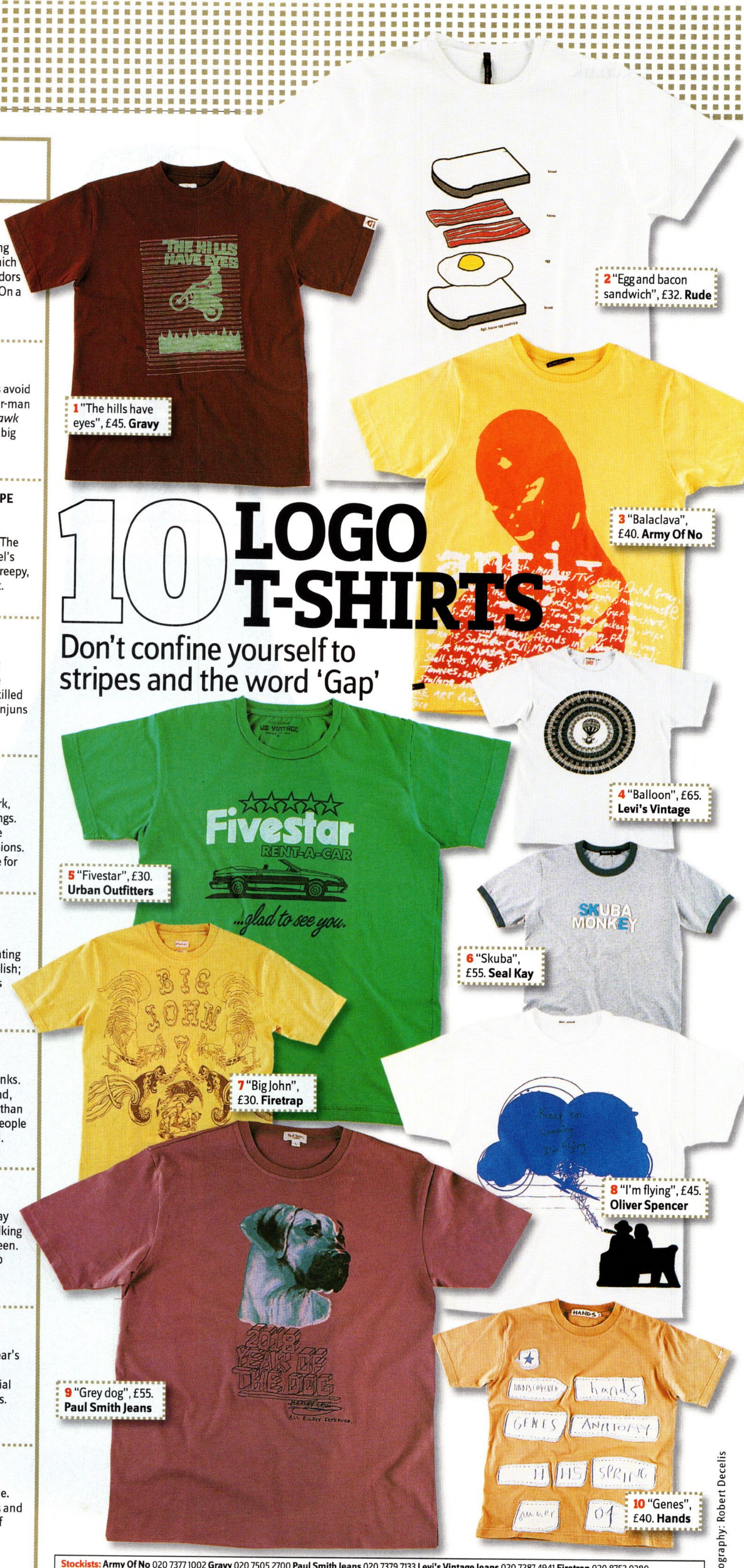
9 DRIVER 3
(Xbox, PlayStation2, £39.99)
Piss-poor sequel that's sadly already the year's fastest-selling title. The driving's still great, but there are added glitches, terrible artificial intelligence and awful out-of-car sequences. Don't you feel silly you bought it?
Months of fun? One. ★★☆☆☆



10 CATWOMAN
(All formats, £39.99)
Bad, but not as bad as *Catwoman* the movie. Halle Berry jumps around platform puzzles and whips men. Great visuals, poorly ripped-off *Prince Of Persia* gameplay. Eurgh.
Months of fun? Nearly one. *RBK/SM*
★★☆☆☆

10 LOGO T-SHIRTS

Don't confine yourself to stripes and the word 'Gap'



1 "The hills have eyes", £45. **Gravy**

2 "Egg and bacon sandwich", £32. **Rude**

3 "Balaclava", £40. **Army Of No**

4 "Balloon", £65. **Levi's Vintage**

5 "Fivestar", £30. **Urban Outfitters**

6 "Skuba", £55. **Seal Kay**

7 "Big John", £30. **Firetrap**

8 "I'm flying", £45. **Oliver Spencer**

9 "Grey dog", £55. **Paul Smith Jeans**

10 "Genes", £40. **Hands**

Stockists: **Army Of No** 020 7377 1002 **Gravy** 020 7505 2700 **Paul Smith Jeans** 020 7379 7133 **Levi's Vintage Jeans** 020 7287 4941 **Firetrap** 020 8753 0280 **Hands** 020 7505 2700 **UO Vintage** 020 7761 1001 **Seal Kay** 020 7436 3037 **Oliver Spencer at Microzine** 020 7704 6667 **Rude** 020 7247 3000

Photography: Robert Decelis

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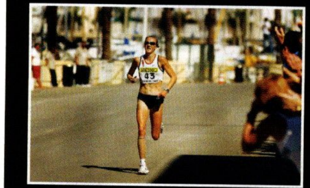
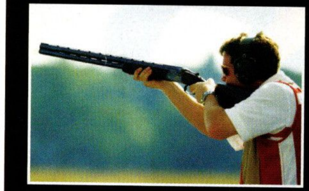
10 BRITS WHO COULD BRING BACK GOLD

Despite most of Britain being lazy chubsters, we've got some athletes who might actually win gold...

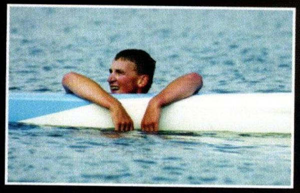


1 Paula Radcliffe
Event: 10,000m
The skinny Bedforder has been keeping such a low profile that she didn't even show up to defend her London Marathon title. All will be forgiven, though, if she beats them nippy Kenyans to the line.
Chance of gold: 90%

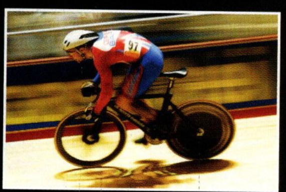
2 Nicole Cooke
Event: Road-race cycling
This Welsh honey was too young to compete in 2000. Now, Commonwealth gold dangling in her muscly cleavage, she'll bring glory to the valleys. Probably.
Chance of gold: 80%



3 Richard Faulds
Event: Double trap
Not some public toilet-based activity, but clay pigeon shooting. Fauldsy might look like a teacher, but he's a dead cert to follow his Sydney gold with Athens glory.
Chance of gold: 80%



4 Matthew Pinsent
Event: Coxless four
Even with "Crackers" ill and the other toffs being crap, if the blue-blooded one gets his arse in gear, he'll do us proud.
Chance of gold: 70%



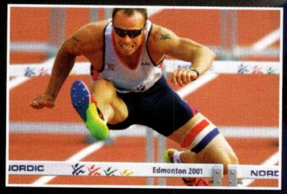
5 Jamie Staff
Event: Cycling, 1km sprint
The former BMX-er switched to racers in 2001 – and now the pedal-pusher's biggest rival is fellow Brit Chris Hoy.
Chance of gold: 65%

6 Sophie Cox
Event: Judo
Our pyjama-wearing Euro Champ is ready to grip up and go for gold. In 1993 (aged 11!) she became the first ever woman to play rugby at Wembley. Fact.
Chance of gold: 60%

7 Phillips Idowu
Event: Triple jump
Leaping from the shadows of retired Bible-basher Jonathan Edwards, Phillips is set to ensure Britain remains *the* dominant force in the global sandpit.
Chance of gold: 60%

8 Shirley Robertson
Event: Sailing
Team Robertson will be going for victory in a wind-powered Yngling. A what?
Chance of gold: 50%

9 Nathan Robertson & Gail Emms
Event: Mixed badminton
Expect literally dozens of fans courtside for the exciting badders finals!
Chance of gold: 50%



10 Dean Macey
Event: Decathlon
If he stays injury-free, the Essex boy has the talent to become the next Daley. Minus Afro and 'tash.
Chance of gold: 40%. *LC*

10 FIT FEMALE ATHLETES

And not a hormone-chugging, chromosomally-challenged beanflicker among them. Probably

1 Therese Alshammar
Swedish honey whose 50m backstroke allows you to stare at her boobies as she splashes around.

2 Heather Mitts
While our nation cheers on gargoyle Phil Neville from the terraces, US soccer fans get this Olympian gem.

3 Trish Fallon
Australian basketball player who loves nothing more than posing nude. Slam dunk!

4 Amanda Beard
Yank breaststroker whose curves are so perfect, who cares if she's got a daft name and oversized gums.

5 Jennie Finch
Gorgeous, and she's got the fastest right hand in the US: baseball star "Finchy" is every man's dream.

6 Franziska Van Almsick
The German 50m freestyler on qualification: "This internal fire did not yet expire." Shut it and swim.

7 Amy Acuff
This leggy Yank'll have the finest pins in Athens. She's also the world's best high-jumper, but who cares?

OLYMPICS SPECIAL OLYMPICS SPECIAL

5 DIY OLYMPIC BETS

Offer your mates these tasty odds, then reap the rewards...

1 Darren Campbell to win 100m: 50/1
Which proud patriot could resist a pony on "Britain's fastest man" romping to glory at a whopping 50/1? Fools!

2 Unbeaten swimming legend Ian Thorpe not to win gold: 3/2
Short odds will fool punters into thinking you know a bookie can't win on this hot favourite. Shame – Flipper's decided he hates swimming and can't be arsed.

3 Ashia Hansen to win the triple jump: 3/1
Keep the odds short to fool punters into thinking Britain's former favourite for gold has overcome injury to leap again in Athens. Under no circumstances let on that she can barely walk.

4 Britain's medal haul to be larger than Sydney 2000's: 15/1
Long odds can easily be dished out here with no Redgrave, Harrison or Edwards, to guarantee a medal bounty.

5 Britain to win sod all: 5000/1
No pessimist could resist sticking a pound on at these gargantuan odds of Blighty's traditional humiliation. But even we aren't pants enough not to scrape one measly bronze. Surely? *LC*

TOTAL STAKE	£ : P

ALL BETS SUBJECT TO LADBROKES RULES

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SEE REVERSE FOR DETAILS

10 OLYMPIC PINT-DOWNERS

Bored out of your armchaired mind by people running around in circles? Get the beers ready for *FHM*'s drinking game!

1 Beware Greeks...
A pint for any uniquely Greek touch. Does the mascot have a moustache? Is the long-jump pit filled with moussaka? Is a large trunk of lightly-seasoned lamb revolving slowly next to the Olympic flame? Quick: drink!

2 Commentator cliché
Swallow at any Greece-based phrase: "Cradle of western civilisation", "Trojan horse", "What would Plato think of *that*?"

3 "God Save The... Breen?"
Look for signs that the gold medallist has no idea of his national anthem's words. Sweating? Eyes darting about? Mouthing "words" aimlessly? Get chugging...

4 Victor's signal
Mexico had a black-power salute from the winner's rostrum, but who will take up our "wanker" challenge? It could happen: keep a cool one ready.

5 Name and shame
Gulp down a glassful – between laughs – for any comically-named East European, eg 1992 Russian hurdler Andrei Jerkusov. Extra fingers of beer for the word "vulva".

6 Mysterious bulge
Man, woman or Russian shotputter? Slurp for every hairy-palmed athlete straddling the gender fence.

7 Plucky no-hoper
Quaff nectar for any proud performance from a country that didn't exist two weeks ago. Take a bow, Eric "The Eel" Moussambani.

8 Body count
Lap lager for every javelin judge impaled, pole vaulter punctured, etc.

9 The big drugs bake-off
The closest-fought battle of them all: who's guzzled the most anabolic steroids? A pint downed for each "hotly disputed" positive test result.

10 Shabby stadia
The cement's still drying, so which of Greece's laughably over-optimistic follies will collapse first? Drinking arm at the ready, just in case... *CB*

3 DAFT OFFICIAL 'OBSERVANCES' IN AUGUST

1 World Breastfeeding Week
August 1 to 7

2 National Left-handers Day
August 13

3 National Lemon Meringue Day (US only)
August 15

8 Kerri Walsh
Beach volleyball was invented for the likes of America's delectable Kerri Walsh...

9 Kelly Sotherton
Battle of the Brit babes! Heptathlete Kelly gets our nod over Denise Lewis; no gammy legs there.

10 Gabrielle Rose
Another poolside honey, this US freestyler draws the eye from Sharon Davis's man-torso. *LC*

5 UNMISSABLE OLYMPIC SHOWDOWNS

If these pairings come true, expect blood on the canvas/grass/whatever they play hockey on...

1 Tae Kwon Do
Iraq vs USA
Who knows what this martial art involves, but there's a 100 per cent guarantee that if Saddam's Raad Abbas Rasheed gets drawn against Bush's Steven Lopez, the gore will be glorious.

2 Hockey
Pakistan vs India
If these two wriggle out of the group stages, they're set to bully-off in the KO. Scream "Kashmir's mine!", cue brawling, followed by nuclear warfare.

3 Football
Greece vs Mali
Not a glamour tie on paper, but since cheeky Greek dogcatchers admitted poisoning water supplies in an attempt to control a "strays" problem, drought-plagued Mali folk (average life expectancy: 47) will be gunning for vengeance. Maybe.

4 Baseball
USA vs Cuba
Fidel's commie amateurs embarrassingly beat America's billionaire "professionals" to gold in both 1992 and 1996; the Yanks' 2000 win over their cigar-rolling neighbours was the cue for rioting in Havana. "Fancy rounders" round four should rock.

5 Judo
Britain vs Afghanistan
After our brave soldiers liberated Fraiba Rezzay from her Taliban burka, she's paying us back by planning to beat up our butch national heroine, Sophie Cox, and snatch her black belt. *LC*

Alamy, Empics, Getty Images, PA

5 GREAT FOOTIE BOOKS

Fresh ink, in time for the new Premiership season

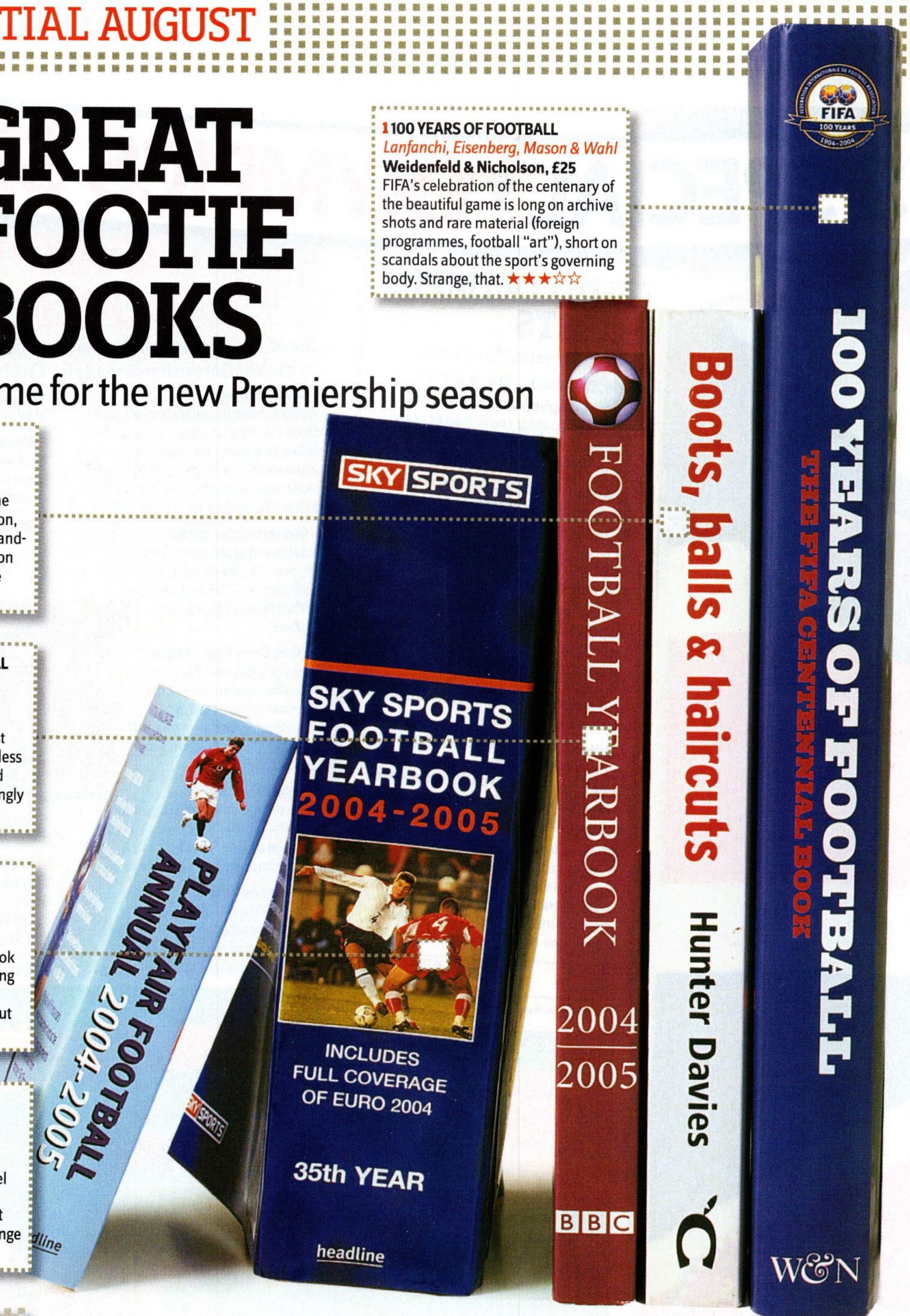
1 100 YEARS OF FOOTBALL
Lanfanchi, Eisenberg, Mason & Wahl
Weidenfeld & Nicholson, £25
FIFA's celebration of the centenary of the beautiful game is long on archive shots and rare material (foreign programmes, football "art"), short on scandals about the sport's governing body. Strange, that. ★★★☆☆

2 BOOTS, BALLS & HAIRCUTS
Hunter Davies
Cassell Illustrated, £12.99
Gazza's ghostwriter has picked the daftest pics from his own collection, filling the gaps in with classic on-and-off the pitch stories. Skip the bits on the modern game and stick to the game's glory years. ★★★★☆

3 MATCH OF THE DAY FOOTBALL YEARBOOK 2004/2005
"Endorsed" by John Motson
BBC Books, £19.99
No endless stats for the Beeb – just glossy pics, 6,000 charts and endless details of the English, Scottish and big European leagues. Breathtakingly comprehensive. ★★★★★

4 SKY SPORTS FOOTBALL YEARBOOK 2004-2005
Glenda and Jack Rollin
Headline, £19.99
This Wisden-like doorstop of a book houses 992 pages of mind-numbing statto tedium. Sorry! Fact-filled football trivia. Not an easy read, but comprehensive. ★★★★☆

5 PLAYFAIR FOOTBALL ANNUAL 2004-2005
Glenda and Jack Rollin
Headline, £6.99
This trainspotter's bible fits a duffel coat pocket with ease. Handy for settling half-time arguments about last year's Unibond League Challenge Cup fixtures. *MB* ★★★☆☆



TEN SUMMER WINES

1 PETER LEHMANN SEMILLON
Oddbins, £5.99
Words like "zesty" and "citrus" are wine-code for a sherberty tang. New World Semillon's a zingy, two-glass delight. ★★★★☆

2 DR L RIESLING
Sainsbury's, £5.99
This classic German grape – now found around the world – combines fresh fruit with a pleasing acidity that'll cut though the spiciest of food. ★★★★☆

3 SAINSBURY'S PINOT GRIGIO
Sainsbury's, £4.79
A lady-favourite, but don't let that put you off. It's a pleasing, slightly spicy bit of splosh, perfect for food-free boozing. ★★★★☆

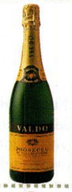
4 MACON VILLAGE JEAN LUC TERRIER
Oddbins, £7.59
French plonk labels can be off-putting, but Macon Village is just Frog for good, not over-buttery chardonnay. ★★★★☆

5 SOAVE CLASSICO SUAVIA
Oddbins, £7.99
It's Soave that fills carafes in cheap Italian restaurants. But up your spend and you'll find a tart, fighting wine, more a friend to salad than curry. ★★★★☆

6 BIG FRANK'S DEEP PINK
Sainsbury's, £3.99
It's hot in the south of France, and they drink rosé all the time. This Aussie example lacks the overpowering sweetness of some. ★★★☆☆

7 TESCO CHIANTI
Tesco, £3.60
Italians chill reds, and they know what they're doing. A fridge does knocks out any subtlety, so don't spend a mint on anything ending in "Classico". ★★★☆☆

8 VALDO PROSECCO
Sainsbury's £5.99
Penny-pinchers, rejoice. Everyone knows Cava is cheap bubbly, but this stuff also costs sod all, tastes great and no one's heard of it. Result. ★★★☆☆



9 M&S BEAUJOLAIS
Marks & Spencer, £5.99
A few months ago this was growing on a vine, so don't expect what wine-snobs call "structure". Instead chill it down and enjoy 12% alcohol Ribena. ★★★☆☆

10 TERRESOTO RIOJA
Marks & Spencer, £4.99
If you're no fan of whites but like the oaky heft of a good red, discover the well-kept secret of white rioja. Glug, then say "vibrant". ★★★☆☆ *MB*

5 DIGITAL CAMERA TRICKS & TIPS

Don't fear those symbols next to 'Auto' on the dial...

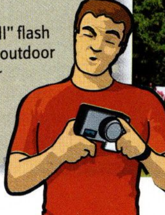
1 Warm up your shots
If sunny change the white balance to "cloudy". It's like putting a warming filter on, increasing reds and resulting in richer pictures.

2 Use the viewfinder
When shooting landscapes, the camera's LCD screen can introduce distortion. Trust the viewfinder.

3 Go high-res
Maximum megapixels mean you can crop and still get quality.

4 DIY polarisers
Use Polaroid sunglasses to reduce glare and unwanted reflections. Hold over lens; snap away.

5 Smart flashing
Use the camera's "fill" flash function to brighten outdoor portraits, when your subject is in shade against a sunny background. *MB*



5 WAYS TO GET THE BEST OUT OF THE BIG CHILL

No, not the touchy-feely Glenn Close film. This international festival has been going for ten years and started life as a London club night...

1 Who's playing?
Loads of deck-fiddlers you've only vaguely heard of – Phil Asher, Lol Hammond, Chris Coco, Rob Da Bank, Nigel Prankster and Nick Name are among those who will be noodling in a deer park near Malvern.

2 If you're on a tight budget...
Apply for a job as a litterpicker at www.bigchill.net. Otherwise, stay at home.

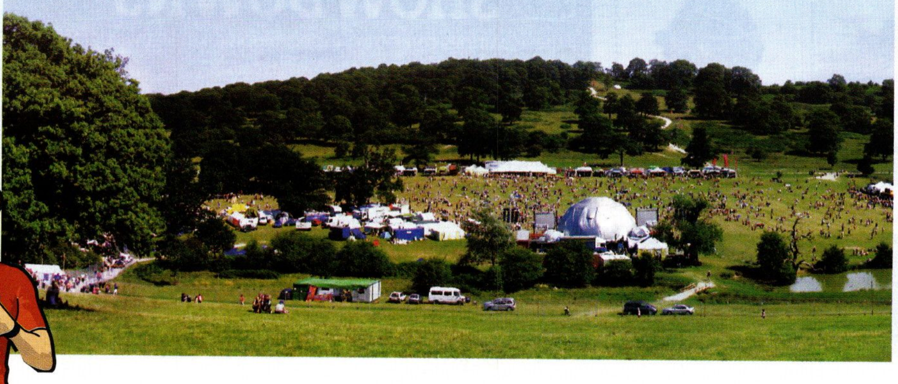
3 If money's no object...
Fork out a hefty £105 for a weekend ticket.

FESTIVAL PASS
Nº4
ACCESS ALL AREAS

4 How to pretend you come every year:
Casually drop into the conversation how you caught a rare Future Sound Of London live set in winter 2001. Trust us, it's some sort of big deal.

5 This year, don't miss:
Howie B – hands up who remembers him? *RH*

Friday, July 30 to Sunday, August 1
Eastnor Castle, Malvern Hills, Herefordshire



PSC

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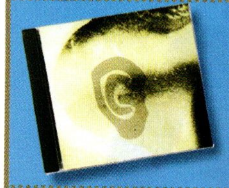
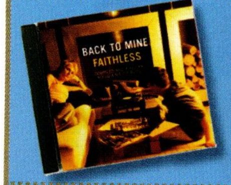
10 PERFECT CHILL-OUT CDS

Because gabba house just won't wash in August

1 AIR
Moon Safari
(Source) 1998
Along with their more upbeat cousins Daft Punk, Air revolutionised French music with *Moon Safari*'s mix of electronic doodling, whimsical ballads and airy instrumentals. Avoid the follow-up *10,000Hz Legend*, though – it's crap.



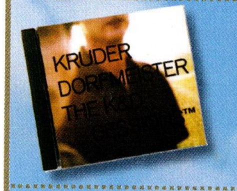
2 GLOBAL COMMUNICATION
76:14
(Dedicated) 1994
The tracks are named after their lengths so as not to "bias the listener by pre-defining images", but ignore that pretentious tosh and slip on this chilled classic, perfect for soothing even the harshest booze-fuelled headaches.



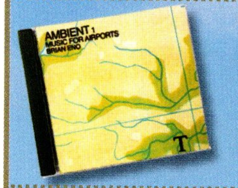
3 FAITHLESS
Back To Mine
(DMC) 2001
Normally to be found entertaining gurning loons in fields, Faithless invited us back to theirs with a set that ranged from professional miseries Tindersticks to Shinehead's dancehall take on Jacko's *Billie Jean*. Amazingly, it worked!

4 THE ORB
U.F.Orb
(Big Life) 1992
Demented duo The Orb were the dons of chill-out in the early Nineties, scoring this number-one album and a place in the *Guinness World Records* with the single *Blue Room* – at 39 minutes, the longest hit in chart history.

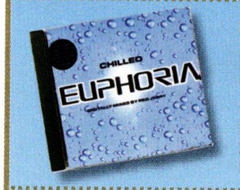
5 APHEX TWIN
Selected Ambient Works 85-92
(R&S) 1993
Best known for sporting a hideous ginger beard and driving a tank, Richard D James also produced this noodly classic – a collection of tunes he'd been knocking up in his bedroom since he was 14.



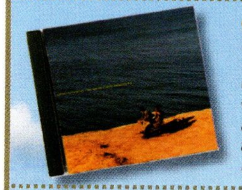
6 KRUDER & DORFMEISTER
The K&D Sessions
(G-Stone/K7) 1998
Austria's finest export since Mozart, DJs Kruder and Dorfmeister's finest hour is this DJ set spanning everything from Bone Thugs-N-Harmony to Depeche Mode, while suggesting they might be partial to the odd "jazz cigarette".



7 BRIAN ENO
Ambient 1: Music For Airports
(EG) 1978
The grand old man of chill-out, balding goon Eno left glam rockers Roxy Music and created a load of albums of... not very much. Making Air sound like Slipknot, this is arguably the most laid-back album ever.



8 VARIOUS ARTISTS
Chilled Euphoria
(Telstar) 2000
The fact that this is a Telstar Euphoria compilation might suggest a huge chunk of double Gloucester, but this two-CD set – taking in Underworld, Primal Scream and Moby – is a treat. And all from the label that once brought us Ant and Dec.



9 ULRICH SCHNAUSS
Far Away Trains Passing By
(City Centre Offices) 2001
Great at building cars, stealing pool space and winning penalty shoot-outs, the Krauts have always been shite at music – until this fella came along with some of the sweetest, melodic tuneage *FHM* has ever heard.

10 ZERO 7
Simple Things
(Ultimate Dilemma) 2001
The soundtrack to a thousand dinner parties, *Simple Things* crept out in 2001 and became a slow-burning success. Nominated for a Mercury Music prize, but you still wouldn't recognise them if they punched you in the face. *DS*

Zefa

5 PLACES TO GO IN MIAMI

HOLIDAY DESTINATION No.3

3

Why mix with screaming brats in Orlando when the Floridian hot spot supplies all your holiday needs?

Once America's murder capital, a cleaned-up Miami is now the international playground of fashion designers (for her), bikini models (for you) and Cuban immigrants (for recreational substances). Here are five ways to get the best out of the place.

1 A great beach
Where else but Miami Beach? White sand, clear water, star of a *Police Academy* flick and only one recorded shark attack in 2003. Plus all the usual top-notch American leisure activities – watersports, golf, casinos, titty bars – are within walking distance.

2 A tasty restaurant
Pacific Time (915 Lincoln Rd, South Beach). Chow down in the city's first four-star eaterie, enjoying "American-Asian" specialities such as Mongolian lamb salad, Szechuan grouper or sweet sake roasted sea bass. And God bless the faltering dollar; main courses come in at just £15 to £20.

3 A kicking nightclub
Lost Weekends (218 Espanola Way, Miami Beach). It's not just wanky cocktails – there are over 200 beers available, from familiar Ooro-pean "suds" to the pick of the burgeoning US microbrewery revolution. Sample enough of them and you'll experience exactly what it says above the door.

4 A great hotel
The Eden Roc Renaissance (4525 Collins Av, Miami Beach). The legendary 13-storey Art Deco landmark has stood since 1956, making it the bulldozer-happy Miami equivalent of Stonehenge. Best of all, it's easy to find when staggering back pissed.

5 A bit of culture
With the city's new Performance Center $50m over budget and the 2004 opening date already two years late and counting, you'll have to make do with a visit to the Holocaust Memorial at 1933 Meridian Av, Miami Beach. Jarringly anachronistic in the bright Florida sunshine. *RH*

Fly direct to Miami from £447.50 at www.travelplanners.co.uk

10 TOP MOBILES FOR AUGUST

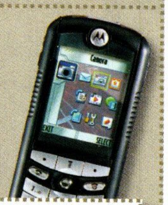
Another month, another bunch of new phones and new deals. Which ones are worth binning your old mobie for? Let *FHM* sort'em out...

1 SAMSUNG D410
Free (contract) at Carphone W'House
262,000-colour screen shows up to eight lines of text or pretty pictures from the rotating digital camera. ★★★★☆

2 PANASONIC X300
Free (contract) from Carphone W'House
"Tiny camcorder", not "fat phone". Side-lens and swivelling LCD aid both still and video shots. ★★★★☆

3 SAMSUNG E800
Price tbc from Phones4U
Slidy cameraphone with video, built-in flash and 20Mb memory for your poorly-composed shots. ★★★★☆

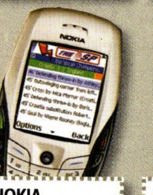
4 SHARP GX30
Free (contract) from Vodafone
Take megapixel pics, gaze at them on a 260,000-colour screen, then save on SD cards. ★★★★☆



5 MOTOROLA E398
Free (contract) at Carphone W'House
Gimmick-packed c-phone with built-in flash, "rhythm lights", video player and speakers for MP3s. ★★★★☆

6 SONY S700
Free (contract) at Carphone W'House
Megapixel c-phone quadrupling up as games machine, MP3 player and web browser. ★★★★☆

7 02 X2
£149.99 pay-as-you-go from O2
Pay-as-you-goers can now get their hands on a 65,000-colour clamshell cameraphone. ★★★☆☆



8 NOKIA 6600 WITH SP
Free (contract) from 02; SP £10 monthly
Top-notch c-phone and SP's sports service gets you news and live footie. ★★★☆☆

9 SPV C500
Price tbc from Orange
Geeky PDA stuff – Pocket Outlook, IE, Media Player – in a small handset. Plus camera and SD slot. ★★★☆☆

10 LGU8110
From £49 from 3
A 3G handset that's not the size of a car! Multi-function, plus exclusive video, including Sky Sports news. ★★★☆☆

Alamy

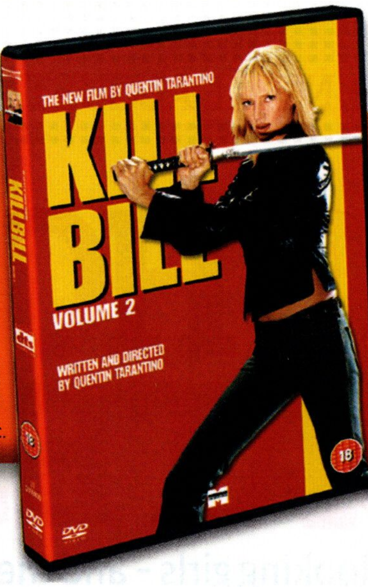
Kill Bill Volume 2 (5.1/DTS)

The second part of Quentin Tarantino's deliriously stylish movie sees The Bride (Thurman) continue her typically blood-soaked revenge quest... Having killed two of the Deadly Viper Assassination Squad, she continues her mission to kill the remaining survivors that turned her wedding into carnage and left her for dead.

Deleted scene
'The Making Of Kill Bill - Volume 2' featurette
Chingon performance from the Volume 2 premiere
Interactive menu

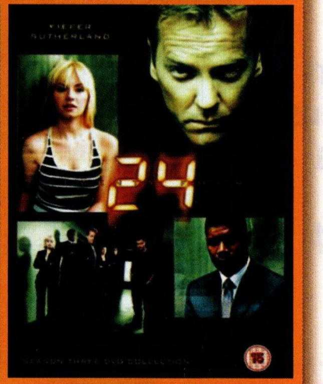
DVD ~~RRP £19.99~~ £13.99

Kill Bill Volume 2 © Buena Vista Home Entertainment, Inc.



THE NEW FILM BY QUENTIN TARANTINO
KILL BILL
VOLUME 2
WRITTEN AND DIRECTED BY QUENTIN TARANTINO

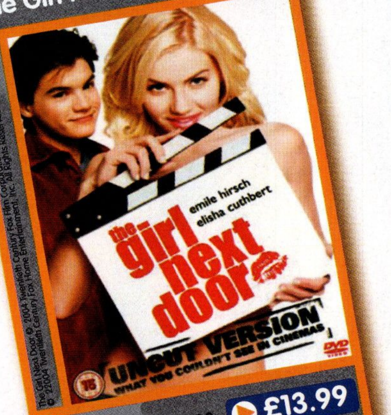
24 (Twenty Four)
Series 3 Box Set (7 Discs)



KIEFER SUTHERLAND
24

DVD ~~RRP £49.99~~ £34.99

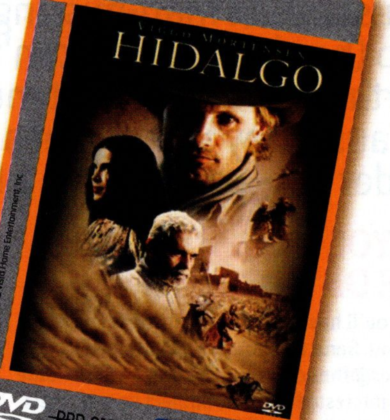
The Girl Next Door



emile hirsch
elisha cuthbert
the girl next door
UNCUT VERSION
WHAT YOU COULDN'T SEE IN CINEMAS

DVD ~~RRP £17.99~~ £13.99

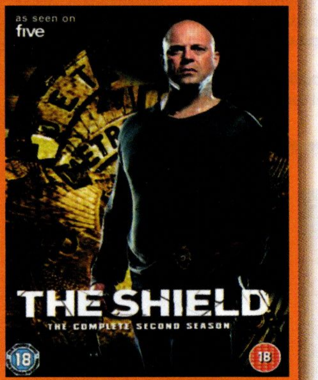
Hidalgo



VIGGO MORTENSEN
HIDALGO

DVD ~~RRP £15.99~~ £11.99

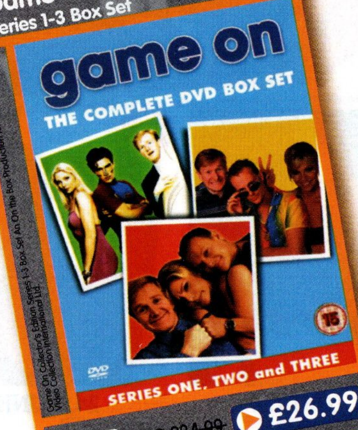
The Shield
Complete Season 2 (4 Discs)



as seen on five
THE SHIELD
THE COMPLETE SECOND SEASON

DVD ~~RRP £34.99~~ £27.99

Game On Collector's Edition
Series 1-3 Box Set



game on
THE COMPLETE DVD BOX SET
SERIES ONE, TWO and THREE

DVD ~~RRP £34.99~~ £26.99

Filthy, Rich And Catflap

PLAYBACK
BBC
FILTHY, RICH & CATFLAP
THE COMPLETE SERIES 1
WRITTEN BY BEN ELTON
NIGEL PLANER · RIK MAYALL · ADRIAN EDMONDSON

DVD ~~RRP £12.99~~ £9.99

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FREE DELIVERY
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FREE DELIVERY

20 HOT DATES!

Great-looking girls – and they want you! Every month we're going to hand-pick 20 ladies from thousands of man-missing lovelies who (hard to believe) can't find a worthwhile bloke. That must be because they've not met an *FHM* reader yet – so drop one a line!

DO YOU WANT TO DATE ONE OF THESE WOMEN?

Then you'll have to persuade them to go out with you. Send an e-mail about yourself to hotdates@fhm.com with the name of the hottie you're interested in as the subject line, or write to us at "Hot Dates", *FHM*, Mappin House, 4 Winsley Street, London, W1W 8HF. We'll pass on all correspondence at the end of the month. Unless we decide you're a nutter. Tips: don't write a novel, try and live somewhere near your favourite lady, and enclose a recent photo so they see what they're getting. Gentlemen – the choice is yours – and good luck!

FHM.com

Coming soon to your favourite website – the complete online encyclopedia of hot dates. If you want to get involved, e-mail hotdates@fhm.com now!

FHM DATE OF THE MONTH!

①

GEORGINA
20, BOURNEMOUTH
LIKES HOT AIR
Single for: five months

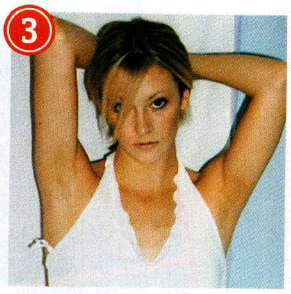
What's the best thing about you?
I'm fun, lively, like to go out and have a good time.
What's your ideal first date?
Nice, candelit dinner. Hot air balloon ride.
What's the sexiest item of clothing you own?
Matching sexy thongs and bras.
What's the last DVD you bought?
City Of God.
What's your ringtone?
N*E*R*D, *She Likes To Dance.*
What's not good on a man?
A hairy arse!
Why can't you find a man?
I'm at uni – all the guys are players.

②

JOAN **23, LONDON**
NO SKINNIES NEED APPLY
Single for: six months

What's your ideal first date?
A lovely meal with lots of champagne – and my best mate in tow in case he turns out to be a dickhead.
What's the sexiest item of clothing you own?
My tight red catsuit. It drives the men wild every time.
What's the last DVD you bought?
Kill Bill – it rocks.
What's hot in a bloke?
Big, sexy arms – they're such a turn-on.
And what's not?
Bad shoes and skinny legs. Uhh!

③



LUCY **20, CRAWLEY**
NO TRAINERS, PLEASE
Single for: six months

What's the best thing about you?
I'm confident and up for a laugh.
What's the sexiest item of clothing you own?
Micro mini.
What's your ideal first date?
Something crazy and original. Or dinner with lots of wine!
What would you like your date to be wearing?
Something trendy – no suits. And good shoes are important.
Why can't you find a man?
Just haven't found anyone I like enough.

④

HAYLEY **18, LIVERPOOL**
HATES TRACKSUITS
Single for: six months

What would you like your date to be wearing?
Something fashionable, not trying too hard. No tracksuits!
What's the last DVD you bought?
Monty Python's Life Of Brian.
What's your ringtone?
It's not a tune – my new phone's too confusing!
What's hot in a bloke?
Having confidence enough to approach me and talk to me.
And what's not?
Being cocky and arrogant.

⑤

SARINA **24, LONDON**
WANTS SOMEONE TALL
Single for: four months

What's the worst thing about you?
I don't know my limits!
What three things would you rescue from your house if it was on fire?
Shoes, underwear, England shirt.
What's your ringtone?
Crazy In Love.
What's hot in a bloke?
Making me laugh. Being tall and gentlemanly – but manly!
And what's not?
Arrogance.
Why can't you find a man?
All the good guys are gone!

⑥

NIKKI **24, RAINHAM**
BIRD-LOVER
Single for: 18 months

What's your ideal first date?
Meal in London, off to a club. Something simple but fun.
What three things would you rescue from your house if it was on fire?
My birds – a grey parrot and two talkative cockatiels.
What's the last DVD you bought?
I don't need to – I manage my own video shop so they're free!
What's hot in a bloke?
Shocking blue eyes. Rough and ready.
And what's not?
Too much swearing.

⑦

CANDICE 18, HERTS
LOVE HER, LOVE HER DOG

Single for: six months

What's the best thing about you?
I'm flirty.
What's your ideal first date?
Something fun, different - not traditional.
What's the last CD you bought?
I don't buy many - I download them.
What's your ringtone?
The *Friends* theme.
What's not hot in a bloke?
When they're too cocky, when they just love themselves.
Why can't you find a man?
Too fussy!

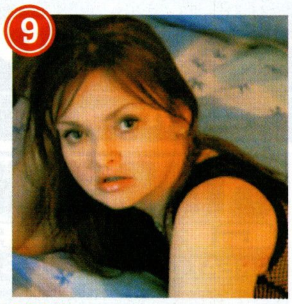
⑧

EMMA 20, MOUNTNESSING, ESSEX
LIKES THEME PARKS!

Single for: three months

What's the worst thing about you?
I burp a lot.
What's the hottest item of clothing you own?
My expensive collection of thongs.
What's your ideal first date?
Something fun and stupid, like going to a theme park.
What's hot in a bloke?
Someone who doesn't mind making a tit of themselves and making me laugh.
And what's not?
Baby names. Silly voices.

⑨



SARA 24, NORWICH
G&R FAN

Single for: 12 months

What's the best thing about you?
I'll try anything once.
What would you like your date to be wearing?
Something that shows off a good body.
What three things would you rescue from your house if it was on fire?
Pet rabbit Molly, shimmering lip gloss and my Tiffany necklace.
What was the last CD you bought?
Guns N' Roses' Greatest Hits.
Why can't you find a man?
I suppose I like playing the field - but things can change.

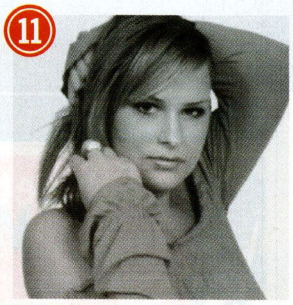
⑩

NATALIE 19, DORSET
CHEAP FIRST DATE!

Single for: six weeks

What's your ideal first date?
A drink in the pub.
What's the best thing about you?
I'm fun, up for a laugh.
What's the last DVD you bought?
The Lost Boys.
What's hot in a bloke?
A good body.
And what's not?
Taking longer to get ready to go out than I do!
Why can't you find a man?
I've not been looking - but maybe it's time to sort it out!

⑪

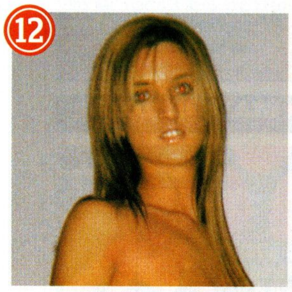


SIAN 18, CHESTERFIELD
POSH UNDIES!

Single for: three months.

What's the best thing about you?
I'm down-to-earth and very adventurous
What's the hottest item of clothing you own?
Agent Provocateur underwear.
What's your ringtone?
Kelis, *Trick Me.*
What's hot in a bloke?
Someone who's a challenge - hard to get. And sexy eyes.
And what's not?
Insecurity.
Why can't you find a man?
I'm too damn nice!

⑫

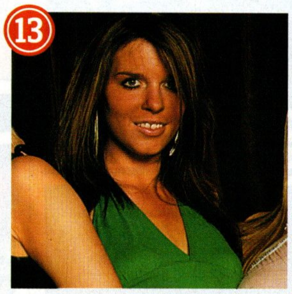


TERRI 19, COLCHESTER
KICKS ARSE

Single for: no one serious in two years!

What's the worst thing about you?
My kick-arse attitude.
What three things would you rescue from your house if it was on fire?
Dildo, purse, Miss Sixty jeans.
What's the last CD you bought?
Cypress Hill.
What's hot in a bloke?
Bum and eyes (green).
And what's not?
A small willy!
Why can't you find a man?
I like to keep my options open - but I'm open to offers.

⑬

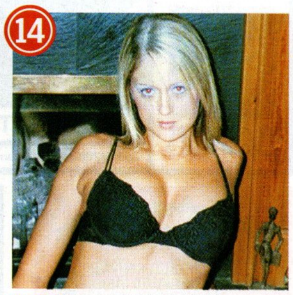


LARA 20, BRIGHTON
GOLD CHAINS NOT WELCOME

Single for: three months

What's the best thing about you?
I'm bubbly, outgoing, adventurous.
And the worst?
I'm always late!
What's the sexiest item of clothing you own?
PVC hot-pants.
What's your ideal first date?
Being wined and dined.
What would you like your date to be wearing?
Something cool - smart/casual. No townies and no gold! He's got to have a bit of style.

⑭

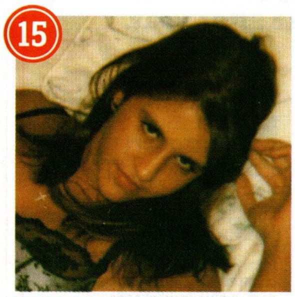


NIKKI 20, GLASGOW
SHE'S ALWAYS RIGHT

Single for: six months

What's the best thing about you?
I'm chilled, outgoing, fun.
And the worst?
I always have to be right.
What's the sexiest item of clothing you own?
Pink underwear.
What's your ringtone?
50 Cent, *In Da Club.*
What's hot in a bloke?
A really laid-back, funky style.
Why can't you find a man?
I won't settle for just anyone - I'm looking for the right kind of bloke.

⑮

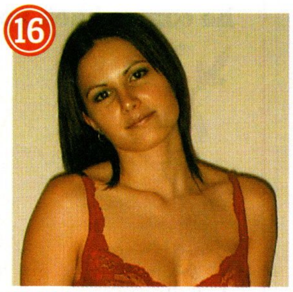


DANILA 19, ROCHDALE
BUBBLY!

Single for: two months

What's the best thing about you?
I'm bubbly, and like to try new things.
What three things would you rescue from your house if it was on fire?
Teddy bear, fave dress, hairbrush.
What's your ringtone?
Christina Aguilera - *Genie In A Bottle.*
What's hot in a bloke?
Confidence; being taller than me.
And what's not?
Arrogance, scruffiness.
Why can't you find a man?
University life - no one's looking for anything serious.

⑯

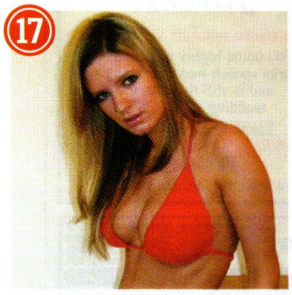


BECKY 21, FAREHAM
HAS SECRET DESIRES

Single for: 13 months

What's the best thing about you?
I'm kind and honest.
And the worst?
I fancy Peter Andre!
What's the sexiest item of clothing you own?
Stockings and suspenders.
What three things would you rescue from you house if it was on fire?
My hair-straighteners, my handbag... oh yeah, and my sister.
Why can't you find a man?
I'm not going to go out looking for one - they can come to me.

⑰

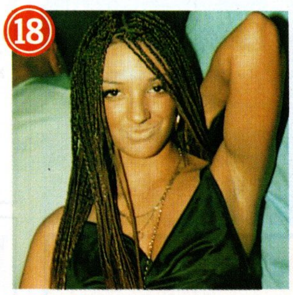


VICTORIA 22, MANCHESTER
MAKE ME LAUGH!

Single for: couple of months

What's your ideal first date?
Trendy bar.
What's the last CD you bought?
Nelly Furtado.
What's your ringtone?
Umpa Lumpa!
What's hot in a bloke?
Nice eyes. And able to make me laugh.
And what's not?
Arrogance.
Why can't you find a man?
I'm having too much of a good time to be honest!

⑱

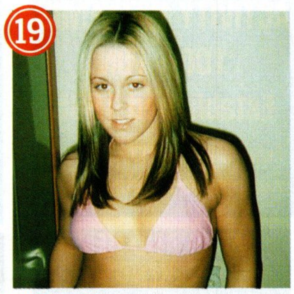


POPPY 19, HOVE
SEXY UNDIES ALERT!

Single for: a couple of months

What's the best thing about you?
My eyes.
What's the sexiest item of clothing you own?
French knickers.
What's the last CD you bought?
Ministry Of Sound.
What's hot in a bloke?
A nice smile.
And what's not?
A hairy arse!
Why can't you find a man?
It's too much hassle - let them come to me and we'll see.

⑲

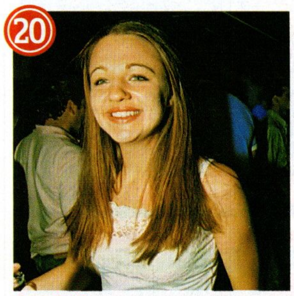


PAMELA 18, GLASGOW
LIKES A CURRY

Single for: six months

What's the worst thing about you?
I'm a bit moody.
What's the sexiest item of clothing you own?
Playboy Bunny outfit.
What's your ideal first date?
Pub, pint and a curry.
What's your ringtone?
Looney Tunes.
What's not hot in a bloke?
Scabby feet.
Why can't you find a man?
It's great fun being single and I don't know where I'd find time!

⑳



HELEN 20, HORSHAM
GOOD TEETH ONLY, PLEASE

Single for: six months

What's the sexiest item of clothing you own?
Hot pink mini ra-ra skirt.
What three things would you rescue from your house if it was on fire?
Phone, car keys, photo of my family.
What's your ringtone?
Three Lions.
What's the last CD you bought?
Scissor Sisters.
What's not hot in a bloke?
Having bad teeth; being too clingy.
Why can't you find a man?
I just haven't found Mr Right.

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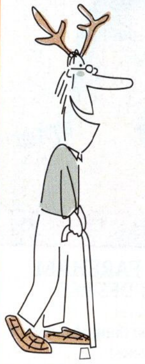

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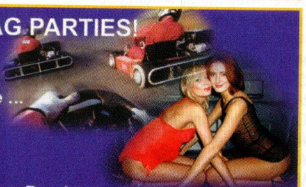

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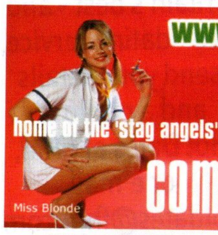

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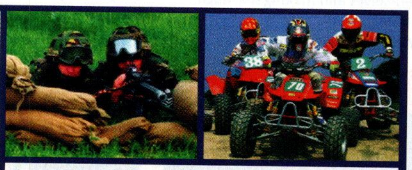

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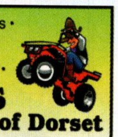

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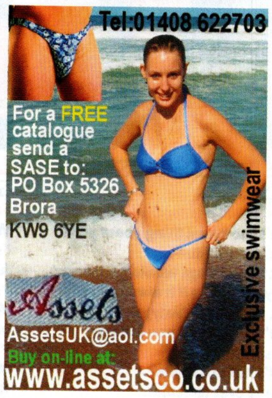

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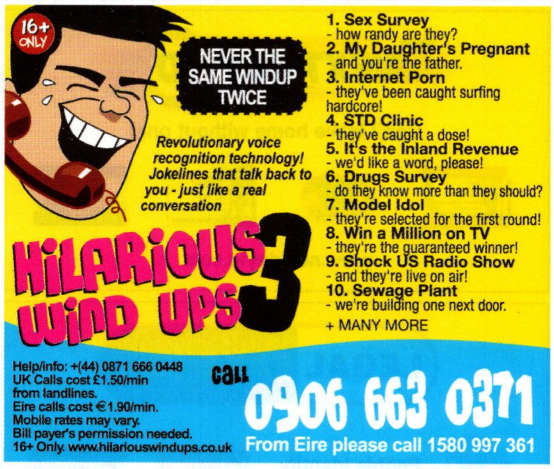

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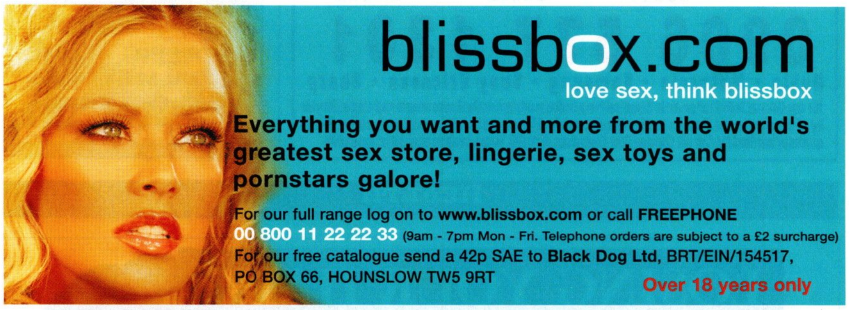

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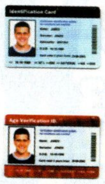

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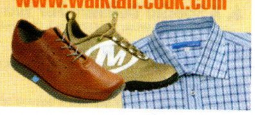

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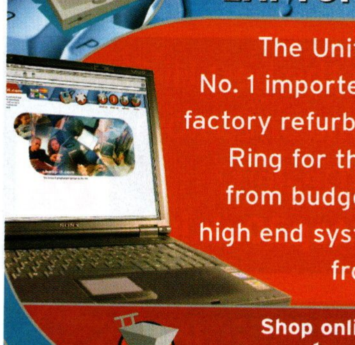

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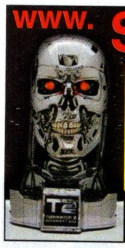

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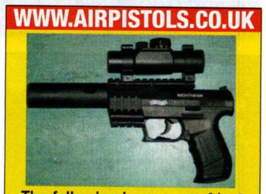

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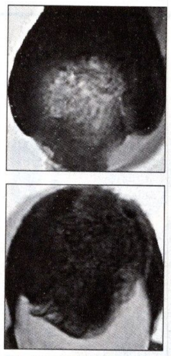

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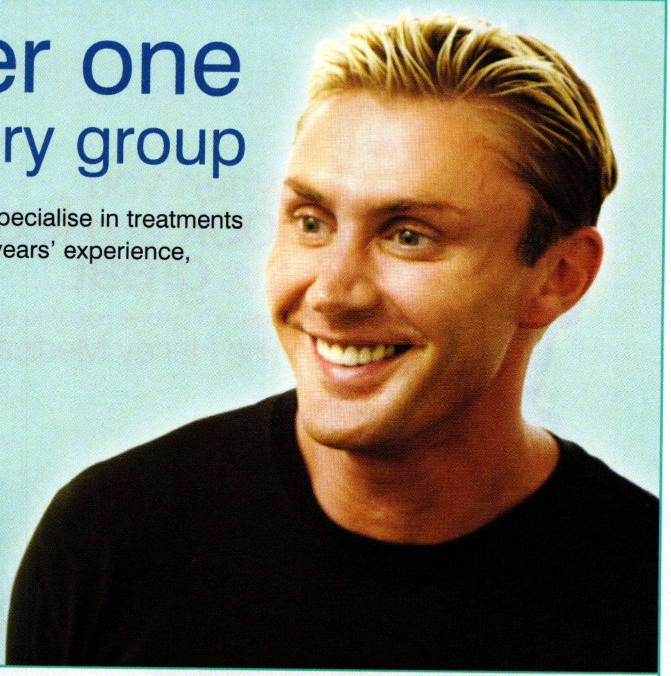

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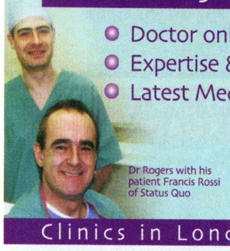

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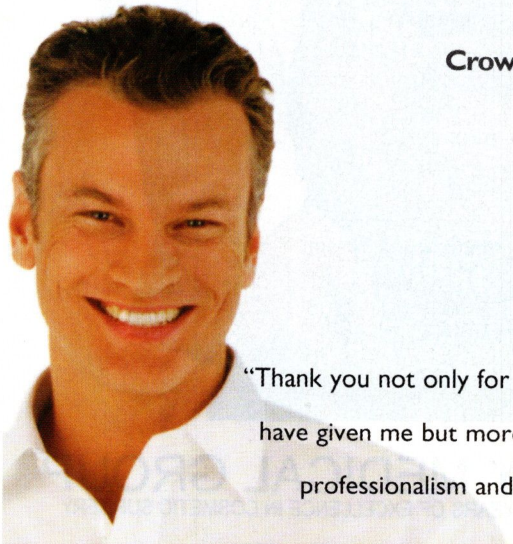

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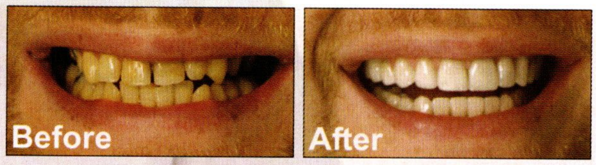

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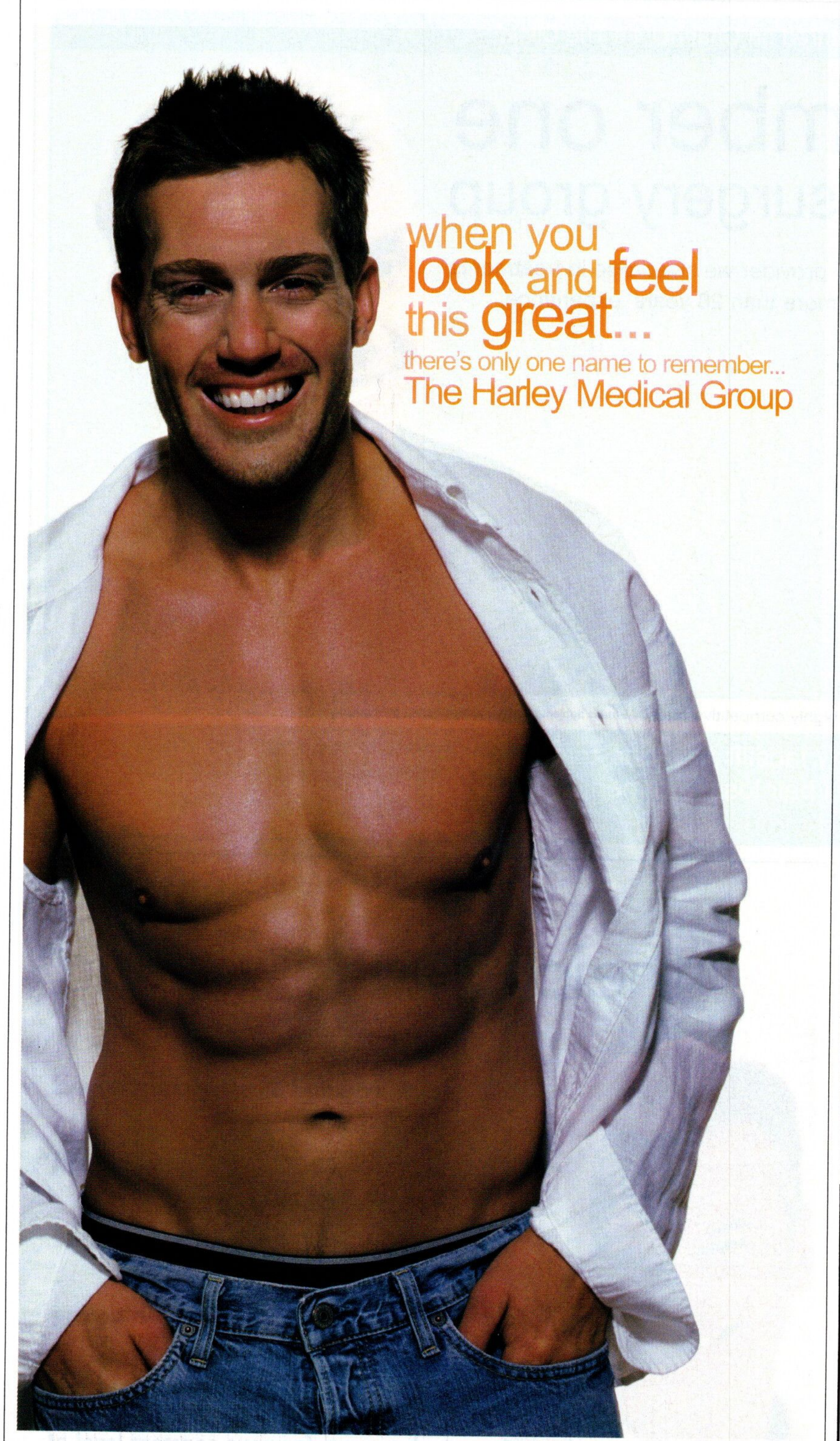
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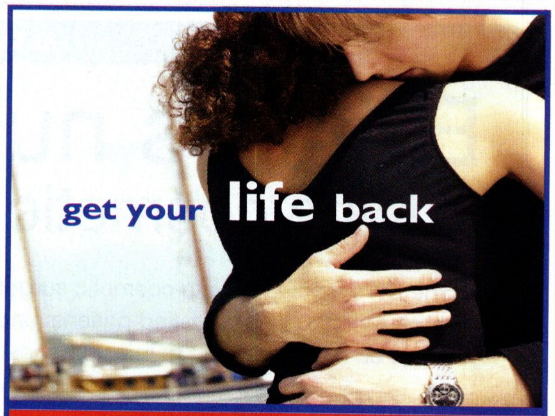

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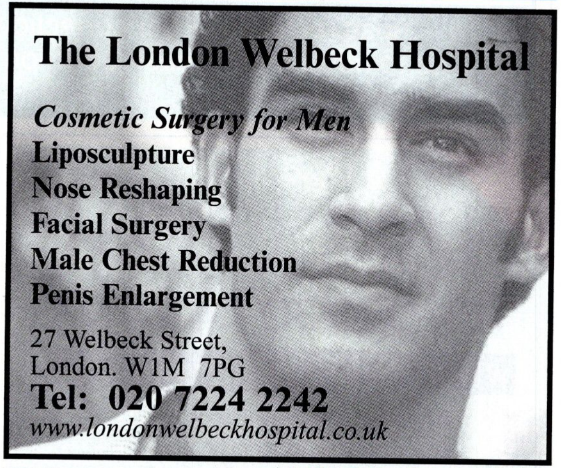

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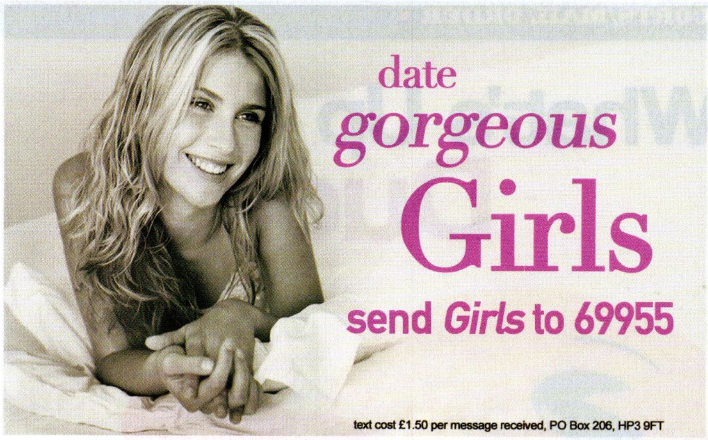
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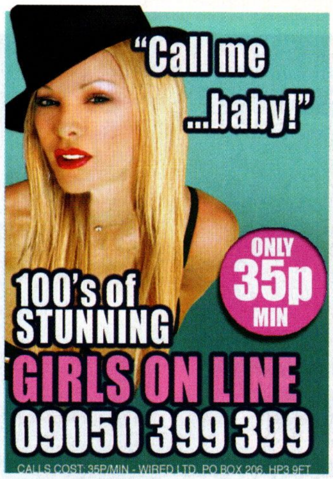
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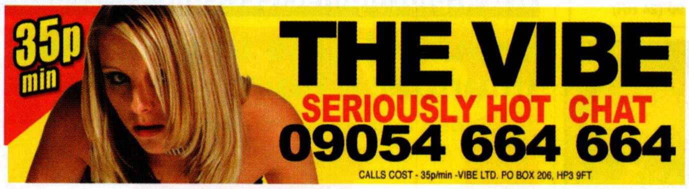
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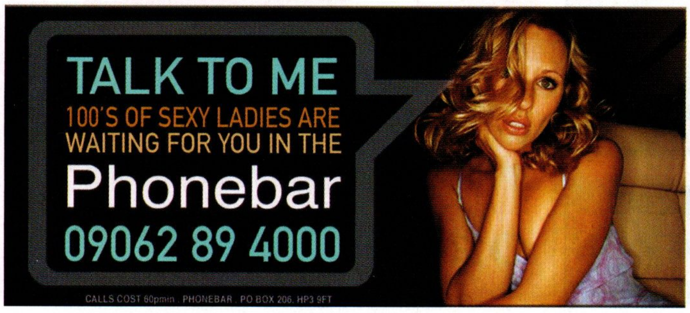
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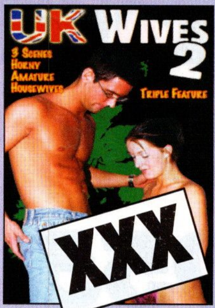

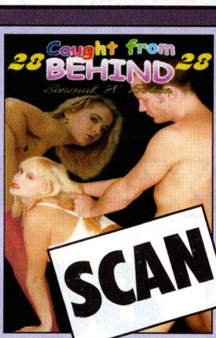

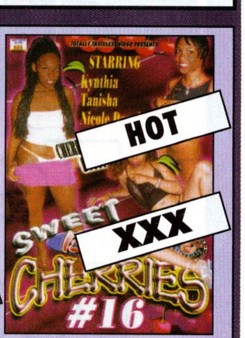

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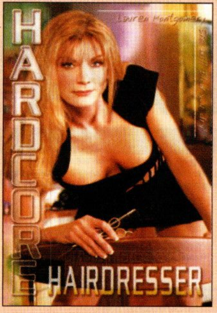

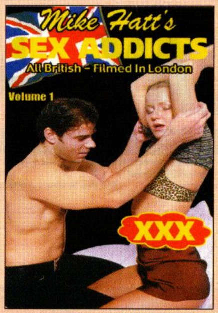

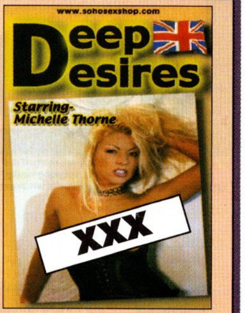

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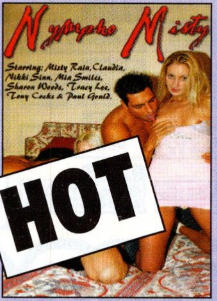
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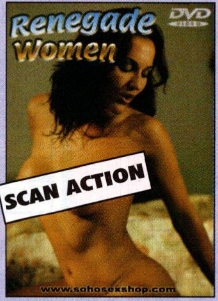
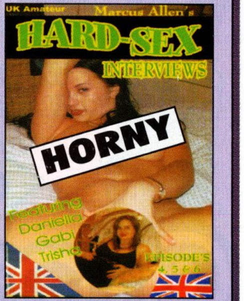
HOT





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PRIVATE SEX SHOPS **Open: Mon.-Sat. 9.30-6pm (Fri. 8pm) – LONDON (West) ACTON** 19 Horn Lane. **(South) BEXLEY** 14 Bourne Rd, (Bexley Village), Bexley. **LEWISHAM** 318 Lewisham Rd. Lewisham. **NORBURY** 1539 London Rd, Norbury. **(East) STRATFORD** 10 Leytonstone Rd (Maryland Point), Stratford E15. **WALTHAMSTOW** 627 Forest Rd, Walthamstow E17. **(North) (North West) BRENT** 659 Nth Circular Rd, Brent NW2 (eastbound before Staples Corner). **ALDERSHOT** 266b High St. **ASHFORD** 42 High St. **BARNSLEY** 3 Doncaster Rd. **BARROW-IN-FURNESS** 6 Dalkeith St. **BATH** 28 Victoria Bldgs, Lwr Bristol Rd. **BEDFORD** 72 Tavistock St. **BIRMINGHAM** 47 Pinfold Street (just off Victoria Square). **BLACKBURN** 71 Darwen St. **BLACKPOOL** 311 Church St. **BOLTON** 201 St. George's Rd. **BOURNEMOUTH** 216 Holdenhurst Rd. **BRADFORD** 147/149 Manningham Lane. **BRIDGEND** 72 Bridgend Rd, Aberkenfig (Just 2 mins. from Junc. 36 on the M4). **BRIGHTON** 11 Surrey St. **BRISTOL** 76 West St, Old Market. **BURNLEY** 124c Colne Rd. **BURY** 94 Rochdale Rd. **CAMBRIDGE** 38 Chesterton Rd. **CARDIFF** 9 Mill Lane. **CARLISLE** 6 London Rd. **CHATHAM** 18 High St. **CHELMSFORD** 167 Moulsham St. **CHESTER** 53 Brook St, Chester. **CHESTERFIELD** 528 Sheffield Rd. **COLCHESTER** 74 Butt Rd. **COVENTRY** 78 Far Gosford St. **CRAWLEY** 1 High St, (Mon-Sat Till 8pm). **CREWE** 74 Edelston Rd. **DARLINGTON** 91 Victoria Rd. **DERBY** 61 Osmaston Rd. **DONCASTER** 15 Copley Rd. **DOVER** 64 London Rd. **EDINBURGH** 60 Elm Row, Leith Walk. **EXETER** Private Shop, 133 Fore St. **FOLKESTONE** 105 Dover Rd. **GLASGOW** 319 Gallowgate. **GLOUCESTER** 17-24 Trade Offices, Cattle Market. **GREAT YARMOUTH** 3 Howard St. North. **GRIMSBY** 189 Grimsby Rd. **HALIFAX** 13 Crown St. **HEMEL HEMPSTEAD** 193 London Rd. **HUDDERSFIELD** 70 Bradford Rd, Fartown. **HULL** 263 Hessle Rd. **ISLE OF WIGHT** 58 Pyle St., Newport. **KETTERING** 25 Market St. **KINGS LYNN** 41 Norfolk St. **KINGSTON** 203 Kingston Rd. **LEEDS** 209 North St. **LEICESTER** 116 Granby St. **LINCOLN** 68 High St. **LIVERPOOL** 63/65 Moorfields. **LUTON** 74 Wellington St. **MACCLESFIELD** 77 Chestergate. **MAIDSTONE** 115 Week St. **MANCHESTER** 54 Oldham St. **MANSFIELD** 19 Ratcliffe Gate. **MARGATE** 55 Northdown Rd. **MIDDLESBROUGH** 14 Borough Rd. **NEWCASTLE** 20/22 Scotswood Rd. **NEWPORT** 16 Cardiff Rd. **NORTHAMPTON** 8 Regent Sq. **NORWICH** 39 St. Augustine St. **NOTTINGHAM** 18 Carrington St. **NUNEATON** 82 Queens Rd. **OLDHAM** 95 Huddersfield Rd. **OXFORD** 54 Cowley Rd. **PAIGNTON** 72 Winner St. **PETERBOROUGH** 75 Oundle Rd. **PLYMOUTH** 31 Athenaeum Place, Derrys Cross. **PORTSMOUTH** 229-231 Commercial Road. **PRESTON** 442 New Hall Lane. **READING** 108 Southampton St. **ROTHERHAM** 3/5 Rawmarsh Hill, Parkgate. **SALISBURY** 125 South Western Rd *(behind Station)*. **SHEFFIELD** 68 Division St. **SHREWSBURY** 40 Wyle Cop. **SOUTHAMPTON** 131 Above Bar St. **SOUTHEND** 9 Alexandra St. **STEVENAGE** 22 Queensway. **STOCKPORT** (Harmony) 26 Lower Hillgate. **STOKE** 3 Marsh St., Hanley. **SWANSEA** 3 Dillwyn St. **SWINDON** 7 Devizes Rd, Old Town. **WAKEFIELD** 71 Doncaster Rd. **WANDSWORTH** 19 West Hill. **WEST BROMWICH** 19 Bull St, Ringway. **WOLVERHAMPTON** 17 Broad St. **WORCESTER** 18 Lowesmoor. **WREXHAM** 6 Yorke St. **YORK** 1st Floor, 14 Bootham. (LS101)

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1 Batch = £6.99 + £3.01 p&p = £10

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Please tick method of payment ☑

☐ I enclose Cash/Cheque/P.O. for £__________, made payable to **M.O. Division**. If paying by cheque please add address to reverse. Send cash recorded/registered only. Note: do not staple cheques to order form.

☐ **CHARGE MY CREDIT CARD THE TOTAL £** __________

Valid From. Expiry Date.

Card No.

Signature.

Name.

Address.

Postcode.

I am over 18 and agree not to show to minors.
I understand that all items are agent purchased through a licensed sex shop. Signed

Delivery usually 7 days but allow 28. When ordered 3 films will be grouped on 1 tape or disc. If you do not wish to receive further special offers from us, or from companies we recommend, please tick this box ☐ Reg No: 3238109

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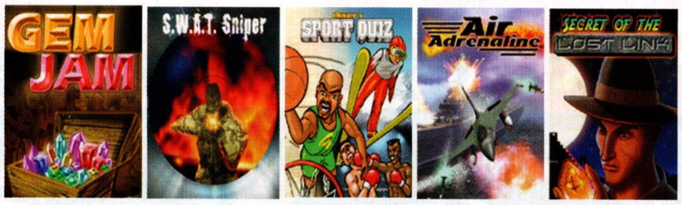
VIEW THEM FOR FREE



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To: 88055

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1 FREE

FOR EVERY READER

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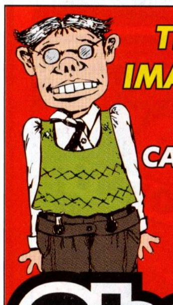
18+. Msgs sent to 82333 & 88055 are charged at your standard network rates (max 12p). Any services that require a gprs connection will be charged at your standard gprs network rate. Pre pay customers must have enough credit when using a service.We cannot accept liability for damage or loss of data incurred as a result of customer errors, including having non compatible phones For SEXY WALLPAPERS, only one free wallpaper per mobile number, subsequent wallpapers £1.50.On Wallpapers If you do not unsubscribe you will receive one wallpaper each day thereafter charged at £1.50. You need a colour wap enabled phone to receive wallpapers.To unsubscribe text stop. For GAMES,It is free to view our wap games menu, any games purchased are charged at the advertised rate on the wap site.We may send you promotional msgs Service by FTXT POBox 25521, London NW7 3ZU. Customer support 08707 505254



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60p /min.

CheapTones.com

Just call the Order Line on

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(from Ireland - 1570 939 839)

Then type in the 4 digit code that you want and your order will be sent to your phone instantly! *Alternatively, all networks can now send text "fhm xxxx" to 87101, replacing xxxx with the code.

CheapTones Ltd, Box 220, M27 0WR. Calls to the Order Line are charged at 60p / min. (Ireland 126.91c / min.). Call from a land line as charges may be more from a mobile. *Text orders cost £3. Logos and pictures are compatible with Nokia, Samsung & Siemens. Ringtones are compatible with Alcatel, Motorola, Nokia, Panasonic, Sagem, Samsung, Sendo, Sharp, Sony, Siemens & Trium. Text requests other than Nokia, add the make to end of text, e.g. "fhm 3676 sagem". Note: not every model is compatible - please check before calling. For the Help Line / Phone Compatibility - call 0871 750 3970.

LOGOS PIX / SCREENSAVERS

7253
Pooh
7729
81 missed calls
7272
THIS PHONE IS STOLEN
3443
3472
JUST DO IT
3713
porn
7259
ENGLAND
7256
5535
4036
Calling...
13:35
999
7407
5606
4287
5512
powered by
9333
9434

DON'T PAY TOP WHACK! CALL CHEAPTONES!

MUSIC RINGTONES - mono code first, poly code second if available

	MONO	POLY		MONO	POLY
2Pac - Changes	5156	9240	Kanye West - Through The Wire	9975	9967
4-4-2 Ft - Come On	10308	10284	Kelis - Milkshake	9699	9696
50 Cent - In Da Club	8133	8300	Kelis - Trick Me	10218	10217
Anastacia - Left Outside	9970	9958	Mario Winans - I Don't	10257	10247
Beyonce - Naughty Girl	10012	10004	Mark Owen - Makin' Out	10317	10295
Bon Jovi - Living On A Prayer	3945	9569	Maroon 5 - This Love	10059	10057
Brandy Ft - Talk About	10319	10302	McFly - 5 Colours In Her Hair	9995	9986
Britney Spears - Everytime	10318	10307	Modest Mouse - Float On	10327	10289
Britney Spears - Toxic	9879	9877	NERD - Maybe	10330	10296
Candee Jay - If I Were You	10314	10292	Outkast - Hey Ya	9503	9515
Cassidy Ft R Kelly - Hotel	10192	10180	O-Zone - Dragostea Din Tei	10309	10286
Coldplay - Clocks	8248	8344	Paul Weller - The Bottle	10322	10303
D12 - My Band	10030	10025	Peter Gabriel - Sledgehammer	10331	10300
DJ Casper - Cha Cha Slide	9880	9861	Rasmus - In The Shadows	10009	10003
Eamon - F*** It	10029	10022	Razorlight - Golden Touch	10321	10290
Evanescence - Everybody's	10265	10245	Scissor Sisters - Laura	10313	10294
Freestylers - Push Up	10325	10298	Slipknot - Duality	10323	10287
Guns 'n' Roses - Sweet Child	8589	6977	Special D - Come With Me	10010	10000
Janet Jackson - All Nite	10315	10279	Twisted X - Born In England	10310	10281
Javine - Best Of My Love	10324	10280	Usher - Yeah	9944	9936
Jessica Simpson - With You	10320	10305	Van Morrison - Brown Eyed Girl	4935	8563
Jurgen Vries - Take My Hand	10316	10301	Vs - Call U Sexy	10312	10282
Kanye West - All Falls	10311	10278	XTM & DJ - Fly On Wings	8730	9728

TV / MOVIE RINGTONES

	MONO	POLY		MONO	POLY		MONO	POLY		MONO	POLY
Angel	4603	8949	Exorcist	4460	7167	Jackass	8588	8557	Phoenix Ns	7538	7541
A-Team	6454	8454	Friends	3538	8535	Mission Imp	1421	6975	6 Mill $ Man	10329	10299
Big Brother	4613	8166	Great Esc	3594	8956	Only Fools	6732	8697	Simpsons	1439	7164

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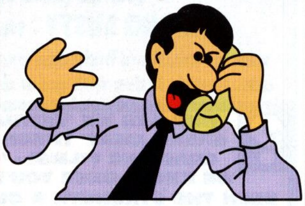
THE ORIGINAL & BEST LISTEN-IN WIND UPS!

Listen to samples @ www.windupcalls.com



The computer will dial your victim and then you can listen in on the line as he or she gets wound up!

CHOOSE FROM - 1. TV Escort
2. Mrs Davenport
3. Telephone Date
4. Recruited For Army
5. Madam's Services
6. Date With Male Star
7. Scratched My Car
8. Irritating Lost Friend
9. Daughter's Predicament
10. Escaped Vulture
11. Irate Delivery Driver, CALL -

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WINDUPCALLS.COM, Box 220, M27 0WR. Calls cost £1 / min.

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NO NEED TO TALK JUST LISTEN!!!
RELIEF IN SECONDS!!!
from only 3p /min

Jade does Rachel! Kirsten & Becky... call for hot dirty lesbian stories...
08704 006 380
told by girls who like touching girls!

Mmm guess how I like it... to listen to girls just like me call!
01223 259 177
bad girls being really dirty!

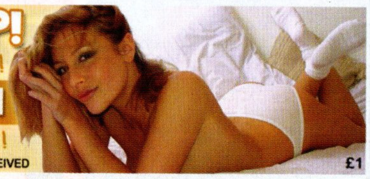
Teen heaven
naughty college girls...
lickin... suckin...
01223 259 176
intimate teen secrets revealed! genuine recordings!!!

Grab your mobile & dial! Instant Climax!!!
01223 259 178
we guarantee you'll cum again!

Sluts
01223 259 175
listen to their explicit chat!

60 SECOND SPURT! USE MY MOUTH!!!
text 'GOBBLERX' to 89885
& JOIN MY PARTY TO QUIT REPLY 'STOP GOBBLERX' TO LAST MESSAGE RECEIVED
£1.50

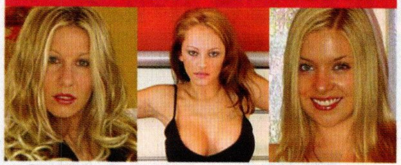
Fancy a quickie?!
First cum first serve!!!
Fire '1STCUM' TO 89274
u wont be disappointed!!!
TO QUIT REPLY 'STOP 1STCUM' TO LAST MESSAGE RECEIVED
£1



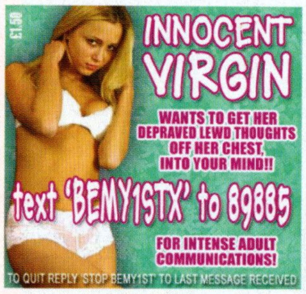
executive LADIES
THAT NEED A YOUNG STUD TO SATISFY THEM!!!
Fire 'STUD' to 89885
FOR LIVE MUTUAL SATISFACTION!!!
TO QUIT REPLY 'STOP STUD' TO LAST MESSAGE RECEIVED.

STERN, SEVERE, STRICT!
text DOMINATEX
£1.50 to 89885
FOR A LIVE 1-2-1 SMS THAT WILL WHIP U INTO A FRENZY!
TO QUIT REPLY 'STOP DOMINATEX' TO LAST MESSAGE RECEIVED

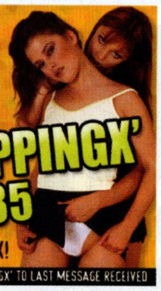
UK WIDE NO-STRINGS SEX DATABASE!!!
SIMPLE SEXY & SEDUCTIVE
SHOOT 'SUREBET' TO 89274!!!
"release your goo as we text with u!!!"
TO QUIT REPLY 'STOP SUREBET' TO THE LAST MESSAGE RECEIVED



£1.50
INNOCENT VIRGIN
WANTS TO GET HER DEPRAVED LEWD THOUGHTS OFF HER CHEST, INTO YOUR MIND!!
text 'BEMY1STX' to 89885
FOR INTENSE ADULT COMMUNICATIONS!
TO QUIT REPLY 'STOP BEMY1ST' TO LAST MESSAGE RECEIVED

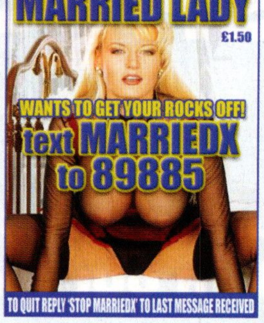


LUSTING LAPPING LESBIANS
text 'LAPPINGX' to 89885
FOR HOT LEMON SEX!
TO QUIT REPLY 'STOP LAPPINGX' TO LAST MESSAGE RECEIVED



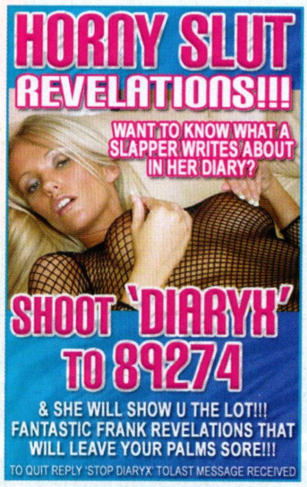
£1.50
HIGH CLASS HOUSEWIFE
NEEDS AFTERNOON ACTION!
text 'TOYBOYX' to 89885
& LET OUR LIVE TXT SEX BEGIN
TO QUIT REPLY 'STOP TOYBOYX' TO LAST MESSAGE RECEIVED

SHAMELESS EXPERIENCED MARRIED LADY
£1.50
WANTS TO GET YOUR ROCKS OFF!
text MARRIEDX to 89885
TO QUIT REPLY 'STOP MARRIEDX' TO LAST MESSAGE RECEIVED



£1.50
CUM GET ME
IM AT HOME IN BED WAITING FOR YOUR SEXTXT
text 'CUMGETX' to 89885
CUM ON, WHY WAIT!
TO QUIT REPLY 'STOP CUMGET' TO LAST MESSAGE RECEIVED

HORNY SLUT REVELATIONS!!!
WANT TO KNOW WHAT A SLAPPER WRITES ABOUT IN HER DIARY?
SHOOT 'DIARYX' TO 89274
& SHE WILL SHOW U THE LOT!!! FANTASTIC FRANK REVELATIONS THAT WILL LEAVE YOUR PALMS SORE!!!
TO QUIT REPLY 'STOP DIARYX' TOLAST MESSAGE RECEIVED



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ENTER AT YOUR OWN RISK
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MOBILES ONLY

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& listen to what happened...
0906 500 9949

Me & Jade... Mmm
CALL & LISTEN
0906 500 0309
I love to run my tongue all over her...
MOBILE ACCESS 0906 890 8961

WET JUICY
BRAZILIAN BABES
XXX LIVE CHAT
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3P PER MIN
STRICTLY MOBILES ONLY!
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for those who like something different... GUARANTEED TO GET YOU HORNY
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CaLL now...wanna GeT DIRTY WITH you!
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Live

CALL ME... LIE BACK... GET HARD... ENJOY!
LIVE
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the cream of porn
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just listen
mobile access 0906 890 8959

RING ME
you will explode with pleasure!!!
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THESE GIRLS WILL DROP THEIR KNICKERS at EVERY opportunity!!!
filthy sex action strictly for mobiles
01223 259137
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from 3p per min

If you like tight little holes then call this number
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MOBILES ONLY

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BABES
WHO KNOW NO BOUNDARIES...
Live
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DUE TO EXTREME NATURE OF SERVICE CREDIT CARD CONFIRMATION REQUIRED

HOT'N'HORNY GIRLS
WAITING FOR U TO CUM
0871 200 1153
LIVE
DUE TO EXTREME NATURE OF SERVICE CREDIT CARD PAYMENT REQUIRED!!!

Uncensored Filthy Smut!!
SEX-GREEDY BITCHES WAITING TO GET YOU OFF!
CREDIT CARD 0871 200 5559
LANDLINE 0906 500 9999
MOBILE ONLY 0906 890 8729

LISTEN TO GIRLS WHO LIKE TO GIVE HEAD!!!
YOU'LL LOVE IT
0906 5000 312
ACCESS 4 MOBILES 0906 890 8957

RAW SEX
HOW LONG CAN YOU LAST?
DON'T TALK JUST LISTEN
0906 5000 308
ACCESS 4 MOBILES 0906 890 8958

GET YOURSELF READY
UNZIP & DIAL
0871 200 3515
EXTREME SERVICE!!! PAYMENT BY CREDIT CARD ONLY!!!

DIRTY SLUT
WILL GET YOU OFF!!! LIVE
0906 890 8886

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00 56 terminate Chile, Int call rates apply. 0871 & 08704 calls £2.99/min (national rate). 0870 calls £2.99/min (local rate) Live calls recorded. 09068 £0.60/min. 090655 £1/min. 090650 £1.50/min. Chaos Network PO BOX 384, CB2 5LR

True Stories

Had some ludicrous/hilarious/bizarre event adorn your day? Sure you're not lying? Then wing it to us – we have prizes

ROMANCE GOES DOWN PLUG HOLE

When we were handed the keys to our very first house, the missus and I had only one thing on our minds – a wild night of passion in honor of the new pad! Considering the bathroom was fitted with a Jacuzzi, there was no doubt which room we'd christen first...

RICHARD EDMUNDS, BRIDGEND

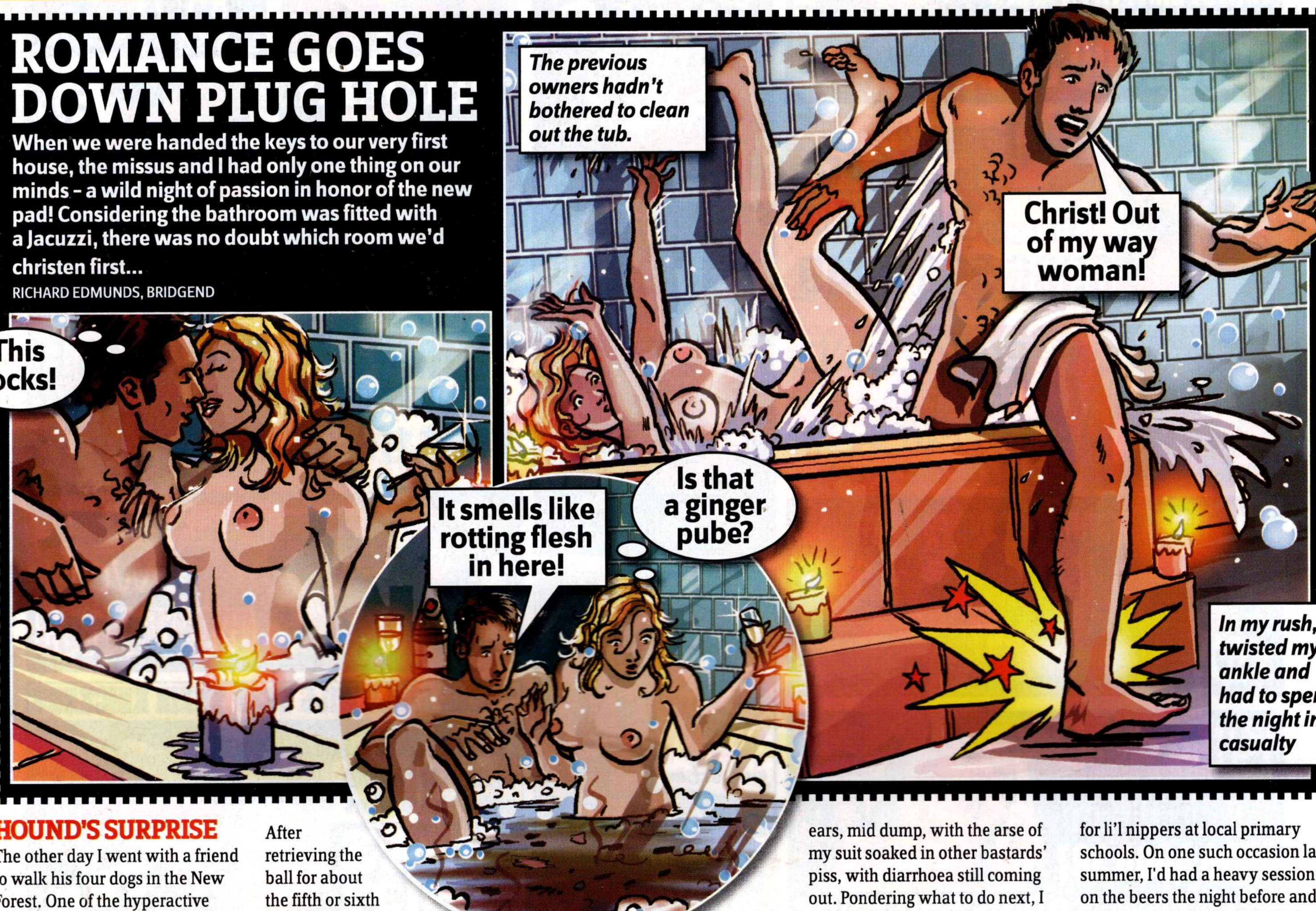
This rocks!
It smells like rotting flesh in here!
Is that a ginger pube?
The previous owners hadn't bothered to clean out the tub.
Christ! Out of my way woman!
In my rush, I twisted my ankle and had to spend the night in casualty

Illustration: Ben Shannon

HOUND'S SURPRISE

The other day I went with a friend to walk his four dogs in the New Forest. One of the hyperactive pups came running up to me with a lovely stick so, being a dog-friendly person, I patted him on the head, then tugged it out of his mouth. At this point, the lovely lab kept launching himself at me before I could throw it for him to fetch. Insisting on good manners, I had a short battle with said dog, yelling, "Sit!" to him. Eventually, I got him to comply at which point my friend looked over and asked what the hell I had in my hand. I looked at the "stick" which turned out to be a lovely deer leg complete with hoof. As you can imagine, I dropped it like lightning, shrieking swearwords whilst my doggy friend retrieved his trophy with that lovely labrador smile. Beautiful.

BECCA HALLEWELL, DORSET

THAT'S NOT GRAVY!

Last summer, I was cooking a Sunday roast to impress this hot girl I worked with. Slaving away in the kitchen for an hour before she arrived, I was repeatedly interrupted by the snotty-nosed neighbourhood kids kicking their football into my back garden from the adjoining playing field. After retrieving the ball for about the fifth or sixth time I decided to put a stop to it – told them to "fuck off" and kept their ball. Pretty soon my lady arrived and, realising she'd forgotten to bring any wine, offered to go to the local shop and pick some up. As the cooking was doing alright by itself, I went with her. We returned a few minutes later but now the smell coming from the cooker was so putrid we started retching. The local kids had let themselves in, taken their ball back, crapped in my boiled veg, and then returned the pan to the boil.

RK, VIA E-MAIL

DRUNKEN GUNFIGHT

After a huge session of drinking, a few friends and I woke up to find ourselves still pissed, but frankly bored. There was nothing to amuse our drunkenness on TV, so we decided to shoot each other with my air rifle in the garden. It was fun, until it started to piss it down, at which point we decided the concrete of the street was more appealing than the mud of the garden. Walking around with a rifle, pretending to execute my mates, was not a good idea. I realised this when the police stormed the house and shut the road off. It probably didn't help that we had balaclavas on for effect. PS: I have newspaper articles of this if you need proof.

JAMES SIGRE, LONDON

AGONY IN THE TRAP

I used to belong to a breakfast business-networking organisation that met every Wednesday morning. It was my turn to chair the consultation, so I dressed in my best suit to impress. The night before had been a mate's birthday and much beer had been consumed as well as a late curry, which was now demanding to be evacuated. Hence as my business colleagues arrived, I found myself sitting on the loo, feet in last night's stale urine, with a severe case of Montezuma's revenge. It was at some point whilst "dropping the kids off at the pool" that the bog seat decided to part company with its fixing and slide to the floor, taking me with it. In a millisecond, I found myself sitting on the floor, knees around my ears, mid dump, with the arse of my suit soaked in other bastards' piss, with diarrhoea still coming out. Pondering what to do next, I felt a horrible agonising stinging sensation coming from the cock region and, upon further examination, discovered to my further dismay that as the bog seat had gone south, my unfortunate todger had become trapped between it and the porcelain of the bog pan, and the slicing affect of the three bits meeting had sliced a large lump out of my dick. Somehow I managed to get through the meeting, stinking of stale piss and with my pecker tightly wrapped in bog roll.

PHIL EVANS, ENFIELD

HERO DISAPPOINTS SMALL CHILDREN

I'm a fireman and, when we're not battling infernos or rescuing kittens from trees, part of the job entails performing safety demos for li'l nippers at local primary schools. On one such occasion last summer, I'd had a heavy session on the beers the night before and turned up late, feeling a little the worse for wear. Unfortunately, being the last of the crew to show up at the school meant I got the short straw and had to dress up as our cheery mascot – the squirty elephant. It was a roasting hot day and it was boiling inside that bloody furry costume. I soon started feeling more than a little unwell. The talk to the nursery was at last up and I was quickly mobbed by a rampant horde of toddlers wanting to play with the giant nelly. The combined effects of the hangover from hell and a sweltering elephant costume were too much for me to handle. As one of the rascals tugged my trunk, I whipped off the giant head and, gasping for air, showered an array of screaming kids in vomit.

PAUL COUPLAND, MERSEYSIDE

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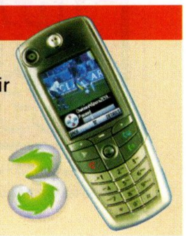

Budweiser

OUR BORN ON DATE

TELLS YOU EXACTLY WHEN YOUR BEER WAS PACKAGED. SO YOU KNOW HOW FRESH IT IS. DOES YOUR BEER HAVE ONE?

	PACKAGED DATE ON PACK	FRESHNESS POLICY ON PACK	AVERAGE DAYS OLD*
BUDWEISER	YES	YES	51
COORS FINE LIGHT	NO	NO	88
KRONENBOURG	NO	NO	124

*SOURCE MARKET RESEARCH CONDUCTED FOR ANHEUSER-BUSCH EUROPE LTD IN 250 PUBS DURING APRIL 2004

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